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Kinsale & District NEWSLETTER

Spring 2012 Vol. 35 No. 2

Est December 1976 by Frank Hurley

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...Pink!**

...and Green!



- Pic John Allen

- Pic John Allen

- Pic Howard Crowley

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€330M INVESTMENT BY ELI LILLY IN KINSALE TO CREATE 200 NEW JOBS

A very significant investment in job creation and the economy of Kinsale and Cork was how County Mayor Tim Lombard described the announcement at the Carlton Hotel, Kinsale, recently by Minister for Jobs, Enterprise and Innovation Richard Bruton TD that Eli Lilly and Co, a global leader in biopharmaceuticals, is to spend €330 million in a brand-new facility at its Dunderrow plant that will create 200 highly skilled new jobs plus 300 more in construction of an additional world-class commercialisation and manufacturing facility. IDA Ireland worked closely with Lilly to attract the investment in a 240,000 square feet facility that will further enhance the US based company's ability to bring treatments for illnesses such as cancer and diabetes to patients worldwide.

Construction is due to start later this month and the new plant is due to begin manufacturing in 2016. It's the second large investment Lilly has made at its Kinsale site in recent years. In 2006, it announced a €300m investment in its first biopharmaceutical manufacturing and new-product commercialisation facility which came on-stream in 2010.

Minister Bruton said: 'The Action Plan for Jobs, which the Government published recently, outlined a range of measures which we will take in 2012 to target the high-end manufacturing and health/life sciences sectors for further growth and also to deepen and develop the impact of multinational companies in Ireland.'

Maria Crowe, President of Global Manufacturing Operations for Lilly, praised

the Government for its long-established pro-business environment and support of the pharmaceutical sector in Ireland through its science and technology policies. 'We in Lilly have seen this reflected in our deep and productive relationships with organisations such as the IDA and Irish academic institutions. The output from this commitment to education is also reflected in the excellent candidates who apply to join our company, many of whom have gone on to careers at Lilly operations across the globe'.

Ed Canary, General Manager of the Kinsale site, said: 'This investment is an endorsement of the Lilly Kinsale site's success in developing a biopharmaceutical business in recent years and demonstrates our ability to rise to that challenge. This is in no small part due to the site's excellent performance record, the talent of the workforce and the support from IDA Ireland. 'In the past five years, we have hired and trained some highly talented people and now have a technical talent base and capability in biopharmaceutical commercialisation and manufacturing that makes us a very attractive company for highly skilled people', he added. IDA Ireland CEO Barry O'Leary congratulated Lilly's Irish management and staff saying: 'It is a great success story for the Kinsale site and an excellent addition to the south west region. This investment demonstrates Lilly's enduring commitment to Ireland and further evidence that Ireland continues to position itself as a leading location of choice for the commercialisation and manufacturing of biopharmaceuticals'.

Eli Lilly, which first established in Ireland at Dunderrow in 1981, manufactures the active ingredients for a number of important medicines. To date, over €1 billion has been invested at Dunderrow.

The announcement was welcomed by Mayor of Kinsale Fred Treacy (Fine Gael) and also by fellow town councillor Tomas O'Brien (Labour) who is an employee as well as local county councillor Kevin Murphy (FG) and Ciaran Lynch TD (Lab). 'This is incredibly encouraging news for the people of Kinsale and the wider region. It's a huge vote in confidence in the existing workforce and underlines the firm's intention to stay here in the long term,' said Cork South West Fine Gael TD Noel Harrington. He congratulated the IDA and Lilly adding that the company acknowledged the tremendous support of the local community in Dunderrow.

Labour TD for Cork South-West, Michael McCarthy, in warmly welcoming the announcement, said it would have a tangible, meaningful impact on the local economy in Kinsale, by boosting confidence in the local business environment and further putting the town on the map as an attractive hub for multi-national investment opportunities. He commended Lilly, the IDA and other agencies.

'The Eli Lilly announcement is a shot in the arm for West Cork and another vindication of the Government's approach to job creation,' said Fine Gael TD Jim Daly speaking from Brussels, where he was representing the Government at an EU inter-parliamentary meeting on growth and job creation. He also stated that the news would be a huge boost to local retailers and suppliers, and paid tribute to the IDA. Chief executive of the American Chamber of Commerce in Ireland, Joanna Richardson, congratulated Lilly saying it was one of 600 US companies playing a pivotal role in Ireland's economy, employing 100,000 people directly, 2,000 of whom were announced since the start of the year.

Enquiries on recruitment to recruitkinsale@lilly.com.

KINSALE MARKS EARTH HOUR 2012

As the lights went out for Earth Hour 2012 on Saturday night March 31st, Kinsale marked the world's biggest environmental event with a candle-lit concert in St Multose Church.

Millions of people around the world switch off their lights every year for Earth Hour to highlight the need for action on climate justice.

As Kinsale went dark, soprano Emma Kate Tobia, harper Fiachra Ó'Corragáin, Ceoltoirí Cionn tSáile & Mac Tíre, community choir Acapellabella, pianist Julie Love, Saoirse Griffin and dancers from the Sarah Callanan School of Dance gathered to perform for over 300 people.

The Rampart Players enacted moving



testimony from people around the globe describing how climate change is already affecting people's lives

and livelihoods.

The surprise of the evening was a personal video message from former

Irish President Mary Robinson who warmly congratulated Transition Town Kinsale on "telling the stories" of those affected by climate change. The former president who now heads up the Mary Robinson Foundation - Climate Justice - told of how she had witnessed the devastation caused by flooding in Pakistan and emphasised that climate change was a human rights issue.

Kinsale Transition Town (TTK) was urging people and businesses to "go beyond the hour" to take further action on climate change and Kinsale's children brought along pledges describing what they would do to save energy in the future.

Pic: John Allen

KINSALE'S ST PATRICK'S DAY PARADES ON LAND AND WATER

REVIVED after a six year absence, Kinsale's St Patrick's Day Parades on land and sea were a huge success! Large crowds lined the streets and harbour to make it a bumper national feast day for the town, all made possible by a hard working voluntary committee which got great community support.

'Dame Delusion', alias Finbarr Hurley of Rampart Players, was the Grand Marshal in the afternoon land parade which had over 50 entries. Declared best overall was Summercove School, while best business was Salvi's Den, most topical was Kinsale Macra (celebrating its 50th anniversary this year) with Kinsale-Barryroe rig and best youth entry, the Gaelscoil. Winner of the busking competition was the choir Lydian conducted by Christine Murdoch.

Music was provided by St Patrick's Youth Pipe Band, Bandon; Mayfield Brass Band, Kinsale Drum Circle and many of the entrants such as Musickmakers provided music along the route. Particularly eye catching was the big turnout on road, in wheelchairs and a mini bus by residents and staff of Haven Bay Care Centre and the striking green outfits of over 20 Kinsale Equestrian Centre members on horses with green hooves. Many of the entrants gave special displays including

one from Dunderrow Riverdance which caused quite a splash!

Kinsale pubs and other outlets were thronged as most patrons took a break to watch the rugby while over in the Trident, a very busy Mayor Treacy officially launched the CD and DVD of the song 'Lovely Kinsale by the Sea' by Mike Kearney.

Winners of the best shop window display competition were Dalton's Bar, Fintan Lynch Hair Salon and An Seanachai Bar and in conjunction with the parade, children's art competition winners were Ryan O'Donnell, seven, and Aoibhinn Lynch, ten, both Summercove NS pupils.

MARITIME PARADE

It was then down to the Pier Head for the Kinsale St Patrick's Day and Ireland's first night time maritime parade, sure to be the first of many more! A large crowd gathered to admire around 20 boats and ribs, many beautifully illuminated on the water with coloured lights as they sailed out to Charles Fort and back



with commentary by Nelius Buckley. Entertaining on board the last and biggest boat, Johnny Walsh's deep sea trawler Rachel Jay, were members of the choir Lydian, whose beautiful singing caused a hush to descend on the large crowds gathered.

Prizes were presented later in the Kinsale Yacht Club to conclude what was a memorable St Patrick's Day and a great boost for the town of Kinsale.

If you missed the parade check out Kinsale St. Patrick's Day Parade on YouTube to see Maurice Supple's fantastic video, commissioned by Transition Towns Kinsale, which truly captured all the fun of the day!

Pic: John Allen



Kinsale Rampart Players staged their version of the fairy tale 'Jack and The Beanstalk' during a six day run at Kinsale Community School in February.

True to form the action-packed performance was a bundle of laughs from start to finish with outstanding performances from some familiar and not so familiar faces! Finbarr Hurley shone as Dame Delusion, whose quick wit left no-one safe from mention while newcomers Eilis O'Connell and Jennifer Coughlan as Brainwashed & Neverwashed delighted the younger members of the audience. Young Sam Peare showed his star potential during his performance of Jake the Peg and the five town

councillors were hilarious!

A huge production team was behind the show, which was just the tonic the townspeople needed after a dreary winter! Director Tony Cierans was aided by producers Aine Ryan O'Brien & Liz Timmons, with many others involved in set design, lighting, costumes, sound, and so much more. Enormous credit must go to the entire cast and crew for brightening up our lives!

The proceeds of the show were donated to Sáile, Kinsale Sports & Community Centre, which is providing a fantastic service to Kinsale. Well done to all! We are already looking forward to the next show!

Pics: John Allen

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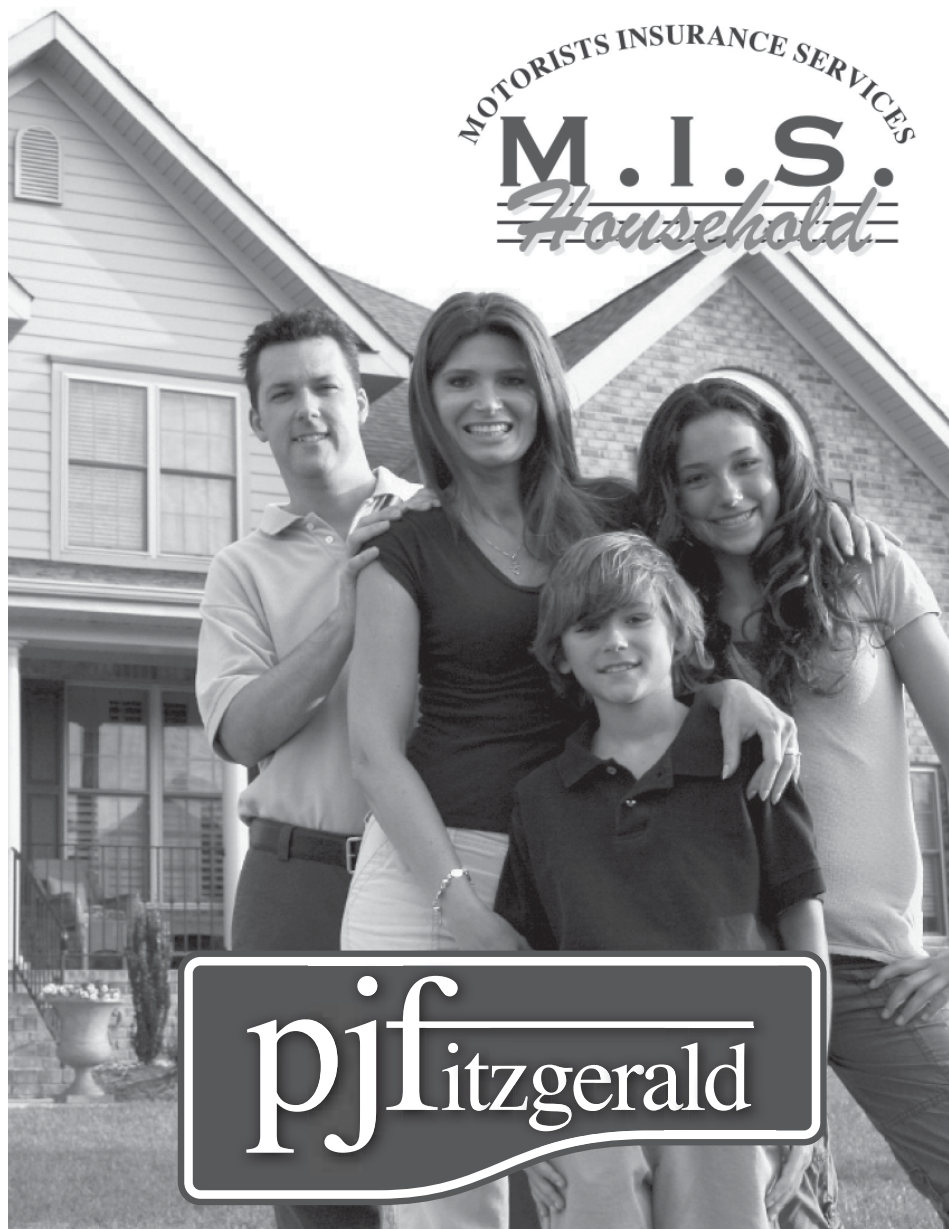
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Coder Dojo

It's official: computer geekdom is cool. Kinsale recently held the world's largest Coder Dojo with 120 members in attendance.

CoderDojo is a movement orientated around running free not-for-profit coding clubs for young people, where they learn how to code, develop websites, apps, programs, games and more. Dojos are set up, run by and taught by volunteers. They bring in guest speakers and organise events and tours of technology companies. In addition to learning to code, members meet like minded people, show off what they've been working on and so on. It makes development and learning to code a fun and sociable experience.

CoderDojo all started in early 2011 when, then leaving cert. student, James Whelton received publicity after hacking the iPod Nano. Some younger students expressed an interest in learning how to code, so he setup a computer club in his school, Presentation Brothers Cork, where he started teaching basic HTML and CSS. Later that year James met Bill Liao, an entrepreneur and philanthropist who was interested in growing the project into something bigger. In June 2011 the first CoderDojo was launched in the National Software Centre in Cork. It became so successful that young people frequently travelled from Dublin to attend sessions. Owing to this popularity a Dublin Dojo was soon launched in Google's Montevetro building. The increasing success lead to setting up more Coder Dojos around Ireland and subsequently around the world as far as San Francisco, Tokyo, St. Petersburg, to mention just a few locations. At the moment there are around 30 Coder Dojos and they are fast spreading around the globe under the sponsorship of SOS Ventures.

Alan Clayton and Mervyn Greene met James Whelton through SOS Ventures at the Going International Conference last October at Ballymaloe. They talked about the possibility of setting up a Coder Dojo in Kinsale as the Cork one which runs on Saturday afternoons was impractical for people travelling from Kinsale and they thought there would be enough people interested in attending for the town to have it's own sessions. They were right!

Kinsale Coder Dojo runs on Friday evenings from 7pm until 9pm. The first one was held on 27th January in the Trident Hotel. It's open to young people between the ages of seven and eighteen. Every week there are about 70-75 regular member plus some new ones. There are an equal amount of boys and girls. CoderDojo has just one rule: "Above All: Be Cool", bullying, lying, wasting people's time and so on is uncool.

