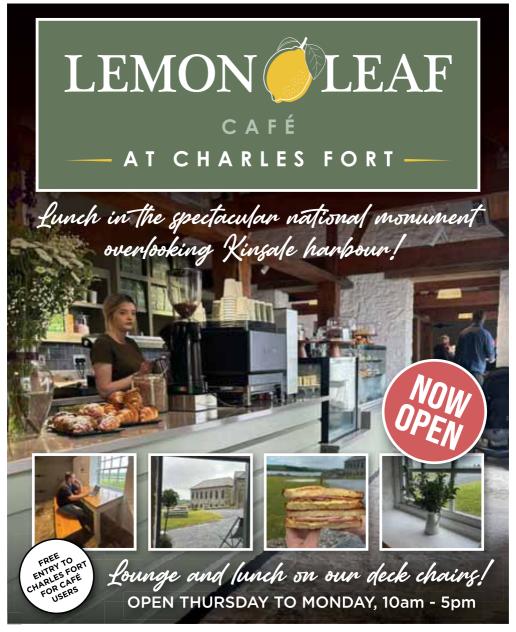
# Advertiser & Weekly Guide to WHAT'S ON in Kinsale & District

Volume 35
#**29/24**Thurs 25th
July
TO
Thurs 1st
August

2024

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## KINSALE REGATTA FESTIVAL 2024 EVENTS

JULY 30th - AUGUST 5th

#### JULY 30TH AND 31ST

**Prelim Boules Competition** 7.00pm **Town Park** 

#### FRIDAY AUGUST 2ND

Kinsale Regatta 5 Mile 7.30pm Road Race

Kinsale Youth Band | Plaza 6.00pm

#### SATURDAY AUGUST 3RD

**Swimming Races for Adults** 11.30am and Children | Dock Beach

**Children Rowing Kayaking** 2pm Main Slip

#### Harbour Open Day On Pier 3-5pm

Visual Presentations and meet the people from Coast Guard, Customs and Excise, Marine Institute, Local Fishermen, Emergency Services, Local Divers.

#### Kinsale Junior Chess Club Demonstration

Kinsale AFC 7-A-Side 4pm at Madden Park

#### SUNDAY AUGUST 4TH

Meet the RNLI Crew 1.30pm

Sailing Races | From Pier Head 2-2.30pm

#### Children's Fancy Dress 1.45pm The Plaza - finishing at Town Park

Kids Discos | The Plaza 3.45pm Face Painting | The Plaza 4.00pm

**Ballinspittle Comhaltais** 7.30pm The Plaza

#### SUNDAY AUGUST 4TH

Spectacular Fireworks Display 10.15pm

MAIN

#### MONDAY AUGUST 5TH

Children's Races and 11am Skills Competition | Kinsale GAA

Sailing Races From Pier Head 1-1.25pm

**Water Carnival Events** 3.30pm

Trad Music

by The Irish Weavers 8pm The Plaza

#### TUESDAY AUGUST 6TH

**Welcome Gathering** 7.30pm Friends Old and New | Temperance Hall

#### WEDNESDAY AUGUST 7TH

Boules Final | Town Park 6.30pm

#### THURSDAY AUGUST 8TH

**GAA Kids Blitz** 6.00pm

#### FRIDAY AUGUST 9TH

**Boules Kids Competition** 6.30pm Town Park

**NEW** ROUTE Judging at 1:45pm. Parade leaves Plaza at 2:30pm, turns right onto Market St, turns right onto Pearse St and finishes at Town Park.

Kinsale Regatta Festival Committee wish to acknowledge Community Grant Funding in 2024 from Cork Co Council

