

FREE

KINSALE Advertiser



Volume 31
#20/20

Fri 21st
August
TO
Thurs 27th
August
2020

including the Guide to **WHAT'S ON** in Kinsale & District

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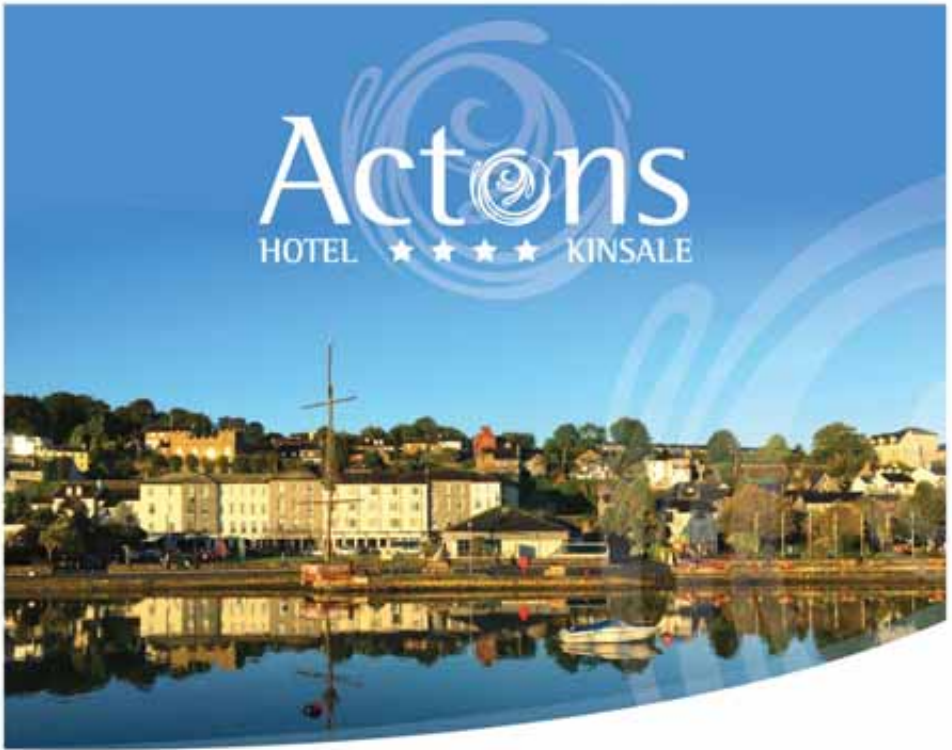


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- Elbow/Wrist Problems
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- Postural Distortions
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7th - 12th SEPTEMBER BOOKING ESSENTIAL
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Let your child's star shine bright at Super Stars!



Monday	Moderne Dance	3.15pm-4.05pm 4.20pm-5.20pm 5.35pm-6.35pm	5-8 years 9-11 years 12 years plus	Jane
Tuesday	Drama/MT Drama/MT Drama/Youth Theatre	4.30pm-5.30pm 5.40pm-6.40pm 6.50pm-7.50pm	6-9 years 10-13 years 13 years plus	Donna
Tues/Wed	Music Lessons Piano, Vocal, Guitar 2 Rooms	Piano from 2pm Guitar 4pm-5pm Wed. & 5.15pm-6.15pm Wed.	7 years plus	Dee & Ray
Thursday	Musical Theatre/ Drama Company Class	3pm-3.50pm 4.05pm-5.05pm 5.10pm-6pm 6.10pm-7.40pm	3-6 years 7-10 years 11 years plus Auditioned class	Marissa
Friday	Gymnastics Floor	4.20pm-5.20pm 5.30pm-6.30pm	5-7 years 8-12 years	Aisling
Saturday	Acro Dance	9.30am-10.20am 10.35am-11.35am 11.50am-12.50pm 1.05pm-2.05pm	3-6 years 7-9 years 10 years plus Advanced	Chloe & Devon

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Acknowledgement & First Anniversary of Pat Kennedy 1, Ballinacubby Estate, Kinsale



Sadly missed by Sheila, his brothers and sisters, we would like to thank all those who attended his removal and funeral from near and travelled long journeys to be with us, those who sent Mass Cards, Sympathy Cards, flowers and messages of condolences.

Thank you to Gabriel O'Donovan Undertakers for their support.

Thank you to the doctors and nurses at C.U.H., and also the doctors at the Medical Centre Kinsale for their care of Pat.

We extend our utmost gratitude to Fr. Young, the choir and especially Michael Ahern who sang at the Mass.

We would like to express our deepest gratitude to Pat's great neighbours for always looking out for him, thank you.

Thanks to Ciaran Fitzgerald and all the staff at Hamlets for the lovely food and service.

Mass will be offered for your intentions.



