

FREE

Vol. 31 Issue 04/20

Friday 31st Jan - Thursday 6th Feb 2020



KINSALE ADVERTISER

INCLUDING THE GUIDE TO **WHAT'S ON** IN KINSALE & DISTRICT

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Weekly fee: €3 Yearly Fee: €17

Each Tuesday we try to encourage
20 minutes of chair exercises.

ACTIVITIES EACH WEEK:
Speakers, Presentations, Bingo,
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3 Day Away Trips, Spring &
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Closing Date: Friday 14th February 2020

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Hibernian Antique Fairs

Clayton Silver
Springs Hotel
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THIS SUNDAY
2nd February
2020

From 11am - 6pm

Admission: Adults €3.50 (including Raffle)
Children are welcome and FREE!

INFO: Robin O'Donnell: 087 693 3602 or robinodon@gmail.com

This is a sister fair to our Kinsale Fair, just much, much bigger!

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The Cork Antiques, Art & Vintage Fair

SUNDAY 2nd FEBRUARY 2020

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RESTAURANT
WEEK 2020**



KINSALE
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SINCE 1976

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Each Good Food Circle Restaurant
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(subject to availability)

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The Blue Haven 021 477 2209 • Actons Hotel 021 477 9900
The Trident Hotel 021 477 9300 • The Supper Club 021 470 9233
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www.kinsalerestaurants.com



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Murphy O'Mahony

Vótáil
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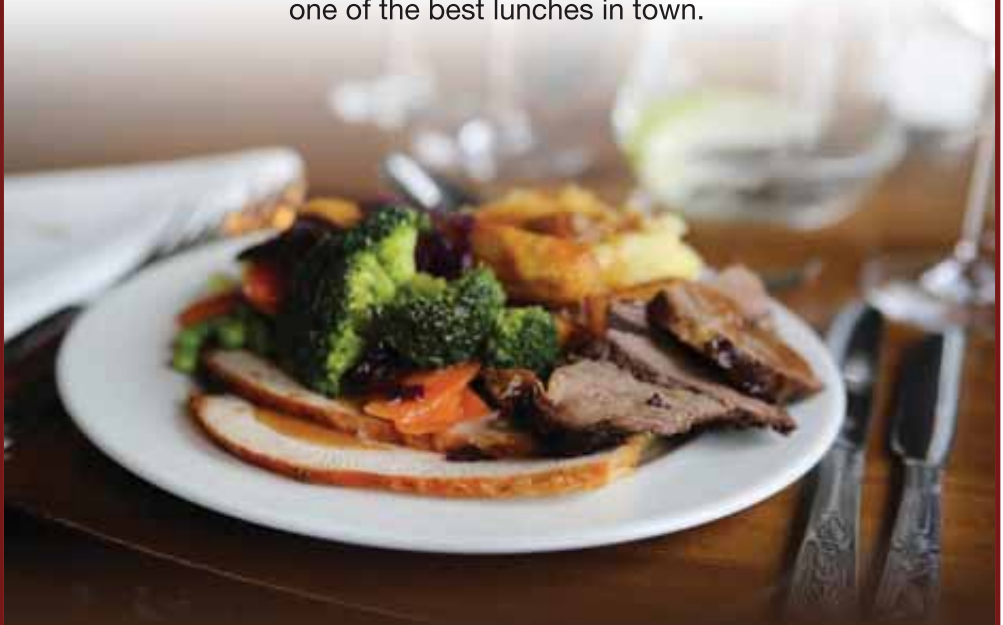
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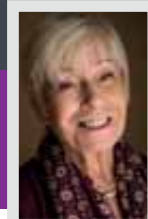
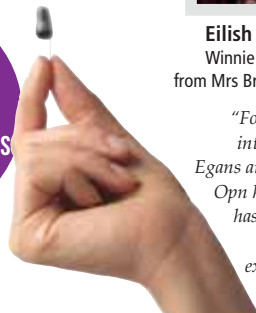


Karen Underwood
Singer

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Eilish O'Carroll
Winnie McGoogan
from Mrs Brown's Boys

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Starts MONDAY 3RD FEBRUARY, 7pm
in SÁILE

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All abilities welcome.*

Contact Trish Ryan (Captain) on 087 9475367 for further details.