Follow #KinsaleRegattaFestival

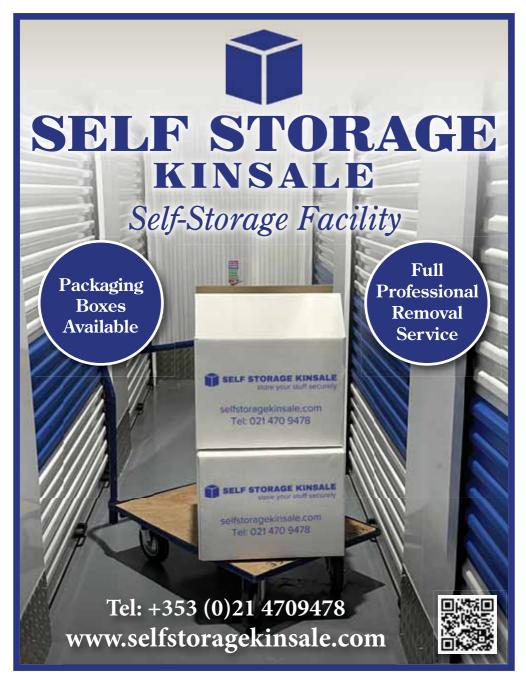










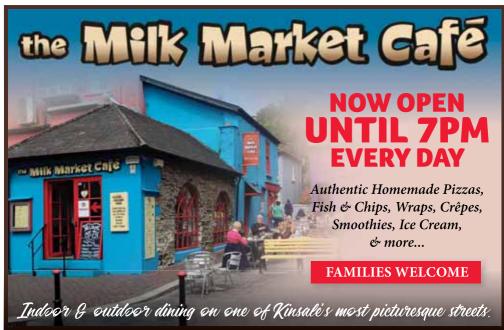
















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### **Neuromuscular Physical Therapy Clinic**

Pain Management / Rehabilitation / Functional Exercise

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#### Some conditions treated in the clinic:

- Headaches
- Migraines
- Neck Pain
- Back Pain
- · Shoulder Pain/ Problems
- Elbow/Wrist Problems
- Carpal Tunnel Syndrome
- Postural Distortions

- Hip Pain/Discomfort/ Soft Tissue Repair
- Problems
- Knee Pain/Problems Ankle/Foot Problems
   Muscular Disorders/
- Sciatica
- Nerve Entrapment
- Joint Pain/ Discomfort
- Strains/Sprains
- Sports Injuries/ Recovery

- Connective Tissue
- Repair
- Conditions
- Coordination Development
- · Loss of Balance
- Stiffness
- Impaired Mobility
- Functional Exercise

By appointment: Sabine Graef (BEd., SMT, NMPT)

Mobile 087 9872783

No. 26 Haven Bay Apt, Ballinacubby, Kinsale

Health Insurance Approved Registered Member

# **BLUE HAVEN**



Each month we create a new seasonal menu using the freshest local ingredients to complement our Bar & Bistro À La Carte



LIVE MUSIC 7 NIGHTS A WEEK

# KINSALE YOUTH THEATRE PROJECT

TUESDAY
WEDNESDAY
THURSDAY
4PM-6PM
ALTERNATE
WEEKS

## SUMMER INTENSIVES FOR MIXED GROUPS AGES 7-17

FREE YOUTH THEATRE INITIATIVE

CALL: 086-0479228 EMAIL: ytkinsale@gmail.com

#### **JULY / AUGUST GROUP**

Tues 23rd / Weds 24th
Thurs 25th July
Tues 6th / Weds 7th August
Thursday 8th August

(Final Thursday runs 4pm-7pm)
Friends/family can attend at 6pm
to see the results: Invited guests only.

#### **LATE AUGUST GROUP**

Tues 13th / Weds 14th Thurs 15th / Tues 27th Weds 28th August Thursday 29th August

(Final Thursday runs 4pm-7pm)
Friends/family can attend at 6pm
to see the results: Invited guests only.

Pier Road, Kinsale, Co. Cork. P17 KC80



# Special Occasions



For those special occasions with family and friends, The Pier One Restaurant provides the ideal intimate setting for 30 guests or more.



### Wharf Tavern Daily 12noon - 9pm

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HAVE YOUR HEARING TESTED FOR A DONATION



# **Hearing Screening Clinic**

**Tuesday 6th August @ Kinsale Hearing** 

71 Lower O'Connell Street, Kinsale

BY APPOINTMENT ONLY: **PLEASE CALL 021 6010223**Kinsale Hearing will be closed to facilitate Tanzania Charity trip from Thursday 10th October until Monday 28th October 2024





# BIGBEAUTYGIFT

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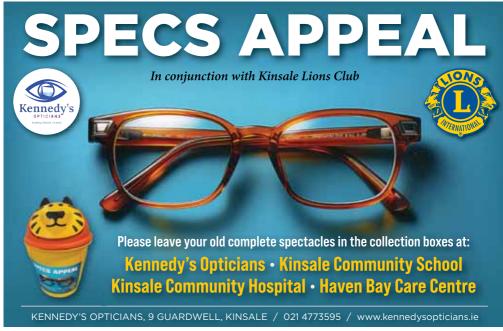
When you buy two or more Clarins products, one to be moisturiser or serum.

Thurs 25th July - Sat 11th August O'Connor's Pharmacy

> Pearse Street, Kinsale Tel: 021 4777 888

> > \*Terms and conditions apply. Offer subject to change.





