

FREE

Vol. 31 Issue 05/20

Friday 7th - Thursday 13th February 2020



KINSALE ADVERTISER

INCLUDING THE GUIDE TO **WHAT'S ON** IN KINSALE & DISTRICT

Tel: 021 477 4313 :: Web: www.kinsaleadvertiser.com :: Email: info@kinsaleadvertiser.com



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3 CLASSES PER WEEK
FROM 10.30-11.30AM
(Monday, Wednesday and Friday
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- ✓ SUITABLE TO ALL LEVELS OF FITNESS
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AS SCALED OPTIONS FOR ALL MOVEMENTS
- ✓ PROFESSIONAL, FRIENDLY & QUALIFIED COACHES
- ✓ FUN ENVIRONMENT
- ✓ TOTAL BODY TONE
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- ✓ GET ACTIVE IN A FRIENDLY, FUN ENVIRONMENT
- ✓ JOIN THE BOOTCAMP TEAM
- ✓ GREAT SOCIAL OUTLET
- ✓ INCREASE ENERGY, LOSE WEIGHT, FEEL GREAT

18
classes in total
€6.50
per class

info@crossfitkinsale.com

CrossFit Kinsale Ballymacaw, Kinsale, P17 HH64.

Start Date: Monday 2nd March
€120 payable up front for the course



T: 021 491 9466

E: carrigalinefurniture@gmail.com

W: carrigalinefurnitureandcarpets.ie

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*The Trident has everything you need
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GREAT FOOD, WONDERFUL LOCATION
AND EXCELLENT FRIENDLY SERVICE



*Join us for a Romantic Valentine's Dinner
in Pier One Restaurant*

FRIDAY 14th FEBRUARY

€37 per person

(includes a complimentary glass of bubbles)

Make a night of it!

Surprise your loved one with a fabulous overnight stay.
Special discounted room rate for bed & breakfast for two.



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FINE GAEL 

Please give
Tim Lombard
your No. 1 Vote
this Saturday 8th February.

*A voice in Dáil Éireann for the
people of Kinsale and surrounding areas.*

Cllr. Marie O'Sullivan

Continue your preference for Karen Coakley.



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Role Reference Number: 54713BR

Closing Date: Friday 14th February 2020

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- **Is the FF/FG cartel really the best Ireland can do?**
- **Think outside the political cartel.**
- **Ireland deserves better.**

- 20 years experience in the community/health sector.
- Psychologist for national organisation working with vulnerable young people as well as training and supporting carers.
- Experience in rural and urban community development and community advocacy.
- Kinsale based and member of Kinsale Parish Assembly.
- Mother of young children in Kinsale schools.
- Pro-life, and all of life.



Vótáil #1
Mairéad
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CORK SOUTH WEST

Valentine's



@



RARE

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Enjoy a Romantic Meal & Live Music.

*Choose from our set Valentine's menu in Rare Restaurant
or our à la carte menu in the Fish Market Bistro.*



**Live Music Valentine's Night
with Niall McCabe & Guest, 9.30pm**

Saturday 15th: **Sharon Crosbie** 10pm | Sunday 16th: **Colin Deady** 8.30pm

Live Music 7 nights a week

To book please call 021-4772209 or email info@bluehavenkinsale.com



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Margaret
Murphy O'Mahony

Vótáil
1

Please continue your preference for
Christopher O'Sullivan

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Friday 14th February

Spoil the one you love with a

Romantic Four Course Meal for Two

including a complimentary Glass of Bubbles

€40 per person

Booking is essential

For reservations please call 021 4779900
or email enquiries@actonshotelkinsale.com



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Veuve Clicquot
REIMS FRANCE


**KINSALE
RESTAURANT
WEEK 2020**


KINSALE

SINCE 1976

From 24th February to 1st March
Each Good Food Circle Restaurant
will have a 2 Course €22 Menu
(subject to availability)

Bookings now open.

Bookings to be made directly at each restaurant.

Please quote “Restaurant Week” when booking.

