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SUNSET SESSIONS

FRIDAY MAY 1

DJ CARL D'ALTON

FRIDAY MAY 8

DJ EDDIE KAY

FRIDAY MAY 15

DJ DARREN

FRIDAY MAY 22

DJ STUART

FRIDAY MAY 29

DJ JUS

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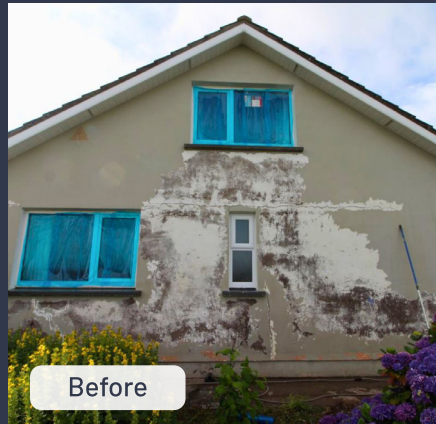
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Begin with a **deeply relaxing body massage** using nourishing oils to ease muscle tension, improve circulation & bring a sense of calm to both body & mind. Followed by a **revitalising, soothing facial** tailored to your skin's needs, helping to hydrate, brighten & restore a healthy spring glow.

[comfort zone]

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Images: gromaxstudio & freepik, www.freepik.com

Offers available Monday to Friday only, May 2026.

For more details, contact us on 021 470 6000 or spa@hotelkinsale.ie



KINSALE RUGBY **SEVENS** 2026

Saturday 2nd & Sunday 3rd May

THIS WEEKEND!

The Kinsale Sevens is back and ready to go!

We look forward to providing a legendary West Cork welcome to rugby teams and fans as Europe's finest Sevens tournament kicks off in our fabulous seaside home.

If you're coming to Kinsale for this festival of rugby, here's what you need to know:

- **Over 60 teams will be participating over 3 tournaments, and 2 days:**
Teams from Ireland, UK, Europe and the Middle East will take part. 3 competitions: Elite Mens, Ladies and Mens Social. There are also Mixed Ability games! More info on the event is available at www.kinsale7s.com
- **Entry is by online ticket only!**
You need to buy your ticket online to enter as a spectator. Weekend or day passes are available at www.kinsale7s.com/tickets/
- **Remember this is an over 18s event!**
Aside from the rugby, there will be plenty of entertainment all weekend at the rugby venue.
- **Come for the rugby, stay for the fun!**
Those who travel to our town to enjoy a great weekend of sport and socialising are more than welcome. Gardai and security staff will be present to ensure everyone enjoys a safe weekend full of entertainment. Let's make sure 2026 is no different!

Our small town is full of great food and drink businesses that are excited to host you. Please remember to be respectful to our town while you visit.

The Kinsale Sevens has a long history of bringing people together, forging lasting friendships and showcasing great rugby.



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June 19th	Meliora & Olympia Quartets
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Hegarty Horgan Solicitors LLP Welcomes Two Award Winning Solicitors

Hegarty Horgan Solicitors LLP is celebrating this month, with two of its own officially qualifying as solicitors.



Clodagh O'Gorman, who joined the firm in 2021, and Leigha Wright have both completed their training with Hegarty Horgan and are already well known to many local clients. Both have built strong reputations for their practical, client-focused approach across areas including conveyancing, litigation and family law.

The achievements don't stop there. Clodagh was awarded the Law Society of Ireland Skills Prize for Advocacy, while Leigha received the Law Society of Ireland Findlater Prize — given to the trainee solicitor who achieves the highest overall marks nationally across the Professional Practice Course. A remarkable distinction for a Kinsale firm.

Managing Partner Gary O'Sullivan said the firm was "extremely proud" of both solicitors and that their qualification was "thoroughly deserved."

