

FREE

KINSALE Advertiser



including the Guide to **WHAT'S ON** in Kinsale & District

Volume 34
#08/23
Thurs 23rd
February
TO
Thurs 2nd
March
2023

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Painted in 2017



How it looks in 2023



How it looks in 2023



How it looks in 2023

- Decorating & Wallpapering
- Hand Painted Kitchens
- Refurbishments
- Upgrade your House for Re-Sale
- Bathroom Renovations/Tiling
- Exterior Dirt-Resistant Coatings

CONTACT US FOR A DETAILED QUOTATION



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Est: 1992

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www.kinsaledental.ie

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ADMINISTRATIVE POSITION AVAILABLE

- **Administrative experience required.**
- **Full-time / Part-time.**
- **Great team, great hours,
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Image: katemangour @ www.freepik.com

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NEW BRUNCH
MENU

HAMLETS
STREET FOOD + GASTRO GARDEN



SUNDAY BRUNCH

10.00am - 6.00pm



Stuffed French Toast	€9.50
Classic French toast stuffed with vanilla crème cheese, topped with caramelized nuts and maple syrup – veg	
Curried Sweetcorn Pancake	€11.50
Avocado & chilli pepper, poached egg with tomato relish and lime crème fraiche – veg	
Pear Caramel One Pancake	€11.50
Thyme poached pear, whipped cream, salted caramel, toasted almonds and granola – veg	
Kimchi Fritters	€14.50
Union hall smoked salmon, fried egg with spring onion aioli	
Brunch Bowl	€12.50
Coconut, lentil and sweet potato topped with poached eggs and naan bread – veg	
Cajun Cod Taco	€18.50
Crumbed cod taco, corn salsa, baja sauce and fries	
Pulled Beef Poffertjes	€15.50
Savoury beignets topped with overnight braised beef brisket, caramelised shallots	
Smashed Burger	€16.50
Loaded with Irish cheddar cheese and paprika fries with garlic aioli with fries	
Breakfast Pizza	€14.50
Black pudding, sausage, bacon, eggs, mozzarella cheese and relish	
Double Pepperoni Pizza	€14.50
Texas style double pepperoni, Macroom mozzarella	
Margarita Pizza (V)	€13.50
Macroom mozzarella, fresh basil leaves, finished with Parmesan cheese	

Kids menu also available

www.hamletsofkinsale.com

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EUROPEAN ORGANISATION**

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to join our Kinsale office working with
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LSC connecting success

ACTONS HOTEL

KINSALE

YOGA & PILATES

Actons Health & Fitness Centre

MONDAY
YOGA & PILATES FUSION
10:00-11:00

THURSDAY
MEN'S YOGA & PILATES
19:00-20:00

Classes will start from the 6th of March 2023.
Contact Rose for pre-booking and more information.
Rose: 089 4930312

PRE-BOOKING IS ESSENTIAL

021 477 2345 / leisure@actonshotelkinsale.com / www.actonshotelkinsale.com

The White House

GUESTHOUSE, RESTAURANT & BAR



Breakfast served from 8am-11am
Food served all day 12pm-9pm
OPEN 7 DAYS A WEEK

All 6 Nations Shown Live

Saturday 25th February

Italy v Ireland, 2.15pm

Wales v England, 4.45pm

Sunday 26th February

France v Scotland, 3pm

2 Pearse St, Kinsale Tel: 021 4772125 Web: www.whitehouse-kinsale.ie

enibas

WE'RE HIRING

Working with us at Enibas in beautiful West Cork, means you will become part of those special moments in our customers' lives.

SALES ASSISTANT

Kinsale sales team

ABOUT THE ROLE

In this role, you will be working independently on the shop floor, welcoming customers in and providing a warm in-store Enibas experience. You will process sales in the inventory system and handle special customer orders and sales inquiries.

