

Stockists of 100 Stars | Animapop | Anita | Chantelle | Empreinte | Falke | Feria | La Fee Maraboutee | Lejaby | Miraclesuit | Part Two | Yawn | WAXX

1 Market Street, Kinsale, Co. Corl

Tel: +353 (0)21 470 9953 / +353 (0) 85 8886622 Email: info@kinariboutique.com www.kinariboutique.com

Est. 1992

Pearse Street, Kinsale KINSALE Tel: 021 4772788 DENTAL www.kinsaledental.ie Like us on **F** Facebook

#### **BACK TO SCHOOL! BACK TO HEALTHY HABITS!**

#### Family appointments available

Get those teeth checked out and cleaned for the new school year!

#### **USE YOUR PRSI ENTITLEMENT**

flexifi Partnering with Flexifi for Payment Plan Options

Treat your home to a smart and stylish interior makeover



**Blinds** • Plantation Shutters Wallpapers • Curtains & Fabrics Flooring • Patio Awnings



(021) 432 0111 • www.willowandweave.ie

Free Home Consultation On Blinds & Shutters





EMAIL: dandempseykinsale@gmail.com



Helton Heights, Kilmurriheen, Spur Hill, Co. Cork Call: 021 4885079 / 086 2505527 Email: David@LawnmowersCork.ie

Lawnmowers • Ride-ons • Robot Mowers • Zero Turn • Strimmers Chainsaws • Hedge Trimmers • Blowers • Power Washer • Hire

#### FACEBOOK COMPETITION THIS WEEK'S PRIZE: RUGBY BALL SIGNED BY TADGH FURLONG

Check our Facebook page: f www.facebook.com/lawnmowerspurhill



#### www.LawnmowersCork.ie

f 🔽 🗿 @kinsalenews #backstronger #shoplocal #supportlocal





We offer exterior coatings with high performance self-cleaning paint. Dirt is simply washed away by the falling rain, leaving the exterior looking as clean and bright as the day it was first painted. Our detailed preparations ensure a long-lasting finish, saving you time and money. We have over 800 colours to choose from, and provide free consultation to help you find the perfect shade to suit your home.

**CONTACT US TODAY FOR YOUR FREE DETAILED QUOTE!** 





INTERIOR & EXTERIOR / DECORATING / WALLPAPERING / HAND PAINTED KITCHENS

Summer Surf & Kayak Camps

VERY LIMITED AVAILABILITY

**IN AUGUST** All equipment and instruction provided

Enjoy a Taste of India at...

TANDOORI Multi-Award Winning Cuisine

of curry. We are sure you will be delighted. EARLY BIRD SPECIAL MENU Sunday-Thursday, 4pm-7pm

Take Away & Delivery Menu FREE DELIVERY IN THE KINSALE AREA **OPENING HOURS: 4pm-11pm, 7 Days A Week** 

obra

**BOOK ONLINE** @ www.atlanticoffshoreadventures.com For further info please call/text 087 9443796 GROUP, FAMILY AND CORPORATE ACTIVITIES AVAILABLE ON REQUEST



Atlantic

ADVENTURES

69 Main Street, Kinsale Phone 021 477 7911 or 021 477 7163

T: 021 4774313 E: info@kinsaleadvertiser.com W: www.kinsaleadvertiser.com



a world of choice ...

T: 021 491 9466 E: carrigalinefurniture@gmail.com W: carrigalinefurnitureandcarpets.ie Follow us on

Located next to the Carrigaline Court Hotel



Warm underfoot Quiet underfoot Waterproof Hygienic & easy to clean Doesn't chip or crack Lifetime guarantee

#### Understanding and Managing Anxiety

6 week course I hour per week One-to-one (Face to face or

via Zoom)

Anxiety is a normal human experience which we all experience. However, for some, it can be debilitating and intrusive in normal daily living.

This CBT-based anxiety management programme addresses your own personal experience of anxiety and covers many aspects including:

- Psycho-education.
- How anxiety is maintained.
- Tools and techniques to address anxiety.
- How to manage and decrease anxiety levels.

The programme is suitable for people experiencing mild to moderate anxiety.

Cognitive Behavioural Therapy (CBT) is a very specific form of therapy that is used to treat many types of mental health problems. Research shows that it is very effective for a wide range of disorders, from anxiety to depression to phobias.

#### For enquiries call 087 1201391

Cara Bourke O'Shaughnessy MA Counselling & Psychotherapy, Bsc. Hons Psychology



Pearse Street, Kinsale (above Eurospar)

After 12 years in Kinsale, Erika from The Kinsale Salon has decided to move back home to Hungary for good. I would like to thank all my clients for your support throughout the years. I'll miss you loads, as you are like my family.

