

FREE

KINSALE Advertiser



Volume 34
#14/23
Thurs 6th
April
TO
Thurs 13th
April
2023

including the Guide to **WHAT'S ON** in Kinsale & District

Tel: 021 477 4313 :: Web: www.kinsaleadvertiser.com :: Email: info@kinsaleadvertiser.com

THE
BLUE HAVEN



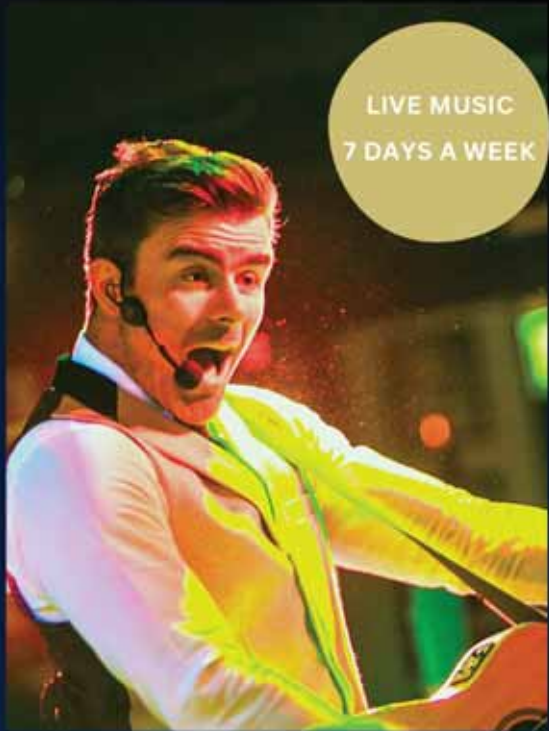
51° 42' 22.717" N 8° 31' 22.238" W

SATURDAY @ THE BLUE HAVEN

THE
**PAT
FITZ**
BAND

**SAT 8TH
10:00 PM**

LIVE MUSIC
7 DAYS A WEEK



Thursday	The Loungeman	8.00pm
Friday	Hugh Dillon Trio	9.30pm
Saturday	The Pat Fitz Band	10.00pm
Sunday	King K	10.00pm
Monday	Ben Dillon & Pat Carey	8.00pm
Tuesday	Jorge Kachmari	8.00pm
Wednesday	Mike O'Riordan	8.00pm



KINSALE DENTAL

Est: 1992

Pearse Street, Kinsale
Tel: 021 4772788
www.kinsaledental.ie

Like us on Facebook

We wish you a Happy Easter

From all at Kinsale Dental

DON'T LET SENSITIVE TEETH RUIN YOUR EASTER TREAT!

Avail of your PRSI subsidised exam
and partially subsidised hygiene treatment
in a combination appointment.

Let your tax work for you, call our team for more information.



Image by grommario - www.foto.com

Treat your home to a smart and
stylish interior makeover



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(021) 477 2121 Kinsale@mig.ie

Charles McCarthy Insurances Ltd 1/a McCarthy Insurance Group and McCarthy Financial Services are regulated by the Central Bank of Ireland.



KINSALE
HOTEL & SPA

Easter Sunday Lunch



3 COURSE LUNCH €35.95pp

**SERVED 9TH APRIL
12.30PM - 3.30PM**

KIDS
3-COURSE
BUFFET
€10pp

INCLUDING EASTER EGG

BOOK HERE



90 acres of mature wooded parkland & Oysterhaven Bay - side walks.
Panoramic views of Kinsale's countryside & rugged coastline from the restaurant.
Children's playground.

reservations@hotelkinsale.ie kinsalehotelandspa.ie T: 021 470 6000

PETER GRAY TENNIS



Cardio Tennis

*Social fun cardio tennis class for players of all ability levels.
Tennis experience not essential.*

Monday 3rd April - Limited spaces

Wednesday 5th April - Limited spaces

9.30am - 10.30am

Venue: Dunderrow €70 - 8 week course

Tuesday 11th April, 7pm - 8pm - Limited spaces

Venue: Sáile (Indoors) €80 - 8 week course



Junior Tennis Ten's

*Tennis Ten's is a fun introduction to tennis for juniors
played on smaller courts with slower balls suitable for
players of all ability levels.*

Wednesday 5th April - Limited spaces

3pm-3.45pm: Ages 6-8 yrs / 4.15pm-5pm: Ages 9-12 yrs

Venue: Dunderrow €70 - 8 week course

Beginners Adult Tennis Course

Sunday 16th April, 2pm - 3pm

Venue: Dunderrow €80 - 8 week course

PRIVATE LESSONS AVAILABLE: All Standards

Call Peter 087 966 0305

Licensed Tennis Ireland Coach

Garda vetted.



