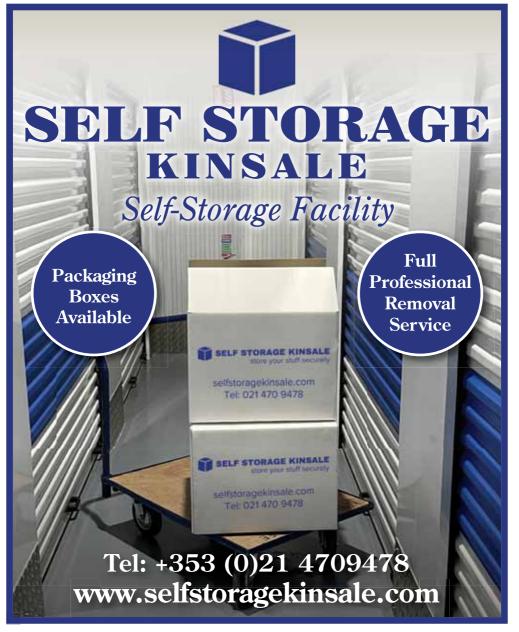
Advertiser including the Guide to WHAT'S ON in Kinsale & District

Volume 34
#32/23
Thurs 10th
August
TO
Thurs 17th
August
2023

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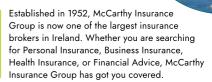
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Avocado Toast

scrambled eggs, crushed avocado, tomato salsa, sourdough

Stacked Pancakes

bacon & maple syrup or mascarpone chantilly & berries

French Toast brioche, berries, honey or maple syrup

Shakshuka €12.50 eggs poached in aromatic tomato & vegetable sauce,

naan bread, baby potatoes Chicken Teriyaki Waffles €14.50

belgian waffles, crispy chicken, homemade sweet & sour teriyaki sauce

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THANK YOU

Pieta House is delighted and proud to congratulate Kinsale & District on the outstanding success of Darkness into Light 2023, and to let you know of your community's contribution. On behalf of everyone here at Pieta, we thank you all most sincerely for your wonderful donation of

€25,905.37

On Saturday May 6th, many thousands of people gathered together to share the most important sunrise of the year, sending a message of hope around the world to people impacted by Suicide and Self-harm. Your contribution will have a very real impact on the service users who access Pieta. As you know, more than 80% of our funding comes from public donations and the generosity of your community means that Pieta can continue to provide our free service to people who are struggling and in need of our support. All proceeds go directly to Pieta House.

We look forward to WALKING with you again in 2024





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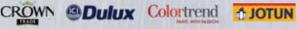


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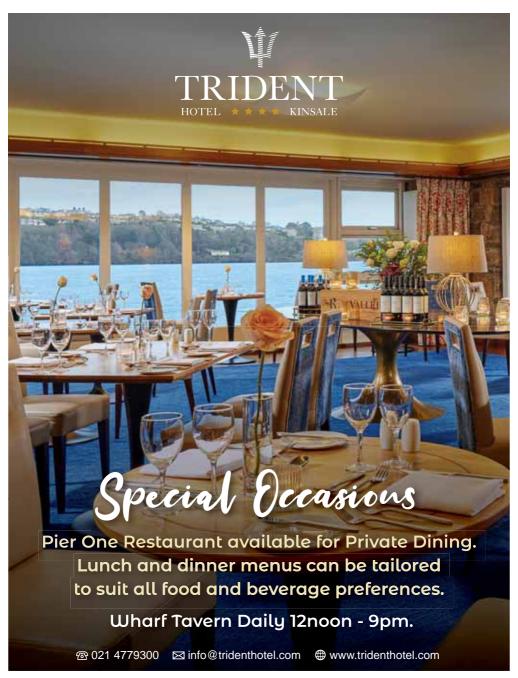