Training in February: Mondays & Thursdays at 7pm in Sáile

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DATE	TIME		SCORE	
ROUND 1				
Sat 1 st Feb	2.15pm		WALES v ITALY	
Sat 1 st Feb	4.45pm		IRELAND v SCOTLAND	
Sun 2 nd Feb	3pm		FRANCE v ENGLAND	
ROUND 2				
Sat 8 th Feb	2.15pm		IRELAND v WALES	
Sat 8 th Feb	4.45pm		SCOTLAND v ENGLAND	
Sun 9 th Feb	3pm		FRANCE v ITALY	
ROUND 3				
Sat 22 nd Feb	2.15pm		ITALY v SCOTLAND	
Sat 22 nd Feb	4.45pm		WALES v FRANCE	
Sun 23 rd Feb	3pm		ENGLAND v IRELAND	
ROUND 4				
Sat 7 th March	2.15pm		IRELAND v ITALY	
Sat 7 th March	4.45pm		ENGLAND v WALES	
Sun 8 th March	3pm		SCOTLAND v FRANCE	
ROUND 5				
Sat 14 th March	2.15pm		WALES v SCOTLAND	
Sat 14 th March	4.45pm		ITALY v ENGLAND	
Sat 14 th March	8pm		FRANCE v IRELAND	

www.hamletsofkinsale.com | 021-4772209 | The Glen, Kinsale

RBS



NATIONS
RUGBY



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Pain Management / Rehabilitation / Functional Exercise



Some conditions treated in the clinic:

- Headaches
- Migraines
- Neck Pain
- Back Pain
- Shoulder Pain/Problems
- Elbow/Wrist Problems
- Carpal Tunnel Syndrome
- Postural Distortions
- Hip Pain/Discomfort/Problems
- Knee Pain/Problems
- Ankle/Foot Problems
- Sciatica
- Nerve Entrapment
- Joint Pain/Discomfort
- Strains/Sprains
- Sports Injuries/Recovery
- Soft Tissue Repair
- Connective Tissue Repair
- Muscular Disorders/Conditions
- Coordination Development
- Loss of Balance
- Stiffness
- Impaired Mobility
- Functional Exercise

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Kinsale Triathlon Club
OPEN EVENING
for new and existing members.

ACTONS HOTEL
Thursday 6th February
7:30pm

*Whether you just swim, cycle, run or do
all three sports Kinsale Tri Club is where
you can give it a Tri!*

Come meet members of the swim, cycle & run teams &
check out our calendar of training and events, such as:

- Introduction to cycling.
- Beginners running course.

ALL LEVELS CATERED FOR

*Samples of club gear will be available to try
and orders can be made on the night.*



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FRIDAY 31st JANUARY 10.30pm

THE FRETS

Trad / Folk

SATURDAY 1st FEBRUARY 10.30pm

i-FUNK

Funk, Rock & Soul

SUNDAY 2nd FEBRUARY 9pm

KING K

5 Piece Rockin' Covers





Kinsale
Christmas
A MAGICAL FANTASY

We would like to take this opportunity to thank everyone who helped in making Kinsale a Winter Wonderland again last year. Our community has just been amazing & we are extremely grateful for all your help.

We would sincerely like to thank the following:

KINSALE LIONS CLUB

KINSALE CHAMBER OF TOURISM

**PAUL & NORA EATON, NICOLA DESMOND, MICHAEL MURPHY
& ACTONS HOTEL for our fantastic Bingo Night!**

ACTONS HOTEL for kindly providing a home for our Crib.

MICHELLE SHEEHAN for her wonderful Face Painting.

MARK COSTELLO - you were fabulous!!

TRIDENT HOTEL for providing a fantastic room for our 'Kiddies' disco.

TIMMY O'DONOVAN for providing the sound system

(and Christmas music) at our 'Lights' ceremony

Our fantastic elves & volunteers, we couldn't have done it without you!

MARTIN O'SULLIVAN for helping us with the lights.

KINSALE COMMUNITY SCHOOL TRANSITION YEAR STUDENTS.

