

KINSALE Advertiser





& Weekly Guide to What's On in Kinsale & District

Volume 35
#43/24
Thurs 31st
October
TO
Thurs 7th
November
2024

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**Weekly Monday
Clinics in Kinsale**

Salvi's Café
5pm-6pm

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featuring
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20th DECEMBER 2024
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TICKETS €30 DOORS AT 7pm
SCAN THE QR CODE




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on mobile: 087 9872783 or email: sabinegraef63@gmail.com



Some conditions treated in the clinic:

- Headaches
- Migraines
- Neck Pain
- Back Pain
- Shoulder Pain/ Problems
- Elbow/Wrist Problems
- Carpal Tunnel Syndrome
- Postural Distortions
- Hip Pain/Discomfort/ Problems
- Knee Pain/Problems
- Ankle/Foot Problems
- Sciatica
- Nerve Entrapment
- Joint Pain/Discomfort
- Strains/Sprains
- Sports Injuries/ Recovery
- Soft Tissue Repair
- Connective Tissue Repair
- Muscular Disorders/ Conditions
- Coordination Development
- Loss of Balance
- Stiffness
- Impaired Mobility
- Functional Exercise

By appointment: **Sabine Graef** (BEd., SMT, NMPT)
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EVERY THURSDAY

4pm-5pm: 6-8 year olds **5pm-6pm:** 9-11 year olds

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€75 FOR 6 WEEK BLOCK

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Contact Paul at paul@pwfootball.com or 0879575362

Football experience not necessary, just a love for the sport!

**BEGINS THURSDAY
7TH NOVEMBER
PRE-BOOKING ESSENTIAL**

Image: www.freepik.com



Cheese Fondue Nights

Cheese fondue served with baby potatoes, bread and side salad

Saturdays from 6.30pm(ish)

16th November

23rd November

30th November

7th December

14th December

21st December

Wines carefully selected by Ken Murphy
(1601 Off Licence) also available.

RESERVATIONS ONLY
Limited spaces available

€30 per person

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Small and medium-sized enterprises accounted for a whopping 99.8% of all businesses in the Republic in 2022, according to the Central Statistics Office (CSO). The agency's latest "business in Ireland" survey indicated that SMEs, enterprises with 250 people or less, employed more than two thirds (68%) of the State's workforce and were responsible for two fifths (43%) of total turnover.

FOR MORE INFORMATION www.fitzgeraldandpartners.com

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Follow us on     for regular updates.

**SMEs account for 99.8% of all
businesses in Ireland and employ
two thirds of the workforce.**

**CSO's latest "business in Ireland"
survey indicates turnover by
businesses of all sizes
amounted to just
under €1.3 trillion
in 2022.**



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OCCASIONS
Christmas Parties

2024

ACTONS HOTEL
KINSALE



Saturday 7th December

Drinks Reception on Arrival

4 Course Festive Meal

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Live Band & Disco til late

TICKETS
€75.00PP

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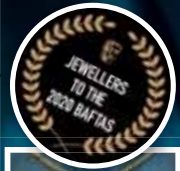
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MAIN ST, KINSALE 021 4774754

www.lindasofkinsale.ie

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Sunday 3rd November 7pm-9pm

Old No. 7

NEW WINTER HOURS

MON & TUES Open at 4pm. Kitchen closed.

WED TO SAT Serving lunch & dinner.

SUNDAY Serving lunch.

Al Fresco Dining

FRI & SAT
6pm - 8pm



Stock images: vectstock, kinsalestock @ freepik.com

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KINSALE



RESTAURANT BOOKINGS AT
WWW.THEBULMAN.IE

Kinsale An Tulca Halloween Festival 2024

THURSDAY 31st OCTOBER

Registration & Photoshoot for
Costume Competition

2.30pm-3.50pm: Temperance Hall

Performance by
Super Stars Stage School

3.55pm: Town Park

TRICK OR TREAT PARADE

4pm: From Town Park

Performance by the Joan Denise
Moriarty School of Dance

5pm: Short Quay Plaza

Costume Competition Prize Giving

5.15pm: Temperance Hall

Dreadful Disco with DJ Magz

6pm-7pm: Temperance Hall

FRIDAY 1st NOVEMBER

LANTERN PARADE

6.30pm: From Library Car Park
to Finale Water Performance

Lilly

SuperValu

CO RK



Comhairle Contae Chorcaí
Cork County Council



Fáilte Ireland
National Tourism Development Authority



Kinsale Harbour



Kinsale Harbour

kinsalehalloweenparade@gmail.com



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Cork Red and Green Zone Taxsaver

		28% Tax Bracket		48% Tax Bracket	
Monthly:	Rate:	You Pay:	You Save:	You Pay:	You Save:
Red Zone	€68.00	€48.96	€19.04	€35.36	€32.64
Green Zone	€148.00	€106.56	€41.44	€76.96	€71.04

		28% Tax Bracket		48% Tax Bracket	
Annual:	Rate:	You Pay:	You Save:	You Pay:	You Save:
Red Zone	€700.00	€504.00	€196.00	€364.00	€336.00
Green Zone	€1,536.00	€1,105.92	€430.08	€798.72	€737.28

Red Zone: valid on Routes 201 to 226 -
Route 226 Ticket valid to Cork Airport only

The Green Zone Ticket gives unlimited travel within
both the Cork Green & Red Zones

Green Zone: valid to Bandon, Fermoy, Kinsale,
Macroom and Mallow.

