



Pic John Allen



Pic John Allen



Pic Diane Cusack

AWARD FOR CATHERINE MURPHY... NEW MAYOR FRED TREACY... SOVEREIGNS CUP ... AND MUCH MORE!

# Kinsale & District NEWSLETTER

Vol. 34 No. 3

Est December 1976 by Frank Hurley

Summer 2011

[www.kinsalenews.com](http://www.kinsalenews.com) [info@kinsalenewsletter.com](mailto:info@kinsalenewsletter.com) follow us on twitter: @kinsalenews



Pic John Allen



WIN TICKETS TO  
**TasteFest**   
 Sample the Food - Drink in the Atmosphere  
 23<sup>rd</sup> - 26<sup>th</sup> June 2011, Fitzgerald Park, Cork



**FOOTLOOSE**  
 KINSALE  
 20/21 Main Street, Kinsale  
 T/F: (021) 477 7898  
 Ladies & Gents Footwear



**Footprints**  
 64A Main Street, Kinsale  
 T/F (021) 477 7032  
 Ladies & Childrens Footwear



## Summer Sale Now On!!!



# Seanachai

Market Street, Kinsale

## TRADITIONAL IRISH BAR

The Seanachai Bar, Kinsale's finest traditional Irish bar with live music and entertainment seven nights a week in summer months and the best bands every weekend all year round. Whether it's to sit by the fire and enjoy a creamy pint of Guinness or relax and listen to the best in traditional Irish music, the Seanachai is the place for you.

**Now serving food daily including Traditional Irish Dishes with a twist!**

**:: Music 7 nights a week including;**

Every Monday, **Barry Tierney**,  
*Kinsale's best trad musician*

Every Tuesday, **Trad Routes**,  
*Traditional Irish music*

Every Wednesday, **Mike O'Riordan**

Every Thursday, **Trad Routes**,  
*Traditional Irish music*

Every Sunday, **Trad Routes**,  
*Traditional Irish music*

**:: Plus these dates for your calendar;**

Friday 17th June: **Crazy Chester**  
*Rocking Kinsale, As Fans of Johnny Cash, Neil Young & Bob Dylan Will Know*

Saturday 18th June: **The Outsiders**  
*4 Piece Rock & Roll Band*

Friday 24th: **Hank Wedel**  
*Singer/Songwriter Performing American Roots*

Saturday 25th: **Kick**  
*Playing All The Classic Rock Hits*

Friday 1st July: **Crazy Chester**



For more details call 021-4772209 [www.seanachaikinsale.com](http://www.seanachaikinsale.com)

**...Now at The Front Lounge**

Watch all the big matches on our **NEW 3D TV** screens.

Pop in today and try them out and experience the world of 3D!!!

# STUDIO BLUE NIGHTCLUB

SHORT QUAY, KINSALE ...CLUBBING WITH STYLE

Kinsale's newest hotspot, Studio Blue Nightclub is a combination of style, elegance and fun over two levels with three bars including cocktail bar, the best DJs, an upstairs heated roof garden and a Bollinger Lounge which can be reserved for private parties. The ultimate place to party in style!



PRE BOOK A TABLE FOR YOU AND YOUR FRIENDS IN THE BOLLINGER LOUNGE  
Katie, our new hostess will help you have a fun filled night and be your hostess for the evening.  
Contact Katie 086-0243410 or email [Katie@studiobluekinsale.com](mailto:Katie@studiobluekinsale.com)

**OPEN EVERY WEEKEND**

**FREE ACCESS** to Studio Blue Every Friday for the month of June

[www.studiobluekinsale.com](http://www.studiobluekinsale.com) [info@studiobluekinsale.com](mailto:info@studiobluekinsale.com)





# KINSALE ARTS WEEK

With a documentary and coverage by Sky Arts HD channel, this summer's Kinsale Arts Week (July 9th to 17th) will have an audience of millions.

The programme for the 2011 festival, which has two primary themes 'The Horse and the Sea', was launched recently at a reception in luxurious Ballinacurra House, and attended by its many patrons, friends and supporters including a special guest, Bosco the horse.

Guest artistic director Gemma Tipton said the festival was taking place in 'the most beautiful place in Ireland' where she and her team had been very busy in recent months lifting the phone to phenomenal artists, all of whom said yes to performing in Kinsale.

Just some of the highlights contained in the excellent 46 page souvenir programme, she said, included headline concerts at Charles Fort with Nouvelle Vague, Waterloo and The Undertones, each with local support bands including West Cork Ukulele Orchestra.

'It has been amazing to see all the talent and ideas come together and I couldn't be happier with it. It's got drama, comedy, fabulous food, the sea, horses, great art, music, poetry, architecture, book launches, theatre, cinema, exhibitions, workshops, food markets, a wine club, family and free live music and street performers. Come and join us in July but book early', said Gemma who specially thanked The White Lady Hotel and other venue providers, the KAW board and Maureen Tierney and family who recently named their 'very promising' racehorse 'Kinsale Arts Week'.

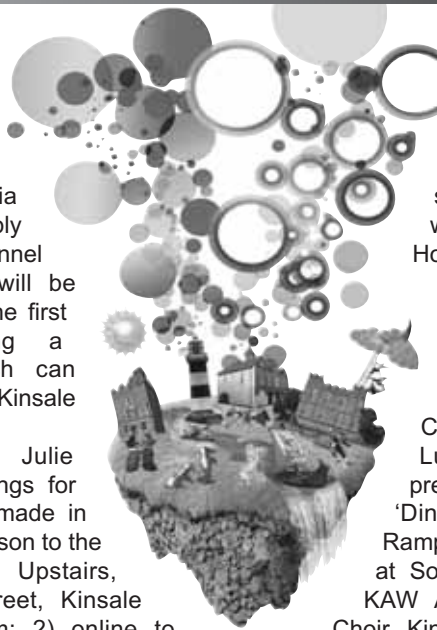
Chairperson of the 7th Kinsale Arts Week (KAW), Mareta Doyle said: 'We're absolutely thrilled. It's our biggest yet and we can't wait to share it with Kinsale, Ireland and the world'.

She thanked hosts Des and Lisa McGahan of Ballinacurra House, private estate for exclusive hire; funding bodies, The Arts Council, Failte Ireland (Hilary Creedon), Cork County Council (Mayor Kevin Murphy, Cllr Alan Coleman and Arts Officer Ian McDonagh), Poetry Ireland and Kinsale Town Council; the festival officers and

board, Londis for the box office, all sponsors, patrons, friends, businesses, volunteers, artistes and audiences as well as media partners, most notably Sky Arts HD TV channel who, she added, will be covering KAW for the first time and making a documentary' which can only be good for Kinsale and West Cork.'

Festival manager Julie Kelleher said bookings for KAW can now be made in three ways: 1) In person to the KAW Box Office, Upstairs, Londis, Pearse Street, Kinsale from 10am to 6pm; 2) online to [www.kinsaleartsweek.com](http://www.kinsaleartsweek.com) where the full line-up of events can be seen or 3) by telephone to 021-4700877.

In conjunction with the festival, there is also an online auction for a villa in the Caribbean and a chalet in Meribel plus KAW Dream Tickets with great prizes



including a super luxury cruise courtesy of Royal Caribbean and Celebrity Cruises.

'Expect the extraordinary' is the slogan of the 2011 KAW at which the theme of 'The Horse and the Sea' will be explored and celebrated in a wide range of events. Among local events and artistes include 'Tin Pan Alley' presented by Billy Crosbie Productions, Friary Lunchtime concerts presented by Ewen Tubridy; 'Dinner at Larry's' by The Rampart Players, free live music at Sounds on the Square, the KAW Arts Trail, Kinsale Youth Choir, Kinsale Poets Night, a Food Trail, readings from the book 'The Ship of Seven Murders' by Alannah Hopkin and Kathy Bunney on board 'Spirit of Kinsale'; launches of the books 'Silent Music' by poet Adam Wyeth and 'Scenic Walks in West Cork' by Damien Enright; a free family Street Day and more.

## Congratulations to Catherine Murphy

from Main Street, Kinsale, who was honoured with a National Award to Volunteers in Irish Sport at a ceremony in Dublin on May 31st last. Catherine was among eleven dedicated volunteers who were presented with their awards by the Minister of State at the Department of Transport, Tourism and Sport, Michael Ring TD, in the Aviva Stadium. Catherine was nominated by Kinsale Ladies GAA for her incredible dedication to the club. She was the founding secretary of Kinsale Ladies Football Club in 2001 and more recently has served as both Treasurer and Registrar. Catherine has been involved with the management of underage teams since the foundation of the club.

In 2008 her U14 team emerged as winners of the Kilamcud Crokes All Ireland Shield Competition. Catherine is also responsible for organising a mixed U14 football competition during Kinsale's Regatta Festival each August. The reality that Kinsale has become one of the biggest and most successful clubs in Cork in its short nine year history is testament to Catherine's diligence and commitment to the club.

Also amongst the award winners was Gerry Fleming, Head Coach of Neilstown Boxing Club who counts Olympic Silver Medalist Kenny Egan amongst the many boxers who have passed through his hands, while the youngest person to receive an award was 24-year old Doireann Ni Mhuiri from Cork, who has been involved in coaching at Blackrock Camogie Club since the tender age of 14. The award winners were selected by a committee chaired by Olympic Gold Medal Winner, Ronnie Delany, alongside representatives from the Federation of Irish Sports, Irish Sports Council, The Irish Times, RTÉ and the Department of Transport, Tourism & Sport. Catherine, a teacher at Belgooly N.S., is an inspirational role model for all those around her, not only does she look after her girl's team but she is also very involved in the running of a Peil Camp at Easter and Summer for boys and girls, and the VHI Cúl Camp. She has also undertaken considerable fundraising for the charity Haven in Haiti. The people of Kinsale are thrilled that the tremendous work of one of their own has been acknowledged in this way. Catherine is a very well-deserved recipient of this prestigious award, we are all very proud of her!



## **KINSALE AND DISTRICT DAY CARE CENTRE PREPARES FOR OPENING**

The building phase of the Kinsale Day Care Centre was completed a number of months ago. It is now about to open and become operational. The purpose of the Centre, which is located on a beautiful site in the grounds of Kinsale Community Hospital, is to provide medical and social supports for the older person. Having availed of the services provided on a daily basis at the Centre, the individual patient will return to the familiarity of their own home environment each evening.

Nothing has been spared in putting this superb facility in place. Great attention to detail and the use of top class materials and fittings are evident in all aspects of the design and construction. Medical research clearly demonstrates the value of Day Care Centres. Studies show that individual well-being is enhanced by enabling people to remain at home as long as possible in dignity and independence but having access to appropriate treatment when required and within a reasonable distance of home. A policy document, "The Years Ahead", produced in 1988, referring to Day Care Centres said that "they provide an important service in the continuum of care necessary for the elderly at home and support for carers".

In Kinsale it is envisaged that the purpose built Centre will cater for 20 people per day, Monday to Friday from 9.00am to 5.00pm. Apart from Kinsale town and surrounding area the catchment for the Centre extends from Roberts Cove to Innishannon and from Ballymartle to the Old Head of Kinsale. Facilities available include access to physiotherapy, a dedicated chiropody clinic, an occupational therapy resource centre and specially fitted relaxation room. The most modern toilet and shower facilities have been installed to cater for those with restricted mobility.

A comfortable room, fitted with recreational and educational facilities leading outside to a patio and landscaped garden, is the focal point. This is adjacent to a dining area which is linked to a well-appointed kitchen. A fully equipped laundry will facilitate personal needs and a hairdressing salon is among the extensive facilities available.

Funding for the project which in total amounted to €1.4 million came from both voluntary and state resources. The voluntary committee who have driven the project wish to acknowledge the HSE which has supported the Centre from the start. While massive constraints exist at the moment the HSE has provided the site, medical and technical advice and assistance with

HSE have been at one in recognising the vital connection that exists between the older person and the community. Respect for the elderly has been a traditional value in Irish society. Today this connection is expressed not just in terms of the financial support for the Day Care Centre but also recognising that by virtue of a lifetime of experience the older person has a range of skills, knowledge and wisdom which they are happy to share. The Centre will strive to provide opportunities for the users to continue to make a valuable contribution.

The Project group wishes to expand the services and facilities at the Centre. Having established the essential elements of the Day Care Centre the intention is to integrate with the local

primary care teams contributing a holistic response to lifelong health care. Of particular interest is the change occurring in the age profile of the population and the need to establish diagnostic programmes and initiate

responses to the phenomenon of living longer. The Project committee's new focus is now on the management, operation and development of the Centre in cooperation with the HSE. Recently the Project group has been fortunate in having Kathy Eddy appointed as Nurse Director of the Centre.

Kinsale Day Care Centre is a pristine state of the art facility anticipating a busy and active involvement with older people in the Kinsale and surrounding area.

John Thuillier, Chairman Project Committee

*An Open Day at the Care Centre was held in beautiful sunshine on Saturday June 11th, we'll have photos and more details in our Autumn Newsletter*



finance. The remainder of the finance and the management of the project has been undertaken by a voluntary group. The group was called together by the Hospital matron and members are drawn from various organisations in the community who have expressed an interest in establishing the Centre.

To bring the project to this stage the organising group has been fortunate in receiving generous support from a number of individuals and various groups in the community. Not alone has a substantial amount of finance been contributed but all the fund raising efforts have been characterised by a tremendous spirit of giving and community support. While the project has reached this successful stage it is appropriate to say that the Centre will continue to require finance to improve facilities, purchase transport, employ staff and develop the resource to its full potential and capacity. From the beginning the Project group and the



**The Trident Hotel was the venue for Kinsale Lions Club celebration of the Twentieth Anniversary of their Charter recently.**

Club President Tony Cierans and the members were joined by District Governor Elect Séan Sandford, and friends from other Lions Clubs.

(L to R)  
Zone Chairman Gerry Desmond (Bantry),  
Club President Cllr. Tony Cierans,  
District Governor Elect Séan Sandford,  
Carrigaline President Séan Duggan,  
Guiding Lion Séan Lawlor, Carrigaline.

### **Kinsale Club Makes Donation**

Members of Kinsale Flower and Garden Club made two significant donations recently to a number of local groups.










The organisation, which meets monthly at St Multose Hall, donated two cheques for €500 to the local Chapter of St Vincent de Paul and Saile Projects.

The money was raised as a result of its recent Gala event held in Acton's Hotel.

JJ Hurley

**Talk to the experts at Crowleys DFK. The local firm with national and international connections.**

Crowleys DFK is a firm of chartered accountants and business advisers. We specialise in advising owner managed businesses and private individuals on areas such as:

-  tax compliance
-  tax retirement planning
-  cashflow management
-  business recovery
-  audit and accounting
-  grant application assistance
-  payroll
-  company secretarial
-  bookkeeping



To find out what **Crowleys DFK** can do for your business, contact our locally based Manager, **Seamus Hayes**, on

**Tel: 021 4272900**

**Mob: 087 9309064**

**Email: [shayes@crowleysdfk.ie](mailto:shayes@crowleysdfk.ie)**

Visit us at [www.crowleysdfk.ie](http://www.crowleysdfk.ie)

## SOVEREIGN'S CUP AT KINSALE YACHT CLUB JUNE 22nd-25th 2011

**Preparations are well underway for The Sovereign's Cup which takes place from June 22nd to 25th 2011, as Kinsale Yacht Club is gearing up to welcome 140 boats and their crews for a fantastic four day sailing and social programme. Kinsale Yacht Club is delighted to announce that MGM Boats, Eli Lilly and Fáilte Ireland have come on board as partners for Sovereign's Week 2011.**

"We are delighted to announce our partners for Sovereign's Cup 2011. MGM Boats has opened a new brokerage office in Kinsale, Eli Lilly is a long-established multi-national and the support of Fáilte Ireland is a great measure of the impact the event has on local tourism," said Gary Horgan, Regatta Director.



Entries are rolling in each week, with both regular competitors and newcomers to the event from all over Ireland and the UK. This year welcomes previous Sovereign's Cup winner, Eamonn Rohan returning to defend his title on his Quarter tonner 'Anchor Challenge'. Also registered is previous Sovereign's Cup winner and team Captain of last year's victorious Rolex Commodore's Cup Team, Anthony O'Leary on his Ker 39 'Antix'.

There is a number of entries in the strong Quarter Ton fleet, including international professional yachtsman, Peter Morton who will race on 'Odd Job' as his wife Louise Morton (and Quarter Ton Class Secretary) will race on 'Espada'. Other Quarter tonners include 'Black Fun' from New Zealand, Neil Kenefick on 'Tiger', Rob Gray on 'Aquila', Ian Travers on 'Bandit' and Ken Lawless on 'Supernova', to name but a few.

According to Regatta Director, Gary Horgan, "As well as the excellent sailing conditions, race management and social programme ashore, we are encouraging sailors and guests to start thinking about their travel and accommodation plans. We are delighted that the Cork Swansea ferry will enable more sailors to access Kinsale easily from the UK and Fáilte Ireland's website [www.discoverireland.ie/cork](http://www.discoverireland.ie/cork) is an excellent vehicle for checking out accommodation in Kinsale and surrounding areas," he added.

The social programme is based around providing a fun atmosphere after racing for people to enjoy and later in the evenings there will be some great music for a top party atmosphere. The event kicks off with a launch reception at Kinsale Yacht Club on Tuesday 21st June and the week will draw to a close following the prizegiving on Saturday 25th June with a Bar-B-Q and musical entertainment.

The Sovereign's Cup was established in 1995 and has been a very successful and hugely popular cruiser regatta. The biennial event attracts over 140 boats from all over Ireland and the UK who compete for the prestigious Sovereign's Cup for best all round score in IRC and The Portcullis Trophy for best ECHO handicap.

