Super Offers

SuperValu Fresh Irish Round Roast
was €11.89/kg Now €7.97/kg

SuperValu Fresh Plaice Fillets
(Fish Counter Only) was €21.99/kg
Now €14.73/kg

SuperValu Carrot & Parsnip Tray
500g was 99c

SuperValu Closed Cup Mushrooms 250g
was 99c

SuperValu Royal Gala Apple Bag 6pce was €2

67c Each as part of the 3 for €2 Deal

SuperValu Mixed Peppers Twinpack was €1.29

SuperValu Snack Pack Bananas 6pce
was €1.39

SuperValu Closed Cup Mushrooms 250g
was 99c

SuperValu Royal Gala Apple Bag 6pce was €2

67c Each as part of the 3 for €2 Deal

SuperValu Mixed Peppers Twinpack was €1.29

SuperValu Snack Pack Bananas 6pce
was €1.39

Pampers Baby-Dry Jumbo Pack Selected Range

Johnson’s Baby Wipes Gentle Cleansing Extra Sensitive 56pce

Aptamil Growing Up Milk Stage 2 800g was €11.19

All offers valid until Saturday 15th September 2012.
All offers subject to availability while stocks last. Customer quotas may apply.
**Membership Options:**
3, 6 & 12 Month terms From ONLY €190

**New Classes:**
Aqua Fit, Boxercise, Teen Gym & Swim Club

**C Weight Loss Club:** Every Wednesday @ 7pm

**Swimming Lessons:** Group classes for all abilities on Tuesdays, Thursdays & Saturdays.
Private lessons also available

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**Class Timetable**

<table>
<thead>
<tr>
<th>Morning</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>06.00 - 07.00</td>
<td>Swim Club</td>
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<tr>
<td>10.30 - 11.15</td>
<td>Aqua Fit</td>
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<tr>
<td>15.45 - 19.00</td>
<td>Children's Swim Lessons</td>
<td>Children's Swim Lessons</td>
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<td>Teen Gym</td>
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<td>17.00 - 18.00</td>
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<td>18.00 - 19.00</td>
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<table>
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<tr>
<td>18.30 - 19.15</td>
<td>Boxercise</td>
<td>Circuit Training</td>
<td>C Weight Loss Club</td>
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<td>19.00 - 20.00</td>
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<td>19.30 - 20.15</td>
<td>Boxercise</td>
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<td>21.15 - 22.15</td>
<td>Swim Club</td>
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**Rates**
- **Aqua Fit**
  - (6 wks) €30/€48
- **Swim Club**
  - (10 wks) €50/€70
- **Boxercise**
  - (6 wks) €30/€48
- **Circuit Training**
  - Weekly - FREE
- **Swimming Lessons**
  - (7 wks) €60/€80
- **Teen Gym**
  - (10 wks) €60/€80
- **C Weight Loss Club**
  - (12 wks) €25/€175

---

**Book now on (021) 470 6625**
Carlton Hotel & C Spa, Kinsale, Co. Cork.
Email: cclubkinsale@carlton.ie
[www.carlton.ie/kinsale](http://www.carlton.ie/kinsale)
Weekly Advertiser & Guide to
WHAT’S ON IN KINSALE & DISTRICT

The
Folk
House
Music Venue Guardwell - T: 021 4772382
www.folkhousevenue.com

- LIVE MUSIC -

FRI 14th  PARALLEL  4 Piece Soul, Pop & Rock
SAT 15th  HOUNDOGS  4 Piece Old School Rock n' Roll & Contemporary Covers
SUN 16th  BIG ORDEAL  4 Piece Rockin Covers
THURS 20th  TREBLE  ...Niall, Mike & Friends. 3 Piece Soul and Contemporary Covers
FRI 21st  BONE DOG BLUES BAND

CHECK OUT OUR...
WORLD BEERS MENU
UNRIVALED SELECTION INC:
Fuller’s Honey Dew Lager,
O’Hara’s IPA, Old Speckled Hen,
Hobgoblin Ale,
London’s Pride Ale
NEW ON TAP:
O’Hara’s Red Ale,
Stowford Press Westons Cider
Jennings’ Slap & Tickle,
Metal Man Cask Ale
8° Howling Gale, Abbot Ale,
Carrig Irish Craft Lager

...ALSO UNRIVALED WHISKEY SELECTION!

