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How it looks in 2023

How it looks in 2023

- Decorating & Wallpapering
- Hand Painted Kitchens
- Refurbishments

- Upgrade your House for Re-Sale
- Bathroom Renovations/Tiling
- Exterior Dirt-Resistant Coatings

CONTACT US FOR A DETAILED QUOTATION

Est: 1992

Pearse Street, Kinsale Tel: 021 4772788 www.kinsaledental.ie Like us on **F** Facebook

ADMINISTRATIVE POSITION AVAILABLE

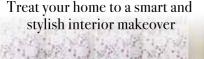
KINSALE

DENTAL

- Administrative experience required.
- Full-time / Part-time.
- · Great team, great hours, great remuneration.

Send CV to: monique@kinsaledental.ie







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- Savings & Investments

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Advertiser ____

NEW BRUNCH MENU





SUNDAY BRUNCH

10.00am - 6.00pm



Stuffed French Toast Classic French toast stuffed with vanilla crème cheese, topped with caramelized nuts and maple syrup - veg	€9.50
Curried Sweetcorn Pancake Avocado & chilli pepper, poached egg with tomato relish and lime crème fraiche – veg	€11.50
Pear Caramel One Pancake Thyme poached pear, whipped cream, salted caramel, toasted almonds and granola – veg	€11.50
Kimchi Fritters Union hall smoked salmon, fried egg with spring onion aioli	€14.50
Brunch Bowl Coconut, lentil and sweet potato topped with poached eggs and naan bread – veg	€12.50
Cajun Cod Taco Crumbed cod taco, corn salsa, baja sauce and fries	€18.50
Pulled Beef Poffertjes Savoury beignets topped with overnight braised beef brisket, caramelised shallots	€15.50
Smashed Burger Loaded with Irish cheddar cheese and paprika fries with garlic aoili with fries	€16.50
Breakfast Pizza Black pudding, sausage, bacon, eggs, mozzarella cheese and relish	€14.50
Double Pepperoni Pizza Texas style double pepperoni, Macroom mozzarella	€14.50
Margarita Pizza (V) Macroom mozzarella, fresh basil leaves, finished with Parmesan cheese	€13.50

Kids menu also available

www.hamletsofkinsale.com

JOIN THE MANAGEMENT TEAM OF A FAST GROWING EUROPEAN ORGANISATION

LSC is hiring a **FINANCIAL CONTROLLER** to join our Kinsale office working with our Life Sciences teams across Europe.

Send your CV to recruit@lsc.ie today!

connecting success

LS(

ACTONS HOTEL

YOGA & PILATES Actons Health & Fitness Centre

MONDAY YOGA & PILATES FUSION 10:00-11:00

THURSDAY MEN'S YOGA & PILATES 19:00-20:00

Classes will start from the 6th of March 2023. Contact Rose for pre-booking and more information. Rose: 089 4930312

PRE-BOOKING IS ESSENTIAL

021 477 2345 / leisure@actonshotelkinsale.com / www.actonshotelkinsale.com



2 Pearse St, Kinsale Tel: 021 4772125 Web: www.whitehouse-kinsale.ie

enibas

WE'RE HIRING

Working with us at Enibas in beautiful West Cork, means you will become part of those special moments in our customers' lives.

SALES ASSISTANT

Kinsale sales team

ABOUT THE ROLE

In this role, you will be working independently on the shop floor, welcoming customers in and providing a warm in-store Enibas experience. You will process sales in the inventory system and handle special customer orders and sales inquiries.

KEY RESPONSIBILITIES

- Part-time (1-2 days) in our Kinsale store
- Flexible approach to work with occasional additional working hours
- Natural and friendly manner with people and a passion for arts & crafts

TO APPLY

Please send a cover letter and C.V. to Claire Lehane on hr@enibas.com

For further details on the roles above please visit: www.enibas.com/careers

Our Kinsale shop is currently open Tuesday - Sunday



- Hand Painted Kitchens
- Refurbishments
- Decorating & Wallpapering Upgrade your House for Re-Sale
 - Bathroom Renovations/Tiling
 - Exterior Dirt-Resistant Coatings
 - CONTACT US FOR A DETAILED QUOTATION



KINSALE hotel & spa

Sunday Lunch Served 12.30pm to 3.00pm

1-course €20.95 / **2-course** €25.95 / **3-course** €29.95

Live music with BILLY CROSBIE **Every Sunday** in February

 90 acres of mature wooded parkland and Oysterhaven bay-side walks. Panoramic views of Kinsale's countryside and rugged coastline from the restaurant. Children's Playground.

