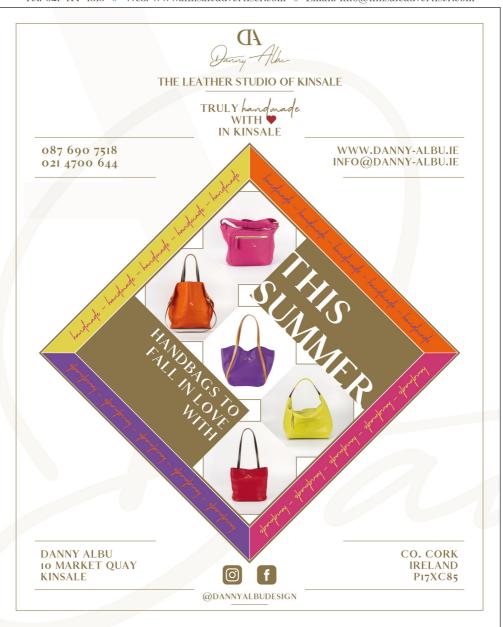


Volume 33
#29/22
Thurs 21st
July
TO
Thurs 2sth
July

2022

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START THE WILD ATLANTIC WAY AT KINSALE REGATTA FESTIVAL 2022

LY 20 - AUG 5

WEDNESDAY IULY 20th

8.00pm: Official Opening of Kinsale Regatta Festival 2022 by Cllr. Marie O'Sullivan at Actons Hotel.

WEDNESDAY IULY 27th

7.30pm: Adults' Open Boules Competition

at the Town Park.

FRIDAY IULY 29th

7.30pm: Kinsale Tri-Club Regatta Road Race starting from Kinsale G.A.A. Grounds, finishing at the Bank of Ireland. In aid of Kinsale R.N.L.I. *Prize giving afterwards at Temperance Hall.

SATURDAY JULY 30th

11.30am: Children's & Adult Swimming

at the Dock Beach.

2.00pm: Children's Rowing, Kayaking and

Paddle Boarding (New activity)

from the middle slip.

8.00pm: Music with DJ Seamus Corkery

on stage at the Plaza, Short Quay.

SUNDAY IULY 31st

1.30pm: R.N.L.I. Kinsale Lifeboat "Open Day"

at Lifeboat Station, World's End.

2.00pm: Sailing Regatta.

3.00pm: Blarney Brass Band.

3.00pm: Children's Fancy Dress Parade

lead by the Blarney Brass Band, from the New Rd. via Pearse St., to Short Quay Plaza.

SUNDAY JULY 31st continued

8.00pm: Music with Michael Aherne & Friend

at the Plaza, Short Quay.

10.15pm: Monster Fireworks Display,

also Zap Cats Display.

MONDAY AUG 1st

11.00am: Children's Races and GAA Skills

Competition at Kinsale GAA Club Grounds.

2.00pm: Sailing Regatta.

See programme Sailability Sailing.

3.30pm: Water Carnival

with lots of events for all ages,

including Greasy Pole and Pillow Fight. 8.00pm: Traditional Irish Music with "Irish Weavers"

at the Plaza, Short Ouav.

TUESDAY AUG 2nd

7.30pm: Emigrants' Welcome Home Gathering

at The Temperance Hall.

WEDNESDAY AUG 3rd

7.00pm: Adults' Boules Finals at the Town Park.

THURSDAY AUG 4th

6.00pm: GAA Underage Blitz for Boys and Girls

at the GAA Grounds.

FRIDAY AUG 5th

7.00pm: Children's Open Boules Competition

at the Town Park.

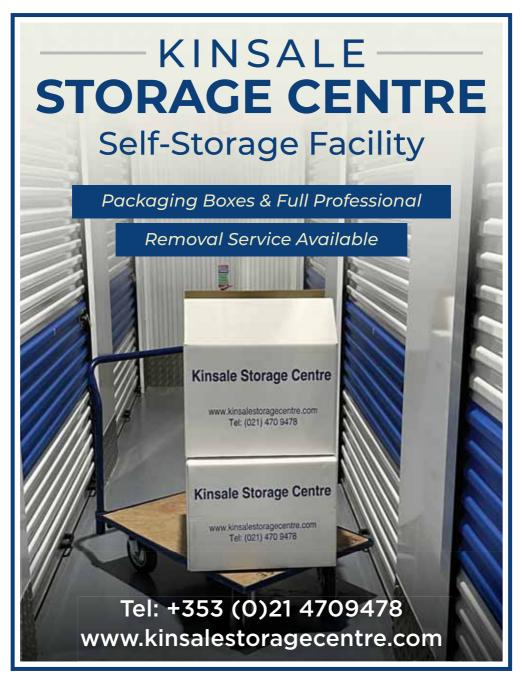
Note: Times of events may be subject to change depending on tidal and weather conditions.

