Volume 33 #**20/22** Thurs 19th May

TO
Thurs 26th
May
2022

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SAT MAY 28, 2022 9.30-5 VENUE - KINSALE COLLEGE, BANDON ROAD, KINSALE, CO. CORK

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HALF-DAY DROP-IN SESSIONS FOR ADULTS/TEENS & FAMILIES: 2-5pm

- June 10, 13, 17
- July 1, 8, 11, 15, 18, 25
- August 1, 5, 8, 12, 15

ONE-DAY CLASSES FOR ADULTS/TEENS

- June 11 & 20 July 4, 16 & 29
- August 6, 14 & 26
- Sept 25, Oct 16, Nov 12, Dec 11

WEEKLY CRAFTS CLASSES FOR CHILDREN (Fri) FROM JULY 1st

- 9-14s: 10am-1pm 5-9s: 2-4pm
- Bookable in 4-week blocks

AFTER-SCHOOL CRAFTS CLASSES (Weds) FROM SEPT 14th

- 9-14s: 4.45-6.15pm
- 5-9s: 3.00-4.30pm
- Bookable in 6-week blocks

4-DAY SUMMER SCHOOLS FOR ADULTS/TEENS

• July 24-27, July 22-25, August 19-22

POTTERY WEEKENDS

 May 21-22, July 9-10, Sept 17-18, Oct 29-30, Nov 26-27

ONE DAY WORKSHOPS

RESTORING BALANCE

July 16th & August 21st, 10am - 4pm.

INTRODUCTION TO CALMING STRESS

June 26th, 10am - 4pm.

BESPOKE PRIVATE GROUP WELLNESS DAYS

Discuss with Valerie to arrange.

6 WEEK CALM SPACE PROGRAMME

Level 1: Sept 27th, 7.30-9pm. Level 2: Sept 28th, 7.30-9pm.

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Friday from 10.00pm

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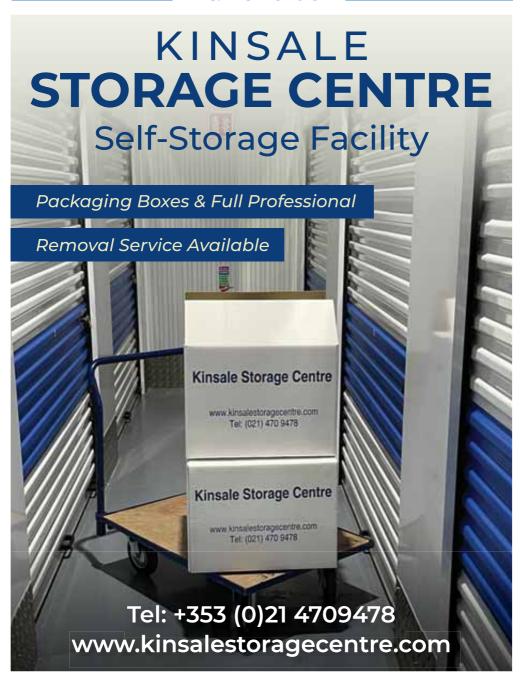
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Tues: 9.30am Bootcamp @ Dock Beach

8pm Body Sculpt @ Madden Park

Wed: 6.15am Zoom Strength & Conditioning

Thur: 9.30am Zoom/Gym Strength & Conditioning

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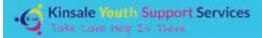
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www.facebook.com/KinsaleVoices/ New Members Welcome to join in September.



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Thursday: Closed

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Closed for lunch 1pm-2pm. Closed weekends & bank holidays.