ALL SPORTS SHOWN ON 2 BIG SCREENS
ALL PARTIES CATERED FOR GREEN ROOM FROM 3 TO 300

ALL SPORTS SHOWN ON 2 BIG SCREENS

- LIVING ROOM -

FRI 14th SEPT - DJ Garian
90s Club Classics & Chart. Doors 11:30pm - FREE b4 12:00am
SAT 15th SEPT - DJ Sean
All the Old & New Classics. Doors 11:30pm - FREE b4 12:00am
THURS 20th SEPT - DJ Mark
All the Old & New Classics. Doors 11:30pm - FREE All Night

www.twitter.com/kinsalenews 3 www.facebook.com/KinsaleNews
The Speckled Door
Old Head, Kinsale. T: 021 477 8243 www.speckleddoor.com

Spectacular Views of Kinsale Harbour from bar, restaurant, patio & beer garden!

10 minutes drive from Kinsale
Ample Parking & Wheelchair Facilities.

Food Served 7 Days
12.30pm - 8.45pm
~ Seafood & Steaks A Speciality ~
Also Kid’s Menu & Selection of Sandwiches

Food Available All Day from 12pm
~ Bar & Restaurant Menus Available
~ Lite Bite Menu
~ Special Value Menu
  2 Courses: €20
  3 Courses: €25
~ Lunch Menu & Daily Specials
~ Sunday Lunch €23.90 (4 Course)

Ralf’s Computer Services & Internet Cafe
Lower O’Connell Street, Kinsale, Co. Cork
(Between Shanghai Express & The White Lady)

Computer & Laptop Repairs
Spyware & Virus Removal • Data Recovery & Back-up
Home & Business Networking • Computer Upgrades
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Computers • Laptops • Printers • Accessories • Ink toners

Tel: 021 477 2042 087 807 3006
Email: Sales@CSonline.ie www.csonline.ie

JIM EDWARDS
BAR & RESTAURANT

Jim Edwards
BAR & RESTAURANT
Tel: 021 477 2541
www.jimedwardskinsale.com
*Gift Vouchers Available*
*Excellent Ensuite Accommodation*

Spectacular Views of Kinsale Harbour from bar, restaurant, patio & beer garden!

10 minutes drive from Kinsale
Ample Parking & Wheelchair Facilities.

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Tel: 021 477 2042 087 807 3006
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BAR & RESTAURANT
Tel: 021 477 2541
www.jimedwardskinsale.com
*Gift Vouchers Available*
*Excellent Ensuite Accommodation*
FRIDAY 12th OCTOBER 2012

3pm, COOK OFF on the Streets of Kinsale Sponsored by PALLAS FOODS
Cook Off at the Plaza, Short Quay... join the chefs of the GFC and their special guests as they show off their skills and you might even get to sample some of their wares!

6.30pm, FESTIVAL OPENING
A Taste of West Cork Dining Experience
& Laurent Perrier Black Tie Ball
Patrons will be treated to a feast of West Cork delicacies over an 8 course dinner accompanied by champagne and fine wine from our event sponsor, LAURENT PERRIER, followed by dancing with the Billy Crosbie Swing Band and special guest Jimmy O'Byrne until the wee hours. MC Derek Davis. Ticket price €85

SATURDAY 13th OCTOBER 2012

11.30am, The MAD HATTERS Taste Of Kinsale.
Join Alice and friends and explore Wonderland on - an escorted tour of the 10 Members of Kinsale's Good Food Circle who will present spectacular dishes from their kitchens bearing testimony to the culinary skills of the chefs of Kinsale. The event kicks off with a sparkling reception, sponsored by CHRISTY'S WINES & SPIRITS, your guide will then escort you to each of the tasting venues to sample fine cuisine, complimented by selected wines from our Festival wine sponsors, NASH'S, KARWIGS, SEARSONS & BARRY FITZWILLIAM. We have beer for non wine drinkers or water courtesy of TIPPERARY WATER. As an additional fun element everyone is requested to wear a "Mad Hat" in honour of our special guest - the Mad Hatter! A competition for the best hat will be held, compliments of HATTITUDE, KINSALE. Afterwards for those whose stamina hasn't wilted, it's 'All Aboard' the Land Train heading for the Festival Club to dance the evening away to the sounds of Crazy Chester (and Crazy DJ Anthony). Ticket price €90