PARTICIPATING RESTAURANTS

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The Trident Hotel 021 477 9300 • The Supper Club 021 470 9233
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- Exclusive Spa & Dining Discounts

€550 total per couple (T&C apply)

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**Social
Democrats**

Cllr. Holly CAIRNS

CORK SOUTH WEST

Priority Areas

- **Affordable housing** that builds and strengthens communities
- Support for the status of **Bantry General Hospital** and full commitment to **Sláintecare**
- Greater investment in disability and **mental health services**
- Making West Cork a leader on **climate change and biodiversity**
- Meaningful **supports for agriculture** to address climate change
- Increased investment and support for **rural public transport**
- A new deal for families on **work-life balance and childcare**

Vote

1

About Holly

- Party Spokesperson for **Agriculture**
- Member of Cork County Council Coastal Management Committee and Strategic Policy Committees for Arts and the Environment
- MSc in Organic Horticulture, specializing in the impact of climate change on food production
- Former disability support worker

Hope for Better. Vote for Better.
Vote Holly Cairns No.1
on February the 8th.

☎ 086 361 5830

✉ holly.mckeevercairns@socialdemocrats.ie

f /HollyMcKeeverCairns

@hollyleahcairns





ELECTION 2020

**Cllr Alan
COLEMAN**
INDEPENDENT

*An experienced voice to represent
you and your community.*

PLEASE VOTE NO.1 

The Spires, Innishannon, Co. Cork | Mobile: 087 234 1022 | Email: alancolemanccc@gmail.com

KINSALE MEDICAL

KINSALE

NOW INTRODUCING

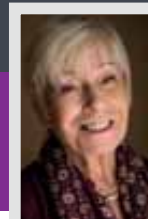
the latest Oticon Opn.
The World's first internet-connected hearing aid.



Karen Underwood
Singer

"As a singer, the combination of Egans and my Opn hearing aid means I can fully enjoy my passion."

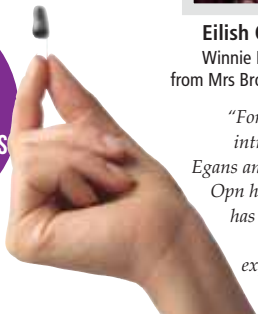
- Proven to make listening easier on the brain
- 30% better speech understanding
- Up to €1000 PPS Grant
- FREE hearing test and consultation
- Made for iPhone



Eilish O'Carroll
Winnie McGoogan
from Mrs Brown's Boys

"For me being introduced to Egans and the new Opn hearing aid has been a life changing experience."

OPN CHIP
50%
FASTER THAN PREVIOUS
TECHNOLOGY



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We have some very exciting and interesting
job opportunities arising.

Gardener / Groundskeeper
Maintenance Person
Night Porter

Kitchen Porter / Assistant
Food & Beverage Attendants
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Full time and part time positions available.

If any of the above positions are of interest to you
please forward your CV to Mary @
mkodonovan@ballinacurra.com





Neuromuscular Physical Therapy Clinic

Pain Management / Rehabilitation / Functional Exercise



Some conditions treated in the clinic:

- Headaches
- Migraines
- Neck Pain
- Back Pain
- Shoulder Pain/Problems
- Elbow/Wrist Problems
- Carpal Tunnel Syndrome
- Postural Distortions
- Hip Pain/Discomfort/Problems
- Knee Pain/Problems
- Ankle/Foot Problems
- Sciatica
- Nerve Entrapment
- Joint Pain/Discomfort
- Strains/Sprains
- Sports Injuries/Recovery
- Soft Tissue Repair
- Connective Tissue Repair
- Muscular Disorders/Conditions
- Coordination Development
- Loss of Balance
- Stiffness
- Impaired Mobility
- Functional Exercise

By appointment: **Sabine Graef** (BEd., SMT, NMPT)

Mobile **087 9872783**

No. 26 Haven Bay Apt, Ballinacubby, Kinsale

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Laura Hagger Podiatry Clinic

D.Pod.M, M.Ch.S.I., S.R.Ch.

SPECIALIST FOOTCARE/CHIROPODY CENTRE

- Routine Footcare
- Specialist Diabetic Footcare
- Nail Surgery
- Orthoses & Insoles
- Sports Injuries
- Children's Foot Health
- Verruca Treatment
- Acupuncture
- House calls now available
- Blast those verrucae and warts with fast effective laser treatment

By Appointment 021 477 9578

NO. 26 HAVEN BAY APT, BALLINACUBBY, KINSALE

✓ Health
Board
Approved





I am asking for
your No. 1 Vote
this Saturday.

Thank you.

