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# Kinsale & District

Est December 1976  
by Frank Hurley

# NEWSLETTER

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Kinsale Community School Debs 2013  
Pic: Nelius Buckley Photography



Giles Norman Gallery Celebrates 25 Years. Pic: John Allen



Successful Irish Federation of Disabled Sailing World Championships. Pic: Michael Mac Sweeney/Provision



European Union Young Scientist Winners return home to rapturous welcome! Pic: John Allen



# FOOT LOOSE

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## KINSALE GOOD FOOD CIRCLE 'SURF UP' THEIR 37TH GOURMET FESTIVAL 11 - 13 OCTOBER 2013

Are you one of the lucky ticket holders to the events at this year's Gourmet Festival? If not, never fear! While the ticketed events are completely sold out since early this summer there is a free, fun Surf 'n' Turf Cook Off on Friday afternoon in Actons Hotel at 3pm. Featuring Paul Flynn of the Tannery, Dungarvan, & Martin Shanahan, Fishy Fishy, and demonstrations from Thermomix you are invited to come along and watch Craft Butchers & Fishmongers in action as they 'surf up' their inspirations. Sample the produce of local craft cider makers, Stonewell Cider & craft brewers Black's Kinsale Craft Brewery. The event is sponsored by Clona Dairies and Pallas Foods.

Patrons who are lucky enough to have event tickets will move on to the Trident Hotel at 6.30pm for an 8 course 'Taste of West Cork' Dining Experience & Black Tie Ball. Sponsors Laurent Perrier will be providing champagnes and fine wines with radio & TV personality Derek Davis acting as Master of Ceremonies.

The ever popular and much in demand Mad Hatter's Taste of Kinsale, sponsored by Thermomix, leads the running order on Saturday morning at 11.30am at Actons Hotel. This event begins with a sparkling reception compliments of Christy's Wines & Spirits. Ticket-holders can join Alice and friends for an escorted 'Alice in Wonderland' themed foodie walking tour around each of the tasting venues to sample fine cuisine, complemented by selected wines from the Festival wine sponsors, Barry Fitzwilliam, Findlaters, Karwigs, Longueville Wines Searsons. Beer is available for non-wine drinkers, and water is supplied courtesy of Tipperary Water. Diners are encouraged to wear a 'Mad Hat' as a tribute to the special guest, the Mad Hatter; the best Mad Hat will win a prize, compliments of Hattitude, Kinsale. Afterwards, guests with stamina can return to the White Lady for live music and an afternoon nightclub!

The grand finale to the festival is the Fruits De Mer luncheon on Sunday where the Members of the Good Food Circle will present a mouth-watering four-course lunch to include lobster, oysters, crab, prawns and all the freshest seafood Kinsale has to offer. The food will be accompanied by the finest wines and freshly roasted coffee sponsored by Bewleys. Derek Davis will host the afternoon's entertainment of fun, games and spot prizes. The annual charity auction in aid of Kinsale's Pink Ribbon Walk will also be held here, to raise funds for Breast Cancer awareness. Afterwards, patrons can enjoy live music from The Magnetics.

Participating restaurants in this year's Festival include Restaurant d'Antibes @ The White House, The Blue Haven, Crackpots, Jim Edwards, Max's, Man Friday, Fishy Fishy, Pier One @ the Trident Hotel, Toddies @ The Bulman, Sidney's @ Actons Hotel and White Lady.

Good Food Circle Chairperson Roman Minihane said "we are thrilled with the volume of enquiries and publicity that the event has received. Every year it goes from strength to strength giving proof to our customers and sponsors alike of the fantastic local product on offer."



Picture shows the launch of the Kinsale Good Food Circle Surf 'n' Turf on The Dock beach with chefs: Martin Shanahan (Fishy Fishy), Tommi Ispan - Jim Edwards, Lajos Banyai - White House, Peter Zatloukal - Blue Haven, Peter Maypoter - Crackpots, Philip Horgan - Man Friday, (Chair) Roman Minihane - White Lady. Pic: Michael Mac Sweeney/Provision.



For several weeks now the remains of the tall ship Astrid have cast a forlorn figure at Lobster Quay at the World's End. The sinking of the ship made news headlines nationally in August when the 30 people aboard the ship had to be dramatically rescued when she sank off Oysterhaven. As reported in the last issue of the Kinsale & District Newsletter Kinsale RNLI members were instrumental in the rescue and once those rescued were safe on dry land Kinsale Yacht Club roped in by providing food and shelter to the shaken survivors.

The Astrid lay in the water for a number of weeks while a plan was put together to salvage her. In early September, in a major salvage operation, she was brought into Kinsale for a full investigation to see whether she could be restored. Alas this is not to be and she is to be scrapped. The Astrid will never be forgotten in Kinsale however as her mast has been gifted to Kinsale Yacht Club. The mast has been carefully removed and is now in storage until such time as KYC finds a suitable location to erect it.



### Fr Stan Hession 50 year golden jubilee

Fr Stan Hession of the Kinsale Carmelite Friary celebrated his 50 year golden jubilee of ordination this summer. He has been in Kinsale for the last 18 years. Prior to that he was posted in various Friaries around Ireland as well as in Africa and Scotland. He has a great interest in and knowledge of local history; he wrote a booklet on the history of Kinsale and the Carmelites from their arrival here in 1334 until recent times. He is very involved with the community and goes on the annual pilgrimage to Lourdes which he is involved in organising. Congratulations to Fr. Stan on reaching this fantastic milestone, which he celebrated with a Mass of Thanksgiving at the Friary and a function at the Trident Hotel.

As we go to print we understand that Fr. Stan fell ill while in Lourdes, we wish him a very speedy recovery and look forward to welcoming him home to Kinsale very soon.

Niamh Prior

## Kinsale Community School Reception to welcome home our European Union Young Scientist Winners

On Thursday 26th September, the entire school community along with many guests welcomed home our three victorious students, Emer Hickey, Sophie Healy-Thow and Ciara Judge; first prize winners of the European Union Young Scientist (EUYS) competition which was held in Prague. The winners were greeted by a guard of honour formed by their transition year group. They were met by the principal Mr. Fergal McCarthy and Mayor of Kinsale, Mr. Tony Cierans.

The students made an entry to the gymnasium which erupted in applause and well wishes of the school and local community. The three students were joined on stage by Mr. Fergal McCarthy, Ms. Kathleen O'Brien, Sr. Rita Twomey (Board of Management), Mayor of Kinsale Mr. Tony Cierans and teacher Mr. Shaun Holly. It began with an opening from the Mayor of Kinsale, Mr. Tony Cierans who lauded the students for their determination, perseverance and dogged stubbornness to push the project through to the stage where the panel of international judges agreed that they could not be beaten. He went on to say that Emer, Ciara and Sophie were a "true inspiration to us all".

He was followed on the podium by Sr. Rita Twomey who congratulated the three students on behalf of the Board of Management on their "tremendous achievement" and that they are "following in the footsteps of the other prize winners and you are keeping up a wonderful tradition which is here in Kinsale, not only first in Ireland but also claiming the first in Europe". She also thanked them for being wonderful ambassadors. She went on to say that their success was a tribute to their parents, staff and friends of Kinsale Community School who inspired, encouraged and supported them on their journey.

Next on stage was Principal, Mr. Fergal McCarthy who welcomed the guests including former principals Mr. Sean O'Broin and Sr. Mary Donovan along with members of the Lions Club, Kinsale Peace Project, local primary schools and our special guests the European Union Young Scientist winners Emer, Sophie and Ciara. He went on to thank and welcome parents and families. Mr. McCarthy told the girls that he, the entire school community and the community in Kinsale were so very proud of them. Mr. McCarthy stated that the Minister for Education had contacted the school and wished to convey his congratulations on their win and extended his apologies that he was unable to attend. Furthermore, the President Mr. Michael D. Higgins had also contacted the school to congratulate Mr. Holly and the three students. Mr. McCarthy went on to say that the girls are "fantastic role models for all of us here. Your level of dedication and commitment required huge self-sacrifice, discipline and hard work" which demonstrated that success follows self-sacrifice,

discipline and hard work. He stated that the girls' project has the capacity to resolve global food shortage issues and it was a great testimony to their sense of social justice and caring nature that they had chosen to research such a topic.

He was then followed onstage by Science teacher Shaun Holly who stated that the strength of the Young Scientist had been nurtured in the school for over 12 years and he thanked all the teachers both past and present for all the work over those years. He said the three winners had worked hard over the past number of years on various projects for the Young Scientist Competition. Ciara and Sophie worked alongside another student Royanne McGregor and they won best group in 2011 for their cholesterol project. In 2012 Ciara and Sophie went their separate ways and won their respective individual categories. Then all three of them, Emer, Ciara and Sophie joined forces "like Charlie's Angels" and won this year's National Title. He likened the trio as "The One Direction of Science" who made Science cool and popular. Their inspiration and example is seen this year with over 120 students entering the Young Scientist Competition. Shaun Holly praised the school and mentioned its achievements in various areas such as Science, basketball, hurling, golf, school show, etc..

On behalf of the students in Kinsale Community School, Head Boy Aaron O'Sullivan and Head Girl Faye Murphy praised Emer, Ciara and Sophie on their win and stated how much of an inspiration they were for other students in the school.

The EUYS winners then made their way to the podium to speak. Ciara began stating that this was an "absolutely amazing year". She stated that at the EUYS 2013 they had the opportunity to meet wonderful people from various countries such as Canada, Malta, Turkey, etc., along with qualified scientists from a variety of fields. She went on to state that one of the most important things she had realised was that the stereotype that science was for "geeky people wearing lab coats and holding test tubes" was all wrong; because without science we would not have the phones in our pockets and the medicines keeping a lot of people alive today would not exist. Ciara said that the constant messages of support from all at home kept the girls going on a long and very tiring week. She thanked everyone for their huge support and for being with them in spirit while they were in Prague.

Sophie told the audience that they had been entering the BT Young Scientist Competition since first year and that the experience at the BT young scientist in Europe was incredible. They have met many people along the way and have made great friends with other competitors. Sophie encouraged students to enter this year's competition which had a closing date of the 2nd October.

Emer stated that they had so many people to thank including the Principal Mr. Fergal McCarthy, Deputy Principal Ms. Kathleen O'Brien, past Principal Mr. Sean O'Broin and all the teachers and students of Kinsale Community School for their constant support and well wishes. Furthermore, on behalf of herself, Ciara and Sophie she thanked Mr. Shaun Holly for all the work he put into the BT Young Scientist and their respective families, everyone in BT Young Scientist, in particular the founder Mr. Tony Scott and Marie who was like a "mother hen" at the EUYS. Emer also thanked the companies and industries who helped them along the way including UCC, Teagasc, Lilly, Sartorius and Gold Crop. On a personal note she wished to thank Ciara and Sophie who were the best teammates she could have asked for and that they couldn't have done it without each other.



Photo shows from left: Emer, Mr Holly, Sophie and Ciara. Nelius Buckley Photography, 021 477 4440.

### Giles Norman Photography Celebrates 25 Years Of Kinsale Gallery

Giles and Catherine Norman recently celebrated 25 years in business with a special exhibition of work and celebration weekend from 26th-29th September.

The exhibition was launched by Mayor, Tony Cierans, who congratulated Giles on his stunning and enduring photographs and commended Giles and Catherine on how successfully they have grown the business to become an internationally recognised brand.

The exhibition featured a collection of Giles Norman's iconic black and white photography, dating back to the 1980s and passing through the decades to include the new 2013 collection.

Over the celebration weekend, Giles was signing his new book 'Ireland..timeless images' (€25), that is now available at the Gallery, in bookshops nationwide and online at [www.gilesnorman.com](http://www.gilesnorman.com).

Self-taught, Giles has developed his own distinctive style, to deliver the essence of his subject, while travelling around Ireland in search of images. From rugged headlands and windswept oceans to fragile flora and shadowed skies, these images capture the timeless splendour of Ireland as well as collections further afield. The emphasis Giles places on the art rather than the science of photography makes his photographs both engaging and memorable.

Marking his silver anniversary, Giles said: "I am delighted to have reached this milestone and I have been very lucky with my subject matter, being some of the most incredible parts of Ireland .. as well as a few curious cows and angry donkeys! Each year, I travel in search of new subject matter to create a new collection that continually brings a new dimension to the Gallery.

"I wish to acknowledge the input of my wife and business partner Catherine, without whom the Giles Norman Photography brand would not exist. We are lucky to have an international following, made possible through so many visitors to Kinsale, our strong corporate and local customer base and our online gallery."

Giles Norman Gallery, 45 Main Street, Kinsale, Co. Cork. 021 4774373 [www.gilesnorman.com](http://www.gilesnorman.com)



Picture: John Allen

#### WELL-KNOWN ESTABLISHMENT CLOSES

The recent closure of the Overdraught Bar and Restaurant, Minane Bridge, was met with great sadness not just by those living in the locality but by many of its customers from around the county. A family-run business, Margaret and Michael Murray were well-known, not just for their excellent customer service but also for their generosity in hosting so many charitable events over the years. A focal point for many presentations and meetings in Tracton, the closure will be a huge loss to the local community. • JJ Hurley



Ciara Judge from Kinsale Community School (pictured above right) who got 12 As in her Junior Cert with Ali Hill and Sadhbh O'Hanrahan who both got 10 As. • Picture: John Allen

#### Summercove N.S. Principal to Retire

Mrs. Kathleen Lane, Principal of Summercove N.S., will retire on October 25th next. Mrs Lane has worked at the school for the past 38 years, the last 15 of those as Principal. At the recent Parents' Association A.G.M. a presentation was made to Mrs. Lane on behalf of the parents and children of the school. She will be greatly missed by the pupils and parents in Summercove and can be very proud of the legacy she has left behind. We wish Mrs. Lane a happy, healthy and enjoyable retirement.