"One of the most interesting things about it," says Alan Clayton "is seeing children, who in school are told to sit down and be quiet, happily working away, helping and teaching each other. It's like learning a language and this is the best age for doing that. With so many jobs out there in technology and computers it makes sense for these kids to learn that language."

Each week the kids are given tasks to complete, such as making graphics move across a screen. They are pointed to helpful websites like W3schools.com and there are 6-12 mentors there to give help when it's needed; these people are hugely talented local volunteers including Nick Grattan, ex director of Microsoft's Developer Network and Jim Blair, head of engineering at local software company Avego.

Coder Dojo has already begun producing it's own entrepreneurs. One of the guest speakers at Kinsale was one of these, Harry Moran from Cork, who at the age of 12 developed an app called PizzaBot as a Coder Dojo project. He put it on sale on the Mac App Store for 79 cents. On its launch weekend before Christmas it outsold Angry Birds and Call of Duty in the Apple store. James Whelton also spoke at the Kinsale Coder Dojo and Bill Liao has hosted a couple of sessions.

The whole operation is free: venues that have so far been donated are the Trident Hotel, Eli Lilly and Ballinacurra House; mentors donate their time; Elasník gave them a server so they can set up their own wifi network where ever they have their sessions. Although everyone brings their own laptop Alan and Mervyn have managed to get some reconditioned laptops for kids who don't have their own.

-Niamh Prior



MAMUKKO is a contemporary, eco-friendly and affordable range of handmade bags and accessories, designed and produced by brothers Levente & Attila Magyar. These original and innovative creations are made of upcycled sailcloth, tarpaulin and marine fabrics. Each bag is individually handcrafted and finished in their Kinsale based workshop.

"The concept is to recycle, upcycle and reclaim as much as possible," says Levente. Apart from the zips everything is recycled. Even the templates are made out of cardboard advertisement posters salvaged from a local supermarket. Tom's Lorry Covers in Cork give them off-cuts of tarpaulin that would otherwise be thrown away. The sails they use come from anyone who has unwanted sails to offload! They use everything, even the ropes, in their designs.

The brothers set up Mamukko last July, initially making a wide range of things that required industrial sewing such as boat covers as well as geo-domes, before narrowing it down to bags, which they discovered they were most passionate about making. Levente, who has a degree in fine art, already had some experience making shoulder bags out of supermarket bags-for-life.

From a family of craftspeople, this business was a natural choice for the brothers. Their father is a leather designer, with 50 years experience. Attila and Levente grew up around it as their father always had a workshop. Their parents were delighted to hear they decided to start this business.

Last summer, their father came over to Ireland from Hungary especially to give his sons a masterclass. They made 150 bags in six weeks and by Christmas took stalls at markets in Cork, Kinsale and Crosshaven. Attila and Levente are happy to be working together as brothers, sharing duties and each contributing their individual knowledge and skills. "Research and development happens every second day here," says Attila. "At the moment we have about 35 designs in artisan sailing and fashion gear. Nothing is mass produced. Everything is unique and handmade by us, right here in the workshop."

Totally dedicated to their business, they invested all their money in Mamukko. When by December their own funds had run out they were very grateful to receive a South Cork Enterprise priming grant. "It will help us keep going with the business. It sometimes gets tough, but we love it, so we keep going. The motto 'passion and lifestyle', represents our business. We've had so much support from people in Kinsale," they say, "and we'd love to open a Mamukko shop in the next few years." Both brothers are also teachers, so they might even run courses in the future for those who are interested in the trade.

Mamukko is sponsoring day 3 of the KYC Spring Series and their products will be given as prizes. They have had a lot of support from Kinsale Yacht Club and many of the sails they use come from members. Their bags are of course not just for sailing; there is a great array of funky designs, including handbags, laptop bags and school bags with cleverly designed straps that allow them to be carried in three different ways. Because of the nature of the materials there is an emphasis on functionality, durability and comfort.

They take commissions for bespoke boat covers as well as industrial sewing & repairs, instrument covers, DJ equipment carriers & lot more. And they welcome used or unwanted sails anytime! You can find Mamukko bags in Granny's Bottom Drawer here in Kinsale, in Union Chandlery in Cork and online at www.mamukko.ie Their products will also be for sale in a pop-up shop in Dublin for fashion week.

-Niamh Prior

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MACRA & SÁILE - COMMUNITY FUNDRAISER CLEANED UP!

In January Kinsale Macra Na Feirme and Sáile kicked off the community fundraising drive for 2012 with the Scrap Metal collection. Whilst helping clean up the environment and the odd shed an amazing €5,500 was raised for the Sports and Community Centre.

It proved a very popular initiative so many thanks to all who contributed. In particular thanks to all the Sáile and Macra na Feirme volunteers who gave up their invaluable time and use of their machinery, cars and trailers to help gather and move the metal received. Thanks also to Bandon Co-op Kinsale, Frank Curtin Electrical, Cork Scrap Metal Processors, Clonakilty Engineering and Henry Goods for their help.



RAMPART PLAYERS PANTO – a sell out success

Kinsale Rampart Players staged a sell out pantomime in February in aid of Sáile. The pantomime Jack and the Beanstalk was held in Kinsale Community School and featured the well loved Finbarr Hurley as the Dame as well as a host of upcoming bright new stars. A great nights family entertainment was had by all. A huge thank you to everyone involved in the Pantomime from all at Sáile we hope you enjoyed it as much as we did.

STILL TO COME.....

It's that time of the year again!! The Old Head Annual Golf Classic is on Thursday, 26th April. 3 ball, better ball with fantastic prizes on offer. Tee times are available from 9am-1pm. Please call on 021 4773929 to book your tee time slot. Also Grapevine promotions presents The Church in aid of Sáile featuring Declan O'Rourke and Maeve Higgins MC, two of Irelands top entertainers in their own discipline. Performing in the spectacular surrounds of St. Multose Church on Saturday 21st April - 8pm. Tickets €25 available from Sáile, Write On & tickets.ie (booking fee may apply) See www.facebook.com/grapevinepromotions & www.saillesportsandleisure.ie for more details.

MINISTER'S VISIT

On a recent visit to Kinsale, Minister Brian Hayes congratulated all those involved in the success of the first phase of the project. In particular he commended the community fundraising efforts that help build the outdoor facility. He indicated that applications would be accepted for Government grants at the end of the year and that TDs and senators should ensure that Sáile's case was put forward.

SPORT AND ACTIVITIES

Sáile has a whole host of activities on and this will increase as the evenings get brighter and the weather milder.

A 5-aside Soccer Cup Challenge is on Good Friday, 6th April. Teams are mixed and will start in a Round-Robin format ensuring lots of game play for all teams involved. If you would like to enter a team or help out on the day, please call 021 477 3929.

A Multi Activity Camp is planned for the Easter Holidays. It will run over 4 days with a wide range of games and activities to entertain children aged from 6 to 12 year olds.

For registration or more information, call 087 987 2783.

Not forgetting the Ladies, a fit for fun circuit class will start on Tuesday, 17th April. It will cost €35 for 4 weeks. The circuit will include stations to improve all aspects of fitness, help lose weight and tone up before the summer!

The mens 5-aside soccer league runs on Wednesday nights and Sáile offers a number of social games in hockey, soccer and tag rugby each week with a pay as you play system in operation. These games are proving to be very popular and are open to all members of the community including beginners. 'Social games offer a great outlet for people to keep fit, meet new friends and learn or improve a skill without the commitment of signing up for a set number of weeks' explains Anne Murphy, Facilities Manager at Sáile. Sáile, she continued, welcomes enquiries from anyone interested in arranging tournaments, coaching sessions, multi-activity events or even a birthday party. A bouncy castle, for example, can easily be accommodated on site. There is also scope to hire out facilities to organisations to run events themselves such as car boot sales and team building days.

For more information on any of the above or to book a time slot, ring 021 477 3929.



Christine Cooks Up A Storm in Newport!

A delegation from Kinsale Good Food Circle, led by Maria O'Mahony, recently visited Newport, Rhode Island, to participate in the 11th Annual Kinsale Festival of Fine Food. The event incorporates all things culinary and bears testament to the exchange which was initiated by the late Peter Crowley amongst others as part of Irish Heritage Month.

This year saw the inaugural Newport International Cook-off whereby Irish Masterchef contestant Christine O'Sullivan took her place up against David Rutkowski of the Hyatt Newport Regency. Each chef was provided with 4 main ingredients and had to create a dish based on these. We are delighted to report that Christine won the much sought after 'Green Spoon' to bring back to Kinsale!

Participating Newport Restaurants for the event were: - Fathoms and the Newport Marriott Hotel, Chef Eric Steinhauer; La Forge Casino, Chef Nick Violette; One Bellevue at the Hotel Viking, Chef Kevin Thiele; The Windward Restaurant at the Hyatt Regency Newport, Chef David Rutkowski. Those who travelled for the event were: Maria O'Mahony, Jack Walsh, Philip Horgan and his daughter Amy, Christy O'Sullivan of Christies Wines and his daughter Christine, John Twomey and Frank O'Sullivan.

This year's Kinsale Gourmet Festival takes place in the town from 12 - 14 October - see www.kinsalarestaurants.com or call Maria on 021 4773571 for further information.



Pictured are Christine O'Sullivan & Chef David Rutkowski

Spring 2012

CLARE BOYLE LAUNCHES NEW WEBSITE

There was a great turnout at the launch of Clare Boyle's new website, www.breastfeedingconsultant.ie

at the Trident Hotel. Mayor Fred Treacy, Billy Browne from Oh Baby! magazine, Alison Canavan, Dr. Michael Hynes, public health nurses, and of course plenty of mums Clare has helped over the years were all there. The night was also a celebration to mark ten years of Clare teaching antenatal and breastfeeding preparation classes and providing breastfeeding support. And to celebrate there were drinks, DJ Mark Wilson, and plenty of prizes from Mothercare, Beautiful Bumps, Jellybean, Annette Walsh baby massage instructor and the Trident Hotel.

Karla Crowley, one of the mums Clare has helped over the years, gave an introduction. Clare talked about how important a mothers group is for support and how she remembers all the stories of the women she's worked with. She's delighted with the new website and hopes it will reach more women and make information on breastfeeding more accessible. The launch was sponsored by Sunsweet Prunes. Deirdre Manning assisted Clare with the website and organising the launch.

The launch of the website marks the beginning of a busy time for Clare. She has just been asked to

represent Ireland in a global online conference on breastfeeding, Gold '12. She'll be talking at the Pregnancy and Baby Fair in April in Dublin and Cork. Alison Canavan, who attended Clare's breastfeeding classes and is passionate about things to do with mothering, is running a 0 to toddlers Parenting Roadshow in Limerick, Cork, Galway and Dublin in the autumn. In order to get quality information out there she will have experts, including Clare, giving talks on different aspects of parenting. Clare is a Registered General Nurse, Midwife and International Board Certified Lactation Consultant with over twenty years experience. She has worked in the UK, US and Ireland with 12 years experience working in hospital Labour & Delivery and postnatal care units.

Clare teaches a breastfeeding class in Dublin and Cork every month. A lot of women travel from Limerick for them so she hopes to start a class there soon. She also runs the only private breastfeeding clinic in Ireland which is on twice a week in Bishopstown. Women come from

Waterford, Limerick and Kerry for this service. For local women she also makes house-calls in urgent cases.

"Things have changed a lot in the last years," says Clare. "People have become used to getting information from the internet, which on one hand is good as they are becoming aware of different ways of childcare. On the other hand, the sources of information on the net are often unclear. The HSE and midwives do the best they can but they are so strapped that there is only so much they can do. Also, these 'Celtic Tiger women' as I call them, have travelled and are no longer limited to what their culture tells them so they can feel torn between what they've seen and read and what their mothers tell them. We have learned so

much in the last 20 years or so about babies and their cognisance and it's important to get that information out there."

Clare says of her breastfeeding class: "I don't sell them a fairy-tale. The first two weeks it will be difficult; they need to know that. I give them the foundation of knowledge, the facts of how breastfeeding works. This gives them confidence and empowers them. And they know where to go for help!"
- Niamh Prior



Green Fingers

There's nothing quite like home grown food and many people are getting back to nature by taking allotments or dedicating part of their gardens to growing vegetables. For those who can't grow all their own, getting seasonal veg bags from Kinsale Green Growers is the next best thing.

Kinsale Green Growers is a community supported agriculture (CSA) scheme, providing its members with weekly or fortnightly bags of mixed seasonal vegetables from June to December. Members support the farm by signing up annually for the full season and pay a percentage of the overall cost of their veg in the spring. This money is used directly to buy seeds and equipment for the season ahead and plays an invaluable role in supporting the small scale farmer, in this case Aimi Pinder. By cutting out the middle man, the farmer can get a fair return for their efforts and the community can purchase high quality, fresh food at a good price.

All the vegetables are produced by Aimi Pinder at Ringrone, with help from her best friend 'Rusty' the tractor. After working as a market gardener on an organic farm in the UK, Aimi came to Kinsale to study at the Further

Education College and in 2010 completed the course in 'Practical Sustainability, Permaculture and Organics'. Aimi has been involved in Transition Town Kinsale (TTK) since she moved here, first co-running the town's community garden and then as an active member of TTK's food group which aims to promote local food and home growing as a major step towards environmental sustainability and blossoming local economies. In 2009 Aimi created Kinsale Green Growers. "My aim is to create local trade that puts the consideration of the environment and people's health before business," says Aimi. "I'm happy to be able to make a living while doing something positive at the same time."

Her vegetables are grown without the use of artificial fertilizers, pesticides, fungicides or herbicides. The furthest Aimi's crops travel is 5 miles from where they are grown and that's as far as she is willing to let them go. This means she can harvest as freshly as possible, often at 4am or 5am day it's collected. Prices aim to compete favorably with supermarket organic vegetables. Members find that the quality and freshness of Kinsale Green Growers vegetables



are superior to shop bought ones and that they keep for longer.

Many farmers choose which varieties of vegetables to grow based on what's high yielding, will travel well and look good on a supermarket shelf. Aimi chooses her varieties based on taste! And an advantage of the direct contact she has with the people who eat her produce is that they can give feedback and put in special requests; some of last years members have asked for more potatoes and a certain variety of squash this year.

The land is farmed in an environmentally sustainable way; of the two and a half acres, only one acre is used intensively for vegetables. Aimi rotates the crops and about a quarter of the land is resting or growing 'green manure'

such as clover, vetch and rye grass which replace nutrients in the soil. To make sure the whole garden is an eco-system, plenty of extra habitat is planted for biodiversity. In the summer, the garden is audibly buzzing with all sorts of bugs, bees and creepy crawlies. "There is no need for pesticides when there are predators to eat the pests!" says Aimi.