SUNDAY 14th OCTOBER 2012

1pm, FRUITS DE MER
Take your seat for a superb afternoon of fun & frolics with MC Derek Davis. Enjoy a mouth watering four course lunch to include lobster, crab, prawns etc, accompanied by delicious wines sponsored by FINDLATER WINE & SPIRITS. Freshly roasted coffees compliments of BEWLEYS then dance the evening away with the Magnetics. During the afternoon there will be fun and games with spot prizes to be won as well as our annual charity auction held in aid of Kinsale's Pink Ribbon Walk, raising much needed funds for Breast Cancer awareness. Event Ticket price €75

Please note that patrons MUST produce ticket at door to gain entry to each event - no ticket, no entry

Participating Restaurants:
Bookings being taken at all GFC restaurants for evening dining
Restaurant d'Antibes @ The White House, The Blue Haven, Crackpots, Jim Edwards, Max's, Man Friday, Fishy Fishy, Pier One @ The Trident Hotel, Toddies @ The Bulman, White Lady

Tel: 021 4773571 www.kinsalerestaurants.com
71 Main Street, Kinsale, Co. Cork www.facebook.com/Good.Food.Circle
Bulman Bar & Toddies Restaurant
SUMMERCove, KINSALE

~ Live Music ~
Saturday 15th Sept
Karma Parking
from 10.15pm

Sunday 16th Sept
Sweet As
from 6.30pm

Bulman
~ Bar Food ~
Served 7 Days, 12.30pm-5pm

Bulman
~ Bites Menu ~
Served in the bar
Tues-Sat 6-9pm

Toddies
~ Restaurant ~
A la Carte menu
Tues-Sat, 6pm-9.30pm

T: 021 477 2131
www.thebulman.ie

NEW CAR INSURANCE SCHEME
FOR 18-24 YEAR OLD DRIVERS
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email: info@anglingkinsale.com

WELCOME HOME PARTY!!!
A Welcome Home Party for our Kinsale Paralympian sailor

John Twomey & his Team
To celebrate John’s 10th consecutive participation in the Paralympic Games 1976 - 2012
Saturday 15th September
at the Lord Kingsale, 9pm
Tickets €5 On Sale @ The White House

• Full & 1/2 Day Trips
• Shark Fishing
• Stag Parties etc.
• Scenic Tours Include The Old Head etc.
• Whale/Dolphin Tours

~ Live Music ~
Saturday 15th Sept
Karma Parking
from 10.15pm

Sunday 16th Sept
Sweet As
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✓ with No Claims
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Anika & Sandra
Massage, Beauty, Hair & Nail
Pearse Street, Kinsale (above Eurospar)
Tel: 087 783 9626

Treatments offered by highly qualified therapists at reasonable prices.

~ Beauty ~

NEW MESOSTYLE FACIAL ...only €65
Mesotherapy treatment without needles! Facelift, skin rejuvenation with electroporation. The Mesotherapy treatments are the most effective way to penetrate active ingredients into the deep layer and cells of the skin.
(6 sessions for the price of 5)

MICRODERMABRASION FACIAL ...only €50
With free eyelash tint and eyebrow shape

EYELASH, EYEBROW TINT & SHAPE ...only €18
All waxing services at reasonable rates

~ Massages ~

BACK-NECK-SHOULDER (30min) only €20

MULTI-VITAMIN FULL BODY MASSAGE (60min) only €40

SWEDISH MASSAGE (60min) only €40

DEEP TISSUE MASSAGE (60min) only €40

SPORT MASSAGE (60min) only €40

GOLFERS MASSAGE (60min) only €50

~ Nails ~

SPA MANICURE only €15

SPA PEDICURE only €35

SPA PEDICURE & MANICURE only €45

GEL VARNISH (lasts up to 3 weeks) only €25

GEL/ACRYLIC FULL SET only €45

~ Beauty Pamper Package ...only €80 ~
(Full Body Massage + 60min Beauty Facial with Free Eyebrow Shape, Eyelash Tint, Hand Massage)

NEW INTENSIFIT
The new generation of vibrational trainers (only 10 mins a day for sufficient full body workout)

Do you “hate” exercise – and need to lose weight and tone up?
Or do you have bad circulation and need more energy?

Then the ‘INTENSIFIT’ Trainer is the answer.
Benefits:
...helps your body to detox and improve mood
...improves blood circulation – speeds up metabolism
...shapes and defines muscles
...reduces body fat and helps to lose weight.