BOOK HERE

Kids 3-Course Buffet



Brunch: 10.30am - 12.30pm



Sunday Lunch: 12.30pm - 3pm



f 🎔 🖸 www.kinsalehotelandspa.ie Tel: 021 4706000

One child dines free* on our Kids 3 Course Buffet

Offer available for February 2023. * Must be accompanied by full paying adult on 3 course menu.



How often should I get my eyes tested?

Normally every 2 years unless the person is over 40 and there's Glaucoma or Age Related Macular Degeneration (ARMD) in the family, or if the patient has Diabetes, ARMD or Glaucoma themselves they should get tested every year at least.

PRSI will cover a standard eye examination with dilation for the patient/client.

Sometimes there may be extra procedures which could incur an extra charge (such as dry/sore eye procedures or retina pictures). This is the same with certain medical card holders as well.

9 GUARDWELL, KINSALE, CO. CORK / 021 4773595 / www.kennedysopticians.ie Tues to Thur: 9.30am-5.30pm | Fri: 8.30am-5.30pm | Sat: 9.30am-2pm



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HOPE EXPLORED

What's the best life you could ever expect? HOPE | PEACE | PURPOSE

There are few emotions more powerful than hope. But these days, hope often feels hard to come by. Where can we find a hope that won't disappoint us?

Hope Explored is a video and discussion based evening building to Easter and looking at the life, death and resurrection of Jesus in Luke's Gospel.

ALL WELCOME AT THE TEMPERANCE HALL Free of charge

Monday 27th February | 7pm-8pm | PURPOSE

More details: Kinsale Baptist Church: Ph. 087 4174201 📑 Facebook & 回 Instagram

HOTEI



Pier One Restaurant available for Private Dining. Lunch and dinner menus can be tailored to suit all food and beverage preferences.

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OPENING TIMES: Monday - Friday 7am - 5.30pm. Saturday 7am - 2pm. 😢 021 4191820 🔲 087 1886611 🖾 retail@ladysbridge.ie 🎯 www.ladysbridge.ie

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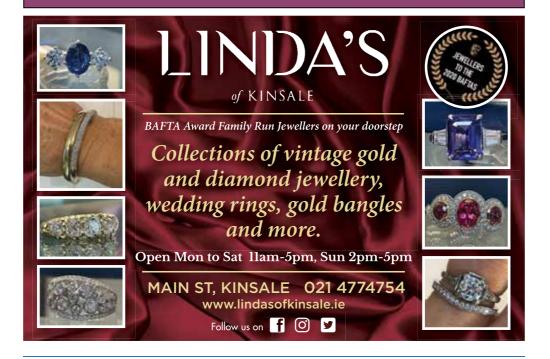
Nationwide Enquiry Line: 087 744 0729

Carer duties:

Housekeeping Meal preparation Companionship Personal care, if required Night only care also available

All our carers are Garda vetted and provided with ongoing training and support.

Three week trial period Nationwide Service!





STARTUP23 ENTREPRENEURSHIP PROGRAMME

Want to start or reboot a business in 2023? Join Startup23 - Open to All

PART ONE: **BIG IDEAS DAY** Saturday 4th March

Bring an idea - take away a plan. FREE coaching, with panel of mentors, business experts, Kinsale's finest!

PART TWO: ENTERPRISE STARTUP PROGRAMME

Starts after Easter

Talks, Expert panels. Workshops & Individual Coaching. Covering everything from Product Development, Knowing Your Value Proposition, Startup Finance & Investment, Sales & Marketing, Social Media, Market Research.

Not sure? Just sign up for BIG IDEAS DAY

For more info/application form go to: www.futurekinsale.ie/startup23





COURSE DURATION 8 WEEKS KTC Members €115 / Non-Members €125 Sibling discount €5 for 2nd and 3rd child Contact Maria via text 087 255 3810

Online registration on Maria Bolster's website



Get in touch for free & confidential career support.

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Iona Wilson Jobcoach, Kinsale

ionawilson@empwc.org 086 6007964 www.empservice.org



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WWW.MSELLIESBOUTIQUE.COM



THE GOOD HEALTH CIRCLE

Your directory of practitioners in the community

Email: info@thegoodhealthcircle.ie





INTERNATIONAL WOMEN'S DAY WEDNESDAY 8TH MARCH, 6PM - 9PM @ KINSALE HEALTH HUB

TALKS FOR WOMEN Come and listen to talks by women, for women. TALK TO WOMEN Get together to talk to your presenters and other women.