Aimi keeps members up to date with what's going on through newsletters and open days when they are encouraged to come and have a look around and see their veg growing. This has the special effect on children of making them more enthusiastic about eating vegetables. To learn more see www.kinsalegreengrowers.com or pop into the Health Store.

-Niamh Prior



Coastal Cycle

The Third Kinsale Cycle Challenge takes place on Saturday, April 14th next. Last year, 200 cyclists of differing abilities enjoyed a great run along the glorious coastal roads, south and west of Kinsale. It was so successful that the same route is being followed this year.

Starting at 10.00am from Kinsale Rugby Club, the entrants will cycle towards the Old Head and along the coast to Timoleague and Courtmacsherry. The main challenge will then be the hilly section past The Seven Heads before entering Clonakilty by the Bay road for Lunch at the GAA. The return is via Timoleague and Ballinspittle.

The Rally is to support two causes. One is to provide a brief and cheering holiday in Euro Disney for the chronically sick children of Cork hospitals. The other is to support the National Rehabilitation Centre in Dun Laoghaire, where the Kinsale Lions first President, Seamus Keating, was treated after his cycling accident last year.

Details of how to register on-line for this event or to sponsor the rally in any way, can be found on: www.kinsalecyclechallenge.com



LAUNCH OF TIDY TOWNS 2012

Kinsale Tidy Towns launched their programme for 2012 at a function held in the Bacchus on March 28th last. As well as a slideshow of Kinsale Tidy Towns past & present, a presentation of achievement awards was also included on the night. Many businesses, local schools, residents associations and community groups were presented with awards for their contribution to the Tidy Towns efforts.

Kinsale Tidy Towns main aim this year is to wage war on cigarette butts and dog dirt. They need your help with this battle though! Every resident and business person is asked to maintain and sweep outside their own premises and smokers are requested to bin their cigarette butts. Dog owners are asked to clean up after their dogs, it is very unfair on people in wheelchairs, people with babies in prams and buggies, etc.,

Kinsale Tidy Towns is a voluntary group of individuals who give, and have given over many years, so much of their time and energy to the cause. Your assistance will be very much appreciated and will also contribute to making Kinsale a better and cleaner place in which to live. Volunteers meet on Thursday evenings throughout the Summer, if you wish to go along and help them they meet at 7pm in the Super Valu car park. Alternatively if you wish to organise a group to clean up your own area, the Tidy Towns committee can provide refuse bags and can arrange collection of the rubbish. Contact Eileen Murphy on 477 2257 for further information.

Keep the community spirit rolling this summer and do your bit for Kinsale Tidy Towns!



KINSALE MAN SEEKS ELECTION IN USA

Denis Keohane, who is the son of Nan and the late Con Keohane, Kinsale, is to seek election to the position of Selectman for the town of Milton, Massachusetts, population 29,000. In essence the position involves 'keeping a keen eye' on the local authority's spending. Unlike Ireland, the role of running the services in the US, including Police Dept, Fire Dept, Public Works Dept, School Dept, Libraries, Planning Boards, Appeals Boards, School Committees, Water and Sewer Dept is the responsibility of each individual town or city, with a property tax providing the vast majority of the funding to provide services to the local community. Certainly Denis has his work cut out to take the seat as his opponent has already secured five consecutive three-year terms. However, buoyed-up by his recent success to the town's school committee and huge support he's receiving on the ground, Denis claims to be confident of success. For the former Kinsale resident, who arrived in the US in 1988, America has proved to be the land of opportunity. A chance meeting state-side with Tom Flatley, the real estate tycoon changed his life forever. Denis remarked: I asked him how I could be successful like you and he answered change your environment. "Hang with people that motivate you and want to see you get to the next level and you will see the difference immediately", remarked the Mayo-born millionaire. The next day, Denis started the company he still owns today. First as a small remodeling company and then grew to be a very successful real estate development and investment company. More recently, he's added three bars and restaurants to his portfolio in the Boston area. A dual citizen of Ireland and the US, he returned to college at the age of 36 and five years later graduated with a Bachelors of Science Degree in Business. Married to his American wife Mary for the past 21 years, they have three teenage daughters, Emily 18, who attends Northeastern University in Boston, Julia 17 and Olivia 15, who both attend Milton High School.

The election takes place on April 24th.

JJ Hurley

KINSALE IS AIMING TO BE NEXT IN THE QUEUE FOR AN OUTDOOR GYM

– also known as a tone zone – similar to that provided in Bandon, Ballincollig, Carrigaline, Passage West and other towns.

The call was made at the monthly meeting of the town council by Cllr Tomas O'Brien who said it was a fabulous facility. An ideal site which would promote healthy activity, he suggested, was the green area near Archdeacon Duggan Bridge which could be used by walkers coming from World's End and the town or from the many estates leading from Commoge and Compass Quay. Town manager Ms Patricia Power agreed. Cork County Council, she explained, got only very little time in late 2011 in which to make an application and obtain funding for outdoor gyms in Bandon and other towns. She therefore recommended the case for Kinsale be made known, put in place and a site to be 'shovel ready' should further funding be allocated by the Government this year.

Compared to a playground which cost an average of €100,000, an outdoor gym comprising six exercise items, at a total cost of around €17,000, was amazing value and had proved very successful. Another possible location could be the Low Road walk at Scilly. It was unanimously agreed to explore the matter.

Cllr Noel Harrington called for attention to the children's playground in the Carmelite field. With regard to the proposed new playground on the Saile Sports and Leisure complex site, the manager informed Cllr Dermot Collins that she had made known the council's concern about the precise location to the Saile chairperson and was waiting for him to come back to her about this.

Spring 2012

Kinsale Community School declared Best School Overall in 2012 BT Young Scientist Exhibition

Once again the students from Kinsale Community School did themselves, their schools, their parents and their communities proud when they participated in this year's BT Young Scientist & Technology Exhibition. Proof of this fact is evident from the school being awarded the **Best School Overall** prize by the National Association of Principals and Deputy Principals (NAPD). The Best School Award is calculated on a points system based on the numbers and types of awards an individual school wins at the competition and Kinsale is justifiably proud of winning this particular accolade.



In addition to the above prize the school won eight other prizes; **Ciara Judge** won First Prize in the Junior Category of the Biological and Ecological Sciences for her project on the influence of plant extracts on invertebrate physiology; **Sophie Healy-Thow** won First Prize in the Junior section of the Social and Behavioural Sciences category for her investigation into the public's awareness of dietary choice on future health; **Caoimhe Hill** and **Faye Murphy** were the winners in the Intermediate Biological and Ecological Sciences for their study into people's attitudes towards eco-taxes; **Allanah Humphrey** and **Ciara Manning** won both the RSA Special Award and a Highly Commended placing for their study into people's attitudes towards wearing high visibility vests; **Michaela O'Driscoll** was Highly Commended for her project on fingerprints; **Brendan Boyle** and **Cathal Whelan** were Highly Commended for their project on competitive gaming and learning; and **Daisy Pemble** and **Karen Briscoe** were Highly Commended for their study into the antimicrobial properties of household cloths.

The other students from Kinsale who participated are also to be congratulated on their efforts and on the fact that having their entries accepted into the competition is an achievement in itself! What is of importance is that students participate, give of their best and learn from their involvement. Hopefully these are the things that will inspire the students of Kinsale Community School to continue the school's fine tradition and record in the BT Young Scientist Competition.



Kinsale Arts Week
July 7th - 15th 2012
www.kinsaleartsweek.com



GALAXY OF RISING STARS COMES TO KINSALE

Some of our brightest and best musical talent is coming back to Kinsale to perform for one night only in support of Kinsale Arts Week, Ireland's most exciting summer Arts Festival. The Kinsale Arts Week Friary Lunchtime series of classical concerts is a firm favourite in the music calendar, and has launched the career of many musicians of the future. On Tuesday April 10, some of the finest of these will play in a one-off gala concert, with a programme including much-loved pieces by Mozart, Chopin, Bach, Schumann and Handel. Musicians including Siobhan Oliver, Soprano; Amanda Neri, Mezzo; Roisin Donohoe, Harp and Viola and Voice; Kym Corridan, Piano; David Keating, Classical Guitar; Sophie Creaner, Clarinet, Recorder, Flute, and Ben Burton, Percussion, will fill the historic St Multose Church with unforgettable music.

It'll be a fun, tuneful and uplifting evening, and with tickets at just €18, and a special offer of two for €30, it won't break the bank. Book by email to admin@kinsaleartsweek.com, or by calling the Arts Week office on 021 470 0010. You can also book online at: www.kinsaleartsweek.com

The concert starts at 8pm, and it's just the sort of evening we need to firmly welcome spring to Kinsale, and look forward to the great summer ahead at Arts Week.

Arts Week itself takes place from 7th to 15th July, and the office is busy planning, booking and creating a great programme. This year's themes are Virtue and Vice - plus there's a food strand too, celebrating what Kinsale is famous for, in the tastiest possible way. Keep an eye on the website www.kinsaleartsweek.com for further details - and if you fancy getting even more involved, how about volunteering, for a truly Arts Week Experience? Contact the office to join in.

Kinsale Arts Week is also inviting people to become Friends for 2012. With Friendship starting at just €150, you'll receive invitations, discounts, advance information on the best bands, writers, artists, dining events and drama coming to town this summer, plus all the extra joy of being an Arts Week Friend.

A Galaxy of Rising Stars and Kinsale Arts Week - now there's something to get starry-eyed about!

Angelic and devilish: Roisin Kennedy Foley and Ameleah Wilson are pictured above having fun while making a virtue out of vice at Charles Fort, Kinsale, in a photoshoot to mark Kinsale Arts Festival's themes for 2012. The theme for this year's festival explores virtue and vice, plus has a focus on food - both a necessity and a guilty pleasure! There's the usual brilliant mix of music, drama, art, literature and great street and family entertainment. The full programme will be announced in May, with advance tickets being released for special events in advance - so keep an eye on the website www.kinsaleartsfestival.com.

Photo: John Allen.



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President of Gaelic Athletic Association visits Summercove N.S.

Summercove N.S. was delighted to welcome a visit from Christy Cooney, President of the G.A.A., on Wednesday 29th February following an invitation to him from Ms. Edel Foley, whose children Ava and Ryan, are pupils of the school.

Mr. Cooney was warmly greeted by Caitlín Uí Liatháin, Principal, staff and pupils of the school. Mr. Cooney gave an informative talk about G.A.A. activities and he encouraged the pupils to continue with their sporting activities and in particular hurling, football and camogie. He also spoke of sportsmanship to others and to always respect officials of the game and in particular the referees. Pupils then had a 'question and answer' session with the President and a lot of interesting facts of G.A.A. were discussed between them.



Music was played by pupils of the school and all the children joined in to sing a selection of songs in which Mr. Cooney also joined in. It was a lovely visit and one that will be remembered by the school for a long time to come.

Kinsale Community School
Girls U16 Basketball Team



The Huntsman Bar in Belgooly will play host to a Shave or Dye Fundraiser in Aid of The Irish Cancer Society on April 5th from 8.30pm. Photos attached of the Dye Hards: left to right: Dave Thornhill, Frances Kidney, Kate Quinlan, Elvis O'Connell, Tim O'Leary and Ian Connolly. For more information contact Elvis O'Connell 085 7898934.

Photo by Pat O'Brien, O'Brien Studios.

Spring 2012

Another All-Ireland Victory for Kinsale Community School!

The girls of Kinsale Community School equalled last year's achievement of the school's hurlers when they won a senior All-Ireland title by beating St Mary's of Midleton recently on a scoreline of 3-6 to 2-4.

Under the dedicated guidance of teachers Sinéad O'Donovan and Catriona Leahy the Kinsale girls got off to a flying start and were well on top of their opponents in the first half with goals coming from Niamh Sheehan and Linda Collins to leave the Kinsale side leading at half time on a scoreline of 2-3 to 0-0.

However, in what was definitely a game of two halves, the Midleton team started the second half at a blistering pace and quickly racked up two goals. Kinsale responded by bringing on Amy Harrington who scored Kinsale's third goal. The Midleton side increased their attack and racked up two goals in quick succession but a sterling performance from backs Aoife Keating, Ashling Moloney and Chloe O'Callaghan meant that the Kinsale side maintained their lead to win the school's first ever All-Ireland camogie title.

At a special school assembly Principal Seán O Broin welcomed the victorious team to the rapturous applause of the school community and paid tribute to their hard work and dedication. Team captain



Jacinta Crowley spoke to the spirit of camaraderie that exists in the team and of her pride in the team's achievements – being Munster and All-Ireland champions. Sinéad O'Donovan paid tribute to the work done in the local camogie clubs of Ballinhassig, Courcey Rovers and Sliabh Rua and made special mention of Joe McGrath who generously gave the team sliotars and a new hurley for each member of the panel. As Sinéad pointed out, it was a genuine team effort, both on and off the pitch, which contributed to the school's victory.

Principal O'Broin also had good news to announce to the school with the confirmation that the Dept. of Education and Skills has recognised the need for an extension that will double the size of the school which will go ahead in the year 2014.

PUBLIC CAN HAVE SAY ON NEW MARKET QUAY PLAN

The views of the public are to be sought regarding a proposed new lay-out for Market (Short) Quay, Kinsale, plans for which were outlined in a powerpoint presentation by acting County Architect, Mr Sean McLoughlin, at a recent meeting of the town council.

It's hoped funding of €100,000 can be obtained from Fáilte Ireland to be matched by the town council from its 2012 urban road grant of €195,000 for a first phase.

A key objective for what was the inner core of Kinsale, said Mr McLoughlin, was to replace the clutter of mainly outdated bollards, seating, bins and lighting dotted all over the present area with a more spacious looking, restful and ordered plaza in granite slabs with contemporary furniture and trees plus more attractive lanes leading to and from it.

The architect recommended a uniform road width in coloured resin-topped tarmac with a central limestone channel and a granite pavement in a different colour at the same level to give continuous visual space. There would be a legible serviced area with a clear space for the farmer's market, private space for permanent units and an extension of burgage plots plus water and power points in the plaza.

At present, he continued, there was a traffic-pedestrian conflict resulting in an over engineered and bleak streetscape with a pavement that was too narrow. He envisaged Market Quay being pedestrianised after 11am each day. There was need overall, he added, to adopt a modern forward looking approach using high quality materials and furniture of its time.

Cllr Michael Frawley said he liked what he saw in attempting to marry contemporary with heritage, especially granite paving for the actual plaza and efforts to upgrade Hayden's and Began's Lanes and welcomed suggestions for up-lighting and brightening up the walls along these.

In reply to Cllr Tomas O'Brien, who commented on the poor appearance of the lanes, the architect said it was proposed to extend new paving along these into the square itself. To his and Cllr Billy Lynch's reservations about trees which could become overgrown and block light, he said these would be in planters and not get too large. Cllr Lynch said he very much favoured pedestrianisation and wondered if canopies could be considered instead of trees.