Kennedy's OPTICIANS

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Friday: 8.30am - 5.30pm Saturday: 9.30am - 2pm



including the Guide to WHAT'S ON in Kinsale & District



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Carvery (Lunchtime favourite): 12.30pm - 2.30pm

Evening: 5.00pm - 9.00pm



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First draw tonight, Thursday 20th August.

€20,000
JACKPOT

Weekly Lotto Play PRIZE WINS €50, €25, €25

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- THE WHITE HOUSE, Pearse St.
- BANDON CO-OP, Farm Lane
- THE MARKET GARDEN, Pearse St.
- KITTY O'SÉ'S, Pearse St.
- BEL AMI HAIR STUDIO, Pearse St.
- MURPHY'S GROCERS, Pearse St.

You can also purchase a ticket online at www.kinsalerfc.com

€24 for 12 weekly draws

€50 for 26 weekly draws (one free)

€100 for 52 weekly draws (two free)

Thank you for your support.

Lotto players must be 18 years of age or over.



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Sunday 23rd August, 12pm - 5pm

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1 hour per week
One-to-one
(Face to face or via Zoom)

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- **How anxiety is maintained.**
- **Tools and techniques to address anxiety.**
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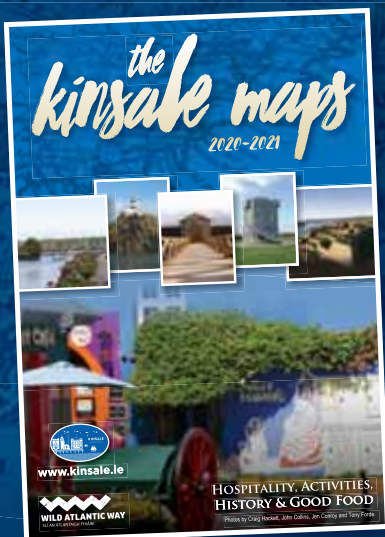
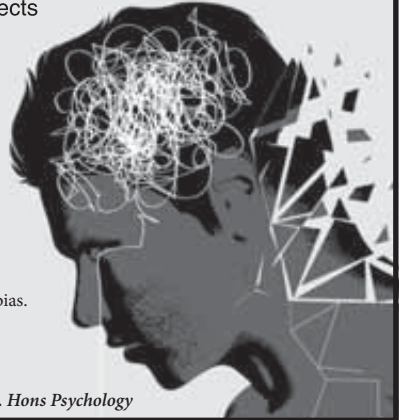
The programme is suitable for people experiencing mild to moderate anxiety.

Cognitive Behavioural Therapy (CBT) is a very specific form of therapy that is used to treat many types of mental health problems. Research shows that it is very effective for a wide range of disorders, from anxiety to depression to phobias.

FOR ENQUIRIES CALL 087 1201391

Email: cboshaughnessy@gmail.com

Cara Bourke O'Shaughnessy MA Counselling & Psychotherapy, Bsc. Hons Psychology



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Just to let you know, business is as usual at the Salon. Hopefully we will have another hairdresser shortly, but for now don't forget the services we offer...

**Relaxing Facials... IPL Laser...
Microblading... Waxing...**

All Nail Treatments... Fab Pedicures, etc

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The logo for Elite Dry Cleaners features the word "Elite" in a large, elegant, white cursive script. Above the letter 'i' in "Elite" is a bright, multi-pointed starburst light effect. Below "Elite" are the words "DRY CLEANERS" in a bold, white, sans-serif, all-caps font.

Elite

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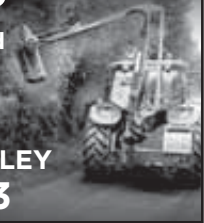
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Year Round Position

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are currently looking for a
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Please contact Marie Lovell
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- Full time hours
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Please apply with CV to Box No. 07/20
c/o Kinsale Advertiser, Market Square, Kinsale
or email info@kinsaleadvertiser.com (Ref. 07/20)

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Childcare

CHILDMINDER REQUIRED

Enthusiastic person required to mind
one child (aged 5)

3 afternoons per week. Non-smoker.

Preferably in child's own home.

Own car required.

Dunderrow area.

**Please call 087 6209009
after 6pm for more info.**

CHILDMINDER REQUIRED

5 afternoons per week (Mon-Fri) preferably in our
own home in Kinsale, starting end of August for
two children (5 & 7). Own transport required.

Contact 087 1325639

Childcare

LOOKING FOR A KIND, RELIABLE CHILDMINDER TO LOOK AFTER OUR 20 MONTH OLD SON IN OUR HOUSE IN KINSALE TOWN.

Part time hours; Monday & Tuesday 9am- 2pm
& Wednesday 9am-5:30pm.

Call / text Aisling on 087 6982561

Childminder Required

4 afternoons per week (Mon – Thurs) in our own home in Kinsale, starting the end of August.
3 children aged 6, 4 & 3. Own transport preferable.

