

Tel: 021 477 4313 :: Web: www.kinsaleadvertiser.com :: Email: info@kinsaleadvertiser.com

Sundays

Sundaus

ce-Cream & Coffee Bar

2009 Celebrating our 2019 10 Year Anniversary

A Special Thank You to the community of Kinsale for all the support and loyalty you have shown us over the past 10 years, to customers near and far and of course our amazing team, Carmen and our fabulous girls past and present, Sundays would not be the same without you.





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LEARN TO SAIL

DEVELOP YOUR SKILLS

Whether you want to try something new or get back into the sport, you can do it all at KYC this summer. Our team of instructors and coaches will help you develop the skills needed to get out on the water and take on a new sport.

Take the leap from Novice to Racer

WHAT DO WE OFFER AT KYC? Learn to sail: basic keelboat introduction. The focus is on developing you as a skilled crew for Keelboat and Cruiser boat sailing.

Over 4 sessions you learn the essential sailing skills of a competent crew.

You are then introduced to the racing fleet in KYC with the potential of becoming a valuable crew member.

Cost is €325 for 4 x 3 hour sessions. For new members this includes Associate membership for one year.

last course: JUNE 11th, 12th, 18th, 19th

Advantages of KYC Membership

Your membership also offers you the first class facilities of our recently renovated club house with full wheelchair access. The club house overlooks Kinsale Harbour and Marina in the heart of Kinsale. During the season we offer full bar and restaurant facilities to members and their guests. There are regattas, training opportunities in sailing and power boating and a thriving Junior sailing course section that offers course in the summer and coaching year round.

Boats and Tuition

All sessions are run on keelboats which have a weighted keel for added stability. Tuition is provided by qualified instructors who follow a structured syllabus.

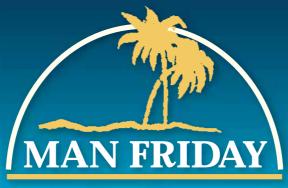
What do you need to wear?

Bring a water proof jacket and leggings, warm fleece, leggings (not denim jeans), old trainers, hat, sunscreen. KYC will provide buoyancy aids.

Photo courtesy of Bobby Nash

Get on the water. Email: info@kyc.ie | Call us on 087-6878768 www.kyc.ie **f** Follow us on Facebook















Serving Lunch Wednesday to Sunday From 12th June

Tel: 021 4772260 www.manfridaykinsale.ie SCILLY, KINSALE



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Keep the grey matter working out!

MONDAY TO FRIDAY 15th - 19th JULY 9:30am - 2:30pm

GAELSCOIL KINSALE Ages 6 to 12 years

Price: €125 Sibling discount available FIND US ON **f** FACEBOOK

BOOKING & ENQUIRIES Siobhan BSC HDIp.Ed 087 9506527 siobhan@handsonscience.ie

Karen 087 6992291 karengibson345@gmail.com



3 Cork Street, Kinsale Tel: 021 4773188 Open 6pm Thursday through to Mondays NOW OPEN ON MONDAYS



EARLY BIRD SPECIAL FOR ORDERS BEFORE 6.30pm

"Faad fram the Heart, Sea & Land..." Sharing Platters of Local Artisan Produce, Vegan & Vegetarian Dishes, Irish Beef Plenty of Local Fish from the Sea, Lobsters, Prawns, etc... We change our menu constantly to bring you the freshest of local produce.

"Lift your Spirits with Cocktails, Bubbles, (In)ine & Beers...'

Great Selection of Wines by the Glass and Bottle, Classic Cocktails or help us create new ones! Draught Beers, Local Artisan Beers & Ciders.

PIANO BAR with Billy Crosbie & guest vocals This Friday 31st May

Celebrate Your Special Day.

Winter 2020 Wedding Special Limited Dates Available (Oct, Nov, Dec) Enquire today!