SIOBHAN DEVLIN IMPORTANCE OF STRENGTH TRAINING FOR WOMEN



LOUISE KANE BUCKLEY NAVIGATING PUBERTY NATURALLY



CATRIONA COURTNEY HOW TO FUEL VITALITY AND HEALTH



TRACY McCARTHY NATURALLY BALANCED WORKSHOP



REBECCA REDDIN SELF CARE IN EARLY MOTHERHOOD



KATIE LYNCH SUNSTAINABILITY AND WOMEN'S HEALTH



Buy your €10 ticket to the talk/workshop of your choice. All proceeds going to Kinsale Youth Community Centre. www.kinsalehealthhub.com/IWDE2023

KINSALE ST. PATRICK'S MARITIME PARADE NEEDS YOU!

Enter your boat and help light up our harbour for the Maritime Parade on Thursday 16th March.

Let this be the biggest and brightest Maritime Parade yet for our visitors from Newport, Rhode Island, locals and all visitors to Kinsale!

Text/WhatsApp your entry to Áine at 087 924 4613 or email kinsalemaritimeparade23@gmail.com





BOOK YOUR PRIME PAGES for these Upcoming Events

St. Patrick's Day

Mother's Day 19th March

Easter Weekend 7th - 10th April

Contact us now for details of our unbeatable rates. Discounts available for ad runs of 4 weeks or longer.

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www.kinsaleadvertiser.com



DON'T LOSE IT!



MOORINGS CHECKED MOORINGS LAID

ඏ 021 4774946 ⊠ info@SubseaSurvey.ie



Ukrainian Friends

We would love to see you participate in our Kinsale St. Patrick's Day Parade on March 17th.

Email kinsaleparade@gmail.com for further details.

Українські друзі

Ми будемо раді бачити вашу участь на нашій вулиці Кінсейл. Парад до Дня Патрика 17 березня.

Надішліть електронну адресу kinsaleparade@gmail.com для отримання додаткової інформації.



FEBRUARY OPENING HOURS

Lunch served 12:30pm-4:30pm Wednesday to Sunday.

Dinner served in the restaurant 6pm-8:30pm Wednesday to Saturday.

Bar closed Tuesdays.



Acknowledgement & First Anniversary of JACK SHEEHAN "Villa Maria", Kinsale Died 26th February 2022



As we lovingly remember Jack on this 1st Anniversary, we, his family, would like to thank all those who sympathised, sent Mass cards and flowers, and helped us in any way.

Fr. Young, Market Place Surgery, Haven Bay, Gabriel & O'Donovan's Funeral Home, and all family and friends.

The Holy Sacrifice of the Mass will be offered for all your intentions.



Died 28th February 2022



The family of the late PJ Crowe would like to thank all those who supported us in any way following the sudden loss of our Dad PJ.

For the kind words of sympathy, the Mass cards, the flowers and phone calls, visits to the house, the text messages and messages of condolence on RIP.IE

To all those who attended PJ's removal, lined the funeral route, attended the funeral and helped us to take Dad to St. Eltins to be with Phyllis.

To Father Young, the Choir, and Gabriel & O'Donovan Funeral Directors.

A sincere thank you to you all.

The Holy Sacrifice of the Mass will be offered for your intentions.

In loving and treasured memories of a dear brother, brother-in-law, uncle and granduncle,

RIP Ballinrichard, Belgooly who went to Heaven on February 11th 2021

FITZGERA



Two years ago you left us Donal to join dear Mam and Dad in their lovely home in Heaven, where you now rest peacefully. Our memories of you are precious, and never fade away. We feel your presence always, as you walk beside us every day. And you're always there to help us in your own sweet loving way. Your suffering is over now, you've truly earned your crown. So Rest in Peace dear Donal, until we meet again. We will treasure all the good times, and keep you in our hearts. We talk about you every day, and laugh at things you used to say. Sleep well dear brother, and in your own words Donal, see you later.

Loved and missed forever, by sister Eileen, brother-in-law Martin, nieces Carmel and Jean, Carmel's husband, Will, and grandniece Saoirse xxxx

ST. PATRICK'S DAY Flags and bunting are going up on Monday 6th March. If you would like to lend a hand please come to the Temperance Hall at 7pm. Please wear hi-viz & bring a long ladder if you can! Please call 086 816 4918 for more info.





TAKE THE NEXT STEP! CALL JAMES ON 086 1799263 FOR PATIOS, BRICK PAVING, STONEWORK, GARDENING, WELDING, ETC. Small lorry loads of rubbish removed.





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021 477 2255

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are seeking EXPERIENCED PART-TIME OTC ASSISTANTS

to join our busy team.

The successful candidate will be required to work a rota which will include every 2nd Saturday.