#### Eurospar Kinsale sponsors U14 girls jerseys

David Harrington, owner of Eurospar Kinsale, recently presented a new set jerseys to Louise Broderick, Ladies Chairperson, who was accompanied by U14 players Tracey McCarthy, Georgia Gould and Sadhbh O'Leary, and Orla Finn fresh from her recent success on the Cork team in the Ladies All Ireland final. Kinsale GAA would like to thank Eurospar for their support and we ask everyone to support them. Shop local!

#### ROBIN VAN PERSIE AUTOGRAPHED JERSEY

Kinsale AFC Underage is proud to announce that the club will raffle a framed Autographed jersey of Robin van Persie before Christmas. Even die hard Arsenal fans continue to admire the striker who has made a huge contribution to the Manchester Utd team since joining them in 2012.

The money raised from the raffle will go directly to supporting the youngest members of the club, the Academy. The jersey has been donated by Derek Nash, proud father of AJ who plays in the under 7 team. Derek has a long association with members of the technical staff at Manchester Utd which has culminated in him being able to present the club with this jersey. The club is deeply appreciative of Derek's foresight and generosity. Check Kinsale AFC Underage facebook for more details on the upcoming draw.



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## Bring them home

Local man Richard Quarry is desperately trying to get his son Ethan back to Ireland after he was unlawfully taken to Zambia by his mother Elizabeth Daka five months ago. Richard has had sole custody of Ethan for the last five years and had a court order preventing Elizabeth from taking him out of the country. As well as abducting seven-year-old Ethan, Elizabeth Daka also took her two-year-old son from another relationship, of whom she had joint custody.

"Last Easter, Elizabeth had Ethan for the holiday and asked that she have a couple more days with him," said Richard. "I agreed, we have been flexible before with custody arrangements. It was after three days I got worried, on the fourth day I rang her to find her phone was dead," he said. "I learned that she went to Zambia with Ethan and his brother. I reported it to the Gardaí who launched a criminal investigation. They have no idea how she got out of the country. No one can even figure out what date she went on. He said it is 'unthinkable' that this has happened. 'I had faxed that court order to every airport and seaport and followed up with a phone call. I still have Ethan's passport.'

Unfortunately, the Zambian authorities are treating this as a civil matter and are not investigating how she entered Zambia without Ethan's Irish Passport. Zambia has not signed The Hague Convention on International Child Abduction so there is no way to act through the Irish legal system and now both fathers have to seek custody through the Zambian legal system.

Richard, along with the other father, hired a private investigator to find Elizabeth. In July they travelled to Zambia to try to find her and to try to persuade her to return their sons to Ireland. The Zambian police were sympathetic with the men's plight, asking only for documentation from the Irish government in order to detain Elizabeth. They assisted them in locating Elizabeth and the boys and arranging a meeting. After three months apart, the men managed to see their sons for one afternoon. When they did, their fears for the boys' health grew.

Richard said that they were living in a slum in the city of Lusaka. Both boys appeared

underweight and Ethan had three infections of ringworm on his face. Richard was told by local Zambians that the township where Elizabeth has taken the boys floods in the rainy season bringing raw untreated sewage up into the streets from "longdrop" outdoor toilets in a densely populated area. Every extra day that goes by that the boys live in these conditions is putting them at greater risk.

The DPP has ordered that Elizabeth Daka be arrested for breach of custody arrangements should she return to Ireland. However, Richard does not believe she will return here. He is incensed that the abduction of his child is viewed as a "summary offence" in the Irish courts. "I cannot believe that the abduction of a child is considered equivalent to a traffic offence in this country." Meanwhile the other father was told there was not enough evidence for a case.

Richard is determined to raise awareness of the fact that there is no system in place in Ireland to monitor people leaving the country. He has been told by the Department of Foreign Affairs that there is no system at the airport to throw up a red flag if someone is not permitted to take a child out of the country. Not even the departure of tourists who come here on a one month visa is logged. "There is more paperwork in transporting a cow or a dog out of the country than a human being," said Richard.

The men offered to negotiate with Elizabeth Daka, but she refused. Having exhausted the mediation process, they now have to travel to Zambia again and begin legal proceedings in the Zambian High Court to seek custody in Zambia in order to return with their children. Elizabeth told them: "If you hire a lawyer in Zambia you will never see your kids again." This did not deter them. "The way we see it," said Richard "we've already lost our sons, so we have nothing more to lose."

Richard believes Elizabeth had done her research and discovered a case of a man called Ken Spooner in the UK. His children were abducted to Zambia in the same way and the case had dragged on for years. However, this story turned into a ray of hope for the fathers when Ken Spooner won his case in July; his children were made



wards of the English court and returned to him.

Over the last few weeks, Richard has been interviewed on television and radio, hoping to raise awareness as well as funds. He and the other father have been contacted and offered support by Micháel Martin, David Stanton and by Mary Banotti of the UNFPA. "The gardaí were brilliant," adds Richard, "they did everything they could to help."

The men wrote to the government, seeking help. They were offered a meeting with the department of foreign affairs, who were very sympathetic but ultimately have no legal power in Zambia. They wrote to Kathleen Lynch who lost the response from the Táiniste and they are still awaiting a response from Justice minister Alan Shatter.

Concerned for their sons' welfare, what the men need right now is to raise funds for transport, legal fees, private investigators, food and accommodation in order to seek custody of their children in Zambia. They have set up a website to help fundraise and raise awareness. A host of events have been organised and these are listed on the website as well as on their facebook page. There was a huge turnout for a coffee morning recently held at St Multose Hall. "Local people have been very supportive," said Richard. To make donations, to contact Richard Quarry or to find details of upcoming fundraising events please go to: [www.bringthemhome.ie](http://www.bringthemhome.ie). • Niamh Prior

## Community Games Success for Kinsale/ Riverstick (Clontead)

In the recently held community games in Athlone, a number of athletes from the Clontead area secured medals for the Cork county team at the All-Ireland series. In the boys U12 4x100m relay, Eoin Redmond, Mathew Healy, Daniel Hurley and Diarmuid O' Connor took a very well deserved second place, despite some tough competition. In the equivalent competition for the U12 girls, Faye Ahern, Sarah Murphy, Lia Farley and Marian Goggin's efforts were well rewarded with a bronze medal. Also securing a podium finish was Grace Coyle in the U8 60m and was followed later in the day by Eoin Redmond and Alan O' Donovan in their respective events. • JJ Hurley



## Cork County Council IFDS Disabled Sailing World Championships 2013

Exciting, close sailing in varied conditions with sunny skies greeted the competitors competing in the week long World Championship regatta hosted by the Kinsale Yacht Club between August 25th to 30th.

In total 117 competitors with a further 300 support personnel from nineteen countries descended on Kinsale for a remarkable week of sailing off the scenic waters of Kinsale harbour.

All competitors agreed that what greeted them on their arrival into Kinsale was an amazing atmosphere of friendly people, delicious food and great entertainment. A dedicated and competent organising committee headed by Regatta Director John Stallard and Event Manager Matthias Hellstern was assisted by a great number of cheerful volunteers from both the Kinsale Yacht Club and the community at large to turn this into one of the most successful Disabled Sailing World Championships ever held.

In the Three-Person Keelboat, Sonar it was Frenchman Bruno Jourdren and his crew Eric Flageul and Nicolas Vimont-Vicary who emerged victorious. In the Two-Person Keelboat, SKUD18 fleet Alexandra Rickham and Niki Birrell (GBR) deservedly took the honours while Bijlard Guus(NED) scooped gold in the largest of the fleets; the One-Person Keelboat, 2.4mR. Best of the Irish were John Twomey and his crew of Anthony Hegarty and Ian Costello who finished in 9th place overall in the Sonar fleet.

### Top three results in each class

One-Person Keelboat, 2.4mR

1. Guus Bijlard (NEDERLAND)
2. Heiko Kroger (GERMANY)
3. Damien Seguin (FRANCE)

Two-Person Keelboat, SKUD18

1. Alexandra Rickham, Niki Birrel (GREAT BRITAIN)
2. Marco Gualandris, Marta Zanetti (ITALY)
3. John McRoberts, Jackie Gay (CANADA)

Three-Person Keelboat, Sonar

1. Bruno Jourdren, Eric Flageul, Nicolas Vimont-Vicary (FRANCE)
2. Udo Hessels, Mischa Rossen, Marcel van de Veen (NEDERLANDS)
3. Colin Harrison, Jonathon Harris, Russel Boaden (AUSTRALIA)

### KINSALE SCOUTS BACK UP AND RUNNING!

Scouting has made a welcome return to Kinsale judging by the large numbers attending the Open Night on September 26th. With a varied and exciting schedule planned for the year, the Kinsale Scout Group is sure to be very busy and ably led. Pictured below are some of the adult members. Wishing them the best of luck and continued support from the community.



### Reunion of The Convent of Mercy Kinsale Leaving Cert Class of 1983

Guess What! It's 30 years since we finished school. If you were part of the above class between 1978 and 1983, a casual get together is planned for the 16th November at Actons Hotel (bar). If you are interested in attending please contact: Celine Hurley, Deborah Coleman and Martina McCarthy - [kinsaleclassof83@gmail.com](mailto:kinsaleclassof83@gmail.com)



Pictured at the Opening Parade through the streets of Kinsale for the IFDS World Championships are Paul and Lesley McCarthy with their children Sophie and George. Pic Michael Mac Sweeney/Provision

## Kinsale native donates 90th Birthday gifts to charity

In June this year Kinsale woman Agnes Forde (Aggie Henderson) celebrated her 90th Birthday. A party was held for her near her home in Greenwich, U.K., where she has lived for many years. This was attended by many of her friends, along with her son Terry, daughters-in-law, grandchildren and great-grandchildren. Her nieces Mary and Theresa Hurley travelled from Kinsale to be with Aggie on this special occasion. Aggie is president of the Irish Community Services in Greenwich, Bexley and Lewisham and this group celebrates its 30th Anniversary next year. They recently asked for help in raising funds to carry out community charity work. Aggie asked her guests not to give her birthday gifts but instead to make a donation to the appeal. A wonderful night was had by all who attended the party and a generous sum of money was raised which Aggie later presented to the Irish Community Services.

Shortly after her birthday Aggie made one of her many trips to Kinsale to attend her grandnephew's wedding. She is pictured here along with some of her grandnieces.



### Blue Haven Food Company Irish Quality Food Award for Kinsale Fish Pie

Congratulations to the Blue Haven Food Company which recently won the Irish Quality Food Award for their Kinsale Fish Pie at the glitzy Oscars of the food industry awards ceremony, held on September 19th in The Mansion House, Dublin, presented by Celebrity Chef Neven McGuire.

This fantastic award comes after achieving Gold Stars for three of their products recently in the UK Great Taste Awards, which is one of the most prestigious and largest Food Awards in the world.

Producers Blue Haven Food Company, who make the Fresh from Kinsale Range of products, are thrilled with this prestigious award for the Kinsale Fish Pie in The Irish Quality Food Awards. "It is a great testament to the team here who work extremely hard to make sure we deliver a unique top quality product. We are delighted to win and be recognised in what is a very exciting and competitive Irish Food market"

The Blue Haven Food Company was also Highly Commended for their Chicken Liver Paté by the panel of judges, which included some of the top food experts in Ireland and the UK and chaired by non other than Harrods Director of Food, Bruce Langlands.

Organiser of the IQFAs, Helen Lyons, is thrilled with the success of the awards so far and said the judging was a "fantastic 10 days which brought together some of the very best food and drink produced in Ireland and many of the Nation's top foodies".

These new accolades set out to recognise excellence in product development for food and drink producers, retailers and catering companies in Ireland.

All excess food from the judging was given to The Capuchin Centre for Homeless People, which provides warm food and more than 1500 food hampers a week to vulnerable people in Dublin.



Over thirty past pupils from Our Lady of the Rosary Secondary School, Kinsale, gathered at The Tap Tavern Bar recently to mark their 25th departure from their former secondary school. Organised by Margaret Hurley and Barbara Skeath, the night was an opportunity for many former students to reminisce on those 'glory days'. Reflecting on their time spent at the local centre of learning from 1983 to 1988, many tales of misadventure and high jinks were recalled, with Declan Forde proving to be something of a memory man on stories and incidents that had long been forgotten. While some former pupils had emigrated and were unable to join their former classmates, a number of pupils, including Pat Coleman, had made the journey from the UK to be at the reunion. In between pulling a few pints, former head boy from the 1988 class and proprietor of one Kinsale's longest established public houses, Brian O'Neill said: "It was nice to be able to catch-up with old friends." Brian's sentiments were echoed by all of his former class mates. With former head girl Margaret Hurley adding: "Despite having gone our separate ways over ¼ of a century ago we all still remain firm friends."