PLEASE VOTE No. 2: KAREN COAKLEY



*The Tyre
Specialists
since the Turn
of the Century*

Noel Madden

KINSALE TYRE

CENTRE



**TYRE SALES • WHEEL ALIGNMENT
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Cobra TANDOORI

Multi-Award Winning Cuisine

Why not try something very mild for your first taste of curry. We are sure you will be delighted.

EARLY BIRD SPECIAL MENU

Sunday-Thursday, 4pm-7pm

COBRA TANDOORI KEBAB SPECIALS

Take Away & Delivery Menu

FREE DELIVERY IN THE KINSALE AREA

OPENING HOURS: 4pm-11pm, 7 Days A Week



69 Main Street, Kinsale Phone 021 477 7911 or 021 477 7163



NEW TIMETABLE
commencing
Mon 17th February

**BANDON
INNISHANNON
KINSALE
BALLINSPITTLE
KILBRITTAIN
BANDON**

The Route 254 is now operating between Bandon and Kinsale serving towns and villages in between.

It is a seven day service and will cater for a full range of commuters including workers, school students, shoppers, and visitors alike.

For any queries on this new service please contact
Local Link Cork on 027 52727

Fare Table	
Fare Table	Band A
Adult Single	€3.00
Adult Return	€5.00
Adult 7 Day	€22.00
Student Single	€2.00
Student Return	€3.50
Student 7-day	€15.00
Child Single	€1.50
Child Return	€2.50
Child 7-day	€11.00
Child Under 5's	€0.00
FTP	€0.00

Timetable

254 Bandon - Innishannon - Kinsale - Kilbrittain - Bandon

Departs	Stops	Monday - Friday		
Bandon	Bus Stop (Kelleher's)	06:40	07:55	09:15
Innishannon	Bus Stop	06:50	08:05	09:25
Dunderrow <small>(go via village)</small>	The Fields Bar	07:00	08:15	09:35
Kinsale College	Kinsale College	07:10	08:25	09:50
Kinsale	Bus Stop	07:15	08:35	10:00
Ballinspittle	Lissoran Corner	07:25	08:45	10:10
Kilbrittain	Community Hall	07:35	08:55	10:20
Bandon	Bus Stop (Kelleher's)	07:55	09:15	10:40

Bandon - Kilbrittain - Kinsale - Innishannon - Bandon

Departs	Stops	Monday - Friday				
Bandon	Bus Stop (ESB)	12:35	15:30	17:15	18:40	
Kilbrittain	Community Hall	12:55	15:50	17:35	19:00	
Ballinspittle	Lissoran Corner	13:05	16:00	17:45	19:10	
Kinsale	Bus Stop	13:15	16:10	17:55	19:20	20:00
Kinsale College	Kinsale College	13:20	16:15	18:00		20:05
Dunderrow <small>(go via village)</small>	The Fields Bar	13:30	16:30	18:15		20:15
Innishannon	Bus Stop	13:40	16:40	17:25		20:25
Bandon	Bus Stop (ESB)	13:55	16:50	18:35		20:35

254 Bandon - Innishannon - Kinsale - Kilbrittain - Bandon

Departs	Stops	Saturday Only		Sunday Only
Bandon	Bus Stop (Kelleher's)	06:40	09:15	10:15
Innishannon	Bus Stop	06:50	09:25	10:25
Dunderrow <small>(go via village)</small>	The Fields Bar	07:00	09:35	10:35
Kinsale College	Kinsale College	07:10	09:50	10:50
Kinsale	Bus Stop	07:15	10:00	11:00
Ballinspittle	Lissoran Corner	07:25	10:10	11:10
Kilbrittain	Community Hall	07:35	10:20	11:20
Bandon	Bus Stop (Kelleher's)	07:55	10:40	11:40

Bandon - Kilbrittain - Kinsale - Innishannon - Bandon

Departs	Stops	Saturday - Sunday				
Bandon	Bus Stop (ESB)	12:35	15:30	17:15	18:40	
Kilbrittain	Community Hall	12:55	15:50	17:35	19:00	
Ballinspittle	Lissoran Corner	13:05	16:00	17:45	19:10	
Kinsale	Bus Stop	13:15	16:10	17:55	19:20	20:00
Kinsale College	Kinsale College	13:20	16:15	18:00		20:05
Dunderrow <small>(go via village)</small>	The Fields Bar	13:30	16:30	18:15		20:15
Innishannon	Bus Stop	13:40	16:40	18:25		20:25
Bandon	Bus Stop (ESB)	13:55	16:50	18:35		20:35