DUTIES & REQUIREMENTS:

- Advising customers on the safe use of pharmacy products & medicines.
- OTC sales & customer service.
- Offering professional, efficient and friendly service.
- Stock management & till duties.
- Must be able to work within a team but also using own initiative.

Competitive terms & conditions.

Apply with CV to ciaran@oconnorspharmacy.com

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We are currently hiring for the following positions

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Please send CV to info@jimedwardskinsale.com



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KINSALE BAPTIST CHURCH Sundays, 11am Temperance Hall All welcome www.kinsaleabc.ie



Tired of being alone? Two Hearts Meet

Matchmaking Agency will help you find your Special Someone!

Call: 085 77 42 444 www.twoheartsdating.com

Kinsale Active Retirement Association

Temperance Hall Tuesday 28th February, 2pm

Light Exercise followed by

Cllr. Marie O'Sullivan, FG Concerns and Progress in Kinsale



Volunteers needed to help out with stewarding on St. Patrick's Day.

Please contact 086 816 4918



MATHS GRINDS 023 8849523 KILBRITTAIN AREA 20 years experience. Junior Cert, Leaving Cert & 3rd Level.

WHAT'S ON in Kinsale & District

THURS 23rd FEBRUARY BLUE HAVEN: Ben Dillon. 8.00pm. HAMLETS: Open for food, drinks & takeaway. 5pm-11.30pm. KINSALE **RESTAURANT WEEK:** 2 course Menu €28 at Kinsale Good Food Circle Restaurants. www.kinsalerestaurants.com THE WELL PROJECT WIN A CAR RAFFLE: Tickets on sale at Lidl. Kinsale.

FRI 24th FEBRUARY

BLUE HAVEN: Trad Duo, 9.00pm. HAMLETS: Open for food, drinks & takeaway. 5pm-12.30am. KINSALE RESTAURANT WEEK: 2 course Menu €28 at Kinsale Good Food Circle Restaurants.

www.kinsalerestaurants.com OLD BANK HOUSE: Pop Up Indian Night, 6.00pm to 9.00pm. Dine in or takeaway. www.oldbankhousekinsale.com to book. SAT 25th FEBRUARY ARMADA BAR: Jamestown. **BLUE HAVEN:** Mafia Cats, 10pm. KINSALE ST. PATRICK'S DAY PARADE: Church Gate Collection. STRONGER WITH SIOBHAN: **Beginner Circuits**, 9am. Madden Park. Tel: 087 2771899. WHITE HOUSE: 6 Nations Rugby: Italy v Ireland. 2.15pm. Wales v England, 4.45pm.

SUN 26th FEBRUARY BLUE HAVEN:

BLUE HAVEN: Paul Stubbings, 8pm. BULMAN: Live music in the bar, 7pm - 9pm. HAMLETS: New Sunday Brunch Menu. Open for food, drinks & takeaway. 10am-6pm. (Drinks until 9pm). KINSALE BAPTIST CHURCH: Temperance Hall, 11am. **KINSALE HOTEL:** Sunday Lunch Offer: One child dines free. Live music with Billy Crosbie. Must be accompanied by full paying adult on 3 course menu. T & C apply. Sunday Lunch: 12.30pm-3pm. Tel: 021 4706000 KINSALE ST. PATRICK'S DAY PARADE: **Church Gate** Collection. **KINSALE TEN** MILE RACE: Starts 12pm at **Kinsale Community** School. www.kinsale10mile.com LOULA NATURAL:

Reiki Level 1. Booking: louise@loulanatural.com WHITE HOUSE: 6 Nations Rugby: France v Scotland, 3pm.

MON 27th FEBRUARY

BLUE HAVEN: Ben Dillon, 8pm. KINSALE BAPTIST CHURCH: Hope Explored. Purpose: 7pm-8pm. Temperance Hall. Free of Charge. SENATOR TIM LOMBARD: Clinic in Salvi's, 5pm-6pm.

TUES 28th FEBRUARY

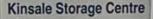
BLUE HAVEN: Jorge Kachmari, 8pm, KINSALE ACTIVE RETIRED ASSOCIATION: Temperance Hall. 2pm. Light exercise followed by talk by Cllr. Marie O'Sullivan, FG. STRONGER WITH SIOBHAN: **Beginner Body** Sculpt, 8pm. Madden Park. Tel: 087 2771899.

WEDS 1st MARCH BLUE HAVEN: Mike O'Riordan, 8.00pm.

THURS 2nd MARCH BLUE HAVEN: Ben Dillon, 8.00pm. HAMLETS: Open for food, drinks & takeaway. 5pm-11.30pm.

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