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Streetscape Painting, Signage & Improvement Scheme 2022

Bandon Kinsale Municipal District of Cork County Council is pleased to announce the following schemes to promote town centre regeneration and business growth in Bandon & Kinsale Municipal District for 2022

- 1. Tenants or owners of buildings can avail of a grant of up to 50% of the full cost of painting the facades along the street which may include paint, labour, scaffold/hoist and other materials etc. Priority will be given to full facade i.e. shop fronts and overhead. Two quotations from registered painting contractors will be required.
- 2. Applications on a full street basis (10 or more adjacent buildings on one street) will be prioritised over individual applications. If a full street comes together a grant of 60% will be provided.
- 3. Tenants or owners of buildings in the Town Centre can avail of a grant of up to 50% of the costs of replacing existing plastic, neon & printed signs etc. with "Heritage Type Signs".
- 4. A contribution to a maximum of 100% will be paid towards the cost of materials where it is proposed the tenant/owner will undertake the works themselves.

Deadline for receipt of applications is Friday 24th June 2022.

Application forms and further details of the Scheme can be obtained from the Municipal Hall, Kinsale on 021 4772154

or bandonkinsalemd@corkcoco.ie



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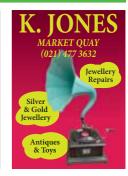






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Hourly rate: €11.20

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- · Previous experience in a similar role preferred.
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- · Own transportation to Kinsale essential.
- · Must be available to work weekends.
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Full training provided.

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Cleaning staff required for large local pharmaceutical plant in Kinsale area to cover services between 8:00am - 7:30pm. Monday - Friday.

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Weekend work also available.

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Meet new people and learn new skills.

Cashiers needed.

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"Kinsale's single best attraction" Rick Steves

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Kinsale Active Retirement Association

Temperance Hall
Tuesday 24th May, 2.15pm
Talk with Garda David Kelly

He will share ways to keep safe and guard against scams and fraud.

DERMOT RYAN'S HERITAGE TOWN WALKS



"Best Guide in Ireland" Irish Independent "Kinsale's Top Attraction" TripAdvisor "Best value €5 in Ireland" Sunday Times



2021

10.30am Daily (or by appointment)
From the Tourist Office
Adults: €5 Children: Free
Call 086 826 7656

Kinsale's Top Attraction - Fáilte Ireland

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Adrian Neville 087 7372679

A big screen picture show around the story of Kinsale and the history of Ireland

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Miraculous Prayer

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it.

Then in his merciful eyes it will become your favour, not mine, Amen.

Say this prayer for 3 days, promise publication and the favour will be granted, no matter how impossible. Never known to fail.

KINSALE BAPTIST CHURCH Sundays, 11am

Temperance Hall
All welcome
www.kinsaleabc.ie



WHAT'S ON in Kinsale & District

Thurs 19th May **BLUE HAVEN:** Arundo, 8.30pm. **DERMOT RYAN'S HERITAGE TOWN** WALKS: 10.30am, Tourist Office. Or by appointment. 086 8267656. **DON & BARRY'S** HISTORIC STROLL: 9.15am & 11.15am, Tourist Office. KINSALE TIDY TOWNS Litter picking, 7pm from Kinsale Tidy Towns Steel Shed at Church Square Car Park. STRONGER WITH SIOBHAN: 9.30am: Zoom/Gym Strength & Conditioning. 7pm: Strength Circuits @ St. Multose Hall. 087 2771899. THE KINSALE STORY A Big Screen Picture Show - Adrian Neville. Temperance Hall, 3pm.

Fri 20th May ARMADA BÁR: Live music. **BLUE HAVEN:** Traditional Duo, 10pm. **DERMOT RYAN'S** HERITAGE TOWN WALKS: 10.30am, Tourist Office. Or by appointment. 086 8267656. **DON & BARRY'S** HISTORIC STROLL: 9.15am & 11.15am. Tourist Office. THE KINSALE STORY A Big Screen Picture Show - Adrian Neville. Temperance Hall, 3pm.

Sat 21st May ARMADA BÁR: Live music. **BLUE HAVEN:** Mike O'Riordan, 8,30pm.