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Actons Hotel Kinsale (021) 4779900





CIIr. GILLIAN ^{(FIANNA FAIL} COUGHLAN WORKING FOR KINSAI F



I would like to thank the people of Kinsale for your support and endorsement in my campaign to represent you on Cork County Council. I am very grateful and pledge my continued commitment to work on your behalf. Gillian

Tel: 086 8814196 Email: gillcoughlan@eircom.net SAM'S BAR

SNUG AND BEER GARDEN

The Glen, Kinsale Tel: 021 4700816

LIVE MUSIC

Friday, Saturday & Sunday from 10pm

> Best of luck to Kinsale Point to Point

Welcome to the June Bank Holiday

BLUEHOTEL

Fri:Eoin O'Neill, 10.30pmSat:Ruby Jude, 10.30pmSun:Red Effect, 10.30pm

Bank Hol Mon: Traditional Irish Music & Irish Dancers, 9pm



Fri: Coveralls, 9pm Sat: DJ, 10pm Sun: Old No. 7, 6.30pm DJ, 10pm

Enjoy live music & great food all weekend Food served until 10pm on our à la carte menu Gourmet Food Truck @ Hamlets open 12 midday to 9pm



У Follow us on Facebook & Twitter 🏻 Ph: 021 4772209 🛛 www.bluehavenkinsale.com

Kinsale Health and Wellbeing Centre

Community of practitioners steering your health Emmet Place, Kinsale www.kinsalehealthandwellbeing.com



Holistic & Physical Therapist 087 0577013

www.headtotoetherapies.ie Facebook: @tracymccarthyheadtotoetherapies VHI, AVIVA, GLO HEALTH, LAYA Massage inc. Pregnancy, Pre & Post Sports Massage, Reflexology, Oncology, Lymphatic Massage, Holistic Therapies and Neuromuscular Therapy

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Lorraine O'Hanlon (ICOM, IMST, NIM) Book an appointment with Lorraine *Mobile*: 087 227 5500

Email: lorraineohanlon@yahoo.com



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MARIE FINE GAEL O'SULLIVAN Local Election Candidate - Bandon/Kinsale

Thank You

Thank you to each and everyone of you who put your confidence in me by voting for me last Friday. I am humbled and honoured to represent the people of the Bandon / Kinsale area for the next 5 years and will work with the other Public Representatives of the district to ensure that our area is well looked after by Cork County Council.

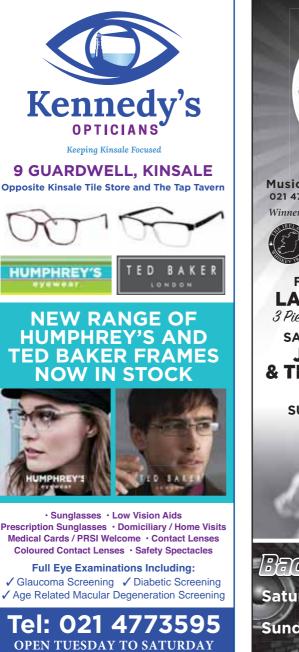
I would also like to thank all the people who were involved in my campaign whether it be on the canvass, postering, logistics you were all an amazing group of people who made this journey over the past six weeks a lot easier and definitely entertaining. The book will be written "50 Shades of a Canvass". To the other candidates who didn't make it over the line this time commiserations it takes a lot of a courage to let your name go before the electorate and for doing that alone you can be very proud.

Thanks again, Marie

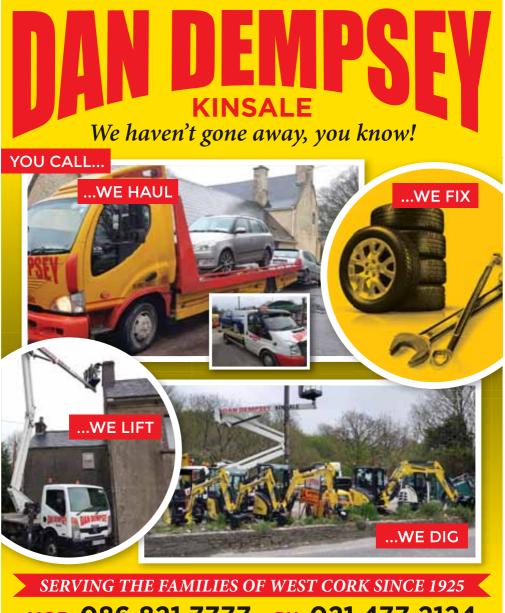
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7 Pearse St, Kinsale



