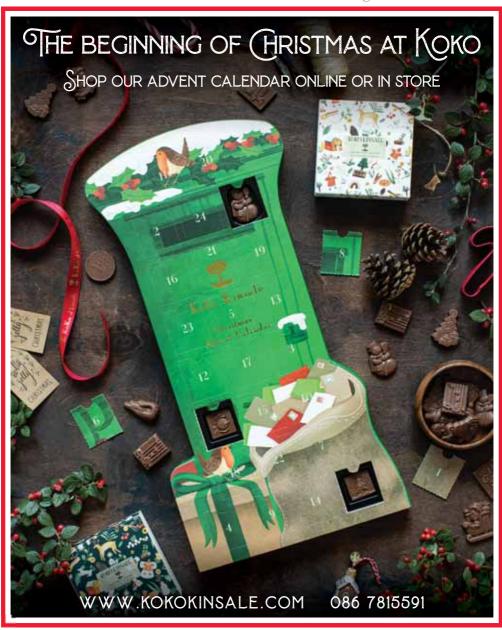


Volume 33 #45/22 Thurs 10th November TO Thurs 17th November 2022

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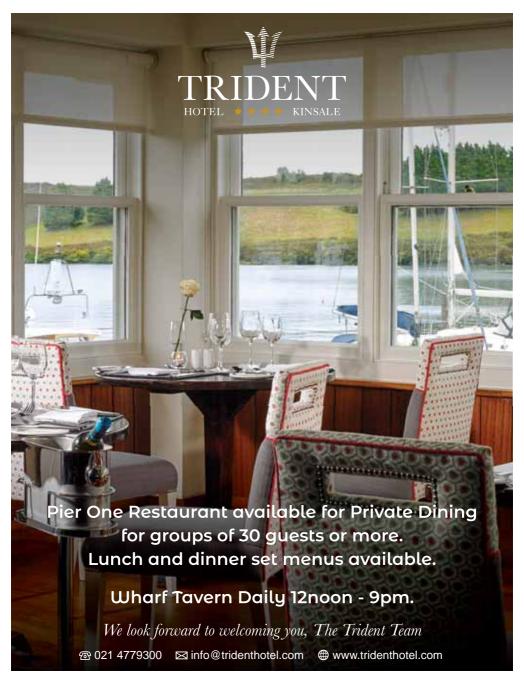


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www.kyss.ie

Kinsale Youth Support Services

KYSS - RCN No: 20103187. CRO No: 528075. CHY No: 20548.

This company is limited by quarantee not having a share capital.

Registered office -Guardwell, 2 Cork Street, Kinsale, Co. Cork

Supported by Mental Health Services HSE Cork Kerry & Tusla.







Open Evening Invitation

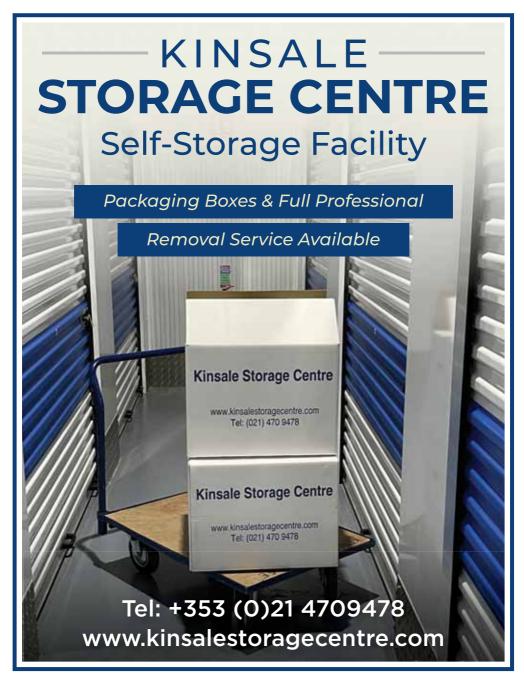
Tuesday 22 November at 5.30pm until 8pm



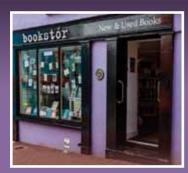
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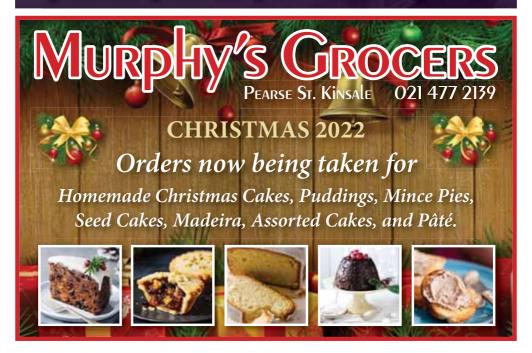
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It has been a pleasure and a privilege to have worked with so many local groups and projects both commercially and voluntarily - Kinsale Chamber of Tourism, Good Food Circle, Temperance Hall, Pink Ribbon Walks to name but a few.... and to have assisted so many businesses and individuals with their accounts, office services and tour requirements.

