Advertiser *Weekly Guide to WHAT'S ON in Kinsale & District

Volume 35 #**37/24** Thurs 19th September

Thurs 26th **September** 2024

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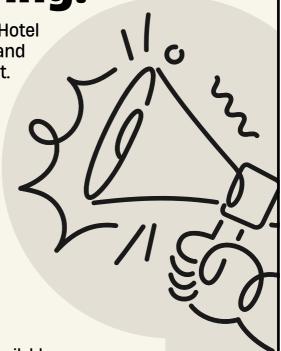
Receptionist

Full and Part-time position available.

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Send your CV to plynch@actonshotelkinsale.com or drop it off at the hotel reception.

021 477 9900 / res@actonshotelkinsale.com / www.actonshotelkinsale.com



BUSINESS BREAKFAST BRIEFING & BUDGET 2025



With Economist Mr. Jim Power at Kinsale Hotel & Spa, Kinsale, Co. Cork Friday October 18th at 7.30am

(Networking will commence at 7.30am)

This is a ticket only event and all proceeds go to Kinsale Lions Club and there will also be a raffle on the morning.

Please book a table or buy a ticket to support this charity event.

Following the success of last year's sell out event it is advisable to book early to avoid disappointment.

Kinsale Lions Club Leaders in community service #lionsclub #weserve #kindnessmatters



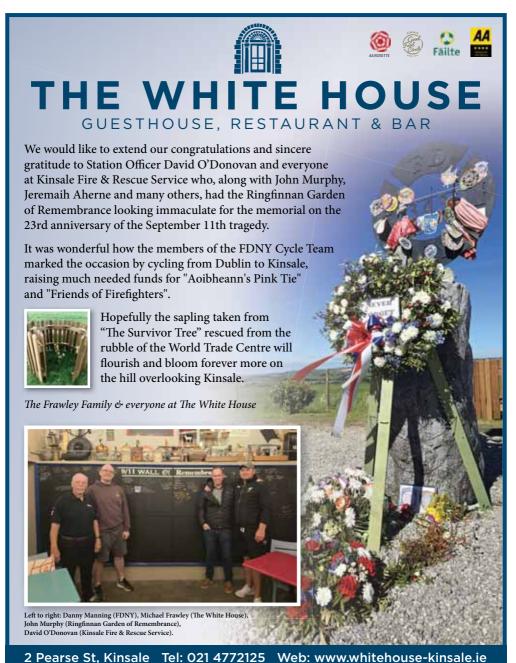
Great networking opportunity for all sectors of the community to collaborate

TICKET BOX OFFICE



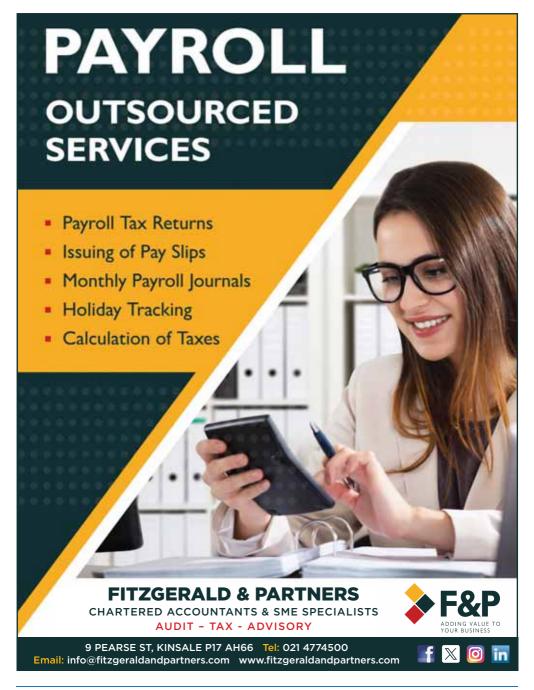
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Our ladies' teams continue to grow and we are looking for new girls to join our TRYbe!

We're calling on girls born between 2008 and 2016 to join our U16, U14, U12 and U10 teams.



Rugby is a great sport for building skills, gaining confidence, getting fit and making friends, in a safe community environment.

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www.kinsalerfc.com or contact Paul 087 7858476



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KINSALE BAPTIST CHURCH

Sunday 22nd September TEMPERANCE HALL, 11am

Sunday 29th September SÁILE COMMUNITY ROOMS (Upstairs), 11am

> Sunday 6th October **TEMPERANCE HALL, 11am**

Sunday 13th October

NO SERVICE IN KINSALE. Contact please for details.