Cllr Dermot Collins however, felt it was too futuristic in what was a heritage town. To this, Mr McLoughlin said there was a problem of every town looking like the other. Anything

sensible that could make the market work there was a good idea, said Cllr Alan Clayton.

The manager, Ms Patricia Power said she didn't want the matter to go on the back burner. There was an opportunity for the council to create in what had become a jaded area, a vibrant multi use urban space where locals as well as visitors could shop, eat, relax and enjoy public events and which would make Kinsale even more attractive. She also welcomed the fact the plan made the lanes less intimidating.

Mayor Fred Treacy said the plan was 'Interesting and exciting'.

Cllr Collins reminded members that there were also plans to upgrade the main thoroughfare, Pearse Street, which never materialised.

It was agreed on a proposal by Cllr O'Brien, seconded by Cllr Frawley, that the proposal would go into the public realm by way of a 'Part 8' planning application by Kinsale TC whereby the public would have eight weeks to see the plans and make observations ahead of a report by the manager taking all of these into account. A decision would then be taken by the council on the project.

As we go to print a notice has been posted announcing that plans are available for public inspection in the Town Hall from 9am to 4.30pm Monday to Friday (excluding Bank Holidays), until Tuesday May 15th 2012.

Entrepreneur Experience in Kinsale

Following the success of the inaugural Entrepreneur Experience held in Garryvoe in 2011, CorkBIC organised a second Entrepreneur Experience which took place in the Trident Hotel on March 30th & 31st last.

The format was similar to 2011 with Emerging Entrepreneurs being invited to apply for one of 21 places at the event, from start-up companies to investor ready companies to companies that want to scale and grow. These Emerging Entrepreneurs then had an opportunity to meet with 24 of Ireland's most successful business leaders where they were coached, advised and gained unparalleled access to these successful Entrepreneurs. Pictured at the event organised by CorkBIC are Titta James from Lillys Eco Clean Ltd; Jim Barry from the Barry Group; Anne O'Leary from Kinematik and Dave Ronayne of Mainport.



Pic. John Allen



Padraig Fitzgerald & Gerard Timmons, founders of the Kinsale Peace Project, brought Sr. Stanislaus Kennedy to visit Summercove N.S. & Kinsale Community School during her visit to Kinsale on Thursday 26th January.

Sr. Stan spoke to the pupils about her amazing life and her continuing work with the poor and homeless. She also gave an evening talk that night to a packed audience of over 150 people at the Carmelite Friary, Kinsale.

Pic by John Allen

Tributes to Kinsale Harbour Commissioners

TRIBUTES have been paid to past and present members of Kinsale Harbour Board which was officially wound up and its duties taken over by Cork County Council at the start of the year.

Cllr Dermot Collins, speaking at the March monthly meeting of Kinsale Town Council, said it was a sad day to see the demise of a body established in 1870, which was older than the county council.

Many members, including Cllrs Billy Lynch, Michael Frawley and Tony Cierans, served on the harbour board, the last chairperson of which was Mr Tony Lane, and it was totally voluntary with no remuneration.

A special tribute was paid by Cllr Collins to Mr Frank Kiernan, whom he was told, was a harbour commissioner for over 40 years. It was a pity, he added, that the town council didn't get the opportunity to take over responsibility of what was a lucrative fishing, commercial and leisure port.



Scór na bpáistí

Congratulations to Saoirse Griffin of Summercove N.S. who qualified for the County Final of Scór na bpáistí in the Solo-singing section.

Well done Saoirse!

CAN PHOTOS OF DOG FOULING BE USED TO FINE OWNERS ASKS KINSALE COUNCILLOR

If a person uses a mobile phone to take photographs of dog fouling, could this in turn be used as evidence in a prosecution by a local authority?

This was the question from Cllr Tomas O'Brien at the monthly meeting of Kinsale Town Council when yet again the problem in the town was highlighted.

'It's an embarrassment at this stage and totally intolerable,' commented Cllr O'Brien who said people who witnessed it felt powerless and because the personnel from Cork County Council simply weren't there. He then posed the question.

Mayor Fred Treacy agreed and said the situation, which was disgusting, had got even worse. It was particularly unpleasant and messy when dog faeces got into the wheel of a wheelchair but it was also a danger to health. It was agreed to seek an answer to Cllr O'Brien's question from Cork County Council.

Cllr O'Brien called for a litter bin at the top of the steps near the Municipal Hall and at the top of the hill by the former convent.

Cllr Noel Harrington reported loose bricks in the pavement at Cork Street and dumping over a wall at the top of the Stoney Steps. Cllr Alan Clayton asked when the council would introduce parking charges in the Town Park when it is not occupied by the funfair. Cllr Treacy said this had been agreed at the 2011 Budget meeting.

The mayor said gullies had disintegrated near the wine museum at Cork Street and many shores in the town were clogged up with cigarette butts and other litter.



It can never be said that Community Spirit, which is the heart and soul of any town, is lacking in Kinsale. From the amazing Dunderrow Tractor Run on St. Stephen's Day, which has raised tens of thousands of euro for Kinsale Community Hospital, to the Panto, the Kinsale Pink Ribbon Walk and, most recently, the St. Patrick's Day Parade, the town has been on a roll of good will and community spirit.

Last Autumn a group of people interested in resurrecting the St. Patrick's Day Parade met with a view to re-establishing the much missed event. The general consensus from all there was that this was to be all about the Community, for the community, in the community, hence the chosen theme 'The Spirit of Kinsale'! Never did we imagine how much of an amazing response we would get from the fantastic people and businesses in Kinsale, especially following one of the most economically challenging winters in many many years.

The committee would just like to say a huge Thank You to all the sponsors, participants, stewards, judges, MCs, Red Cross, Town Council, OPW, Bandon CoOp, Kinsale RFC, those who hung flags & bunting which created a great atmosphere in town, and anyone else who assisted in any way. A special thanks to An Garda Síochána for closing off the route for the Parade, which ensured a safer and more enjoyable experience for participants and spectators.

A street collection for Kinsale Community Hospital on the day raised a wonderful €2367.17.

Plans are already afoot for next year's Parades, the theme will be announced in the Autumn so you can start planning your entries early!! Thank You!

37 YEARS OF PUBLIC SERVICE COMES TO A CLOSE

Ms Margaret Canty brought to a close 37 years as a primary school teacher on February 29th last. The Ballincollig native, who spent her secondary school days as a boarder in Our Lady of the Rosary Secondary School, Kinsale, later qualified as a primary school teacher from Mary Immaculate College, Limerick. Having originally taught in her hometown of Ballincollig, Margaret took up a position of employment in St John's NS in Kinsale in 1975 and it was during that period she firmly planted her roots in the seaside town, when she married local man, Tom Canty. For 1975 to 1978, Margaret taught at the old St John's School, now used by the OEC, before transferring to the present building.

When former Principal Dermot Ryan, who incidentally had taught her as a secondary student, retired in 2005, Margaret was appointed Principal. During her tenure, Margaret has ensured the school has prospered, with the students encouraged to participate in non-curricular activities, including attaining four green flags, entry into the Sciath na Scoil and participation in the school city sports.

Of course, educating the students has been a core value and the addition of a computer room has been a welcome asset. Reflecting on her career in education, Margaret paid tribute to her former colleagues, parents, Parents' Association and members of consecutive Boards of Managements for all their support.

Taking up the hot seat is Alice McCarthy, who has taught at the school for the past eight years. A native of Douglas, she is married to a Tracton man Donnacha McCarthy, with two children. Alice is looking forward to the challenge ahead and has promised to continue to build on the foundations laid by the former staff of the local school.

JJ Hurley



FAREWELL CONCERT

A farewell concert was held in St. John's N.S by the pupils and staff to mark the retirement of Principal Margaret Canty. Many parents, friends and work colleagues from other schools attended. The concert included dance, music, gymnastics and a special tribute song dedicated to her. Dermot Ryan put on a slide show of Margaret's time in St. John's. Many presentations were made to her by the pupils, Parents Association and the Staff of St. John's N.S.

We wish Margaret a very long, happy and healthy retirement.




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Rollerblading Leprachaun Dale Coleman
- Pic. John Allen



Finbarr Hurley,
Grand Marshall of
the Parade
- Pic. John Allen



Kathy Watts pictured with 'Baby St Patrick'
who was 'born in the Kinsale Hospital'
- Pic Howard Crowdy



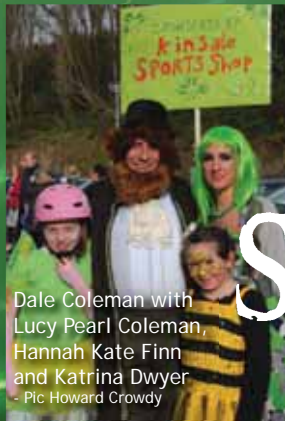
Eve Casey and Ava Barry of Summercove NS
- Pic Howard Crowdy



Youngsters from the Kinsale Ladybird Guides
- Pic Howard Crowdy



Klaudia Wisniewska and Millie Allman
from St Joseph's NS
- Pic Howard Crowdy



Dale Coleman with
Lucy Pearl Coleman,
Hannah Kate Finn
and Katrina Dwyer
- Pic Howard Crowdy

KINSALE ST. PATRICK'S DAY



Niamh Deasy (centre) pictured with
Donnacha and Cathal McShane of Music Makers
- Pic Howard Crowdy



Committee members
Karla Crowley and
Eileen Murphy
- Pic Howard Crowdy



Michelle Graef and Jack Murphy
from Summercove NS
- Pic Howard Crowdy



Members of the Kinsale Lions Club
- Pic Howard Crowdy



The Gael Scoil Snake
- Pic Howard Crowdy



The Sliabh Rua Camogie Club
- Pic Howard Crowdy



Marie O'Sullivan and James Daly
- Pic Howard Crowdy



Youngsters from the Rugby Club
- Pic Howard Crowdy



Sharon Crosbie cutting the ribbon
- Pic John Allen

KINSALE PINK RIBBON WALK RAISES €100,000 FOR ACTION BREAST CANCER

Sunday 4th March was a very special day for Kinsale and the 750 people who participated in the first Kinsale Pink Ribbon Walk, their sponsors and supporters, the organising committee and 140 volunteers, as a staggering €100,000 was raised for Action Breast Cancer, a programme of the Irish Cancer Society.

"We are overwhelmed by this incredible amount raised by so many people, particularly in these very difficult times," said Jackie Dawson, Chairperson, Kinsale Pink Ribbon Walk Committee.

"Walkers and runners had been out training in January and February, to get fit for the 10km run/walk as well as actively fundraising online and on their sponsorship cards. On behalf of the Kinsale Pink Ribbon Walk Committee, all we can say is a huge 'Thank You' to everyone for their wonderful support and fantastic community spirit."

Following a major promotional drive, Kinsale turned 'pink' for two weeks, with a sea of bright pink flags and bunting flying throughout the town, funded entirely by our 'Pink Partners' as over 100 local businesses decorated their windows and ran pink promotions leading up to the event.

On the day, there was a fantastic atmosphere, as the bright sunshine highlighted the hundreds of bright Pink Ribbon Walk t-shirts and those in fancy dress costumes. Mayor of Kinsale, Fred Treacy, welcomed everyone to the Town Council Car Park as the event kicked off with a lively warm-up with Saran Crosbie and her 'girls' (including two imposters!) and music by DJ Anthony Collins of the White Lady.

Then, Cara O'Sullivan performed 'Stand up and Fight' which inspired walkers as they headed off on the 10km route. Fred and Irene Treacy, together with Brand Ambassadors, Cara O'Sullivan and Sharon Crosbie, cut the pink ribbon to start the Run and Walk at 12pm.

...continued on page 20



Caroline Broderick
and her proud daughter
Katie Rose
- Pic John Allen

KINSALE
Pink Ribbon Walk.ie

to benefit
Action breast cancer



Maria O'Leary, Valerie Fitzgerald,
Cathy O'Brien and Rebecca O'Brien
- Pic John Allen



Laura O'Mahony from Kinsale (arms raised),
one of over 750 participants
- Pic John Allen



Siobhan Green
and Emma O'Sullivan
- Pic John Allen



Saoirse O'Mahony
- Pic John Allen



Mary Coughlan
from the Armada Bar
- Pic John Allen



Valerie and Rachel Good
- Pic John Allen



Cara O'Sullivan and Sharon Crosbie with
Kinsale Mayor Fred Treacy and his wife Irene
- Pic John Allen

ROSE TRAVELS FROM WHITE HOUSE ON MERCY MISSION

Rose Frawley was among fifty volunteers who recently travelled to complete work on an orphanage at the Linkoni School for the Blind in Mombasa, Kenya.

The project, which was undertaken by the Clare-based Charity: Building of Hope Project, set itself an ambitious target at the beginning of January to transform the existing facility into a building that was fit for purpose.

The first team of volunteers travelled to Mombasa on the 13th of January 2012 to lay blocks and build to roof level. The second team travelled on January 24th to roof the building and carry outside plumbing and electrical works. The third team arrived on site on February 4th with plumbers, carpenters and electricians completing the outstanding work. The final finishing group travelled out on the 15th of February to floor, landscape, paint and tile.

Certainly over the two months of project the transformation has been little short of miraculous with the former buildings which had three children sharing one bed being replaced with a 15,000 square foot building providing residential accommodation for 189 children, incorporating a special care unit for children with multiple disabilities such as autism or epilepsy. The units also consist of six and four bedded cubicles with 36 children in each unit. Each house has showers and toilet facilities. A special medical unit was incorporated into one of the houses. A fully fitted kitchen, dining and living area overlook the harbour. All the houses are fitted out with beds, lockers, tables, chairs, TV and computers. The main core of the four buildings incorporates a landscaped courtyard and play area.

For Rose, who has travelled with the Charity on previous projects, the experience was very rewarding, particularly being able to have a positive effect on so many children's lives.

Of course, she was grateful to the people of Kinsale for their support, with a Coffee Morning and concert at St Multose that featured the Morrision Orpheus Choir being well subscribed to.

Anyone seeking more information on the project can log onto www.buildingofhope.org

JJ Hurley



Indoor Camóige Win

Congratulations to the Summercove N.S. Indoor Camóige Team on winning the Final of the Sciath na Scol Roinn Oir Dheisceart in Riverstick recently. In the qualifying rounds Summercove won all their matches defeating St. Josephs, Castlelack and Ballygarvan and finished top of their group. A week later they travelled to Riverstick to play in the Semi- Final against Knockavilla and won on a scoreline of 4-1. They went on to meet Ballygarvan in the Final and after a thrilling match they emerged convincing winners. A first ever Camóige Title for the school, we are very proud of the girls. Well done to all involved.

SHATTERING THE MYTH

Speaking at a recent presentation of the proceeds of a Coffee Morning held in the home of Anthony and Mags Cummins, Belgooly, to raise funds for the Irish Epilepsy Charity - Brainwave, Mags said: "It is important to highlight that Epilepsy is not a stigma but simply an illness like asthma or diabetes

With their son, Adam, aged 12, being diagnosed with the illness in 2003, the couple have had to make adjustments to their lifestyle but not any that have prevented the family from enjoying all the activities that other people participate in. A keen sports enthusiast, Adam plays football and hurling with his local GAA club, Sliabh Rua, and like other kids he enjoys the rough and tumble of everyday life, with swimming and cycling being high on his activity list.