SALE. 188 Music Venue - Guardwell, Kinsale 021 4772382 www.folkhousevenue.com Winner of Best Jameson Cocktail in Ireland 2015 FRIDAY 31st MAY 10.30pm LADIES WHO LUNCH 3 Piece Rock / Contemporary Covers SATURDAY 1st JUNE 10.30pm **JEROME RIMSON** & THE BAD BOY BLUES 4 Piece Blues Rock SUNDAY 2nd JUNE 10.30pm **KING K** 5 Piece Rockin' Covers Badnis Nielitalub Saturday 1st June DJ SEAN Doors 11:30pm Sunday 2nd June DJ MARK Doors 11:30pm



MOB: 086 821 7777 PH: 021 477 2124 EMAIL: dandempseykinsale@gmail.com



Kinsale Outdoor Education Centre Land and Sea

NEW FOR SUMMER 2019

SURF CAMP 12YRS +

At the end of this week you will understand how to surf safely and responsibly while appreciating the ocean environment. You will also learn some lifesaving skills.

EXTREME TEENS 12-17YRS

This brand new week long camp places more emphasis on adventure sports and challenges. The camp consists of day long activities such as coasteering, rockclimbing, sea kayaking, adventure swimming and our new sea survival skills programme.

KAYAK / CANOE CAMP 12YRS +

This is a week long skills camp full of lots of action. We explore kayaking on the sea and the local Bandon river. Canoeing Ireland skills certificate can be achieved during this course.

YOUTH EXPEDITION 2 NIGHTS CAMPING

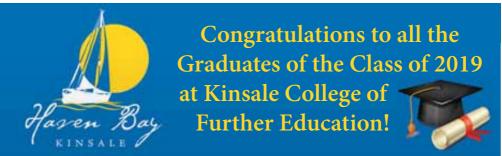
Teenagers get to experience a new type of adventure throughout the week. They will learn skills on campcraft, expedition planning, open canoeing, kayaking and more. They will camp out for two nights in two locations as they make their way down the Bandon river.

AGE	YOUNG PIRATES 6-8YRS	SEA DOGS 8-10YRS	FIND ADVENTURE	YOUTH EXPEDITION 13-16YRS 2 NIGHTS CAMPING	EXTREME TEENS	KAYAK CAMP 12YRS +	SURF CAMP 12YRS +	SAIL EXPEDITION 12+YRS 3 DAYS
PRICE	€195	€195	€225	€275	€225	€225	€225	€185
JUN-10			1.2			Х		X
JUN-17			1				Х	
JUN-24								
JUL-01	Х	Х	Х	Х	12-14yrs	Х		
JUL-08	Х	Х	FULL		15-17yrs			Х
JUL-15	Х	Х	Х	Х	12-14yrs		Х	
JUL-22	Х	Х	FULL		15-17yrs			
JUL-29	Х	Х	FULL	Х	12-14yrs		Х	
AUG-06	€155	FULL	€185		15-17yrs	Х		
AUG-12	Х	Х	Х	Х	12-14yrs			
AUG-19	Х	Х	Х		15-17yrs		Х	

Book online at WWW.KINSALEOUTDOORS.COM







We wish you all the best in your future in healthcare, a career where you can make a difference to the lives of those in your care.

Due to a recent expansion we are delighted to offer employment opportunities in our Award winning Care Centre to new graduates and experienced Healthcare Assistants.

> To join our team, please contact hr@havenbay.ie or speak to Helen on 021 4777328 ext 512.