JJ Hurley • Photo: John Allen Photography

### So You Think You're A Celebrity... Chef?

As we go to print it's coming up to the favourite event of the year in Kinsale for many, the renowned Kinsale Gourmet Festival, now in its 37th year. One visitor to the annual festival loved it so much it inspired her to write a book! Caroline James, born in Cheshire, has trained and worked in the hospitality industry in the United Kingdom and abroad but her other passion is writing. She combined her two passions to pen her second novel *So You Think You're A Celebrity... Chef?*



Mix together... A tough-cookie media agent who's clawed her way to the top, and a con-man who wants to open a cookery school.

Add in a washed-up celebrity chef whose career needs re-building...

Flavour with... An ageing rock star fresh from rehab, and a Sloane Ranger food writer who gets her own TV show...

Bring to the boil: At a Gourmet Food Festival, in Ireland, where anything goes!

Valentina Harris, Author, Chef & International Cookery School Host, described the novel as "A fabulous story, it made me shriek with laughter and I loved every twist and turn! And so much of it could be only too true! One of my favourite current reads."

We wish Caroline every success with her book, which was published on October 4th, sounds like it will be a best-seller!



### Would you like to give some of your time and skills to a youth support service in Kinsale?

Kinsale Youth Support Services are seeking people to join their Certified Volunteer Programme. The volunteer programme is aimed at matching existing skills with the needs of KYSS youth support service. Working with young people and their families requires a wide range of skills, qualifications and personal life experiences. None of us has all the requirements but between us we can improve the local support network for our young people. If you could like to find out more please contact Tom 085 872 5789 / 021 477 4772 or email tom@kyss.ie

### Former Students Reeling in the Years



### 'Gathering' anticipation for Cork Rebel Week 2013

A celebration of all things Cork highlighted at Cork County Hall event

With just a few days to go, anticipation is building for the first ever Cork Rebel Week. From October 14th to 20th, the festival being run jointly by Cork County and City Councils and supported by The Gathering Ireland and a wide range of local organisations, will celebrate Cork's rich heritage and strong identity, with over 60 leisure, entertainment and corporate events and activities taking place throughout the county and city in nine Cork Rebel Week Host Towns.

An event attended by invited County Councillors and Cork Rebel Week Host Town representatives at the Vertigo Suite, Cork County Hall on Tuesday 1st October, highlighted the wide range of events lined up around the county for Cork Rebel Week.

County Manager, Martin Riordan spoke about the range of events, with something for people of all backgrounds and interests, where it be business or leisure. Speaking about the Global Cork Economic Forum, which takes place on October 17th and 18th, he said "Great efforts have been made to invite home influential Cork Diaspora for meaningful discussions on economic revival and job creation specific to Cork."

For a culinary Cork Rebel Week experience the County Manager outlined the Rebel Food Market: "Cork County Council is also organising a spectacular Rebel Food Market which will be held in the grounds of County Hall on Cork Independence Day from 5pm to 9pm.

Speaking at the event, County Mayor, Cllr. Noel O'Connor commended the committees working around the county for putting a great schedule of events together: "I would like to pay a special thanks to each of our nine Host Towns: Mallow, Fermoy, Youghal, Cobh, Kinsale, Bandon, Clonakilty, Skibbereen and Bantry; who will welcome International Marching Bands from France, Poland, Italy, Sweden, UK, Czech Republic and Germany.

He added: "This is a wonderful opportunity for our Towns to showcase what they have on offer to our visitors. I, as Mayor for Cork County, am really looking forward to welcoming returning Corkonians, tourists to Cork, the International Marching Bands and the International Naval Crews to see what is on offer in our wonderful City and County of Cork."

Irish YouTube sensations, Seo Linn are set to headline Ireland's first ever 'sail-in' concert at the Port of Cork on Saturday 19th October as part of Cork Rebel Week's 'International Cork Gathering Event'.

Having racked up over 2.3 million YouTube hits with their stunning Irish version of TG Lurgan V Avicii - Wake Me Up, and over 200,000 views of their Late Late Show performance earlier this month, Seo Linn are on fire right now. The group of Irish language teachers are responsible for bringing fresh life to the Irish language, by performing their unique interpretations of chart topping music.

Seo Linn will take to the main stage at Custom House Quay at 8pm and the performance will culminate with the 'Ultimate Gathering' on land and water, an enormous mass flash mob including Celtic drummers, Irish dancers and hundreds of students from CIT, UCC and Irish Societies from across County Cork, performing on Kennedy Quay and on one of the international Naval ships docked in the Port of Cork in spectacular fashion.

Tickets for this one off gig are FREE of charge (limited to 2 per person), and will be distributed through a lottery system amongst people who register for the ticket lottery at [www.corkrebelweek2013.com](http://www.corkrebelweek2013.com).

History will be made on Wednesday October 16th, as the People's Republic of Cork will finally be granted its long, sought after



independence (for one day only) during Cork Rebel Week. Cork Independence Day will be celebrated around the city and county with a thrilling line-up of events, honouring the Rebel County's greatest Military hero, General Michael Collins, on his birthday.

Collins Barracks are celebrating the birthday of General Michael Collins with an Open Day in Collins Barracks on Military Hill from 10am - 4pm. Guided tours of the Military Museum will offer the general public the opportunity to see first-hand a range of rare armoured fighting vehicles from 1922 including the Slieve na mBan, in which Collins was fatally wounded at Béal na mBláth in 1922.

At 10.30am a Guard of Honour with troops drawn from units of Collins Barracks will render honours on the occasion of the celebration of General Michael Collins. Military personnel will be on hand to talk visitors through the Barracks' specially commissioned exhibitions including The Franco Irish Exhibition and the Irish Volunteers Exhibition. While the Military Units of Collins Barracks will display present day equipment, used both at home and in overseas deployments including Combat Support Equipment, Explosive Ordnance Equipment, as well as DF Transport Fleet vehicles. A Military Pipe Band and the Band of 1 Bde will perform on the Barrack Square at intervals throughout the day.

The town of Clonakilty will honour the birth of its favourite son with an impressive schedule of events throughout the day, the highlight of which is sure to be a re-enactment of one of Collins' famous speeches, at the Cork Independence Day parade in the town from 7pm.

As well as commemorating Michael Collins, Cork Independence Day will benefit thousands of sick children from all over Munster who attend the Children's Unit at Cork University Hospital, Cork Rebel Week's charity partner, each year. "Visa Checkpoints" manned by volunteers around the city and county will control entry to "the real capital" throughout the day and visitors to Cork are invited to purchase a special Visa for just €2. 100% of proceeds from the sale of the Visas will go directly to improving the facilities in the Unit.

For full details on all events and activities see [www.corkrebelweek2013.com](http://www.corkrebelweek2013.com)

*Pictured above is Our hero: Rob Heffernan with Victoria Zachwieja, 11, Blackrock, Jack Dwyer, 10, Kanturk, and Nikki O'Leary, 8, Curraheen, on a visit to the Children's Unit to promote the sale of the CUH Charity 'Visa' on Cork Independence Day on October 16th, as part of Cork Rebel Week. All proceeds from the sale of the €2 Visa will go towards the much-needed refurbishment of the Children's Unit in CUH. For more information visit [www.cuhcharity.ie](http://www.cuhcharity.ie) Pic: Diane Cusack*

### READY TO GO ON NEW KINSALE PLAYGROUND

The tender for the toddler's playground in a section of the Town Park, Kinsale, has been awarded and work is due to commence on Monday 14th October. There are also hopes that the full scale playground, outdoor gym and recreational area for children and adults near the Marsh at Commogue being spearheaded by the Kinsale Lions Clubs, can, with the help of the town council, West Cork Development Partnership (Leader) and local community become a reality in 2014. Acting town clerk Mr Stephen Murphy told members of Kinsale TC at their monthly meeting that the tender for the Town Park playground was awarded to Crawford Play, Co Wexford. The council allocated €60,000 towards the project from its budget while Lidl, which has a discount store in Kinsale, has indicated it will also support the project.

"All going well, Kinsale could have two playgrounds in 2014", said Cllr Tomas

O'Brien while Cllr Noel Harrington said a similar small type playground for toddlers he saw in Howth, Co Dublin, proved very effective.

In reply to Mayor Tony Cierans, Cllrs Dermot Collins and Billy Lynch, town manager Mr Andrew Hind said that it was important the council discharged its obligation to the contract for the Town Park playground with regard to spending the money allocated. However, if there was any surplus, it could, in principle, seek to use this for the Lions Club project.

This was unanimously agreed by members with Cllr Fred Treacy adding that any indication the Lions Club could get regarding possible financial help to meet the shortfall (75% of the cost is due to be covered by Leader) would be a great help, adding it had planning permission. The officials undertook to report back with costings at the next meeting.



# Come Home for Your Tea



In celebration of The Gathering, Kinsale Arts Festival announces a weekend of free events for 12 & 13 October 2013.

Celebrating all things food, home and hospitality, Kinsale Arts Festival is delighted to announce the return of Banter with Jim Carroll for two days of conversations and talking shop around the theme Come Home For Your Tea. Banter will feature special guests from the world of Irish arts and culture debating hot topics such as 'What's On Your Plate?' and '#Next, What Comes after Social Media?' Running alongside Kinsale's 37th Gourmet Festival, it's a weekend not to be missed for visitors and locals alike.

## SATURDAY 12 OCTOBER

### WHAT'S ON YOUR PLATE?

Darina Allen (Ballymaloe Cookery School), Caroline Hennessy (Bibliocook) and Gerry Godley (Hot Potatoes)

### The Black Pig Wine Bar & Café • 2pm

From celebrity cheffing and annual cookbooks to restaurant hype and bluster, the simple act of eating well has become embued with all manner of connotations and associations. But in a time when many families struggle to feed themselves and food poverty is a real issue, is it time for a back to basics movement?

### #NEXT- WHAT COMES AFTER SOCIAL MEDIA?

Damien Mulley (Mulley Communications) and Una Mullally (Irish Times)

### The Folk House • 3.30pm

Facebook and Twitter have been in the dock all year long and as we've seen with every technological innovation from MySpace to Bebo, nothing lasts forever. What comes after social media? What will replace our constant tweeting and updates? What will Web 4.0 look like?

### A SPECIAL RELATIONSHIP

Patrick Guinness (Irish Historian and Author) & guest panelists

### The Tap Tavern • 5pm

A discussion on the relationship between this little island and the big island to the right of us. A group of Englishmen living in Ireland and Irishmen talk about the how and the why of us and them.

## SUNDAY 13 OCTOBER

Banter moves to Kinsale's iconic heritage site, Charles Fort. Enjoy afternoon tea, stimulating discussions and musical interludes in one of Ireland's most spectacular 17th century settings, with free entry between 12pm and 4pm.

### Other Voices - with Philip King • 12pm

A conversation with the Dingle-based Corkman about the art and the business of putting music on screen from the most westerly and wildest point in Europe.

### FÁILTE - THE IRISH HOSPITALITY INDUSTRY • 1:30pm

Tim Allen (of Host & Company PR) and Ciaran Fitzgerald (owner of the Blue Haven Collection)

If we as a nation want to put our best face out and are promoting The Gathering as a come-home-to-Ireland initiative, how do we make sure our hospitality industry also comes up to the mark?

### Music and Talk with Colm Mac Con Iomaire • 3pm

A member of The Frames since day one and the violinist with The Swell Season touring band, Colm will be talking about his life in music. He will also be playing some tunes for us. Expect to hear some magic from his debut solo album "The Hare's Corner".

### All Weekend • 10-6pm

Artists Giles Norman, Hilary Hale and Louise McKeon invite you for tea. This is a unique opportunity to meet with leading Irish contemporary artists in their galleries and find out more about their work. Special Gathering offers will apply to artwork sold during the weekend.

### Giles Norman Gallery

45 Main Street, Kinsale  
www.gilesnorman.com

### Hilary Hale Gallery

Rincurran Hall, Summercove, Kinsale  
Featuring work by wood turner Hilary Hale & artists Hilary Nunan, Ralph Pickles, Sara Roberts and Roser Perez i Barrett.

### Louise McKeon Gallery

Castlecove House, Castlelands, Kinsale

## Butcher Tastes Success

Barrett's Butchers, based at Kinsale and Riverstick, took a number of prestigious awards at the Munster Regional Sausage Competition organised by the Craft Butchers of Ireland. Held in Fermoy in July, the long established family business took first place with its specialist Pork, Garlic & Mustard Sausage, a gold medal for its traditional Breakfast Sausage and silver for its Gluten-free Sausage. Speaking after the competition, a delighted John Barrett said: "I am thrilled with the success." The win entitled John to enter the All Ireland competition in the RDS in September, which was a great experience. Well-known for its superior range of locally-sourced meat, John was remaining tight-lipped on the secret ingredients of his award-winning sausages! A member of the Craft Butchers of Ireland, John is proud that Barretts Butchers has reached the highest standard of butchery excellence and has achieved the status of Certified Craft Butcher 2013. Congratulations to John and his fantastic teams in Kinsale and Riverstick, no doubt there will be many more accolades to come. • JJ Hurley



## TIDY TOWNS SUCCESS FOR KINSALE

Congratulations to Kinsale Tidy Towns committee, Kinsale Town Council, the townspeople and businesses of Kinsale on achieving great success in this year's SuperValu Tidy Towns Competition. In addition to receiving a Gold medal in our population category, Kinsale also won the County award for Cork South. A total of 400 marks spread out over 10 categories can be awarded by the judges and this year Kinsale received 308 marks, a significant increase of 5 on last year which is a great achievement. We are in Category D allocated to small towns with a population of between 2501 and 5000. As we are nearing the upper scale in this category with a population in the high 4000s and with potentially thousands of visitors passing through Kinsale each week, the town is doing really well to maintain its success every year. Kenmare in Kerry won this category with a total of 312 marks so we are well up there!

