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**Conference Agenda** 

**CONFERENCE** & EXPO

10:30 Global Action:

Dr. Tara Shine: Founder of Change By Degrees. TV Presenter & Climate Advisor Dr. Clarissa Augustinius: Ambassador for UN Global Land & Habitat Outlook

12:00 Church Action:

Bishop Martin Hayes: Council for Justice and Peace & National Coordinator for Pope's encyclical Laudato Si - "Care for our Common Home" Dr. Ciara Murphy: Author of The Parish as Oasis & Environmental Justice Advocate

13:30 County Action Bernie Connolly: Development Coordinator, The Environmental Forum Peter Medway: Community Climate Action Officer, Cork C.C.

15:00 What can I do? Donal Chambers: Coordinator of Permaculture & Sustainable Horticulture at Kinsale College & Chair of Transition Town Kinsale Marie O'Sullivan & Alan Coleman: County Councillors in Kinsale

**TEMPERANCE HALL** 



DAY

Workshops & Stalls <sup>#</sup> Kinsale Care of Creation Group <sup>#</sup> Trócaire/Laudato Si<sup>\*</sup> <sup>#</sup> Local Schools <sup>#</sup> <sup>#</sup> Transition Town Kinsale <sup>#</sup> Change By Degrees <sup>#</sup> Cork County Council <sup>#</sup> <sup>#</sup> Composting/Winter Veg Demo <sup>#</sup> Kinsale College of Further Education <sup>#</sup> <sup>#</sup> KCS Green Team <sup>#</sup> The Environmental Forum <sup>#</sup> Vincent's Pre-Loved Clothes <sup>#</sup> <sup>#</sup> Sustainable Energy Systems <sup>#</sup> Children's Activities by Forest School <sup>#</sup> <sup>#</sup> Foraging <sup>#</sup> Tidy Towns <sup>#</sup> And more...

careofcreationgroup@gmail.com 🍃 FREE ENTRANCE www.facebook.com/kinsaleparish/







# SPA WELLNESS DAY

Sunday 8th September | 10am - 6pm

Join us at Kinsale Hotel & Spa for a day of mindfulness, meditation and stress relief.





This immersive event includes:

- Morning Abs Workout
- Light Refreshments
- Yoga

- Healthy Lunch
- Aqua Aerobics Use of Pool Facilities
- Sleep Tight Spa Package (incl. Back, Neck & Shoulder Massage & Indian Head Treatment. 30min Treatment Time)



T: 021 470 6000 E: spa@hotelkinsale.ie

f 🔀 🖸 in Rathmore Road, Kinsale, P17 F542 🛛 www.kinsalehotelandspa.ie



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## KINSALE

## SAILE SPORTS & COMMUNITY CENTRE

#### WEDNESDAY ACRO, HIP-HOP AND MUSICAL THEATRE

Mini Acro Dance (3 – 6 yrs) 3.30pm – 4.30pm Primary Acro Dance (7 – 11 yrs) 4.30pm – 5.30pm Primary Hip-Hop (7 – 12 yrs) 6.30pm – 7.30pm Primary Musical Theatre (7 – 11 yrs) 5.30pm – 6.30pm

#### ST. MULTOSE HALL SATURDAY

#### MINI MONTFORTS, DANCE AND MUSICAL THEATRE

Mini Montforts (3 – 6 yrs) 9.30am – 10.30am Junior Musical Theatre (4 – 6 yrs) 10.30am – 11.30am Primary Dance (7 – 11 yrs) 11.30am – 12.30pm Primary Musical Theatre (7 – 11 yrs) 12.30pm – 1.30pm

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#### SCOIL NAOMH ELTIN, KINSALE WEDNESDAYS MS. O'MAHONY: 087 6714098

Little Ninjas 4-6yrs 4.30pm-5.15pm Juniors 7-12yrs 5.15pm-6.15pm Seniors: 6.15pm-7.15pm