Currently a sixth-class student at the local Belgooly NS, the Cummins family expressed their concerns that the recent reductions in the number of SNAs may see Adam without the necessary support when he enrolls in Kinsale Community School in September.

Of course the initial couple of years proved to be trying and difficult times, particularly as finding the correct medication combination to control the seizures proved to be problematic.

However, in June 2006 the family travelled to Great Ormond Street Hospital in the UK, where Adam was introduced to the Ketogenic Diet, under the guidance of Dr Helen Cross.

Certainly the regulated food intake of 1800 calories along with his medication has seen a significant reduction in the number of seizures from a high of 40 a day to 14 a month since 2006.

Both parents readily admit that administering the diet, which is high in fat and low in carbohydrates and proteins has its challenges, but it has not stopped them from travelling to Disney World or Spain.

Local representative of the Brainwave charity, Niamh Jones, who is based at the organisation's Cork office on Washington Street, said: "I am delighted to accept the significant donation of €2,200, which will be used to fund a family fun day for the Cork region."

Echoing many of the sentiments expressed by the Cummins family, Niamh said: "The recent European Epilepsy Week had a very important message "Shattering the Stigma of Epilepsy."

With 4620 individuals diagnosed with the illness in the West Cork region, Niamh remarked there is support available.

In addition to providing services to those affected by Epilepsy, Niamh and her colleague, Mary Lawlor, can also provide information as well as delivering lectures to schools and organisations to highlight the awareness of the condition.

Any individual seeking assistance or information on the subject can contact Niamh at 021 4274774 or email brainwavecork@epilepsy.ie or log onto www.epilepsy.ie

JJ Hurley



Spring 2012

KINSALE ARTS WEEK NEEDS YOU!

DESPITE its amazing success, which included worldwide coverage last year on the Sky Arts TV channel, Kinsale Arts Week (KAW), which is due to take place from July 7th to 15th, is in crisis.

'Without your help, we cannot continue and this vital resource will be lost to the town,' said guest artistic director and spokesperson Gemma Tipton in a deputation from KAW to members Kinsale Town Council.

In a powerpoint presentation, she listed statistics highlighting the huge benefit to the town and region of KAW:

- 103 events, 43 of these free and 11,474 people visiting the exhibitions.
- 5,800 participating in the Street Day with free entertainment for all ages.
- 68% of audiences from Cork and county.
- 515 artists taking part in the 2011 festival of which 283 were local.

Ms Tipton said KAW had two full time staff and seven contract workers plus 70 volunteers who received training. Four volunteers had since secured full time employment following the 2011 festival. It also worked closely with local bodies such as Transition Town and drama groups.

KAW, she continued, not only benefited local people, it also boosted local employment and promoted Kinsale year round. Its Hospitality Partners Scheme worked with 31 local businesses and 40% of visitors came from outside Cork, KAW with the backdrop of town beautiful town and harbour had featured extensively in local, national and international media and also in the Sky Arts programme (screened by the deputation) which was still being shown. Furthermore, there were over 28,000 visitors to its website last year and it had 2,154 Facebook friends. KAW also printed and distributed 17,000 copies of its programme. 'People now come from all over the world and take stories of Kinsale back so we are putting Kinsale on the world map,' she told councillors.

'But, the future of KAW is in crisis. We are operating on a deficit and we were forced to close our office for four months at the end of 2011,' said Ms Tipton. She herself had worked for free from August to December because she believed in KAW. Overall, it was operating on a shoestring and after eight years, it would be tragic if it didn't continue. 'We do it but it's your festival,' said chairperson Mareta Doyle, who confirmed that the county's biggest festival was now in crisis.

The committee was very grateful to the Arts Council (€32,000), Cork County Council (€12,000), Kinsale TC and others for support but said the money didn't go far enough and said there was need for a year round office and staff to promote, organise and fund raise for KAW.

Noting that the town council had no money to offer this year, KAW was requesting it 1) facilitate the erection of a pop-up marquee in the car park next to the James O'Neill Memorial Building, Church Square, which could seat up to 300; 2) use of the museum over four days to screen two half hour documentary films about the Titanic, in this its centenary year, and Lusitania and 3) support its efforts through funding to further develop the James O'Neill building for artistic and other events, adding that an application had been lodged with West Cork Development Partnership.

Manager Cora Keating and board member Mrs Maureen Tierney were also on the deputation, the latter saying the marquee would be of huge benefit as a town centre venue and to ensure all events take place whatever the weather.

Mayor Fred Treacy, along with Cllrs Dermot Collins, Tony Cierans, Noel Harrington and Tomas O'Brien complimented the deputation on its excellent work and presentation and Cllr O'Brien advised the group make submissions for funding well in advance of Kinsale TC budget meetings. It was agreed to consider the requests made by the deputation.

Award for Blue Haven Food Company



Congratulations to The Bluehaven Food Company which recently won the SFA National Small Business Award presented at Trinity College Dublin.

Minister Richard Bruton presented Cormac Fitzgerald, FCPA, and Ciaran Fitzgerald, Joint MD, with the Food & Drink award for their achievement, innovation and excellence in small business. The gourmet food producer specialises in seafood products with their Fresh from Kinsale range.

SECOND IRONMAN FOR KINSALE MAN



Congratulations to David Fitzsimons, Kinsale & Melbourne, who recently completed his second Ironman! David knocked over an hour off his time from his first Ironman ten months ago, completing a 3.8km swim in 1 hour 17minutes, 180 km cycle in 5 hours and 6 minutes, and a marathon in 3 hours 19 minutes; 9 hours 53 minutes in total!

Following this amazing performance David has qualified for the Olympic Distance World Championships in New Zealand in October 2012 and will be proudly flying the flag for Ireland!

Best of luck David!



KINSALE STUDENTS SELECTED FOR EYP CONFERENCE

Three Kinsale Community School students were selected from over 400 participants to attend the European Youth Parliament (EYP) National Conference in Dublin from March 2nd to 4th last. Having taken part in the Regional Conference Alice Whelan, Karen Briscoe and Daisy Pemble were invited to attend the National Conference and contribute to the various forums.

The EYP aims to bring together second-level students throughout Ireland to discuss and raise awareness of European issues and how they impact on our and other peoples' lives. With Europe having an increasingly important role in our country the three students are eager to make their voices heard both now and in the future.

The school has a good tradition of participation in this forum with former pupils Ben Fusco, Eoin O'Leary and David Briscoe having attended various European Conferences in the past.

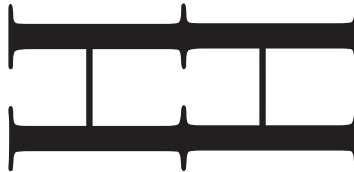
Originally conceived in 2003, Hamish Hawkin & Co. has been providing the people of Kinsale with an eclectic mix of gift ware over the years.

Piluca Garcia and Adrian Normanton started trading in July 2010 when the previous owners emigrated to the United States. "I used to buy lots of things there," said Piluca, "so I thought it was a shame when I heard the shop was going to close. I joked to the then owners that if I knew anything about retail I'd buy it." The idea grew on her as she found there was too much travelling involved in her engineering job when she became a mother. She and Adrian were in a position to take on the business, so they decided to go for it.

Their aim is to provide high quality, exclusive yet affordable gift ware. With prices starting at €3 and going up to €800+ there is something for every occasion and budget. Especially if you are looking for something a bit different.

A lot of research goes into what they sell in terms of quality and price. Some of the lines they stock are the best in the world such as the Edwin Jagger shaving range. Within this range there are a variety of prices to suit all pockets, based on the grade of the natural badger hair shaving brushes and the different styles of razor.

Selling European products is important to Adrian and Piluca.



Two of the companies whose products they stock won the gift of the year award this year. They pride themselves on selling things that are a bit quirky, such as handmade hourglasses, barometers, and skipping ropes, made from recycled wood from mills. Their range of hand-poured candles from the UK, with natural scents taken from Kew Gardens, include 'men's' candles with masculine scents and beeswax candles in flower pots with seeds at the bottom so you can grow flowers to give something back to the bees when the candle is gone. There are plenty of gardening things as well as many items

with a maritime theme, such as exquisite old-fashioned clocks and tide clocks.

There are loads of gifts for kids, from little trinkets to bookends, jigsaws, old fashioned games, toys and lunchboxes. And for mums there are Petunia Picklebottom baby bags

with built in changing mats, rucksack and handbag straps, that are as pretty as they are practical.

"Although neither of us is from the here, we've been settled here for over 8 years and are committed to Kinsale," says Piluca. "We feel very much a part of the community. We do our best to give reasonable prices as we want local people to enjoy the quality and functionality of products we sell. We try to provide as good a service as we like to receive with little touches like free gift-wrapping. I'm very happy working here. Everyone on Main Street was very welcoming and since taking over the business we've had great local support."

- Niamh Prior

Pink Ribbon cont...

After the Walk, everyone received a Pink Ribbon walk medal and refreshments were generously provided by the Kinsale Good Food Circle with meat supplied from Barrett's Butchers, soup from Cully & Sully, cupcakes from Blackbird Bakery, fruit from Keeling's and a bottle of Tipperary Active water from Gleeson's. As Sharon Crosbie entertained everyone, there was a real party atmosphere in the town for the rest of the afternoon.

In the Reflection Area, every participant was given a pink ribbon and asked to write "I'm walking for (someone)..." on it. This was a particularly moving part of the day and was both emotional and inspirational for many.

Thanking everyone for getting involved with the Kinsale Pink Ribbon Walk, Jackie Dawson said, "We are remembering those we have lost, we are honouring anyone undergoing treatment and we are celebrating with families and friends who have been touched by breast cancer. We are walking for a future without breast cancer."

About Pink Ribbon Walks:

The Pink Ribbon Walk is a national fundraising initiative which organises sponsored charity walks in locations around the country in aid of Action Breast Cancer, a programme of the Irish Cancer Society. The objective is to empower individuals and communities to increase breast cancer awareness, promote healthy living and raise funds for Action Breast Cancer through a fun and rewarding experience.

Since 2009, The Pink Ribbon Walks in Kells, Co Meath and Ballina/Killaloe, Co Clare have raised €400,000 for Action Breast Cancer. On Sunday 4th March, Kinsale joined this national movement and the €100,000 raised will provide a number of patient care services and vital research programmes, both nationally and in Cork.

Jackie is keen to point out that although there is an international Pink Ribbon brand (seen on sportswear and products to promote breast cancer awareness), The Pink Ribbon Walks are not a franchise, simply a fundraising

event organised totally on a voluntary basis that is now growing as a national movement throughout Ireland.

"When I was approached last year by Penny McGowan, who started the Kells Pink Ribbon Walk in 2009, I thought it might be something worthwhile to organise as a group in Kinsale, as well as getting us all out walking after Christmas to raise money for Action Breast Cancer.

"The Kinsale Pink Ribbon Walk Committee is made up purely of volunteers who have given up so much of their own time and energy, to organise the event. We all have different skills and lots of energy, so it was a real pleasure to work together. From making bunting, to logistics, sponsorship and promotion as well as recruiting volunteers, registration, administration and finance ... there was a job for everyone!

"We would like to acknowledge the support of all participants, sponsors, pink partners, volunteers, the Gardai, Red Cross, Civil Defence, Kinsale Athletics Club and particularly everyone who so

generously donated their time and money to helping the Kinsale Pink Ribbon Walk become a successful event.

"The understanding is that participants' registration fee covers the costs of the walk, so every euro raised on their sponsorship card or online goes directly to Action Breast Cancer. Through the sponsorship of refreshments and some other expenses, we were able to donate part of everyone's registration fee to the overall total. It was both a physical and financial commitment but the enthusiasm and solidarity shown here in Kinsale has been phenomenal," added Jackie.

For updates and further information on Pink Ribbon Walks throughout Ireland, see www.pinkribbonwalk.ie or follow us on facebook www.facebook.com/pinkribbonwalk

To read more of this article and to find out where your money goes see:

www.kinsalenews.com

Spring 2012



TRANSITION TIMES

Updates & news on the Transition Town process in Kinsale - edited by Nicholas Harvey

Working today for a sustainable tomorrow

World Café

TTK like to explore new ways of doing things, so on 1st February we held an event called World Café, a process of facilitating groups of people to generate ideas or to answer key questions about the organisation. About 30 participants turned up at the Friary and sat around tables in groups of five, equipped with large flipchart sheets and markers for writing, doodling, drawing and scribbling. After a welcome and an introduction to the process, a key question was posed: 'How could TTK be better in 2012 and beyond?' A bell was rung to indicate the start and each group set about discussing possible answers to the question. After about 15 minutes, the bell was rung again and everyone, except an allocated 'table host', moved to another table and each table host explained to their new participants what discussion had taken place there. This created a lively and energetic atmosphere with the greatest possible generation and cross-pollination of ideas. After three more changes, each group was asked to choose the top three key ideas on their sheet of paper which were then fed back to the whole group, typed up and projected onto the wall screen.

The name 'World Café' comes from an idea that the best discussions at conferences take place during the coffee breaks. So it was decided instead to hold one big coffee break! It is an effective process for inclusive collaboration as everyone gets a chance to contribute and everyone feels empowered and a sense of belonging. This event was hugely enjoyable and successful, and a follow up session was held a few weeks later to work out how to realise some of the ideas generated. Watch this space for more details.

Spring Fair

This year's Spring Fair was held on St. Patrick's Day and a showcase of all of TTK's projects was on display in the Temperance Hall. Stalls included Allotments, Seed Swap, Cambium Edible Gardens, Kinsale Green Growers, Creating Good Compost, Local Exchange and Trading System (LETS), measuring your carbon footprint, local food, information on the anaerobic digester project, a massage therapist courtesy of the Health group, Ellen O'Shea, who had a wonderful array of crafts made from recycled fabrics and a local food café. A treasure hunt took participants right across town in search of the Spirit of Kinsale and Caoimhe Hill and Faye Murphy's Young Scientist Project was on display which illustrated people's attitudes to current and proposed environmental taxes. Janice and Dave provided music throughout the day.

Upstairs, there were workshops on using recycled materials to make things, Recycled Art for St. Patrick's Day (Rosita Kingston) and 'Paddify your Bike' (Dearbhail Connon). Said bikes were then taken out to form TTK's section in the parade. We had bikes, scooters, go-carts and rollerblades, four colourful dancers representing the four elements, one Captain Windass on stilts and an electric car, courtesy of Bill Liao, all adding splendour, entertainment and low-carbon transport to the parade.