		28% Tax Bracket		48% Tax Bracket	
Combined Bus / Rail Tickets	Rate:	You Pay:	You Save:	You Pay:	You Save:
Monthly Cork Rail (Cobh / Midleton) + Cork Bus (Red Zone / Midleton) Services	€116.00	€83.52	€32.48	€60.32	€55.68
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TEMPERANCE HALL AGM

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**Tuesday 5th Nov
7.30pm**

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NOTICES

DEMENTIA CARE COORDINATOR SERVICE
invites you to

The Harbour Café

A place for people living with memory related
issues and their friends and family to connect
over tea and cake.

Where?

Carmelite Friary
Lower Catholic Walk
Kinsale

When?

**First Wednesday
of Every Month
1.30pm-3.30pm**

All artwork by a Service User of the Service

CHAT ♦ CONNECT ♦ SUPPORT

**First meet up with free refreshments
on Wednesday 6th November 2024**

FOR
MORE
INFO

Call HSE Dementia Care Office
021 4923998 between 9am-4pm
or leave a message.



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Miraculous Prayer

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it. Then in his merciful eyes it will become your favour, not mine, Amen.

Say this prayer for 3 days, promise publication and the favour will be granted, no matter how impossible. Never known to fail. KOS

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Kinsale Active
Retirement Association

**TUESDAY 5th NOVEMBER
TEMPERANCE HALL**

Light exercise at 2.15pm followed by

THE UKALOOLAS

Ukulele Music & Singing



Kinsale Chess Mates

- Junior + Adult Sessions
- Lessons
- Tournaments

www.kinsalechessmates.ie

**KINSALE
MEN'S
SHED**
Market Lane
Kinsale

Members Get-Together

EVERY TUESDAY: 7pm-9pm
EVERY FRIDAY: 10am-12pm

Interested in joining? Come along!

For more information please contact 087 6657684

Miraculous Prayer

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it. Then in his merciful eyes it will become your favour, not mine, Amen.

Say this prayer for 3 days, promise publication and the favour will be granted, no matter how impossible. Never known to fail. JM

KINSALE BAPTIST CHURCH

Sundays, 11am

Temperance Hall

All welcome

www.kinsaleabc.ie



WHAT'S ON in Kinsale & District

HALLOWE'EN

THUR 31st OCTOBER

BLUE HAVEN:
Ben & Clem, 8pm.
DON & BARRY'S HISTORIC STROLL:
11.15am from the Tourist Office.
Last public tour of the season.
KINSALE AN TULCA HALLOWEEN FESTIVAL:
2.30pm-3.50pm:
Registration for costume competition at Temperance Hall.
3.55pm:
Performance by Super Stars Stage School.
4pm:
Trick or Treat Parade from Town Park.
5pm:
Performance by Joan Denis Moriarty School of Dance.
5.15pm:
Prize giving for costume competition.
6pm-7pm:
Dreadful Disco with DJ Magz at Temperance Hall.

FRI 1st NOVEMBER

BLUE HAVEN:
Old No. 7, 9.30pm.
HAMLETS:
DJ Denis, 9.30pm.
KINSALE AN TULCA HALLOWEEN FESTIVAL:
Lantern Parade at 6.30pm from Library Car Park to Finale Water Performance.
KINSALE MEN'S SHED:
Members get-together, 10am-12pm.
MAD FOR STYLE:
Shop with us to be in with a chance to win a €200 voucher for Christmas.
From today up to 21st November.

SAT 2nd NOVEMBER

BLUE HAVEN:
Mike & Friends, 10pm.
HAMLETS:
DJ Damien, 9.30pm.

SUN 3rd NOVEMBER

BLUE HAVEN:
Bought & Sold, 8pm.
BULMAN:
Old No. 7, 7pm-9pm.
KINSALE BAPTIST CHURCH:
Temperance Hall, 11am.

MON 4th NOVEMBER

BLUE HAVEN:
Ben & Clem, 8pm.
SENATOR TIM LOMBARD:
Clinic in Salvi's, Kinsale, 5pm-6pm.

TUES 5th NOVEMBER

BLUE HAVEN:
Trad Duo, 8pm.
KINSALE ACTIVE RETIREMENT ASSOCIATION:
Temperance Hall.
Light exercise at 2.15pm followed by The Ukaloolas with ukulele music and singing.
KINSALE MEN'S SHED:
Members get-together, 7pm-9pm.
KINSALE REPAIR CAFÉ:
Kinsale Campus, Bandon Road. 7.30pm.
Bring clothes, bikes, electronics, furniture and more.
www.facebook.com/kinsale.repair.cafe
MARY'S BABY & TODDLER GROUP:
Temperance Hall, 9.30am-11.30am. €3.

WED 6th NOVEMBER

BLUE HAVEN:
Mike O'Riordan, 8pm.
HARBOUR CAFÉ AT THE FRIARY:
Dementia Care Service invites those with memory related issues and their families to connect over tea and cake. 1.30pm-3.30pm.

THUR 7th NOVEMBER

BLUE HAVEN:
Ben & Clem, 8pm.
PW FOOTBALL:
New football coaching commences at Sáile:
4-5pm: 6-8 year olds
5-6pm: 9-11 year olds
Prebooking essential
Email:
Paul@pwfootball.com
or call 087 957 5362.





TRIDENT
HOTEL ★ ★ ★ ★ KINSALE

HAPPY HALLOWE'EN

Treat Yourself
to Lunch, Dinner,
& Shirley's Popular
Homemade Desserts
including
Hallowe'en Cupcakes
and Tea Brack!

WHARF
TAVERN

Daily 12noon - 9pm



☎ 021 4779300

✉ info@tridenthotel.com

🌐 www.tridenthotel.com