

Words by Water

Kinsale Literary Festival

01-04 October 2026



Featuring

Irvine Welsh

Cauvery Madhavan

Claire Adam

Eamon O'Leary

Kate Barry

Mairead Hearne

Grainne Murphy

Molly Twomey

Eugene Reavey

Jennifer Horgan

Karen Harte

Louise Nealon

Paddy Doyle

Rosie McCarthy

Shane Coleman

Tanya Sweeney

Will Govan

Tara Flynn

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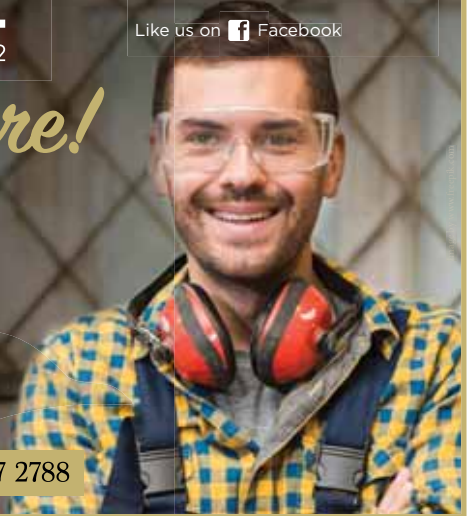
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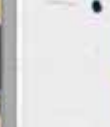
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PROGRAMME ANNOUNCEMENT

TWO DAYS TO PAUSE. CONNECT. INSPIRE.

Saturday 26 Sept

10:00 Louis Sexton

Physics of Operation of Ireland's Mysterious Round Towers & Megalithic Power Pendants

10:30 Colette Cronin

Financial Wellbeing: Money, Mindset & Peace
- The Art of Financial Self-Care

11:00 Barbara Barrett PhD

Better with Time: The Art of Vibrant Aging

12:00 Fi Tierney

Singing for Joy: How Your Voice Can Heal Your Heart

13:00 Dr Sinéad O'Donovan

The Weight You Can't See: Unmasking the Invisible Stressors Draining Your Energy. *3 secrets to buffering daily stress without having to redesign your life*

14:00 Lauren McKeown

Heal from Within: The Powerful Connection Between Emotions, Energy & Physical Health

15:00 Fi Tierney

Nervous System Reset

16:00 Pam & Simon Skinner

Qigong, Tai Chi and Healing Sounds Meditation

Sunday 27 Sept

10:00 Rebecca Powell

The Skin We Live In:
Natural Fibres and the Medicine of Clothing

10:30 Sally Crowley

Everyday Wellness: Tools for Positive Change

11:00 April Dannan

Human Garage and What 'Fascia Touch' Is

12:00 Anya Spark

Igniting Creative Wellbeing through Art Therapy

13:00 Barbara Barrett PhD

Stronger Bones, Stronger You

14:00 Elayne Greene

Superhero Healing

15:00 Amanda MacCann

Clinical Hypnotherapy: How Can It Help Me with My Condition?

16:00 Colin Scannell

The Healing Power of Sauna

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KINSALE BUDGET BREAKFAST BRIEFING 2027

Friday, 9 October 2026 | Kinsale Hotel & Spa

Thank You for Your Support for this charity event. We look forward to welcoming everyone on Friday, 9 October for the Kinsale Budget Breakfast Briefing.

All event proceeds will support Kinsale & District Lions Club, with raffle proceeds going directly to KYSS, supporting vital work in our local community.

Thank you to our sponsors, partners, speakers, and everyone attending for your fantastic support.

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GUEST SPEAKERS



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Jack Chambers TD**
Minister for Public Expenditure,
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Jim Power
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The Other Hand



Crona Clohisey
Director of Advocacy
Chartered Accountants
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Pat Lordan
Former head of
Garda Economic
Crime Bureau



Cormac Fitzgerald
FCA FCA
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& ISME Board Member



David Swinburne
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KINSALE COMMUNITY SCHOOL



NIGHT CLASSES AUTUMN 2026



TERM STARTS: Week of Monday 28th September

Please enrol for classes in advance to avoid cancellation of classes.

Payments accepted in advance at school office, by post to Kinsale Community School or via Payzone on school website.

MONDAY NIGHTS

FLORAL ART CLASS

Eileen O'Brien | 8 weeks | 7pm - 9pm | €90.

BRIDGE FOR BEGINNERS LEVEL 1

Mary Horgan | 10 weeks | €95.

BUTEYKO BREATHING

Aine Tierney | 6 weeks | 6.30pm - 7.30pm | €65.

INTERMEDIATE ENGLISH CONVERSATION

Aine Tierney | 8 weeks | 7.45pm - 8.45pm | €90.

WOMEN'S WELLNESS

Rebecca Gimeno Catala | 10 weeks | 6.45pm - 7.45pm | €95.

FITNESS DANCE

Rebecca Gimeno Catala | 10 weeks | 8pm - 9pm | €90.