KEY RESPONSIBILITIES

- Part-time (1-2 days) in our Kinsale store
- Flexible approach to work with occasional additional working hours
- Natural and friendly manner with people and a passion for arts & crafts

TO APPLY

Please send a cover letter and C.V. to Claire Lehane on hr@enibas.com

For further details on the roles above please visit: www.enibas.com/careers

Our Kinsale shop is currently open Tuesday - Sunday

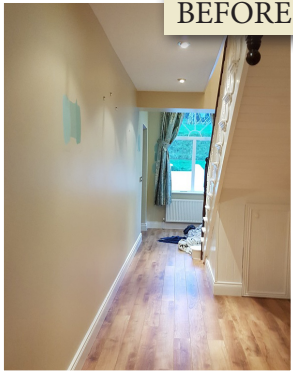


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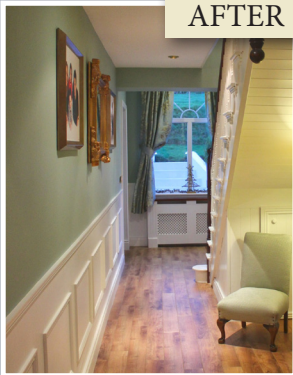
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BEFORE



AFTER



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KINSALE
HOTEL & SPA

Rathmore Road, Kinsale, P17 F542

Tel: 021 470 6000

Web: www.kinsalehotelandspa.ie



We are currently recruiting talented individuals to join our team.

Full & Part Time Positions:

Spa Therapists
Accommodation Assistants
Food & Beverage Assistants

Full Time Positions:

Breakfast Manager
(Maternity Cover)
Senior Receptionist

To apply for any of the positions available please forward a copy of your current CV to hr@hotelkinsale.ie



KINSALE
HOTEL & SPA

Sunday Lunch

Served 12.30pm to 3.00pm

1-course €20.95 / 2-course €25.95 / 3-course €29.95



ONE
CHILD
DINES
FREE*

on our
Kids 3-Course Buffet

*Must be accompanied by full paying adult on 3 course menu



Live music with
BILLY CROSBIE
Every Sunday
in February



- 90 acres of mature wooded parkland and Oysterhaven bay-side walks.
- Panoramic views of Kinsale's countryside and rugged coastline from the restaurant.
- Children's Playground.

BOOK HERE



Brunch:
10.30am - 12.30pm



Sunday Lunch:
12.30pm - 3pm



www.kinsalehotelandspa.ie

Tel: 021 4706000

One child dines free on our Kids 3 Course Buffet*

Offer available for February 2023. *Must be accompanied by full paying adult on 3 course menu.



Kennedy's
OPTICIANS

Keeping Kinsale Focused

How often should I get my eyes tested?

Normally every 2 years unless the person is over 40 and there's Glaucoma or Age Related Macular Degeneration (ARMD) in the family, or if the patient has Diabetes, ARMD or Glaucoma themselves they should get tested every year at least.

PRSI will cover a standard eye examination with dilation for the patient/client.

Sometimes there may be extra procedures which could incur an extra charge (such as dry/sore eye procedures or retina pictures). This is the same with certain medical card holders as well.

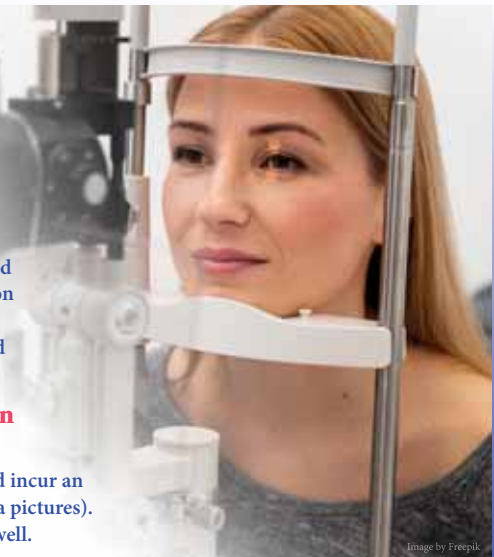


Image by Freepik

9 GUARDWELL, KINSALE, CO. CORK / 021 4773595 / www.kennedysopticians.ie

Tues to Thur: 9.30am-5.30pm | Fri: 8.30am-5.30pm | Sat: 9.30am-2pm



HOPE | EXPLORED

What's the best life you could ever expect?