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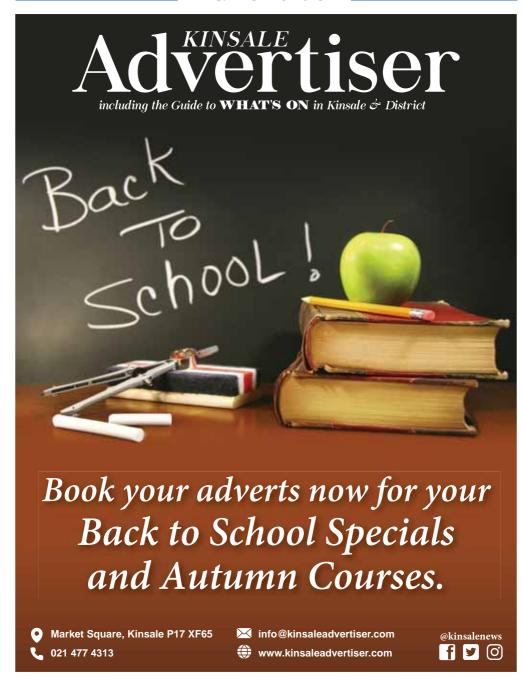
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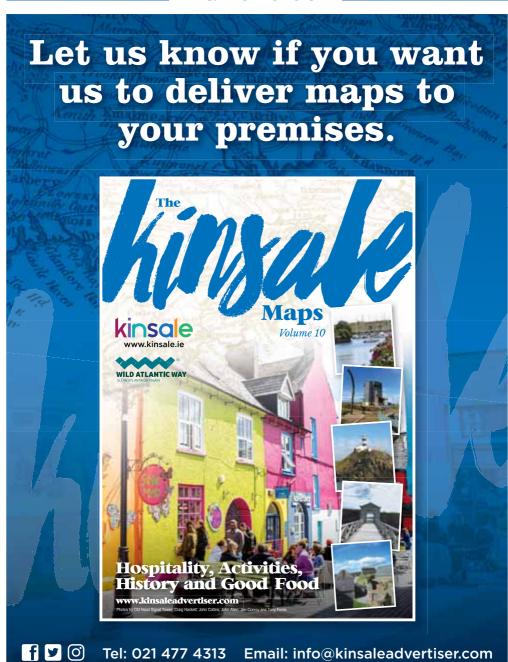








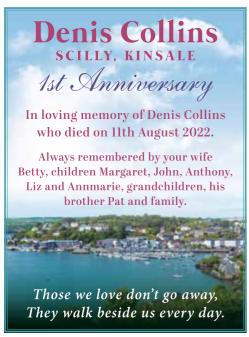


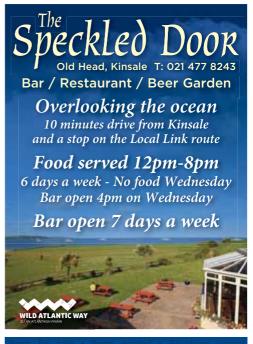














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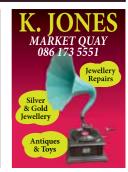
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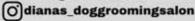


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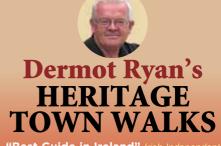
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WHAT'S ON in Kinsale & District

Kinsale Regatta THURS 10th AUGUST **DON & BARRY'S HISTORIC STROLL:** Tourist Office, 9.15am & 11.15am. **HAMLETS:** Old No. 7, 8.30pm. HERITAGE TOWN WALK: 10.30am, Tourist Office. KINSALE HARBOUR **CRUISES:** Opposite Actons, 12pm, 1pm, 2pm, 3pm. KINSALE REGATTA: **GAA Underage Blitz** for Boys and Girls. GAA Grounds, 6pm. KINSALE TIDY TOWNS: Meet at Church Square Carpark at 7pm. All welcome.

O'CONNOR'S

PHARMACY:

Clarins Promotion.

runs until 12th August.

Kinsale Regatta FRI 11th AUGUST ARMADA BAR: Live music. **BLUE HAVEN:** Trad Duo, 9.30pm. **DON & BARRY'S HISTORIC STROLL:** Tourist Office. 9.15am & 11.15am. **HERITAGE TOWN** WAIK. 10.30am, Tourist Office. KINSALE HARBOUR **CRUISES:** Opposite Actons. 12pm, 1pm, 2pm, 3pm. KINSALE REGATTA: **Childrens Open Boules** Competition, Town Park, 7pm. TRU COLOUR PAINTS. CARRIGALINE: Chat to our instore colour consultant/ interior designer Gwen McCarthy. 9.30am-12.30pm. Free of charge.