International child protection certificate.

**Racket Stringing Service
also available**



Deco-Furbish
Painters and Decorators

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087 384 9972
E: info@deco-furbish.com
W: www.deco-furbish.com

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- Interior Decorating
- Exterior Long-Lasting Coatings with Eco-Friendly Paint
- Kitchen Renovation
- Refurbishments
- Home Improvement Before Selling

CONTACT US FOR A DETAILED QUOTATION



New Shared Office Suite on the Pier overlooking Kinsale Marina and Harbour

Minimum 3 month contracts up to 12 months

Limited to 15 spaces

24/7 individual access

ENQUIRIES TO: pierprivatekinsale@gmail.com

Work overlooking the beauty of Kinsale
and the Wild Atlantic Way



TRIDENT

HOTEL ★ ★ ★ ★ KINSALE



HAPPY EASTER

JOIN US TO CELEBRATE

Enjoy morning coffee, homemade scones, lunch, carvery, evening specials and popular desserts from our extensive Wharf Tavern food and drinks menu.

GOOD FRIDAY

Catch of the Day: Pan-fried Seabass with Pesto Cream Reduction

EASTER SUNDAY

Special Dessert of the Day: Salted Caramel Chocolate Brownie

☎ 021 4779300 ✉ info@tridenthotel.com 🌐 www.tridenthotel.com

The
SUPPER CLUB
RESTAURANT **SC** COCKTAILS

We are open
Easter Sunday
from 5.30pm

Reservations: thesupperclubkinsale@gmail.com

Call: 021 4709233

Opening Times:
Tuesday to Saturday from 5.30pm

2 Main Street, Kinsale



Twitter: [@kinsalesupper](https://twitter.com/kinsalesupper)

Facebook.com/[thesupperclubkinsale](https://www.facebook.com/thesupperclubkinsale)





Premium Greenhouses & Conservatories



Established in 1999

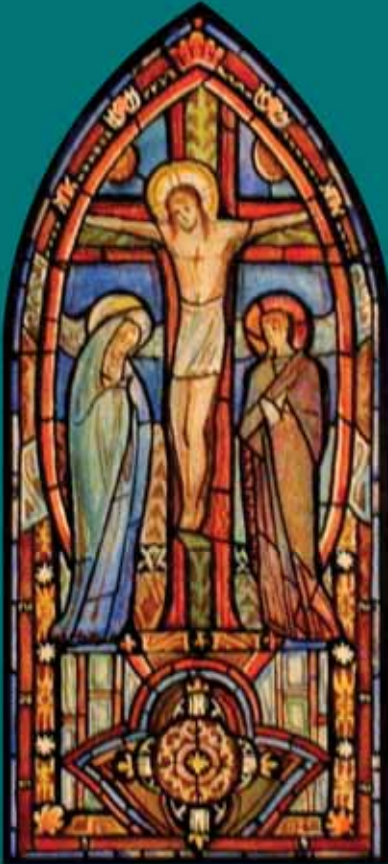
One of the leading greenhouse suppliers in Ireland
Exceptional quality and design from Hoklartherm
and KGT Germany, and Euro-Serre Belgium

Perfect for Kinsale's exposed coastal sites - references available

Great value and complete service - delivered to your home
and installed on site by our trained crew



Lisa Rauch & Hendrik Lepel - Peppermint Farm, Minane Bridge, Co. Cork
Email: enquiries@peppermintfarm.com • Tel: **086 379 6378**
www.peppermintfarm.com



THURSDAY 13th APRIL
Holy Thursday

Morning Prayer: 9.30am
Mass of the Lord's Supper 8.00pm
Night Prayer 10.00pm

FRIDAY 14th APRIL
Good Friday

Morning Prayer: 9.30am
Stations of the Cross 12.00pm
(Indoor & Outdoor)
Celebration of the Lord's Passion 3.00pm

SATURDAY 15th APRIL
Holy Saturday

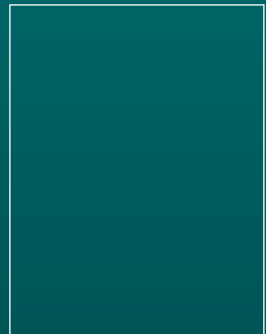
Morning Prayer: 9.30am
The Easter Vigil: 8.00pm