Sunday 20th October (and every Sunday after) **TEMPERANCE HALL, 11am**

All are very welcome to visit, to ask questions, to sit in and meet people. We will be studying the message of 1 Peter.

For families attending, Sunday School is available for primary age children.

For more details please contact 087 4174201 or visit www.kinsaleabc.ie

"Cast all your anxiety on him because he cares for you." 1 Peter 5:7



Calling All Sharks!

Attention! Boys & girls born between 2007 and 2019: THE KINSALE RUGBY SHARKS ARE BACK!

Kinsale Rugby Club's season has kicked off and we're looking forward to a season of fun, fitness and friendship for hundreds of boys and girls at our fantastic facilities in Kinsale.

Every Saturday morning from 9.15am we host our Super Sharks sessions, where boys and girls from U6s to U12s enjoy organized coaching, teaching them the basics of rugby. The priority is on learning new skills with trained coaches leading children through a variety of mini games to develop their speed, movement and sense of play, in a safe and constructive environment.

(PS. There's plenty for adults and siblings to do too, with our KRFC Klubhouse Kafe open for hot drinks and refreshments while our mini stars play.)







GIVE IT A TRY!

SATURDAY MORNINGS

@ 9.15am

NEW BOYS & GIRLS WELCOME

You don't have to commit, come along and try this fun way to make friends and learn skills.



FIND YOUR TEAM

www.kinsalerfc.com
or contact Paul 087 7858476





KINSALE COMMUNITY SCHOOL **NIGHT CLASSES**

EVERYBODY WELCOME

ENROLMENT: Monday 23rd September 2024, 6:30pm-7:30pm

Term starts Tues 1st, Wed 2nd & Mon 7th Oct

Please enrol prior to start of term to avoid cancellation of classes.

Enrolments can be made by cheque or cash at school office or via EasyPay on school website.

WELCOME BACK TO ADULT EDUCATION

MONDAY NIGHTS

FLORAL ART CLASS

Eileen O'Brien | 8 weeks | 7pm - 9pm | €90

LINE DANCING WITH DEREK

CONTINUATION CLASS: Derek Long | 8 weeks | 7pm - 7:55pm | €80

BEGINNERS CLASS:

Derek Long | 8 weeks | 8pm - 9pm | €80

FRENCH FOR BEGINNERS

Maria Grandjean | 8 weeks | 7pm - 9pm | €85

QIGONG, TAI CHI & MEDITATION

Pam Skinner | 7pm - 8:30pm | €85

TUESDAY NIGHTS

SPANISH FOR BEGINNERS

Viviana Selles | 8 weeks | 7pm - 9pm | €85

ZUMBA WITH ELAINE

Elaine Flaherty | 8 weeks | 6:30pm - 7:30pm | €85

BRIDGE FOR BEGINNERS (NOT LEVEL 2)

Bernie O'Halloran | 8 weeks | 7pm - 9pm | €90

SINGING FOR WELLBEING

Fiona Tierney | 8pm - 9pm | €80

ENGLISH LANGUAGE

Aine Wade | 6:30pm - 8pm | €90

TUESDAY NIGHTS (continued)

PAPER FLOWER SCULPTING CLASS

Natasha O'Shea | 8 weeks | 7pm - 8:30pm | €80

INTRODUCTION TO HERBALISM

Michelle Walsh, RGN, BSc Herbal Science, MSc Organic Horticulture 8 weeks | 6pm - 7.30pm | €90

INTRODUCTION TO HERBALISM PART 2

Michelle Walsh, RGN, BSc Herbal Science, MSc Organic Horticulture 8 weeks | 7:35pm - 9pm | €90

WEDNESDAY NIGHTS

SPANISH CONVERSATION LEVEL 2

Viviana Selles | 8 weeks | 7pm - 9pm | €85

ITALIAN FOR BEGINNERS Mariagrazia Traverso / Massimo Lucibello 8 weeks | 7pm - 9pm | €85

PILATES LEVEL 1

Paula Arozamena | 8 weeks | 6:30pm - 7<u>:30pm | €80</u>

PILATES LEVEL 2

Paula Arozamena | 8 weeks | 7:45pm - 8:45pm | €80

FINDING YOUR ANCESTORS

Helen Sisk | 8 weeks | 7pm - 8:30pm | €90

ACRYLIC PAINTING

Natasha O'Shea | 8 weeks | 7pm - 9pm | €85

No classes midterm Monday 28th, Tuesday 29th & Wednesday 30th October. For further information contact the Director of Adult Education, Linda Dreelan: 087 849 1935 or 021 477 3174 info@kinsalecommunityschool.ie www.kinsalecommunityschool.ie