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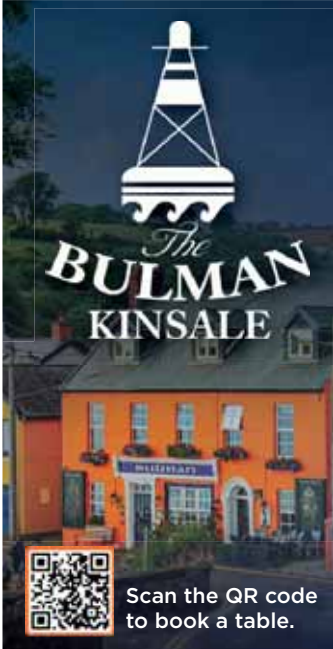
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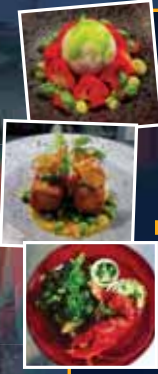
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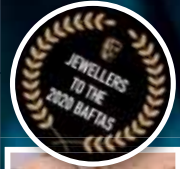
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**Servicing and parts available
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Cabinet Making • 1st & 2nd Fix • Roofs
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**DOUBLE ROOM
TO LET**

Kinsale Town Centre.
Suitable for female professional.
Non-smoker.
€185 p/w (bills included).
Available from 15th May.
Text **087 4737316**

**HOUSE
WANTED
(ANY CONDITION)**

*Cash buyer seeking detached
property near Kinsale or
surrounding areas for local
family home.*

*Old or derelict properties welcome
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Direct sale, privacy guaranteed.

Call or Text anytime
Dan: 087 2513796

CHILDCARE

**Mary's Baby
& Toddler Group**

TEMPERANCE HALL, P17 FD66

TUESDAY 5th MAY

9.30am - 11.30am

€3



Have a cuppa & snacks with other parents
while you watch your child play & interact.

FOR INFO CALL MARY @ 085 745 9011

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**SHOP ASSISTANT
REQUIRED**

Would suit mature person
Must have fluent English

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Foot Health Care Practice

Your Feet First

FOOT CARE:

- Nail Cutting
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- Foot Care Advice

Open for bookings at

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Emmet Place

Call Maeva

087 9972270



NOTICES



Kinsale Active
Retirement Association

Tuesday 5th May
Temperance Hall, 2.00pm

Aisling from Age Action

**What services are available
as we get older.**

Miraculous Prayer

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it. Then in his merciful eyes it will become your favour, not mine, Amen.

Say this prayer for 3 days, promise publication and the favour will be granted, no matter how impossible. Never known to fail. NW

DON & BARRY'S HISTORIC STROLL

**DAILY TOURS AT 11.15am
FROM THE TOURIST OFFICE**
& (from May 1st, Mon-Sat)
9.15am Early Bird Tour

"Excellent... Kinsale's single best attraction... A joy... Be sure to take it"

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#1 Kinsale Tour



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**Open your home to a
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(Also school year)

*What they need most is not just a
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Ready to be part of it?

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info@learning-idiomas.com

KINSALE BAPTIST CHURCH

Every Sunday, 11am
Sáile Community Rooms

All welcome
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ALL SCRAP
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TOP PRICES PAID**

Call 085 232 8519

ST. MULTOSE AMBLE

30 Minutes Guided Tour

Every Monday & Thursday at 3pm

Donations welcome for church upkeep.

**Support for those
caring for someone
with Dementia**

FREE 6 WEEK EVENING COURSE

Every Tuesday at 7pm

From 5th May to 9th June 2026

Haven Bay Care Centre

**Learn practical care skills and
emotional support strategies**

REFRESHMENTS PROVIDED



**SUSAN RYAN
OCCUPATIONAL THERAPIST**

Contact Susan to register
089 430 3880



SUNDAY 3rd MAY, 8am-2pm

Gates open for sellers 7.30am

CAR BOOT SALE

BELGOOLY GAA PITCH

Contact: 087 1382493

WHAT'S ON in Kinsale & District

THUR 30th APRIL

BLUE HAVEN:

Bear Bojack, 8.30pm.

DON & BARRY'S

HISTORIC STROLL:

11.15am, Tourist Office.

LUCY FRENCH

SCHOOL OF

DANCE PRESENTS

'ON STAGE':

Sáile Community

Centre,

Doors 6.30pm,

Starts 7pm sharp.

Tickets from The

Boathouse Gallery

and Lucy French

School of Dance.

ST. MULTOSE

AMBLE:

30min Guided Tour

at 3pm.

Donations welcome

for church upkeep.

FRI 1st MAY

BLACKS BREWING

& DISTILLING:

Sunset Session with

DJ Carl D'Alton.

7.30pm-10.30pm.

Food Truck serving

3.00pm-9.00pm.

BLUE HAVEN:

Bo Collins, 9.30pm.

DON & BARRY'S

HISTORIC STROLL:

9.15am & 11.15am,

Tourist Office.

HAMLETS:

DJ Damien.