SUNDAY 16th APRIL
Easter Sunday

Morning Prayer: 10.30am
Solemn Sung Mass 11.00am

The Sacrament of Reconciliation will be available
in the Friary Church as follows:
Thursday & Friday: 10.00am - 11.30am
Saturday: 10.00am - 11.30am and 3.30pm - 4.30pm

MASS OFFICE & SHOP OPENING HOURS
Monday - Saturday 10.30am - 4.00pm
Closed: Easter Sunday and Easter Monday





Come and Experience
**THE EASTER
TRIDUUM**
AT KINSALE FRIARY



FOR FURTHER DETAILS PLEASE CONTACT:

Carmelite Friary, Kinsale, Co. Cork, P17 WR88

Phone: 021 4772138 Email: kinsale@carmelites.ie Website: www.carmelites.ie/kinsale

SERVICES WILL ALSO BE STREAMED LIVE AT:
<https://www.churchservices.tv/kinsalecarmelites>



Irish Guide Dogs for the blind

A huge Thank You
to all our sponsors below
and to the local people
who so generously donated
prizes for our recent
Bingo Night -
without you it couldn't happen!

All Black	Cooleez	Centra Kinsale
Tarmacadam	Lloyds	Jesk
Ltd	Pharmacy	Eileen's Beauty
Eurospar	Actons Hotel	Salon
Rogue Fitness	Bolands Kinsale	Daisychain
The Gallery	New Image Hair	Wild + Tame
The Flying Poet	Koko	Cosy Café
Fishy Fishy	Kitty O Sé	Bookstór
Paul the Barber	Eoin O'Connor	Barretts
Trespass	Swit Swoo	Butchers
The Good Fish	Moloney's	Footloose
Company	Pharmacy	Kinsale
Stone Mad	Supper Club	Aesthetic
Fishermans	Armada Bar	The Spaniard
Catch	Sams	The Bulman
Ena's Hair	Marnie & Lily	Granny's
Ballinspittle	Jolt Coffee	Bottom
Toto's Pizza	Claire Lee Artist	Drawer
Mayer Hair	Scilly Art	White Lady
Studio	St Francis	Kinsale
3 Little Piggies	Provisions	1601 Off Licence
Cork	Food U	The White
Cobh Heritage	Kinsale Sport	House
Centre	Kinsale Crystal	Jim Edwards
Sasha's Salon	Ruxx Kinsale	Chaac
Murphy's	Kinsale Silver	Salvis Café
Grocery Store	Salt Hair	Kinsale AFC
Fintan Lynch	Tom Murphy	Kinsale
Hairdressing	Menswear Cork	Advertiser
Cromin & Co	Danny Albu	OHK Café
Glitz	Glasslyn Vets	C103
O'Connor's	Collins Kinsale	Kinsale Catholic
Pharmacy	Pharmacy	Parish Church

Thank you

www.guidedogs.ie



THE WHITE HOUSE
THE HEART OF KINSALE

LIVE MUSIC

Sunday 9th April

9.00pm

with

DR. DEC

&

The Side Effects

2 Pearse St, Kinsale Tel: 021 4772125 Web: www.whitehouse-kinsale.ie

MOORINGS CHECKED
MOORINGS LAID

☎ 021 4774946

✉ info@SubseaSurvey.ie



EASTER SUNDAY

Lunch at Actons Hotel

3 Course Set Menu for €35.00 per person served in the
Fisher Street Restaurant

Prebooking is essential between 1-4pm on the 9th of April

ACTONS HOTEL

KINSALE

021 477 9900 | res@actonshotelkinsale.com | www.actonshotelkinsale.com

PART-TIME GARDENER REQUIRED FOR GARDENING & GENERAL OUTDOOR WORK



- Work to include planting, re-seeding, weeding and general garden maintenance.
- Kinsale area.
- Own transport is required.
- Immediate start.
- Would suit students studying horticultural and/or forestry.

FOR FURTHER INFORMATION AND TO APPLY

**Please send details of relevant experience, availability and contact details to
email: jwoffice@josephwalshstudio.com**

*the
kinsale maps*

**LAST TWO
ADVERTISING SPACES
NOW AVAILABLE ON OUR
2023 KINSALE MAP**

Email us: info@kinsaleadvertiser.com

First come, first served!