224 YEAR



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Tues: 9.30am Bootcamp @ Dock Beach

8pm Body Sculpt @ Madden Park

Wed: 6.15am Zoom Strength & Conditioning

Thur: 9.30am Zoom/Gym Strength & Conditioning Strength Circuits @ Mansfield Gym 7pm Hardcore Bootcamp @ Dock Beach 8am

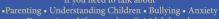
Beginner's Bootcamp @ Dock Beach

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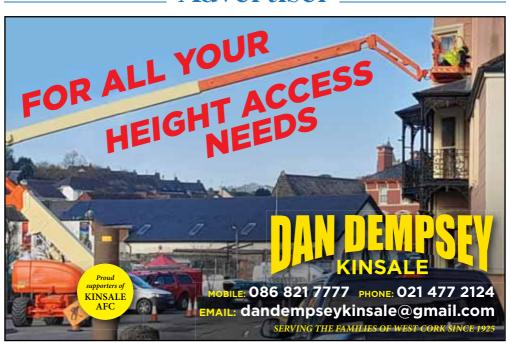








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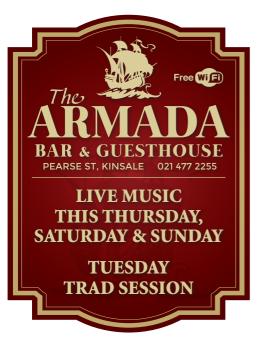
including the Guide to WHAT'S ON in Kinsale & District

Book your ad space now for our Kinsale Regatta Festival Issue

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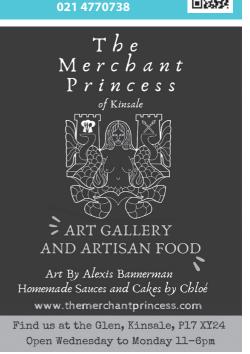
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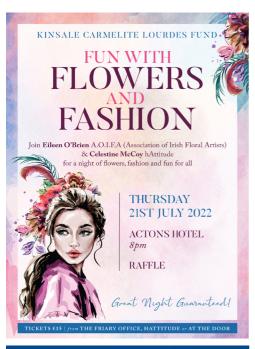




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The Kinsale Story

Adrian Neville



A big screen picture show around the story of Kinsale and the history of Ireland

3 pm The Temperance Hall Wednesday to Sunday

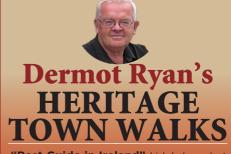
HARBOUR CRUISES

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July & August Timetable
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WHAT'S ON in Kinsale & District

Thurs 21st July ACTONS HOTEL: Fun with Flowers & Fashion, for Kinsale Carmelite Lourdes Fund. Join Eileen O'Brien and Celestine McCov. 8pm. Tickets €15. ARMADA BAR: Live music. **BLUE HAVEN:** Arundo, 8.30pm. **DERMOT RYAN'S** HERITAGE TOWN WALKS: 10.30am, Tourist Office. Or by appointment. 086 8267656. **DON & BARRY'S HISTORIC STROLL:** 9.15am & 11.15am, Tourist Office. **GALLERY 23:** Rain & Shine Exhibition By Kit French. Last day. **GOOD HEALTH CIRCLE:** Baby Reflexology with Story Massage. www.kinsalehealthhub.com **HAMLETS:** Mike and Mike, 9pm. KINSALE HARBOUR **CRUISES:** 12pm, 1pm, 2pm, 3pm, 4pm, 5pm. Departs beyond Actons. STRONGER WITH SIOBHAN: 9.30am: Zoom/Gym Strength & Conditioning. 7pm: Strength Circuits @ Mansfield Gym. 087 2771899. THE KINSALE STORY A Big Screen Picture Show - Adrian Neville. Temperance Hall, 3pm.

Fri 22nd July **BLUE HAVEN:** Trad Duo, 10pm. **DERMOT RYAN'S** HERITAGE TOWN WALKS: 10.30am, Tourist Office. Or by appointment. 086 8267656. **DON & BARRY'S** HISTORIC STROLL: 9.15am & 11.15am, Tourist Office. KINSALE HARBOUR CRUISES: 12pm, 1pm, 2pm, 3pm, 4pm, 5pm. Departs beyond Actons.

KINSALE POTTERY: 4 day Summer School for adults/teens. Runs until July 25th. www.kinsaleceramics.com THE KINSALE STORY A Big Screen Picture Show - Adrian Neville. Temperance Hall, 3pm.