There are many Classes for entry; including Class 0, 1, 2, 3, 4 and two White Sails classes. Also, the Quarter Ton Class Championships will be taking place during the Sovereign's Cup, bringing many new visitors to Kinsale from the South of England and Wales in particular.

For more information on The Sovereign's Cup, contact Kinsale Yacht Club on (021) 4773433 [www.kyc.ie](http://www.kyc.ie) or [www.sovereignscup.com](http://www.sovereignscup.com)



**-KYC flag officers with Sovereign's Cup: Tony Kingston, Cameron Good, Vice Commodore KYC, Bobby Nash. Foreground, Gary Horgan, Regatta Director and Alice Kingston, Commodore KYC.**

### 2011 SCIATH NA SCOL WINNERS!!



### 2011 SCIATH NA SCOL WINNERS!

Well done to the girls of 5th and 6th class of Belgooly N.S. who reached the Sciath na Scol camogie final for the first time in five years. They played Gaelscoil Ghort Álainn, Mayfield, on June 9th last in Páirc Uí Rinn.

The girls won the game 6 goals to Gaelscoil Ghort Alainn's 3 points. At half time it was level 1 goal to 3pts. There were great performances from everyone on the team. Goals came from Aoife Butler, Gabrielle O'Donovan, Sharon O'Leary and Alana Landers. Siobhan O'Riordan in goal was outstanding and made spectacular saves. The supporters roared the team on during the game giving great encouragement. Captains Sharon O'Leary and Emily Chedhomme collected the trophies on behalf of the delighted team.

Belgooly had tough games on the way to the final. In total they played six games where every girl on the team played her part. They met schools from Castletyons, Glenville, Rathduff, Killeagh, Glounthane and Mayfield. Congratulations to everyone involved.

# Insurance, at the click of a mouse...



## ...in Kinsale

**N**ot satisfied with simply opening through lunchtime for his customers' benefit, Padraig Fitzgerald of PJFitzgerald Insurance, Kinsale, has gone one step further and just announced a great new development on his website where you can now purchase travel & pet insurance from the comfort of your own home & print off your own insurance documents!

With "Quote & Buy Online", a new and first of its kind in Kinsale, you are able to get instant quotes for pet, travel and now professional indemnity insurance, for any of the major professions such as accountants, architects, surveyors, solicitors, engineers, IT or computer consultants, from a leading UK professional indemnity insurance underwriter, in which all insurance premiums are shown. Whether you already hold Professional Indemnity Insurance or are looking to protect your practice for the first time, you will be able to obtain competitive quotes from all the leading Professional Indemnity providers.

This exciting new development means that anyone who has access to the internet can now buy their professional indemnity insurance online with the minimum of fuss, and as well as



Padraig Fitzgerald

that they can be rest assured of top back-up service from PJ Fitzgerald Insurance. To add to this Padraig has now secured over 60 insurance agencies, offering the widest choice of insurance cover and premiums in the region, backed up by local friendly, professional and personal service.

Padraig has teamed up with a leading underwriter & has direct access to their "underwriting platform" system which enables Padraig & his team to offer instant online competitive quotes for home insurance, public & employers liability insurance for all tradesmen & shops, self build insurance, etc. Insurance cover and policy documents are printed off in our office there & then, no waiting! Credit card/laser cards welcome.

With Padraig's involvement with Fair-Trade and setting up the Kinsale Peace Project, he is aware of insurance needs of the many voluntary & charity groups he comes in contact with regularly. With this in mind he has set up very competitive new schemes for this particular sector with a leading Charities/Care insurance sector, for nursing homes, hospices, supported living/crèches/national & secondary schools/third level colleges /animal hospitals /youth clubs /amateur sports clubs /local halls/amateur theatre /dance & drama studios etc.

He is particularly delighted to have organised insurance cover for the new purpose built Kinsale Day Care Centre, adjacent to Kinsale Community Hospital, a tremendous facility to have for the people of Kinsale.

Padraig also offers an independent life assurance, prsa and investment advice .to enable you the customer, get the best possible Independent advice and, unlike the banks, Padraig will offer over 6 different quotes from 6 different life assurance & pension companies, by using a new software system in which he

will print out a full report for you & give you a simple clearly laid out sample of quotes, which is easily understood. To add to this Padraig underwrites the policy for you on his online life assurance underwriting system, which speeds up the process of getting a life assurance or pension in force. It saves on time and money. all these savings are passed onto you the customer.

Padraig has also launched a brand new economic life assurance cover for women and for families. Starting from €11.63 per month for €250,000 life assurance cover for 25 yrs based on a female age 25yrs non smoker. This new and exciting development puts a new dimension on bringing about a new positive way of doing business, appointment necessary.

Padraig is also delighted to announce a brand new home & guesthouse insurance cost effective insurance scheme. Please contact the office by email on [pjinsurance@eircom.net](mailto:pjinsurance@eircom.net) for further details.

Padraig is delighted to bring the people of the Kinsale region, new and exciting insurance developments at affordable prices. You can email Padraig Fitzgerald, managing director on: [Padraig@pjfitzgerald.ie](mailto:Padraig@pjfitzgerald.ie) or Mairead O'Donovan CIP, who worked previously with Aviva Insurance, Cork, for over 7 years: [mairead@pjfitzgerald.ie](mailto:mairead@pjfitzgerald.ie) or Anne Jordan, who worked with Marsh Ireland with over 30 yrs experience in the insurance industry: [anne@pjfitzgerald.ie](mailto:anne@pjfitzgerald.ie)

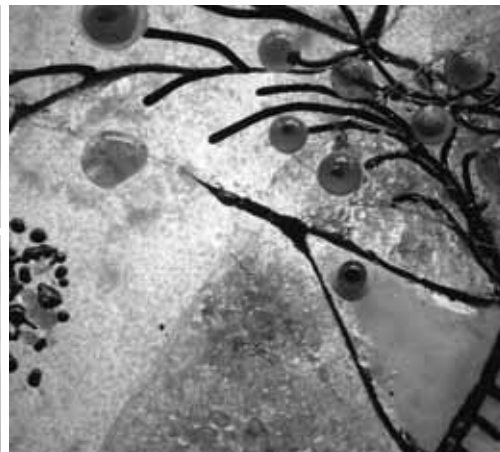
To find out the latest about this and other great offers & services check out Padraig's website:

**[www.pjfitzgeraldinsurance.com](http://www.pjfitzgeraldinsurance.com)**  
or contact PJFitzgerald Insurance, Pearse Street, Kinsale, on 021 4772001 or 021 4772332

And don't forget they are open through lunch, Monday to Friday, 9am-5.15pm.

## Cork Gets Crafty!

The Programme of exciting events for Cork Craft Month August 2011 is now finalised and what a programme it is! It includes a main programme of BIG events plus a myriad of locally organised craft happenings where collectors and creatives alike can experience Cork Craft at work! Events are county-wide but there's lots happening in the Kinsale area to whet the craft appetite. Look out for the craft exhibition at The Mill right in the centre of town which is running every day from August 3rd to 14th. Just follow the signs from the quay. Later in the month don't miss the Craft Fair at The Mill where every conceivable type of craft will be on sale. Dates for that are August 27th and 28th. Or head out of town to The Kinsale Pottery and Arts where you can feast the eye on the latest high-drama Frances Lambe Ceramics or learn to throw a pot yourself at one of the many classes on offer throughout the month. Make your way to Summercove to Hilary Hale's wonderful studio cum gallery so she can show you her wonderful wooden objects. Better still invent your own craft trail by choosing



5 or 6 local open studios and exhibitions to visit on nice warm August days. Remember to treat yourself to at least one nice memento!

Remember – Cork Craft Month is county-wide so wherever you are in Cork this August there's a craft event near you!

**For more details see: [www.corkartdesign.com](http://www.corkartdesign.com)**

**Email: [admin@corkartdesign.com](mailto:admin@corkartdesign.com)**

**Become our friend at [www.facebook.com/corkartdesign](http://www.facebook.com/corkartdesign)**

**Follow the lively craft goings-on on Twitter [@corkartdesign](https://twitter.com/corkartdesign)**

## KINSALE REGATTA ROAD RACE - FRIDAY JULY 29th

The annual Kinsale Regatta 5 Mile Road Race takes place on Friday evening, July 29th at 7.30p.m. sharp. This year, Belgooly Athletic Club has chosen the Kinsale Branch of the Irish Disabled Sailing Association to benefit from 50% of the entry fee. The I.D.S.A. caters for children from the age of 7 years onwards who have any physical disability. The group train every Saturday from June to October and have approximately thirty members to their credit. The race is open to all athletes, joggers, fun runners and walkers. The usual list of prizes will be on offer to include seniors, masters and juniors. Kinsale G.A.A. Club have once again offered their grounds for the use of taking entries and providing showers after the race. Entries will be taken at the grounds until 7.45p.m. and entry fee is €10.00. Presentation of prizes and refreshments will be held in the Temperance Hall. The race has once again been kindly sponsored by Tobin Paving Services. Further details from Rose at 086-8411193.

Pictured below at the reception for the victorious Kinsale Community School Hurling team are from left to right: Principal Seán O'Broin, Cllr. Kevin Murphy, Mayor of Cork, Mr. Tony Lane, Chairperson of Kinsale Harbour Board, Colm Daly, captain of the team and Cllr. Michael Frawley, Mayor of Kinsale, with the Cork, Munster and All-Ireland Cups which the senior team won.



## SCHOOL'S NEARLY OVER! UNIFORMS AND ROUTINE WILL SOON BE PACKED AWAY FOR SUMMER. NOW IS THE TIME TO FIND ADVENTURE AT KINSALE OUTDOOR EDUCATION CENTRE!

Courses are available for children from age 6 upwards, for teenagers and also for adults. Young pirates course for 6-8 year olds, for instance run for 5 days through July and August. Activities include kayaking, canoeing, archery, body boarding, as well as lots of games and crafts. Adventure Expedition courses for the 16 to 18 age group include camp craft and an overnight canoeing trip down the Bandon River as well as sailing and rock climbing.

For sailing or powerboating enthusiasts, you can join in on one of the many courses available at beginner or higher levels. All of these courses are Irish Sailing Association and Royal Yachting Association approved. You can sail on the new Topper Omega dinghy, Wayfares, Toppers and Vision or learn the ropes on the the bigger Squib keel boats.

If you would like to give it a go, Family Time is available for family groups of 2 adults and up to 3 children for short taster evening sessions. These sessions can be in sailing, Kayaking, canoeing or land based activities such as archery, abseiling, orienteering and so on.

Kinsale OEC is heavily involved in the yearly Kinsale Regatta which runs over the August Bank Holiday weekend. Kayaking and canoeing races are run in Sandycove on Saturday and on Monday the water carnival includes raft racing and novelty races at the main pier in Kinsale. Come along and join in the fun. [www.kinsaleoutdoors.com](http://www.kinsaleoutdoors.com)





# Kinsale Pottery Summer 2011

## ONE-DAY COURSES:

- August 1st: Mosaics using tesserae with Colette O'Brien (€75)
- Sept 11th: Silver sculpted jewellery using PMC with Michael Ray (€95 inc 20g silver clay)

## SUMMER ARTS AND CRAFTS:

- Childrens Summer Camps:  
July 18th-22nd, Aug 8th-12th 9.30am-3.30pm for 5-12 year olds €150.  
Half days €100. Sibling discounts €130/€80
- Pottery Summer Schools:  
Introduction to Ceramics, July 25th-29th, Aug 15-19th (€395)  
Pottery for Teachers & business start-ups, June 24th-27th (€280)

## JUST DROP IN:

- 3-hour Jewellery-Making Taster Session, 2pm-5pm July 3rd
- 2-5pm Glass Fusing with Michael Ray, August 21st
- Pottery: Aug 9th 6.45pm-9.45pm, Aug 13th & 20th 2pm-5pm

€30 per person and get a €30 discount voucher when you come, redeemable against a full term-time course or weekend



**For enquiries, or to book, call Adrian Wistreich on 087 9696901  
Full details at [www.kinsaleceramics.com](http://www.kinsaleceramics.com)**

## KINSALE POINT TO POINT 2011

It was another resounding success for the Kinsale Point to Point this year as record numbers turned out to enjoy the two day international racing festival at Farrangalway.

Scores of glamorous gals vied for the title of Best Dressed this year. First prize – a Thomas Sabo watch presented by Tim Keane of Michel Jewellers – went to a stylishly dressed Geraldine Walsh of Kinsale.

Celestine McCoy of Hattitude will make a custom designed hat for Nipaporn Senakarn from Carrigaline who won Best Headpiece.

Kinsale's own Anne Gavin of the White Lady Hotel also dazzled the judges, winning the title of Kinsale Chic for her cream ensemble, perfectly accessorised by her mini-

me gorgeous daughters Presley and Dionne.

The men weren't left out either with John Kingston from Clonakilty winning a four ball at the Old Head Golf Links, recently voted the Most Spectacular Course on the Planet.

Karwig Wines sponsored the Best Dressed Couple which went to Joanne Desmond and Paul O'Donoghue from Riverstick.

Minister for Agriculture, Simon Coveney TD, was there with his family enjoying the spectacle and presented several prizes from local businesses, and importantly the Jack Tyner Memorial Cup sponsored by the South Union Hunt.

The festival is becoming a racing fixture with a real fashion focus as the South Union Hunt makes this a date not to be missed on the Cork Social Calendar.



Winner of the Best Dressed Lady event, Geraldine Walsh from Kinsale, is presented with a beautiful watch by Tim Keane of Michel's Jewellers at the Kinsale Point to Point. Pic: Diane Cusack

# IF YOU GO DOWN TO THE WOODS TODAY, YOU'RE IN FOR A NICE SURPRISE...

New Garrettstown waymarked trail will become huge amenity.

A family fun day held on Easter Monday, celebrated the official opening of what is set to become 'a huge amenity' not just for Courceys Country but for all of West Cork, the Ballinspittle-Garrettstown Woods Waymarked Trails. The opening was organised by Courceys Integrated Rural Development Association who have developed the 1.5 and 5.2 kilometre circuit national trails in association with Coillte, both starting and finishing across the road from Kilmore estate near Ballinspittle village.

World coastal rowing champion John Keohane performed the official opening with entertainment from Comhaltas Ceoiltoiri Eireann, and a unique 'oar versus hurley' sporting challenge featuring teams led by John Keohane of Kilmaccsimon Rowing Club and Suremen GAA Skills Challenge champion Vincent Hurley of Courcey Rovers. Following the official opening, there was an opportunity for children to walk the nature trail and adults to hear about its many interesting historical landmarks from Raymond White. Committee member Mary McCarthy recalled how, arising out of a discussion at a parish forum organised by the rural development association, it became apparent that hundreds of acres of local woodland were not utilized nor were many people aware of its amenity value. A small committee was formed to establish waymarked routes which met with a very positive response from Mary O'Brien of Coillte who furnished the requirements and a costing of €5,000 after which she, along with the committee local historian Raymond White and walked the route to identify important

historical points of interest such as a deer walls, spa wells and remains of a mansion house and rabbit warren.

'A fund raising walk held last June raised €4,700', said Mary who thanked everyone who supported the project to date and stressed that it was not only for the benefit of the people of Ballinspittle but for a huge area beyond to enjoy for free.



Attending the launch of Ballinspittle/Garrettstown Wood Walk recently opened are seated: Mary O'Brien, Coillte, Harbour Commissioner Neillie Collins, Bandon Mayor Margaret Murphy-McCarthy and Igan Gillen, Chairmen Courceys Rural Development with members of the Walk Development Committee.

Ballinspittle, with three new retail outlets opened in the past 12 months, was thriving, she said and predicted that the woodland trail, less than an hour from the city, would become a huge amenity and tourism attraction. It could be also used for 5K runs, Hallowe'en and other fun and fund raising events, all of which would boost the local economy. A fascinating brief history of the woodland was given by Raymond White. It once comprised 1,865 acres but only 15 of these were planted, mainly around the big house. No more trees were planted at Kilmore until 1750 when the Kearneys, who had earlier

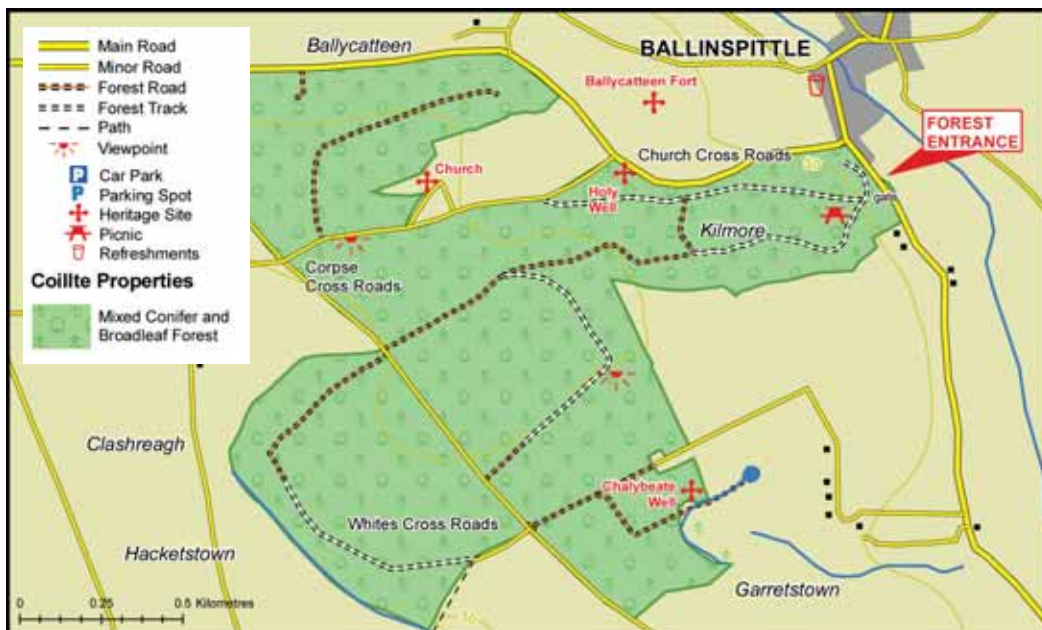
displaced the Cores (many with the name Garrett), were owners. By 1844, shortly after the Franks became its last owners, there were 40 dwellings in the wood. After the estate was divided in the early 1950s, the Dept of Forestry planted 512 acres, mainly conifers covering a wide variety of flora and fauna. From elevated ground along the new Coillte national waymarked trails, there were excellent views of Garrettstown beach, the Old Head of Kinsale and much more.