COMPUTER COURSE

Anthony Angelini | 8 weeks | 7pm - 9pm | €90.

TUESDAY NIGHTS

SPANISH - CONVERSATION LEVEL 2

Viviana Selles | 8 weeks | 7pm - 9pm | €85.

SINGING FOR WELLBEING

Fiona Tierney | 8 weeks | 7.45pm - 9pm | €80.

A LASTING PEACE: RECONCILING A CONFLICTED WORLD

Anthony Angelini | 8 weeks | 7pm - 9pm | €90.

M(phil) International Peace Studies, MA Journalism and New Media.

WEDNESDAY NIGHTS

QIGONG, TAI CHI & MEDITATION

Pam Skinner | 8 weeks | 7pm - 8.30pm | €85.

ACRYLIC PAINTING

Natasha O'Shea | 10 weeks | 7pm - 9pm | €90.

PILATES LEVEL 1

Paula Arozamena | 10 weeks | 6.30pm - 7.30pm | €90.

PILATES LEVEL 2

Paula Arozamena | 8 weeks | 7.45pm - 8.45pm | €80.

CHAT GPT AND AI MADE EASY

Catherine Wilson | 8 weeks | 7pm - 9pm | €90.

ITALIAN FOR BEGINNERS LEVEL 2

Massimo Lucibello | 8 weeks | 7pm - 9pm | €85.

UNDERSTANDING DEMENTIA: PRACTICAL SKILLS FOR FAMILIES AND CAREGIVERS

Linda Jordan | 7 weeks | 7pm - 9pm | €100.

SPANISH CONVERSATION

Viviana Selles | 8 weeks | 7pm - 9pm | €85.

YOGA FOR MEN - LEVEL 2

Rebecca Gimeno Catala | 10 weeks | 7pm - 8pm | €90.

No classes on Monday 26th,
Tuesday 27th and Wednesday 28th
October due to midterm break.

For further information contact the Director of Adult Education, Linda Dreehan: 087 849 1935 or 021 477 3174

info@kinsalecommunityschool.ie

www.kinsalecommunityschool.ie



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Words by Water

Kinsale Literary Festival
01-04 October 2026



Picture credit: Kate Green

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IN CONVERSATION
WITH SHANE COLEMAN

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Words by Water

Kinsale Literary Festival
01-04 October 2026

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WITH MARY WILSON

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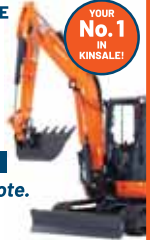
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NOTICES

COFFEE MORNING



IN AID OF THE HOPE FOUNDATION

**Temperance Hall
Saturday 3rd Oct
9.30am-12pm**

Adm: €5 Raffle & Cake Sale
Hosted by Isabelle Bertoletti

Scan QR code to donate!



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**ENSUITE ROOM
AVAILABLE TO RENT
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PHONE: 087 2262101

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CARDS / 45 WALKING
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Interested in joining? Come along!
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NOTICES

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**DAILY TOURS AT 11.15am
FROM THE TOURIST OFFICE**

**EARLY BIRD TOUR: MON - SAT
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**Kinsale Active
Retirement Association**

**Tuesday 29th September
Temperance Hall, 2.15pm**

Light Exercise followed by

**KINSALE UKULELE
GROUP**

KINSALE BAPTIST CHURCH

**Every Sunday, 11am
Sáile Community Rooms**

All welcome
www.kinsaleabc.ie



WHAT'S ON in Kinsale & District

THUR 24th SEPTEMBER

**ANNE MCCARTHY'S
COFFEE DAY:**

Old Head, P17RX37
10am-6pm.

In aid of Marymount.

**BLACKS BREWERY
& DISTILLERY:**

Tour at 3.30pm.

Bar open.

021 4712058

www.blacksbrewery.com/tours

BLUE HAVEN:

Bear Bojack, 8.30pm.

Indian Pop-Up

Restaurant.

DALTONS BAR:

Trad Music, 8.30pm

DON & BARRY'S

HISTORIC STROLL:

9.15am & 11.15am,

Tourist Office.

KINSALE TIDY

TOWNS CLEAN-UP:

Church Square

Car Park 7.00pm.

LOCAL

ENTERPRISE

OFFICE:

GROWING YOUR

BOTTOM LINE:

Blacks Brewery

& Distillery.

7pm - 9pm.

Register today at

<https://shorturl.at/zPOqn>

ST. MULTOSE

AMBLE:

Last tour of the
season!

40min Guided

Tour at 3.00pm.

Donations

welcome.

FRI 25th SEPTEMBER

**BLACKS BREWERY
& DISTILLERY:**

Tours at 2pm &

3.30pm. Bar open.

021 4712058

www.blacksbrewery.com/tours

BLUE HAVEN:

The Beatless,

9.30pm.