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Neuromuscular Physical Therapy Clinic

Pain Management / Rehabilitation / Functional Exercise

Please contact us for appointment by call/text on mobile: 087 9872783 or email: sabinegraef63@gmail.com

Some conditions treated in the clinic:

- Headaches
- Migraines
- Neck Pain
- Back Pain
- Shoulder Pain/ Problems
- Elbow/Wrist Problems
- Carpal Tunnel Syndrome
- Postural Distortions

- Hip Pain/Discomfort/ Soft Tissue Repair
- Problems
- Knee Pain/Problems
- Ankle/Foot Problems
 Muscular Disorders/
- Sciatica
- Nerve Entrapment
- Joint Pain/
- Discomfort Strains/Sprains
- Sports Injuries/
- Recovery

- - Connective Tissue Repair
 - Conditions
- Coordination Development
- · Loss of Balance
- Stiffness
- Impaired Mobility
- Functional Exercise

By appointment: Sabine Graef (BEd., SMT, NMPT)

Mobile 087 9872783

No. 26 Haven Bay Apt, Ballinacubby, Kinsale





THE OLDE B®ATYARD

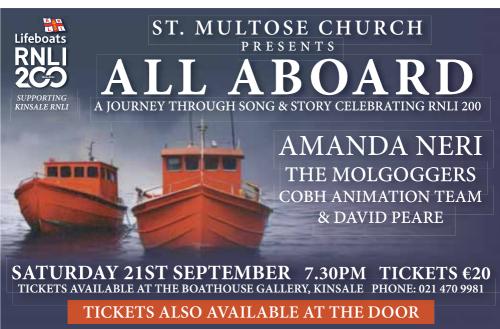
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OPEN EVENING

THURSDAY, 26 SEPTEMBER 2024 (7.00pm-8.00pm) ALL WELCOME!

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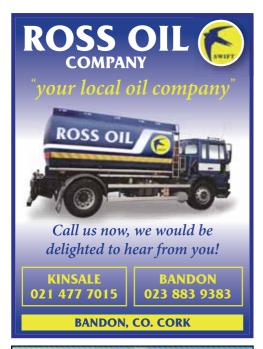


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NOTICES

Kinsale Active Retirement Association

THURSDAY 19th SEPTEMBER **Bus trip to Ballymaloe Cookery** School for a self-guided garden tour (€7.50), then on to **Ballymaloe House & Café for lunch** Registration essential, space limited.

TUESDAY 25th SEPTEMBER BINGO AT TEMPERANCE HALL

KINSALE **MEN'S** SHED Market Lane

Kinsale

Members Get-Together EVERY TUESDAY: 7pm-9pm

EVERY FRIDAY: 10am-12pm Interested in joining? Come along! For more information please contact 087 6657684





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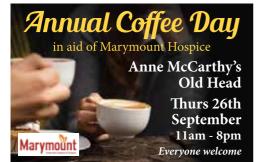
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RINSALE HARBOUR CRUISES Departure beyond Actons Hotel on board 'Spirit of Kinsale' SEPTEMBER Monday - Friday: 12pm & 1pm Sat & Sun: 12pm, 1pm & 2pm No booking required. Arrive early to secure your seat. See sandwich board at Tourist Office & Pier Rd. for updates. Schedule subject to change depending on demand. T: 086 250 5456 www.kinsaleharbourcruises.com

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If an advert has been proofed & cleared for publication by the advertiser, we cannot take responsibility for any errors.

WHAT'S ON in Kinsale & District

THUR 19th SEPTEMBER BLACKS BREWING & DISTILLING: Tours 2pm & 3.30pm. 20% off with code Sept20. **BLUE HAVEN:** Hot Strings, 8pm. **DON & BARRY'S** HISTORIC STROLL: 9.15am & 11.15am from Tourist Office. **GALLERY 23:** Exhibition of new work by Kate French. 7pm. Runs until 28th Sept. HAMLETS: Old No. 7, 7pm-9pm. KINSALE ACTIVE RETIREMENT: Bus trip to Ballymaloe Cookery School for a self guided garden tour (€7.50). The on to Ballymaloe House & Café for lunch. Registration essential. KINSALE **HARBOUR CRUISES:** Opposite Actons. 12pm, 1pm. LUCY FRENCH SCHOOL OF DANCE: Spaces available for: Jazz C: 5th-6th class 5.00pm-5.45pm. Adult Jazz: 7.15pm-8.15pm. Call 087 9521463 info@lucyfrenchschoolofdance.com **TIDY TOWNS:** Litter picking. Meet at Library at 7pm.

