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START THE WILD ATLANTIC WAY AT KINSALE REGAT **`**A 21/25 Y 27 -

THURSDAY 27th JULY

8.00pm: Official Opening of Kinsale Regatta Festival 2023 by Alice De La Cour at Actons Hotel.

TUESDAY 1st & WEDNESDAY 2nd AUG

7.30pm: Adults' Open Boules Competition at the Town Park.

FRIDAY 4th AUG

7.30pm: Kinsale Tri-Club Regatta Road Race starting from Kinsale G.A.A. Grounds, finishing at the Bank of Ireland. In aid of Kinsale R.N.L.I. *Prize giving afterwards at Temperance Hall.

SATURDAY 5th AUG

11.30am:	Children's & Adult Swimming
	at the Dock Beach.
2.00pm:	Children's Rowing and Kayaking
	from the main slip.
3.00pm:	Kinsale Harbour Open Day, 3pm - 5pm.
SUNDA	Y 6th AUG
1.30pm:	R.N.L.I. Kinsale Lifeboat 20th Anniversary
	"Open Day" at Lifeboat Station, World's End.
2.00pm:	Sailing Regatta from Main Pier.
2.30pm:	Children's Fancy Dress Parade led by the
	Blarney Brass Band.
	Registration for Fancy Dress at 2.30 sharp
	(to be included in judging for prizes) with
	Parade beginning at 3pm sharp, from New
	Road via Pearse St., to the park on the pier.
	Disco in the plaza for kids to follow with

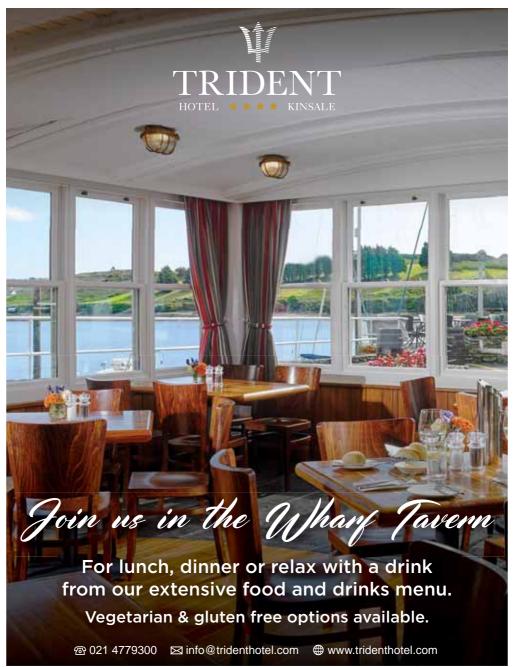
artist. 8.00pm: Music with Michael Aherne & Rosaleen at the Plaza, Short Quay.

DJ Seamus Corkery, facepainting & balloon

10.15pm: Monster Fireworks Display.

	MONDA	AY /IN AUG
	11.00am:	Children's Races and GAA Skills
H		Competition at Kinsale GAA Club Grounds.
4	2.00pm:	
2		See programme Sailability Sailing.
č,	3.30pm:	Water Carnival with lots of events for all ages
5		including Greasy Pole and Pillow Fight.
Ó	8.00pm:	Traditional Irish Music with "Irish Weavers" at the Plaza, Short Quay.
ť.	TUESD	AY 8th AUG
1	7.30pm:	Emigrants' Welcome Home Gathering
		at The Temperance Hall.
4		Music with Michael Ahern & Rosaleen.
7	WEDN	ESDAY 9th AUG
	7.00pm:	Adults' Boules Finals at the Town Park.
4	THURS	DAY 10th AUG
e.	6.00pm:	GAA Underage Blitz for Boys and Girls
ē.		at the GAA Grounds.
2	FRIDAY	11th AUG
1	7.00pm:	Children's Open Boules Competition
		at the Town Park.
	Ę	KINSALE RECATTA
	AUU	G 4TH 7.30PM START KINSALE G.A.A PITCH
	neu	STER ONLINE: myrunresults.com
	Note: Tim	es of events may be subject to change
		g on tidal and weather conditions.
2	-rini	
- /	225	VEADS WAA
		WILD ATLANTIC WAY