Judges visited Kinsale on June 13th and again on August 2nd. Neat, colourful and newly painted shopfronts were remarked upon, as was the ability of refurbishment projects in the town centre to stay true to the heritage and character of the streetscape. Flower displays were admired and litter control was described as 'excellent'. Fly-posting was noted on a number of poles, this is to be discouraged. Residential areas inspected by the judges were presented to a high standard and several premises were singled out for admiration.

Overall the judges were very complimentary but pointed out a number of areas which need improvement for next year.

Kinsale has a small but amazingly committed Tidy Towns team who work so tirelessly every year on a voluntary basis to improve the town for the benefit of all of us! It would be great if next year a few more people got involved with the effort to get those marks up there and who knows, by 2016, the 30th anniversary of Kinsale winning the overall Tidy Towns Competition, we could do it again!

## HSE Community Games

Members of the team of 11 Athletes representing Clontead/Kinsale Parish at the HSE Community Games in Athlone IT with Cork Lord Mayor at a reception in City Hall in August.



(Lauren Green, Lia Farley, Lord Mayor Catherine Clancy, Sarah Murphy, Faye Ahern, Alan O'Donovan, Kevin Fitzgerald).



Sarah Mooney and Andrew Gordon who were married on 7th September 2013.

Nelius Buckley Photography  
www.neliusbuckleyphotography.com

## 40th Anniversary Celebrations

The members of the Cork County Clay Target Club celebrated their 40th anniversary recently with a day's shoot and celebratory dinner in the Huntsman, Belgooly. Originally founded in 1963, under the umbrella of the Ballymartle Game Stocking Association, the club clay section eventually became a separate entity, but many members have retained their dual membership of both clubs. Fittingly, John Bernard, Cullen, Riverstick, whose late father, Jerome, along with the late Billy Wallace, founded the club, hosted the anniversary shoot. With over 25 competitors taking part in the event, victory on the day went to Brian White, followed by John Bernard and Olivier Chedhome. In what proved to be a day of much nostalgia, the club took great pride in unveiling two perpetual trophies in memory of the late Billy Wallace and Jerome Bernard. For John and Tom Wallace the perpetual mementos were a fitting tribute to their late father who worked tirelessly to promote the club. Absent from the celebration was Mr Christy O'Donovan but club chairman Denis Coffey paid tribute to the club's President, who sponsored the club's new silverware. • JJ Hurley



Denis Coffey, John Bernard, Jerome Bernard and John Martin Bernard displaying Cork County Clay Target Shooting Club's newest Silverware to Mark its anniversary.

## History made at the Old Head



On Wednesday, August 28th 2013, four swimmers took to the uncharted waters off the Old Head of Kinsale with the idea of swimming the complete 2.86 mile (4.6km) loop. With their waiting window starting on August 26th for one week, they were delighted to get the opportunity to go at it so early.

Kinsale Triathlon Club is thrilled to have this swim firmly in the bag with loads of firsts too! Susan Farley was the first woman to EVER swim the Head, Andrew Lockington is the fastest person to complete the swim and Johnnie Keane is the youngest person to EVER complete the swim at 14 years, 7 months and 1 day.

There are few things that come along that you will remember as a highlight of days gone by, but that swim will not be forgotten. The atmosphere at the start line while getting ready was brilliant but the excitement really set in when the swimmers jumped in the water at Scoth Fail na Glor on the West side of the Old Head. The sea was like a sheet of glass with not a breath of wind out there. As they swam together for the 1st few

hundred metres, visibility under water was approx 10-12m, and at the time, the swimmers said they didn't want to be anywhere else in the world.

Once they hit the 1st headland they were well spread out, Andrew Lockington out front, then Danny Coholan, young Johnnie Keane and Susan Farley playing sweeper. The lighthouse was the next marker with a spectacular view from the ocean and onto Bream rock and with a gentle push as the water flowed through this gap and out into Hole Open Bay, one more headland and they could spot the Hole Open cave entry point. Swimming through the 250m cave has to be one of the most amazing swim sections in the world. As the tide was flooding, it was like swimming on a escalator at an airport, smooth rock just out of arms reach underneath, darkness in the middle and only the light at the end of the tunnel as a target. Under the crystal clear water there was the most brilliant light display and as the quartet passed the halfway mark, the attack on the senses (noise and light) when their heads were out of the water

was equally brilliant, the only problem being that they couldn't do both at the same time! "This swim is nothing short of spectacular. I don't know what else to say". What a brilliant morning with fantastic support from the Keane family, Vanessa, Frank and Lulu.

The event could not have gone ahead without the guidance, area knowledge and safety instruction from Jon Hynes from H2o Sea-Kayaking and his helpers Fiona and Sandra. Jon was instrumental in preparation and offering support while on the water. While Thundercat Racers Aileen Mann and Jack Kingston generously provided speed boat cover.

Photos and video of the swim are up on the Kinsale Tri Club Facebook page.

Email [kinsaletriclub@yahoo.ie](mailto:kinsaletriclub@yahoo.ie) for details on training sessions. With nearly 80 club members, Kinsale has a thriving sporting population and new members are very welcome. Kinsale Triathlon Club offers 3 free introductory sessions to give you a taste of what they offer. All levels catered for. • *Kinsale Triathlon Club*

### Kinsale Film Club hosting Fundraiser for Kinsale Hospital

Kinsale Film Club is holding a Charity Fundraiser in aid of Kinsale Hospital on the 8th November at Ballinacurra House. The film that will be shown is The Quiet Man. Tickets, available from Kinsale Hospital, cost €20 which includes canapés served at the end of the show. A maximum of 100 tickets will be available so be sure to get yours early! Raffle tickets will also be sold in the run-up to the event. The venue has been kindly donated by Des and Lisa McGahan.

Kinsale Foróige Youth Club for youths aged 12 to 18 has started up for the winter. The club meets on Monday nights at St. Multose Hall from 7.30pm to 9pm. Adults are needed to help run the club, if you have a spare couple of hours a week please contact Jackie at 087 136 3630.

### GLORY FOR SLIABH RUA GIRLS

Sliabh Rua U10 Camóige team wrapped itself in glory on recently when they defeated the mighty Glen Rovers in a blitz competition held at Ballinacurra's GAA Grounds. On route to the final, the Clontead-side took a notable number of scalps including near-neighbour Ballygarvan, St Finbarrs and Courcy Rovers. This is the first real success for any Sliabh Rua Underage Camóige side but certainly will not be the last. The team included Eva Egan, Ava Coyle, Dara Casey, Niamh Nash, Emma O'Callaghan, Kate Redmond, Mia Coughlan, Kelly McCarthy (Captain), Ciara McCarthy, Chloe McCarthy, Ciara Gannon, Eva Crowley, Ailish Murphy, Charlotte McSweeney, Aoife Hartnett, Sylvie Plant and Kaitlin Kelleher. • *JJ Hurley*



## EYE HEALTH



Diabetes, which is often referred to by doctors as Diabetes Mellitus, is a disease which affects the insulin production in the pancreas. The person has high blood sugar levels, which is due to insulin production being inadequate or because the body's cells do not respond properly to insulin or both.

Diabetic patients in particular are at risk of developing an eye complication called diabetic retinopathy. Retinopathy affects the blood vessels supplying the retina, which is the part of the eye primarily responsible for seeing. Blood vessels in the retina can become leaky, and if left untreated, can damage the vision permanently.

### PREVENTION

Retinopathy screening as part of a yearly eye examination is your best protection against retinopathy. After the standard

full eye examination, several photos are taken of the back of the eye which are then carefully analysed for any evidence of retinopathy. Done as part of your eye examination each year, this procedure will help early identification of any risk areas and allow early treatment.

### TREATMENT

Retinopathy can be treated very successfully if diagnosed at an early stage. Using tiny laser beams, the areas of the retina that need attention can be treated, stopping the growth of new abnormal blood vessels and preventing damage to vision. Laser therapy cannot restore vision which has already been lost. This is why regular screening is so important. Careful control of blood glucose, blood pressure and cholesterol will also help reduce the risk of retinopathy.

### WHERE? WHEN? HOW?

You can go to your local Optometrist and ask if they can do Diabetic Screening. Kennedy's Opticians on Pearse Street, Kinsale have the expertise and technology to help with a state of the art digital retina camera which allows the monitoring of the back of the eye in incredible detail. Any issues can be promptly reported to your GP, Diabetic consultant or Ophthalmologist.

## New Town Manager Welcomed At September Tc Meeting

Kinsale's new town manager Mr Andrew Hind was welcomed when he officiated at his first meeting of Kinsale Town Council in September, the new officer replaces Ms Patricia Power who retired in the summer. Mr Hind is likely to be the last manager since Kinsale and other town councils are due for abolition in 2014 as part of controversial local government reforms.

Mr Hind has been coming to Kinsale regularly since 1986 and felt honoured to do what he could to help what was a great town and was looking forward to the challenge of getting the best for it.

A senior planner with Cork County Council's planning policy unit, Mr Hind is a native of Newcastle-under-Lyme, near Stoke, Staffordshire, England, he joined the county council in 2001.

Acting town clerk Mr Stephen Murphy reported that Ms Guilia Valone is the new town architect. She is due to replace Mr John Ludlow who is retiring.

The council agreed to send a letter of congratulations to Kinsale Yacht Club and the organizing committee of the hugely successful IFDS World Disabled Sailing Championship in the port in August which received fantastic feedback from many who attended. Tributes were also paid to town engineer Mr Brendan Fehily who oversaw significant improvements to roads and footpaths etc to improve accessibility for the disabled. Cllr Treacy praised the council staff for its work during the championships and everyone associated with the Regatta Festival and Gathering Year Emigrants' reunion.

On a proposal by Cllr Fred Treacy, the council supported a motion from Macroom TC calling on Minister for Local Government Phil Hogan to write to all town councils explaining the breakdown of exact savings that are to be made by the proposed abolition of such bodies.

On a proposal by Cllr Dermot Collins, seconded by Cllr O'Brien, the council supported a motion from Killarney TC that based on the Principle of Subsidiarity, as detailed in Article 5 of the Treaty on European Unions and in a protocol of the Treaty of Amsterdam is a central tenet of EU policy, the EU be called on to examine the Irish Government's proposal to abolish all town councils since this disenfranchised many at the most basic level of the democratic process.



### Gathering at The White Lady

Family members of Vern & Jeanette Huber, Scilly, visited Kinsale this summer, enjoying their first family get together at The White Lady. Vern & Jeanette are pictured with their granddaughters Claire and Emily, Joe Bibeault (Rhode Island), Donna Huber, Beth Gerwig, MA, Ken Huber, Lauren Frabizzio, DE, and Schuyler Lehman DE.

### Kinsale & District Newsletter

*The Christmas issue of the Kinsale & District Newsletter will be published in December.*

If you have any items for inclusion: births, marriages, christenings, anniversaries, graduations, etc., please email them to us by Friday November 22nd 2013. Please ensure all photos are high resolution.

# Kinsale Community School Class of 2013

Photos by Nelius Buckley Photography



Congratulations to Nora and Paul Eaton who celebrated their 25th Wedding Anniversary in the Trident Hotel on July 20th 2013 with all their family and friends. We wish Nora and Paul many more years of happiness and good health.



Denise O'Connell and Tom Owen who were married on September 26th 2013 pictured with their flower girl Hayley and page boy Matthew. Nelius Buckley Photography Tel: 021 477 4440.



Pictured at an exhibition to mark the Silver Anniversary of the Giles Norman Gallery were Giles and Catherine Norman with their children Jack, Ali and Louis. Picture. John Allen



Pictured at an exhibition to mark the Silver Anniversary of the Giles Norman Gallery in Kinsale were Jessica and Gemma O'Connell, Kinsale. Picture. John Allen



Pictured at an exhibition to mark the Silver Anniversary of the Giles Norman Gallery were Margaret Bradley, Caoilfhionn Collins and Maria O'Mahony from Kinsale. Picture. John Allen



Pictured at an exhibition to mark the Silver Anniversary of the Giles Norman Gallery in Kinsale were Carmel Bogue and Margaret Murphy, Kinsale. Picture. John Allen



Winner of the boys aged 4 running race Cillian Fitzgerald from Kinsale at the Kinsale Regatta over the weekend .



Jacqueline Ferguson, Barrack Street, Kinsale, all set for a day at the Galway Races this summer with a magnificent hat from Hattitude Kinsale.



James Barnett, aged 4, was baptised into the Roman Catholic Church in Sierra Vista, Arizona, USA, on September 1st 2013. He is pictured with his dad, Jim and mum, Lorraine (née Murray) on his special day.