Mayor of Cork County, Kevin Murphy, Kinsale said the new amenity was for everyone's enjoyment offering healthy exercise, was a most worthwhile project and springtime was the ideal time for its opening. Mayor of Bandon, Margaret Murphy-O'Mahony said she was felt honoured to be associated with 'a fantastic amenity' which was ideal at a time of great stress. It didn't happen by magic so great credit was due to the development committee 'God bless all who walk in it', she added. Bandon town councillor Gillian Coughlan was also in attendance.

Michael McCarthy TD, Dunmanway, said the project was a fine example of a local community putting a structure in place for visitors and local alike and for developing the potential of West Cork's finest resource, tourism, which in turn would boost spending in the area.

Tony Lane, chairman of Kinsale Harbour Commissioners and a keen walker, expressed his delight and in also paying tribute to the committee, welcomed the fact that historical facts were recorded because this was important. It was fantastic in recessionary times and with so much negative talk to see local people getting together and doing something positive to develop such a marvellous amenity in a seaside resort with a fine tourism tradition and he also praised Coillte for its 100% support. Looking forward to 'walking the walk' he added: 'we have it all in West Cork, let's use it'.

Guests, who included Mary O'Brien of Coillte, Fr Tom Kelleher PP and Canon David Williams, Kinsale, were welcomed by development committee chairman Igan Gillan who acknowledged the great support of various groups in what was 'a fantastic community' and thanked hosts Jimmy and Mary McCarthy and staff of The Blue Horizon who provided refreshments. Other officers of Courceys Rural Development Committee include JJ Hayes, vice chairman; Carthach McCarthy, secretary; Ray Martin, treasurer and Noreen Quinn, PRO.



## VIEW OF THE FUTURE: WEST CORK IN 2030

A workshop on the future of West Cork took place on Thursday May 18th at the Trident Hotel Kinsale. Facilitated by world renowned community and economic development experts David Beurle and Juliet Fox, of Future IQ Partners, the workshops marked the beginning of an ambitious project designed to stimulate a region-wide discussion about the future of West Cork.

A broad spectrum of people including business owners, politicians and secondary school students took part. The attendees were split into groups for a future game. They were given a series of decisions to make and then shown the result each decision would have on West Cork for the long term future, based on drivers in the globe and in the region. They engaged in dialogue about what those possibilities are and how action and inaction might play out. People got an idea of what kind of choices they could make in the region in order to help it develop as economically, socially and environmentally sustainable, dynamic and prosperous region.

Future West Cork is a local initiative started by Ian Dempsey and Lisa Cashman of West Cork Development Partnership in Clonakilty. 'A lot of regions around the world are in an interesting transitional point. There's a lot of change and flux happening and it's an ideal time for a regional community to pull together to shape the kind of future they want', said David Beurle. 'The initiative is about allowing the voices of the people of West Cork come together in a structured and intelligent dialogue about what sort of future people aspire to have for the region in 5, 10, 20 years, looking beyond the current crisis and saying "where do we want to end up"?'.

One of the interesting things that came out of the meetings with stakeholders in different towns was that the people of West Cork strongly value their natural heritage and landscape and want that to be preserved and protected in the future.

The next phase of the project will entail more face-to-face conversations in a series of targeted workshops to make sure that each demographic gets to understand what it's about and has their say. These workshops will be run, not only by Juliet and David but also by community champions who are trained facilitators in how to talk about scenario thinking and how to engage their own communities and organisations in thinking about the future in a different way and start taking action in a collaborative way toward a common vision. 'One of the things we've seen in our work around the world', said Juliet, 'is that the more people are on the same page heading towards a common vision, the more power they have in what that vision can become.'

Discussion will also move online to enable young people to engage in way that they are used to communicating. An important part of the initiative is getting young people to have their say. Developing a critical mass of popular consensus in West Cork is vital in terms of realising goals and in order for that to be achieved there must be real and significant engagement from the people of West Cork which has population of around 108,000.

"On a global and a timeline scale this is a rare opportunity", said David, 'and we applaud and congratulate the community of West Cork and the West Cork Development Partnership for having the foresight, the vision and the courage to start this kind of conversation. I think the citizenry should take every opportunity that this provides and step up and have their voice be part of it because everybody's voice counts.'

For more information on Future West Cork, please visit [www.futurewestcork.com](http://www.futurewestcork.com)

Niamh Prior



## Fred Treacy unanimously elected Mayor of Kinsale

REVIVAL of the St Patrick's Day parade is one of the aims of Cllr Fred Treacy (Fine Gael) who was unanimously elected Mayor of Kinsale at the annual meeting of the town council. Cllr Billy Lynch (Independent) is deputy mayor and tributes were paid to outgoing Mayor Michael Frawley (Fianna Fail).

Cllr Treacy, who was proposed by Cllr Darren Cotter (FF), seconded by Cllr Dermot Collins (FG), said it was a great honour and he thanked fellow members and the people of Kinsale who elected and put their trust in him in 2003 and 2008 and paid tribute to his predecessors Cllrs Tomas O'Brien (Labour) and Frawley for setting high standards.

Aged 61 and previously mayor in 2006-07, Cllr Treacy is a member of Dunderrow Community Alert, Kinsale Lions Club, Kinsale Healthy Options Project, the Regatta Festival and St Multose's Church Choir. He played hockey for Ireland, Munster, Cork Church of Ireland and Bandon and is a correspondent for the sport. A retired insurance risk management surveyor, he and his wife Irene reside at Tisaxonbeg, Kinsale. They have a daughter Nicola and son Mark (married to Roisin) and grandson Darragh.

'There are a lot of challenges facing Kinsale such as housing, parking, general care of the environment and attracting new businesses and industries but if we show leadership and work together, we can bring the people with us', said the new mayor who also stated that he looked forward to the effective working of the new Joint Policing Committee and would press for the return of district court sittings to Kinsale, more support for the Tidy Towns committee and re-establishment of St Patrick's Day parade.

'As a council, I realise there is only so much we can do but with the support of the people we can achieve things. However, it is important that we listen to, consider and respect all views and get all sections of the community working together in a common focus and accepting that there are problems to be addressed,' Mayor Treacy added.

Cllr Lynch was unanimously elected deputy mayor on a proposal by Cllr O'Brien, seconded by Cllr Cotter.

Congratulations and best wishes were extended to the new mayor. Cllr Collins said Cllr Treacy was very capable and well liked while Cllr Lynch was honest, direct and open and very well known with deep roots in the town, so Kinsale TC had a good team at the helm. Cllr O'Brien said his neighbour and friend Cllr Treacy did a lot of good work on a voluntary basis in the community.

Cllr Lynch said Cllr Treacy was cool, calm and collected for a role that was now much more demanding and difficult. He and all other members supported the call for revival of the St Patrick's Day parade last held when he (Cllr Lynch) was mayor in 2003-04 especially now that the main drainage scheme was completed. Cllr Alan Clayton (Green) said it was important to have people of experience in office to learn from, adding that people didn't realise how difficult it was for councillors to get things changed.

Cllr Frawley thanked fellow members, officials and the Press for their support in his year as mayor during which he got married. He said it was a real eye-opener, very educational and great fun. Tributes were paid to the outgoing mayor for bringing energy to the office in his unique way. Cllr Noel Harrington (Sinn Fein) said he did 'a fantastic job'.

Cllr Lynch welcomed Cllr Cotter as fellow delegate to the Association of Municipal Authorities of Ireland (AMAI). He replaces Cllr Collins, a former president of the AMAI.

A barbecue reception for Mayor Treacy took place after the annual meeting in Michael and Rose Frawley's White House.

Photo:  
John Allen



Pic: John Alen

## **TASTEFEST CORK SHOWCASES BEST OF CORK'S RESTAURANTS AND LOCAL PRODUCERS**

**Details have been announced of TasteFest - Cork's latest Festival of food, drink and culture - taking place over four days in Fitzgerald Park, Cork, from June 23rd to 26th.**

This is a unique event, bringing together the very best in food, wine, beverage and Irish culture. The Festival will provide Cork foodies and visitors with an opportunity to experience the wide diversity that is on offer from indigenous suppliers combined with the best of both Irish and International Cuisine.

The launch reception was attended by guests of honour The Lord Mayor of Cork, Cllr Michael O'Connell and his wife Catherine. Celebrity chef, Rachel Allen was joined by chefs of many of the restaurants and exhibitors participating in TasteFest Cork.

According to Ernest Cantillon of Electric Restaurant & Bar, one of the main organisers of the festival and hosts of the launch, "There has been a lot of talk around Cork over the past

couple of years about establishing a high quality, reasonably priced food event in the City, to encourage people to eat out more often and to provide an enjoyable social gathering for those who enjoy quality food and wine".

"TasteFest gives over 15 of Cork's top quality restaurants a unique opportunity to expand their client base in the most effective way possible; by allowing new customers to sample their signature dishes in a convivial atmosphere."

TasteFest Cork will also provide a rare opportunity for food and wine establishments, suppliers of food and beverages as well as retail brands, cookery schools, artists and

entertainers to promote their products to a captive audience.

There will also be a number of cookery demonstrations from leading celebrity chefs such as Rachel Allen, Conrad Gallagher and Andrew Rudd, as well as chefs from many of the leading Cork restaurants participating.

The event takes place in the beautiful surroundings of Fitzgerald Park, where a selection of musicians and performers will make a visit to TasteFest a memorable occasion.

TasteFest is supported by Fáilte Ireland and Bord Bia and by the Irish Examiner and Cork's 96FM as media partners. Fáilte Ireland is promoting its 'Place on

a Plate' program which gives visitors a sense of where they are through the food they eat.

Tickets for TasteFest are available from as little as €10 for advance bookings on [www.tastefest.ie](http://www.tastefest.ie)



23<sup>rd</sup> - 26<sup>th</sup> June 2011, Fitzgerald Park, Cork

### **WIN TICKETS TO TASTEFEST CORK!!!**

**We have 5 pairs of tickets to give away to lucky readers... All you have to do is answer this question:**

**Q: WHERE IS TASTEFEST CORK TAKING PLACE?**

**Replies on a postcard please to Kinsale Newsletter, Emmet Place, Kinsale,**

**by 12 Midday, Tuesday 21st June 2011. Please include name, address and contact number.**

### **Presentation to Kinsale Meals on Wheels**

The sixth year LCA class of Kinsale Community School, decided to organise a Twister Ice Cream day for the Kinsale Meals on Wheels, on May 19th 2011, having researched the charity through their studies earlier in the year.

Each student had a task to do, to ensure the smooth running of the event. Margaret and Laura went to Musgraves to purchase the ice creams, Deirdre and Aisling put up posters around the school, Adam made announcements on the intercom informing students. Gearoid priced the ice-creams from Musgraves. John and Margaret approached local businesses to see if they would support. All students sold the ice creams at lunch time on Thursday May 19th and again on Tuesday May 24th. Aisling and Deirdre went to the bank to exchange the coins for a cheque.



Gearoid presented the cheque for €251.21 to Mary Evans of Kinsale Meals on Wheels on Friday May 27th. The students were delighted to support such a worth while cause and hope to get involved in some capacity in the future.



Congratulations to the 6th class boys of Belgooly N.S. who won the Carraigdhoun Roinn A hurling blitz for the second year running recently in Brinny, beating Minane Bridge in the final 3-4 to 3-0. They beat Shanbally and Innishannon en route to the final.



Pictured also is Jack Ryan who was selected to play on the Cork primary game football team as goalkeeper. He played during half time at the Cork V Waterford Munster football semi-final on June 5th. Well done to all!

*Now @ The White Lady Hotel*

# The Powder Room



Tel: 021 4772737

[www.whiteladyhotelkinsale.ie](http://www.whiteladyhotelkinsale.ie)

The powder room is a new room at our hotel exclusively for hen parties. Catering for all the ladies, the powder room is a perfect place to meet, chat, have a glass of champagne or raise the roof!! Our packages now include new great extras from our highly qualified and professional hair and beauty team. Our team will work their magic on the special girl or the entire party at the Powder room. Choose the perfect package on our website and enjoy the comforts of the powder room and look gorgeous for that big night out. This unique room blends comfort with vitality and in doing so tops off another great Hen Party at The White Lady.

Are you looking for the perfect all in one package for your bride's hen party? At the White Lady we have everything you need to have the perfect Hen Party in Kinsale.

We offer a wide variety of party packages, including activities such as salsa dancing, equestrian lessons, make up and hair lessons, pottery classes, cocktail classes and of course, delectable meal options, fun nights out at the lively bars of Kinsale and classy champagne filled nights in the White Lady Night Club. All of our packages are tailor made to ensure you have a special, memorable and more importantly, fun filled hen party weekend.

## The Old Head Golf Links is ranked the No. 1 Most Spectacular Course in the World

Links Magazine recently featured The Old Head, Kinsale, on its cover as "The Most Spectacular Golf Course on the Planet" – ranked in front of such notables as Cypress Point (#2), Pebble Beach (#5) and Pinnacle Point (#8) – thus giving testimony to the prophesy made by Joe Carr (3-times British Amateur Champion and Captain of the R & A) in the late 1980s when he first laid eyes on this special place... He told the owner brothers, John and Patrick O'Connor that the golf course had the potential to become the "Eight Wonder of the golfing World".

In July 1999, a very famous "six-ball" turned up to play on the new course that had the golf world talking. The "six-ball" in question was made up of multiple Major winners – the late Payne Stewart, Tiger Woods, Mark O'Meara, Lee Jansen, Stewart Appleby and David Duval.



They enthused about the whole experience – the antiquity of the site, the stunning 360° vista of cliffs and ocean, the abundance of flora and fauna - and they predicted that one day the Old Head would become a golfing Mecca and a "must play" destination for all discerning golfers from around the world. They were right!!

Since that far-off day in 1999, the O'Connor's have continued to pour energy and resources into the venture. In 2008, 15 luxury suites and a spa were added to the property and year after year ongoing enhancements are made to the golf course.

Old Head currently has an International Membership of over 350 from all five continents and in addition to members' play; a limited amount of outside play is invited each day.

## First Holy Communion



Ellen Farrissey, Ballyregan, Kinsale, pictured on her First Holy Communion on May 14th 2011.

Ellen is pictured with her little sister Lauren.

## FUTURE LOOKS BRIGHT FOR KINSALE UNDERAGE AFC

Three teams from Kinsale AFC competed in the Cork Cup during the June Bank Holiday weekend, two teams in the U8 section and one in the U9. The U8 team, coached by Stephen Daly, competed for the first time in the Cup. They performed very well on the Saturday winning 3, drawing 1 and losing 1 match. The other team competing in the U8 section was the Kinsale U7 team coached by Thomas Soderland and Nora Desmond. Considering that the U7s were playing in an U8 competition, they performed very well and the experience should be of great benefit for next year's competition.

The U9s, who were defending champions, finished joint second in their league with Woodlawn from Dublin, who eventually went through to the Cork Cup having conceded one goal less than Kinsale. Both finalists came from the same group as Kinsale, with Woodlawn beating Wilton in the Cork Cup Final.

Kinsale went into the Cork Challenge Cup semi final against WFTA from Dublin. This was a hard fought battle and ended up in a scoreless draw which was eventually decided on a penalty shoot out. Kinsale scored their first 3 penalties (Luke Desmond, Tom O'Connell and Harry Sheehan) and the Kinsale Goalkeeper (Conor McCarthy) saved two penalties which saw Kinsale through to the final.



The final against Springfield Ramblers from Cobh was a very exciting match. Kinsale took the lead in the first half from a fantastic long range shot from Brian O'Neill which caught the Springfield keeper off the line. Springfield piled on the pressure in the second half; however Kinsale defended gallantly with numerous outstanding saves from man of the match, Conor McCarthy.

Every one of the 13 players for Kinsale performed exceptionally well over the weekend and they showed great heart and commitment to win the Cork Challenge Cup. They are already looking forward to next year.

Kinsale Players: Jack O'Callaghan, Luke Desmond, Harry McCarthy, Sean Lawton, Conor Power, Tom O'Connell, Harry Sheehan, Brian O'Neill, Ryan O Donoghue, Jack Eddy, Conor McCarthy, Sean Rua O'Donoghue, Christian Hammerich.

## BUNRATTY MANOR HOTEL HAS THE RECIPE FOR SUCCESS AT THE NATIONAL CHOWDER COOK OFF

**Bunratty Manor Hotel was crowned National Chowder Champion 2011 at the National Chowder Cook Off which took place in Kinsale on Sunday 22nd May.**

Over 600 people descended on Actons Hotel in Kinsale for the first ever National Chowder Cook Off contest. The competitors, made up of chefs, fishermen and commercial chowder producers travelled from around the country, with one contestant coming from as far as Newport, Rhode Island, Kinsale's twin town, to participate in the event. However, it was Bunratty Manor Hotel in Clare who wowed the public's palate. Head Chef Paddy Collins, from Bunratty, attributed his success to his special ingredient of smoked fish in the base when making the chowder.

Noel Wallace, owner of Bunratty Manor Hotel said "We're absolutely delighted to win. It was a fantastic day; we are thrilled to have been involved and to have done so well against some other fantastic competitors in Kinsale, the home of good food".