Contact 086 8591284

Notices

KINSALE HARBOUR CRUISES

Departure beyond Actons Hotel on board 'Spirit of Kinsale'

1pm, 2pm, 3pm, 4pm & 5pm: Mon to Fri
12pm, 1pm, 2pm, 3pm, 4pm & 5pm: Sat & Sun

See sandwich board at Tourist Office & Pier Rd. for updates

Cruises are subject to weather and tide

T: 086 250 5456

www.kinsaleharbourcruises.com

KINSALE HERITAGE TOWN WALK

TOURIST OFFICE, 10.30am

"Best tour guide in Ireland"

Irish Independent

Phone: 086 8267656

Miraculous Prayer

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it.

Then in his merciful eyes it will become your favour, not mine, Amen.

Say this prayer for 3 days, promise publication and the favour will be granted, no matter how impossible. Never known to fail.

EXCEPTIONAL CARER

Qualified with many years of experience in Dementia Care / Stroke / Frail Care / Palliative Care. Local references. Available for overnight care.

Call 087 9555180

FACE MASKS FROM €3-€4

+ BACK TO SCHOOL AT KINSALE DISCOUNT STORE

Kinsale Men's Shed

VIRTUAL EGM

To discuss plans for acquisition of the new premises.

Monday 31st August, 7pm
on Zoom

<https://us02web.zoom.us/j/86952725878>

Info from Mark Reilly (Secretary) 087 0965400



Are you concerned about the well-being of any young person?

**FOR FREE & CONFIDENTIAL ADVICE & SUPPORT
CONTACT GER ON 085 872 5789**

WHAT'S ON in Kinsale & District

THUR 20th AUGUST

BANDON CO-OP & HOMEVALUE:

Back to School:
25% Off Sistema
until 22nd August.

GALLERY 23:

Kit French Exhibition.

KINSALE HARBOUR CRUISES:

1pm, 2pm, 3pm,
4pm & 5pm.

Beyond Actons.

KINSALE HERITAGE TOWN WALK:

Tourist Office, 10.30am.

KINSALE RFC LOTTO:

The Kinsale RFC
Development Lotto
is back.
First draw is tonight.

KINSALE TOWN CENTRE:

Free parking until the
end of August.

O'CONNOR'S PHARMACY:

Clarins Promotion
until 22nd August.

FRI 21st AUGUST

GALLERY 23:

Kit French Exhibition.

KINSALE HARBOUR CRUISES:

1pm, 2pm, 3pm,
4pm & 5pm.

Beyond Actons.

KINSALE HERITAGE TOWN WALK:

From the Tourist
Office, 10.30am.

TRUCOLOUR PAINTS, CARRIGALINE:

Colour consultant/
interior designer
Gwen McCarthy
9.30am - 12.30pm.

SAT 22nd AUGUST

BANDON CO-OP & HOMEVALUE:

Sale until 29th August.

GALLERY 23:

Kit French Exhibition.

KINSALE HARBOUR CRUISES:

12pm, 1pm, 2pm,
3pm, 4pm & 5pm.

Beyond Actons.

KINSALE HERITAGE TOWN WALK:

From the Tourist
Office, 10.30am.

SUN 23rd AUGUST

GALLERY 23:

Kit French Exhibition.

KINSALE HARBOUR CRUISES:

12pm, 1pm, 2pm,
3pm, 4pm & 5pm.

KINSALE HERITAGE TOWN WALK:

From the Tourist
Office, 10.30am.

KINSALE HOTEL & SPA:

Wedding Showcase.
2pm - 5pm.

MON 24th AUGUST

ATLANTIC OFFSHORE ADVENTURES:

Adult & Family Lessons
& Tours from today.

GALLERY 23:

Kit French Exhibition.

KINSALE HARBOUR CRUISES:

1pm, 2pm, 3pm,
4pm & 5pm.

Beyond Actons.

KINSALE HERITAGE TOWN WALK:

From the Tourist
Office, 10.30am.

TUES 25th AUGUST

KINSALE HARBOUR CRUISES:

1pm, 2pm, 3pm,
4pm & 5pm.

Beyond Actons.

KINSALE HERITAGE TOWN WALK:

From the Tourist
Office, 10.30am.

WED 26th AUGUST

KINSALE HARBOUR CRUISES:

1pm, 2pm, 3pm,
4pm & 5pm.

Beyond Actons.

KINSALE HERITAGE TOWN WALK:

From the Tourist
Office, 10.30am.

THUR 27th AUGUST

KINSALE HARBOUR CRUISES:

1pm, 2pm, 3pm,
4pm & 5pm.

Beyond Actons.

KINSALE HERITAGE TOWN WALK:

From the Tourist
Office, 10.30am.





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