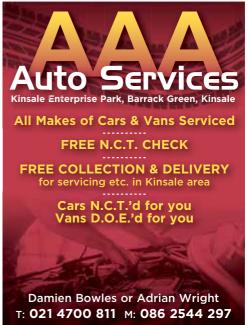
















Phone: 087 944 3796









Milk Market, Kinsale P17 XF65

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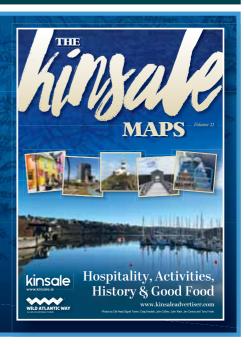




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### **NOTICES**

#### KINSALE BAPTIST CHURCH Sundays, 11am **Temperance Hall**

All welcome www.kinsaleabc.ie



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If an advert has been proofed & cleared for publication by the advertiser, we cannot take responsibility for any errors.

# **KINSALE REGATTA** lowing

**TEMPERANCE HALL** FRIDAY 26th JULY

10.30am-1.00pm Adm: €5

**Home Baking** 

with Home Decor, Jewellery, Kitchenware

All proceeds help provide free fun and entertainment to our Regatta visitors over the August Bank Holiday weekend.

We look forward to welcoming you on Friday.



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### KINSALE SHED

Market Lane Kinsale

#### Members Get-Together

EVERY TUESDAY: 7pm-9pm EVERY FRIDAY: 10am-12pm

Interested in joining? Come along! For more information please contact 087 6657684

#### Miraculous Prayer

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it. Then in his merciful eyes it will become your favour, not mine, Amen. Say this prayer for 3 days, promise publication and the favour will be aranted, no matter how impossible. Never known to fail. BJF





**DAILY TOURS AT 11.15am** 7 DAYS A WEEK FROM THE TOURIST OFFICE

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#### KINSALE HARBOUR CRI Departure beyond Actons Hotel on board 'Spirit of Kinsale Every Day (Up to Fri 2nd Aug) 12pm, 1pm, 2pm, 3pm No booking required. Arrive early to secure your seat. See sandwich board at Tourist Office & Pier Rd. for updates. Schedule subject to change depending on demand. T: 086 250 5456 www.kinsaleharbourcruises.com

# WANTED **ALL SCRA**

CARS, LORRIES, ETC **TOP PRICES PAID** 

Call 085 232 8519

# **Leaving Cert of 1984 Convent of Mercy. Kinsale** REUNIO

Saturday 10th Aug, 7pm **Hamlets of Kinsale** 

> Drinks only Ceoil, Caint agus Ól!

Enough time to catch up on what has been happening in your life for the last 40 years!



## KINSALE BIKE STORE NOW OPEN @ No. 1 Shearwater

**SALES & REPAIRS GREAT OPENING** DISCOUNTS

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# Thank You

Thank you to all those who so generously supported the St. Joseph's Young Priest Society Coffee Morning.

A huge amount of €1,114 was raised.

# WHAT'S ON in Kinsale & District

**THURS 25th JULY BLACKS BREWING** & DISTILLING: Tours 11am, 12.30pm, 2pm & 3.30pm. **BLUE HAVEN:** Trad Duo, 8pm. **DON & BARRY'S** HISTORIC STROLL: 9.15am & 11.15am from Tourist Office. FOOTLOOSE: Summer sale now on. **HAMLETS:** Old No. 7, 7pm-9pm. **KINSALE HARBOUR CRUISES:** Opposite Actons. 12pm, 1pm, 2pm, 3pm. KINSALE TIDY TOWNS: Litter picking. Meet at Library at 7pm. KINSALÉ YOUTH THEATRE PROJECT: Summer Intensives. 7-17 yrs. 4pm-6pm. Continues today and On 6th, 7th and 8th August. 8th August runs until 7pm. MAD FOR STYLE: 50% Summer Sale. O'CONNOR'S PHARMACY: Clarins Promotion until 11th August.

**BLACKS BREWING** & DISTILLING: Tours 11am, 12,30pm, 2pm & 3.30pm. **BLACKS** LAGOON BAR: 'Sunset Sessions' with DJ Leb-Zar, from 7.30pm. Pizza until 8pm. **BLUE HAVEN:** Billy & Carlos, 9.30pm. **COFFEE MORNING:** 

Temperance Hall,

10.30am-1pm, €5.

Bric-a-brac. Proceeds

go to Kinsale Regatta Festival fund.

Cake stall and

FRI 26th IULY

**DON & BARRY'S** HISTORIC STROLL: 9.15am & 11.15am from Tourist Office. HAMLETS: DJ Damien, 9.30pm. KINSALE HARBOUR CRUISES: Opposite Actons. 12pm, 1pm, 2pm, 3pm. KINSALE MEN'S SHED: Get-together, 10am-12pm.