ARMADA BAR: Live music. **BLUE HAVEN:** Old No. 7, 10pm. **DON & BARRY'S** HISTORIC STROLL: Tourist Office. 9.15am & 11.15am. HAMLETS: DJ, 9.30pm. HERITAGE TOWN WALK: 10.30am, Tourist Office. KINSALE HARBOUR **CRUISES:** Opposite Actons. 12pm, 1pm, 2pm, 3pm, PADDY CULLIVAN'S THE MURDER OF **WOLFE TONE:** Munster Arms, Bandon, 8pm. Tickets €15. **STRONGER WITH** SIORHAN: Bootcamp (Hardcore), 8am, Dock Beach. Bootcamp (Beginners), 9am. Dock Beach. Tel: 087 2771899.

SAT 12th AUGUST

SUN 13th AUGUST ARMADA BAR: Live music. **BLUE HAVEN:** Bought and Sold, 10pm. **BULMAN:** Hugh Dillon Trio, 7pm-9pm. **DON & BARRY'S HISTORIC STROLL:** Tourist Office, 11.15am. HERITAGE TOWN WALK: 10.30am, Tourist Office. KINSALE BAPTIST **CHURCH:** Temperance Hall, 11am. KINSALE HARBOUR **CRUISES:** Opposite Actons. 12pm, 1pm, 2pm, 3pm,

MON 14th AUGUST
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BLUE HAVEN:
Ben & Clem. 8.30pm.

DON & BARRY'S **HISTORIC STROLL:** Tourist Office, 9.15am & 11.15am. **HERITAGE TOWN** WAIK. 10.30am, Tourist Office. KINSALÉ HARBOUR **CRUISES:** Opposite Actons, 12pm, 1pm, 2pm, 3pm. KINSALE OUTDOOR **EDUCATION CENTRE:** Junior Explore Kinsale, ages 8-10 yrs. Explore Kinsale Outdoor Learning Expedition Course, ages 12-15 yrs. Non camping option. ages 10-12 yrs. Summer Sailing Courses. Courses run weekly. www.kinsaleoec.com KINSALE TENNIS CLUB: Summer Tennis Camp with Maria Bolster. 6-8 vears. 9.30am - 11.30am. 9-13 years, 12.00pm - 2.00pm. www.kinsaletennisclub.com **OYSTERHAVEN ACTIVITY CENTRE:** Sailing & Windsurfing 9.30am - 3.30pm Monday to Friday, Pre-booking essential. www.oysterhaven.com **SENATOR TIM** LOMBARD: Clinic at Salvi's, Kinsale 5pm-6pm.

TUES 15th AUGUST ARMADA BAR: Live music. **BLUE HAVEN:** Trad Duo, 8.30pm. DON & BARRY'S HISTORIC STROLL: Tourist Office, 9.15am & 11.15am HAMLETS: Jorge Kachamari, 8.30pm. **HERITAGE TOWN** WALK: 10.30am, Tourist Office. KINSALE HARBOUR CRUISES: Opposite Actons, 12pm, 1pm, 2pm, 3pm.

STRONGER WITH SIOBHAN: Bootcamp, 9.30am, Dock Beach, Body Sculpt, 8pm, Madden Park. Tel: 087 2771899.

WEDS 16th AUGUST DON & BARRY'S HISTORIC STROLL: Tourist Office. 9.15am & 11.15am. **HAMLETS:** Mike O'Riordan. 8.30pm. **HERITAGE TOWN** WALK: 10.30am from the Tourist Office. KINSALE HARBOUR **CRUISES:** Opposite Actons, 12pm, 1pm, 2pm, 3pm. KINSALE POTTERY: Half Day Drop-In Sessions for adults. teens and families. 2pm - 5pm. www.kinsaleceramics.com

THURS 17th AUGUST **BULMAN:** Closed today. **DON & BARRY'S HISTORIC STROLL:** Tourist Office. 9.15am & 11.15am. **HAMLETS:** Old No. 7, 8.30pm. HERITAGE TOWN WALK: 10.30am, Tourist Office. KINSALÉ HARBOUR **CRUISES:** Opposite Actons, 12pm, 1pm, 2pm, 3pm. KINSALE TIDY TOWNS: Meet at Church Square Carpark at 7pm. All welcome. THE WINE BUFF @ MARNIE & LILY: Pat O'Mahony **Exhibition Opening**, 5pm-7pm.









Kilbrogan, Bandon, Co. Cork t (023) 882 9000 Farm Lane, Kinsale, Co. Cork t (021) 477 4080 Enniskeane, Co. Cork t (023) 884 7866

Opening Hours: Monday - Friday 8.30am - 5.30pm, Saturday 9am - 5pm.