For best results – 3 sessions a week

Thermo Acupressure Massage Bed
(a Medical Aid)
Treatment takes 40min - €20

Effects:
• Light Therapy • Heat Therapy
• Massage • Acupressure

Recommended...
...in musculoskeletal disorders
...in spinal conditions, rheumatic problems
...for the treatment of internal inflammations
...in skin conditions (psoriasis, eczema, moles)
...in osteoporosis
...in allergy, asthma, chronic rhinitis
...for weight loss
...for immunostimulation
...for improving eyesight
...for migrainous headache

Gift Vouchers Available ~ Open Mondays to Saturdays
WHAT’S ON IN KINSALE & DISTRICT

--- Special Offers ---
Buy any Pizza - get a Free Drink or Chips
Buy any 2 Pizzas - get the 2nd Half Price*

SPECIAL OFFERS VALID FROM MONDAY - THURSDAY, NOT VALID FOR DELIVERY

Open every day from 4pm til late
Delivery services available from Sunday to Thursday til 10pm in Kinsale
Free delivery on orders over €25 - All the food is cooked to order

For call & collect or delivery services tel: 021 477 4166
* applies to the cheapest one

--- Live Music ---
Saturday 15th Sept
Amarilla

Sunday 16th Sept
Jamestown

Wednesday 19th Sept
Dan The Man

~ Plus our Darts, Rings & Pool~
KINSALE COMMUNITY SCHOOL

Night Classes
EVERYBODY WELCOME

Commencing Monday 24th September 2012
All courses are to run for 8 weeks* on Monday & Wednesday Nights
Classes will break for midterm (Oct 29th-Nov 2nd). Fees are to be paid on enrolment night or posted to Kinsale Community School, attention Night Classes.

Monday Nights, 7-9pm

Computer Course ................. €100
Marie Scully

French for your holiday ........ €90
Fran Aucoin

Practical Cookery ............. €95
Julie O’Meara

Ceramics .................. €80
Julian Smith

Guitar For Beginners ........... €100
Ann Fitzsimons

Bridge For Beginners ........... €70

Circuit Aerobics (7.15pm-8.15pm) ........ €70
Michael O’Sullivan

Wednesday Nights, 7-9pm

Pilates (6.45pm-7.45pm, 8pm-9pm) ........ €80
Ewa Dworaczynska

Kickboxing (Beginners & Improvers) .... €80
Sarah O’Sullivan

Spanish (Suitable for all) ........ €90
Mercedez Garcia

Painting with Acrylics ........... €90

Intro to Stock Markets ........... €95
Redmayne - Bentley Stockbrokers, Cork

English Language ................. €85
Fran Aucoin

Positive Psychology ............... €85
Dr. Zelda Di Blasi
Lecturer, School of Applied Psychology, UCC

ENROLMENT: Thursday 20th September, 7-7.45pm

For further details on Night Classes contact Linda Dreelan: 087 849 1935
Tel: 021 4773174 info@kinsalecommunityschool.ie www.kinsalecommunityschool.ie
FINTAN LYNCH
HAIRDRESSING
61 MAIN STREET, KINSALE
Open Late Thurs until 8pm
Contact Rachel for an appointment

-§-
Also Open Mon
Contact Pauline for an appointment
T: 021 477 3900

Hair Models Required
for Tuesdays & Wednesdays
Please contact Fintan on 087 973 1375

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HAIRDRESSING
61 MAIN STREET, KINSALE
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Hair Models Required
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Please contact Fintan on 087 973 1375

The White House
FULLY LICENSED GUESTHOUSE & BAR
Breakfast Served from 8am-12noon
Food Served Daily from 12noon-10pm
Special Set Menu
3 Courses €25 / 2 Courses €20

~ Live Music ~
Friday 14th September
Shane & Friends 9.30pm
Saturday 15th September
Big Ordeal 10.30pm
Sunday 16th September
Mike O’Riordan 9.00pm
Thursday 20th September
Shane & Friends 9.30pm
Your hosts The Frawley Family & Staff
Tel: 021-4772125
www.whitehouse-kinsale.ie

It’s Back to School
Le French Club
Is now Enrolling
New Terms start the week of September 24th in Kinsale Gaels Scoil
We aim to give children a very strong grounding in the French language, culture & heritage. Through fascinating, inspiring activities your child will absorb the French language in a natural, fun, effective way.

Courses for Children age 4-7; age 7-11; Junior & Leaving Certificate preparation Also available

To avoid disappointment book now on: 087-6443574 or email: lefunfrenchclub@gmail.com
Limited places available as we wish to keep groups small.