HOPE | PEACE | PURPOSE

There are few emotions more powerful than hope. But these days, hope often feels hard to come by. Where can we find a hope that won't disappoint us?

Hope Explored is a video and discussion based evening building to Easter and looking at the life, death and resurrection of Jesus in Luke's Gospel.

ALL WELCOME AT THE TEMPERANCE HALL Free of charge

Monday 27th February | 7pm-8pm | PURPOSE

More details: Kinsale Baptist Church: Ph. 087 4174201  **Facebook &**  **Instagram**



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Special Occasions

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ENTREPRENEURSHIP PROGRAMME

Want to start or reboot a business in 2023?

Join Startup23 - Open to All

PART ONE: BIG IDEAS DAY

Saturday 4th March

Bring an idea - take away a plan.
FREE coaching, with panel of mentors,
business experts, Kinsale's finest!

PART TWO: ENTERPRISE STARTUP PROGRAMME

Starts after Easter

Talks, Expert panels. Workshops
& Individual Coaching.
Covering everything from
Product Development, Knowing Your
Value Proposition, Startup Finance &
Investment, Sales & Marketing,
Social Media, Market Research.

Not sure? Just sign up for BIG IDEAS DAY

For more info/application form go to:
www.futurekinsale.ie/startup23

SPRING FUN TENNIS COACHING 2023

with Maria Bolster, TCI Coach
& former Irish International

AT KINSALE TENNIS CLUB

MONDAY 6th MARCH

3pm Net Setter 9-10yrs **FULL**

4pm Teen Aces 11-12yrs

5pm Teen Hot Shots 13+yrs

WEDNESDAY 8th MARCH

3pm Mini Aces 6yrs

4pm Mini Spinners 7yrs

5pm Mini Netters 8yrs

THURSDAY 9th MARCH

5pm - 6pm Net Setter 9-10yrs



COURSE DURATION 8 WEEKS

KTC Members €115 / Non-Members €125
Sibling discount €5 for 2nd and 3rd child

Contact Maria via text
087 255 3810

Online registration on Maria Bolster's website



Get in touch for
free & confidential
career support.



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www.empservice.org



An Roinn Láimhe Náisiúnaí
Department of Social Protection



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THE GOOD HEALTH CIRCLE

Your directory of practitioners in the community

Email: info@thegoodhealthcircle.ie



KINSALE HEALTH HUB
Kinsale Commercial Park



INTERNATIONAL WOMEN'S DAY
Wednesday 8th March, 6pm - 9pm
TALKS AND WORKSHOPS
All proceeds going to community charities
Tickets: www.kinsalehealthhub.com/iwde2023




HEAD TO TOE THERAPIES
MASSAGE / REFLEXOLOGY / AROMATHERAPY
Kinsale Health Hub
Muscle Maintenance with Matthew
30 min €20 / 45 min €30
Contact Tracy: 087 0577013
Email: receptionheadtotoe@gmail.com
Book appointments online at www.headtotoetherapies.ie



Lorraine O'Hanlon
(D.O. B.Sc Ost. ICOM)
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Kinsale Health & Wellbeing Centre
Mobile: 087 227 5500 Email: lorraineohanlon@yahoo.com




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Michael Walsh 087 7934475
mw.counsellor.therapist@gmail.com
Available Evenings & Weekends
If you need to talk about

- Anxiety • Life Struggles • Suicidal Thoughts
- Depression • Or just not sure how you are feeling

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Post Grad Hdip, UCC
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Saturday at 9am
BEGINNER CIRCUITS
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a gut feeling
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INTERNATIONAL WOMEN'S DAY WEDNESDAY 8TH MARCH, 6PM - 9PM @ KINSALE HEALTH HUB

TALKS FOR WOMEN

Come and listen to talks by women, for women.

TALK TO WOMEN

Get together to talk to your presenters and other women.