Some of the runners in the Kinsale Regatta Road Race this summer. Pic: JJ Hurley



## Ballinacurra House welcomes new Head Chef, David Rice

David Rice has recently joined Ballinacurra House as Head Chef. Before taking up this position, David spent 2 years working as head tutor at Dublin's premier cookery school, Cooks Academy. This enabled him to extend his skills beyond just cooking, and develop further his people and teambuilding skills. Prior to this, David worked as a senior chef at Dublin's Michelin star restaurant Chapter One. Before that he was head chef at the Mustard Seed restaurant in Adare, Co. Limerick, for three years. Whilst at the Mustard Seed he won Best Chef in Limerick at the Restaurant Association of Ireland awards 2010. In addition, the Mustard Seed won Country House of the year in 2008 and Best Use of Local Ingredients in 2009 at the Georgina Campbell awards.

He was also fortunate enough to spend a year in the famous kitchens of Roly's Bistro in Ballsbridge and to have completed work experience in London at Gordon Ramsay's Claridges, River Café and Jamie Oliver's Fifteen in Cornwall.

David has done cookery demonstrations and pop-up restaurants with some of Ireland's top chefs, such as Ross Lewis, Oliver Dunne, Stephen Gibson, Paul Flynn and Kevin Dundon.

David has made several television appearances to date, some of which included TV3's Ireland AM, promoting Irish organic food and RTE's series "Guerilla Gourmet". He was involved in the Irish Hospice Foundation "Zest" cookbook where three of his recipes were published. David also spent some time as a regular food writer for Easy food magazine whilst working in Dublin.

He trained in professional cookery at The Limerick Institute of Technology where he won student of the year and represented Ireland in Europe at cookery competitions. He is a big fan of Italian food and really enjoys working with seafood. He likes to work directly with food producers because it's important to know where your food comes from. David is a firm believer that a good cook is clever with ingredients and does not over-



complicate flavours and techniques.

Another major claim to fame was his contribution to the Queen's Visit to Ireland in 2011. He was the lead chef with Ross Lewis that designed and presented the state banquet at Dublin Castle in honour of Queen Elizabeth.

## Students to Play Greater Role in School

On Sunday 15th September, 11 fifth-year students from Kinsale Community School were among 180 pupils from around the country who graduated from a "Meitheal programme", which is designed for older students to provide help and guidance to first-year pupils.

Organised by Scala, Blackrock, a partnership between the Redemptorists Order and the laity, the Kinsale students attended the four-day course in May, which included a number of team-building exercises and communication skills. Since the implementation of the scheme the Meitheal team has been interacting with the school's newest students, year heads and class teachers, ensuring the new pupil's transition to secondary school is a smooth one. Graduating at St Micheal's Church, Blackrock, from Kinsale were Eoin Hurley, Katie Wall, Kyley Shine, Eimer Crowley, Alana McCarthy, Jennifer Hurley, Sarah Power, Aisling Rice, Hannah Hughes, Shannon Mouroz and Mary O'Mahony. • JJ Hurley



*Congratulations to Donna Murphy and all her team at the House of Hair who are celebrating 8 years in business this October! We wish Donna and the girls many more years of success in their salon, located at Guardwell, Kinsale.*



*Congratulations to Alison Howe and Alan Riordan who were married on 11th May 2013. Nelius Buckley Photography www.neliusbuckleyphotography.com*

Belated birthday wishes to Dr. Bella O'Keeffe who recently celebrated her 90th birthday with family and friends.

## Packing up the Day Job

New CD from Shane and Friends

The launch at Fishy Fishy, Kinsale, of 'Packing up the Day Job,' the debut CD album from Shane and Friends recorded live at The White House, Kinsale, was as lively and enjoyable as their music.

Lots of friends plus guests artistes came along and heard most of the tracks from the album and savoured lovely samples of fish from the award winning restaurant.

'Packing up the Day Job' features old Irish instrumental favourites or songs such as The Lonesome Boatman, Inisheer, Caledonian, Sean South and The Irish Washerwoman as well as True Love, and Brewed in the Glen.

There's lovely singing by Shane Murphy from Kinsale, Carmel Condon from Ballinspittle and Larry Crowley

from Ballinadee, all multi-talented instrumentalist in their own right in songs featuring guitar, fiddle, whistle, accordion, keyboard and bodhran and among those who performed with the group at the launch was Caoimhe Ni Chiardha.

Sessions by Shane and Friends, most Thursday nights at Michael and Rose Frawley's White House, are famous but you can capture the atmosphere on the CD which has excellent sound quality and a lovely cover photograph by John Allen showing musicians clearly enjoying themselves.

The versatile group occasionally



plays at The Trident Hotel, Kinsale Yacht Club and The Silent Banjo and this year performed in Kinsale's French twin town Antibes and at the Gathering night for the emigrants' reunion on the Bowling Green during Kinsale Regatta Festival. The group is also available for weddings and other functions. Enquiries regarding these and the CD, now on sale in The White House, to 086-4480556.

*Photo: John Allen*

## Twomey Receives Recognition

Ballinacurra's John Twomey, who was very much to the fore in bringing the IFDS World Championships to Kinsale in late August, has been awarded with Sailor of the Month Award from the prestigious sailing magazine, Afloat. With over 19 different countries and 120 athletes taking part in the event, the town received a much needed boost from the huge influx of visitors attending the event. In bestowing the monthly accolade on the sailor, the magazine acknowledged the significant part he has played in the world of disabled sailing, stating: "His election last November as President of the International Federation For Disabled Sailing was a well-earned indication of the high regard in which he is held in global sailing." In addition to his participation in sailing, where he has twice represented Ireland at the Paralympics, John also holds two Paralympic medals for the discus from the Los Angeles and Seoul games. • JJ Hurley



Cormac Fitzgerald FCPA, Vice President CPA Ireland, speaking at Trinity College Dublin at the Presidents' Dinner recently.

Guest speakers at the event included John Herlihy, head of Google Ireland, and CPA President Joe Aherne.

Rose Frawley of The White House, Kinsale, would like to say a huge thank you to all who supported her recent Coffee Morning and Clothes Sale to raise funds for the Ray of Sunshine Kenyan Children's Charity on September 28th last. The fantastic sum of €2200 was raised on the day. Many thanks to all who supported the event in any way.

Pictured are Tony Cierans (Mayor of Kinsale) and Sarah Tubridy who recently celebrated her 2nd year in business at Alto Holistics, Kinsale.

Sarah had an open evening for her customers and passers-by at Alto Holistics on Main Street where the Mayor called in to wish her continued success.

Tony has known Sarah Tubridy since she was born and was also a colleague of her late grandfather, Dick Dalton, after whom she called her business. Alto is made up from the name Dalton dropping the D and the n. Sarah's grandfather had a most successful Commercial Art business in Cork City for over 40 years and she wanted to honor his memory by continuing the name Alto to another generation.



## EmployAbility Service West Cork

Employability is a free Department of Social Protection funded Supported Employment Organisation - a practical solution for employers and job seekers in West Cork to fill vacancies or to seek work. Their mission is to support jobseekers back to work by helping employers recruit the right candidate.

The one of a kind service is for people who are ready, willing and able to work in a normal work environment and have suffered a setback. Clients may be recovering from an injury from an industrial or traffic accident or recovering from an illness. Recently a common setback of people who are availing of the service is anxiety or depression brought on by unemployment or as a result of financial strain.

From the clients point of view there is no other service like this - it is personal, highly confidential and free. There are no waiting rooms and no queues. The client gets individual one hour appointments. "I try to make the effort to create a pleasant atmosphere in my office," said Isabelle Sutton, job facilitator for Kinsale. "A lot of people come here from a place where their lives have been turned upside down and their confidence is shattered." She stresses that there is a very strict code of confidentiality: "We cannot even mention the names of clients to other staff members."

A lot of people come in saying 'get me a job, any job'. What happens instead is that Isabelle and the client take the time to figure out exactly what kind of job they want and would suit them. From there, they set goals and work together - the client does what they can in terms of research and Isabelle uses her contacts to do what she can. Sometimes the client's setback presents an opportunity they might not have considered before such as third level courses, on which Isabelle has information. She also takes on clients who are currently in employment that is making them unwell or where they are being badly treated and therefore need to change jobs.

"Frequently what makes the difference is having the contacts" said Isabelle. "Most facilitators come from different backgrounds where they have built up connections and attended lot of networking meetings over the years." She herself worked as a lawyer for over 20 years and has been very involved in community organisations. There are five Employability offices throughout West Cork - that makes for a huge variety of business contacts between all the facilitators.

There are many benefits for employers who go through EmployAbility to find staff. First of all, it's a completely free recruitment service. Employability assists employers not just in filling vacancies but in finding the right people to fill them.

Facilitators get to know their clients very well. They have been screened and their references checked. And with five offices throughout West Cork, in constant communication, there is a good pool of fully vetted people on their books, from labourers to accountants. An employer can ring up EmployAbility to see if there is anyone suitable in their books. If there is, they are then free to interview candidates without further involvement from EmployAbility. There is however the advantage of a back up service if needed. As it is an 18 month service, if either party not happy within this time they can get in touch with the facilitator to act as a sort of mediator in order to avoid awkward situations.

Another benefit of Employability is that they only take on a certain amount of people. This ensures clients get the time and the personal attention they need. There is a good success rate for people who are genuinely looking for work and meet the facilitator half-way in terms of putting the work in; 60-65% of people find long-term employment and most importantly they are happy in their jobs.

The Kinsale EmployAbility office is in the centre of town and is open Mondays to Thursdays from 9.30 - 1.30. They are currently looking for more people for their books.

For more information contact Kinsale EmployAbility job facilitator, Isabelle Sutton on 086 6007964 or email: isabelle.ewc@gmail.com.

■ Niamh Prior

## 3 LOST SHEEP from Kinsale!

Kinsale Triathlon Club members Gareth Pope, Aidan Looney and Denis O'Connell woke up to the pitter patter of bikes being wheeled through Kenmare at 5am on Saturday September 7th in what is not always the best of starts considering the day ahead. Consisting of a 1.2 mile swim, a 56 mile bike ride and a 13.1 mile run, the Lost Sheep Half Ironman was not for the faint hearted.

After breakfast, final preparations were being made in the cold and rain, as 300 competitors made the final adjustments to the race area. A short race brief and competitors entered the water to acclimatise, this was actually a good thing because the water temp was warmer than the air. However, that Kerry weather system threw open the heavens as most competitors were getting onto the bike, making the bike section first up the Healy Pass and then over the Caha Pass in sleety conditions all the more interesting, but the views were still stunning. Caution had to be taken descending the other side of the hills with quite a few spills along the way. Reports were of a great atmosphere at the top of Healy Pass with crowds of support.

The 13.1 mile run was a new route for this year and was proving a pretty popular choice until the 10 mile mark when a punishing hill came into the mix but once at the top of that, the home straight was either flat or downhill. The finish line was a very welcome sight for all competitors.

A substantial 10% of competitors did not finish the event with very cold conditions on the bike and lots of numb feet making the run all the more difficult and crossing the finish line all the more satisfying.

Huge well done to Aidan, Gar and Denis on completing this event, the last big event to close off the season and a tough one at that.

Cork Triathlon Club's Lost Sheep finishing times:-

Aidan Looney - 4:48.22

Gareth Pope - 5:29.59

Denis O'Connell - 5:42.16

Kinsale Triathlon Club



## FR HEASLIP RIP

The Carmelites lost a member of their community this year. Fr Joseph Anthony Norbert Heaslip passed away on 18th August. At 81, he was the oldest member of the Kinsale Carmelites. He had been a priest for 55 years and worked in Zimbabwe for 14 of those. He had only been in Kinsale for two years but had become well known and liked amongst locals during that time. We offer our condolences to his community, family and friends. May he Rest in Peace.

■ Niamh Prior

## Ballinacurra House Kinsale wins 2013 Exclusive Wedding Venue of the Year

Ballinacurra House Kinsale, won this year's best "Exclusive Wedding Venue of Year Award", in the annual Weddings Online Awards 2013 - Ireland's largest wedding website where over 80% of all engaged couples visit.

The prestigious award comes as the "Strictly Private" venue celebrates 10 years in business and coincides with the country's other top site - "One Fab Day" - also nominating Ballinacurra House as one of Ireland's top 100 Wedding Venues - describing the venue as "an oasis of complete privacy, with each room individually designed and decorated in fantastical fashion with a surprise around every corner".

Over 28,000 brides and grooms nationwide voted for their 100 Best Wedding Suppliers and 50 Best Wedding Venues in a wide range of categories, who were then judged by a panel of expert industry specialists, with decisions based on quality of work and a real wedding experience. Judges this year were David Heneghan from CX Index, Mark Richardson & Associates from Irish Mystery Shopping, Tara Fay from Xena Productions & Alan Berg, Education Guru for WeddingWire in the US.

Awards was held in the super stylish settings of Clontarf Castle, where the top wedding suppliers in the country were recognised for their success, dedication and quality of their amazing work within the wedding industry.

"It's a great endorsement as we celebrate 10 years in 2013 and we believe that we have pioneered the market for exclusive estate rentals. We were the 1st company in that category in Weddings Online, won a Best Exclusive Hire Property at the luxury travel Awards in Cannes in 2007, Kinsale Business of the Year 2008 - a major achievement for a new entrant into the crowded Irish hospitality market - in these challenging times," said owner Des McGahan.