Anaerobic Digester Update

A team meeting was held during March, to review a recent public consultation in Dunderrow. Although many concerns were raised about rats, smells and carnage on the road (all issues that can be addressed and alleviated through proper management and technological solutions), it is clear that people like the idea of a local anaerobic digester, a means of creating energy from organic waste. In the case of the one proposed for near Kinsale, food and farm waste will be 'digested' to produce a biogas that can be used to power vehicles. Following two studies showing that the project is feasible, a site is now being sought, in open consultation with members of the public. A trip is planned to visit an existing anaerobic digester in Co. Limerick in the near future and ultimately the project will turn a profit for investors, some of which can be put directly into the community.

For more information or to become involved in the project, contact Alan Clayton: 087 2219266.

FAREWELL BUT NOT GOODBYE

We are very sad to see the stepping back from TTK of one of our core committee members, Elizabeth (Liz) Creed. Liz came to a TTK committee meeting in 2007 to find out what it was all about. Since then she has done trojan work for the organisation, coordinating numerous events and promoting TTK within the community. Apart from being secretary and acting treasurer, Liz has initiated and coordinated the annual 50 Mile Meal Award and organised several Spring Fairs including this year's one which involved her sitting on the St Patrick's Day Parade committee. She has run events for Arts Week and Earth Hour and liaised with Kinsale Tidy Towns, the Good Food Circle and given presentations to the Town Council. She has been a tireless advocate for the Transition process and all her efforts are hugely appreciated and she will be sorely missed by the rest of the team. However, the news is not all bad, as we know that she will still be on hand to offer advice and we're sure she will continue to help run some of our annual events. So, many thanks Liz, from us all and we wish you a very well deserved break from all the activities with TTK.

SMILEY AWARD

This month's TTK Smiley Award and a big congratulations goes to Haven Bay Care Centre who won an award at Cork Environmental Forum Awards in 2011 for the local effort in creating a productive and beautiful outdoor space. Forthcoming events:

Mid-April: 'An Introduction to Permaculture'. A talk by a visiting expert from the UK. Date, time and venue to be confirmed.

Thursday 19th April: Film night. 'In Transition 2.0', the new film from the Transition Network, capturing inspiring stories of Transition initiatives around the world. Carmelite Friary Space, 8pm.

Saturday 28th April: Springamagig. TTK's annual evening of music and comedy at the Amphitheatre, Kinsale College of Further Education, 8pm. Nature Walks – check website and Facebook for details. For more information or to get involved: info@transitiontownkinsale.org www.transitiontownkinsale.org

And check out our Facebook page for all the latest.



Transition Town Kinsale is an inclusive voluntary community initiative exploring responses to climate change and energy depletion. We welcome any ideas you have for building a sustainable, resilient community. All are welcome at our events.

Kinsale Macra celebrates 50th Anniversary!

This year Kinsale Macra na Feirme celebrates 50 years and a gala celebration was held in the Carlton Hotel Kinsale on Saturday night March 10th. It was a wonderful occasion with over 200 members past and present, friends and family attending. The club was honoured to welcome Minister of Agriculture, Food and Marine Simon Coveney T.D. and Macra National President Alan Jagoe as guests of honour who both congratulated the club on its great achievements and contribution to Kinsale and the surrounding areas down through the years to the present day and wished the club continued success in the future. Minister Coveney highlighted the important role that Macra has in the community and further afield. Tom Arnold of the charity Concern was one example that Minister Coveney gave of someone who attributed their achievements to their time spent in Macra.

Presentations were made to founding members of the first committee of 1962 - Pat O'Regan, secretary, and Celia Buckley, treasurer, who to the delight of all started the first dance of the night! Club President Anne Roche was also awarded for her contribution to re-establishing the club in recent years. A very special presentation and tribute was made to Sonny Kearney who was treasurer of the Macra club that was in the town in the early 1950's. After a wonderful meal, the band Wallstreet kept everyone dancing well into the small hours.

Since its foundation on the wet and windy night of March 7th 1962, the club has been active in all the activities that Macra has to offer. It has achieved local and National success in many competitions and has been active in community through fundraising for various causes down through the years. Many of these achievements were recalled in a wonderful display of press cuttings, photographs and in a commemorative booklet produced to mark the occasion. Everyone who contributed and gathered the stories, photos and memories for the event were thanked for their help and contributions.



The many achievements and activities of the clubs present membership were highlighted on the night. These included national final places in GAA Football and Soccer finals, Cork County Novice Debating Champions, a recent drama production under the guidance of Deirdre O'Mahony of Glanmire Macra, a comedy sketch that took centre stage at the 2011 National Conference (Rally), a Best new member finalist and the putting together of a wonderfully memorable light entertainment capers show. Not to mention participation in all the other competitions

including quizzes, welding, ploughing, farm tasks, solo singing, Queen of the Land, Mr. Personality and farm tasks. In addition, club members' busy social calendar includes attending the many club, regional and national events up and down the country! The club is particularly active in sports and run a weekly sports night with Carrigaline Macra in Riverstick Community Hall. Already this year the club held a hugely successful fundraiser in conjunction with Sáile, raising an impressive €5,500 for Sáile, the Kinsale Sports and Community centre.



The club paid a special tribute to club member Maureen O'Regan who was recently crowned Seandún Region Queen of the Land 2012 and will represent both club and region at the Queen of the Land Festival in Tullamore this November. Maureen also made and decorated the beautiful 50th anniversary cake that was enjoyed on the night.

On behalf of the club, Chairperson Daniel O'Regan and President Anne Roche thanked the club's generous sponsors, supporters, the hotel staff and management, and all those who helped in making what was a wonderful night to remember, celebrate and pay tribute to the past, present and all the promise the future holds for the club and its members.

JOB SEEKERS' RESOURCE CENTRE OPENS IN KINSALE

THANKS to a civic minded group which forms part of Kinsale Parish Assembly, there's some good news and hope for many of the 1,489 unemployed persons on the live register in the town and its catchment area with the opening recently in the Red Cross building at Church Lane of Kinsale Job Seekers Resource Centre where a welcome awaits not only for persons looking for a job but also prospective volunteers to help run it.

Darren Priest, who resides near Minane Bridge, is development officer at the centre which is overseen by the Kinsale Community Building and Support Group of the local Parish Assembly who identified the need and made it possible. It comprises chairperson Catherine Kelleher, secretary Mary Roche, treasurer Richard Murphy, Tom Quigley, Roesia Lordan, John Roche, Mary McNamara, Patricia Palmer, Michelle Kiely, Mary O'Connor and Pat O'Brien.

Kinsale Job Seekers Resource Centre is a free drop-in service offering short to medium advice to assist those trying to find employment. Confidential support tailored to the needs of each individual is available and some of the issues the centre can help with are: Rights and entitlements, Career decision making and aptitude, Tools and resources development for job seeking such as CV and interview preparation, Options for training, sources of training, courses that are available and other support services, Identification of job seeking techniques such as networking, publications and the internet, Development of a personal strategy for pro-active job seeking. Printing and photo copying facilities are available at the centre which has its office on the ground floor and training room upstairs. There is free parking close by at Church Square.

In order for the centre to be a success however, volunteers with good communication skills happy to work on a one-to-one basis and also persons with internet skills are urgently needed for the new Kinsale centre. Volunteers can work for between four and 12 hours per week and training is available from West Cork

Development Partnership. Recruitment is currently taking place.

'This office wouldn't have opened had it not been for Catherine Kelleher and her group, parish priest Fr Robert Young and Kinsale Parish Assembly who were the first to recognise the need in Kinsale and set about doing something to help', said Darren who, along with Catherine also acknowledged the valuable support of Tony Lane at the Social Welfare Office, Market Lane, and Tom Reilly and James O'Mahony of Red Cross.

An approach was made to West Cork Development Partnership (WCDP) and following contact with Fergal Conlon, Local Community Development Manager with WCDP based in Bantry, who gave great encouragement and support, a premises eventually became available for free, courtesy of Kinsale Red Cross who generously allowed the use of its



premises at Church Lane which is close to the town centre.

'Eli Lilly kindly donated computers and equipment and when we needed to borrow a computer screen, Ralf in Computer Services, Lower O'Connell Street, handed one over because of what we are trying to do in Kinsale,' said Darren who has 20 years of international experience in training and education and helping people achieve their full potential.

'Everyone has been hugely supportive not only in words but in deeds and we hope to have many workshops and question and answer sessions conducted by individuals willing to give their

time and expertise'. Catherine Kelleher said it was also hoped to invite guest speakers offering practical advice to the centre.

So, whether you're looking for a job or interested in becoming a volunteer, check out the Kinsale Job Seekers Resource Centre, Red Cross Building, Church Lane, Kinsale at 021-4773083 or log on to www.kinsalejobsupport.com to download a volunteer application form and find out more. The centre is open from 9.30am to 1pm and from 2 to 4.30pm every Tuesday and from 9.30am to 1pm on Wednesday and Fridays. The catchment area extends as far as Minane Bridge, Riverstick, Coolmain and Shippool near Innishannon. A warm welcome awaits and who knows, it could just be the job to get you back on track.

Important Notice:

Due to Good Friday the Citizens Information surgery will be every 2nd Friday of the month, beginning 13th April.

Upcoming Free Events:

Tuesday 10th April, 2pm - POSTPONED

Tony Lane (Manager of Kinsale Welfare Office, DoSP) – Question & Answer Session on Welfare & Welfare to Work Entitlements

Monday 23rd April, 2pm

Riana Vermaak (HSE Clinical Psychologist) – Stress Management Talk + Stress Reduction Techniques

Monday 21st May, 2pm at the Blue Haven Hotel

Start your own Business Advice and Q & A Event

Speakers:

- John O'Keefe

John O'Keefe Solicitors

- Cormac Fitzgerald

Fitzgerald & Partners, Registered Auditor

- Paula Shinnick

Job Facilitator with Department of Social Protection

- Fergal Conlon

Development Manager, West Cork Development Partnership

- Ciara McGee

Business Advisor, South Cork Enterprise Board

- Christine Heffernan

Business Advisor, West Cork Enterprise Board

Please call (021 477 3083) or email (info@kinsalejobsupport.com) to reserve one of a limited number of seats.

Pic John Alen

IGTOA 2012 KILLEEN HOUSE TROPHY & SOCIAL EVENING

The IGTOA - Ireland Golf Tour Operator Association are delighted to host a National Golf Tourism Event –the "2012 IGTOA Killeen House Trophy & Social Evening" this year in Kinsale. This year's event is presented by the IGTOA in association with the marketing group "GOLF KINSALE" which represents the golf tourism partners of Kinsale, Old Head Golf Links, Trident Hotel, Ballinacurra House, The White Lady Hotel & 19th Hole Bar & Restaurant, Carlton Hotel Kinsale and Kinsale Executive Travel, Coach & Limousine Hire.

This year's event will take place on Thursday 12th April 2012 with participation from Cork Convention Bureau, Titanic 100 Cobh and Kinsale Chamber of Tourism and will attract delegates from across the island of Ireland who are all active in the golf tourism industry.

The "IGTOA Killeen House Trophy" Tournament has been hosted by the IGTOA for many years across the island of Ireland with the support of hoteliers Michael & Geraldine Rosney, Killeen Hotel, Killarney, who presented the original trophy to the IGTOA back

in 1998. This event has gained national momentum in recent years to be now positioned as a leading Irish Golf Tourism Networking Event, signalling the kick start of the Irish golfing season.

Speaking on the announcement of the event IGTOA Chairman Denis Kane said:

"The IGTOA is delighted to announce Kinsale to be the 2012 venue for our IGTOA Killeen House Trophy & Social Evening". We look forward to showcasing the very best in the tourism product of Kinsale through the "GOLF KINSALE" initiative. The Old Head Golf

Links is a world class golf course and the club has developed into one of the most recognised and sought after golfing experiences anywhere in the world today. The IGTOA look forward to an interactive and engaging event and to meeting you all in April in Kinsale".

Registration for the 2012 IGTOA Killeen House Trophy & Social Evening is live online at www.igtoa.com and event registration notifications are sent to all IGTOA Members, Industry & Business Partners by email weekly.

World renowned maritime journalist entertains guests at Cork's annual RNLI sailing by the Lee lunch.

Over two hundred and twenty people gathered at the Maryborough Hotel and Spa in Cork on Friday 27th January for the 9th annual Sailing by the Lee lunch. Kindly supported by Port of Cork and Electric Bar/Restaurant, the event was a huge success with well known faces from the maritime world and Cork's social scene gathering to raise funds for Kinsale and Crosshaven RNLI stations in their work saving lives at sea. €11,650 was raised to go directly towards operations at both stations.

The highlight of the lunch was special guest, international marine journalist Bob Fisher, who had flown in from the UK for the event. Following an introduction via Skype from Canada by International Marine Architect Ron Holland, Bob recalled his experiences over some 70 years as a world renowned journalist, capturing history unfolding in the worlds of ocean & inshore racing, cruising and the friendships inevitably made.

During the lunch, RNLI Patron Donal McClement paid a special tribute to Bob on his remarkable career, "I wish to acknowledge Bob's absolute dedication; commitment and enthusiasm in representing those connected to the sea, in bringing the thrills and excitement of events such as the Admiral's and America's Cup back to us at home



and capturing the ongoing challenges and adventures of the international maritime community."

Bob Fisher is best known for capturing the America's Cup throughout the years and has published extensively on this and other leading events.

Familiar well known faces who attended on the day included Donal McClement, Peter & Marie Crowley, Conor & Mareta Doyle, Anthony & Sally O'Leary, Vinny O'Shea, Naval Captain Bob Scarret, Port of Cork's Capt McCarthy, Alan Barton, John P O'Gorman and Tom McSweeney.

Speaking after the event, RNLI Governor Peter Crowley stated:-

"Our sponsors and supporters for this year's event have been extremely generous and we are very grateful to them, particularly given the challenging economic climate. In particular, I would like to thank Port of Cork and Electric Bar & Restaurant, South Mall. We are delighted to have Bob Fisher and his wife, Dee with us this year - with their help, we raised sufficient funds today to replace and update all crew lifejackets at both the Kinsale and Crosshaven Stations."

VISIT OF ALL IRELAND LADIES CHAMPIONS

Scoil Mhuire na nGrást, Belgooly, had the honour of welcoming Orla Finn and Alanna Allen (past pupil) with the All Ireland Ladies football cups. Alanna won the minor All Ireland where she played mid field for her county. Orla Finn brought the All Ireland Senior football cup, the Brendan Martin cup. It was Orla's first year on the senior panel and she played a huge part in Cork's 6th All Ireland win in seven years!

Both girls encouraged the pupils to train every day whilst also having fun! They also said the best part about playing sport was making new friends. A pupil from 6th class presented Orla with a card made by the pupils and Alanna received a card from pupils in Mrs Hickey's class. Both girls play their club football with Kinsale which is where the girls from Belgooly school play and they are now full of aspirations of playing with Cork. Come on the Rebels!



What's on the shelf?