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Providing High speed broadband in your area!
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Local Company with a local support team
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email: info@fasttrackbroadband.ie
web: www.fasttrackbroadband.ie

KINSALE ADVERTISER 021 477 4313
Email: info@kinsaleadvertiser.com
TAE KWON-DO

Beginner Classes in Kinsale starting

With Mark Buckley VI Degree and Finbarr Stewart II Degree

CLASSES IN KINSALE

Temperance Hall

Tuesdays
6.30—7.30pm Beginners
7.30—8.30pm Advanced

Fridays
6.45—7.45pm Beginners
7.45—8.45pm Advanced

Phone 086 822 0107 / 087 258 8360 for more info
New Activities Autumn 2012 with Sabine Graef

- Monday -
  Grassroot Tennis Kids, €40/6 weeks
  Times: 3.30pm - 5-7yrs, 4.30pm - 8-12yrs.

- Wednesday -
  Grassroot Tennis Kids, €40/6 weeks
  Times: 3.30pm 8-10yrs, 4.30pm - 11yrs up

- Wednesday -
  Basketball for 1st - 3rd year only!
  Time: 1.45pm – 3pm €40/6 weeks

- Thursday -
  Ladies Fitball/Pilates Ball Class
  Time: 10.30am – 11.30am, €40/6 weeks
  Places limited!

Bookings/Registration call
Sabine: 087 9872783
or email: sabinegraef@eircom.net
Relax, Unwind, Escape @

Actons Health & Fitness Club
Tel: 021 4772345 E: leisure@actonhotelkinsale.com

Join Actons Health & Fitness Club
FROM AS LITTLE AS €40 per month

Pool, Sauna, Steam Room, Spa, Gym & Fitness assessments inc.
Call in today for more info. Open to non-members pay as you go.

***SPECIAL OFFER***
Mini Flourish
Facial & Lash/Brow tint (60 mins) ONLY €50

* Includes complimentary use of facilities before your treatment.

FITNESS CLASSES
Available to Members & Non-members
• Water Aerobics • Pilates • Pilates Ball • Vinyasa Yoga
• Private & Group Swimming lessons with Sue 086 3828463
• Spinning Classes: Thurs Mornings 7.15am-8.00am & 8.15am-9am
• Bec’s Body Blast: Tues & Wed 7pm-7.45pm
• Waterbabies.ie • Post Natal Pilates

Due to hotel refurbishments parking in Acton’s car park will be restricted.
For this duration parking here is strictly for:

ACTON’S HEALTH & FITNESS CLUB GUESTS ONLY!
Members with motor transport please avail of your pass at the Leisure Centre reception & leave it on your dash. The cars with no pass will be clamped. We apologise for any inconvenience caused. Thank you for your co-operation during this time.

Booking/enquiries please call the club on 021 4772345
or e-mail leisure@actonhotelkinsale.com
For Pamper Breaks visit www.actonhotelkinsale.com

www.twitter.com/kinsalenews  www.facebook.com/KinsaleNews
The House of Hair

Guardwell, Kinsale  Prop. Donna Murphy

NEW @ HOUSE OF HAIR

BLOWDRY BAR

STRAIGHT BLOWDRY €10
CURLY BLOWDRY €15
EVERY MONDAY & TUESDAY

FOR AN APPOINTMENT:
CALL 021 477 2526

Open Mon: from 10am. Tues, Wed & Fri: 9am-6pm
Thurs: 9am-Late (by Appointment) Sat: 8.30am-5pm

The Spaniard
Scilly, Kinsale

~ Live Music ~
Friday 14th Sept
Martin & Friends from 9pm
Saturday 15th Sept
For Folk Sake, 9.30pm
Sunday 16th Sept
Michael & Jimmy with Sing Along, 6pm-8pm
Wednesday 19th Sept
Our Famous Trad Sessions with Tom - All musicians welcome!!!

~ Bar & Restaurant ~
Lunch 12pm-3pm, Mon-Fri, Food All Day, Sat & Sun
Restaurant Open 6pm Nightly, All Menus Available
~ Private Parties Catered For ~
Tel: 477 2436  www.thespaniard.ie

Kinsale Health Store
Fluoride Removal
EVA WATER PURIFIER

7 Stage Process:
Removes Fluoride, Bacteria, Heavy Metals, E-Coli, Chlorine, etc.
Also remineralises water to PH perfection!
Currently on offer
€139.95
Deposits Taken

Tel: 021 477 3521
Enjoy a Taste of India at...