NIAMH & BRIAN - KINSALE ADVERTISER for their support & patience!!

ENDA, NIAMH, CLAIRE, TIMMY, ED & CO.

from KINSALE TOWN COUNCIL for their help and support.

AL THE BOAT OWNERS who lit up their boats.

Our fellow BUSINESS FRIENDS for donating Spot Prizes to our raffle.

We would like to thank everyone who made donations to the lights.

**Finally we would like to thank all our fellow business friends for
the brilliant job they did on their own Christmas Lights.**

**KINSALE LOOKED ABSOLUTELY WONDERFUL
& IS GETTING BRIGHTER & BRIGHTER EVERY YEAR!!**

We hope you had a Merry Christmas & Happy New Year.



TINNITUS AWARENESS WEEK

3rd - 8th February 2020

Monday 3rd Feb **Tinnitus Information**

Stand at Wilton Shopping Centre

Wednesday 5th Feb **FREE - Check your hearing clinic at CDA***

Thursday 6th Feb **Tinnitus Information at Kinsale Health & Wellbeing Centre**

Friday 7th Feb **Tinnitus Support Group**

Coffee morning at CDA 10:30-12:30am

Saturday 8th Feb **Talk by Philip O'Byrne**

"Benefits of Mindfulness & Meditation for People affected by Tinnitus" at CDA 1-3pm

Pre-Registration required on 021 4505944

Locations: Cork Deaf Association (CDA)

5 MacCurtain St, Cork City Ph: (021) 4505944

Kinsale Hearing

Kinsale Health & Wellbeing Centre,
Emmet Place, Kinsale Ph: (021) 6010223

www.kinsalehearing.ie

*Please book an appointment for a FREE hearing test



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NIGHT

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Tables of 4: €50 Live Music with Leon Buckley Great Spot Prizes!



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MUSIC

Saturday 1st February

Flake the Gander, 10.30pm



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Saturday 1st February

Ireland v Scotland, 4.45pm

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Next Match

Sat 1st Feb: IRELAND V SCOTLAND, 4.45pm



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 Emmet Place, Kinsale www.kinsalehealthandwellbeing.com 



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CHILDMINDER NEEDED (PART-TIME HOURS)

Kinsale family seek an experienced childminder
to look after two boys (4) and (6) in our home.

1pm-5pm, Monday to Wednesday (longer hours negotiable).

Clean driving licence and own transport required for school pick-up.

If interested, please contact 087 7777438

Experienced Nanny required to mind 2 girls
(3½ and 1½ yrs old) 4 afternoons a week.

Based in Kinsale.

Must have experience and own transport preferable.

Contact 087 7748289

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Baby & Toddler Group

TEMPERANCE HALL, KINSALE
TUESDAY 4th FEBRUARY
10am - 12noon



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NOTICES

Kinsale & District Local History Society
presents

Lecture, Slide Show & Exhibition
'Keeping an Eye on Kinsale - 1989'

by Journalist Leo McMahon

Temperance Hall, Kinsale
Wednesday 5th February, 8pm

All welcome

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ST. PATRICK'S DAY

DATE FOR YOUR DIARY!

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Friday 21st February
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KINSALE MEN'S SHED

FILM SHOWING

ROSIE by Roddy Doyle

Wednesday 5th Feb, 7.30pm
at Kinsale Men's Shed, The Glen

Price: €5

All Welcome: Male & Female

DRUM CIRCLE

Fridays, 7pm Temperance Hall

Beginners welcome

KINSALE BAPTIST CHURCH

Sundays, 11am Temperance Hall

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Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it.

Then in his merciful eyes it will become your favour, not mine, Amen.

Say this prayer for 3 days, promise publication and the favour will be granted, no matter how impossible. Never known to fail. GB

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**Kinsale Neighbourhood
Watch Advice**

**BE ALERT TO SCAMS &
CON ARTISTS**

- Be wary of bogus trades people calling to your door and advising you that your roof needs to be repaired, gutters are blocked and need to be cleared, trees need to be felled, etc.
- Don't fall for anything that sounds too good to be true.
- Do not give out personal information over the phone unless you know to whom you are talking. This also applies to internet communication.
- Do not give out your credit/debit card, bank account, social welfare numbers etc. to anyone over the phone.
- Dispose of old and no longer relevant financial documents.