SAT 27th JULY **BLACKS BREWING** & DISTILLING: Tours 11am, 12.30pm, 2pm & 3.30pm. **BLACKS** LAGOON BAR: 'Vibes by the Tide' Live Music & Pizza, 4pm-7pm. **BLUE HAVEN:** Jennifer Lyons, 10pm. **BULMAN:** Mike O'Riordan Trio, 9pm-11pm. **DON & BARRY'S** HISTORIC STROLL: 9.15am & 11.15am from Tourist Office. HAMLETS: DJ Paul, 9.30pm. **KINSALE HARBOUR CRUISES:** Opposite Actons. 12pm, 1pm, 2pm, 3pm.

**SUN 28th IULY BLACKS BREWING** & DISTILLING: Tours 11am, 12.30pm, 2pm & 3,30pm. BLUE HAVEN: Bought & Sold, 8pm. **BULMAN:** Ebb Tide, 7pm-9pm. **DON & BARRY'S** HISTORIC STROLL: 11.15am from the Tourist Office.

KINSALE BAPTIST CHURCH: Temperance Hall. 11am. KINSALE **HARBOUR CRUISES:** Opposite Actons. 12pm, 1pm, 2pm, 3pm.

**MON 29th JULY** 

**ADVENTURES:** 

Summer Camps

ATLANTIC

**OFFSHORE** 

at The Dock & Garrettstown. w atlanticoffshoreadventures com **BLUE HAVEN:** Ben and Clem. 8pm. **DON & BARRY'S** HISTORIC STROLL: 9.15am & 11.15am from Tourist Office. HAMLETS: 2 Strings, 7pm-9pm. KINSALE HARBOUR CRUISES: Opposite Actons. 12pm, 1pm, 2pm, KINSALE OUTDOOR EDUCATION CENTRE: Weekly Sailing Summer Courses. 10am-4.30pm www.kinsaleoec.com **OYSTERHAVEN** 

Skills Camps. www.oysterhaven.com SENATOR TIM LOMBARD: Clinic in Salvi's. 5pm-6pm. SUPER STARS STAGESCHOOL: Acro Gymnastics Summer Camp: Ages 6+, 10am-2pm, Gvm Fusion:

2pm-4.30pm.

www.superstarsstageschool.com

**ACTIVITY CENTRE:** 

Summer Sailing

& Windsurfing

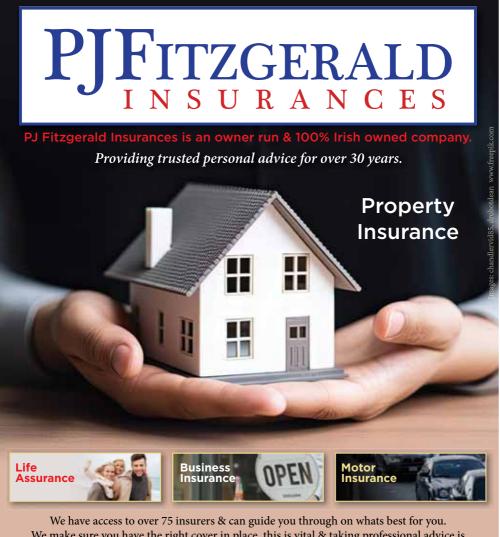
KINSALE REGATTA **FESTIVAL 2024 TUES 30th IULY BLUE HAVEN:** Trad Duo & Irish Dancing, 8pm. **DON & BARRY'S** 

HISTORIC STROLL: 9.15am & 11.15am from Tourist Office. KINSALE HARBOUR CRUISES: Opposite Actons. 12pm, 1pm, 2pm, 3pm. KINSALE MEN'S SHED: Get-together, 7-9pm. KINSALE REGATTA FESTIVAL: Prelim Boules, 7pm at Town Park.

KINSALE REGATTA FESTIVAL 2024

WED 31st IULY **BLACKS BREWING** & DISTILLING: Tours 11am, 12.30pm, 2pm & 3.30pm. **BLUE HAVEN:** Mike O'Riordan, 8pm. **DON & BARRY'S** HISTORIC STROLL: 9.15am & 11.15am from Tourist Office. KINSALE HARBOUR CRUISES: Opposite Actons. 12pm, 1pm, 2pm, 3pm. KINSALE REGATTA **FESTIVAL:** Prelim Boules, 7pm at Town Park. TANTALUS PLANT NURSERY: Selling plants and flowers at Tantalus Farm Gate. next to Spaniard. 10am-3pm.





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