The Kinsale Bookshop has been busy with the monthly Poetry and Bookclub Evenings plus World Book day.

On Feb 10th, Christina Murphy provided a very informative evening and the shop was filled with enthusiastic listeners. Her was subject was 'Graveyards; An Archaeological Investigation' Children's author Judy Curtin (pictured) came to visit for World Book Day. Judi has written a number of best selling books including the Friends Forever and Alice series. She has also written three books for adults.



Her day started with a visit to Belgooly Primary School, the teachers and children had come dressed as their favourite book characters and they gave Judi a great reception. Her talk to the children was fun and informative. Judi told us what its like to have a book published even down to the choice of book cover. At the end of the session Judi was presented with beautiful flowers and chocolates by two of the pupils. Snow White and the Seven Dwarfs (aka The Teachers) looked fantastic and well done to all at the school for a great welcome.

Back at the bookshop Judi once again impressed her audience and lots of fans turned up to have their books signed and listen to Judi talk on what its like to be an author. Her new book Double Trouble is available now. Look out for the Monster Second Hand Book Sale Easter Weekend. This will start on Good Friday and finish on Easter Monday.

On May 14th, Bookshop owner, Matthew Geden's new poetry collection 'The Place Inside' will be launched at Cork City Library. There will also be a special event at the Bookshop to introduce Matthew's book, date and time to be decided. Check us out on our Facebook page and also on our webpage www.kinsalebookshop.com for news of upcoming events. Happy Easter to all from Matthew, Ann & Sally.

Spring 2012



Kinsale Tri Club

recently set up by Andrew Lockington and Matthew Geden, is looking to gather all those cyclists and runners out there who would like to train with like-minded individuals. Training advice, tips, training partners and a social scene are the obvious benefits as well as lasting friendships. They hope the club will grow over the coming years with new members, events, plenty of training - and the odd social gathering, just to even things out! Although it has the title 'triathlon club' there is no obligation to train for, or compete in any triathlon events. If you just want to swim, cycle, or run, without doing all three they can accommodate

you. In terms of insurance, the most cost effective way of providing this service for the Kinsale community was to set it up as a triathlon club. Two newsletters are emailed to members each week, "On the Run" on Saturdays and "In the Saddle" on Thursdays with a few words on how the previous sessions went and to advise on routes, up-coming events, nutrition and training.

Running is led by Matthew Geden, who has eight marathons as well as the Connemara Ultramarathon (39 miles!) under his belt. They meet Tuesday evenings, at 7pm outside Kinsale Community School. Bike spins are led by Andrew Lockington who has one marathon, one Gael Force and one Ironman under his belt. They depart from the Kinsale side of Duggan Bridge at 9am sharp on Sunday mornings. Helmets and appropriate biking gear is necessary for safety and warmth. Swim club details will be announced soon. Anybody who wants to come along for a spin or a run to try it out will be covered by insurance as a guest for the first session and if they wish to

continue they will need to be covered by insurance the following week through Triathlon Ireland (€18).

There will be no membership fee for the first year as they are trying to keep the club as inexpensive as possible and nurture its growth. It is inevitable that the club will need funding in the future via membership fees, events and sponsorships, but they are going to keep it simple for the first year and see how it goes.

For more information, there is a Facebook fan page set up under Kinsale Tri Club, or you can email Matthew and Andrew: Kinsaletriclub@yahoo.ie - Niamh Prior



CASTLE PARK STRIKES GOLD!

Castlepark Marina received Four Gold Anchors from The Yacht Harbour Association's award winning scheme last month. This is a fantastic achievement for Tadgh Wright who has been managing the marina for the past 6 years.

"I'm incredibly happy and proud of the achievement," says Tadgh. "Times are tough, particularly in the leisure industry, so this award comes as welcome recognition of the hard work that's been done, in not only surviving one of the greatest depressions in my living memory, but striving to improve and grow our business."

The Gold Anchor award scheme is a voluntary assessment programme focused

on customer service and providing Quality Assured Berthing for any boat owner. The scheme is designed for the marina consumer by The Yacht Harbour Association with contribution from the RYA. Ratings range from one to five gold anchors. Any award issued is a sure sign of a credible and quality marina with the number of anchors indicating the facilities and services available to berth holders.

The awarding of Gold Anchors is based on the combined results of three stages: assessment in which a comprehensive set of criteria that is checked and surveyed by an assessor; a visit from a mystery shopper; an anonymous online questionnaire completed by berth holders.

After studying Nautical Science Tadgh spent some time on deep sea oil tankers

with Chevron Texaco. He knew a life at sea was not his calling so he came back to Kinsale in 2005 and worked on the marina as supervisor for the previous owner, Eddie McCarthy. The marina was then bought by brothers Tom & Ed Brennan in 2006. Tadgh was promoted to Marina Manager and completed his Marina Managers course in the UK in 2008 which is presented by the British Marine Federation, International Marina Institute and The Yacht Harbour Association.

As the sole employee of the marina Tadgh says, "The greatest 'perk' of my job is welcoming many a sailor to Castlepark and showing off our unrivalled location just outside one of Ireland's finest towns." With 98 berths, this newly upgraded full service marina is kept clean and tidy, and set in beautiful surrounding countryside overlooked by James Fort. It's a perfect place for sailors looking for peace and tranquillity. For such a small marina, Castlepark certainly delivers and the assessor praised Tadgh for delivering an excellent, personal service to his berth holders and keeping his marina in excellent condition.

"The best selling point for our marina is Kinsale," says Tadgh and by 'Kinsale' I mean the amazing people that keep it running, from the bars and restaurants to the quaint shops and the famous Kinsale welcome which thankfully we've never lost and hopefully we'll hold onto for many years." -Niamh Prior

RTE'S CHARLIE BIRD BROADCASTS FROM KINSALE RNLI

Kinsale's RNLI played host to RTE Radio 1's Saturday with Charlie Bird programme on Saturday 24 March. Volunteer crew members were among the contributors to the show which was broadcast nationwide. Charlie's arrival coincided with a training exercise and the broadcaster could not resist trying Miss Sally Anne Baggy for size.

The programme had a maritime theme and featured a moving interview with Caitlin Uí hAodha. Her late husband Michael Hayes was the skipper on the Tit Bonhomme which sank in Glandore Harbour earlier this year with the loss of 5 lives. Also taking part, TDs Noel Harrington and Billy Kelleher; broadcasters Paschal Sheehy and Derek Davies; and journalist Claire O'Sullivan of The Irish Examiner. RNLI



RTE's Charlie Bird with RNLI Volunteers
Ian Fitzgerald,
Nick Searls and
Richard McKinley

volunteer crew members Nick Searls, Kevin Gould, Sam Kingston and Richard McKinley all took an active part in the programme. Charlie Bird praised the station and the lifesaving facilities and asked Kinsale RNLI Lifeboat Operations Manager, John O'Gorman, how it was funded. John told the audience that the RNLI is a registered charity dependent entirely on public donations, adding "Sally Anne Odell is the RNLI's benefactor in Kinsale and I can't let

the opportunity pass without thanking her for her donation to all of us here in Kinsale. We are a team of about 30, all professional volunteers, who give of their time freely and willingly, but without Sally's generosity we wouldn't have our lifeboat Miss Sally Anne Baggy or the lifeboat station we are sitting in today."

If you would like to catch up with the programme it is available on:

www.rte.ie/radio1/saturdaywithcharliebird

RNLI NOTES: Coffee Morning Pays for Four New Lifejackets

Kinsale RNLI sent out an SOS of their own in February when they asked the people of the town to 'Scaff Our Scones' to help raise funds for new lifejackets. The Coffee Morning in the Temperance Hall raised €1,630 – enough to pay for four of the new, specially designed lifejackets which will be delivered to

every RNLI lifeboat station in Ireland and the UK by the end of this year when the existing ones reach the end of their recommended operational life. Thanks to the generosity of the Kinsale Credit Union, Eli Lilly, the Kinsale Rugby Club and Fishermen, and the Kinsale Community Choir, all the volunteer crew of the RNLI lifeboat Miss Sally Anne (Baggy) already have new lifejackets.

To make a donation or to find out more about the RNLI visit www.rnli.ie

Champion Oarsmen Row In Behind RNLI

Kinsale's volunteer RNLI crew received an unexpected windfall recently thanks to two champion oarsmen, John O'Brien and Paddy Lawton. John and Paddy visited the RNLI lifeboat station where they met volunteer crew members and presented helmsman Mark Lewis with a cheque for €2,290. John and Paddy, who between them hold multiple All Ireland rowing

medals, were asked to start up a Spirit of Kinsale Rowing Club by many of the youngsters they had trained over the years. Despite receiving enthusiastic local backing, the pair were thwarted by red tape and were unable to gain the necessary authorisation from the governing body to open so they decided the next best thing was to make sure the money stayed in the town and did some good there.



Altrusa Club of Kinsale & District

HOSPITAL PARTY

The Altrusa Christmas Party for the patients and their families at Kinsale Community Hospital is a special treat for patients with Santa Claus arriving with a present for each of the patients. This year everyone had a wonderful time again with lots of great songs from some of the patients and guests. Special thanks to Vincent McCarthy, Ewen Tubridy, Margaret Waller and Christy Gamble who provided the excellent musical entertainment.

Altrusa members and staff at Kinsale Community Hospital ensured the everyone had a good time on their special day.

De Paul, with the proceeds of the Christmas Fayre which raised €4,100.

Club President, Cora Roche stated: Altrusa Kinsale has an ongoing commitment to Kinsale Community Hospital, and is



Fionnuala McCarthy, Cora Roche,
Paula Stubbs & Mary Evans

put to very good use. The Meals On Wheels provides a service for a wide range of people who are unable to cook nutritious meals for themselves. It is an important service for older people, and those who have been ill. Apart from providing meals they are an essential form of contact for many, and Altrusa are pleased to support this service.

The Society of St. Vincent de Paul is there to help those in need, and unfortunately the numbers seeking help has grown over the past year.

The Members of Kinsale Conference have been working hard endeavouring to assist as many people as possible, and Altrusa is pleased to help them at this time which is difficult for so many

people. Cora Roche thanked the people of Kinsale for their generous support and the local businesses who donated Prizes for the Christmas Fayre.



(Top) Vincent McCarthy with Christy Gamble, Ewen Tubridy & Margaret Waller

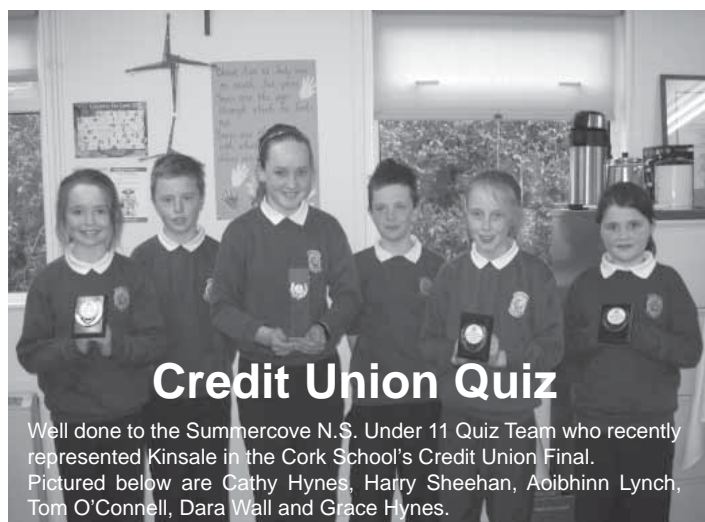
(Middle) Carmel McCarthy, Jane Beckwith, Martina O'Donovan of Kinsale Community Hospital

(Bottom) Angela Eaton with her sisters; Pat, Rosie, Carmel & Tina

ALTRUSA PRESENTATION

In February a presentation was held, at the Trident Hotel, to Kinsale Community Hospital, Kinsale Meals On Wheels and Kinsale Society of St. Vincent

delighted to support the dedicated care given by the Matron and Staff to the people of Kinsale and the surrounding areas. In making this donation we know that it will be



Credit Union Quiz

Well done to the Summercove N.S. Under 11 Quiz Team who recently represented Kinsale in the Cork School's Credit Union Final. Pictured below are Cathy Hynes, Harry Sheehan, Aoibhinn Lynch, Tom O'Connell, Dara Wall and Grace Hynes.

Troubadour Tales

Cork singing legend Jimmy Crowley visited Kinsale Community School in February and performed for some of the music and history students. Jimmy sang a number of songs and explained their origin and meaning. Song topics ranged from life on the Coal Quay to the effects of the First World War to our own War of Independence and the Spanish Civil War.

For many pupils it was the first time they had ever come across or heard of a bouzouki, which is Jimmy's instrument of choice, and he gave a prize of a CD to a student for correctly identifying the instrument. History students were at the performance because as Jimmy pointed out, 'History is always told from the point of the victors'.

Of course many of his songs also give an insight into a way of life which is now past and part of our social history but Jimmy's performance, explanations and knowledge brought this history to life in a unique and entertaining manner.



NEWS FROM ST. JOHN'S N.S.

GREEN FLAG AWARD

St. John's School have been successful in their application for their fourth Green Flag. They have been invited to the Green Schools Award ceremony in May to receive their flag. Part of their programme included "W.O.W" days (Walk on Wednesdays) and St. John's School is very proud of the students and the effort they made to improve the school's carbon footprint. Well done to all involved.

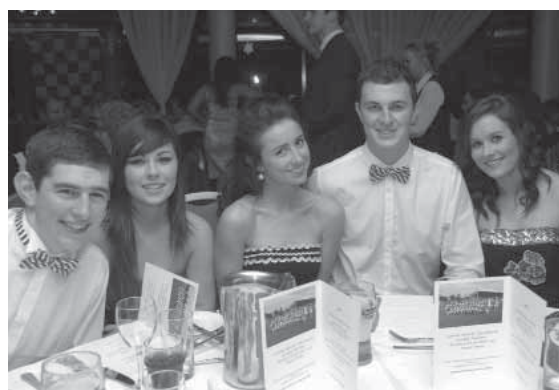
WORLD BOOK DAY

St. John's School celebrated World book Day on the 1st March 2012. The children read from their favourite books and dressed up as their favourite characters. They really enjoyed the day. Happy reading for the future.

GREEN DAY

St. John's School celebrated a Green Day on Friday 16th March to celebrate St. Patrick's Day agus Seachtaine na Gaelige. All the classes performed poems, songs and drama agus bhí sé go hiontach! The children kindly donated €1.00 each for Haiti.

