

FREE

KINSALE Advertiser



Volume 35
#11/24
Thurs 21st
March
TO
Thurs 28th
March
2024

Weekly Guide to **WHAT'S ON** in Kinsale & District

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Colour in the Picture Above

KoKo Kinsale Colouring Competition to Win a KoKo Easter Egg

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- Shoulder Pain/Problems
- Elbow/Wrist Problems
- Carpal Tunnel Syndrome
- Postural Distortions
- Hip Pain/Discomfort/Problems
- Knee Pain/Problems
- Ankle/Foot Problems
- Sciatica
- Nerve Entrapment
- Joint Pain/Discomfort
- Strains/Sprains
- Sports Injuries/Recovery
- Soft Tissue Repair
- Connective Tissue Repair
- Muscular Disorders/Conditions
- Coordination Development
- Loss of Balance
- Stiffness
- Impaired Mobility
- Functional Exercise

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Mobile **087 9872783**

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KINSALEYACHTCLUB

KINSALEYACHTCLUB

NEW MEMBERS OPEN DAY

Saturday 23rd March, 2pm - 5pm

*For anybody looking to learn to sail or interested
in learning more about Kinsale Yacht Club.*

Kinsale Yacht Club, Lower O'Connell St, Kinsale

WaterImage: hannah028 www.facebook.com



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4.30PM - 9.00PM

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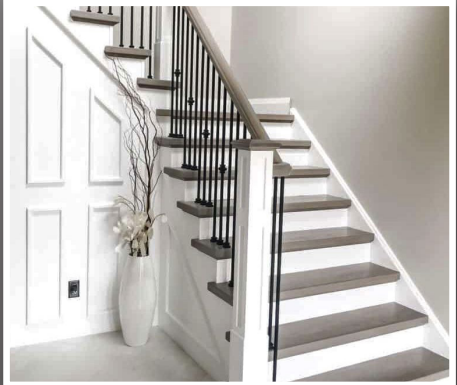
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Easter SUNDAY

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31st March | Prebooking Essential | Bookings from 1pm



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Sunday 24th March, 12pm
from **Kinsale Town Park**

Donations in aid of KYSS

www.kyss.ie

KYSS Health Support Worker, Ger Rice - 085 8725789



KINSALE PEACE PROJECT



Professor **NICK MAYNARD**

Nick is a Consultant Surgeon in Oxford and has been travelling to Gaza since 2010. Each October he leads a group of medics to teach medical students in the Gazan medical schools, and he also works with Medical Aid for Palestinians (MAP UK) as part of their surgical team to travel into Gaza to carry out and teach cancer and keyhole surgery. In December 2023 Nick led the first UK medical mission into Gaza during the current conflict and worked at Al Aqsa Hospital for 2 weeks. He will be returning to Gaza shortly.

All are welcome

NO ENTRY CHARGE

*Donations welcome
on the night.*

**The Harpoon Suite, Trident Hotel
Kinsale**

Thursday 4th April at 8.00pm



Ball de Comhairle Contae Chorcaí
Member of Cork County Council

FINE GAEL 



Cllr. MARIE O'SULLIVAN FG

*I would like to thank the St. Patrick's Day
committee and the many volunteers for
the excellent few days of festivities they
provided us with.*

*Here's to making more memories in 2025
(no pressure!).*

Marie

7 Pearse St, Kinsale, Co. Cork M: 086 334 4703

Email: marie.osullivan@cllr.corkcoco.ie





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GOOD FRIDAY

Catch of the Day:

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Pak Choi and Soba Noodles.

EASTER SUNDAY

Dessert of the Day:

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with Salted Caramel Sauce.

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Sheila Ryan

Hollybank, Winters Hill

FIRST ANNIVERSARY

Died 25th March 2023

A year has passed since the death of Sheila but our memories are still as vivid as ever and she will always be in our hearts.

Dermot, Paul, Eithne, Mary Ann, Andrew, Deirdre, Tadhg, Katy, Conor and Heather wish to thank all those who have supported them in person, by phone and letter as well as online on the death of their beloved Sheila.

She was a fantastic person who took great care of her family. She was also involved in many projects in Kinsale, such as establishing the Community Playschool and the Brownies. She was a member of the Flower Club, the Bridge Club, Twinning, Daffodil Day and the Chernobyl Project. She was a great traveller, always ready to explore, ... few people made it to the Great Wall in a wheelchair! She was a wonderful person, and the tributes to Sheila speak of her kindness and consideration for others as well as her concern and care for those who needed help.



We would like to repeat our thanks to staff at the Haven Bay Care Home for their care of Sheila as well as the Thursday ladies, who were such good friends to her. We also remember the kindness and consideration of the Rev Peter Rutherford and Rev Stan Hessian during her final illness.

The staff of Gabriel O'Donovan were outstanding in arranging her wake and in making the ceremony at the crematorium a special event at a very difficult time.

Link to service:

<https://youtu.be/dMb04uN2IS4>



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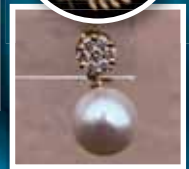
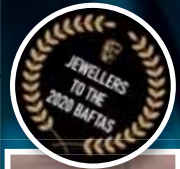
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KINSALE
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Easter SUNDAY LUNCH

Sunday 31st March
3 Courses €39.50pp
Includes Easter Egg for the Kids

Live Music with
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2pm - 4pm

Kids Book Reading
1pm - 2pm

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Door Open At 7:00pm

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**24.MARCH
SUNDAY**

4pm at
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artist
LIDIJA IVANEK SILA

patronage KINSALE BAPTIST CHURCH

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ST. PATRICK'S DAY

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Thanks to all our volunteers, Kinsale Gardaí, Kinsale Harbour Masters,
and everyone who contributed to the Church Gate Collection, Bingo or supported
the St. Patrick's Day / Maritime Parades in any other way.