Kinsale Community Biodiversity Plan

with Ecologist Jo Goodyear



Transition Town Kinsale

Venue: The Friary
Thursday 13th February
at 7.30pm

A Transition Town Kinsale Initiative
All Welcome



KINSALE LADIES FOOTBALL **OPEN DAY**

*COME AND GIVE FOOTBALL A GO
WITH OUR CORK STARS!*



Saturday Feb 15th
Kinsale Community School

U6 - U10: 2pm - 2:45pm | U12 - U16: 3pm - 4pm

If you're a minor or adult and would like to find out more information about the club, call away at 4pm to meet members of the committee.

For more information check out Kinsale GAA on Facebook, Twitter, Instagram or kinsalegaa.com



The **ARMADA** BAR & GUESTHOUSE

PEARSE STREET, KINSALE
Ph: 021 477 2255

OPEN ALL DAY

POOL / DARTS / RINGS

WE CATER FOR ALL PARTIES
Birthdays, Family Events, Funerals, etc...

Free **Wi Fi**



**TEMPERANCE HALL
MANAGEMENT COMMITTEE**

E.G.M.

Extraordinary General Meeting

will be held on

**Wednesday 19th February, 8pm
in the Temperance Hall**

**TO ELECT A
MANAGEMENT COMMITTEE**

*The Temperance Hall is a wonderful asset to the community,
used by a wide variety of groups and interests.*

To continue to run the committee needs members.

This is your hall. Please come along and get involved.





Kinsale 26th Scouts

COFFEE MORNING & CAKE SALE

Temperance Hall
Saturday 15th February
10am-12.30pm

Donations of baking greatly appreciated,
please drop to Temperance Hall
from 9.30am-10am on the morning.

*Thank you for your continued support
of Kinsale 26th Scouts*

Follow us on Facebook  "Kinsale Scouts"

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- Fire Hoses - Stand Pipes, Keys & Bars
- Fire Hydrants - Tested
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- Safety Signs - Supplied & Fitted
- Fire Training
- Health & Safety Training

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TIME TO GET YOUR
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www.aafiresafety.ie

Mark Costelloe, Director, Ballyvrin, Dunderrow, Kinsale, Co. Cork

The Speckled Door

Old Head, Kinsale Tel: 021 477 8243

Last Food Orders: 6.45pm, Saturday & Sunday

Lunch Served: 12.30pm to 2pm

Monday to Friday (Closed Tuesday)



We are on the Local Link route



SAM'S BAR

SNUG AND BEER GARDEN

The Glen, Kinsale Tel: 021 4700816



**Showing all of Ireland's
6 Nations Rugby Matches**

Next Match
Sat 8th Feb: IRELAND V WALES, 2.15pm

Pearse Street, Kinsale (above Eurospar)

Phone: **087 783 9626**

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★★★★★ **ENJOY 10% OFF** ★★★★★
ALL MASSAGE & NAIL TREATMENTS THIS FEBRUARY

♥ *Don't forget* ♥

Spoil your loved one on Valentine's Day!

Buy them a Gift Voucher
...and let us pamper them for you!



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kids busy this coming Easter.*

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Collins for West Cork, West Cork for Collins



Vote No. 1
Michael Collins

**A Strong Independent Voice
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I have spoken in the Dáil over 430 times.

**I HOLD WEEKLY CLINICS IN
KINSALE IN THE ARMADA BAR**

Any enquiries please contact me at:

Email: Michael.Collins@oireachtas.ie

Mobile: 086 3174606



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KINSALE
ST. PATRICK'S DAY

DATE FOR YOUR DIARY!

FAMILY FUN
BINGO

Friday 21st February
Trident Hotel

DOORS 7.30pm, EYES DOWN 8pm

*Your support for this community
event is much appreciated.*



TRIDENT HOTEL
8th March 2020
11 am - 5pm

*A DAY SHOWCASING WOMEN IN BUSINESS
AS WELL AS BUSINESS PROVIDING FEMALE
CENTRED SUPPORT.*

**WORKSHOPS, HEALTH TALKS
& CLASSES, PANEL DISCUSSIONS,
VIBRANT MARKET PLACE.**



For more info & tickets:
www.kinsalehealthandwellbeing.com



Our clients...
...are our best advertising

What are they saying about us?