Thank you to all who contributed to a successful business model through the years and to the people who worked here, as well as the Hayes family for the premises. Finally, thank you to Donal Crowley, FIS Accountants for all the support and contacts down through the years.

Apologies to those who have been trying to contact our landline for almost the past 2 months, Eir disconnected it in error and haven't managed to fix the problem!

Anyone looking to contact me can do so on 087 2406747.













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Kinsale Active Retirement Association

Temperance Hall Tuesday 15th Nov, 2.00pm

Light Exercise followed by

Kathleen McHugh will talk about her 4,000 mile bike trip across America

Kinsale Youth Community Centre

AGM

Tues 15th November, 7pm in the Youth Centre

WHAT'S ON in Kinsale & District

THURS 10th NOVEMBER

BLUE HAVEN:

Ben Dillon, 8pm. **KINSALE FLOWER & GARDEN CLUB:** Christmas Demonstration with Ann Hester AOIFA. St. Multose Hall, 8pm. Members and visitors welcome. **ROGUE FITNESS:** All classes €5 until 31st December 2022. www.roquefitness.ie STRONGER WITH SIOBHAN: **Athlete Strength** and Conditioning, 6.00pm & 7.00pm at St. Multose Hall. call 087 2771899.

FRI 11th NOVEMBER

BLUE HAVEN: Traditional Irish Music, 10pm. KINSALE HOTEL & SPA: 20% Off Brunch in November. 10.30am - 12.30pm. T & C apply.

SAT 12th NOVEMBER ARMADA BAR:

Music. BLUE HAVEN: Mike O'Riordan. Mike O'Connell and Cian O'Sullivan. 10.00pm. CENTRA. KINSALE: Launch of new store. 11am-2pm. Special quest: Peggie Ross. Meet Patrick Horgan. Red FM Roadshow.

Family entertainer.

HAMLETS: DJ from 10.00pm. KINSALE HOTEL & SPA: 20% Off Brunch in November. 10.30am - 12.30pm. T & C apply. KINSALE POTTERY: One Day Classes For adults/teens. www.kinsaleceramics.com KINSALE RNLI: Coffee Morning. 10.00am - 12noon. RNLI Shop, Cake Stall, Raffle. Christmas cards will be on sale. LOULA NATURAL: Kefir & Kombucha Class, with Louise Kane Buckley. Naturopath and Nutritional Therapist. www.loulanatural.com STRONGER WITH SIOBHAN: Hardcore Circuits. 8.00am. **Beginner Circuits,** 9.00am. Madden Park. Call 087 2771899.

SUN 13th NOVEMBER

ARMADA BAR: Music. **BALLINSPITTLE** WINTER FAIR: Community Fundraiser for Christmas Lights. Ballinspittle Community Hall. 12noon - 6.00pm. Support local businesses and creators. Sustainable Art and Crafts.

BLUE HAVEN: Paul Stubbings, 7.30pm. KINSALE BAPTIST CHURCH: Temperance Hall. 11am. KINSALE HOTEL & SPA: 20% Off Brunch in November. T & C apply. 10.30am - 12.30pm. SALSA FOR **BEGINNERS:** Free introductory Class at Sáile, 1pm. Call 086 254 7319.

MON 14th NOVEMBER

BLUE HAVEN: Ben Dillon. from 8.00pm. LOULA NATURAL: 4 Week Mindfulness Class, with Louise Kane Buckley, Naturopath and Nutritional Therapist. www.loulanatural.com SENATOR TIM LOMBARD: Clinic in Salvi's Café. Kinsale. 5.30pm-6.30pm.

TUES 15th NOVEMBER BLUE HAVEN:

Paul Stubbings. from 8.00pm. KINSALE ACTIVE RETIRED ASSOCIATION: Temperance Hall. at 2pm. Light exercise followed by a talk by Kathleen McHugh.

KINSALE YOUTH COMMUNITY CENTRE: AGM in the Youth Centre, 7pm. STRONGER WITH SIOBHAN: **Body Sculpt at** Madden Park, 8pm. call 087 2771899.

WED 16th NOVEMBER

BLUE HAVEN: Mike O'Riordan. from 8.00pm. TEMPERANCE HALL: AGM at 6pm. All welcome.

THURS 17th NOVEMBER

BLUE HAVEN: Ben Dillon. from 8.00pm. **CLARINS** SALE EVENT: O'Connor's Pharmacy. Runs until 19th November. Luxury hamper draw on each day. SKILL SHARE AT KINSALE COLLEGE: **Sewing & Clothes** Repair, 8pm. Free class. info@transitionkinsale.com www.transitionkinsale.com STRONGER WITH SIOBHAN: Athlete Strength

and Conditioning. 6.00pm & 7.00pm at St. Multose Hall. call 087 2771899.