5K Fun Run/Walk for Autism

**Kilbrittain Village
Saturday 22nd April, 11am**

**Registration from 10am at the Playground:
Individual: €10, Family: €20
Registration gives entry to raffle.
Prizes include cash, hampers, vouchers, etc.**



Kilbrittain National School is holding this event to conclude our Autism Awareness and Acceptance Week. Proceeds go towards funding Communication Boards and Resources for our Autism Classes.



THE WHITE HOUSE

THE HEART OF KINSALE

LUNCH MENU

SERVED DAILY 12.00pm - 5.00pm

STARTERS

- SOUP OF THE DAY €7 (GF)
- WILD ATLANTIC WAY CHOWDER €10 (GF)
- NEWPORT HOT WINGS €12.50 (GF)
- ORIGINAL – SIGNATURE WHITE HOUSE BUFFALO SAUCE
- STICKY KIMCHI & MAPLE SYRUP – TOASTED SESAME SEEDS
- OYSTERHAVEN MOULES MARINIÈRE €13 (GF)

SANDWICHES

- TOASTED SPECIAL €10
- ROAST CHICKEN SANDWICH €12.50 – OPEN SMOKED SALMON SANDWICH €13
- BRIE, LETTUCE & TOMATO €11
- TUNA & LIME MELT €11
- ALL SERVED WITH RUSTIC FRIES OR SALAD
- GLUTEN FREE BREAD AVAILABLE FOR ALL SANDWICHES

HUMMUS BOARD €12 (GF)

MOROCCAN STYLE HUMMUS, BLACK OLIVE TAPENADE, RED ONION MARMALADE, SELECTION OF BREAD

WEST CORK CHEESE BOARD €15 (GF)

GUBBEEN OAK SMOKED, MILLEENS, DURRUS, BLACK OLIVE TAPENADE, FRUIT AND A SELECTION OF BREADS AND CRACKERS

WEST CORK TASTING PLATTER (FOR 2) €45

PLATTER INCLUDES TWO ½ PINTS MURPHYS IRISH STOUT
ADD TWO 2CL SHOTS OF KINSALE RED EARL WHISKEY €6

MAINS

TRADITIONAL FISH & CHIPS €19.50

LOCAL CRAFT BEER BATTERED HAKE, HOMEMADE ROSÉ TARTAR SAUCE, MINTED MUSHY PEAS, RUSTIC FRIES

W.C.W.B – WEST CORK WAGYU BURGER €19

6OZ WAGYU BEEF BURGER TOPPED WITH CARRIGALINE CHEDDAR CHEESE, SMOKED STREAKY BACON, PINK PEPPERCORN & DILL PICKLED CUCUMBERS, BEEF TOMATO, BABY GEM, BEER BATTERED ONION RING, HOUSE SAUCE ON A BRIOCHE BUN, SERVED WITH RUSTIC FRIES

CHICKEN & SMOKED PANCETTA SALAD €16.50 (GF)

PAN-SEARED STRIPS OF IRISH CHICKEN BREAST, SMOKED PANCETTA, CRISPY POTATOES, PARMESAN, HOMEMADE PESTO, MIXED LEAVES AND HONEY & MUSTARD DRESSING

OYSTERHAVEN MOULES MARINIÈRE €21 (GF)

ROAST GARLIC, CHARDONNAY, CREAM WITH RUSTIC FRIES

5OZ STEAK SANDWICH €22

STOUT SAUTÉED ONIONS, MUSHROOMS ON CRISPY GARLIC BAGUETTE
SERVED WITH RUSTIC FRIES AND PEPPER SAUCE

THAI GREEN VEGETABLE CURRY €18 (GF, VEGAN & DAIRY FREE)

WITH STAR ANISE AND CINNAMON INFUSED BASMATI RICE
ADD STRIPS OF IRISH FREE RANGE CHICKEN BREAST €4

2 Pearse St, Kinsale Tel: 021 4772125 Web: www.whitehouse-kinsale.ie

Apostolate of Eucharistic Adoration

KNOCK

Annual Pilgrimage 2023

A CALL TO PRAYER AND ADORATION

Saturday 22nd April

(Evening Session) 7pm - 10pm

Sunday 23rd April

(All Day Session) 10.30am - 4.30pm

**Bus leaving Halfway at 5am
on Sunday 23rd April**

Contact Phil 086 123 8356 / 028 38276

Saturday Evening Programme, 22nd April

7.00pm Welcome and Rosary Knock Basilica

7.30pm "The Eucharist and Healing" Knock Basilica

HEALING SESSION - Fr. Pat Collins CM

International Author, Speaker & Healing Ministry.