The Cook Off was followed by the highly anticipated Celebrity Seafood Cook Off. Top Irish chefs Martin Shanahan of Fishy Fishy Café and RTE's 'Martin's Still Mad About Fish'; and Paul Flynn, of The Tannery Restaurant and winner of the Egon Ronay Chef of the Year were joined by top American Fox TV Chef Kevin Gaudreau for this fun filled cooking demonstration. The mouth-watering aromas, witty banter and delicious food made for a hugely entertaining and captivating event.

Chairman of Kinsale Chamber of Tourism Hal McElroy said "The Cook Off was a resounding success. Tourists from Europe, America and beyond came in their droves as well as locals and visitors from all over the country. We are delighted with the response from both the public and the chefs who took part and I would like to thank them all for making the trip to Kinsale, in particular Kevin Gaudreau who travelled all the way from Newport Rhode Island! I would also like to congratulate Bunratty Manor Hotel on being crowned National Chowder Champion and we look forward to an even bigger event in 2012!" Other special guests on the day included renowned broadcaster Derek Davis who acted as MC for the event and Mayor of Kinsale, Michael Frawley.

Bunratty Manor Hotel also received a customised trophy and an all-inclusive package stay in Kinsale for the 35th Bollinger Kinsale Gourmet Food Festival 2011. Not only that but they will also go forward to the Newport, Rhode Island, Great Chowder Cook Off in June 2012.

For more information on the National Chowder Cook Off and the 35th Bollinger Kinsale Gourmet Food Festival, which takes place in October, visit [www.kinsale.ie](http://www.kinsale.ie) or [www.kinsalorestaurants.com](http://www.kinsalorestaurants.com)



Photographs by kind courtesy Nelius Buckley Photography 021 477 4440.

# FATMAN TO IRONMAN

David Fitzsimons

It would be easy to say that this journey started 14 months ago when I first hit the submit button on my on-line registration, one Saturday afternoon. I had already signed up for my first full Marathon (Sydney Sept 2010) and my first Half-Ironman (1.9k/90k/21.1k Shepparton Nov 2010). Could I complete the triathlon with my first Ironman in the same 12 month period? I did not know if I could complete any of them to be honest. The journey actually started a long time before. Not only have I lost over 40Kg, peaking at 20 stone (127kg) and a 42" waist, I was always the "fat kid", last picked on the football team, eating became a past time. I just never had the discipline.

One Sunday morning I remember sitting in my sun room and seeing one of my neighbours go jogging past. This was part of his routine, an easy Sunday morning jog 4-5 miles. He asked me to join him one day; I laughed. But one day I just decided to go out for a run, no heart rate monitor, no skins, no fancy running shoes and certainly no GPS. I don't think I even made it a mile, but it was the first time I "went for a run" (now I would call it a jog). It took about 4 weeks but then I joined my neighbour and slowly we built up to a now infamous 6.2 miles (10km) don't ask me how long it took, those were the days I went back out in the car and measured the distance from the speedometer. Then there were a chain of events that happened in early 2006. We sold our house and the company I was working for was bought out and it looked inevitable that my role was duplicated in the new organisation so there it was no job (probably), no mortgage (definitely), but we did have an Australian visa.

I decided that I was not going to Australia overweight and not being able to enjoy the lifestyle it had to offer so I signed up a Personal Trainer, David Taafe, I paid up 10 weeks in advance. I thought this would be more motivating. He taught me why we were doing things e.g. the benefits, objectives etc. Then the results started to come, we originally said 1 stone (6.3kg) in 1 month, it was closer to 2 stone in the first month. I could not stop there, we went onto 3 stone in 2 months. It was time to start buying new clothes. I thought that was it. I was able to buy size large shirts and 36" trousers, this was great. It kept coming, when we finished our program I was now 14 stone (89kg). I also had to throw out all the clothes I had just bought, I was now wearing medium shirts and 34" trousers.

After we moved to Australia I found a job about 16km away from home and decided that I would ride my bike to work, circa 150km a week, this was keeping the weight off. I had started to train as an Australian Rules Kids coach (Auskick) and the mention of the Gatorade Triathlon series came up. This is an annual triathlon series in Melbourne, it's 5 sprint distance races and 1 Olympic distance

race. I was only a little bit curious so decided to have a look online. My first Tri book was "Triathlons for Dummies" that seemed to fit the personality. OK I was in...which race should I pick there were 6 to choose from oh what the heck I signed up for all 6.

Before I knew it I was on the start line in St Kilda, I don't remember much except it was over in a flash, my result was 65th overall (1500) and 12th in my category (111). I was hooked - there was no bigger high. But I can categorically say there is one bunch of people that no athlete can be successful (in any form) without, and that is their family. This is where the sacrifices and patience truly happens. I struggled sometimes mentally to wake up at 5:00am I can only imagine what it was like for Jenny and how strange it was for the kids not to see Daddy every morning for breakfast. Without my wife or self named "Iron Widow", Jenny, I would never have made all those start lines. Some time later, as I finally left for my 1st Ironman, I gave Jenny a kiss goodbye and I knew that it was up to me to know to do the rest, I owed it to Jenny and the kids to do my best, time for payback.

As I was ready relatively early, I was able to get to the front at the swim entry point. I found myself right on the front and middle of the swim start, I had never been here before. Then bang! Crap the gun, press the button on my Garmin and I am off, 3.8km bath with lots of people. I executed the coach's orders, swim hard for 30 strokes and then find your rhythm, the 30 strokes was easy, finding your rhythm amongst this craziness was tough. All I remember seeing on the clock was 1:12, boom right on time. I had given myself 1:17 but coach said I should be able to do a 1:11 to 1:15. Job done!

My mistress (aka my bike) was there ready and waiting for me, helmet on and off we went. Riding through town I forgot about the speed strips they have in Port Mac, the first one you forget about you make sure the second time or else you will be singing the high notes for the next 6 hours. Then there was a scream on my left, Jenny and the kids had found a spot and managed to see me. I managed to wave backwards from about 200m up the road. As I approached the finish I could feel my quads starting to cramp over them as I stood up, the sight rolling back into town was awesome. I had fallen off my bike in Shepparton but I managed to end up at 5:54 15 mins out from my goal of 5:45.

One last covering of sunscreen and I was off, I had run 3 hours + in training so I knew I had the distance in my legs but did I have it after 7hrs and 15 mins of swimming and cycling, there's only one way to find these things out really. My quads were burning and every step hurt on both legs. I kept saying to myself only "1 hour and I would be an Ironman", "30 mins

I would be an Ironman" and so on. I thanked the volunteers and spectators on the last lap, I shouted out for my green armband thanked every other volunteer I met for the last 500 metres and then went for it. I was directed into the finishing chute, a 200m straight line, adorned by crowds on each side banging, clapping, shouting, and dancing. At the end of the chute you have the arch with a clock and all you can hear is the sound of Mike Reilly (the voice of Ironman) calling your name. Hell Yeah I was an Ironman!

I asked the question earlier on whether or not my goals were SMART when I sat and wrote them last year. My actual diary entries for the training year from May 1st 2010 to May 1st 2011 read as follows, remember these were also the first time I attempted any of those distances.

### Goal 1: 3:30 Marathon

Achieved 3:10 Sydney, Sept 19th 2010

### Goal 2: Half ironman under 5:30

Achieved 4:42 Shepparton, Nov 12th 2010

### Goal 3: Half Ironman under 5:00

Achieved 4:44 Torquay Trimran, April 3rd 2011

### Goal 4: Ironman 11:00-12:00

Achieved 10:55 Port Macquarie, May 1st 2011

Of course the journey does not end, they say Triathlon is not a sport it's a lifestyle. Where will it end? I don't know, the carrot is always to try and qualify for a spot in Hawaii at the Ironman World Championship, I might have to wait until I am 70 years of age but where would we be without a dream!

*David Fitzsimons is the son of Garry and Anne Fitzsimons, Cappagh. Congratulations David on this fantastic achievement!*



# St Vincent De Paul Addressing the Challenge

Society you have the assurance that every cent generated from you donations is used to help needy people. SVP provide a reputable, honest and trustworthy outlet for used clothing and shoes at a time when people are confused by

SVP has recently opened a shop at Market Street, Kinsale. We hope that this will meet a need in our local community. This shop, in addition to generating revenue for our Society, also offers excellent quality clothing, shoes and other useful items at minimal prices. In fact, at one of our other shops we recently experienced a gentleman being dressed from head to toe (Suit, Shirt, Tie and Shoes) for a family wedding for €20. Within our Society, our shops are a very practical way of helping people, particularly those whose pride and dignity will not allow them come directly to us for help.

Your help through your clothing donations are of course invaluable to us in implementing our plan. In the absence of an adequate supply of good quality material we simply cannot function. Clothing donations can be made through our receptacles if there is one in your area or directly to any of our shops.

We also require volunteers to work in the shop to assist the full time member of staff. Anyone interested should contact Geraldine 087 1333990, Trish 086 8042315 or Chris 086 8130087.

When donating to the St. Vincent de Paul

the number of appeals they receive together with negative media reports.

“Thirty five thousand houses facing repossession,” “A Debtor a day going to jail,” “E.S.B disconnecting 900 homes per month”. These were headings from our national newspapers during the earlier months of 2010. Can you imagine the pain, suffering and anxiety of young parents facing any one of these prospects?

Our Society is regularly meeting young people who have taken out mortgages of €200,000 and upwards over the past six, seven, eight or even ten years and are now facing financial ruin. These commitments were entered into when one or possibly both of the parties involved had good incomes, particularly those working in the construction business. Unfortunately, the scene has now changed and for many of these well-intentioned and hard working people the dole queue or Job Seekers Allowance has become reality.

We in the St. Vincent De Paul Society cannot solve problems of this magnitude, but we can lessen the burden. We can offer our support by



preventing the electricity supply being disconnected, by helping to keep food on the table or indeed with educational expenses. Conscious of the scale of need within our community the Cork Regional Board of our Society launched a plan in the Spring of 2009 to extend our clothes collections and our shops network throughout the entire County.

Since then, six new shops have been opened at Connolly Street, Clonakilty; Watergate Street, Kanturk; Connolly Street, Fermoy; North Main Street Cork; Ballyphehane and very recently at Market Street, Kinsale.

Our sincere thanks for your continued help and support not only now but over the past 150 years.

Liam Roche  
President St. Brigids Conference.



## THANK YOU TO THE BUSINESSES WHO CONTRIBUTED TO THE RECENT EASTER EGG HUNT ORGANISED BY THE PARISH ASSEMBLY.

Actons Hotel	Eli Lilly	Ned Kelly's
An Garda Siochána Kinsale	Fintan Lynch Hair Salon	New Image Hair Salon
Bank of Ireland	Fishy Fishy	O'Connor's Pharmacy
Barrett's Butchers	The Folk House	Sam's Bar
Blue Haven	George. F.Daly & Co. Solicitors	Sonass Café
The Boathouse Gallery	The Hair Studio	The Seaview Café
The Bulman	Hegarty & Horgan Solicitors	The Shack
Carlton Hotel	House of Hair	Shanghai Express
Collins Pharmacy	Kinsale Bookshop	Stone Mad Gallery & Jello Clothing
Cronins Commercial Hall	Kinsale Credit Union	The Spaniard
Cucina	Kinsale Fire Service	Smith's Supervalu
Curtin's Electrical	Kinsale Yacht Club	Sundays
Daisy Chain	Londis	Tap Tavern
Diarmuid O'Shea Solicitors	Lord Kingsale	The Trident Hotel
Dino's	Moloney's Pharmacy	Vista
Enibas	Man Friday	The White House

## Kinsale-Antibes School Exchange

Sixteen students from Kinsale Community School spent last week of May in Antibes, France, (Kinsale's twin town) as part of a school exchange which has been operating for a number of years. Next year already 29 students have enrolled to do the exchange. The students attended French classes in Lycee Audiberti in the morning and cultural visits were organised including a visit to the Picasso Museum in the afternoon. On their first morning in school they were treated to a typical French breakfast and later in the week to a picnic on the beach. A reception was held also in the lycee where M. Cepi from the Town Council presented the students with teeshirts as a souvenir of their visit.

Mr. Burg (president) and Mary and Noel Riordan from Antibes-Kinsale Twinning Association were also present. Students were interviewed by a reporter on their experience of their exchange and article will appear on next issue of Riviera Reporter which is an English language magazine for Riviera residents. The students were accompanied by teachers Anne-Marie Flavin and Tony Cierans from K.C.S.

The Antibes exchange students had already visited Kinsale early May where they also attended classes and enjoyed a very successful experience.



## 2 NEW PEDESTRIAN CROSSINGS FOR KINSALE

'They said it couldn't be done,' remarked Cllr Michael Frawley at the monthly meeting of Kinsale Town Council when welcoming the news that pedestrian crossings will be put in place at two locations on the busy Pier Road.

Town engineer, Mr Brendan Fehily, reported that it was intended to paint crossings on the main road near the 1601 Mast and the Marina entrance, the latter of which would also benefit young people going to and from Kinsale Outdoor Education Centre. The crossings would not have flashing beacons but would be painted on the road surface, similar to that seen in many towns on the European mainland.

This was welcomed by Cllr Tomas O'Brien and by Cllr Frawley who recalled being told previously by another official that crossings couldn't be put in place on regional roads. Pier Road is along the R600.

Cllr Frawley also repeated the call for a crossing at Eastern Road near Featherbed Lane because there was a problem of speeding there and no protection for pedestrians going on to the main road. In support, Cllr O'Brien also suggested signs on the path leading from Scilly Dam warning pedestrians.

Cllr Tomas O'Brien welcomed the yellow box at Boland's Corner which overall he believed, worked well although Cllr Darren Cotter said it was difficult for vehicles coming from Long Quay to Pearse Street to avoid stopping in it due to the pedestrian crossing being so close to the junction. In reply to Cllr Frawley, the engineer said he was told it would be very expensive to provide a boardwalk at the World's End road similar to that done near Commoge Marsh. He was due to meet a representative of Failte Ireland which could possibly part fund such a project and would report back.

In reply to Cllr Dermot Collins, Mr Fehily said consideration was being given to putting in planters or bollards in order to prevent parked cars blocking the through traffic filter lane of the R600 from Long Quay into Emmet Place at Boland's Corner.

Cllrs Billy Lynch and Noel Harrington welcomed the report from the engineer stating that the issue regarding alleged interference with a right of way at Scilly was with the enforcement section in Cork County Council. The latter also complimented local residents who recently carried out a clean up of the area.

Cllr O'Brien said there was need to mark out an area to ensure exit and access to Calpe Cottage, Scilly, opposite the Man Friday restaurant. Cllr Harrington called for an extension of the double yellow lines in the vicinity of The Spaniard corner because drivers had difficulty getting through.

Bollards to protect the plaza in Short Quay needed to be moved up higher because they were constantly being knocked or bent by passing vehicles, said Cllr Fred Treacy while Cllr Frawley asked for the area, which is used for public events, to be cleaned up.

Cllr Treacy also called for marking out of the parking bays at the Super Valu car park. Town clerk Ms Michelle Kelleher replied that permission was required from the owner and would be sought. An extra 25 car park spaces could be created if drivers parked correctly.

Pot holes and subsidence of the road near Kinsale Equestrian Centre and at Compass Quay were reported by Cllr Treacy. He asked if additional road funding for Cork County Council could be directed to Kinsale and in support, Cllr Collins said significant development charges levied from Eli Lilly and others should be spent in the locality.

Cllr Harrington welcomed the repainting of historical signs in and around Kinsale and called for lining of the dangerous junction at Pewterhole Cross.

In reply to Cllr Alan Clayton, the town clerk said people who had display boards on footpaths had been written to and asked to removed these because of the problems they posed for persons with disabilities. A display board for local advertising was in place near the tourist office which could be used instead of those on a footpath. If a business wished to put any item on a pavement, it would have to seek permission from the council and if approved, have insurance cover in the event of an accident.




# FINTAN LYNCH

## HAIRDRESSING

61 MAIN STREET, KINSALE

**Tel: 021 477 3900**  
fintanlynch@yahoo.com

**Monday to Saturday 9am to 5.30pm**

*Finish your look  
this season with a  
hair style to suit  
your needs,  
give your head  
some space  
at Fintan Lynch!*

*...it's cheaper  
than therapy!*

*Colour Herb*

...is an organic **NO ammonia, NO peroxide, cruelty free**  
(i.e. not tested on things you love)  
and is proven to have less fade, ideal for sensitive souls.

# SNAP H



Congratulations to Barry Moloney & Satoko Tada married on May 12th in Gougane Barra Church!



Ellie-Mai Johnson, who made her 1st Holy Communion on Saturday 21st May 2011, in St. John the Baptist Church, Kinsale. Pic by Gaelle Perret



William 'Sonny' Kearney, who celebrated his 90th birthday in October 2010, with a large circle of family and friends in the Fields Pub, Dunderrow



The children of Belgooly N.S. pictured on their Confirmation Day



Leticia McCarthy, St Multose School on her 1st Holy Communion on 14th May 2011. Lots of love from Dad, Mum, Dean & Leroy.



Sarah Carroll & Tiernan Roarty pictured on their First Communion Day, May 21st 2011



Aoife Gilleran pictured on her Confirmation Day. Pic by Nelius Buckley Photography 021 477 4440

# HAPPY...



Four first cousins who were confirmed on April 14th 2011  
Ciara Forde, Fintan Forde,  
Eadaoin O'Leary & Aaron Wolfe



The children of GaelScoil Chionn tSáile pictured on their First Communion Day, Saturday May 21st 2011



The McCarthy family enjoying the National Chowder Cook Off at Actons Hotel on Sunday May 22nd last.