SIOBHAN DEVLIN

IMPORTANCE OF STRENGTH TRAINING FOR WOMEN



LOUISE KANE BUCKLEY

NAVIGATING PUBERTY NATURALLY



CATRIONA COURTNEY

HOW TO FUEL VITALITY AND HEALTH



TRACY MCCARTHY

NATURALLY BALANCED WORKSHOP



REBECCA REDDIN

SELF CARE IN EARLY MOTHERHOOD



KATIE LYNCH

SUNSTAINABILITY AND WOMEN'S HEALTH



Buy your €10 ticket to the talk/workshop of your choice. All proceeds going to Kinsale Youth Community Centre.

www.kinsalehealthhub.com/IWDE2023

KINSALE
ST. PATRICK'S

MARITIME PARADE NEEDS YOU!

**Enter your boat and help light up our harbour for
the Maritime Parade on Thursday 16th March.**

Let this be the biggest and brightest Maritime Parade yet for our visitors
from Newport, Rhode Island, locals and all visitors to Kinsale!

**Text/WhatsApp your entry to Áine at 087 924 4613
or email kinsalemaritimeparade23@gmail.com**



Photo by John Allen

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of the Century

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for these Upcoming Events



St. Patrick's Day

17th March

Mother's Day

19th March

Easter Weekend

7th - 10th April

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**MOORINGS CHECKED
MOORINGS LAID**

☎ 021 4774946

✉ info@SubseaSurvey.ie

 
KINSALE
ST. PATRICK'S DAY

Ukrainian Friends

We would love to see you participate in our Kinsale St. Patrick's Day Parade on March 17th.

Email kinsaleparade@gmail.com for further details.

Українські друзі

Ми будемо раді бачити вашу участь на нашій вулиці Кінсейл. Парад до Дня Патрика 17 березня.

Надішліть електронну адресу kinsaleparade@gmail.com для отримання додаткової інформації.



The
**BULMAN
KINSALE**

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Wednesday to Sunday.

Dinner served in the restaurant
6pm-8:30pm
Wednesday to Saturday.

Bar closed Tuesdays.

Live Music in the Bar
Every Sunday, 7pm-9pm



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Visit
www.thebulman.ie
or scan the code!



Book a table

Acknowledgement
& First Anniversary of

JACK SHEEHAN

“Villa Maria”, Kinsale
Died 26th February 2022



As we lovingly remember Jack on this 1st Anniversary, we, his family, would like to thank all those who sympathised, sent Mass cards and flowers, and helped us in any way.

Fr. Young, Market Place Surgery, Haven Bay, Gabriel & O'Donovan's Funeral Home, and all family and friends.

The Holy Sacrifice of the Mass will be offered for all your intentions.

Acknowledgement
& First Anniversary of
PJ CROWE

Died 28th February 2022



The family of the late PJ Crowe would like to thank all those who supported us in any way following the sudden loss of our Dad PJ.

For the kind words of sympathy, the Mass cards, the flowers and phone calls, visits to the house, the text messages and messages of condolence on RIP.IE

To all those who attended PJ's removal, lined the funeral route, attended the funeral and helped us to take Dad to St. Eltins to be with Phyllis.

To Father Young, the Choir, and Gabriel & O'Donovan Funeral Directors.

A sincere thank you to you all.

The Holy Sacrifice of the Mass will be offered for your intentions.

*In loving and treasured memories
of a dear brother, brother-in-law,
uncle and granduncle,*

**DONAL
FITZGERALD**
RIP

*Ballinrichard, Belgooly
who went to Heaven on
February 11th 2021*



Two years ago you left us Donal to join dear Mam and Dad in their lovely home in Heaven, where you now rest peacefully. Our memories of you are precious, and never fade away.

We feel your presence always, as you walk beside us every day. And you're always there to help us in your own sweet loving way.

Your suffering is over now, you've truly earned your crown. So Rest in Peace dear Donal, until we meet again.

We will treasure all the good times, and keep you in our hearts.

We talk about you every day, and laugh at things you used to say.

Sleep well dear brother, and in your own words Donal, see you later.