"We also believe we have maintained our brand integrity - as we are only ever exclusive use. This has allowed us to deliver on our specialty, of providing quality with a difference. Combined with the West Cork location, 2 minutes from the gourmet capital and 20 minutes from an international airport, a secluded but not isolated 40 acre setting, a totally unique themed décor, award winning chefs and bespoke planning."

"If couples are looking for something very different from the usual traditional hotel style wedding - this is what we do."

It's the "Wow Factor Wedding" with value, style, location and totally private - then you can see why Ballinacurra House, Kinsale has earned plaudits from couples across Ireland and all over the world. Signature, stylish, intimate weddings with a difference and all in the privacy of a luxury country estate.

The biggest challenge for couples is how to make your wedding unique, special and cost-effective - without compromising quality. This is why small, bespoke weddings are making a comeback - and venues such as Ballinacurra House, Kinsale, provide the perfect solution for downsizing but not downgrading. [www.ballinacurra.com](http://www.ballinacurra.com)



Des and Lisa McGahan from Ballinacurra House at the WeddingsOnline.ie 2013 Awards held in Clontarf Castle, Dublin, also pictured Rory McDonald (WOL) and Tara Fay (Xena Productions). Picture: JDM Photography

## Happy Boys and Girls at Scoil Naomh Eltin, Cionn tSáile

It's a new beginning! The boys and girls of Scoil Naomh Eltin are celebrating in style as students of Kinsale's newest co-educational primary school. They eagerly await construction of their new school building, due to open its door in September 2014.

A 'Meet and Greet Night' will be held in Scoil Naomh Eltin on October 17th, from 7 to 8 p.m. for parents to come and meet with our staff.

Parents wishing to make enquiries or to enrol your child may contact the school secretary at 021-4774040.

Pictured below are AJ Butterly, Rachel O'Donovan (first students to enrol in Scoil Naomh Eltin), Susan O'Hanrahan (school principal) and Ann Marie Calnan (class teacher).



Students in Scoil Naomh Eltin donned county colours for Rebel Red Day, Friday 27th of September and congratulate the 2013 Cork Senior Hurling Team on their valiant efforts.

## Emigrants' reunion caps off one of the best Kinsale Regatta Festivals



Pictured attending the Kinsale Regatta Emigrants Reunion on the Bowling Green in Kinsale were Ann O'Leary; 2012 Rose of Tralee Nicola McEvoy; Mary McEvoy and Rena O'Leary from Kinsale. Picture: Howard Crowdy



Pictured at the annual Kinsale Regatta Emigrants Reunion on the Bowling Green in Kinsale were June Sheehan and Mary Walsh from Kinsale with Michelle Walsh from Abu Dhabi. Picture: Howard Crowdy



The Ross Sisters - Anne Clarke, Kay Jacobs, Ber O'Mahony, Marie O'Hea and Peggy Ross from Kinsale seen attending the annual Kinsale Regatta Emigrants Reunion held on the Bowling Green in Kinsale. Picture: Howard Crowdy



Kinsale Macra na Feirme presented Saúle Sports & Community Centre with a cheque for €1,665 raised from their recent Scrap Metal Collection. Funds raised go toward building a new Sports & Community Centre for Kinsale and surrounding area. Many thanks to all who supported the event.

This year's Kinsale Regatta Festival has been heralded by many as one of the best and among the highlights was the Gathering Year Emigrants' Reunion hosted by the town council and held outdoors for the first time at the Bowling Green overlooking the beautiful harbour.

Exiles from near and far renewed old acquaintances with family, friends and neighbours in the evening sunshine and enjoyed music from Shane and Friends. Special guest was 2012 Rose of Tralee, Nicola McEvoy, Kerry Pike, a secondary teacher in Luxembourg whose was with her mother Mary McCarthy, from Summercove and cousin Jennifer O'Leary.

From Abu Dhabi in the United Arab Emirates, where she is a teacher, came Michelle Walsh with her toddler son Rory. She was accompanied by her mother Mary Walsh, Cork Street, and aunt June Sheehan.

All the way from Manhattan, New York, came attorney Tony Farley who linked up with cousins Patricia Hurley-Mullen and JJ and Sarah Hurley, the Glen, and old friend Gary O'Leary. Tony's late uncle Mike was prominent in the Kinsale Emigrants Association in London.

Home from Harare, Zambia, was Fr Gerry Galvin O Carm, 53 years a priest. He was with his cousins Kate McCarthy, Belgooly; Clare O'Donovan of the town council with daughter Abby; and Geraldine Allen.

Maeve Cummins, daughter of Dan and Mary Cummins, was there with her husband Pablo Gonzales, Huelva, Spain, and their children Alana and Jimena.

Adrian Bocking and his wife Stephanie were over on holiday from Moseley, Birmingham. Adrian is son of Tony and Maureen Bocking.

The five Ross sisters from Butcher's Row; Kay Jacobs, Altrincham, Cheshire; Ann Clarke, Bernadette O'Mahony, Marie O'Hea and Peggy Ross plus their friend Nodlag O'Connell attended as did Kinsale native Joe Fisher, Mitcham, Surrey, who has been attending the emigrants reunion over the past 43 years, and was accompanied by his wife Pat.

A warm Kinsale welcome was extended by Deputy Mayor Tomas O'Brien who specially mentioned John Twomey, president of the IFDS who officially opened the festival. The reunion, said Cllr O'Brien was a great occasion to say 'fáilte ar ais'. It was important not to be forgotten by one's town. Ten years ago, many left because they wanted to experience the world but now people left to live and had to get jobs in other countries. Kinsale people travelled and did very well, including those who went to Barry in Wales to serve in the Merchant Navy, some as young as 14 and in both World Wars.

Kinsale has boasted a great sea heritage through its sailing, regatta, fishermen and yawl rowers and he praised the Kinsale and Dock club, the Outdoor Education Centre, the RNLI who recently saved 30 lives off Kinsale and organizers of the water carnival. All maritime and other events were very well supported, enhanced by the commentaries of Timmy O'Donovan, who was busy at the reception dispensing drink sponsored by Murphy-Heineken while Eileen Murphy, Margaret Lynch and Mary Nagle served delicious food. Kinsale TC was also represented by Cllrs Billy Lynch, Fred Treacy and Noel Harrington; town clerk Stephen Murphy and town foreman Charles Henderson.

Deputy County Mayor Kevin Murphy congratulated the committee and thanked Kinsale TC for hosting what was 'a joyous occasion' and said Cork County Council, which was now in charge of the harbour, had in recent times, overseen major improvements to Lobster Quay, Adams Quay and the main pier.

Regatta festival and Gathering chairman Ted McNamara praised and named all fellow committee members and thanked sponsors, local media, Gardai, Civil Defence, harbour master Phil Devitt, the town council staff and musicians; Shane Murphy, Larry Crowley, Carmel Condon, Naomi McCarthy and Jer Finn. The outdoor reception was filmed as part of a diary of Kinsale by Neb Jere, a native of Zambia.

## Transition Town Kinsale News

### » Springmagig 2013

This year's annual fun and fundraiser was held on Saturday 20th of April in the beautiful, and continuously expanding, Kinsale College Amphitheater. The evening went really well, as usual there was lots of good music and comedy. The raffle was successful and everyone had a great time.

We managed to raise just over €500 overall.

This event would not have been such a huge success without the enormous effort of a brilliant team of people, so many thanks to all the performers, crew and volunteers and to Kinsale College Further Education for the use of the Amphitheater.

### » Green Day

July 14th dawned bright beautiful and sunny and we weren't surprised. what an amazing summer we had!! We were worried that we wouldn't have enough volunteers to help out, because instead of volunteering for the festival this year volunteers were going to the beach. Well done to the Kinsale Arts Festival team for their tireless hard work during such hot weather.



Lady luck was with us as we had just enough help to put up the yurt thank goodness as it takes many hands to construct the wonderful shady space that a yurt provides. Every time I've seen yurts raised I find that people are always drawn like moths to a flame to watch the yurts being constructed.

Green day was full of fun inspiring and interesting things to do. All age groups participated in workshops such as felting, recycled art, and composting. Outside the yurt people were relaxing in the sun making dream catchers. Others took part in egg and spoon races (we used potatoes) and boules games. Meanwhile the kids were doing chalk art on the pavement and getting their faces painted. There was also a parade of some of the lovely upcycled art created at the Marine Creatures workshops held throughout arts week by Inma Chinooa.

Thank you Inma for all your inspiration and creating so much fun for the kids. Big thanks also go out to Margaret Thuillier for her help with the exhibition, Rosita Kingston for her recycled art workshop, Dan Benn for his composting workshop and Lea Miklody for her felt workshop. To all the wonderful artists who participated in our Local Eyes exhibition and to Tara De las Cases and Geraldine Quinn who contributed their time and energy in a voluntary capacity to putting all the events together for the festival.

### » Local Eyes Sustainable art Exhibition

When the organisers of Kinsale Arts Festival came approached Transition Town Kinsale to get involved, Tara De Las Cases, Jeannie Timony, Geraldine Quinn, and intern Ragna Spagnol took the opportunity to curate an art exhibition on the theme of sustainability. We entitled this exhibition Local Eyes.

Outside the exhibition space was decorated with recycled containers made reused plastic bottles filled with flowers, herbs and vegetables that hung in the tree and inside the space. This was an example of urban permaculture using vertical space to grow your own garden. Brendan Power created a bike made from recycled wood that was leaning up against the tree, giving the outdoor space a fun creative feeling that drew people to stop and relax on the bench and explore the exhibition further.

Inside the walls and plinths were embellished with many pieces to make the spectator contemplate the role of art as a tool for creating change and highlighting important issues and



Transition Town Kinsale

that there's more to art than just a pretty picture.

The artists who were selected to show their work were: Brendan Power, Margaret Thuillier, Tara de las Casas, Liam Campbell, Orla Gilhearny, Sorsha Dale, Laura Travers, Inma Chinooa and Cathy Herbert the work was diverse in its materials and themes, each artist creating work in response to their concerns with the environment, both locally and globally. This show highlighted the

importance of community localization and the transition into a more sustainable future.

### » Edible gardens

One of the greatest achievements this year has been the edible planting in Kinsale, with the collaboration of Kinsale Town Council and Kinsale Tidy Towns.

It all started when Charles Henderson of the Council and Tidy Towns offered 3 planters in Market Square for edible planting. On the back of the successful example in Market Square Steven Murphy from the Council offered TTK the opportunity to plant up a large bed next to the Convent. Tidy Towns organized and facilitated the clearing up of the beds and did an incredible job.



On the 14th of September TTK organized a Meitheal (community work day) to prepare the bed for planting, we used a lasagne mulching technique to add nutrients and prevent weeds. There will be more Meitheals in the future to plant up and maintain the bed. Willy Granger from Green Piece Nursery donated a large quantity of the best manure and we are very grateful to Kinsale Town Council for organizing a lorry to transport the manure. There was a fantastic turnout and we all had fun mulching and preparing the bed for planting.



### » Local food at our Market

Laurel Valchuis has been working on a project that aims to broaden the reach of the market for local food, with the support of TTK. She has been selling meal kits at the farmers' market made with vegetables grown by farmer Aimi at Kinsale Green Growers; and she has also been using fresh herbs from TTK's beautiful edible gardens located around Kinsale. The meal kits include washed and chopped veg, a grain, sauce, and simple instructions to follow to cook a fresh, locally sourced meal in 20 minutes; making it easy for anyone to 'eat local'. "So far we have fed 110 people with these meals, and have heard anecdotally that more people are making it out to Aimi's pink stall (located on the road to Ballinspittle) to buy delicious fresh, local veg".

### » Butterfly Walk

This summer butterflies seem to have had a great year with the good weather and are more prevalent than recent years. Butterflies play an important role in our local ecosystems and have suffered in the cutback of the REPS scheme.

### » Seashore Ecology walk

Philip Ward gave a great walk on seashore ecology. The event was very successful and well attended.

Continued overleaf...

Transition Town Kinsale News continued from previous page

#### » Film Nights

There have been several film nights over the summer, all well attended, educational and enjoyable. Going to a film night is a great way to touch base with TTK members and like-minded people in the community. Enjoy an interesting film socialize and discuss your interests. There will be more film nights in the coming months, the most recent one was held on Friday the 27th of September 8:00pm at the Friary.

#### » Kinsale Non-violent Communication

Based on Nonviolent Communication (NVC) - developed by psychologist Marshall Rosenberg - NVC is a practical and inspiring means of communication for everyone from all walks of life.

Kinsale NVC practice group takes place once every 2 weeks with planned weekend workshops by an officially trained NVC facilitator later this year.

There has been a string level of interest in the Group since its inception earlier this summer.

NVC provides the tools for simple and effective ways of creating peace in our families, workplaces and communities by using a unique 4-step communication approach, combining awareness, practical skills and vocabulary to successfully connect with others and avoid potential situations of conflict.

For more info & to join the group free of charge please contact: Andy 086 2022628

#### » Tip of the Season

We are coming into winter now after what can only be described as the best summer in ages. Sometimes it can be hard to think of what one can do in the veggie garden at this time of year.