The boys of St. John's National School pictured on their First Communion Day, Saturday May 14th 2011



David and Thea Tobin, in their mummy's Triumph GT6, getting ready for the 22nd Blue Haven Kinsale Vintage Rally in Kinsale. Pic. John Allen



The boys of St. John's National School pictured on their Confirmation Day with their teacher Mr. John Flynn and school Principal, Mrs. Margaret Canty



**Kinsale Vintage & Classic Motor Club  
MAY RALLY 2011**

The Kinsale Vintage & Classic Motor Club rally took place from May 6th to 9th last. The rally, which is widely regarded as one of the premier events on the Irish classic car calendar, was kept in Kinsale again this year to help keep business local due to the economic climate at present.

Approximately 135 cars, many of who made the journey across the Irish Sea and from Northern Ireland in the previous days, took part. Cars were on display in Pearse Street on Saturday morning until they were waved off by the Mayor of Kinsale, Michael Frawley, Mayor of County Cork, Kevin Murphy, and sponsor Ciaran Fitzgerald of the Blue Haven Collection outside the Blue Haven Hotel in Pearse Street at 11am. The stunning cars headed off on a run to Blackwater Castle where a very nice lunch stop was had before returning in the evening for the Annual Dinner Dance in Actons Hotel. Cars were on display on Sunday morning at Pier Head next to the Trident Hotel and also in the Yacht Club car park. Refreshments were sponsored by the Folk House. The cars then headed off on another short run through the Lee Valley with a lunch stop at Dan Sheahans Bar in Ovens. Evening social events over the weekend took place in the Blue Haven and Tap Tavern. On Monday afternoon some of the cars were brought to the Haven Bay Centre where they were greeted by some of the residents and staff. A final farewell party took place on Monday night in the Folk House Bar.

Information about the Club can be had from Cathal O'Shea (086-2486496), Chairman, or club Secretary Ann O'Regan (087-6822853).



**Left:** Students in St. John's School are pictured admiring the bird boxes donated to the school by Kinsale Tidy Town Committee.

**Below:** St. John's Students took part in the National Spring Clean on Tuesday, April 12th.

They cleaned the W.O.W (Walk on Wednesday) route from St. Eltins Estate to St. John's National School and the surrounding area by Rose Abbey.

**Below:** Senior St. Johns boys visited Garry Lucas



**Left:** Declan Delaney, General Manager, Blue Haven Collection; County Mayor Cllr. Kevin Murphy; Miss Cork Brianna Dougher and Cllr. Michael Frawley, Mayor of Kinsale, with a Triumph GT6, getting ready for the 22nd Blue Haven Kinsale Vintage Rally. The launch took place at the Blue Haven Hotel, main sponsors of the event. Pic. John Allen

Pictured below are residents of Haven Bay Care Centre



Beach with Maresa Gieles recently and learned about the Blue Flag Award and beach and sea creatures.



**Having fun at Kinsale GAA Easter camp!**

The upcoming GAA Peil camp will be held from 4th July to 8th July. If you're interested contact Jane Buckley 087 7676824.

The VHI CÚL Camp will be held 8th to 12th August.

If interested contact Catherine Murphy 087 2168734





## Letter to the Editor

April 4th 2011

Dear Editor

It was with great interest I read Nicholas Harvey's report on the Transitions Town's event 'Can Kinsale feed itself?'. All the talk of locally sourced food and the rightful concerns of burning of fuel was very interesting but not once in the reported story of the presentation given did I hear 'fish' mentioned. Maybe Dr. Colin Sage is unaware that Kinsale is a seaside town with its own fishing fleet or maybe someone just forgot to ask for representation from a fisherman or fishery representative.

Kinsale is situated adjacent to the richest fishing grounds in Ireland, possibly up to 99% of all fish landed in Kinsale leaves on the back of a truck destined for Scotland, Italy, Spain and France, among others. A **VERY** high percentage of fish offered on plates here is imported from Asia, (prawns and panga) and Iceland/Faroes (Cod), which is treated with preservatives to increase its shelf life. Aimi Pinder's talk sounded very interesting and sounds just like a model run in Boston with fishermen.