#### FRIDAYS MASTER BUCKLEY: 086 8220107 Juniors 7-12yrs 6pm-7pm Seniors: 7pm-8pm

#### RIVERSTICK COMMUNITY CENTRE FRIDAYS MASTER BUCKLEY: 086 8220107

Little Ninjas 4-6yrs 3.45pm-4.30pm Juniors 7-12yrs 4.30pm-5.30pm

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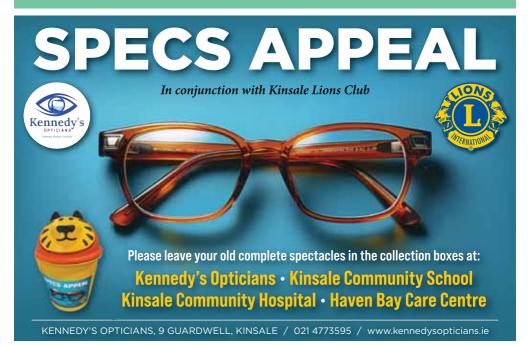
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#### www.belgoolyns.ie





# MORNING GATHERINGS

Situated in the centre of Kinsale, the Blue Haven is an ideal place to start your day or meet up with friends.

Indulge in breakfast from 8:00am, with food service available until 9:00pm.

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## Advertiser \_\_



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# FUNDRAISING NIGHT

#### FRIDAY 30<sup>th</sup> AUGUST

- BBQ on the Night
- Fun in the Kinsale Yacht Club
- Music on the Night
- Raffles & Spot Prizes
- Everyone Welcome



ALL DONATIONS TO THE RNLI

Pic: John Collins

www.rnli.org.uk



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Congratulations to the

## Kinsale Community School Leaving Certificate Class of 2024

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Best wishes to all for a very bright future.

Tel: 021 4773174 Email: info@kinsalecommunityschool.ie www.kinsalecommunityschool.ie

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#### CLASS TIMETABLE / AGES 3+

	GYMNASTICS	PERFORMING ARTS	MUSIC (Guitar/Piano/Vocal) 1.00pm-8.00pm 1-1 & Group Lessons 1.00pm-8.00pm 1-1 & Group Lessons		
MON	3.30pm-7.30pm Acro Gymnastics	- D.M. Same			
TUES	165	4.00pm-9.00pm Drama & Musical Theatre Youth Theatre			
WED	3.30pm-6.30pm Acro Gymnastics	6.30pm-8.30pm Dance	1.00pm-8.00pm 1-1 & Group Lessons		
THUR		3.30pm-8.00pm Drama & Musical Theatre Company Class	1.00pm-8.00pm 1-1 & Group Lessons		
FRI	3.30pm-6.30pm Acro Gymnastics		1.00pm-8.00pm 1-1 & Group Lessons		
SAT		9.30am-1.30pm Acro Dance			

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#### UNIT 1 KINSALE COMMERCIAL PARK, KINSALE



Cancer Connect is a free and flexible transport service to Cork Hospitals. The service is driven by a team of Voluntary Drivers. Cancer Connect Transport is offered throughout Cork County. A minimum notice of 1 week requested when booking.

#### **RADIOTHERAPY APPOINTMENTS**

The radiotherapy service leaves each weekday from Rockchapel, Goleen, Youghal and Castletownbere, based on demand, and travels to CUH and Bon Secours Radiotherapy Departments.

#### **CANCER RELATED APPOINTMENTS**

Passengers requiring Chemotherapy, or attending related appointments such as consultant visits, scans, blood tests, wig clinics, dental hospital, etc. are taken to Cork by car. These trips are organised on a 'one to one' basis. Appointment times vary. Passengers may require a family member to travel too, which is facilitated and encouraged.

#### **BOOKINGS/ENQUIRIES 021 2038525**

Email: info@cancerconnect.ie www.cancerconnect.ie 12 Barrack St, Bantry P75 H429 | CHY No: 22770

#### Want to drive, donate or require further details? Helen 085 2660918 | Julie 086 0587842 | Karen 1224404

RADIOTHERAPY TIMETABLE											
ROUTE 1 WEST		ROUTE 2 WEST		ROUTE 3 EAST		ROUTE 4 NORTH					
Castletownber	9.00	Goleen	9.30	Youghal	11.30	Rockchapel	11.45				
Adrigole	9.20	Schull	9.45	Killeagh	11.50	Newmarket	12.05				
Glengarriff	9.40	Ballydehob	10.00	Castlemartyr	12.05	Kanturk	12.15				
Bantry	10.00	Skibbereen	10.15	Midleton	12.15	Banteer	12.25				
Dunmanway	10.30	Rosscarbery	10.30	СИН	12.45	Nad	12.40				
Ballineen	10.45	Clonakilty	10.45	Bon Secours	12.55	Crean's Cross	12.45				
СИН	11.45	Bandon	11.20			СИН	1.15				
Bon Secours	12.00	СИН	11.45			Bon Secours	1.30				