Plant some of these:

- Onions/Shallots - onion (first early) and (electric). Shallot (echalote grise)
- Garlic - (Wight cristo) (Chesnok red)
- Spring onion - (White Lisbon) • Perpetual spinach
- Broad beans - (Aquadulce Claudia)

- Peas - (Kelvedon wonder) (Meteor)
- Asparagus (Pacific 2000) (Pacific purple) • Kale.

This time of year is also a perfect time to cover up some of your beds in preparation for next spring. Seaweed is a great thing to put on the beds now, remember that its best to take the loose seaweed first and always cut and not pull because the roots need to stay in the ground. Its also important to note that collecting seaweed from within Kinsale harbour itself may not be the best idea as there is a high concentration of tributyltin due to its use in anti-foul for boats. (TBT) compounds are considered toxic chemicals which have negative effects on human and environment. Tributyltin compounds are moderately to highly persistent organic pollutants that biomagnify up the marine predators' food net. One common example is leaching of TBT from marine paints into the aquatic environment, causing irreversible damage to the aquatic life. Tributyltin has also been linked to obesity in humans, as it triggers genes that cause the growth of fat cells.

#### Smiley Award

This season the Smiley award goes to Green Piece Nursery near Half-Way, just before the roundabout on the back road to Cork. Willy Granger has been very supportive of our edible gardens initiative and has donated the most wonderful manure for our largest project by the old convent. His advice on planting has also been excellent.

We encourage members of the community to get actively involved in TTK.

#### For information contact:

info@transitiontownkinsale.org

www.transitiontownkinsale.org

And check out our Facebook page for all the latest news.

Transition Town Kinsale is an inclusive voluntary initiative exploring community responses to climate change, energy depletion and economic uncertainty. We welcome any ideas you have for building a thriving, sustainable, resilient community. All are welcome at our events.

## Ideas Generation Workshop Kicks Off The South Cork Schools Enterprise Programme



More than 150 students from schools all over South Cork, including Kinsale Community School, attended the Ideas Generation Workshop, organised by South Cork Schools Enterprise programme in late September. The programme, which is co-ordinated by the South Cork Enterprise Board, gives students access to training supports, business mentors and SCEB representatives who will encourage, motivate and guide students in the right direction towards establishing their own mini-enterprises. Specifically designed to stimulate entrepreneurship in young students and schools in the Region, the programme will run for the duration of the school year and includes regional and national award opportunities.

"The programme aims to drive entrepreneurship among our talented young people, and to combine classroom business studies learning with real life experience of commercial activities. We have seen firsthand how this tailored programme enhances creativity, improves communication skills, builds confidence and fosters an enterprise culture among our second level students in Cork", said Sean O'Sullivan, CEO South Cork Enterprise Board.

School principals in the South Cork area are filled with praise for the programme having seen their students benefiting from the ideas generation and innovation phases, to the business leadership, entrepreneurship and motivation which is recognised at the regional and national awards ultimately.

"The programme is a truly invaluable educational and entrepreneurial experience for all involved. It develops



Eoghan O'Flynn, Colasite Mhuire, Chloe Barry, Glanmire Community College, Philipp Lehrer, Middleton College and Scarly McGahan, Kinsale Community School at Ideas Generation Day run by South Cork Schools Enterprise Programme. Pic Darragh Kane

students' talents in ways that the established curriculum often does not. Last year, our pupils created an educational resource for students & teachers for a module of the Leaving Certificate Applied (LCA) called "Hotel, Catering and Tourism" (H.C.A.). We are now in the final stages of publication and hope to have it on sale in the coming weeks which is very exciting for the students", said Frank Donovan, Principal, Carrignafay Community College in Cobh.

For more information, see [www.sceb.ie](http://www.sceb.ie) and [www.studententerprise.ie](http://www.studententerprise.ie)



Kinsale and Antibes twinning, going back to May 1990 when it was first signed at a ceremony in Actons, continue their links with regular visits and exchanges. The Twinning Association in Antibes is very active with its president Mr. Wolf Burg and members Mary and Noel Riordan. Both towns share many things, both are stunning, share indented coastlines, headlands and islands and derive their living mainly from tourism, excelling in fine gourmet restaurants. Both are walled towns designed by Vauban.

Our national holiday is celebrated yearly in Antibes. This year Mayor Billy Lynch was invited to attend by the Antibes Municipality. A number of Kinsale people also attended the event including Michael Frawley, Mayor at the time of the founding ceremony and John Twomey, President of the Kinsale Twinning Association. A chef from restaurant d'Antibes, White House, Bernadette Reynolds cooked a traditional Irish meal for the occasion. Shane and Friends,

who play in the White House, provided entertainment. They also played in an Irish pub in Nice during their stay.

On September 4th forty three members from Antibes Association arrived in Ireland for a week and spent some time in Kinsale. Mr. Wolf Burg accompanied the group. This has been their third visit in recent years. A reception was held for them in the restaurant d'Antibes addressed by the mayor Mr. Tony Cierans, and accompanied by former Kinsale mayors and representatives of Kinsale Twinning Association.

Kinsale Community School also continues their exchange programme with Lycee Auduberti in Antibes. On October 8th thirty Kinsale students travelled to Antibes on an exchange and their correspondents come to Kinsale in April.

The Aer Lingus Cork-Nice flight which runs from April to October makes travel easier and we look forward to many more visits and exchanges.

### BELGOOLY MAN COMPLETES IRON MAN

Former Youghal and Belgooly Hurler, John O'Connell, has abandoned the camán for what must be the far more difficult pursuit of the Iron-Man competitions. Having originally being drawn to the sport after witnessing the Annual Lanzarote Iron Man while on holidays, John has spent the past two years competing in a number of triathlons, including The Lost Sheep Half Ironman in Kenmare last year, before taking part in the ultimate event in Bolton in August. Completing the extreme challenge, which included a 3.5k swim, a 180k cycle and running the full marathon distance, John's time was an impressive 12hr 35minutes. Reflecting on his achievement, John paid tribute to his wife, Claire, sons, Andrew and Stephen, for the encouragement and support they had given him during his gruelling six-day a week training programme over the past 30 weeks. • JJ Hurley

### Kinsale Regatta 5 Mile Road Race

Friday night August 2nd saw the first of the Regatta festivities underway with the Belgooly A.C. 5 mile road race. Held under ideal weather conditions 210 athletes and walkers took to the start line. James McCarthy East Cork had his 3rd victory of the week and was just under 4 seconds of breaking the course record. Another winner on the night was Kinsale Youth Development Fund who received 50% of the entry fee which amounted to €1,050.00. Belgooly Athletic Club would like to thank all competitors for their continued support, stewards and officials, Kinsale G.A.A. Club, Kinsale Red Cross, Kinsale Gardai, Timmy O'Donovan, Catering Staff and Main Sponsor Tobin Paving Services for their help and assistance.

It's less than 3 months to the annual Belgooly 4 mile road race which will be held on St. Stephen's day at 12 noon with 50% of the entry fee will be donated to the Bowel Cancer Treatment fund at C.U.H. The Annual Table Quiz will be held in the Huntsman Bar on November 8th.

### Dark Evening Present New Challenges

While the onset of dark evenings may for some represent an opportunity to curl up by the fire and watch TV, Tracton Arts and Community Centre should provide the antidote, with a very active and jam-packed programme. Included in the attractive timetable is step aerobics, dancing and table tennis on Monday, Tuesday and Wednesday nights respectively. For those seeking a less strenuous activity, there are art classes for adults on Monday nights or Yoga on Tuesdays from 10am to 11am. A number of local community groups also host their meetings in the tastefully- restored former school house in Minane Bridge, with the Tracton Active Retired Group meet the first and third Wednesday of each month from 2.30pm to 4.30pm. The local baby and toddler group meet each Thursday from 9.30am to 11.45am, followed in the afternoon by the Tracton All Sorts - a quilt-making group. Finally, the children of the area are also well catered for with drama on Fridays, kids art classes on Saturday mornings and for the more energetic young people there is dancing on Wednesdays. For more information contact Lisa Rauch on 086 0711910. • JJ Hurley



Picture shows Nicola Desmond presenting a cheque on behalf of Belgooly A.C. to Margaret Buckley of Kinsale Youth Development Fund.

## Travel writer Dervla Murphy delights on visit to Kinsale

The plight of the suffering people of Palestine, especially in Gaza, was one of many topics touched upon by intrepid traveller Dervla Murphy from Lismore, Co Waterford, on a visit to Kinsale recently where she met Transition Year (TY) pupils of Kinsale Community School and was guest speaker at a packed meeting of Kinsale Peace Project in the Carmelite Friary Centre.

Dervla, who was welcomed to Kinsale Community School by vice principal Kathleen O'Brien, stressed the importance of young people reading about, recording or writing down the memories of their grandparents and elders in order to be aware of how life in Ireland has changed enormously from the days when there was real poverty and people she grew up with were dying from TB.

'I'd say I was aged about five when I decided I wanted to write books and this was before I could even write', said the acclaimed author who, being bored with boarding school in an era when there wasn't exam pressure, happily practiced her writing. In her teens, she wrote three novels and when she was 18, on her first cycle ride in Europe, had her first paid article about it published in a magazine.

Further cycles in Europe followed and after her mother died, she embarked on a marathon cycle to India which took her six months, kept a journal and sent letters whenever she could. On her return to Ireland in 1964, she collected the letters and was advised to reprint these into what was her first book, Full Tilt.

Dervla's travels continued for over four decades with the last book paying for the next journey while she also wrote for Hibernia, The Irish Independent and other publications.

Top marks to the TY students from Kinsale CS who then posed lots of interesting questions. In reply, Dervla said favourite places included Afghanistan, the western Himalayas and the Andes because she loved mountains.

Although the people were wonderfully hospitable, she said the worst place she visited was the most recent, Palestine's Gaza, the subject of her latest book. 'That's because over 1.6 million people are crammed into a tiny coastal strip only 27 miles long and a maximum eight miles wide between Egypt and Israel which is effectively an open air prison.'

The poverty stricken Palestinian, she said, were not allowed free movement by the Israeli government. The people were very short of food and even more so since the political upheaval in Egypt because many tunnels through which supplies used to be sent across the border had been

closed. As a result, 60% of people depended on aid from the United Nations for food, housing and education and she concluded it was unnecessary suffering imposed by the Israeli government.

In her solo trips, Dervla said she made a point of not meeting famous people but preferred to talk to ordinary citizens, almost all of whom were amazingly hospitable, getting to understand their culture and lifestyle and sampling great food, especially in India and Turkey.

Dervla has written over 20 books on her travels which also feature Madagascar, Cameroon, Kenya, Zimbabwe, Rwanda, South Africa, Iran, Laos, Cuba, Siberia, Romania, Ireland and the UK plus an autobiography 'Wheels within Wheels'

There was nowhere she visited that she would consider living because her favourite place was still her native West Waterford, but if exiled, she might choose Coorg in south west India which was very special with unspoiled scenery and beautiful people.

The one place she most regretted not having visited was Tibet, especially before China destroyed it, because the Tibetans, whom she got to know from working in refugee camps with Save the Children, were her favourite people.

Asked what skills were needed for travelling Dervla, replied 'adaptability, being able to get on with all sorts and not being fussy about anything'.

Thanks were expressed on behalf of the students by Kathleen O'Brien. Later, Pdraig Fitzgerald and Gerard Timmons welcomed Dervla to address a full house public talk hosted by Kinsale Peace Project at the Friary Centre where she also signed many of her books including her latest, 'A Month in Gaza - Encounters by the Sea.'

The next speaker for Kinsale Peace Project is former Mountjoy Prison Governor John Lonergan in November.

Pdraig Fitzgerald also had the honour of being invited to the Tipperary Peace Awards where he met Malala Yousafzai, a remarkable teenager from the Swat Valley area of Pakistan, who was shot in the neck and head by the Taliban for encouraging girls to go to school and get educated. Malala survived this attempt on her life and after many months in hospital has recovered. She recently was invited to address the United Nations on the importance of education for all.

The Kinsale Peace Project is a voluntary group set up by Kinsale locals Pdraig Fitzgerald & Gerard Timmons, in which they encourage human rights speakers to come to Kinsale, to tell their remarkable stories.

All the talks are free.

## KINSALE ST. PATRICK'S DAY

The Saint Patrick's Day Parade Committee have just held their first meeting to organise the 2014 parade. This successful community event would not be possible without the support of the local businesses. We know we are a little early but as suggested by the business community a representative from the committee will call in the near future looking for your support and donations.

Thank you for your continued support for this great Community event.

## Incentive Travel Executives experience the Charm and Character of Cork

In late August Cork Convention Bureau hosted members of the Society of Incentive Travel Executives (Site Ireland) during a two day visit to showcase the business tourism offering of the Cork region.

Seamus Heaney, Chairman of the Cork Convention Bureau said, "Site Ireland is such a dynamic organisation and we were delighted to welcome them to Cork to profile what the region has to offer for incentive and motivational travel programmes. We are continually targeting meeting, incentive, conference and exhibition (MICE) agencies to increase the business coming into Cork. We hope this visit will develop many new important relationships as we visited a range of high quality attractions and gave our Site Ireland friends a flavour of the remarkable things they can see and do here".