Yours sincerely

Johnny Walsh, (fisherman)

~~~~~

May 31st 2011

Dear Editor

*In response to Johnny Walsh's letter about TTK not mentioning fishing at our 'Can Kinsale Feed itself?' event, I'd like to apologise. Fishing was of course mentioned in the discussion, but in my rush to get all the information taken down, I clearly left out some important details. Fishing is of course a huge factor in the food of Kinsale and further afield, as he explains in his excellent letter.*

*Perhaps Johnny would like to participate in our next food event in Kinsale? We are always looking for experts to share their knowledge and skills with others in the community and it would be very interesting to learn more about how much fish sold and consumed in Kinsale is caught locally. Transition Town Kinsale is an inclusive initiative, and we encourage all members of the community to contribute to increasing community resilience by promoting local resources and businesses.*

*Yours faithfully,*

Klaus Harvey  
Transition Town Kinsale

## Cork County Council Honours Winning Team

**Kinsale Community School All-Ireland winning GAA hurling squad, officials and mentors were honoured by Cork County Council at a civic reception recently in County Hall.**

A presentation of Cork Crystal was made by Mayor of Cork County, Kevin Murphy, to representatives from the school. Cllr Murphy said KCS was just a short distance from his own back door so it was with great pride to be able to honour their fantastic achievements which saw the hurlers defeat Colaiste Treasa, Kanturk, in the county final and Nenagh Vocational School in both the Munster and All Ireland Colleges Senior B championship deciders in Kilmallock and Mallow respectively.

The mayor said he was delighted to be at a pulsating final in which KCS won by

a point against a very strong Nenagh side (1-17 to 4-7) and pointed out that the school was twice previously honoured by the county council for overall national success in the Young Scientist Competition.

Mr Murphy paid a special tribute to the players, trainers Niall Murphy and John Corcoran, the

parents, teachers, supporters and principal Sean O'Broin.

Cllr Alan Coleman joined with the congratulations to all concerned at the only second level school in the area providing a wide range of facilities and activities outside the normal academic curriculum and welcomed the fact the squad contained several hurlers from his own club Ballymartle.

Thanks were returned by captain Colm Daly on behalf of all the squad and said Niall Murphy and John Corcoran had been with them from under 14 up. He also mentioned bus driver Denis O'Mahony of Vincent Kiely coaches. Niall Murphy said the civic reception was huge recognition for KCS as a developing hurling school and said he and John were fortunate to work with 'a fantastic bunch of lads'.

Photo by Nelius Buckley Photography  
021 477 4440.



## DAWN CHORUS...

Over 1,300 people joined forces to sing at sunrise on waterfronts all over Ireland for the 2nd Bealtaine Dawn Chorus on Sunday 29th May. Here in Kinsale, Kinsale Active Retired Association or KARA, joined by a group of adults and school children, gathered at the mast on the pier at 7am to sing together.

Bealtaine is a festival celebrating creativity in older people which runs all through the month of May and is supported by the Arts Council and Age & Opportunity. KARA meets weekly for activities as diverse as boules, boat trips and nights at the dogs. During Bealtaine their activities centred around creativity with crochet, flower arranging and more. And to round it all up, 180 people attended their Maytime festival tea dance held on May 31st.

The Dawn Chorus was started by an Active Retired Association in Donegal a few years ago and has since gone national. The theme of this year's Dawn Chorus was 'push the boat out whatever the weather', so the songs were suited to this. Most of the songs they sang were in Irish, taught to them by Siobhan Banks, a teacher at the Gaelscoil.

'We hope to build the Dawn Chorus up year after year', said Oliver Lynch, secretary of KARA. This year they were joined by pupils from St. Josephs primary school and a group of singers, some of whom are involved in weekly singing sessions, which used to be advertised as 'set your voice free'. The sessions are drop-in and open to anyone in the community, of any ability. The aim of the sessions are simply to bring people together in a positive connecting experience inclusive of everyone.

They aim to bind the community together and be of service through singing. A group sings for Haven Bay every six weeks. 'We believe that, especially in these times, it is very important that we get to know and trust our neighbours', says one of the singers, Hilda Ryan-Purcell. 'The Dawn Chorus is the epitome of what it is about: bringing people of different ages and backgrounds together through the common denominator of song.'

For more info on drop-in singing sessions : 087 1467434

For more info on KARA: 087 286332

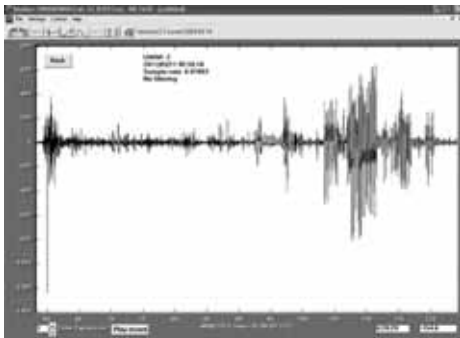
Niamh Prior



## THE DAY THE EARTH MOVED IN KINSALE

**Many of you are probably completely oblivious to the fact that Kinsale Community School is home to one of the very few seismometers in Ireland. A seismometer is the apparatus used to measure an earthquake's presence and magnitude. By this point you will be aware that there was recently a very large earthquake in Japan. But, did you know it was also recorded here in Kinsale? Right down to the very last aftershock.**

With the news of the scale of devastation due to the Japanese earthquake and of potentially explosive nuclear-power plants, ten-metre high tsunami waves and tilting continents, it is difficult to process, and truly understand, the severity of this situation when you are so far removed from it, let alone the epic forces at work right beneath our feet. Even though we are 5,993 miles away and separated by two vast continents, the earthquake was very clearly detected here.



*Actual recording of the earthquake from the Kinsale seismometer.*

I've found that many people are familiar with the terms associated with earthquakes but without any real knowledge about what they mean. Take the Richter Scale for example. I'm sure that 99% of people have heard of it, yet few have any idea as to what it shows. It is a scale that measures the size of the earthquake, ranging from 1 to 12, with 1 being the smallest and 12 the largest. But, what you probably don't know is that with every level reached, the earthquake is ten times larger than the previous level. For example, say you encounter a Level 1 quake. If it reaches Level 2 then it is 10 times larger than Level 1, if it increases to Level 3 then it is 100 times larger than Level 1. Now try to imagine the intensity of the Level 9 quake that Japan suffered. Scary stuff!

But why did it happen? Firstly, you need to know that the Earth's crust is made up of a small number of giant pieces, called Tectonic Plates, that fit together like a giant jigsaw. They are all constantly either pushing against each other or pulling away from each other.

The ingredients for an earthquake are simple: two opposing plates, like the Philippine Plate and the Pacific plate; immense amounts of pressure; and a whole lot of time. Get these and you're faced with one of the earth's most destructive and jaw-dropping natural disasters.

The series of events leading up to an earthquake are also basic physics. Heat causes solids to turn to liquids and liquids to start to move (think of a pan of butter that melts and then bubbles up). The Earth's Core is a very hot 3700 degrees Centigrade. The rock here has liquified and this is called the Mantle. The Mantle moves in an upward circular movement due to this heat. As it rises it cools a little and sinks back down to the centre again. The Earth's Crust lies on top of the Mantle (like an egg shell) and so, therefore, does the Tectonic Plates. And who lives on these plates? That would be us!

Tectonic Plates are always moving, and pushing against and around each other, but do bear in mind that 'moving', in Geological terms, is a very different concept. It can be likened to an elastic band being stretched and stretched until it cannot stretch any further. Now it's back to physics again. What happens when you let an elastic band go? It snaps. However, in Geological terms, the 'snap' is when the real drama starts!

The sudden release of energy, or the 'snap', is the earthquake. After the initial shaking the quake slowly loses energy, usually within a space of a few minutes and the seismometer records this data on a graph. It seems quite unbelievable that such a dangerous and fantastic force of nature can be simplified on a single piece of paper, but it really is that straight forward. The graph before shows the actual earthquake occurring and it doesn't take an expert to see that there were several minutes of unrest before the actual earthquake struck, along with its devastating wave of destruction.

We can see the pressure building, rising and rising until this vast amount of energy is suddenly released due to a slip between the two plates going past one another (usually one slips below the other). The same can be said for the last few minutes of the earthquake's incidence as the plates slowly and reluctantly move back into place.

The most significant, and fascinating, aspect of this event to me was the effects of the quake in terms of changes observed on a global level. It was so powerful, it delayed the sunrise in Kinsale and it moved the entire planet by 25cm, altering the Earth's axis as well. 25cm sounds like a miniscule amount when we think of it compared to the earth's area, but because the planet's mass has been redistributed, the speed of the Earth's rotation will be changed. Minute as these changes may seem, over centuries, these will affect the length of day and, possibly, alter the seasons as well.

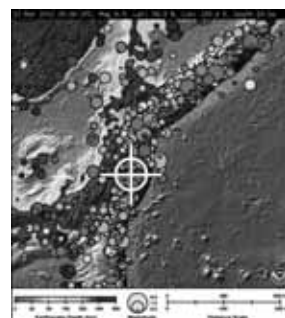
As well as this, the tremors have also sunk the coastal plain of Japan by up one metre, leaving certain parts of the Japan permanently underwater. This is why so many supposed "tsunami-proof" towns were destroyed. The 10-metre high sea walls surrounding these areas were insufficient to stop the 10-metre high Tsunami wave that hit as the walls were now only 9-metres high leaving space for the raging waters to move in and engulf everything they come across.

Earthquakes of this size, according to leading seismologists, occur only every 1000 years and it was the fifth most powerful that has occurred in the last century.

Unfortunately, the extent of the damage does not end there. Over 500 aftershocks ranging from magnitude 5 to 7 have occurred since the original quake and damaged already weakened buildings. As if this wasn't enough to worry about, the pressure that was between the two Tectonic plates, although temporarily released, is now rising elsewhere along join between the 2 Plates. The Earth is like weighing scales and constantly needs to be in balance; if tension is released in one area, it must be equalised elsewhere. Like a jigsaw puzzle, the pieces of the Earth have a finite space to move in and have to find a way to fit into place. When they don't it is fireworks! The question professional seismologists are desperate to crack is "When and where will the next big release be?". The answer is indefinite; it could be days, months, years, or decades. We have no accurate way of knowing and, so, where people in earthquake prone zones cannot predict the next 'Big One', they can only try to prepare as best they can.

This is the kind of work the top minds in the geological world are working towards, to reach that next level of understanding to better prepare the world. This kind of work I am interested in. I'm not saying I am going to be making headlines in the National Geological Survey anytime soon, but I am taking full advantage of what is available to me in Kinsale and I strongly urge people to do similarly.

My interest in Earth Science stems from the simple fact that the earth is shaped due to 4 very basic elements, earth, air, fire and water, and it is the mixture of these that causes some of the most spectacular landscapes and spectacles on Earth.



Ciara Fenton  
 5th year student  
 Kinsale  
 Community  
 School

## Another successful Heineken Kinsale Sevens 2011

Kinsale was the place to be over the May Bank Holiday weekend. Europe's largest rugby 7s festival was well attended once more with 90 teams from 9 countries.

The event kicked off on the Friday evening with teams opting to have a run out on Pitch 1 opting to play 7s, 10s or vets 15 a side.

Everyone was in good spirits renewing old friendships and enjoying the sunshine. The excitement was palpable for the games proper to begin on Saturday morning at 10.00 am. Saturday was fantastic weather wise with brilliant sunshine.

On all five pitches however the business of the day was to get through as highly seeded as possible for the next round. Teams were working their way up the pecking order or opting for the fun side of the Junior section.

Senior men's finalists on Saturday

were Susie's Exiles (Holland) vs Pride Passion Party (UK).

Susie's won by 29 to 10 and went home very happy and recovered to prepare to defend their overall title as 2010 champions.

Senior Ladies final on Saturday featured Wooden Spoons (UK) and Tommy Boh's (Limerick). The Wooden Spoons were slightly stronger on the day and won by 22 to 17.

The Junior Men's competition which is run over Saturday and Sunday was fiercely contested as over 50 teams battled it out for a position in the cup on Sunday. Susie's Saloon (Holland) emerged as victors over Pink Panthers (Cork).

Senior Ladies Plate was won by Kinsale Ladies beating the Pink Ladies (Ballincollig) 17 to 10. Tunbridge Wells won the plate on Sunday. This was a first for the

home side winning major honours at the event much to the appreciation of their management and supporters alike. See match report below.

The Senior Ladies featured the Tommy Bohs of UL Bohemians and the international selection of The Wooden Spoons (UK) vs Tommy Bohs a repeat of the Saturday Final. Once again Wooden Spoons were stronger and won the day. Tommy Bohs sang their hearts out again at the prize giving and maybe next year will be their year.

The Senior Men's featured Samurai Exiles v Susie's Exiles, both sides fought bravely in very inclement weather to reach deadlock at fulltime at 19 points apiece. However it was Susie's day scoring first in extra time. Another cracker of a final between these powerhouses of 7s rugby who tour the globe in search of glory.

In all 222 games were played and the referees remarked that all games were played in a sporting yet competitive fashion. The refs did a magnificent job once again.

Thanks to all players, coaches, supporters, Referees from Munster Association, Cambridge, London, and Leicester, Gardaí, Mr. Donal O'Leary, Civil Defence, Red Cross, Medical Team, Cork County Council, Kinsale Town Council, Club members young and not so young, friends, neighbours, Kinsale Tennis Club, and the media.

It all wouldn't happen without the generous sponsorship of Heineken Ireland, Kukri, Hayes Cabin Services, EMC, and Kinsale Vintners.

Well done to Michael O'Sullivan, Tournament Director, and his hard working committee.

See you all in 2012!



### Kinsale Ladies Make History

The Kinsale Ladies Rugby team made history over the May weekend by becoming the first Kinsale team to enter the final stages of the famous Heineken Kinsale Sevens tournament and take the top honours in the Junior Women's Plate.

An early 10 o'clock kick off on Sunday morning saw Kinsale take on the challenge of a strong Trinity College team called "Slow Mo." Pitch 1 provided the venue for the opening game and the Kinsale Ladies relished the opportunity to perform in front of the large crowd of supporters and were quickly up 2 tries to nil. A third try before half time and the confidence began to grow that perhaps this year was going to be a one to remember. Further scores in the second half saw a final score line of 37-0 impressing the Kinsale supporting crowd.

Next up were the "Unstoppables"

from Fermoy RFC. Having been beaten earlier on in the year by Fermoy in the 15 a side competition, revenge was high on the agenda and within a few minutes the Unstoppables were stopped in their tracks. To compliment the first game clean sheet, Kinsale emerged victorious by a score line of 17-0. Despite the score line, the Fermoy team proved to be tough opponents but none the less, mission accomplished and Kinsale kept heading for glory.

Into the semi final against an unknown team from Edenderry in Northern Ireland. The "Derry Divas" came to town on a mission for glory and again Kinsale were put up to the test on this sunny morning. A sense of calm had come over the Kinsale team at this point and supported by the increasing local crowd who were beginning to believe that some history was in the making. The Kinsale defence again stood strong and again no tries were conceded in this game. Final score Kinsale 19 Derry Divas 0.

Hi ho hi ho, it's off to the final we go! The earlier hard work paid off and history was in the making for the local team. However, playing in front of the big crowd in a final on pitch 1! Who would have believed it? Kinsale Ladies? Wow! A couple of missed tackles and the Pink Ladies of Ballincollig were quick to take advantage of the nervous Kinsale team who were in unfamiliar territory. The first half of the final seemed intimidating but heads stayed up to control the potential damage of the pressure from the Pink Ladies – a strong division 2 team that Kinsale has many links and friendships with. On paper at this point, it should have been game over. A quick huddle at half time, a bit of encouragement from the coach and a reminder about the last big battle in 1601 that was lost and away we went again. Within a couple of minutes we had our first try and it was game on.

Could it possibly happen? The 2nd try another minute in was converted to put us at 12-10. The noise from the supporting crowd

getting louder and the disbelievers starting to quieten! Could this actually be happening? Maybe another try just to nail it down and provide a bit of entertainment as thanks – ok so! Kinsale 17 Pink Ladies 10 – Game over – History made and some very happy Kinsale players, coaches and supporters jumping in celebration. Kinsale Ladies were finally champions!

It was a genuine team effort over the course of the weekend and the identity of individual try scorers was intentionally omitted in the report above. The Kinsale squad over the weekend was as follows: Aoife Hurley (Captain) Aoife McCarthy, Aine O'Regan, Amy Guerin, Christina Broderick, Ciara Hayes, Hillary Riordan, Isabelle O'Callaghan, Jessica Kingston, Kate Ronayne, Marion O'Donovan, Linda O'Donovan, Sara Hayes, Serena Cross. Coaches – Danny O'Connell & Pat O'Regan

## Summercove NS presents **OLIVER GOES A POPPIN!**

Summercove NS produced a musical entitled *Oliver goes a Poppin'* in the Carlton Hotel for two nights on May 24th and 25th last.

This was a new venture for the school and was a huge success. All classes from Junior Infants to 6th took part in the production. Families and friends were entertained with familiar songs from the two musicals *Oliver* and *Mary Poppins*, with great choreography and music throughout.

The story began in the workhouse and moved onto the streets of London where Oliver met the Artful Dodger and Fagin, later Mary

Poppins appeared and saved the day touching the hearts of many.

Audiences were also entertained beforehand with a traditional group, a solo song, an 8 hand reel, a solo dance and a group of set dancers all taken from this years Scór na bPáistí competitions.

Our sincere thanks to the Carlton hotel for the use of their facilities, also to the school staff and the outside agencies who helped to give the children an experience they will hopefully carry with them for the rest of their lives.

Congratulations and well done to all involved!



Left:  
Georgia Gould  
as the Artful Dodger,  
Aislinn Collins as Mary Poppins  
and Eva Clayton as Oliver.

Right:  
Senior Infants performing  
*A Spoonful of Sugar!*

Photos by kind courtesy of  
John Collins. [www.johncollins.ie](http://www.johncollins.ie)



## Saile – Kinsale Sports and Leisure Project

### FUNDRAISING:

*Saile – Kinsale Sports and Leisure Project - held its first 2011 fundraiser at the prestigious Old Head Golf Links on the morning of April 28th. The tournament was a three ball, better ball format with a record 24 teams taking part.*



*The fabulous sunny weather definitely added to the enjoyment on the day. The tournament was followed by lunch and prize giving at The Speckled Door. The winning team scored a superb 51 stable ford points, followed by 49, 47 and 46 points.*

*All proceeds generated will go directly to the next phase of the project, consisting of an indoor sports hall, gymnasium, dance studio (inc martial arts & boxing) and multi-purpose rooms. €2 million needs to be raised to finalise the second phase.*

*Saile will officially launch their Summer Super Draw on Wednesday 22nd June at Actons Hotel. Everyone is welcome to attend. Our Saile Super Team will be out and about all summer selling tickets. Please support and have a chance of winning fantastic prizes including a brand new Ford Fiesta car from CAB Motors!*

### SUMMER CAMP:

*Saile is hosting a multi activity camp for 6-12yr olds, from July 25th – July 29th. Each day will be packed with a variety of activities for your child to learn and have great fun. Our camp will offer your child an opportunity to learn new games and make new friends in a safe environment. The camp time is 10am to 3pm at a cost of €75 per child. Discounts apply for early payment and family bookings. For more information please call: 087 9872783*

### SOCCER LEAGUE:

*Our summer soccer league kicked off on Wednesday, 1st June. This follows the hugely successful winter league when the Tiger and Tea Ladies retained the Champions Trophy. Matches are 40mins with fully qualified referees. For more information or to sign up log on to [www.5asidesports.com](http://www.5asidesports.com)*

*Saile are offering fantastic summer rates from as little as €20 p/hour. Our website is currently being updated and will soon have an online pitch booking system. Log on to [www.sailesportsandleisure](http://www.sailesportsandleisure) to view our prices, email us at [bookings@sailesportsandleisure.ie](mailto:bookings@sailesportsandleisure.ie) or follow us on Facebook.*



Kinsale Brownies and their Leaders collecting litter during the annual Kinsale Spring Clean. Pic. Dermot Ryan.



Pictured above left to right are: Pdraig & Mark O'Toole and Jerry & Tiernan White enjoying the blessing of the boats on Sea Sunday, Pdraig and Jerry are co-owners of The MFV Bonne Chance.



## FEILE PEIL NA NÓG 2011

On the weekend of June 30th Kinsale GAA will host teams from Emyvale, Co. Monaghan, and Tinryland, Co. Carlow, for the national Feile competition.

Féile Peil na nÓg is a national festival of Gaelic football for boys and girls under 14 years of age. It was first held in Cavan in 1982, the brainchild of Fintan Tierney of Butlersbridge. Féile An Cabhán 1982 saw a total of 40 teams participate, 20 of whom were from other counties. It consisted of two boys divisions. Girls didn't participate until 1994.

Each year approximately 30,000 boys and girls from each of the 32 counties, and some teams from the UK, Europe and USA, participate in Féile. A preliminary competition is held in each county for the right to represent the county at the Féile finals. The winning club then travels to the host county, Corcaigh 2011, where they are hosted by one of the clubs in that county.

Féile Peil na nÓg places great emphasis and importance on proper participation, presentation, punctuality and sportsmanship. Féile involves the whole community, clubs, schools, social and cultural groups, families, civic and religious authorities. It is recognised by the GAA as a major festival of great importance for the promotion of football among the youth of our country. Féile Peil na nÓg helps to bond communities, forge friendships, provide educational opportunities and unearth new leaders.

Feile hasn't been held in Cork since 1986 so this is a very special time for the GAA in Kinsale. We welcome the 24 boys and girls from these clubs who will be staying with families locally and their supporters who are coming in their hundreds and staying locally too. Thanks to everyone who recently supported the coffee morning in aid of Feile where we raised over €1400.

GAA in Kinsale can be traced back to the 1870s when there were 4 clubs based in and around the town. These clubs amalgamated in the 1890s soon after the official founding of the GAA. At underage level we haven't had massive success county wise in a number of years, but we have produced a few divisional wins at both hurling and football. Lots of work is being put in at underage level & the club has produced 3 Cork minor footballers, 1 Cork Minor hurler & a Cork U21 footballer in the last 4 years. The club now trains kids from the age of u-6 up in both hurling and football and in recent years has had big numbers at our Cul camp and now annual local schools blitz. With the construction of a hurling wall and the purchase of a new pitch nearby, the club has great ambitions and hopes for the future.

For any more information on the Feile contact Laurence 087 9058362 or Catherine 087 2168734.