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Commencing Tuesday 18th June 2019 at Sáile Sports & Community Centre

Beginners Level 5pm-6pm Beginners/Intermediate Level 6.05pm-7.05pm Intermediate Level 7.10pm-8.10pm



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FINE GAEL Cllr. Kevir T P

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Bandon - Kinsale Area

Your Voice on Cork County Thank You All! Council

Mob: 087 2417843 Ph: 021 4772590 Email: kevinmurphyw@gmail.com



Welcome to all Punters to Kinsale Point to Point

2 COURSE MENU €25 Monday - Thursday Served 5pm - 7pm Restaurant d'Antibes

Starter & Main Course or Main Course & Dessert

CHICKEN LIVER PÂTÉ **OYSTERHAVEN MOULES MARINIÉRES** NEWPORT HOT WINGS HOMEMADE SOUP OF THE DAY

ROASTED SUPREME OF CHICKEN CARBONARA **BEER BATTERED FISH & CHIPS** NETTLE, GOATS CHEESE RISOTTO (GF) TRADITIONAL IRISH LAMB STEW

CHOCOLATE & SALTED CARAMEL POT IRISH APPLE CHEESECAKE TUMBLER BAILEYS IRISH FUDGE MERINGUE



FOOD SERVED ALL DAY

Breakfast 8am-11.30am Bar/Bistro 12pm-10pm Dinner 6pm-10pm

MUSIC

Saturday 1st June Loose Chains, 10.30pm Sunday 2nd June Nightshift, 10.30pm Wednesday 5th June Pet the Goose, 9pm Thursday 6th June Two of a Kind, 9pm



4772125 www.whitehouse-kinsale.ie Your hosts the Frawley Family & Staff

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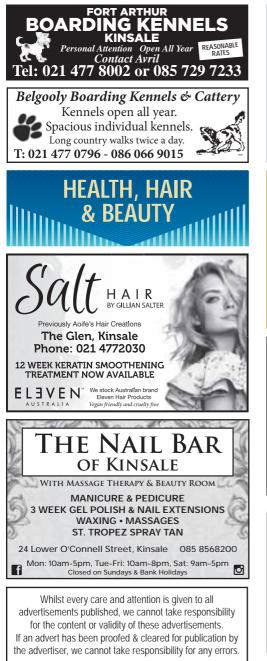


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Antenatal Classes in Kinsale Next series starts July 3rd, 6.30pm-9.30pm

SPACES LIMITED SO BOOK EARLY www.breastfeedingconsultant.ie for more info Ring Clare on 087 4198764



HERBALIFE NUTRITION

GOES BANANAS!

Say hello to a NEW, delicious creamy banana-flavoured meal replacement,

supporting weight loss and weight

maintenance. Rich in protein to help the

growth of muscle mass. Perfectly balanced

with vitamins minerals and healthy fats.



VEGAN-SOURCED, NATURAL COLOURS AND FLAVOURS, GLUTEN FREE AND NO ARTIFICIAL COLOURS.

SPECIAL INTRODUCTORY OFFER! Call or text Roni 086 8938446







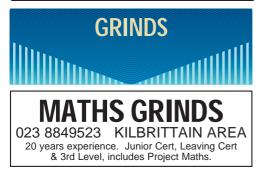
OLD HEAD GOLF LINKS

has the following vacancies for the 2019 season:

KITCHEN PORTER BREAKFAST CHEF

Please email your CV to hr@oldhead.com

COUNCIL HOUSE TRANSFER REQUIRED From 3 Bed in Ballinspittle to 3 Bed in Kinsale due to medical reasons. Decent sum of money offered towards moving expenses etc. Contact: cuocokayla54@gmail.com



Apostolate of Eucharistic Adoration Eucharistic Adoration - The Way Forward

ANNUAL PILGRIMAGE TO KNOCK Celebrating Corpus Christi

INVITATION You are invited to come and pray with us at KNOCK SHRINE One of the world's great Eucharistic Shrines

Sat 15th June 10.30am - 5pm

 Talks • Mass • Adoration • Confessions • Rosary • Materials for Adoration • Benediction • Children's Adoration Eucharitic Procession • Placeing of the Si

• Eucharistic Procession • Blessing of the Sick We wish to have every Parish in Ireland well represented, so organise buses and cars as soon as possible. Invite family, friends, neighbours and other apostolates and organisation.