Cobra
Tandoori & Balti Restaurant

Kinsale
69 Main Street, Kinsale.
Tel: 021 477 7911 or 021 477 7163

Clonakilty
37 Ashe Street, Clonakilty.
Tel 023 8835957 or 023 8836626

A Classical Eastern Touch
Multi-award winning best Indian & Pakistani Cuisine

You can enjoy our super, authentic home cooked & guaranteed mouth watering Indian & Punjab dishes from Goa to Khyber Regions - All prepared and cooked to the highest quality - with FREE boiled or pilau rice with every main course dish.

We have spent several years researching the traditional cuisine of Eastern communities who have been persuaded to part with their jealously guarded family recipes, resulting in a huge variety of very mild to hot dishes.

Why not try something very mild for your first taste of curry. We are sure you will be delighted.

EARLY BIRD SPECIAL MENU
Sunday to Thursday
4pm to 7pm

COBRA TANDOORI KEBAB SPECIALS
Take Away & Delivery Menu

FREE DELIVERY IN THE KINSALE AREA
Opening Hours: 4.00pm - 11.30pm, 7 Days A Week
Clinic for – Physical Therapy, REHABILITATION & EXERCISE
26 Haven Bay Apts., Kinsale

Manual Therapy in:
- Orthopaedic Massage
- Joint mobilisation
- Soft Tissue Rehabilitation
- Medical/Functional Exercise
- Functional Movement
- Neural Stimulation
- Neuro-muscular Therapy
- Postural Alignment

Treatment for…
- Injury Rehabilitation & Prevention
- Acute & Chronic Pain Management
- Dysfunctional Movement/Posture
- Post-Surgery, Post Physiotherapy Rehabilitation
- Post-Natal physical recovery
- Postural Weakness
- Muscular/neuro-muscular Conditions
- Joint problems

Please call for your appointment:
Sabine Graef (BEd.SSc, MT)
Mob. 087 9872783
e-mail: sabinegraef@eircom.net

**SPECIAL INTRODUCTORY OFFER**
Free Consultation! & 20% Discount for any treatment booked before 20th September!

CUCINA
9 Market St., Kinsale  T: 021 4700707
BREAKFAST :: BRUNCH :: LUNCH
COFFEES & CAKES
Open Monday to Saturday:
8.30am-4pm

EVENING DINING @ CUCINA
Thursdays, Fridays & Saturdays from 6pm

-Private Parties Catered For-
-B&B Also Available

Denis Crowley & Co
Chartered Accountants

The Income Tax Return Deadline is fast approaching!
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WHAT’S ON IN KINSALE & DISTRICT

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PLUS...

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UPCOMING GUEST SINGERS

Friday 14th Sept: Susan Crosbie
Friday 21st Sept: Eamon Jackson
Friday 28th Sept: Deirdre McCallum

...Come for dinner & listen to the music!

Late Night Cabaret starting: Saturday 6th October

For all your optical requirements, with professional care & attention!

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If you need any further information or wish to discuss any of the above please do not hesitate to contact us or call in.

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Open Mon-Fri: 8.30am-5.30pm & Sat: 8.30am-4.30pm
KINSALE 5 MILE RUN
Sunday 30th September, 2012 at 11AM

RACE CATEGORIES
Men, Women, Junior U-18 Boys and Girls. Over 40,45,50,55,60. Prizes for all categories.

Come and enjoy a great family day in Kinsale
• Open to all athletes.
• Entry Fee: €10
• Start time 11am at Kinsale RFC.
• Free transport from finish line to club
• Check us out on facebook for lunch and other offers on the day
• Registration and changing facilities at Kinsale RFC from 9.30am to 10.30am
• Inquiries to John Walsh 086-8199611
• Car Parking available at Kinsale RFC
• Free Family Walk commences 10.45am (separate route)
• Charity Partner - Build4Life

Race will start at Rugby Club and finish on Long Quay, on a fast course.
Free transport available back to club for showers/refreshments after the race.
If you would like to pre-register please send an email with name to kinsalercroadrace@gmail.com.
Family walk starts at 10.45am and takes in Charlesfort/Summercove/Scilly Walk and finishes on Long Quay where the main race finishes.
A day out for all the family, run or walk and spend some time in Kinsale. Minimum age for runners - 16 years.

For further information on events and activities in Kinsale, log on to www.kinsale.ie
Registration from 9.30am • To pre-register please email kinsalercroadrace@gmail.com
Contact: kinsalercroadrace@gmail.com or John 086-8199611
Classes in...