#### **\*\* FOR SALE \*\*** FULLY EQUIPPED HAIR SALON in the heart of Kinsale town centre.

2 chairs and a basin (incl. towels, colours & finishing products) looking for its next owner/tenant as part of a full service salon with its busy clientele (and a social media page) built in the past 12 years.

Available from mid-August. Info: 087 2135404 Handyman Services

NO JOB TOO SMALL

HOUSEHOLD REPAIRS MAINTENANCE FURNITURE ASSEMBLY HOUSE PREP FOR SALE OR RENTAL + MUCH MORE

> CALL DAVE 086-8310493

RELIABLE & FULLY INSURED



#### WHITE HOUSE @ YOUR HOUSE!

#### NOW DELIVERING EVERYDAY FROM 5:30pm Order from our Website, Facebook or Instagram

NEW LOOK, NEW MENU, NEW SAFETY MEASURES FOR OUR CUSTOMERS AND STAFF

> Breakfast: 8am - 11.30am Full menu: 12pm - 10pm

> > Bookings advised but not essential

Your hosts the Frawley Family & Staff Tel: 4772125 www.whitehouse-kinsale.ie

*your local oil company* 



BANDON, CO. CORK Call us now, we would be delighted to hear from you! KINSALE: 021 477 7015 BANDON: 023 883 9383



Cars N.C.T.'d for you Vans D.O.E.'d for you

Damien Bowles or Adrian Wright T: 021 4700 811 M: 086 2544 297



#### Lower O'Connell Street, Kinsale, Co. Cork (Between Apache Pizza & The White Lady)

COMPUTER & LAPTOP REPAIRS

Spyware & Virus Removal • Data Recovery & Back-up Home & Business Networking • Computer Upgrades Home & Business On-Site Services

**COMPUTER SALES** 

Computers • Laptops • Printers • Accessories • Ink Toners

( 021 477 2042 087 807 3006 Email: Sales@CSonline.ie WWW.CSONLINE.IE



#### PLEASE NOTE:

Deadline for advert copy for our next issue is Tuesday 4th August at 12 noon.

But if you had it to us sooner that would be great!

Online every Wednesday In shops every Thursday T: 021 4774313 E: info@kinsaleadvertiser.com W: www.kinsaleadvertiser.com

C MOWERS CORK



Make your life a little bit easier with a robotic mower. Contact Fergal today to find out more!

> With Sales, Service & Parts; we would be delighted to assist your every need.

Fergal O'Hanlon: 087-923 7328 Barrack Lane, Kinsale, Co. Cork P17 VF97 info@corkmowers.com www.corkmowers.com





# BALLINACURRAHOUSE KINSALE Exclusive and Private

Launching this Bank Holiday Weekend Our Ballinacurra 'Living Room' Dining Experience Serving Friday, Saturday and Sunday

#### Get the full experience of our unique property

- Gates open at 6:00pm and you can book your slot to arrive anytime up to 7:00pm, & gates will then be closed so you can enjoy your private dining experience.
- Enjoy a walk in the gardens or wander the house. If the weather is nice we can give you a dedicated outdoor table to enjoy your drinks, so we advise you to arrive early.
- The first course of Grazing Plates will be served once you are settled at your table and we will take your orders for your choices in the following courses.
- The second course will be served from 7:30pm onwards, followed by the third & fourth courses.
- Then relax for the evening, and choose a Grazing Cheese Board, Tea and Coffee at your leisure.

# The 4 course tasting menu will run at weekends throughout August and September.

We have a variety of dining locations both indoors, under cover & outdoors.

Combination of Private Dining Rooms for larger groups who wish to dine in their own bubble.

#### PRE-BOOKING IS ESSENTIAL

For reservations call 021 477 9040 (9.00am - 5.00pm) or email info@ballinacurra.com

More information at www.ballinacurra.com



BANDON • ENNISKEANE • KINSALE

To all the dootors ♥ nurses ♥ medical staff ♥ sanitary workers ♥ bank staff ♥ civil service employees ♥ first responders ♥ mail carriers ♥ grocery workers ♥ pharmacy workers ♥ utility workers ♥ delivery drivers ♥ journalists

farmers V truckers V hospital staff V teachers

carers ¥ special needs assistants

and especially all our own Bandon Co-op staff members for keeping things going during these challenging times.