If you are interested in travelling on this Pilgrimage to Knock on Saturday 15th June please contact Mary @ 085 745 9011

Need help with writing?

Proofreading, editing & writing service For a variety of writing, including: BUSINESS (fliers, websites, advertising etc.) PERSONAL (letters, emails, CVs etc.) CREATIVE, ACADEMIC

Covering: Grammar & Punctuation, Structure, Expression Call Niamh Prior: 087 759 7107



Are you concerned about the well-being of any young person? FOR FREE & CONFIDENTIAL ADVICE & SUPPORT CONTACT GER ON 085 872 5789

DON & BARRY'S HISTORIC STROLL

From Tourist Office 11.15am EVERY DAY plus 9.15am Mon-Sat

"Excellent... Kinsale's single best attraction... A joy... Be sure to take it" **Rick Steves**



Chosen guides for NATIONAL GEOGRAPHIC in June 2016!

www.HistoricStrollKinsale.com Tel: **087 2500731** or **021 4772873** Adults €8 / Children €1





"Kinsale's Top Independent Attraction" TripAdvisor

"Best Guide in Ireland" Irish Independent

> "Best Value €5 in Ireland" Sunday Times



10.30am Daily (or by appointment) from the Tourist Office.

Adults: €5 Children: Free For group rates, please phone 086 826 7656



www.kinsaleabc.ie

Miraculous Prayer

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it. Then in his merciful eyes it will become your favour, not mine, Amen. Say this prayer for 3 days, promise publication and the favour will be

granted, no matter how impossible. Never known to fail. AC

WHAT'SON IN KINSALE & DISTRICT

FRI 31st MAY

BLUE HAVEN: Eoin O'Neill, 10.30pm. COFFEE MORNING: Supporting St. Joseph's Young Priest Society & Cork Association for Autism. Temperance Hall, 10am - 12.30pm. CRACKPOTS... ENCORE: Piano Bar with Billy Crosbie & quest. DERMOT RYAN'S HERITAGE TOWN WALK: 10.30am. Tourist Office. DON & BARRY'S HISTORIC STROLL: 9.15am & 11.15am from the Tourist Office. ELI LILLY - KINSALE MANUFACTURING: Deadline for CV applications for Process & Bioprocess Operator. www.lilly.ie/en/careers Ref: 49367BR FOLKHOUSE: Ladies Who Lunch, 10.30pm. HAMLETS: Coveralls, 9pm. **KINSALE HARBOUR** CRUISES: Departs beyond Actons. 2pm, 3pm SAM'S BAR: Live music. 10pm. SPANIARD: Jug A Punch, 10pm.

Belgooly Show Kinsale Point to Point SAT 1st JUNE

BACCHUS NIGHTCLUB: DJ Sean, 11.30pm. **BELGOOLY SHOW:** Ballindeenisk, Belgooly. BLUE HAVEN: Ruby Jude, 10.30pm. DERMOT RYAN'S HERITAGE TOWN WALK: 10.30am, Tourist Office. DON & BARRY'S HISTORIC STROLL: 9.15am & 11.15am from the Tourist Office. FOLKHOUSE: Jerome Rimson & the Bad Boy Blues, 10.30pm.

HAMI FTS:

Champions League Party from 8pm. DJ. 10pm. HUNTSMAN: Sparkle appearing at Belgooly Show. DJ Seamus 10pm til late. **KINSALE HARBOUR** CRUISES: Departs beyond Actons. 2pm, 3pm, 4pm, KINSALE POINT TO POINT: Farrangalway, Kinsale. First Race 5pm. Bar & Live Music after. SAM'S BAR: Live music, 10pm. SPANIARD: For Folk Sake, 10pm. THE GREATEST SHOW **CHARITY BALL** IN AID OF MOTOR NEURONE DISEASE: Radisson Blu. Little Island. Tickets €75 on eventbrite WHITE HOUSE: Loose Chains, 10.30pm.