9.00pm The Mass

Music: The Franciscan Sisters of the Renewal.

Main Programme, Sunday 23rd April

9.45 - 10.45 Arrival & Welcome St John's Rest & Care

Tea/Coffee served all day, but courtesy of Apostolate until 10.30am. Be in good time.

Display of Materials for Adoration Centres.

11.00 - 12.00 Guided Adoration Parish Church

Led by The Franciscan Sisters of the Renewal.

11.00 - 14.30 Confessions Chapel of Reconciliation

11.45 - 12.45 Children of the Eucharist (See panel below)

12.00 - 12.50 Lunch St John's Rest & Care

(Bring a Pack Lunch)

13.00 - 14.30 KEYNOTE ADDRESS Basilica

for the Pilgrimage:

"The Eucharist and the Foundational Truths of the Christian Faith"

Fr. Pat Collins CM

International Author, Speaker and Preacher.

14.30 Practice for Readers and Others for the Mass;

assemble behind Basilica Main Altar.

15.00 - 16.30 The Holy Sacrifice of The Mass Basilica

Chief Celebrant and Homilist:

Archbishop Kieran O'Reilly, Cashel & Emly.

Meath Diocesan Choir, Led by Mr. Jim Walsh

followed by Benediction and Eucharistic Blessing.

11.45 - 12.45 Children Of The Eucharist Blessed Sacrament Chapel

13.45 - 14.30 Children of the Eucharist invites you to bring your children/grandchildren to a time of prayer and adoration - two sessions to pick from. Led by Antoinette Moynihan.

Email: info@eucharisticadoration.ie
Tel: 087 1045 200 / 086 102 7411 / 01 662 5899

www.eucharisticadoration.ie
(Running a bus? Ring us with details. Needing a bus? Check website for daily updates).



Is anxiety or depression making your life a misery?
Would it help to talk to someone?

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COUNSELLOR & PSYCHOTHERAPIST

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E: jmcdonnellcounselling@gmail.com

W: www.jmcdonnellcounselling.com

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Children



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- By understanding our own behaviour, we can fully emerge and thrive in life.

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Venue: Ballinacurra House

MAY 12th-14th | JUNE 9th-11th, 16th-18th | JULY 7th-9th

www.ellenhealingholistictherapy.com

Do you suffer from social anxiety, fears,
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Contact Ellen on
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THE GOOD HEALTH CIRCLE

Your directory of practitioners in the community

Email: info@thegoodhealthcircle.ie



LOULA NATURAL
Louise Kane Buckley (ND, NTP)
 Naturopath & Nutritional Therapist

15th or 29th April
FORAGING FROM OUR HEDGEROWS
23rd April REIKI LEVEL 2

Email to book: louise@loulanatural.com
 087 7095277
www.loulanatural.com





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 Kinsale Health Hub

Massage / Reflexology / Pregnancy / Facials

Contact Tracy: 087 0577013
 Email: receptionheadtoetoe@gmail.com
 Book appointments online at www.headtoetoe.com





Lorraine O'Hanlon
 (D.O. B.Sc Ost. ICOM)
 Osteopath / Injury Therapist

NECK PAIN, BACK PAIN, SHOULDER PAIN, KNEE PAIN?
 Restore your movement and gain relief using:

- Deep Tissue Massage • Sports Cupping • Dry Needling
- PRRT (Primal Reflex Release Technology)

Kinsale Health & Wellbeing Centre
 Mobile: 087 227 5500 Email: lorraineohanlon@yahoo.com



Counsellor / Therapist

Michael Walsh 087 7934475
mw.counsellor.therapist@gmail.com
 Available Evenings & Weekends
 If you need to talk about

- Anxiety • Life Struggles • Suicidal Thoughts
- Depression • Or just not sure how you are feeling

H. Dip Co-Creational Counsellor / Relationship Mentor
 Post Grad Hdip, UCC
 There is no health without mental health




NEW CLASSES FOR BEGINNERS
 AT MADDEN PARK

Tuesday at 8pm
BEGINNER BODY SCULPT
 Saturday at 9am
BEGINNER CIRCUITS

First step is the hardest ... Commit!

For full class timetable
 visit www.strongerwithsiobhan.com
 or contact Siobhán 087 277 1899

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 invigorate your nervous system
 and relax with hot and
 heat therapy.