♥ #TogetherStrongerWestCork ♥



Kilbregen, Banden, Ce. Cerk t (923) 882 9030 Farm Lane, Kinsale, Co. Cork t (921) 477 4883 Enniskeane, Co. Cork t (923) 884 7866 Opening Hours Monday – Friday & 3Dam – 5.3Dpm Satarday Yam – Spm CLOSED FOR LUNCH 1pm – 2pm exty antil July 20th

👎 Like Us 🔰 Follow Us 🕜 Follow Us www.bandoncoop.ie

# Thinking about advertising?

When you advertise in the Kinsale Advertiser you get...

# PROFESIONAL AD DESIGN

Included in cost of advert.

# **ONLINE PRESENCE**

PDF goes online every Wednesday afternoon at www.kinsaleadvertiser.com

**PRINT** 2000 print copies distributed locally every Thursday afternoon.

# PROMOTION

Additional promotion on social media channels: Facebook, Twitter & Instagram.

Contact us now for details of our unbeatable rates. Discounts available for ad runs of 4 weeks or longer.

Market Square, Kinsale P17 AK11

info@kinsaleadvertiser.com
www.kinsaleadvertiser.com

@kinsalenews







**Bull Mastiff** 



Japanese Tosa American Bull Terrier In public these dogs should:



Rhodesian Ridgeback



Rotweiler

Staffordshire Bull Terrier

English Bull Terrier



Japanese Akita



German Shepherd

- (A) Be leashed and muzzled
- (B) Wear a collar with owner's name and address
- (C) Be accompanied by a >16 year old.

# Kinsale Fairy Kingdom Competition





#### ALVIN THE UNUSUAL OWL BOOK 2 X KIDS HOT CHOCOLATES + GIANT COOKIES From Cosy Café

All you have to do is find a blue, green, pink or yellow fairy door, take a pic of it and go to the Kinsale Fairy Kingdom Facebook page and follow the instructions there.



#### CLOSING DATE: Sunday, 2nd August at 10pm.

Competition open to Kinsale & surrounding area local residents only, so that delivery/collection of prize can be arranged. Winners announced on Facebook.







www.facebook.com/Kinsale-Fairy-Kingdom-109091524187370/



TAKE THE NEXT STEP! CALL JAMES FOR PATIOS, BRICK PAVING, STONEWORK, GARDENING ETC. 086 1799263 SMALL LORRY LOADS OF RUBBISH REMOVED

~ TOM KEOGH ~ ELECTRICAL SERVICES Belgooly, Kinsale Commercial & Industrial Electrical Contractor Fire Alarms, Emergency Lighting & Lightning Protection Tel: 021 477 0666 Mob: 087 277 2669

#### WASHING MACHINE SERVICES

FIXING OVENS, COOKERS, TUMBLE DRYERS, FRIDGES, DISHWASHERS, ETC...

**CONTACT: JODY DRENNAN** OF ABC DOMESTIC APPLIANCE REPAIRS LTD.

> M: 087 779 0804 T: 021 483 3032





f У 🖸 @kinsalenews

#backstronger #s

er #shoplocal #supportlocal





f 🔰 🔿 @kinsalenews









**KINSALE HERITAGE TOWN WALK TOURIST OFFICE, 10.30am** "Best tour guide in Ireland" Irish Independent Phone: 086 8267656

#### Miraculous Prayer

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it. Then in his merciful eyes it will become your favour, not mine, Amen. Say this prayer for 3 days, promise publication and the favour will be granted, no matter how impossible. Never known to fail. ROM



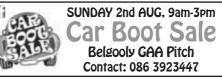
Are you concerned about the well-being of any young person? **FOR FREE & CONFIDENTIAL ADVICE & SUPPORT CONTACT GER ON** 085 872 5789

#### Miraculous Prayer

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it. Then in his merciful eyes it will become your favour, not mine, Amen. Say this prayer for 3 days, promise publication and the favour will be granted, no matter how impossible. Never known to fail. AC









#### LEAVING CERT BIOLOGY & JUNIOR CERT SCIENCE

Online via Zoom or Whatsapp Email: biologyscience2021@gmail.com Text: 085 2769922

Commencing soon 10 week sessions Places limited



Follow us on Social Media





@KinsaleNews /KinsaleNews

**KinsaleNews** 

www.kinsalenews.com

Whilst every care and attention is given to all advertisements published, we cannot take responsibility for the content or validity of these advertisements. If an advert has been proofed & cleared for publication by the advertiser, we cannot take responsibility for any errors.

#### WHAT'S ON in Kinsale & District

**THUR 30th JULY BLUE HAVEN:** Live music with Mike O'Riordan, 9pm. **KINSALE HARBOUR** CRUISES: 1pm, 2pm, 3pm, 4pm & 5pm. Departs beyond Actons. **KINSALE HERITAGE** TOWN WALK: From the Tourist Office. 10.30am. Call 086 8267656. **KINSALE TOWN** CENTRE: Free parking until the

end of August.