FRI 20th SEPTEMBER **BLACKS BREWING**

& DISTILLING: Tours 2pm & 3.30pm. 20% off with code Sept20. **BLUE HAVEN:** Billy & Carlos, 9.30pm. **DON & BARRY'S** HISTORIC STROLL: 9.15am & 11.15am from Tourist Office.

HAMI FTS. DJ Damien, 9.30pm. KINSALE HARBOUR CRUISES: Opposite Actons. 12pm, 1pm. KINSALE MEN'S SHED: Get-together, 10am-12pm. LIGHTHOUSE THEATRE: Presents 'Still Life' By Noel Coward. Tap Tavern, 6.00pm. Free entry but booking advised. www.eventbrite.ie TANTALUS PLANT NURSERY: Plants for sale at Tantalus Farm Gate. next to The Spaniard, 10am-4pm.

SAT 21st SEPTEMBER

BLACKS BREWING & DISTILLING: Tours 12.30pm, 2pm & 3.30pm. 20% off with code Sept20. **BLUE HAVEN:** Velvet Duo, 10pm. **BULMAN:** Mike O'Riordan Trio, 9pm-11pm. **DON & BARRY'S** HISTORIC STROLL: 9.15am & 11.15am from Tourist Office. HAMLETS: Hot Strings, 6pm. DJ Denis, 9.30pm. KINSALE **HARBOUR CRUISES:** Opposite Actons. 12pm, 1pm, 2pm. KINSALE RFC: Give it a try! 9.15am. New boys & girls welcome. LUCY FRENCH SCHOOL OF DANCE: Spaces available for: Pre-School Ballet: Ages 2.5-3 yrs. 10am or 10.30am. Pre-Primary Ballet: Ages 4-6 yrs. 11.45am-12.30pm. Call 087 9521463

info@lucvfrenchschoolofdance.com

ST. MULTOSE CHURCH: All Aboard -A journey through song and story celebrating RNLI 200 with Amanda Neri. The Molgoggers, Cobh Animation Team and David Peare, 7.30pm. Tickets at The **Boathouse Gallery** and on the door. SHOWCASE KINSALE: Meet Kinsale's **Local Startups and** Online Businesses. Temperance Hall

SUN 22nd SEPTEMBER BLACKS BREWING

10am-6pm.

& DISTILLING: No tours today. **BLUE HAVEN:** Bought & Sold, 8pm. BULMAN: The Hank & James Experience. 7pm-9pm. **DON & BARRY'S** HISTORIC STROLL: 11.15am from the Tourist Office. KINSALE BAPTIST CHURCH: Temperance Hall, 11am. KINSALE HARBOUR CRUISES: Opposite Actons. 12pm, 1pm, 2pm. SHOWCASE KINSALE: Meet Kinsale's Local Startups and Online Businesses. Temperance Hall 10am-6pm.

MON 23rd SEPTEMBER BLUE HAVEN:

Ben and Clem. 8pm. **DON & BARRY'S** HISTORIC STROLL: 9.15am & 11.15am from Tourist Office. HAMLETS: Hot Strings, 7pm-9pm.

COMMUNITY SCHOOL NIGHT CLASSES: **Enrolment takes** place this evening, 6.30pm-7.30pm. KINSALE HARBOUR CRUISES: Opposite Actons. 12pm, 1pm, SENATOR TIM LOMBARD: Clinic in Salvi's. 5pm-6pm.

TUES 24th SEPTEMBER BLUE HAVEN:

Trad with Irish Dancers, 8pm. **DON & BARRY'S** HISTORIC STROLL: 9.15am & 11.15am from Tourist Office. KINSALE ACTIVE RETIREMENT: Light exercise followed by Bingo, 2.15pm at Temperance Hall. KINSALE **HARBOUR CRUISES:** Opposite Actons. 12pm, 1pm. KINSALE MEN'S SHED: Get-together, 7pm-9pm.

WED 25th SEPTEMBER

BLACKS BREWING & DISTILLING: Tours 2pm & 3.30pm. 20% off with code Sept20. **BLUE HAVEN:** Mike O'Riordan, 8pm. **DON & BARRY'S** HISTORIC STROLL: 9.15am & 11.15am from Tourist Office. KINSALE **HARBOUR CRUISES:** Opposite Actons. 12pm, 1pm. SLIMMING WORLD: Sáile Centre. 5.30pm & 7.00pm. Call Ciara on 085 8574884.





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