COFFEE MORNING

FOR HOSPICE:

Ballinadee

Community Hall,

9.00am to 12noon.

All welcome -

every cup counts!

DON & BARRY'S

HISTORIC STROLL:

9.15am & 11.15am,

Tourist Office.

HAMLETS:

Ben and Clem.

KINSALE

MEN'S SHED:

Get-together,

10am - 12pm.

KINSALE WELLNESS WEEKEND

SAT 26th SEPTEMBER BATTLE OF KINSALE 425th ANNIVERSARY:

Battle of Kinsale Seminar.
10.30am - 4.30pm.
St. Multose Church.
Tickets €11.70 at
www.eventbrite.com
www.kinsaleculturalandhistorysociety.com

BLACKS BREWERY & DISTILLERY:

Open Day!
2pm to late!
Free mini tours:
2pm, 2.30pm, 3pm,
3.30pm, 4pm.
Dough Joe's Pizza,
2pm-8pm.
Eircode: P17AY10.
Bar open.

021 4712058
www.blacksbrewery.com

BLUE HAVEN:

Luminells, 10pm.
DON & BARRY'S
HISTORIC STROLL:
9.15am & 11.15am,
Tourist Office.

HAMLETS:

DJ Dennis.
KINSALE
MEN'S SHED:

Join us for a walk,
10am - 12pm.

KINSALE WELLNESS WEEKEND:

Two Days to Pause,
Connect, Inspire.
One Day €40
Two Days €70
Wellness Market:
Free Entry

www.kinsalewellnessweekend.ie

KINSALE WELLNESS WEEKEND

SUN 27th SEPTEMBER BLACKS BREWERY & DISTILLERY:

Tour at 3.30pm.
Bar open.
021 4712058
www.blacksbrewery.com/tours

BLUE HAVEN:

Bo Collins, 10pm.
The Sunday Roast.

BULMAN:

Great live music
with Roni's Ramble
7pm - 9pm.

DON & BARRY'S HISTORIC STROLL:

11.15am,
Tourist Office.

FEEL GOOD

HEALTH & FITNESS WELLNESS DAY OVER 60s:

Kinsale Hotel
& Spa. 10am-3pm.
€65 includes
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Contact Lorna:
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KINSALE BAPTIST CHURCH:

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KINSALE WELLNESS WEEKEND:

Two Days to Pause,
Connect, Inspire.

One Day €40
Two Days €70

Wellness Market:
Free Entry

www.kinsalewellnessweekend.ie

MON 28th

SEPTEMBER

BLUE HAVEN:

Trad Duo, 8.30pm.

DALTONS BAR:

Trad Music, 8.30pm

DON & BARRY'S HISTORIC STROLL:

9.15am & 11.15am,
Tourist Office.

KINSALE COMMUNITY SCHOOL:

Autumn Night
Classes Commence.
www.kinsalecommunityschool.ie

TUES 29th SEPTEMBER

BLUE HAVEN:

Trad Duo, 8.30pm.

BLUE HAVEN:

When it rains it
pours: If it's raining,
join us for dinner in
our Bar & Bistro
and enjoy a free
mini Prosecco
taster on us.

DALTONS BAR:

Trad Music, 8.30pm

DON & BARRY'S HISTORIC STROLL:

9.15am & 11.15am,
Tourist Office.

KINSALE ACTIVE RETIREMENT:

Kinsale Ukulele
Group, 2.15pm
at Temperance Hall.

KINSALE COMMUNITY SCHOOL:

Autumn Night
Classes Commence.
www.kinsalecommunityschool.ie

KINSALE MEN'S SHED:

Get-together.
7pm-9pm.

SCOIL NAOMH ELTIN:

Open Evening,
5.30pm - 6.30pm.
All welcome.

WED 30th SEPTEMBER

BLUE HAVEN:

Mike O'Riordan,
8.30pm.

DALTONS BAR:

Trad Music, 8.30pm

DON & BARRY'S HISTORIC STROLL:

9.15am & 11.15am,
Tourist Office.

GAELSCOIL

CHIONN TSAÍLE:

Open Evening.
6.00pm - 7.00pm.

All welcome.

KINSALE COMMUNITY SCHOOL:

Autumn Night
Classes Commence.
www.kinsalecommunityschool.ie

KINSALE MEN'S SHED:

Cards/45,
7.00pm - 1.000pm.

KINSALE LITERARY FESTIVAL

THUR 1st OCTOBER

BLUE HAVEN:

Bear Bojack, 8.30pm.
Indian Pop-Up
Restaurant.

DALTONS BAR:

Trad Music, 8.30pm

DON & BARRY'S HISTORIC STROLL:

11.15am,
Tourist Office.

DUNDERROW NS

OPEN DAY:

1.00pm - 3.00pm
All welcome.

KINSALE TIDY

TOWNS CLEAN-UP:
Church Square
Car Park 7.00pm.

WORDS BY WATER

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