WHEN IT'S AUGUST BANK HOLIDAY IT'S KINSALE REGATTA



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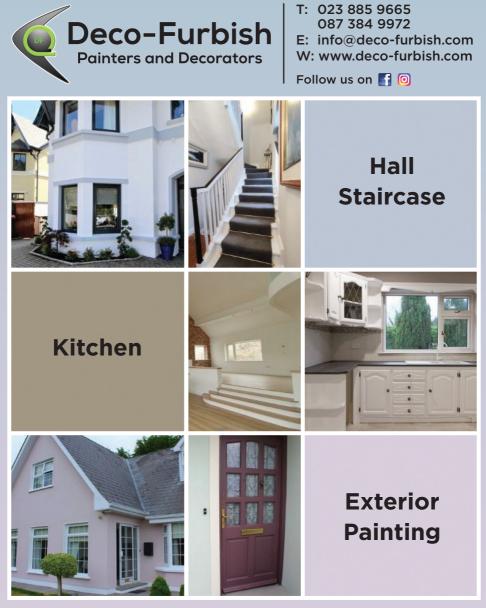




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KINSALE LIFEBOAT STATION OPEN DAY Sunday 6th August, 2pm - 5pm

- A fun & informative day out for all the family.
- Meet the crew.
- · Learn all about sea safety.

ADMISSION FREE - ALL WELCOME

KINSALE HOTEL & SPA

Sunday Lunch

Served 12.30*pm to* 3.00*pm* **1-course** €20.95 / **2-course** €25.95 / **3-course** €29.95 Children's 3-course Buffet €10



• 90 acres of mature wooded parkland and Oysterhaven bay-side walks. Panoramic views of Kinsale's countryside and rugged coastline from the restaurant. Children's Playground.

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Brunch: 10.30am - 12.30pm



Sunday Lunch: 12.30pm - 3pm



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Individual

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Family Children

(f) (O)

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Limited spaces available. Please contact us to reserve a place. All current student places have been kept. We look forward to seeing you all then. The LFSOD Team!

THURSDAY: Studio 1 Miss Alesha

	3.30-4.15	Jazz A (Senior Infants - 2nd Class)
	4.15-5.00	Jazz B (3rd - 4th Class)
)	5.00-5.45	Jazz C (5th - 6th Class)
		Senior Jazz Group 1 (1st Year)
	6.45-7.45	Senior Jazz Group 2 (2nd-3rd Year)
	7.45-9.00	Jazz Repertoire (4th - 6th Year)
	1 4	

FRIDAY: Studio 1 Miss Sarah

3.15-4.15	RAD Grade 1B Ballet
4.15-5.00	RAD Primary B Ballet
5.00-5.45	RAD Primary A Ballet
5.45-6.45	RAD Grade 5 Ballet
6.45-7.30	RAD Grade 6 Ballet
7.30-8.30	RAD Intermediate Foundation Ballet
8.30-9.30	RAD Grade 7 Ballet
7.30-8.30	RAD Intermediate Foundation Ballet

SATURDAY: Studio 1 Miss French

9.00-10.00	RAD Inter Foundation Ballet
10.00-11.00	RAD Advanced 1 Ballet
	(Miss French and Miss Sarah)
11.00-11.30	Pre-School Ballet Group 1
11.30-12.00	Pre-School Ballet Group 2
	(Miss Sarah)
12.00-12.45	RAD Pre-Primary Ballet New Group 1
12.45-1.30	RAD Pre-Primary Ballet New Group 2
1.30-2.15	RAD Pre-Primary Ballet A
2.15-3.00	RAD Pre-Primary Ballet B
3.15-3.45	Hip Hop (3rd-6th Class) NEW CLASS
3.45-4.45	Past Students Class NEW CLASS
and the second	(PAYG, different styles, just for fun)
C4-11- 3 3	rt m 1