We advertise with the Kinsale Advertiser when we have an event or training course in Kinsale. It's a fantastic way for us to get the word out locally in Kinsale.

We recently ran an advertising campaign over a four week period for our Kinsale Start Your Own Business Programme. We filled the course as a result of this advertising campaign. In addition the Kinsale Advertiser saved me time in designing the advert free of charge!



Christine Heffernan, Business Adviser
Cork County Council's Local Enterprise Office Cork North & West.

KINSALE ADVERTISER

Published weekly Deadline for copy Mondays at 12 noon

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7 nights a week
See diary for listings

Ph: 021 4772209
www.bluehavenkinsale.com

**Daltons
Bar**

Market St, Kinsale
Tel: 021 477 7957

**TRAD
SINGALONG**
Mondays

TRAD SESSION
Thursdays

QUIZ?
NIGHT

Friday 7th February, 7pm
The White House

Tables of 4: €50 Live Music with Leah Buckley / Great Spot Prizes!

IN AID OF
PIETA HOUSE





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WHAT'S ON IN KINSALE & DISTRICT

THURS 6th FEBRUARY

BLUE HAVEN:

Mike O'Riordan & guest, 9pm.

DALTON'S BAR:

Trad Session.

KINSALE GAA:

Junior camogie team training. 7pm at Sáille.

KINSALE TRIATHLON CLUB:

Open Evening at Actons Hotel, 7.30pm.

TINNITUS AWARENESS WEEK:

Tinnitus Information at Kinsale Hearing, Emmet Place, Kinsale.

FRI 7th FEBRUARY

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BLUE HAVEN:

Live music with Charlie McCabe, 9.30pm.

DRUM CIRCLE:

Temperance Hall, 7pm.

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FOLK HOUSE:

Live music with Bought and Sold, 10.30pm.

KINSALE BRIDGE CLUB:

Trident Hotel, 10am.

WHITE HOUSE:

Live music with Leon Buckley, 9.30pm. Quiz Night in aid of Pieta House, 7pm.

SAT 8th FEBRUARY

BLUE HAVEN:

Live music with Gypsy Sons, 10pm.

FOLK HOUSE:

Live music with King K, 10.30pm.

HAMLETS:

6 Nations Rugby. Ireland v Wales, 2.15pm. Scotland v England, 4.45pm. DJ.

WHITE HOUSE:

Ireland v Wales, 2.15pm. Wild Rythem, 10.30pm.

SAM'S BAR

Ireland v Wales, 2.15pm.

SUN 9th FEBRUARY

ANNUAL MASS & ANOINTING OF THE SICK:

Kinsale Carmelite Friary Church, 3pm.

BLUE HAVEN

Live music with Colin Deady, 8.30pm.

FOLK HOUSE:

Live music with Ben & The Mighty Men, 9pm.

HAMLETS:

6 Nations Rugby. France v Italy, 3pm.

KINSALE BAPTIST CHURCH:

11am, Temperance Hall.

MON 10th FEBRUARY

BLUE HAVEN:

Mike O'Riordan, 9pm.

DALTON'S BAR:

Trad.

SUPERVALU:

Transformation Walk/Jog/Run to the Dock and back. Meet at SuperValu Car Park, 6.45pm.

TUES 11th FEBRUARY

BLUE HAVEN:

Sonny & Friends, 9pm.

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RETIREMENT

ASSOCIATION:

Balance and Fall Prevention with Physiotherapist Sarah Parkes followed by presentation by Author Catherine Flanagan, "Great Famine in Kinsale".

2.15pm, Temperance Hall. All welcome.

KINSALE BRIDGE CLUB:

Trident Hotel, 7pm.

WED 12th FEBRUARY

BLUE HAVEN:

Live music with Niall McCabe, 9pm.

THUR 13th FEBRUARY

BLUE HAVEN:

Live music with Mike O'Riordan & guest, 9pm.

DALTON'S BAR:

Trad Session.

TRANSITION

TOWN KINSALE:

Kinsale Community Biodiversity Plan with Ecologist Jo Goodyear.. The Friary, 7.30pm. All welcome.



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