*Loved and missed forever,
by sister Eileen, brother-in-law Martin, nieces
Carmel and Jean, Carmel's husband, Will,
and grandniece Saoirse xxxx*

KINSALE
ST. PATRICK'S DAY

**Flags and bunting are going up
on Monday 6th March.**

**If you would like to lend a hand please
come to the Temperance Hall at 7pm.
Please wear hi-viz & bring a long ladder if you can!**
Please call 086 816 4918 for more info.

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Classifieds

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**EXPERIENCED
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Kinsale Active Retirement Association

Temperance Hall

Tuesday 28th February, 2pm

Light Exercise followed by

Cllr. Marie O'Sullivan, FG

Concerns and Progress in Kinsale

KINSALE
ST. PATRICK'S DAY

Volunteers needed to help out with stewarding on St. Patrick's Day.

Please contact 086 816 4918

Grinds

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20 years experience.

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WHAT'S ON in Kinsale & District

THURS 23rd FEBRUARY

BLUE HAVEN:

Ben Dillon,
8.00pm.
HAMLETS:
Open for food,
drinks & takeaway.
5pm-11.30pm.

KINSALE RESTAURANT WEEK:
2 course Menu €28
at Kinsale Good Food
Circle Restaurants.
www.kinsalerestaurants.com

THE WELL PROJECT WIN A CAR RAFFLE:
Tickets on sale at
Lidl, Kinsale.

FRI 24th FEBRUARY

BLUE HAVEN:

Trad Duo,
9.00pm.
HAMLETS:
Open for food,
drinks & takeaway.
5pm-12.30am.

KINSALE RESTAURANT WEEK:
2 course Menu €28
at Kinsale Good Food
Circle Restaurants.
www.kinsalerestaurants.com

OLD BANK HOUSE:
Pop Up Indian Night,
6.00pm to 9.00pm.
Dine in or takeaway.
www.oldbankhousekinsale.com
to book.

SAT 25th FEBRUARY

ARMADA BAR:

Jamestown.
BLUE HAVEN:
Mafia Cats, 10pm.
KINSALE

ST. PATRICK'S DAY PARADE:
Church Gate
Collection.

STRONGER WITH SIOBHAN:
Beginner Circuits,
9am. Madden Park.
Tel: 087 2771899.

WHITE HOUSE:
6 Nations Rugby:
Italy v Ireland,
2.15pm.
Wales v England,
4.45pm.

SUN 26th FEBRUARY

BLUE HAVEN:

Paul Stubbings, 8pm.
BULMAN:
Live music in the bar,
7pm - 9pm.

HAMLETS:
New Sunday
Brunch Menu.
Open for food,
drinks & takeaway.
10am-6pm.
(Drinks until 9pm).

KINSALE BAPTIST CHURCH:
Temperance Hall,
11am.

KINSALE HOTEL:

Sunday Lunch Offer:
One child dines free.
Live music with
Billy Crosbie.

Must be accompanied by
full paying adult on 3
course menu. T & C apply.
Sunday Lunch:
12.30pm-3pm.

Tel: 021 4706000

KINSALE ST. PATRICK'S DAY PARADE:
Church Gate
Collection.

KINSALE TEN MILE RACE:
Starts 12pm at
Kinsale Community
School.

www.kinsale10mile.com

LOULA NATURAL:
Reiki Level 1.

Booking:
louise@loulanatural.com

WHITE HOUSE:
6 Nations Rugby:
France v Scotland,
3pm.

MON 27th FEBRUARY

BLUE HAVEN:

Ben Dillon, 8pm.
KINSALE BAPTIST CHURCH:
Hope Explored.
Purpose: 7pm-8pm.
Temperance Hall.
Free of Charge.

SENATOR

TIM LOMBARD:

Clinic in Salvi's,
5pm-6pm.

TUES 28th FEBRUARY

BLUE HAVEN:

Jorge Kachmari, 8pm.
KINSALE

ACTIVE RETIRED ASSOCIATION:
Temperance Hall,
2pm. Light exercise
followed by talk
by Cllr. Marie
O'Sullivan, FG.

STRONGER WITH SIOBHAN:
Beginner Body
Sculpt, 8pm.
Madden Park.
Tel: 087 2771899.

WEDS 1st MARCH

BLUE HAVEN:

Mike O'Riordan,
8.00pm.