Pictured above is the Girls team representing Kinsale at Feile and below is the Kinsale Boys team. Best of luck to them at Feile Corcaigh 2011!



## PRESTIGIOUS AWARD FOR KINSALE BASED WRITER



***Congratulations to Kinsale based writer Afric McGlinchy who has won the prestigious 2011 Hennessy Award for Emerging Poetry.***

The Hennessy Literary Awards are open to writers who have had stories or poetry published in the New Irish Writing page of the Sunday Tribune. The page was founded by David Marcus in the Irish Press, and has been edited for the past two decades by Ciaran Carty. The page now has a new home in The Irish Independent. Afric won the award for two poems: 'Never lie to your lover' and 'Under the heart, a horseshoe shape'.

The Hennessy Literary Awards proved to be a launch-pad for writers such as Neil Jordan, Patrick McCabe, Ita Daly, Dermot Bolger, Marina Carr, Joseph O'Connor and Colum McCann. 'It was blooming exciting – and a bit of a shock - to even be shortlisted', said Afric, 'and then to win was just fantastic.'

Afric was presented with the award at a ceremony at the Royal Kilmainham Hospital on April 12th. Around a hundred people were

there to celebrate the 40th anniversary of the awards with a silver service dinner. She had her photo taken with the three judges: Ciaran Carty, Paul Durcan and Derek Johns; with Mary McAleese; and with the sponsor, Maurice Hennessy. The judges and author Sebastian Barry, who was inducted into the Hennessy Hall of Fame that night, all gave speeches. 'Thankfully the winners didn't have to speak as my nerves were shot after I heard my name called', said Afric. 'Paul Durcan read my winning poems really compellingly - that was an experience in itself!'

The award has opened up a lot of doors for Afric. Since winning she has already got a publisher for her poetry collection and received invitations to read her work in Ireland and the UK. Dermot Bolger introduced himself to her at the awards, said he had short-listed her poem and invited her to read at the Mindfield Festival in Dublin, which she has since done. She will be reading at Kinsale Arts Week and then in Coventry and at the Coffeehouse in London.

Afric was born in Galway and lived in Limerick until her family emigrated to Zimbabwe when she was 15. She moved to Kinsale in 1999. Although she's been writing

since her teens, 'poetry had always been private thing', she said and she never thought of publishing it until her sister suggested it after reading one of her poems. It was only when she moved to Kinsale that she started sending work out. 'Being back in Ireland triggered a whole burst of creativity. I'm addicted now.'

Once her poetry book is published she has plenty more projects lined up, including getting back to a novel and some non-fiction. As for immediate plans, Afric aims to 'knuckle down now to do some serious editing.'

In the past, Afric was a guest reader at Ó Bhéal in Cork and at the White House in Limerick. Her poems have been published in a number of journals, including Acumen, Magma, Poetry Ireland Review, Wordlegs, Southword, Revival, Scottish Poetry Review, Crannóg and The SHOp. She was also a prizewinner, longlisted and shortlisted for several other competitions. She has written plays, lyrics, a novel and three works of non-fiction. She edits manuscripts for The Writers' Consultancy and is a poetry tutor at [www.creativewritingink.ie](http://www.creativewritingink.ie). Her website is [www.africmcglinchy.com](http://www.africmcglinchy.com)

**KINSALE MULTI-ACTIVITY & TENNIS CAMPS**

Kinsale Tennis Club Summer camp programme is available to all families in our local community, not just those who attend our lessons throughout the year. We are delighted to run the camps at local facilities – at Kinsale Saile and at Kinsale Tennis Club. The camps are aimed at learning new games, skills and abilities, developing new friendships, but most importantly having FUN! They are suitable for boys and girls aged from 5 to 17 years. All camps will be facilitated by fully qualified coaches and trained assistants. Equipment will be provided. Activities and sports include athletics, ball games, uni-hoc, target games, balloons, ... Camp times are 10am to 1pm for children aged 5 to 10 years, and 11 to 17 year olds from 2pm to 5pm. Camp weeks run from Monday to Friday. Our camp rates are €60 per week per child with discounts available for families and multi-bookings. We offer a camp week for Secondary School kids from 10am to 2pm for €60 for the week, camp 2 is from July 18th to 22nd and camp 3 is August 15th to 19th. We are looking forward to welcoming you to our fun filled camps! For further information and to register, please call mob. 087 9872783.

Kinsale Tennis camps have run for over 20 years and are well established within Kinsale's community. They offer a week long programme suitable to children of all abilities, skills and sports interest. They provide activities for children from the beginner to the very active, experienced child.

During the year we run programmes ranging from athletic abilities which help develop and improve your child's balance, coordination and teamwork as well as their more sports specific abilities. We organise and run recreational games, competitive leagues and tennis specific exercises and games which are both progressive and fun. Should you be interested in our year round programme run in 6 weekly terms, please feel free to talk to us. For more information contact Sabine on 087 9872783 or arrange for an appointment.



**GET FIT! STAY FIT!**

**Wild around Kinsale**

The Irish Environmental Network defines biodiversity as 'the variety of all life forms on Earth, from the tiniest bugs living in the soil to the butterflies in your garden, the plants they feed from, and the biggest whales in the sea. Biodiversity includes the diversity of individuals within a species (genetic diversity), diversity of species within an ecosystem or habitat (species diversity) and the diversity of ecosystems or habitats (habitat diversity)'.

Biodiversity is the basis of human existence, our life support system. In order to conserve species it is necessary to assess the variety that already exists and scientists have identified 31,000 species so far in Ireland. The National Biodiversity Data Centre has estimated that there are 457 bird species, 563 marine fishes and 60 mammals in Ireland. These are just three of the categories which have been surveyed.

It is estimated that many species are under threat as a result of habitat loss and climate change. As individuals and communities we can contribute to halting biodiversity loss by learning to identify the diverse plants and animals within our own areas and by planting trees, flowers and shrubs which will attract pollinating insects. Kinsale, being situated in a tidal harbour where the Bandon River enters the sea, is an area which should exhibit considerable variety of species due to its diverse range of habitats. It would be interesting to find out how the environment of Kinsale rates within a national context.

For further information: [www.biodiversityireland.ie](http://www.biodiversityireland.ie)

**Proud Day for the Jagoe Family**

It certainly was a proud day for the Jagoe family from Nohoval on Tuesday 7th April, with the election of Alan to the premier position in Macra na Feirme.

The 28-year-old Tracton man, who is a former pupil of the Rennies NS and Crosshaven Secondary School, was absolutely delighted to have beaten off some stiff opposition to be

elected President of the National organisation. Reflecting on his campaign and the 17000 miles clocked-up on his successful vote-seeking exercise, Mr Jagoe paid tribute to his family, including his father, Eddie, mother, Agnes, sisters, Marian and Ann and brother, George and, more importantly, not forgetting his girlfriend, Helen McCarthy, for their support.

A member of Macra since 2003, Mr Jagoe is full of praise for his fellow

Carrigaline club members, remarking his success was only possible through the encouragement he has received not just over the past few months but since he first joined the organisation in the local branch. Mr Jagoe is a firm believer that the organisation is very much about developing the individual by encouraging people to participate in the many activities and roles of responsibility in 'Macra'.

No longer just a rural organisation,

with clubs now in all the major cities, Mr Jagoe believes the organisation 10,000 membership has a lot to offer the community. Certainly looking forward to the challenge over the coming three years, Mr Jagoe has set his sights on leading the organisation to continue to expand and play an important role in the social fabric of the country.

JJ Hurley



At Kinsale Bookshop we have had a busy time with various projects, we had the launch of Maria Moulton's *The Mammy Diaries*, our Poetry Evenings, our Book Club and the planting of our garden. *The Mammy Diaries* is a book born of a blog which cuts to the chase of how women really cope with the whole business of motherhood. The book is the result of almost three years worth of interviews with over 200 mothers who have given birth in Ireland. Maria (pictured left), her husband Jimmy, and their delightful daughters Lily and Anna spent a very informative morning with us.

We are delighted that two of our regular poets from our Poetry Evenings will be launching their new collections during Kinsale Arts Week. They are George Harding with his new book *My Stolen City* and Adam Wyeth with *Silent Music*. Both will be launched at Kinsale Bookshop.

During Kinsale Arts Week we will also be hosting Damien Enright and his latest book *Scenic Walks in West Cork*. He again puts his considerable experience and knowledge of the area into his book.

Our final book will be *Dead Hairy* by Debbie Thomas. This is an hilarious children's adventure story, a crazy caper of laughter, love and lice crispies. Debbie will be reading from the book and chatting to the children about it.

Finally we have our Transition Town Garden. This was planted with the help of Jeannie Ni Thiomanai who supplied all the plants. We are growing fruit, veg and herbs with some pretty flowers as well. So it's not just books here at Kinsale Bookshop, we hope that people will pop in and visit our sunny deck and enjoy our planting and even do a spot of weeding!

Looking forward to seeing you during the summer months. You can check us out on facebook and at our new web site designed by Gareth Barry at [www.kinsalebookshop.com](http://www.kinsalebookshop.com)



# TRANSITION TIMES

Updates & news on the Transition Town process in Kinsale edited by Nicholas Harvey

**Working today for a sustainable tomorrow**

## TTK FIVE YEARS OLD

It's incredible to think that TTK has now been in existence for five years. It's also amazing to think that what originated in 2005 as a student project at Kinsale College evolved into a community initiative in 2006 and has since become a global movement with over 300 Transition initiatives worldwide. From small seeds big things can grow and TTK continues to grow with a busy start to 2011 and some exciting new projects on the horizon all helping to build a resilient and sustainable community.

## THE FUTURE OF MONEY

On Friday 18th March the TTK Economy Group organised an open forum, 'The Future of Money'. Richard Douthwaite, economist and journalist, introduced the concept of The Liquidity Network which Feasta (Foundation for the Economics of Sustainability) are discussing with a number of local authorities <http://theliquiditynetwork.org/>.



Frank Kruger gave an outline of the new Community Exchange Model which he has set up. There was a lively discussion of alternative currencies following the two presentations. If you would like to join the Kinsale Area Community Exchange (KACE) please visit [www.community-exchange.org](http://www.community-exchange.org) and for more information about the Community Exchange system, Frank Kruger has the following website: <http://www.grendill.com/ces/news.html>. With the current state of the economy the time is certainly ripe for exploring alternatives.

## EARTH HOUR

A crowd of 250-300 people joined us at the Dock to mark Earth Hour on Saturday March 26th to send out the simple message that we need to care for our planet. Members of PassePartout Circus provided a fabulous fire show accompanied by The Kinsale Drum Circle. Kinsale Angling released lanterns from their boat in the harbour while 100 eco-lanterns were launched by the community just below James Fort.

We were blessed with perfect weather conditions and the launch looked spectacular from the town. A big thank you to Karla Goodman who initiated and co-ordinated this great event. Same time next year!



## SPRING FAIR 2011

Having realised that bigger is not necessarily better, we pared down this year's event to just two venues on Saturday 9th April. The Temperance Hall hosted an indoor market with an array of stalls selling seeds, potted plants, delicious local and organic food, and a range of useful information was available about local food growing initiatives such as Ringrone Allotments, Kinsale Green Growers, Kinsale Community Supported Agriculture (CSA) and Education for Sustainability (EFS) our schools project. Kinsale College Fashion course had a Funky Fashion Stand for upstyling clothes, there was butter churning and some wonderful live music added to the relaxed and friendly atmosphere. Upstairs you could watch films and participate in workshops in making hats from rubbish, making door plates from recycled materials, bellydancing and hoolahooping.



Later we had our annual 'Springamagig' at the college amphitheatre with hilarious comedy from the College Drama students and Snatch Comedy Improv and some wonderful Old time American and bluegrass music from The Critters, a good dose of dark blues from Stuart Wilde and some uplifting singing from Acapellabella to round off a fabulous day's activities.

A big THANK YOU to everyone for making the Spring Fair possible. Our venues: the Temperance Hall & Kinsale College of Further Education; the workshop facilitators and all the volunteers who helped make the day happen; the fashion students at KCFE and other stall-holders; all those who donated raffle prizes; the performers and everyone who participated.

## NICOLE FOSS

On Sunday 10th April TTK were delighted to welcome Nicole Foss to Kinsale. Nicole is an energy industry consultant and financial analyst from Ontario, Canada, and blogs under the name "Stoneleigh" at the website The Automatic Earth ([www.theautomaticearth.blogspot.com](http://www.theautomaticearth.blogspot.com)).

She discussed the many converging factors that are contributing to the financial predicament we face today making particular reference to how energy and finance are connected. She also outlined how individuals can build a "lifeboat" to cope with the difficult years ahead. Many questions were raised and discussed over the course of the evening and she noted that one of the key strategies we should undertake for the future is community building ....so come and get involved with Transition Town Kinsale!

## ENERGY AUDIT

As part of our efforts to reduce energy consumption in Kinsale town and environs, TTK's Energy Group would like to carry out a survey of households and businesses in order to get an idea of how much energy is actually used. We aim to see if it is increasing or decreasing over time and identify opportunities for saving. This information is not publically available so we need to collect it directly from you.

So if you'd like to help out and share this information with us, anonymously, all you have to do is take a reading of your electricity meter at the end of every month and send it to TTK by email or text.

(continued overleaf)



# TRANSITION TIMES

Updates & news on the Transition Town process in Kinsale edited by Nicholas Harvey

**Working today for a sustainable tomorrow**

(From previous page)

No names or address required, only the type of property (residential or business). If you are willing to commit to sharing this information for a period of one year, please email: Stig Hellebust at [hest@eircom.net](mailto:hst@eircom.net) or ring/ text 087 1329174.

## ANAEROBIC WASTE DIGESTER

Since being awarded a €37,500 government grant to progress to the pre-planning stage of the Kinsale Community Waste Digester project, we have assembled a team of six, including Vicky Heslop, chair of the Irish Bioenergy Association, to complete this work by end of September. Five possible sites are under investigation, and a survey of potential waste to be collected from farms and businesses has already started. An important landmark event is to be a presentation to any interested local investors and business owners, that will take place in the Blue Haven Hotel on Monday June 20th at 5.45pm.

The project is the first of its kind in Ireland, and designed to be owned and run locally, as a sustainable energy source for the community. Jobs will be created. Local water quality will improve. The outrageous cost of trucking waste to far away landfill will be saved. Shares in the venture will be available for as little as €500, so we hope everyone will be able to come along on June 20th and find out more.

## CYCLE WAYS AND WALKWAYS

TTK are looking at developing a network of cycle routes around Kinsale and also at promoting and developing walkways. If you are interested in being involved please contact Elizabeth Creed (087 2894077).

## FAMILY GREEN DAY @ KINSALE ARTS WEEK

TTK are thrilled to be once again collaborating with Kinsale Arts Week to present an entire day of family activities, workshops, entertainment, words and ideas that might encourage us all to think differently about the world and our place in it. On Sunday 17th July you can encounter bike-powered sound systems, learn how to make your own lotions and potions, listen to some visionary entrepreneurs about a brighter future and take part in a range of workshops. See the great line up in the KAW programme or check it out here:

<http://www.kinsaleartsweek.com/event/Family—and—Street/Family-Green-Day/65>

## KINSALE COMMUNITY ALLOTMENTS

An acre of land has become available to us on Compass Hill to be used as allotments. We are just at the planning stages so far and there is much work to be done. All being well, allotmenters will be able to start growing next Spring. If you are interested contact Mary Minihane at: 086 2363607, 021 4777866 or [m.minihane@gmail.com](mailto:m.minihane@gmail.com)

## ☺ SMILEY AWARD

And this month's TTK Smiley Award goes to the Sisters of Mercy for helping to facilitate the allotment development at Compass Hill. Many thanks.

For more information or to get involved:

[info@transitiontownkinsale.org](mailto:info@transitiontownkinsale.org)

[www.transitiontownkinsale.org](http://www.transitiontownkinsale.org)

Transition Town Kinsale is an inclusive voluntary community initiative exploring responses to climate change and energy depletion. All are welcome at our events.

## Green Flag for Summercove N.S.

Two years of hard work paid off for Summercove N.S. when they were awarded a Green Schools Flag by An Taisce on June 8th last. The aim of Green-Schools is to increase students' and participant awareness of environmental issues through classroom studies and to transfer this knowledge into positive environmental action in the school and also in the wider community. Since 2009 the children of Summercove N.S. have been working towards the goal of achieving a Green Flag. A student committee was formed with representatives from each class and many pupil initiatives were introduced to improve the school environment, reduce waste, etc.



Mayor of Cork County, Cllr Kevin Murphy, had the honour of raising the Green Flag at a ceremony attended by several Kinsale Town Councillors including Mayor, Cllr Michael Frawley, Canon John K O'Mahony and many parents. A blessing was performed by Canon O'Mahony before the flag was raised.

The ceremony was followed by a reception in the school for the dignitaries and the parents while the school children were rewarded for their hard work in gaining a Green Flag with a very special treat.... a visit from the ice cream van! Well done to all.

Photos courtesy of Helen Hynes & Lisa Lee Fitzgerald



# KINSALE ADVERTISER

INCLUDING THE WEEKLY **WHAT'S ON** GUIDE TO KINSALE & DISTRICT

Digital edition uploaded every Thursday morning

[www.kinsalenews.com](http://www.kinsalenews.com)

## VANDALISM

**to flower tubs and newly installed windows at the Municipal Hall was strongly condemned by members of Kinsale Town Council at their June meeting.**

In the early hours of May 30th, 16 panes of glass in three large heritage style windows were smashed and one of the bricks was thrown with such ferocity that it struck the inside wall of the council chamber, reported town clerk Ms Michelle Kelleher who added that three heavy flower tubs directly in front of the building were overturned. Damage amounted to approximately €3,000.

She paid tribute to contractor OK Woodcraft Designs, Doneraile, for immediately installing the old windows on a temporary basis and having the repairs carried out in just three days.

In reply to Cllr Dermot Collins, the town clerk said Gardai took fingerprints at the scene and there was insurance cover.

Cllr Darren Cotter suggested a closed circuit television (CCTV) camera be installed at the

Bowling Green overlooked by the Municipal Hall. Ms Kelleher said the council was currently seeking a costing which she added, would be higher if directly linked to the Garda station instead of to recording equipment in the hall.

Cllr Fred Treacy said it would be much more effective if linked to the barracks. In agreement, Cllrs Collins and Cotter said monitors there for existing CCTV cameras in the town had zoom capacity while Cllr Tomas O'Brien said cameras outside The White Lady Hotel were also excellent.

Cllr Noel Harrington said vehicles were broken into and damaged at The Ramparts, Scilly and Ardbrack and suggested a mobile CCTV camera be used in such places.

Cllr Collins complimented Gardai on recently observing two sergeants and a guard quizzing youngsters drinking in a public place at the Low Road walk at Scilly.

It was agreed to discuss vandalism, security cameras, anti social behaviour in some housing estates and other issues at the next meeting of Kinsale's new Joint Policing Committee (JPC).

The town clerk said that following a two week survey by traffic warden Mr Tim O'Donovan, it was established that 21 spaces could be marked out at the Bowling Green car park. With regard to the proposal for pay parking to offset some of the €300,000 incurred for buying the lease for the green, nine residents' parking permits would be needed plus three reserved for staff which was quite high. It was estimated the cost of putting in a pay parking machine etc would be recouped in three years.

If pay parking was agreed, it would require a formal change of the by-laws and it was also proposed to include pay parking at the Town Park on the area occupied each summer by Piper's Funfair. Both proposals would have to be advertised, Ms Kelleher added. On a proposal by Cllr Darren Cotter, it was agreed to discuss the matter again at the next meeting.

In reply to a request from Cllr O'Brien, Garda Sergeant Pat Ryan said there is currently one camera from the Kinsale town CCTV system that can monitor Archdeacon Duggan Bridge from

a distance. It is used for any incident reported in its vicinity and also monitors the Castlepark and World's End areas.

'An additional camera at close proximity to the bridge which would give better clarity as to activities in that area is the ideal solution. The cost to put this in place and link it to the Garda Station is approximately €28,000', Sgt Ryan added. It was agreed to refer the matter to the JPC but Cllr O'Brien said an effective camera could significantly reduce the high cost of calling out emergency/rescue services which were not always necessary.

Cllr O'Brien welcomed the news that the public toilets, which were vandalised over the May bank holiday weekend, had reopened at the start of June.

Mr Tony Lane, who is chairman of Kinsale Harbour Commissioners and Mr Kevin O'Donovan, Travellers liaison officer in Cork County Council, were unanimously elected to represent the voluntary/community sector on the JPC. Welcoming the appointments, Cllr Collins predicted the JPC would benefit the town and community.

## Kinsale Lions Club Annual Golf Classic

*The Kinsale Lions Club is holding its traditional Golf Classic on Thursday, 7th July at Kinsale Golf Club, Farrangalway. Kinsale Golf Club has kindly provided the course for the Lions on that day and we hope that golfers in the area may consider entering a team.*

*The entry fee is, as last year, €300 for a team of four people. There will be a meal provided in the Club House following the round and we shall provide a large selection of prizes.*

*All monies raised will go to local charities and deserving causes in the local area. Over the past few years the Kinsale and District Lions Club has managed to raise nearly €300,000 for the sick children in Cork hospitals and €100,000 for the Lifeboat as well as making substantial contributions to the Community School, the*

*Coastal Walks, the imminent Day Care Centre, Youth and Sports projects, the Red Cross and many other local deserving causes. We have promoted health in the town by providing defibrillators and the necessary training during last year.*