12.00

Bon Secours



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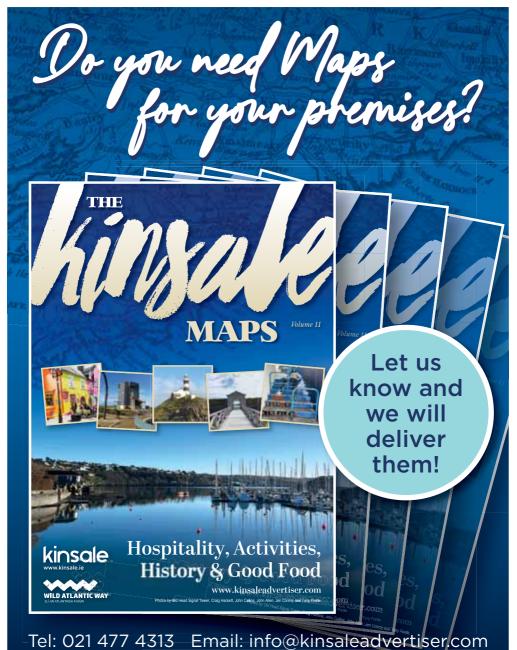
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# **Table Quiz**

In aid of Youth Helpers going to Lourdes Carmelite Pilgrimage

#### Actons Hotel Wed 4th September

Doors open 7pm / Quiz starts 7.30pm Teams of 4: €40 Tables limited so please book via WhatsApp at 085 2769922

#### OLD HEAD LIGHTHOUSE OPEN DAYS

Saturday 31st Aug & Sunday 1st Sept

 Shuttle buses from the Old Head Signal Tower

 from 9:30am - 5pm.

 Fundraising event for the Lusitania Museum

 Adults €15/Family €40.

 No pre-booking necessary.

 More info contact 021 4191285

 info@oldheadofkinsale.com / www.oldheadofkinsale.com





Dear Sacred Heart of Jesus, in the past I have asked for many favours. Ihis time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it. Then in his meriful eyes it will become your favour, not mine, Amen. Say this prayer for 3 days, promise publication and the favour will be granted, no matter how impossible. Never known to fail. DC HARBOUR CRUISES Departure beyond Actons Hotel on board 'Spirit of Kinsale' AUGUST: 12pm, 1pm, 2pm & 3pm SEPTEMBER: Mon-Fri: 12pm & 1pm Sat & Sun: 12pm, 1pm & 2pm No booking required. Arrive early to secure your seat. See sandwich board at Tourist Office & Pier Rd. for updates.

KINSALE

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KINSALE MEN'S SHED Market Lane, Kinsale

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KINSALE BAPTIST CHURCH Sundays, 11am Temperance Hall All welcome www.kinsaleabc.ie

#### WHAT'S ON in Kinsale & District

**THURS 29th AUGUST BLACKS BREWING** & DISTILLING: Tours 11am, 12.30pm, 2pm & 3.30pm. **BLUE HAVEN:** Trad, 8pm. **DON & BARRY'S** HISTORIC STROLL: 9.15am & 11.15am from Tourist Office. HAMLETS: Old No. 7. 7pm-9pm. KINSALE HARBOUR CRUISES: Opposite Actons. 12pm, 1pm, 2pm, 3pm. **KINSALE TIDY** TOWNS: Litter picking. Meet at Library at 7pm. **TRACTON MUSIC &** ARTS FESTIVAL: www.tracton.org

#### FRI 30th AUGUST

**BLACKS BREWING** & DISTILLING: Tours 11am, 12.30pm, 2pm & 3.30pm. **BLUE HAVEN:** Old No. 7, 9.30pm. BULMAN: **Don Julio Promotion** Starts 5pm, free drink til 6pm. DJs outside. weather permitting. Live music with hausBAND. 9pm-11pm. **DON & BARRY'S HISTORIC STROLL:** 9.15am & 11.15am from Tourist Office. HAMLETS: DJ Alan, 9.30pm. **KINSALE** HARBOUR CRUISES: **Opposite Actons.** 12pm, 1pm, 2pm, 3pm. **KINSALE MEN'S** SHED: Get-together, 10am-12pm.