"We organised a very exciting itinerary beginning with lunch at Blackrock Castle Observatory followed by sailing in Kinsale. A visit to The Old Head of Kinsale Golf Links and dinner at the Carlton Hotel, Kinsale, rounded off a busy first day. The following morning our visitors experienced the character and charm of The English Market and sampled some of Cork's finest artisan foods followed by lunch at Ballyvolane House, a fantastic option for corporate away-days and high end incentive groups with its magnificent gardens situated in the Blackwater Valley. In the afternoon they travelled to the Grainstore in Ballymaloe to meet chef Rory Allen. The day concluded with a visit to the 5 star Castlemartyr Resort before leaving Cork. Overnight accommodation was provided by Site Ireland hotel members, The River Lee Hotel and Hayfield Manor".

"As a member of Site Ireland and their global network we can reach out to a huge number of agents particularly those based in the United States. This 2 day visit was a wonderful platform for us to increase awareness of what the Cork region has to offer as a location for international meetings and conferences," said Evelyn O'Sullivan, Business Tourism Manager at Cork Convention Bureau.

Figures released early this year showed that in 2012, the value of international conferences confirmed through Cork Convention Bureau activity resulted in €7.2 million for the Cork region.

# KINSALE GAA REPORT

Well done to the Junior 'B' Footballers who beat Crosshaven in the South East Championship semi-final V Crosshaven 1-19 to 2-7. Kinsale made an unbelievable comeback in the second half after being down 1-6 to 0-4 at half time. Superb scores came from from Ricky O'Hanlon 0-5, Jeremiah Wright 0-1, James Murphy 0-5, Ciaran O'Sullivan 0-2, Cathal Fitzgerald 0-2, Conan Dillon 1-2 and Conor Lane 0-2. Kinsale will now play Tracton in the Championship final and will take on Crosshaven again in the the League final.

Kinsale Ladies have so far had a very successful year. The U14s won the West Cork Championship back in April. The U12s also reached the final where they played O'Donovan Rossa and were unlucky to be beaten by a single point! The minors will play Bantry in the final.

The girls are also doing very well in the County stages. The U16 girls have reached the County final after beating Kanturk 5-15 to 3-2. Scores came from Sadhbh O'Leary 3-3, Ellen Murphy 0-5, Clare Tyner 0-4, Juliette Cronin 1-1, Denice O'Leary 1-0, Caoimhe O'Callaghan 0-1 and Georgia Gould 0-1. They are also through to the West Cork final. The opposition in each final has yet to be decided. The U21 girls also reached the County Final where they were beaten by Rosscarbery after a valiant effort.

The Club is immensely proud of Orla Finn. She won her third Senior All Ireland medal on Sunday September 29th after already winning an U21 medal this year. A big crowd from Kinsale went along to support Orla and the Cork Ladies in Croke Park and their great performance was enjoyed by all. Rebels Abú! Orla is pictured following Cork's victory with Emma and Holly O'Sullivan.

Congratulations to Catherine Murphy who won the Lotto Jackpot recently of €1700. Catherine was the first online winner. Tickets can be bought online at [www.kinsalegaa.com](http://www.kinsalegaa.com) and are also available in local shops. Please support the GAA lotto as it is a tremendous help in the day to day running of the Club.

The Kinsale Regatta organised another successful GAA Blitz for the underage boys and girls on the August Bank Holiday Monday. Nearly 100 children received medals and goodies from the Committee and the Club would like to thank them sincerely.

Kinsale GAA pitch was a hive of activity for this year's Cúl camp. There were nearly 190 children learning the skills of both football and hurling in a fun environment. It was great to see the children being coached by players involved in the Club. The highlight of the week was the visit of Damien Cahalane, Cork footballer to the camp. He encouraged the children to practice their skills in both hurling and football every day.

Kinsale GAA held its first 7s competition on August 30th. A great day was had by all and Glanmire Juniors came out on top beating Kinsale in the final. Seamus from Kitty O'Ses made the presentation having sponsored the event.

Over many years Kinsale G.A.A. Club has been training young people in our national games. We pride ourselves on being very proactive in the development our club and for encouraging both young and old in our community to become involved in our Club in either playing Hurling/Football, coaching our teams or getting involved at a committee level.

At the moment we are catering for very large numbers of young people on a weekly basis and as a result the playing field at Bandon Road is coming under increased pressure with Under Age, Junior and Intermediate in both Men/Boys and Ladies/Girls sections all vying for the same times to train during the week and at weekends. Following on from this the parking area is also struggling to cope with the increased numbers.

To alleviate this overcrowding problem the club has taken the important decision to proceed with the development of another playing pitch and to this end has purchased land



in Ballinamona, Dunderrow. This move, we believe, will be significant in enhancing our clubs future growth.

To date, at the new pitch, we have levelled the ground and sown grass. The next phase will comprise of the erection of goal posts, netting behind both goals and to construct an easily accessible entrance.

To fund this new essential facility, Kinsale G.A.A. is running their first Club Development Draw. Prize money for the draw is €10,000 Cash.

The draw will be limited to 300 tickets, hence offering a 1 in 15 chance of being a winner.

There will be four draws with prizes as follows:

1st Draw (18th Oct)	2nd Draw (17th Jan 2014)	3rd Draw (15th May 2014)	4th Draw (29th Aug 2014)
1st Prize €1,000	1st Prize €1,000	1st Prize €1,000	1st Prize €4,000
2nd Prize €500	2nd Prize €300	2nd Prize €300	2nd Prize €500
5 Prizes of €100	3rd Prize €200	3rd Prize €200	5 Prizes of €100

The cost of entry to the four draws is €100. This can be paid in full, or in ten monthly installments of €10 each month spread over the year. We are also offering an alternative option to buy a ticket with another family and should this be a winning ticket the prize money will be shared equally between both families. If you are interested in buying a ticket you can contact Catherine 087 216 8734 or Sean 086 810 4800.

For more information on Kinsale GAA you can check out our new website [www.kinsalegaa.com](http://www.kinsalegaa.com) or on facebook. Like the Kinsale GAA page for the day to day news.



Photo: John Allen





Kinsale Lions Club have a continuing program to collect used and unwanted spectacles from opticians and other places. Pictured is the latest (fifth) shipment of approx 800 pairs of spectacles.

These will be graded and sent to third world countries where there are millions of people suffering from preventable and impaired vision.

Kinsale Lions Club would like to congratulate the winning students and staff of Kinsale Community School on their wonderful win in the European Young Scientist Competition.



## PLANNING

### Planning Application

Application for permission to demolish existing dwelling and associated structures, permission to construct 2 no. two stories, provision of car parking with associated site works at Butcher's Row, Kinsale, for Mr. John Scannell.

### Planning Decision

Application for permission for demolition of existing out office, construction of a two storey side extension, single storey side extension, single storey rear extension and refurbishment of existing house, construction of a new house attached to existing house and associated site works including 2 no. vehicular entrances at Stork's Nest, Compass Hill, Kinsale, for Peter & Tricia Gray. **Permission Granted.**

## Anniversaries



### *In Loving Memory*

#### Thomas O'Driscoll

17 Sleaveen Park, Kinsale  
who went to heaven on 23rd October 2008

Now I'm gone, release me and let me go.  
I have so many things to see and do.  
Do not tie yourself to me with tears.  
Be happy that we had so many years.  
I gave you my love, you can only guess.  
How much you gave to me in happiness.  
I thank you for the love you each have shown.  
But now it's time I travelled on alone.  
It's only for a while that we must part.  
So bless the memories within your heart.  
I won't be far away as life goes on.  
So if you need me, call me and I will come.  
Though you can't see me or touch me,  
I'll be near.  
And if you listen with your heart,  
you'll hear  
All of my love around you soft and clear.  
And then, when you must  
come this way alone.  
I'll greet you with a smile and  
welcome you home.



### *In Loving Memory of*

#### Joan Anderson (née Kearon)

10th Anniversary  
September 11th 2003

A loving wife, mother and grandmother

Missed in the morning of every day.  
Missed in the evening  
as light fades away.  
Missed in a thousand and one ways.  
Around every corner a memory stays.  
Always loved and remembered

Susan and family



### *First Anniversary*

#### ROSE O'CONNELL

11 Presentation Tce.  
10th August 2012

We hold you close within our hearts,  
And there you shall remain,  
To walk with us throughout our lives,  
Until we meet again.  
So rest in peace dear loved one  
And thanks for all you've done,  
We pray that God has given you,  
The crown you've truly won.

Loved and remembered always  
Liam, Marie and grandchildren



### *In Loving Memory*

#### Finbarr Connolly

Seventh Anniversary  
19th November 2006

In loving memory of a loving husband,  
father and grandfather.

We thought of you today but that is  
nothing new,  
We thought about you yesterday  
and the day before that too.  
We think of you in silence and  
we often speak your name.  
All we have are memories and  
pictures on the wall.

Your memory is a keepsake from  
which we will never part.  
God has you in his keeping,  
we have you in our hearts.

Too precious to be forgotten,  
always in our hearts,  
your loving wife, Babs, Charlotte, Grace  
and Michelle, Jason, grandchildren Lisa  
and James and sons-in-law Kenneth  
and David.

## Obituary

### ANGELA PERKINS

19th August 2013

Who was Angela? I have pondered this question ever since her unexpected death on August 19th. She was a very private woman with a great knowledge of other people but you never really knew her. I never knew she played piano until her funeral. She led a rich and varied life outside of Kinsale. Here's what I knew about Angela. She was a considerable scholar and genealogist, a lover of all animals, especially cats and was an inspiring teacher to those who studied with her at Kinsale Further Education College.

Angela read Tarot cards often with great accuracy and always said exactly what she thought without fear of what others would think. She could be painfully blunt but she was also a very kind, generous and insightful person.

Most of all Angela Perkins lived her life on her own terms. What better epitaph can you have?

*We love and miss you.*

**Kate French**

*An exhibition of Angela's work runs until October 11th at Salvi's Café on Pearse Street, a big thank you Marie and all at Salvi's for their generosity.*



## DEATHS

*Our sympathy to all those who have suffered bereavements recently, including the families of the following people:*

- 9 August: Sr. Brendan Sheehy, Convent of Mercy.
- 18 August: Fr Anthony Norbert. O.Carm, Carmelite Friary.
- 19 August: Angela Perkins, Sean Hales Tce.
- 3 September: Ellen Cronin, Melifontstown.
- 5 September: Dan O'Regan, Innishannon & Kinsale.

## MARRIAGES

*Congratulations to the following couples who were married recently:*

- 2 August: Padraig O'Brien and Nadine Garnatz, UK.
- 3 August: David O'Donovan, Ballinspittle, and Maria Muelmeester, Kinsale.
- 9 August: Michael O'Brien and Michelle O'Keefe, Cork.
- 17 August: Joseph Carl Adam and Avril Murphy, UK.
- 31 August: Brian Smyth and Leanne Diskin, Canada.
- 7 September: Andrew Gordon, Scotland, and Sarah Mooney, Compass Quay.
- 13 September: Ian Martin, Mitchelstown, and Catherine O'Keefe, Carrigaline.
- 21 September: Luke Capewell, Switzerland, and Sharon Mitchell, Kilcaw, Kinsale.
- 26 September: Denise O'Connell and Tom Owen, Kinsale.
- 27 September: James Rohan and Sandra Ridgeway, Millstreet.

Place your announcements: engagements, births, marriages, etc., free of charge in the Kinsale & District Newsletter

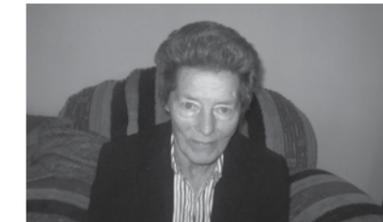
📍 Emmet Place, Kinsale 🌐 [www.kinsalenews.com](http://www.kinsalenews.com)

🐦 @kinsalenews 📺 /KinsaleNews

## Acknowledgement

### ROSE O'CONNELL

11 Presentation Tce  
10th August 2012



Liam, Marie and the family of the late Rose O'Connell, 11 Presentation Terrace, Kinsale, would like to thank all those who sympathised with them on their loss. Thanks to those who attended the Rosary, removal and funeral Mass and those who sent cards. Thanks to the Clergy, Choir, Undertakers, friends and neighbours for your kindness.

A special thanks to the nurses, doctors and staff of Kinsale Community Hospital, Cork University Hospital, Haven Bay Healthcare Centre and Dr. Helen Barry.

We hope this acknowledgement will be accepted as a token of our appreciation.

## Baptism

James Barnett, aged 4, was baptised into the Roman Catholic Church in Sierra Vista, Arizona, on September 1st 2013. Buíochas le Dia.

## Births

- Congratulations to Tom and Grainne Kay on the birth of their daughter, Amélie Marina, on March 15th 2013.
- Congratulations to Barry and Fiona O'Connell, Drogheda, on the birth of their son, Eoin, on September 24th 2013, a little brother for Ben and David.

We believe  
in **local**

*Smith's of Kinsale*  
**SuperValu**  
Real Food, Real People

**Michael & Jacinta Smith**  
SuperValu Kinsale:

- **Employ 80 people**
- **Invest €150,000 with local service providers**
- **Invest €120,000 with local suppliers**
- **Invest €30,000 with local clubs and charities**