*With financially stringent times upon us, it is vital that we continue to do our best for our community and, therefore, we look to our friends and supporters to back us in this effort.*

*Please contact Tony Boland 021 4777584 or with regard to a suitable tee time, should you be able to support us this year with a team or any number of players.*



## Farmers' Market

Cambium is a nursery with principles in organic growing set up and run by Iona Rea Wilson and Daniel Krakauer. Really it is three businesses in one: nursery, woodwork shop and landscape gardening. They specialise in culinary herbs, edible gardens, vegetable plants and home-growing in tiny spaces.

Iona and Daniel started work on Cambium in January, on the first Monday of the new year. Their six day working week soon turned into seven days a week of planning, sourcing and building new infrastructure. In the first week in February they put up their polytunnel, or polywonkel as they call it, due to its unique shape as a result of being moulded by strong winds. They are passionate about every detail of their business, for example they use coir or coconut fibre pots because they are better for plant roots than other biodegradable pots.

The couple both attended Kinsale Further Education College and Daniel also did a market garden course with Jim Cronin in Clare. Starting a plant nursery was the perfect way to put their knowledge to use and to take advantage of their garden space. Daniel had a background in woodwork before studying permaculture, so he has been making lots of raised beds, funky window boxes and plant containers. The Cambium stall itself is a beautiful example of this side of the business.



Iona and Daniel have a stall at the Farmers market on Wednesdays and at the Seaview market on Saturdays and Sundays. Their plants are also for sale in Diva's Deli in Ballinspittle and Rohu's country market in Inishannon. They are currently working on plans to set up a small garden centre

at their house between Kinsale and Ballinspittle and hoping to take on WWOOFers to help with the workload.

As it was their first season, what and how much of everything to grow was a bit of a gamble, thankfully though, it's all working out fine. 'We're happy that this little business came out of our garden' they say 'and that it is a small example of what has come out of Kinsale Further Education College.'

Niamh Prior



## Kinsale RFC Tag Rugby

Well it is that time of year again; the tag season in Kinsale Rugby Club is upon us!! Another fun filled summer of socialising, laughter, fresh air, fun and tagging!! Last year we had 15 teams and hope to increase that to 18 this year - so we are actively seeking more players.

This year's event is being sponsored by Lucozade Sport who also sponsored the event last year. As always we have action packed weeks ahead of us every Thursday until the end of July. Teams are mixed with men and women required on each team. There are different leagues to suit all levels of skill and fitness, so don't be afraid to give it a try. Barracuda will be on hand to feed our appetites each evening with Lucozade Sport, our main sponsor to quench our thirst. As is traditional the game will be played to 'Eoin's' tag rugby rules which will be forwarded to all teams prior to kick off.

Obviously the most important part of any Kinsale Tag season is the social life and we can promise you will not be disappointed!! We will have our welcome party and our final festival farewell party along with some exciting new additions in between.

If you would like more information log on to our website [www.kinsalerfc.com/tag2011](http://www.kinsalerfc.com/tag2011).



6th Class children from Dunderrow National school are pictured enjoying a field trip to White Castle. Pictured also is Mr. Vincent Murphy, local Historian and owner of the grounds on which this historic ruin is situated.

### Cork Primary Game

*Congratulations to Sadhbh O'Leary, 5th class pupil of Summercove NS, who was recently selected to play on a Cork Primary Game team. She played in Páirc Uí Chaoimh on June 5th during the Cork v Waterford match.*

### Kinsale Man's Contribution Acknowledged

*Fittingly the members of Kinsale Harbour Board stood for one minutes silence at the monthly meeting of the local board to mark the recent passing of one of the town's favourite sons, Mr Seamus O'Neill.*

*A member of the voluntary Harbour Board Committee for twenty five years, Mr O'Neill had also served as Chairman for one term.*

*Addressing April's meeting, Board Chairman, Mr Tony Lane, extended the sympathy of the entire committee to Seamus's son, Eamonn, who is the fourth generation of the O'Neill family to serve on Kinsale's Harbour Board.*

*Reflecting on Mr O'Neill's career in public life, Mr Lane acknowledged the contribution the late Mr O'Neill had made not just to the local Harbour Board but also as an elected member of Kinsale Urban District Council, holding the office of Chairman for a number of terms.*

*A tireless campaigner for the town, Mr Lane highlighted the late Mr O'Neill's extraordinary vision in the 1950s in attracting French fishing vessels to Kinsale, bringing much welcome trade to the then stagnant port.*

*In fact Mr O'Neill's efforts to establish economic links between the two republics did not go unrecognised and he was decorated by the French government in 1991 for his contribution for building an entente between the two fishing communities.*

*Member of both the Harbour Board and Kinsale Town Council, Mr Billy Lynch, who is also a local fisherman, said: "The late Mr O'Neill was a unique individual who will not be just missed by the French fishermen but also by the entire seafaring community in the harbour."*

*Also wishing to be associated with the previous remarks was long-serving board member Mr Frank Kieran, while Harbour Board Commissioner and County Mayor, Mr Kevin Murphy, said the late Mr O'Neill was a straight-talking individual, who always spoke his mind.*

*Mr Murphy added: "It is a shame Seamus will not be present at the naming of the former mill building in the town in honour of his late grandfather, Mr James O'Neill, later in the year."*

*Mr Murphy said: "The O'Neill family has made a unique contribution to the economic growth of the town and it is fitting that the former mill building will be dedicated to the memory of the late James O'Neill.*

*With further tributes being paid by Mr Alan Coleman, Mr Virgil Horgan, Mr Tony Cierans and Mr Pat Guilfoyle, the late Mr Seamus O'Neill's son, Eamonn, thanked the Board Members for their kind words and expressed his appreciation on behalf of the O'Neill family.*

*JJ Hurley*

### Mr Peadar Madden RIP

It is with sadness that we learned of the death of Mr Peadar Madden in Castlecomer, Co. Kilkenny, on April 18th last.

A brother of Mr Paddy Madden, after whom Madden Park is named, Peadar left Kinsale in the late 1940s to pursue a career as a teacher. In 1963 he became Principal of the new Castlecomer Vocational School. A man beyond his time, he entered a successful team in the Aer Lingus Young Scientist competition in 1970, ran catering courses under CERT and developed night classes in the school which were to go from strength to strength. An avid sporting fan he was a great lover of rugby and was a life member of Kilkenny Rugby Club. Rugby was not his only passion as he also was very involved in Castlecomer Golf Club and had a great interest in community affairs.

While he left Kinsale over half a century ago, he was always very proud of his Cork roots.

We offer our deepest sympathy to his immediate family and his extended family here in Kinsale and elsewhere.

Ar Dheis Dé go raibh a anam dilis.



# DANCE ON, 2011

The Lucy French School of Dance presented Dance On, a full length showcase of dance, at Actons Hotel from May 19th-21st 2011. Over 750 people came to see this exciting show which was on for 4 shows over the three days. On show was Ballet, Jazz and Hip Hop dance with performers from 2-18 years of age. All did a fantastic job and the show was a great success, from the cool streetdancing boys to the beautiful ballerinas dancing en pointe.

The Lucy French School Of Dance will move in to it's very own premises this summer, this will include a fully equipped dance studio, mirrored walls, changing rooms and reception. Dance and Musical Theatre Camps will be held in this new venue from July 18th. To get information or to book at place at any of the fun dance camps or to enroll for September please call: 0214773553 or 0879521463 [www.lucyfrenchschoolofdance.com](http://www.lucyfrenchschoolofdance.com)



Congratulations to Louis Allman from St. John's National School who came first at the Cork City Sports recently.

## *Little Rascals Graduating from Little Rascals!*



Little Rascals Montessori and Crèche, Compass Quay, Kinsale  
Phone Fiona: 087 224 8816 / 021 477 7687

## Convent of Mercy Class of 1986 School Reunion

The Spaniard Bar was the setting on Saturday June 11th for a night of nostalgia and reacquainting, as the Leaving Cert. class of 1986 from the Convent of Mercy celebrated their 25th anniversary reunion.

Weeks and months of texts, emails, facebook and good old fashioned phone calls had the preparatory work done, but the lingering fear of would anyone turn up always hovered. By 9pm the fear had evaporated as 45 from a class of 68 partied the night away.

The overriding emotion was the reality that 25 years had passed with such haste. But with each passing hour on the night all agreed that the ageing process had been kind to all. (I imagine that would be questioned again on Sunday morning!)

But what a night! From the Courceys, to Dunderrow, Belgooly, Nohoval, Riverstick, the town and beyond, it was just like the old days. The banter and



slagging, the stories good and bad were all shared again. Our thoughts were with two of our absent friends Anne Bowen and Betty O'Donovan as we raised our glasses in their memory.

A fantastic night concluded with a sudden increase in the age profile of revellers in the Bacchus!!

We'll do it all again in 2036!

Peter Keohane



Mr. Tony Lane, Chairman of Kinsale Harbour Board, laying a wreath at the monument to seafarers on the Pier at the annual Sea Sunday commemoration. Pic. Dermot Ryan

## KINSALE HARBOUR NETS €1.25 MILLION

There was welcome news for Kinsale Harbour recently with the announcement that the town is to receive €1.2 million for capital projects.

The substantial contribution includes €420,000 for the ongoing work at the main pier, €300,000 for remedial work at Lobster Quay, €400,000 for an extension to Adams Quay and €130,000 to cover the cost of the design stage of a proposed extension to the main pier. There was a broad welcome from all nine members of the voluntary Harbour Board to the significant allocation of funding for the existing and proposed capital projects in the historic port.

Chairman of Kinsale Harbour Board, Mr Tony Lane, said: "The investment will certainly go a long way in securing the jobs of those who make their livelihood from the sea." In addition to the fifteen fishing vessels currently operating out of the busy harbour, the port also provides substantial employment, with Henry Good Limited importing animal bulk feed and grain for the brewing industry at the main pier.

However, despite securing the funding, the members of Kinsale Harbour Board expressed their frustration at its most recent meeting at the slow progress in deciding the future of the voluntary board. As far back as 1999, a KPMG report recommended that Kinsale Harbour Board should be transferred from the control of the Department of Transport to Cork County Council but despite a number of meetings between the Department and the local authority no announcement has been made on the Board's future.

Harbour Commissioner Eamonn O'Neill, a fourth generation member of the Board, has consistently argued that the services of the existing Board be retained in running the harbour and his suggestion has received universal support from all nine members of Kinsale Harbour Board.

JJ Hurley

## CYCLISTS' HELP SICK CHILDREN

On Saturday, April 16th, a glorious spring morning delighted 172 expert cyclists from all over County Cork as they set off for a 70 mile rally along the coast from Kinsale Rugby Club. A beautiful and stretching challenge lay ahead for the bikers. Organised and marshalled by Kinsale and District Lions Club, this run will help to provide a brief holiday in Disneyland Paris for the sick children of four Cork hospitals. The Lions organised previous expert and fun rallies, in conjunction with the hospitals' Children's Club, last

October. With the sun on their backs, the cyclists provided a good pace through Garretstown, Coolmain Bay, Timoleague, and down along the coast. The leaders were at Courtmacsherry in just over an hour! The troupe continued via some testing hills past Butlerstown, Dunworley Bay, Ring, Clonakilty Bay and through to the GAA pavilion off the Skibbereen road, where the first arrived within two hours of the start. The sun continued to shine on the righteous and demanded an even greater effort after lunch as the cyclists returned to Kinsale via Timoleague and Ballinspittle. Little was left to chance as the parade had been accompanied by a Garda outrider, a

volunteer motorcyclist, three Civil Defence vehicles, ambulances in case of emergencies, rapid response cars, a pick up trailer and a repair van. Gardai in Clonakilty and Kinsale were most helpful and Lions Marshals attended the well signed route, which was cleared immediately afterwards to protect our environment along this magnificent coastline.





## Bookstór news

Bookstór is buzzing! We are gearing up for a very busy few months. To celebrate our independence and Independent Booksellers Week, we're holding a Used Book Day on Saturday June 18th, from 11-5pm. Bookstór buys and sells a great range of used books. We pay you €1.50 per book in store credit for each book we buy. On Used Book Day only, we will take ALL your unwanted books, pay you for those we are going to sell and, if you wish, donate the others to charity on your behalf! We'll have an exhibition of entries to our Picture Book Challenge and Bookstór cakes galore! On Used Book Day we'll also be hosting a Children's Book Exchange.

In conjunction with our celebrations of independence, we invite you to enter our 'PICTURE BOOK CHALLENGE'. All you have to do is submit an image that captures a sublime reading

moment. To celebrate all that books bring, we'd love you to send us an image (photo, drawing, collage, anything) that captures a perfect reading moment. We'll be exhibiting all entries in the shop during Independent Booksellers Week and announcing the winners on our Used Book Day, Saturday June 18th. Our three favourites will each receive a €25 Bookstór voucher, as well as cake and glory! The challenge is open to everyone, and you can submit as many entries as you like. Don't forget to include your name and contact details. Independent Booksellers Week runs from June 18th - 25th 2011. See in store for further details

Kinsale Arts Week July 9th-17th We are putting the finishing touches to our week-long literary treasure hunt. This will be a free, family event with something to entertain everyone. It will feature lots of funky puzzles, activities and favourite characters from children's books, and will lead you on merry dance through the streets of Kinsale. Bookstór will also be supporting literary events

throughout Arts Week, when there will be a host of literary talent in town.

*Ireland Unhinged* Book Launch - David Monagan, author of *Jaywalking with the Irish* will be in Bookstór at 3pm on Saturday July 14th, to launch his new book *Ireland Unhinged*. He'll be joined by some of the colourful characters who appear in the book, and we're planning an engaging and lively event. Bookstór hosts a regular Storytime in the shop at 10am on the first Saturday of every month. Each month Aine Ryan and Maxine Acton, our story-godmothers, share stories, songs and rhymes for little ones; pre-schoolers and toddlers mainly, but all are welcome, as long as an adult comes too. If you would like to receive a monthly Storytime reminder by text, just contact the shop.

Bookstór's Book Club meets once a month, generally on the third Thursday, between 7 and 8pm. Everyone is welcome - the more the merrier! On June 23rd we'll be discussing *Living Dolls* by Natasha Walter: Empowerment, liberation,

choice - once the watchwords of feminism, these terms have now been co-opted by a society that sells women an airbrushed and increasingly narrow vision of femininity. *Living Dolls* is an accessible, well-researched, passionate and painfully relevant book.

When we meet on July 21st, we'll be discussing *Touchy Subjects* by Emma Donoghue. This is a series of short stories by the author of *Room*. *Touchy Subjects* is about things that make people wince: taboos, controversies, secrets and lies. Both these books should make for lively debate, and we'd love it if you'd come along to share your thoughts.



Economist Jim Power (centre) pictured with James O'Mahony, Cllr. Kevin Murphy; Garrett Dee of Enterprise Ireland and Cllr. Dermot Collins at Fitzgerald & Partners Business Breakfast Briefing at the Blue Haven Hotel recently.  
Pic. John Allen

## Michael McCarthy TD

*has been in touch with the Kinsale & District Newsletter informing us that, following a visit to Kinsale Community School, he submitted a parliamentary question from the Department of Education & Skills seeking an update on the status of the extension for the school.*

*He was informed that the tender process for the appointment of a Design Team on the school building project is in progress. The first stage of the process to pre-qualify suitable consultants is complete. The next stage of the process, which will commence shortly, will be to issue the invitations to the pre-qualified consultants to tender for the selection and appointment of the design team.*

*(Kinsale Community School opened in 1996 to cater for 450 pupils, the school now has 755 students in attendance and has been seeking a crucial extension to the school for a number of years.)*

## Riverstick-Kinsale Athletic Club News

The Cork County athletics championships were held over two weekends at the beginning of May in the CIT complex in Bishopstown. It proved to be a very successful championship for the athletes of the club, winning no less than 25 Cork County medals. The athletes who contributed to the haul were Kevin Nyhan, Cormac Hickey, Thomas Kelly, Aidan O'Connor, Eimear Stanley, Eoin Hurley, Kevin Fitzgerald, Owen Redmond, Caoimhe O'Callaghan, Orlaith Hickey and Alan O'Donovan. There were many young members of the club who competed in the championships for the first time and even though they were unsuccessful in attaining medals they competed with immense promise for the future. Included in the list of medals won were six County

titles won by our athletes. The boys under 18 4x400m relay team of Kevin Nyhan, Cormac Hickey, Thomas Kelly and Aidan O'Connor are County Champions. Eoin Hurley, a relative newcomer to hurdling, showed promise in winning the boys under 15 250m hurdles title. The boys under 12 700m title was won in great style by Alan O'Donovan in a good time. Owen Redmond, a newcomer to track & field running, captured three titles in the boys under 10 sprint, 300m and the long jump.

On Saturday 21st May Diarmuid Hickey had a great day at the Munster Schools Championships in CIT winning the senior boys shot putt and discus and the club wishes him well in the upcoming National Championships. Caoimhe O'Callaghan also qualified for the Munster Schools Championships and competed admirably in the long jump.

It is great to see new athletes starting with the club each week. Training continues every Tuesday

evening from 5.30pm until 6.30pm at the Kinsale Rugby Club grounds. New members are welcome and the club would appreciate if parents would be willing to help in some way prepare our young athletes for competition.

The Riverstick-Kinsale Annual Open Sports take place on Wednesday 29th June at 7pm at the Riverstick GAA Grounds and all are welcome.



Kevin Fitzgerald (left) and Alan O'Donovan wearing the new club singlet for the first time at Courneys sports recently



## Lion Pat Jones

On Friday, 13th May, all Kinsale Lions Members were shocked to hear of the sudden death of Pat Jones, their Honorary Member. Although he was 82 and obviously not in the first flush of youth, Pat had always been larger than life and had fought off a recent illness to come through smiling, full of humour and as friendly as ever.

He was a faithful and active Member of the Lions Club and only his occasional absence from the country prevented him attending all meetings and events. Three years ago, he was unanimously voted our Honorary Member.

The night before he died, Pat and Irene were laughing and joking in good company in The Spaniard. He enjoyed life to the very end.

Deepest sympathies go to his family, especially Irene, coping now with his sudden, and much- too- early departure.

He will be greatly missed by all who knew him and who will still expect to see his elegant figure around Kinsale. We have lost a wonderful man.

May he Rest in Peace.



## Thank You

To everyone for their flowers, cards & prayers for the late Eileen O'Hare, Butchers Row, who passed away on May 28th.

A special thanks also to the Matron & all the staff at the Kinsale Hospital who cared so wonderfully for Eileen over the last 7 years.

From Eileen's son & daughter,  
Timothy & Mary O'Hare



## A Note of Thanks

from the Graham Family

Brian, John and Sheena Graham would like to thank all of you for your love and kindness following the passing of Anita. The family was deeply touched by the generous support from the community, something that will always remain in our thoughts.



## Milestones

### Births

❁ Congratulations to Mike and Lyn Denny (née Duggan), Kinsale, on the birth of their daughter, Louise, on April 25th 2011, little sister to Claudia.

❁ Congratulations to Aine (née O'Regan) and Kevin Hull, Old Court, Kinsale, on the birth of their son Conor George, on 11th May 2011.

### Marriages

Congratulations to the following couples who were married recently:

❁ Barry O'Neill and Siobhan Ball, UK, who were married on April 8th 2011.

❁ William Casserly and Susan Corr, Springmount, Kinsale, who were married on April 15th 2011.

❁ Edward Wyeth and Genevieve Ryan, Co. Dublin, who were married on May 7th 2011.

❁ Padhrick Ryan and Ciara Labanyi, Limerick City, who were married on May 27th 2011.

❁ Brendan Pio Finn and Danielle Feder, USA, who were married on June 3rd 2011.

### Deaths

Our sympathy to all those who have suffered bereavements recently, including the families of the following people:

• Sean Condon, Ballinacubby, Kinsale, January 12th 2011

• Joan Forde, Ballyregan, Kinsale, April 15th 2011

• Sheila Donovan, Farnamoy, April 16th 2011

• Paddy Connolly, Ardclloyne, Kinsale, April 24th 2011

• Pat Jones, Scilly, Kinsale, May 13th 2011

• Eileen O'Hare, Butcher's Row, Kinsale, May 28th 2011

• Finola Beasley, Harbour Heights, Kinsale, June 2nd 2011

• Iris White, Fort View & Cramer's Court, Kinsale.

• Eliane Norman, Main Street, Kinsale.

• Anita Graham, Blindgate, Kinsale.

Place your announcements; engagements, births, marriages, etc., free of charge in the **Kinsale & District Newsletter**

**Our next issue will be published in the Autumn!**

Tel: 021 477 4313

Fax: 021 477 4339

Email: [info@kinsalenewsletter.com](mailto:info@kinsalenewsletter.com)

Web: [www.kinsalenews.com](http://www.kinsalenews.com)

# ~ Communion & Confirmation Special ~



*Shane Corkery*  
Nelius Buckley 021 4774440



*James O'Donovan*  
Nelius Buckley 021 4774440



*Sarah Carroll*  
Nelius Buckley 021 4774440



*Ava McCarthy*  
Nelius Buckley 021 4774440



*Michael McCarthy*  
Nelius Buckley 021 4774440



*Congratulations to all  
the children from  
Dunderrow  
National School  
who recently  
received the sacraments  
of Confirmation  
& First Holy Communion*



*Aisling Collins*  
Nelius Buckley 021 4774440



*Aideen Collins*  
Nelius Buckley 021 4774440



*Roisin Santry*  
Nelius Buckley 021 4774440



*Sarah McCarthy*  
Nelius Buckley 021 4774440



*Cliodhna O'Sullivan*  
Nelius Buckley 021 4774440



*David Daly*  
Nelius Buckley 021 4774440

Smith's of Kinsale

**SuperValu**  
Real Food, Real People



## Proudly Supporting Local Irish Jobs, Irish Farming, Fishing & Irish Food!



SuperValu works with **14,000** people employed with our Irish suppliers and producer partners, as well as over **250,000** people in the Irish farming and food industry.

All our SuperValu Quality meat is **100%** Irish; that includes our beef, lamb, pork, bacon and poultry, all of which are born, bred and reared on Irish farms.

We employ over **15,000** people in our **191** locally owned stores across the country.

We buy over **€1 billion** in fresh Irish food every year. We source Irish whenever available and in season - in fact **70%** of our fruit & vegetables are Irish.

**75%** of everything on our shelves is either sourced or produced in Ireland, which is a contribution of over **€2.8 billion** to the Irish economy every year.

*Along with getting great value, you are helping to support Irish jobs. Thank you.*

**Call us: 021 4772843**

Email: [kinsale@supervalu.ie](mailto:kinsale@supervalu.ie)

Find us on Facebook: Kinsale SuperValu

Follow Us on Twitter: @KinsaleSuperVal

**Opening Hours:**

Monday - Saturday: 8am-9pm

Sunday: 8.30am-9pm



Member of:



# We're not only Irish, We're Local Too