WHAT'S ON IN KINSALE & DISTRICT

THURS 30th JANUARY **ACTONS HOTEL**

LEISURE CLUB:
Special membership offer extended until 7th February.
20% Off 12 months.
10% off 6 months.
T+C apply.

BLUE HAVEN:
Mike O'Riordan & guest, 9pm.

DALTON'S BAR:
Trad Session.

DUNDERROW N.S:

Open Evening,
7pm-8.30pm.
All welcome.

FRI 31st JANUARY

BLUE HAVEN:
Danny Dineen,
9.30pm.

DRUM CIRCLE:
Temperance Hall,
7pm.

FOLK HOUSE:
The Frets, 10.30pm.

KINSALE BRIDGE CLUB:
Trident Hotel, 10am.

SAT 1st FEBRUARY

BLUE HAVEN:
The Troubadors:
Kurtis Goodwolf & Charlie McCabe,
10pm.

FOLK HOUSE:
i-Funk, 10.30pm.

HAMLETS:
6 Nations Rugby.
Wales v Italy, 2.15pm.

Ireland v Scotland,
4.45pm.
DJ.

KINSALE RESTAURANT WEEK:

Bookings now open.
Please quote
"Restaurant Week"
when booking.

WHITE HOUSE:
Ireland v Scotland,
4,45pm.

Flake the Gander,
10.30pm.

SAM'S BAR
Ireland v Scotland,
4,45pm.

SUN 2nd FEBRUARY

BLUE HAVEN
Colin Deady, 8.30pm.

CORK ANTIQUES, ART & VINTAGE FAIR:
Clayton Silver Springs Hotel, Tivoli, Cork City.
11am - 6pm.
Adults €3.50 (incl. raffle). Children free.

FOLK HOUSE:
King K, 9pm.

HAMLETS:
6 Nations Rugby.
France v England,
3pm.

KINSALE BAPTIST CHURCH:
11am,
Temperance Hall.

MON 3rd FEBRUARY

BLUE HAVEN:
Mike O'Riordan,
9pm.

DALTON'S BAR:
Trad.

KINSALE GAA:
Junior camogie team training starts today.
7pm at Sáile.

SUPERVALU:

Operation
Transformation
Walk/Jog/Run to the Dock and back.
Meet at SuperValu Car Park, 6.45pm.

TINNITUS AWARENESS WEEK:

Information stand at Willton Shopping Centre.

TUES 4th FEBRUARY

BABY & TODDLER GROUP:

Temperance Hall,
10am - 12 noon.

BLUE HAVEN:
Sonny & Friends, 9pm.

KINSALE ACTIVE RETIREMENT ASSOCIATION:

Open Day.
Tea and chat.
Exhibition of old photos of Kinsale from Eileen Hogan and Mary Foley.
2.00pm,
Temperance Hall.

KINSALE BRIDGE CLUB:
Trident Hotel, 7pm.

WED 5th FEBRUARY

BLUE HAVEN:
Niall McCabe, 9pm.

KINSALE & DISTRICT LOCAL HISTORY SOCIETY:

Lecture, Slide Show & Exhibition, 'Keeping an Eye on Kinsale - 1989'.
by Leo McMahon.
Temperance Hall, 8pm.

KINSALE MEN'S SHED FILM SHOWING:

Rosie by Roddy Doyle.
at Kinsale Men's Shed, The Glen. 7.30pm.
Admission €5.
All welcome.

TINNITUS AWARENESS WEEK:

Free Hearing Check.
Cork Deaf Association.
5 MacCurtain St, Cork,
Booking:
021 6010223.

THUR 6th FEBRUARY

BLUE HAVEN:
Live music with Mike O'Riordan & guest, 9pm.

DALTON'S BAR:
Trad Session.

TINNITUS AWARENESS WEEK:
Tinnitus Information at Kinsale Hearing, Emmet Place, Kinsale.

KINSALE GAA:
Junior camogie team training.
7pm at Sáile.

KINSALE TRIATHLON CLUB:
Open Evening at Actons Hotel,
7.30pm.





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