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 KINSALE COMMERCIAL PARK
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RECEPTION OPEN MONDAY TO FRIDAY
 FOR BOOKINGS AND INFORMATION.
 Welcome to call in.

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 relax. your. way. to. health.



We believe
in **local**

Smith's
SuperValu
of Kinsale

EASTER OPENING HOURS

Good Friday 7th: 7am - 9pm

Easter Saturday 8th: 7am - 9pm

Easter Sunday 9th: 7am - 8pm

Easter Monday 10th: 7am - 8pm

Tuesday 11th: 7am - 9pm

Wishing all our Customers a

*Happy
Easter!*

KINSALE QUARTER, THE GLEN, KINSALE

Phone: 021 4772843 Email: kinsale@supervalu.ie Online: shop.supervalu.ie



kinsale

EARTH DAY SUSTAINABILITY TALK & BREAKFAST HOSTED BY KINSALE CHAMBER

SPEAKERS



**Dr. Tara
Shine**

FOUNDER & CO-CEO
CHANGE BY
DEGREES




**Madeleine
Murray**

FOUNDER & CO-CEO
CHANGE BY
DEGREES



**Holly
Cairns**

TD
SOCIAL
DEMOCRATS



**09:00 - 11:00, 14th April 2023
Kinsale Yacht Club**

**ALL WELCOME WITH DONATION TO KINSALE TIDY TOWNS
RSVP TO BECCA@KINSALE.IE TO RESERVE YOUR SPACE!**

LUCY FRENCH SCHOOL OF DANCE

Proudly Presents



27th - 29th APRIL 2023
SÁILE COMMUNITY CENTRE



TICKETS: Adults: €15 Child/Student: €10

SHOWTIMES: Thursday Night, Friday Night, Saturday Night

Doors open at 6.30pm - performance at 7pm sharp

Saturday Matinee Doors open at 1.30pm - performance at 2pm sharp



Tickets on sale at The Boathouse Gallery from March 27th and from Lucy French School of Dance during reception hours. Limited tickets available at the door, please check social media on the day to see if we are full.

www.lucyfrrenchschoolofdance.com

CK CROÍ Kinsale
jewellery



Soft Opening

Easter Weekend April 6 - April 10



Scan the QR code with your smartphone to visit our website.

We are thrilled to announce the soft opening of **Croí Kinsale**, a boutique jewellery store located in the heart of Kinsale. Our store is dedicated to showcasing the finest handcrafted jewellery pieces.

To celebrate the soft opening of **Croí Kinsale**, we are offering a **10% discount** on all purchases made during our soft opening weekend (**April 6 - April 10**).

Our soft opening is an opportunity for you to experience the magic of **Croí Kinsale** before our grand opening. We invite you to take a sneak peak at our collection of exquisite jewellery pieces, from delicate pendants to stunning bracelets and everything in between. Each piece has been created with care and attention to detail, ensuring that you will find something truly special to treasure for years to come.

We invite you to join us for our soft opening during Easter Weekend to experience the magic of **Croí Kinsale** for yourself.

We can't wait to welcome you to our store!

7A Pearse Street
Kinsale, Cork P17 ND32
info@croikinsale.com

croikinsale.com



DARKNESS INTO LIGHT 2023

Kinsale Community Engagement Day

**SuperValu, Kinsale
Friday 21st April
9.30am - 4.30pm**

KYSS members will be on hand to advise on registration. If you are unable to attend and would like help with online registration, please call to the KYSS office at Guardwell Homes, (next to Kinsale Garda Station) on Fridays between 10.00am and 1.00pm where members of the team will assist.

Darkness Into Light is a mental health movement dedicated to ending suicide, self-harm and stigma. Join the battle against suicide and self-harm by walking with us from Darkness Into Light on May 6th 2023.

Register online at
www.darknessintolight.ie



**DARKNESS INTO LIGHT
SATURDAY 6th MAY
KINSALE 2023**

IF YOU ARE FREE TO HELP WITH STEWARDING OR VOLUNTEERING
PLEASE CONTACT: 087 9823143





THE WHITE HOUSE

THE HEART OF KINSALE

EVENING MENU

SERVED DAILY 5.00pm-9.00pm

STARTERS

SOUP OF THE DAY €7 (GF)

WILD ATLANTIC WAY CHOWDER €10 (GF)

NEWPORT HOT WINGS €12.50 (GF)

OYSTERHAVEN MOULES MARINIÈRE €13 (GF)