KINSALE, COBH, BANDON & INNISHANNON

ENROLLING NOW!

Registration: Friday 14th September
3.15pm-4.30pm, Temperance Hall, Kinsale

Join the Sarah Callanan School of Dance for classes in...

Ballet    Modern    Jazz    Hip Hop    Tap

Age 3 - Adult Classes
Internationally Recognised Exams Optional

Tel: 087 2500 214
Sarah Callanan ISTD IDTA
www.schoolofdance.ie

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Join Ted, Dougal and all the Craggy Island gang...

Tues 25th & Wed 26th September

Tickets €45pp for a 3-course meal & a unique 2 hour comedy show.
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Ted & Co is a parody tribute act, the performers are impersonators only, all script material is original and written by Michael Wilson-Green, Laughlines Ltd. There is no association between Laughlines Ltd and Hat Trick Productions / Channel 4. Under 14s to be accompanied by an adult. Contains adult humour.
Ballinacurra House, Kinsale

Presents

Strictly Private

Jazz

Strictly

Sunday 28 October 2012

Ticket Pricing includes Admission, Food & Entertainment

www.ballinacurra.com

Tickets €49.00

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6 pm

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- Mojito Bar
- Wine Bar

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D.J. Jazz Cutz Crew

M.C. Harry J

with flipside selecta

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Rose Room

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Kinsale

Advanced Group Booking only

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Thursdays @ 7pm
6 Week Course
Starts 27th September

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TORCH CALORIES & SHED POUNDS IN THIS HIGH ENERGY FITNESS CLASS!
Lose weight • Tone Up • Get Fit • Have Fun

Ballinspittle Community Centre
Tuesdays @ 7.15pm
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Starts 25th September

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Actons Hotel Leisure Centre
Thursdays @ 7.15am & 8.15am
Starts 27th September

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EXERCISE CLASS JUST FOR MUMS!
Lose weight & tone up with this class which focuses on legs, bums & tums. Mums of all ages & abilities welcome - no experience necessary

Kinsale Yoga Centre
Mondays @ 10.45am
New Course Starts 24th September

ALL COURSES ARE FOR 6 WEEKS - COST €50 PER COURSE
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In Association with

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A Fundraiser in aid of Club Development

Friday 21st September

@ CURRAHEEN PARK

TICKETS €10

FIRST RACE 7:47pm

UNDER 16s FREE WITH
2 ADULT TICKETS

RAFFLE ON ADMISSION TICKET
Prize €500

Tickets available from club officials & members. For any enquiries call 087-2168734 or 087-6979089

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~Live Music~

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This year Rod has been asked to bring his module one seminar (The Neurobiology of Excellence) to Kinsale. The module will take place in The Trident Hotel from Friday 21st September to Sunday 23rd September.

For further details please contact May McCarthy:
085 1215984
www.mindlinkfoundation.com

Rod Briggs is a sought-after international lecturer and consultant whose area of expertise lies in the mind sciences. He lectures on Stress Control, Trauma, Emotional Aptitude, Problem Solving, Interpersonal Relationships, Crisis Management, Personal Performance, Situation Awareness and Psycho-Neuro Immunology (to mention a few) to government departments, military and peace keeping forces, members of the medical fraternity, health departments, corporate and private groups from all over the world.

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Information Evening
Thursday 20th of September
Kinsale Community School, 7pm

including:
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Find out how a local community can help a community in Kenya.

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**Kinsale GAA**

Clothes Collection in association with the Hope Foundation.

**Collecting:**
- clothes (but they can’t be rags)
- curtains • towels • hand bags
- belts • shoes & bed linen.

Duvets, bed quilts and pillows will not be accepted.

*The clothes etc will be exported to Africa, Pakistan and India.*

The clothes will be collected in the pitch on Friday Sept 14th, between 6-8pm & Saturday Sept 15th between 10am-2pm.

**The Society of St. Vincent de Paul**

is available in the Kinsale area

Offering practical help & advice in complete confidence. Our members have great experience in helping people deal with problems and can link you to service or agencies that can help you.

