

Advertiser including the Guide to WHAT'S ON in Kinsale & District

Volume 33
#**04/22**Thurs 27th
Ianuary

January TO Thurs 3rd February 2022

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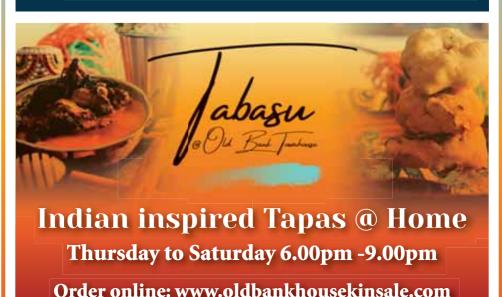


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DO YOU NEED A LIFE COACH?

Many celebrities including Oprah, Bill Clinton, Serena Williams and Leonardo DiCaprio attribute their success to working with a life coach.



What is a Life Coach?

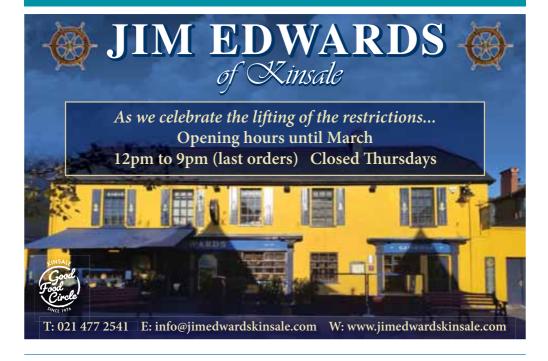
A life coach is someone to help you work through roadblocks that prevent you from taking your life to the next level.

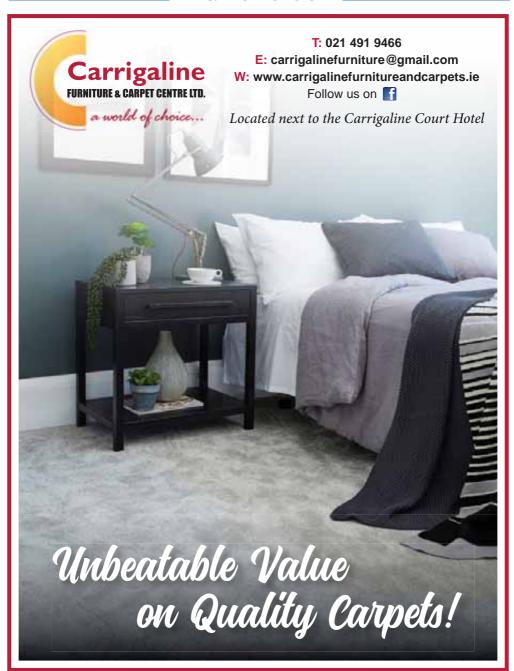
In a nutshell, a life coach helps you reach your goals and make the changes in your life that will make you happier and more content.

DM. Duffield is a highly qualified (Dip Health & Fitness, BSc Psychology, MSc Forensic Psychology & HDip Philosophy) and extensively experienced (25 years working in the field of personal development) coach who can empower you to make the changes you know you need to make.

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KINSALE COMMUNITY SCHOOL NIGHT CLASSES

EVERYBODY WELCOME

ENROLMENT: Tuesday 1st February 2022, 6.45pm-7.30pm

TERM STARTS WEEK OF MONDAY 7th FEB

Please enrol for classes in advance to avoid cancellation of classes.

Payments accepted in advance at school office, by post to Kinsale Community School, on enrolment night or via EasyPay on school website.

Monday Nights

Spanish for Beginners Level 2	€85
8 weeks, 7pm-9pm Jennifer Blasco Ruiz	
Floral Art Class 8 weeks, 7pm-9pm Eileen O'Brien	€90
English Language Course 8 weeks, 7pm-9pm Aine Wade	€90
Interior Design 8 weeks, 7pm-9pm Valda Rumley, Dip. Interio	
Deep Listening Training 6 weeks, 7pm-8.30pm Veronique O'Toole, Dip. Psych, MA.	€70
Improvers Spanish Lower Intermediate	€85

Places are limited so book early to avoid disappointment.

8 weeks - 7pm-9pm Estelle Castadenas

Tuesday Nights

Bridge Class €90 For those who have completed the beginners class. 8 weeks, 7pm-9pm Bernie O'Halloran Spanish Tapas Cookery €70 4 weeks, 6.30pm-8.30pm Jennifer Blasco Ruiz

Wednesday Nights

French for Beginners 8 weeks, 7pm-9pm Estelle Castadenas	€85
Fusion Yoga Starting 2nd March 6 weeks, 6.45pm-7.45pm Fiona Tierney	€60
Mind Your Mind Starting 2nd Marc 6 weeks, 7.50pm-8.50pm Fiona Tierney	:h €60
Advanced English 8 weeks, 7pm-9pm Aine Wade	€90
Sevillanas Dancing 8 weeks, 6.30pm-8pm Jennifer Blasco Ru	

Classes will break for midterm Monday 21st Feb to Friday 25th Feb.

For further details on night classes contact the Director of Adult Education Linda Dreelan: 087 849 1935 or 021 477 3174

info@kinsalecommunityschool.ie www.kinsalecommunityschool.ie



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With your help we can start to reduce that outstanding debt. We have a parking area beside the clubhouse with 55 spaces and hope to have each space sponsored by a local benefactor/business with a plaque at each space acknowledging this contribution.











Each plague costs €1000 and will stay in place for the duration that the business/club is in operation. This can be paid over 2 years €500 in 2022 and 2023.

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Contact Laurie 085 7893407
or email language.first.ireland@gmail.com



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WHAT'S ON in Kinsale & District

Thursday 27th Jan CARRIGALINE **FURNITURE & CARPET** CENTRE: January sale now on. **MACCARTHY'S INTERIORS:**

January sale on at our

Douglas Court branch. 10% off blinds. 20% off made-to-

measure curtain fabric. Sunday 30th Jan

EVERYMAN THEATRE,

CORK: Bosco's Garden and Hansel and Gretel. 12pm and 3.30pm.

KINSALE BAPTIST CHURCH:

Temperance Hall, 11am.

All welcome.

Tuesday 1st Feb KINSALE COMMUNITY SCHOOL:

Enrolment for Night Classes. 6.45pm-7.30pm.

Term starts on Monday 7th February. Further details: 087 8491935 or 021 4773174.

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