Studio 2 Miss French 12.15-1.15 RAD Intermediate Ballet

Private Coaching available on request

To book a place or to be added to the waiting list please contact the team at 087 9521463

www.lucyfrenchschoolofdance.com info@lucyfrenchschoolofdance.com 087 9521463

MONDAY: Studio 1 Miss Sarah

3.15-4.15RAD Grade 3 Ballet4.15-5.15RAD Grade 2 Ballet5.15-6.15RAD Grade 4 Ballet (Group 1)6.15-7.00RAD Grade 5 Ballet7.00-8.15Hip Hop (Secondary School)8.15-9.30Contemporary (Inter)
(Must also do ballet)

Studio 2 Miss French

Lucy French

School of Dance

 3.30-4.15
 RAD Grade 1

 (Beginners Boys Ballet Class age 8+ NEW CLASS)

 4.15-5.15
 RAD Grade 1 Ballet

 (Beginners Ballet Class age 8+ NEW CLASS)

 5.15-6.15
 RAD Grade 4 (Group 2)

TUESDAY: Studio 1 Miss French

3.15-4.00	RAD Grade 3 Ballet
4.00-4.45	RAD Grade 2 Ballet
4.45-5.45	RAD Grade 1A Ballet
5.45-6.30	RAD Grade 7 Ballet
6.30-7.15	RAD Grade 8 Ballet
7.15-8.15	Post Grade 8 Ballet
8.15-9.30	Contemporary (Adv) (Must also do ballet)
	(Must also do ballet)

WEDNESDAY: Studio 1 Miss French

1.30-2.30	RAD Grade 8 Ballet
2.30-4.00	RAD Advanced 1 Ballet
5.30-6.30	RAD Grade 4 Ballet Group 1
6.30-7.30	RAD Pre Vocational Ballet
7.30-8.30	RAD Grade 6 Ballet (Miss Sarah)
8.30-9.30	Beginner Contemporary
	(Must also do ballet) (Miss Sarah)
Studio 2	Miss Sarah

 RAD Intermediate Ballet Teenager Beginner Ballet NEW CLASS
RAD Grade 4 Ballet Group 2 Adult Commercial Jazz

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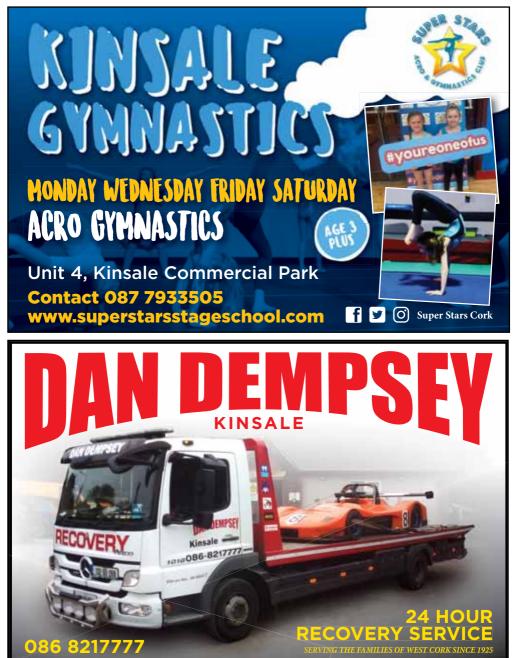
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KINSALE



MONDAY: 4pm-11.30pm (bar only, kitchen closed) TUESDAY - THURSDAY: 12.30pm-11.30pm Lunch 12:30pm-4pm (Served in the bar) Dinner from 6pm (Served in the restaurant)

FRIDAY - SATURDAY: 12.30pm-12.30am Lunch 12:30pm-4pm (Served in the bar) (Lunch also served in the restaurant on Saturday) Dinner from 6pm (Served in the restaurant)

SUNDAY: 12.30pm - 11pm Lunch 12:30pm-4pm (Served in the bar & restaurant)

Live Music Every Sunday, from 7pm

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LIAM DYER -

Acknowledgement & First Anniversary

9/9/1936 - 31/7/2022

On this the first anniversary of our dear father Liam, we would like to express our heartfelt gratitude to everyone for the great kindness and support shown to us following dad's tragic accident.