CONGRATULATIONS TO ALL OUR PRIZE WINNERS

Best Dressed Business Windows

1st: Mad For Style
2nd: Ruxx
3rd: Weaver of Ireland

Maritime Parade Winners

1st Boat: AK Ilen Sailing into Wellness
2nd Boat: Breizh Arvor
3rd Boat: Still Magic

Parade Winners for 2024

OVERALL: Transition Town Kinsale **BEST BUSINESS:** Dan Dempsey's Kinsale
TOPICAL: Kinsale Macra **EILEEN MURPHY "SPIRIT OF KINSALE":** Kinsale RNLI
ADULT GROUP: Murphy's Steam Engine **YOUTH:** Munster Motorcycle Club
JUNIOR: Kinsale Scouts **JUNIOR:** Comhaltas

COMMITTEE MEMBERS

Fred Treacy, Áine Ryan O'Brian, Celine Henderson, Martina McCarthy, Niamh O'Connell, Carmel Bogue, Alison Tully,
Kathryn Berquin, Angela Shanahan, Trish McCarthy, Pat Ryan, David Scannell, Pat Whelton, Laurence Murphy.



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www.guidedogs.ie

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**If interested please
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NOTICES

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**DAILY TOURS AT 11.15am
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Miraculous Prayer

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it.

Then in his merciful eyes it will become your favour, not mine, Amen.

Say this prayer for 3 days, promise publication and the favour will be granted, no matter how impossible. Never known to fail. AD

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Temperance Hall**

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WHAT'S ON in Kinsale & District

THURS 21st MARCH

BLUE HAVEN:
Trad Duo, 8pm.
DON & BARRY'S HISTORIC STROLL:
11.15am from the Tourist Office.
KINSALE ATLANTIC ARTISTS:
Daffodil Day Fundraiser at Cronins. Kinsale. Paintings: €50. On all week.
O'CONNOR'S PHARMACY:
Clarins Promotion in-store until 6th April.
PARKINSONS SUPPORT GROUP:
The Friary Centre, 11am-12.30pm. Contact Fred on 086 8275481.

FRI 22nd MARCH

BINGO NIGHT:
Irish Guide Dogs for the Blind, Actons Hotel, Doors 7.30pm, Eyes down 8.00pm. www.guidedogs.ie
BLUE HAVEN:
New à la carte menu launches today. 4.30pm-9pm. Book online. www.bluehavenkinsale.com
Live music with Jorge Kachmari, 9.30pm.

DON & BARRY'S HISTORIC STROLL:
11.15am from the Tourist Office.
TRUCOLOUR PAINTS, CARRIGALINE:
Chat to our in-store colour consultant/interior designer Gwen McCarthy, 9.30am-12.30pm. Free of charge.

SAT 23rd MARCH

BLUE HAVEN:
Mike O'Riordan & Friends, 10pm.
DON & BARRY'S HISTORIC STROLL:
11.15am from the Tourist Office.
HAMLETS:
DJ, 9.30pm.
KINSALE YACHT CLUB:
New Members Open Day. 2pm-5pm.
STRONGER WITH SIOBHAN:
Beginner's Circuits Class, 8.45am at Madden Park.
THE FIELDS BAR, DUNDERROW:
Rendition Night with JD Meatyard & Friends. www.jdmeatyard.org

SUN 24th MARCH

ACRYLIC PAINTING WORKSHOP:
With artist Lydia Ivan Sila. Temperance Hall. 4.00pm.
Apply by email: sila@silart.com
BLUE HAVEN:
Trad Folk, 9.30pm.
BULMAN:
The Hank & James Experience, 7pm-9pm.
DON & BARRY'S HISTORIC STROLL:
11.15am from the Tourist Office.
KINSALE BAPTIST CHURCH:
Temperance Hall, 11am.
KINSALE YOUR SUPPORT SERVICES 5K WELLBEING WALK:
From Kinsale Town Park, 12pm. Supported by Riverstick Ramblers & Kinsale Macra.

MON 25th MARCH

BANDON CO-OP:
Up to 23% off Plants and Power Tools. Until 30th March.
BLUE HAVEN:
Ben and Clem, 8pm.
DON & BARRY'S HISTORIC STROLL:
11.15am from the Tourist Office.

TUES 26th MARCH

DON & BARRY'S HISTORIC STROLL:
11.15am from the Tourist Office.
KINSALE ACTIVE RETIREMENT ASSOCIATION:
Temperance Hall, 2pm. Doreen Foley will show us how to use herbal medications.

WED 27th MARCH

BANDON CO-OP, KINSALE:
In-store demos and advice on lawnmowers and garden power tools. 9.30am-12.30pm.
DON & BARRY'S HISTORIC STROLL:
11.15am from the Tourist Office.
THE WELL:
Kinsale Community Health & Wellbeing Resource Centre CLG AGM, 7.30pm. At Kinsale Men's Shed. All welcome.

THURS 28th MARCH

BLUE HAVEN:
Trad Duo, 8pm.
DON & BARRY'S HISTORIC STROLL:
11.15am from the Tourist Office.

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