THURS 2nd MARCH

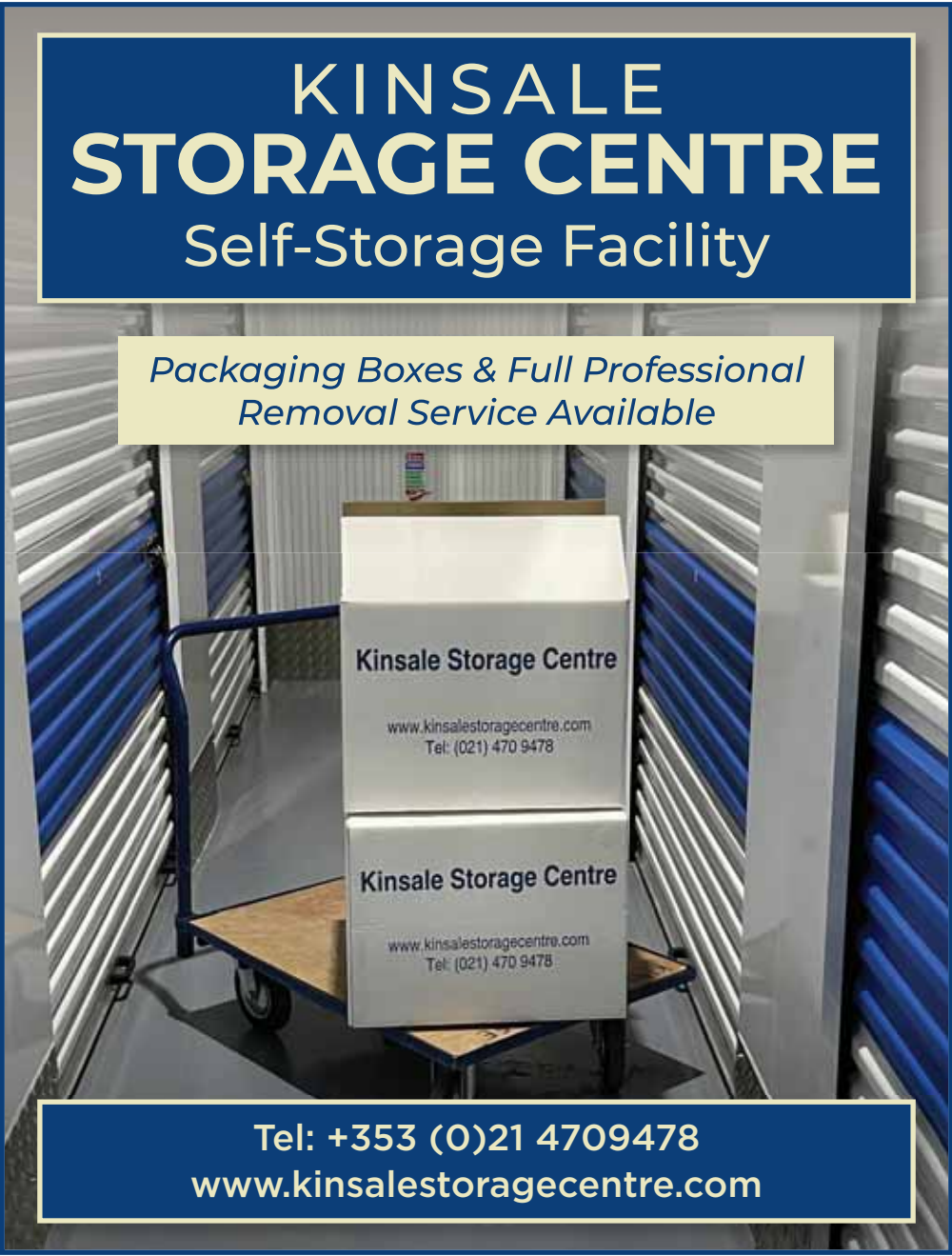
BLUE HAVEN:

Ben Dillon,
8.00pm.
HAMLETS:
Open for food,
drinks & takeaway.
5pm-11.30pm.

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