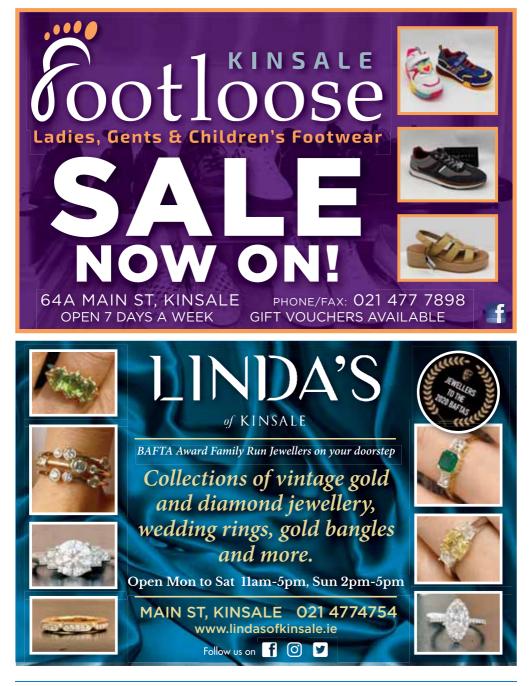
In the days and weeks that followed dad's death, we were greatly touched by the outpouring of support from our families, friends and neighbours. Also the many words of comfort, mass cards, online condolences, phone calls and floral tributes. To the wonderful kind people who came to dad's aid, comforted him and made those all important calls, we are forever indebted to you all.

To the emergency services who attended to dad and the doctors and nurses of the CUH A & E we will be forever grateful for all your support.



As it would be impossible to thank everyone individually please accept this acknowledgement as our sincere appreciation for your kindness and thoughtfulness. *The Dyer Family.*







Kinsale Regatta Festival Issue

Publishing date: Thursday 3rd August Deadline for inclusion: Monday 31st July, 5pm

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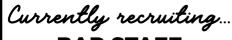
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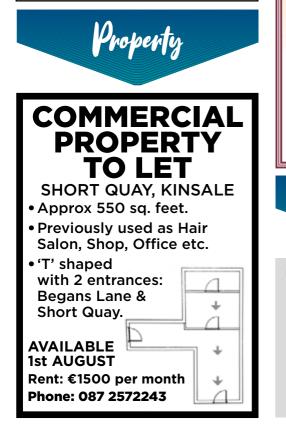
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PAT MOLONEY Currahoo, Ballinspittle Second Anniversary

In loving memory of Pat who died on 28th July 2021.

Those we love don't go away, They walk beside us every day.

Always remembered by your wife Mary and family Padraig, Barry, Anna, Sean, Therese, Rosemarie, Clare and their families.



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WHAT'S ON in Kinsale & District

THURS 27th JULY **DON & BARRY'S** HISTORIC STROLL: Tourist Office. 9.15am & 11.15am. HAMLETS: Old No. 7, 8.30pm. KINSALE HARBOUR CRUISES: **Opposite Actons**, 12pm, 1pm, 2pm, 3pm, 4pm, 5pm. **KINSALE REGATTA** FESTIVAL: Official opening by Alice De La Cour at Actons Hotel. 8pm. **KINSALE TIDY** TOWNS: Meet at Church Square Carpark at 7pm. All welcome. O'CONNOR'S PHARMACY: **Clarins Big Beauty Gift** Promotion, runs until 12th August.

FRI 28th JULY

ARMADA BAR: Paddy Nolan. **BLUE HAVEN:** Trad Duo, 9.30pm. **DON & BARRY'S** HISTORIC STROLL: Tourist Office. 9.15am & 11.15am. HAMLETS: **Pink Party Fancy Dress** with DJ Dennis, 9.30pm. **KINSALE HARBOUR** CRUISES: **Opposite Actons**, 12pm, 1pm, 2pm, 3pm, 4pm, 5pm. SUPER STARS SUMMER CAMPI Acro Gymnastics. Age 3+. Kinsale. 087 7933505. TRU COLOUR PAINTS, CARRIGALINE: Chat to our instore colour consultant/ interior designer Gwen McCarthy. 9.30am-12.30pm. Free of charge.