KINSALE YACHT CLUB: **Fundraising Night** for Kinsale RNLI. BBQ, music, fun, Raffle, spot prizes. All welcome. **TRACTON MUSIC &** ARTS FESTIVAL: www.tracton.org TRUCOLOUR PAINTS. CARRIGALINE: Chat to our in-store colour consultant/ interior designer Gwen McCarthy, 9.30am-12.30pm. Free of charge.

#### SAT 31st AUGUST

**BLACKS BREWING** & DISTILLING: Tours 11am, 12.30pm, 2pm & 3.30pm. **BLUE HAVEN:** Electric Kiss, 10pm. DON & BARRY'S HISTORIC STROLL: 9.15am & 11.15am from Tourist Office. HAMLETS: Hot Strings, 6pm-8pm. DJ Denis, 9.30pm. KINSALE HARBOUR CRUISES: **Opposite Actons.** 12pm, 1pm, 2pm, 3pm. OLD HEAD LIGHTHOUSE: Open Day. Adults: €15. Family: €40. **TRACTON MUSIC &** ARTS FESTIVAL: www.tracton.org

#### **SUN 1st SEPTEMBER**

BLACKS BREWING & DISTILLING: Tours 11am, 12.30pm, 2pm & 3.30pm. BLUE HAVEN: Bought & Sold, 8pm. CAR BOOT SALE: Belgooly GAA Pitch, 8am-2pm.

**DON & BARRY'S** HISTORIC STROLL: 11.15am from the Tourist Office. **KINSALE BAPTIST** CHURCH: Temperance Hall, 11am. KINSALE HARBOUR CRUISES: **Opposite Actons.** 12pm, 1pm, 2pm. OLD HEAD LIGHTHOUSE: Open Day. Adults: €15. Family: €40. **TRACTON MUSIC &** ARTS FESTIVAL: www.tracton.org

#### **MON 2nd SEPTEMBER**

**BLUE HAVEN:** Ben and Clem, 8pm. BULMAN: Old No. 7, 7pm-9pm. **DON & BARRY'S** HISTORIC STROLL: 9.15am & 11.15am from Tourist Office. HAMLETS: Hot Strings, 7pm-9pm. KINSALE HARBOUR CRUISES: Opposite Actons. 12pm, 1pm.. **KINSALE INDOOR** SHORT MAT BOWLS: Restarting at the Temperance Hall. 7.30pm-8.30pm. SENATOR TIM LOMBARD: Clinic in Salvi's. 5pm-6pm.

#### **TUES 3rd SEPTEMBER**

BLUE HAVEN: Trad & Irish Dancers, 8pm. DON & BARRY'S HISTORIC STROLL: 9.15am & 11.15am from Tourist Office. KINSALE ACTIVE RETIREMENT: 2.15pm: Light exercise followed by The Men's Shed with music, singing & storytelling. KINSALE HARBOUR CRUISES: Opposite Actons. 12pm, 1pm. KINSALE MEN'S SHED: Get-together, 7pm-9pm.

#### WED 4th SEPTEMBER

BLACKS BREWING & DISTILLING: Tours 11am, 12.30pm, 2pm & 3.30pm. **BLUE HAVEN:** Mike O'Riordan, 8pm. CORK ITA TAEKWON-DO: Scoil Naomh Eltin: Little Ninjas 4-6yrs: 4.30pm-5.15pm. Juniors 7-12yrs: 5.15pm-6.15pm. Seniors: 6.15pm-7.15pm. Call 087 6714098. **DON & BARRY'S** HISTORIC STROLL: 9.15am & 11.15am from Tourist Office. KINSALE HARBOUR CRUISES: Opposite Actons. 12pm, 1pm. SLIMMING WORLD: Sáile Centre. 5.30pm & 7.00pm. Call Ciara on 085 8574884. TABLE QUIZ: Actons Hotel. Doors open 7.00pm. Teams of 4 €40. Book via WhatsApp 085 276 9922. In aid of Youth Helpers going to Lourdes Carmelite Pilgrimage. TANTALUS PLANT NURSERY: Selling plants and flowers at Tantalus Farm Gate, next to Spaniard, 10am-3pm.



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