Sat 23rd July ARMADA BAR: Live music. **BLUE HAVEN:** Mike O'Riordan, 10pm. **DERMOT RYAN'S HERITAGE TOWN WALKS:** 10.30am. Tourist Office. Or by appointment. 086 8267656. **DON & BARRY'S HISTORIC** STROLL: 9.15am & 11.15am. Tourist Office. GOOD HEALTH CIRCLE: Learn to ferment Kefir. 11am - 12.30pm. www.kinsalehealthhub.com HAMLETS: DJ from 9.00pm. KINSALE HARBOUR CRUISES: 12pm, 1pm, 2pm, 3pm, 4pm, 5pm. Departs beyond Actons. STRONGER WITH SIOBHAN: 8am: Hardcore Bootcamp. 9am: Beginner's Bootcamp, Dock Beach, THE KINSALE STORY A Big Screen Picture Show - Adrian Neville. Temperance Hall, 3pm. **TENNIS EXPRESS** FOR BEGINNERS: 8 week course. 10am-11.30am. Dunderrow.

Sun 24th Iuly ARMADA BAR Live music. **BLUE HAVEN:** Bought and Sold, 8pm. **DERMOT RYAN'S HERITAGE TOWN WALKS:** 10.30am, Tourist Office. Or by appointment. 086 8267656. **DON & BARRY'S** HISTORIC STROLL: 9.15am & 11.15am, Tourist Office. KINSALE BAPTIST CHURCH: Temperance Hall, 11am.

Call Peter 087 966 0305

KINSALE POTTERY: 4 day Summer School for adults/teens. Runs until July 27th. KINSALE HARBOUR CRUISES: 12pm, 1pm, 2pm, 3pm, 4pm, 5pm. Departs beyond Actons. THE KINSALE STORY A Big Screen Picture Show - Adrian Neville. Temperance Hall, 3pm.

Mon 25th Iuly ATLANTIC ÓFFSHORE **ADVENTURES:** Surf and Kayak Camps running all summer. Call/text: 087 944 3796. **BLUE HAVEN:** Ben & Clem. 8.30pm. **DERMOT RYAN'S HERITAGE TOWN WALKS:** 10.30am, Tourist Office. Or by appointment. 086 8267656. **DON & BARRY'S** HISTORIC STROLL: 9.15am & 11.15am. Tourist Office. KINSALE HARBOUR **CRUISES:** 12pm, 1pm, 2pm, 3pm, 4pm, 5pm. Departs beyond Actons. KINSALE POTTERY: Half Day Drop-in Sessions For adults/teens and families, 2pm to 5pm. www.kinsaleceramics.com **LUCY FRENCH SCHOOL** OF DANCE: Summer Dance Intensives. Mids - 10am to 4.30pm. Ages 9-11 years or Grade 3 - Grade 4 Ballet. Runs until 29th July. www.lucyfrenchschoolofdance.com OYSTERHAVEN ACTIVITY CENTRE: Kites and Wires: runs until 29th July. Start Sailing (Level 1). Basic Skills (Level 2). Improving Skills (Level 3). Advanced Boat Handling. Windsurfing Get Up & Go! Windsurfing Go for It! Pre booking essential www.oysterhaven.com SENATOR TIM LOMBARD: Clinic at Salvi's.

STRONGER WITH SIOBHAN: 6.15am: Zoom Strength & Conditioning. Tues 26th July ARMADA BAR: Live trad.

BLUE HAVEN: The Loungeman, 8.30pm. **DERMOT RYAN'S** HERITAGE TOWN WALKS: 10.30am, Tourist Office. Or by appointment. 086 8267656. **DON & BARRY'S HISTORIC** STROLL: 9.15am & 11.15am, Tourist Office. KINSALE HARBOUR CRUISES: 12pm, 1pm, 2pm, 3pm, 4pm, 5pm. Departs beyond Actons. STRONGER WITH SIOBHAN: 9.30am: Bootcamp @ Dock Beach. 8pm: Body Sculpt @ Madden Park.

Wed 27th July **BLUE HAVEN:** Mike O'Riordan, 8,30pm. **DERMOT RYAN'S HERITAGE TOWN WALKS:** 10.30am, Tourist Office. Or by appointment. 086 8267656. **DON & BARRY'S HISTORIC** STROLL: 9.15am & 11.15am. Tourist Office. KINSALE HARBOUR CRUISES: 12pm, 1pm, 2pm, 3pm, 4pm, 5pm. Departs beyond Actons. KINSALE REGATTA FESTIVAL: Adults' Open Boules Competition, 7.30pm at the Town Park. STRONGER WITH SIOBHAN: 6.15am: Zoom Strength & Conditioning. 087 2771899. TENNIS EXPRESS FOR BEGINNERS: 8 week course. 18.30-20.00, Dunderrow. Call Peter 087 966 0305 THE KINSALE STORY A Big Screen Picture Show - Adrian Neville. Temperance Hall, 3pm.

5.40pm - 6.30pm.