Kinsale Point to Point SUN 2nd JUNE

BACCHUS NIGHTCLUB: DJ Mark, 11.30pm. BLUE HAVEN: Red Effect, 10.30pm. CAR BOOT SALE: Belgooly GAA Pitch, 9am-3pm DERMÓT RYAN'S HERITAGE TOWN WALK: 10.30am, Tourist Office. DON & BARRY'S HISTORIC STROLL: 11.15am from the Tourist Office. FOLKHOUSE: King K, 10.30pm. HAMLETS: Old No. 7, 6.30pm DJ, 10pm HUNTSMAN: Music, 8pm-10.30pm. **KINSALE BAPTIST** CHURCH: 11am, Temperance Hall.

KINSALE HARBOUR CRUISES: Departs beyond Actons. 2pm, 3pm, 4pm,

KINSALE POINT TO POINT: Farrangalway, Kinsale. First Race 3pm. Liam O'Connor & his band playing after. SAM'S BAR: Live music, 10pm. SPANIARD: Jug A Punch, 10pm. WHITE HOUSE: Nightshift, 10.30pm.

MON 3rd JUNE

ARMADA: Allsorts, 8pm. BLUE HAVEN: Traditional Irish Music and Irish Dancers. 9pm. DALTON'S BAR: Trad singalong. DERMOT RYAN'S HERITAGE TOWN WALK: 10.30am, Tourist Office. DON & BARRY'S HISTORIC STROLL: 9.15am & 11.15am from the Tourist Office. HUNTSMAN: Off The Rails, 6-8.30pm. **KINSALE HARBOUR** CRUISES: Departs beyond Actons 2pm, 3pm, 4pm.

TUES 4th JUNE

ARMADA: The Ferrymen, 8pm. BLUE HAVEN: Sonny & Friends, 9pm. DERMOT RYAN'S HERITAGE TOWN WALK: 10.30am, Tourist Office. DON & BARRY'S HISTORIC STROLL: 9.15am & 11.15am from the Tourist Office. **KINSALE ACTIVE** RETIREMENT ASSOCIATION: Louise Buckley & colleagues from Kinsale Holistic Centre. 2pm, Temperance Hall.

KINSALE HARBOUR CRUISES:

Departs beyond Actons. 2pm, 3pm, 4pm,

WED 5th JUNE

ARMADA: Allsorts, 8pm. BLUE HAVEN: Amerchanics, 9pm. DERMOT RYAN'S HERITAGE TOWN WALK: 10.30am. Tourist Office. DON & BARRY'S HISTORIC STROLL: 9 15am & 11 15am from the Tourist Office. **FINTAN LYNCH** HAIRDRESSING: Save the date for our Official Launch as Kinsale's First Organic

Hair Salon and a celebration of our 20th Birthdayl KINSALE HARBOUR CRUISES:

Departs beyond Actons. 2pm, 3pm, 4pm. WHITE HOUSE: Pet the Goose, 9pm.

THUR 6th JUNE

ARMADA: Trad Session, 8pm. BLUE HAVEN: Traditional Irish Music, 9pm.

DERMOT RYAN'S HERITAGE TOWN WALK: 10.30am Tourist Office. DALTON'S BAR: Traditional music. DON & BARRY'S HISTORIC STROLL:

9.15am & 11.15am from the Tourist Office. HAMLETS:

Mike and guest, 9pm. **KINSALE HARBOUR** CRUISES:

Departs beyond Actons. 2pm, 3pm, 4pm. **KINSALE TIDY TOWNS:** Meet at Car Park, Church Square, 7pm. WHITE HOUSE: Two of a Kind, 9pm.





Enjoy your favourite beverage at the FOREDECK BAR

by the water's edge, relaxing setting and great place to enjoy the sunshine.



WHARF TAVERN Full Bar Menu available

12pm – 9pm

Look out for our tempting Evening Specials!

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