KINSALE GAA DINNER DANCE



Pictured at the Kinsale GAA Club dinner in the Carlton Hotel were Michael Scully, Rachel Maher, Cliona Begley, Niall Stanley and Grace Lynch (Pic Howard Crowdy)

Pictured at the Kinsale GAA Club dinner in the Carlton Hotel, Kinsale, were Barry Gray, Kevin Cahill, Oliver Cahill and John Martin Nyhan (Pic Howard Crowdy)



Pauline O'Leary, Carol O'Connor and Chris Quigley at the Kinsale GAA Club dinner in the Carlton Hotel, Kinsale. (Pic Howard Crowdy)

PLANNING NEWS

PLANNING APPLICATIONS

- Application for permission for construction of a domestic double garage at the Back Glen, Kinsale, for Mr. Brian McCarthy.
- Application for permission for the construction of an extension and alterations to an existing single storey dwelling house including the construction of a first floor extension and new balcony and associated site works at 26A Lower O'Connell Street, Kinsale, for Mr. Andrew Lynch.

PLANNING DECISIONS

- Application for permission for the following development: (1) The demolition of existing single storey out-office to the side of existing house (The Storks Nest) (2) The construction of a two storey extension to the side of existing house (The Storks Nest), (3) The construction of a new house attached to existing house (The Storks Nest), (4) The construction of 2 No. semi detached houses, (5) the construction of 1 No. detached houses, (6) and associated site works at The Storks Nest, Compass Hill, Kinsale, for Alison Dawes. **Permission granted.**
- Application for permission for the demolition of existing structure containing 3 no. apartments and the construction of a dwelling house and associated site works at 14 Cork Street, Kinsale, for Green Properties Limited. **Permission granted.**
- Application for boundary wall, shed and greenhouse and the construction of a two storey dwelling house, garden shed and associated site works at 4 St. Josephs Terrace, Ballinacubby, Kinsale, for Therese Bradfield. **Permission granted.**



Kinsale Girls AFC who played against Bandon in the U14 Cup match at Madden Park (Pic Howard Crowdy)



SE SCOR NA BPAISTI FINALS

The Belgooly NS Novelty Act Group 1 of Niamh Murphy, Claire Bernard, Christine Coughlan, Emer Allen, Abby Egan and Sarah Moynihan who were Scor winners in Riverstick. Missing from photo were Jack Chedhomme and Paul Wills. Sarah Lehane (Summercove NS) and Claire Cronin (Dunderrow NS) pictured with their awards. (Pic Howard Crowdy)

Education for Sustainability at St. Joseph's N.S.

Inspiring Care for the Earth

In early March 2011 3rd and 4th class pupils at St Joseph's School began sowing seeds for the school's edible classroom. Throughout the rest of the school year the children worked in the garden and learnt about, biodiversity, composting, farming, food miles and seed saving with a strong focus on sustainability.



In the autumn we had a harvest feast to celebrate all the hard work that the girls put into the garden during the year. We dug up all the potatoes, carrots, onions, garlic, beetroot, parsnips, leafy greens and apples from the fruit trees planted on a previous year.

The children helped harvest, prepare and cook for the harvest feast. Together we prepared a delicious soup, and a colourful salad. The girls had great fun washing chopping and cooking the food and especially eating it!!

For our final sessions last year we put the school garden to sleep for the winter. This involved some maintenance of the raised beds. We then mulched with manure, seaweed and a leaf mulch/grass mix that we were delighted to find on the school grounds. Now the soil will be replenished with nutrients for us to begin the cycle again in the spring.

FIELD TRIP

In June 2011 we brought the kids to The Hollies Centre for Practical Sustainability near Enniskeane.

They learnt about natural building and got to participate in the making of a cob wall. This is a mixture of clay, sand and straw that is mixed and sculpted using the feet and hands. What a great excuse to get mucky and have fun!!



The children got to eat their lunch in a hand built cob round house which is used as a workshop space. They also enjoyed playing cooperative games which explored the senses and the natural elements. We then visited the Hollies productive market gardens, abundant with lots of varieties of tasty vegetables, herbs, flowers and teaming with biodiversity.

Last year was the 6th year that we have been at St Joseph's School. This programme takes time, effort and funding to stay running. In the past years we have received some funding from West Cork Leader, Leargas, and AIB Better Ireland Award. But recently funding has been harder to come by. We have also volunteered a lot of our time to make this project work. A big thank you to St Joseph's school who have assisted by contributing financially to this project in the last few years.

We welcome parents and teachers to join us in the garden to get your hands dirty, and share in the fun! With your involvement we can enjoy this programme for many years into the future.

Contact Tara 086 309 5426 or Ananda 086 207 8040 or email: eduforsustainability@gmail.com for further details.

Spring 2012



Camogie Blitz: Well done to 5th and 6th Class pupils from St. Joseph's N.S. who participated in the local Sciath na Scol Indoor Camogie Blitz recently.



St. Patrick's Day Art Competition: Comhghairdeas to St. Joseph's N.S. pupils who won prizes in the local Bank of Ireland art competition.



Bookstor Bookmark Competition: Ilona Peret, 2nd Class pupil in St. Joseph's N.S. won the overall prize for her World Book Day bookmark design.



World Book Day: Senior pupils from St. Joseph's N.S. enjoyed reading to Infant pupils to celebrate World Book Day!



Emily McDonald and Scott McClelland were married at St. Multose, Church September 20th 2011

- Pic Brian Terry, Monkstown.

AUTUMN WEDDING



Congratulations to Gillian Santry and Denis Gimblette who were married recently. They are pictured with Denis' parents Ita & Denis.

LONDON CONFERRING



Congratulations to Mairéad O'Hea, Kinsale, who graduated with a B.Sc. Masters in Human Rights from London City University in September 2011.



MILESTONES

Births

✿ Congratulations to Jacqueline (née Lawton) and Robert Calder, The Cotswolds, England, on the birth of their daughter Amelia Jane on January 27th 2012.

Marriages

✿ Congratulations to Eoin O'Toole & Clare Corcoran, Ballincollig, who were married on December 31st 2011.

✿ Congratulations to Seamus Hayes & Kate Van Doorn, The Orchards, Kinsale, who were married on March 24th 2012.

Deaths

Our sympathy to all those who have suffered bereavements recently, including the families of the following people:

11 Dec: Patrick Crowley, Ballyregan
2 Jan: Sr Augustine Tracy, Convent of Mercy
19 Jan: Rosemary Byrne, Compass Hill
19 Jan: Peggy Foley, Lr. Cove
23 Jan: Jim Coughlan, Roseabbey
13 Feb: Philomena Twomey, Compass Hill
10 Mar: William Dilloughery, Abbey View
15 Mar: May McCarthy, St Eltin's Tce.
20 Mar: Tim O'Brien, Market Lane.

Acknowledgements & Anniversaries



Seumas O'NEILL March 13th 1925 – April 3rd 2011 First Anniversary

*In loving memory of my father, Seumas
late of Castletown, Kinsale, Co. Cork*

I am home in Heaven, dear ones;
Oh, so happy and so bright!
There is perfect joy and beauty
In this everlasting light.

All the pain and grief is over,
Every restless tossing passed;
I am now at peace forever,
Safely home in Heaven at last.

Did you wonder I so calmly
Trod the valley of the shade?
Oh! But Jesus' love illumined
Every dark and fearful glade.

And He came Himself to meet me
In that way so hard to tread;
And with Jesus' arm to lean on,
Could I have one doubt or dread?

Then you must not grieve so sorely,
For I love you dearly still:
Try to look beyond earth's shadows,
Pray to trust our Father's Will.

There is work still waiting for you,
So you must not idly stand;
Do it now, while life remaineth –
You shall rest in Jesus' land.

When that work is all completed,
He will gently call you Home;
Oh, the rapture of that meeting,
Oh, the joy to see you come!

Those we love do not go away – they walk beside us everyday.
Lovingly remembered by Finola, friends/neighbours



Pat MCCRAE Acknowledgment and First Anniversary Died 18th March 2011 aged 61

On this the first anniversary we, Pat's family, would like to thank everyone who sympathised with and supported us through the loss of Pat. To everyone who attended the Rosary, removal, Mass and burial, to those who travelled from afar, those who sent Mass cards, sympathy cards and lovely floral tributes. All those who called to our home and those who telephoned, all relatives, neighbours and friends.

Thanks to Dr. Helen Barry of Kinsale Medical Centre for all her kindness and support shown to Pat over the years. To the staff of 1A at C.U.H. for the wonderful care given to Pat on his last few days. To the District Nurse, Mary Sammon, and Robert Gabriel Funeral Services and his staff Micko and Martin for their support, kindness and professionalism shown to us at a very hard time. Thanks to Kinsale Fire Service for the attendance of the appliance by Pat's home the day of his funeral. A special thanks to Fr. Young for a lovely Mass. Thanks to Canon O'Mahony, Fr. Stan and Fr. Frank, to the Parish Choir for the lovely singing.

As it's impossible to thank everyone personally, we hope you will accept this acknowledgement as a token of our appreciation. The Holy Sacrifice of the Mass will be offered for all your intentions.

Loved and remembered always by his heartbroken wife, Margaret, daughter Louise, sons Gordon and Patrick, son-in-law Ian, daughter-in-law Deirdre, grandchildren Shauna, Conor and Abbie, sister Mary, brother James, sister-in-law Ella, brother-in-law John, nieces and extended family.

*May he Rest In Peace.
Hail Hail The Celts*



Jack TYNER Acknowledgement and First Anniversary 28/3/1991 - 7/2/11

On the first anniversary of Jack's death, Robert, Mary, Kate, Joan, Clare, Dara, Geraldine and Emma wish to express our heartfelt thanks to all who sympathised with us on our tragic loss of Jack. To all our exceptional friends, extended family, staff and neighbours who helped us in so many ways. To those who travelled from near and far to visit the house and attend Rosary, reception, funeral Mass and burial, who sent cards, letters of sympathy and flowers and all who provided food, Fr. Finbarr Crowley for his sincere and touching Mass, Sean and Emma for their wonderful tributes, Kinsale Community School for their music and singing (and everyone who helped in the Mass). To all the sporting clubs and schools and his point-to-point colleagues and jockeys involved in the guard of honour and undertakers Gabriel and O'Donovan's for all their help.

As it would be impossible to thank everyone individually we trust that this acknowledgement will be accepted as a token of our deep appreciation. The Holy Sacrifice of the Mass has been offered.

*Words cannot describe
How much we love and miss you Jack*

Place your announcements; engagements, births, marriages, etc., free of charge in the
KINSALE & DISTRICT NEWSLETTER

Emmet Place, Kinsale.

Tel: 021 477 4313

Email: info@kinsalenewsletter.com

Web: www.kinsalenews.com



Frank TWOMEY
Rose Abbey, Kinsale, Co. Cork
Acknowledgement and
First Anniversary
14th March 2011

The family of the late Frank, wife Kitty, daughter Tracey, son in law Padraig, grandchildren Ciaran and Aoife, his brothers, Denny, Johnny and Mike, sisters Patricia, Peggy and Julie, together with the extended Twomey family wish to thank all those who sympathised with them on their sad loss.

Thank you to all who attended the Rosary, Removal and Funeral Ceremonies and to all those who sent floral tributes, Mass cards and letters of sympathy.

A special thanks to the clergy who officiated at the ceremonies, Fr. Bertie O'Mahony, Canon John K.O'Mahony, Canon Thomas Kelleher, and Fr. Robert Young. Thanks also to Vincent McCarthy, the Kinsale Parish Choir and David Lawlor for the music during the funeral Mass.

The family is also especially thankful to the Matron and staff of Kinsale Community Hospital for their superb care of Frank. A sincere thanks also to Dr. Foley and the doctors and staff of Kinsale Medical Centre, to Kay Lynch, Public Health Nurse, and to the Home Care team of Marymount Hospice.

Thank you to Fordes Undertakers for their consideration and courtesy.

For our marvellous neighbours, relatives and friends and to all who helped in any way.

As it would be impossible to thank everyone individually, please accept this acknowledgement as a token of our sincere thanks to all who supported us during this sad time.



STICKLEY
(NEE LOMBARD)
Kathleen Patricia

After a long illness our much beloved wife and mother passed away on the 6th February 2012 in the Royal Brompton Hospital, London.

A native of Kinsale (a town which always had a special place in her heart) she left for London during the 1960s and then settled in Colchester, Essex.

Kathleen's husband John, daughters Tara, Liz and sister, Mary would like to thank all their family and friends for their support and sympathy during this very sad time.

We have appreciated the many cards, letters and Mass cards received and have been over-whelmed by the many kindnesses shown.



Joan FORDE
Ballyregan, Kinsale
15th April 2011
Acknowledgement
and First Anniversary

The family of the late Joan Forde, would like to thank those who sympathised with us on our sad and sudden loss. Thanks to those who attended the Rosary, removal, funeral Mass and burial. To those who sent Mass cards, flowers and letters of sympathy. A special word of thanks to the staff in CUH along with Doctor Tanya O'Shea, Bandon, O'Connor's Pharmacy and the wonderful ambulance team.

Thank you to all those who called to our home, and for those who travelled long distances to be with us. We are deeply grateful to relatives, friends and very good neighbours. We express our thanks to Fr Robert Young, the folk group, altar servers, Gabriel and O'Donovan Funeral Directors for their professionalism. It is not possible to thank each and everyone individually, so please accept this as an acknowledgement of our sincere appreciation. Mass has been offered for your intentions.

Lived for those she loved, And those she loved
Remember always.

Loved, remembered and missed forever by her daughters Susan, Mary and Dolores, sons Paul and Declan, brothers, sisters, sons-in-law, daughters-in-law, grandchildren, nieces and nephews, & extended family.



Mary O'LEARY
(née Crowley)
Clogheen, Dunderrow, Kinsale
Acknowledgement
2nd January 2011

The family of Mary O'Leary wish to thank most sincerely those who sympathised with us. Thanks to all those who sent Mass cards and floral tributes.

Sincere thanks to Dr. Helen Barry and all the other doctors and staff of Kinsale Medical Centre. A special word of thanks to the doctors and nurses of South Infirmary Hospital, Cork, who looked after Mary.

Thanks to Fr. John Kingston, the Carmelite Friars, all the other priests and the choir. Many thanks to Gabriel & O'Donovan Funeral Home, their staff and an Garda Siochána.

As it is not possible to thank each and everyone individually please accept this acknowledgement as a token of our gratitude.

The Holy Sacrifice of the Mass has been offered for your intentions.



Tadgh O'Leary
March 23rd 2006
Sixth Anniversary

A smile for all, a heart of gold,
One of the best, The world could hold,
Never selfish, Always kind,
These are the memories you left behind.

To us you were someone special,
So good, so kind and true,
You will never be forgotten,
We thought the world of you.

Sadly missed by Pat, Teresa, Lisa, Tim, Patricia and James.

Paddy CONNOLLY
24/12/1954 - 24/4/2011

Paddy's family would like to express our heartfelt thanks to everyone who supported us in our sad loss. We wish to thank everyone for their kindness, prayers, Mass cards, and for being there with us at the Rosary, removal and burial. We deeply appreciate the help and support that was given to us at the loss of Paddy.

Thank You

Always on our minds
Forever in our hearts

Margaret, Michelle, Corina, Ian, Lia and Rhys.

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