KINSALE

MEN'S SHED:

Get-together,

10am-12pm.

LUCY FRENCH

SCHOOL OF

DANCE PRESENTS

'ON STAGE':

Sáile Community

Centre,

Doors 6.30pm,

Starts 7pm sharp.

Tickets from The

Boathouse Gallery

and Lucy French

School of Dance.

Kinsale Rugby 7s

SAT 2nd MAY

BLUE HAVEN:

Crazy Chester, 10pm.

CRAFT FAIR:

Temperance Hall.

10am-5pm.

DON & BARRY'S

HISTORIC STROLL:

9.15am & 11.15am,

Tourist Office.

HAMLETS:

DJ Paul Martin.

KINARI BOUTIQUE:

Final day of

closing down sale.

www.kinariboutique.com

KINSALE

RUGBY 7S:

Europe's finest

7s Tournament.

Weekend/Day

Passes available at

www.kinsale7s.com/tickets/

Over 18s.

KINSALE

MEN'S SHED:

Walking, 10am-12pm.

LUCY FRENCH

SCHOOL OF

DANCE PRESENTS

'ON STAGE':

Sáile Community

Centre.

Matinee Show:

Doors 1.30pm,

Starts 2pm sharp.

Evening Show:

Doors 6.30pm,

Starts 7pm sharp.

Tickets from The

Boathouse Gallery

and Lucy French

School of Dance.

OSCAR MADISON'S:

DJ Anthony

Fleming,

9.00pm til close.

Kinsale Rugby 7s

SUN 3rd MAY

BLUE HAVEN:

Stevie G, 10pm.

BULMAN:

Bought & Sold,

7pm - 9pm.

CAR BOOT SALE:

Belgooly GAA

Pitch. 8am-2pm.

CRAFT FAIR:

Temperance Hall.

10am-5pm.

DON & BARRY'S

HISTORIC STROLL:

11.15am,

Tourist Office.

HAMLETS:

DJ Damien.

KINSALE BAPTIST

CHURCH:

Sáile Community

Rooms, 11am.

KINSALE

RUGBY 7S:

Europe's finest

7s Tournament.

Weekend/Day

Passes available at

www.kinsale7s.com/tickets/

Over 18s.

OSCAR MADISON'S:

DJ Anthony

Fleming,

9.00pm til close.

MON 4th MAY

BLUE HAVEN:

Ben & Clem, 8.30pm.

CRAFT FAIR:

Temperance Hall.

10am-5pm.

DON & BARRY'S

HISTORIC STROLL:

9.15am & 11.15am,

Tourist Office.

ST. MULTOSE

AMBLE:

30min Guided Tour

at 3pm. Donations

welcome for church

upkeep.

TUES 5th MAY

BLUE HAVEN:

Trad Duo, 8.30pm.

DON & BARRY'S

HISTORIC STROLL:

9.15am & 11.15am,

Tourist Office.

KINSALE ACTIVE

RETIREMENT

ASSOCIATION:

Temperance Hall,

2pm. Aisling from

Age Action.

KINSALE

MEN'S SHED:

Get-together.

7pm-9pm.

HAVEN BAR

CARE CENTRE:

Support for those

caring for someone

with Dementia.

Free 6 week

evening course.

7pm every Tuesday.

To register call

089 430 3880.

MARY'S BABY

& TODDLER GROUP:

Temperance Hall,

9.30am-11.30am.

Adm: €3.

Mary: 085 7459011

WED 6th MAY

BLUE HAVEN:

Mike O'Riordan,

8.30pm.

DON & BARRY'S

HISTORIC STROLL:

9.15am & 11.15am,

Tourist Office.

GRASS ROOTS

JUNIOR TENNIS

COACHING:

Enrolment 3.15pm

in Saile reception.

3.30pm: 5-8yrs.

4.30pm: 9-12yrs.

€65 for 5 weeks.

Contact Pat

083 0060139

KINSALE

MEN'S SHED:

Cards/45,

7.00pm-10.00pm.

THUR 7th MAY

BLUE HAVEN:

Bear Bojack,

8.30pm.

DON & BARRY'S

HISTORIC STROLL:

9.15am & 11.15am,

Tourist Office.

ST. MULTOSE

AMBLE:

30min Guided Tour

at 3pm.

Donations welcome

for church upkeep.

Best wishes to Kinsale Rugby 7s

gairdín

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Serra Dining Set: 6
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Opening Hours:
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Saturday 9am - 5pm.

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