SMOKED MACKEREL AND RICOTTA PATÉ €12 (GF)

HUMMUS BOARD €12 (GF)

WEST CORK CHEESE BOARD €15 (GF)

MAINS

TRADITIONAL FISH & CHIPS €19.50

LOCAL CRAFT BEER BATTERED HAKE, HOMEMADE ROSÉ TARTAR SAUCE, MINTED MUSHY PEAS, RUSTIC FRIES

W.C.W.B – WEST CORK WAGYU BURGER €19

6OZ WAGYU BEEF BURGER TOPPED WITH CARRIGALINE CHEDDAR CHEESE, SMOKED STREAKY BACON, PINK PEPPERCORN & DILL PICKLED CUCUMBERS, BEEF TOMATO, BABY GEM, BEER BATTERED ONION RING, HOUSE SAUCE ON A BRIOCHE BUN, SERVED WITH RUSTIC FRIES

CHICKEN & SMOKED PANCETTA SALAD €16.50 (GF)

PAN-SEARED STRIPS OF IRISH CHICKEN BREAST, SMOKED PANCETTA, CRISPY POTATOES, PARMESAN, HOMEMADE PESTO, MIXED LEAVES AND HONEY & MUSTARD DRESSING

OYSTERHAVEN MOULES MARINIÈRE €21 (GF)

ROAST GARLIC, CHARDONNAY, CREAM WITH RUSTIC FRIES

CHARGRILLED 10OZ ANGUS SIRLOIN STEAK €28 (GF)

STOUT SAUTÉED ONIONS, MUSHROOMS, GARLIC BUTTER OR PEPPER SAUCE

THAI GREEN VEGETABLE CURRY €18 (GF, VEGAN & DAIRY FREE)

WITH STAR ANISE AND CINNAMON INFUSED BASMATI RICE

ADD STRIPS OF IRISH CHICKEN BREAST €4

100Z SUPREME OF IRISH FREE RANGE CHICKEN €22 (GF)

HERB MASH POTATOES, GREEN VEGETABLES, WILD MUSHROOM & SHERRY SAUCE

GF DENOTES GLUTEN FREE OPTION AVAILABLE

SIDES

RUSTIC CUT FRIES €4.50

CREAMY MASH POTATO €4.50

GARLIC & PARMESAN CROSTINI €4.50

GARDEN SALAD €4.50

BEER BATTERED ONION RINGS €4.50

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KINSALE REGATTA FESTIVAL

AGM

2023

THURSDAY 13th APRIL

The White House
8pm



**Ted McNamara has retired as
chairperson of Kinsale Regatta
after over 40 years of service.**



Ted would like to thank all the members of the committee past and present who have helped over the years to keep up the tradition of Kinsale Regatta festival every August bank holiday weekend. The festival has grown from strength to strength over the years aided by the support of local sponsors and a hardworking committee.

Ted would like to wish the new chairperson the best of luck for the future.

~ *New Members Welcome* ~

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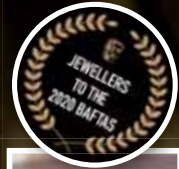
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 **Kinsale Tidy Towns**

Meeting every Thursday
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at 7pm.

New volunteers welcome.

AGM WILL BE HELD IN APRIL.
WATCH THIS SPACE.

Kinsale Garden & Flower Club

*Demonstration by
Geraldine McCarthy
& Siobhan McInerney*

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Then in his merciful eyes it will become your favour, not mine, Amen.

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Good Friday: 2pm

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Temperance Hall

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WHAT'S ON in Kinsale & District

THURS 6th APRIL

BLUE HAVEN:
The LoungeMan, 8pm.
CROÍ KINSALE JEWELLERY:
Opening this weekend.
DON & BARRY'S HISTORIC STROLL:
Tourist Office, 11.15am.
FRIARY KINSALE:
Easter Ceremonies start today, see page 10 for full details.
HAMLETS:
Ben Dillon & Mike O'Connell, 7.00pm.
KINSALE TIDY TOWNS:
Meet at Church Square Car Park, 7pm. New volunteers welcome.
MS. ELLIES BOUTIQUE:
Pop-Up Shop daily until Sunday 10th.
10.30am - 5.30pm

Good Friday

FRI 7th APRIL
BLUE HAVEN:
Hugh Dillon Trio, 9.30pm.
DON & BARRY'S HISTORIC STROLL:
Tourist Office, 11.15am.
KINSALE HARBOUR CRUISES:
Departs across from Actons. 2pm.
TRIDENT HOTEL:
Good Friday Special: Catch of the Day - Seabass.