#### FRI 31st JULY

BALLINACURRA HOUSE, KINSALE: Launch of the 'Living Room' 4 course dining experience. For reservations call 021 4779040 (9-5pm) or email info@ballinacurra.com BIUF HAVEN: Live music with Colin Deady, 9.30pm. **KINSALE HARBOUR** CRUISES: 1pm, 2pm, 3pm, 4pm & 5pm. Departs beyond Actons.

KINSALE HERITAGE TOWN WALK:

From the Tourist Office, 10.30am. Call 086 8267656. TRUCOLOUR PAINTS, CARRIGALINE:

Colour consultant/ interior designer Gwen McCarthy in-store every Friday 9.30am - 12.30pm.

#### SAT 1st AUGUST

BLUE HAVEN: Charlie McCabe, 9.30pm. KINSALE HARBOUR CRUISES: 12pm, 1pm, 2pm, 3pm, 4pm & 5pm. Departs beyond Actons. KINSALE HERITAGE TOWN WALK: From the Tourist Office, 10.30am. Call 086 8267656.

#### SUN 2nd AUGUST BELGOOLY CAR

BOOT SALE: Belgooly GAA Pitch, 9am - 3pm. BLUE HAVEN: Live music with Kieran O'Leary, 9.30pm. KINSALE FAIRY DOOR COMPETITION: Deadline for entries is today at 10pm. See ad on page 16 for details. KINSALE HARBOUR

CRUISES: 12pm, 1pm, 2pm, 3pm, 4pm & 5pm. Departs beyond Actons. KINSALE HERITAGE TOWN WALK: From the Tourist Office, 10.30am. Call 086 8267656.

#### MON 3rd AUGUST

**BLUE HAVEN:** Live music with Mike O'Riordan, 9pm. **KINSALE HARBOUR** CRUISES: 1pm, 2pm, 3pm, 4pm & 5pm. Departs beyond Actons. **KINSALE HERITAGE** TOWN WALK: From the Tourist Office. 10.30am. Call 086 8267656. SUPERSTARS STAGE SCHOOL: Summer Camps. Mix Camp. 3 to 6 years. Runs until 7th August. 9.15am - 10.45pm or 9.30am - 11am. Gymnastics. 7 years +. Runs until 7th August. 11.30am - 2.30pm. Booking: www.superstarsstageschool.com 087 7933505

#### TUES 4th AUGUST

BLUE HAVEN: Live music with James O'Sullivan, 9pm. KINSALE HARBOUR CRUISES: 1pm, 2pm, 3pm, 4pm & 5pm. Departs beyond Actons. KINSALE HERITAGE TOWN WALK: From the Tourist Office, 10.30am. Call 086 8267656.

#### WED 5th AUGUST

Live music with Colin Deady, 9pm. KINSALE HARBOUR CRUISES: 1pm, 2pm, 3pm, 4pm & 5pm. Departs beyond Actons. KINSALE HERITAGE TOWN WALK: From the Tourist Office, 10.30am. Call 086 8267656.

#### THUR 6th AUGUST BLUE HAVEN:

Live music with Mike O'Riordan, 9pm. KINSALE HARBOUR CRUISES: 1pm, 2pm, 3pm, 4pm & 5pm. Departs beyond Actons. KINSALE HERITAGE TOWN WALK: From the Tourist Office, 10.30am.

Call 086 8267656.

**f y O** @kinsalenews

# Trucolour Paints Buying Paint Made Easy

Visit us today for all your paints, w<mark>allpapers, woodcare & decorating needs</mark>

EXPERT ADVICE • EXPERTS AT COLOUR MATCHING • EXTENSIVE CHOICES

# Summer is here...

Call and chat to Gwen McCarthy, our in-store Colour Consultant/ Interior Designer Every Friday, 9.30am to 12.30pm.

#### HOME • COMMERCIAL MARINE • FARMS

QUALITY SERVICE • QUALITY PRODUCTS COMPETITIVE PRICES • VALUE FOR MONEY

CROWN

Get the most out of Summer by calling into TruColour Paints now, for expert advice on how to refresh your decks, fences, garden furniture & exterior walls.



*<b>MUTON* 

**IOHNSTONES** 

#### FREE PARKING • FREE DELIVERY RIGHT TO YOUR DOOR

Dulux Colortrend

Kilnagleary Business Park, Crosshaven Road, Carrigaline Phone: 021 4834478 Fax: 021 4376952 Email: trucolourpaints@gmail.com www.trucolourpaints.com

OPEN: MON TO FRI 8am to 5:30pm. SAT 9am to 5pm

www.kinsaleadvertiser.com