DERMOT RYAN'S HERITAGE TOWN WALKS: 10.30am, Tourist Office. Or by appointment. 086 8267656. **DON & BARRY'S HISTORIC STROLL:** 9.15am & 11.15am. Tourist Office. HAMLETS: DJ, 10pm. KINSALE POTTERY: Pottery Weekend. Phone: 087 9696901 www.kinsaleceramics.com KINSALE RFC: Girl's Ruaby. Come and give it a try. Contact 085 1546220. KINSALE VOICES & DUBLIN WELSH MALE **VOICE CHOIR:** St. Multose Church. 7.30pm. Admission free. Retiring collection in aid of KYSS. STRONGER WITH SIOBHAN: 8am: Hardcore Bootcamp. 9am: Beginner's Bootcamp. Dock Beach. THE KINSALE STORY A Big Screen Picture Show - Adrian Neville. Temperance Hall, 3pm.

Sun 22nd May ARMADA BAR: Live music. **DERMOT RYAN'S** HERITAGE TOWN WALKS: 10.30am, Tourist Office. Or by appointment. 086 8267656. **DON & BARRY'S** HISTORIC STROLL: 11.15am, Tourist Office. KINSALE BAPTIST CHURCH: Temperance Hall, 11am.

KINSALE POTTERY: Pottery Weekend. Phone: 087 9696901 www.kinsaleceramics.com THE KINSALE STORY A Big Screen Picture Show - Adrian Neville. Temperance Hall, 3pm.

Mon 23rd May **BLUE HAVEN:** Ben & Clem. 8.30pm. **DERMOT RYAN'S HERITAGE TOWN WALKS:** 10.30am, Tourist Office. Or by appointment. 086 8267656. **DON & BARRY'S** HISTORIC STROLL: 9.15am & 11.15am. Tourist Office. STRONGER WITH SIOBHAN: 6.15am: Zoom Strength & Conditioning. 087 2771899.

Tues 24th May **BELGOOLY SHOW:** Last day for entries. www.belgoolyshow.com **DERMOT RYAN'S** HERITAGE TOWN WALKS: 10.30am, Tourist Office. Or by appointment. 086 8267656. **DON & BARRY'S** HISTORIC STROLL: 9.15am & 11.15am. Tourist Office. KINSALE ACTIVE RETIREMENT ASSOC.: Temperance Hall, 2.15pm. Talk with Garda David Kelly. KINSALE HEALTH HUB: 4 Wk Mindfulness Course. info@kinsalehealthhub.com STRONGER WITH SIOBHAN: 9.30am: Bootcamp @ Dock Beach. 8pm: Body Sculpt @ Madden Park.

Wed 25th May **BLUE HAVEN:** Mike O'Riordan, 8,30pm. **DERMOT RYAN'S** HERITAGE TOWN WALKS: 10.30am, Tourist Office. Or by appointment. 086 8267656. **DON & BARRY'S** HISTORIC STROLL: 9.15am & 11.15am, Tourist Office. STRONGER WITH SIOBHAN: 6.15am: Zoom Strength & Conditioning. 087 2771899. THE KINSALE STORY A Big Screen Picture Show - Adrian Neville. Temperance Hall, 3pm.

Thurs 26th May **BLUE HAVEN:** Arundo, 8.30pm. **DERMOT RYAN'S HERITAGE TOWN WALKS:** 10.30am. Tourist Office. Or by appointment. 086 8267656. **DON & BARRY'S HISTORIC STROLL:** 9.15am & 11.15am. Tourist Office. KINSALE TIDY TOWNS Litter picking, 7pm from Kinsale Tidy Towns Steel Shed at Church Square Car Park. STRONGER WITH SIOBHAN: 9.30am; Zoom/Gym Strength & Conditioning. 7pm: Strength Circuits @ St. Multose Hall. 087 2771899. THE KINSALE STORY A Big Screen Picture Show - Adrian Neville. Temperance Hall, 3pm.

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