SAT 29th JULY ARMADA BAR: The Ferrymen. **BLUE HAVEN:** Two Time Polka, 10pm. **DON & BARRY'S** HISTORIC STROLL: Tourist Office. 9.15am & 11.15am. HAMLETS: DJ Billy, 9.30pm. **KINSALE HARBOUR** CRUISES: **Opposite Actons.** 12pm, 1pm, 2pm, 3pm, 4pm, 5pm. STRONGER WITH SIOBHAN: Bootcamp (Hardcore), 8am, Dock Beach. Bootcamp (Beginners), 9am, Dock Beach. Tel: 087 2771899. SUPER STARS SUMMER CAMP: Acro Gymnastics. Age 3+. Kinsale. 087 7933505.

SUN 30th JULY ARMADA BAR: Shane & friends. **BLUE HAVEN:** Bought & Sold, 8pm. BULMAN: Live music, 7pm. **DON & BARRY'S HISTORIC STROLL:** Tourist Office, 11.15am. **KINSALE BAPTIST** CHURCH: Temperance Hall, 11am, **KINSALE HARBOUR** CRUISES: Opposite Actons. 12pm, 1pm, 2pm, 3pm, 4pm, 5pm.

MON 31st JULY ATLANTIC OFFSHORE ADVENTURES:

Camps running all summer. www.atlanticoffshoreadventures.com BLUE HAVEN: Ben & Clem, 8.30pm. DON & BARRY'S HISTORIC STROLL: Tourist Office, 9.15am & 11.15am.

KINSALE HARBOUR CRUISES:

Opposite Actons. 12pm, 1pm, 2pm, 3pm, 4pm, 5pm. KINSALE OUTDOOR EDUCATION CENTRE: Junior Explore Kinsale. ages 8-10 yrs. Explore Kinsale Outdoor Learning Expedition Course, ages 12-15 yrs. Non camping option, ages 10-12 yrs. Summer Sailing Courses. Courses run weekly. www.kinsaleoec.com LUCY FRENCH SCHOOL OF DANCE: Summer Dance Intensives. Junior Dance Intensives. ages 6-9. info@lucyfrenchschoolofdance.com

OYSTERHAVEN

ACTIVITY CENTRE: Sailing & Windsurfing 9.30am - 3.30pm Monday to Friday, Pre-booking essential. www.oysterhaven.com SUPER STARS SUMMER CAMP: Acro Gymnastics. Age 3+. Kinsale. 087 7933505.

TUES 1st AUGUST

ARMADA BAR: Trad session. **BLUE HAVEN:** Trad Duo, 8.30pm. DON & BARRY'S HISTORIC STROLL: Tourist Office. 9.15am & 11.15am HAMLETS: Jorge Kachamari, 8.30pm. **KINSALE HARBOUR** CRUISES: **Opposite** Actons, 12pm, 1pm, 2pm, 3pm, 4pm, 5pm. **KINSALE REGATTA** FESTIVAL: Adults' Open Boules Competition at the Town Park, 7.30pm.

STRONGER WITH SIOBHAN: Bootcamp, 9.30am, Dock Beach. Body Sculpt, 8pm, Madden Park. Tel: 087 2771899.

WEDS 2nd AUGUST **DON & BARRY'S** HISTORIC STROLL: Tourist Office, 9.15am & 11.15am. HAMLETS: Mike O'Riordan. 8.30pm. KINSALE HARBOUR CRUISES: **Opposite** Actons, 12pm, 1pm, 2pm, 3pm, 4pm, 5pm. **KINSALE POTTERY:** Half Day Drop In Sessions for adults. teens and families. 2pm - 5pm. www.kinsaleceramics.com **KINSALE REGATTA FESTIVAL:** Adults' Open Boules Competition at the Town Park, 7.30pm. SUPER STARS SUMMER CAMP: Acro Gymnastics. Aqe 3+. Kinsale, 087 7933505.

THURS 3rd AUGUST

DON & BARRY'S HISTORIC STROLL: Tourist Office, 9.15am & 11.15am. HAMLETS: Old No. 7, 8.30pm. **KINSALE HARBOUR** CRUISES: **Opposite** Actons, 12pm, 1pm, 2pm, <u>3pm,</u> 4pm, 5pm. KINSALE TIDY TOWNS: Meet at Church Square Carpark at 7pm. All welcome.



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