SAT 8th APRIL

ARMADA BAR:
Live music.
BLUE HAVEN:
The Pat Fitz Band, 10pm.
DON & BARRY'S HISTORIC STROLL:
Tourist Office, 11.15am.
KINSALE HARBOUR CRUISES:
Departs across from Actons.
1pm & 2pm.

HAMLETS:
DJ Billy, 9.30pm.
STRONGER WITH SIOBHAN:
Beginner Circuits, 9am. Madden Park.
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Easter Sunday

SUN 9th APRIL
ACTONS HOTEL:
Easter Sunday Lunch.
3 course Set Menu, €35.00pp.
Pre-booking essential.
www.actonshotelkinsale.com
BLUE HAVEN:
King K, 10pm.
DON & BARRY'S HISTORIC STROLL:
Tourist Office, 11.15am.
HAMLETS:
DJ & Sax, 2.00pm,
DJ Damo, 9.30pm.
KINSALE BAPTIST CHURCH:

Temperance Hall, 11am.
KINSALE HARBOUR CRUISES:
Departs across from Actons.
1pm & 2pm.
KINSALE HOTEL:
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TRIDENT HOTEL:
Easter Sunday Special
Dessert:
Salted Caramel
Chocolate Brownie.
WHITE HOUSE:
Music with Dr. Dec & The Side Effects, 9.00pm.

MON 10th APRIL

BLUE HAVEN:
Ben Dillon & Pat Carey, 8pm.

DON & BARRY'S HISTORIC STROLL:
Tourist Office, 11.15am.
CARDIO TENNIS WITH PETER GRAY:
Dunderrow,
9.30am-10.30am.
€70 - 8 weeks.
Call 087 9660305.
KINSALE HARBOUR CRUISES:
Departs across from Actons.
1pm & 2pm.
KINSALE TENNIS CLUB:
Easter Tennis Camp
With Maria Bolster
Starts today until Friday 14th.
10.00am to 2.00pm.
Book & pay online at www.kinsaletennisclub.com
TRACTORS TO THE RESCUE:
Courtmacsherry to Kinsale. Registration from 11am in Barryroe GAA Grounds. Leaving at 12.30pm.
In aid of Kinsale & Courtmacsherry RNLI.

TUES 11th APRIL

BLUE HAVEN:
Jorge Kachmari, 8pm.
CARDIO TENNIS WITH PETER GRAY:
Sáile, Indoors.
7.00pm-8.00pm.
€80 - 8 weeks.
Call 087 9660305.
DON & BARRY'S HISTORIC STROLL:
Tourist Office, 11.15am.
KINSALE ACTIVE RETIRED ASSOC:
Temperance Hall,
2pm. Light exercise followed by a talk with Cllr. Marie O'Sullivan.

STRONGER WITH SIOBHAN:
Beginner Body Sculpt, 8pm.
Madden Park.
Tel: 087 2771899.

WEDS 12th APRIL

BLUE HAVEN:
Mike O'Riordan, 8pm.
CARDIO TENNIS WITH PETER GRAY:
Dunderrow,
9.30am-10.30am.
€70 - 8 weeks.
Call 087 9660305.
DON & BARRY'S HISTORIC STROLL:
Tourist Office, 11.15am.
JUNIOR TENNIS TENS WITH PETER GRAY:
Dunderrow,
3pm-3.45pm: 6-8 yrs.
4.15pm-5pm: 9-12 yrs.
8 weeks.
Call 087 9660305.

THURS 13th APRIL

BLUE HAVEN:
Ben Dillon, 8pm.
CLOTHES COLLECTION:
In aid of Friary Church Fund, 10.30am-4.00pm.
Please bag all your items.
DON & BARRY'S HISTORIC STROLL:
Tourist Office, 11.15am.
KINSALE GARDEN & FLOWER CLUB:
Demonstration by Geraldine McCarthy & Siobhan McInerney, 8pm. Visitors welcome.
KINSALE REGATTA:
AGM, The White House, 8.00pm.
New members welcome.
KINSALE TIDY TOWNS:
Meet at Church Square Car Park, 7pm.
New volunteers welcome.



Colour in the Picture Above

KoKo Kinsale Colouring Competition to Win a KoKo Easter Egg

Ages: 6 and Under and 7 to 12 years

All Entries in by Tuesday 11th April 2023

www.kokokinsale.com

086 7815581