Please contact us at Kinsale: 085 218 6966 or Tuckey Street, Cork: 021 427 0444

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Positive Ageing Week Launch

Proudly sponsored by
Haven Bay Apartments, Kinsale

You are cordially invited to attend on
Saturday 15th September 2.30pm
Haven Bay Care Village, Kinsale

Honorary Guest:
Paralympic Sailor:
John Twomey

All Welcome
Traditional Afternoon Tea served

The Market Garden
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**Quest Kids Bible Club**

St Multose School Hall  
Time: 2.45-3.45pm

Other dates:  
Friday 19th October,  
Friday 16th November,  
Friday 14th December

An hour of fun, activities, games and stories!  
Cost: €2 per child per week.  
€3 two kids in a family.

More info: Heather 087 2524240  
www.kinsaleabc.ie

---

**Tidy Towns**

*Congratulations to the Kinsale Tidy Towns Committee for winning 1st Place in the Cork County Council 2012 Litter Challenge - B2*  
Well done to the hard-working team!  
www.kinsaletidytowns.com

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**Table Quiz**

*Fundraiser in aid of Positive Ageing week*  
**Wednesday 19th September**  
Trident Hotel, 7.30pm  
Table of 4 = €40  
All Welcome  
Phone Deirdre To Book: 087 799 1041

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**Next Issue:**  
**Friday 21st Sept**

DEADLINE: MONDAYS @ 5PM  
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Mob: 087 644 1575

OIL BURNERS
HOME HEATING SERVICED & REPAIRED
• Carbon Monoxide Testing
Full carbon monoxide & combustion monitoring using latest digital analyser
John McCarthy (Kinsale): 087 2377667
Fully Insured & Approved
**SERVICES AVAILABLE**

**LAWNMOWING SERVICE**
Lawnmowing, trimming, etc.
Top quality work at competitive rates.
Will also dispose of grass if required.
Call: 087 415 6273

**Ber Certs €150**
Building Energy Rating Certificates
Anthony Hayes B. Arch
087 760 7485

**KMC LAWN TURF SUPPLIERS**
Why Bother with Establishing A Lawn When You Can Have It Instantly! Also Supplying Top Soil!
PHONE: 087 624 6080

**Acorn Accounting Services**
Oysterhaven, Kinsale, Co Cork
CHARTERED ACCOUNTANTS
Now is the time to prepare Annual Accounts for the October Tax Return deadline
√ Personal attention assured
√ Call for a competitive quote
Vat Returns, Payroll, Bookkeeping, Business Plans, Management Accounts, Income Tax Returns etc
Telephone: 021 4770984 or 087 9188541
www.acornaccountingservices.ie
Email: acornaccounting@eircom.net

**Kinsale’s Clothes Alterations**
Now Open @ 18 Main Street, Kinsale
Hems • Zips • Buttons • Patches
Sewing • Curtains • Taking Up
Please Text 087 795 4736

**INSULATE WITH INSULEX**
KEEP HEAT IN AND SAVE ON FUEL COSTS!
RID YOUR PROPERTY OF DAMP & MOULDY ROOMS
√ EXTERNAL WALL INSULATION
√ CAVITY & ATTIC INSULATION
√ WINDOWS & DOORS
√ CONSERVATORIES ARE OUR SPECIALITY
Contact Insulex: 021 4778562
www.insulex.ie email: info@insulex.ie

**COLEMAN BLINDS**
Manufacturers of Quality Roller, Venetian and Vertical Blinds
Free measurement & fitting
and advice in your own house
or visit our showrooms.
Unit 3, Monastery Road, Rochestown, Co. Cork
Tel/Fax. 021 484 1297
Mobile. 087 234 2515
Email. colemanblinds@eircom.net

**FOR ALL YOUR AERIAL & SATELLITE SOLUTIONS**
Sky - Free 2 Air - Saorview
Call Dave Dunne (Kinsale)
M: 085 178 6289

**Chimney Cleaning**
Vacuum and Brush
T: 021 477 1988 M: 086 8288831
Also: Kindling & Logs supplied

**KINSALE ADVERTISER 021 477 4313 Email: info@kinsaleadvertiser.com**
SERVICES AVAILABLE

POWER WASHING
Fascia and soffit, walls, footpaths, patios, pub & shop fronts.
HOT & COLD WASH
Tel: 021 477 1459
086 318 2625

KINSALE LANDSCAPES
Complete Design & Landscaping Service
• Garden Maintenance
• Hedge Trimming
• Grass Cutting
Tel: 087 246 7890
www.kinsalelandscapes.com

Patios & Driveways Laid
Also: Footpaths, Slabbing & Kerbing
Drainage, New & Repaired
Garden Walls Built
Gardens Cleared & Top Soiled
Mini Digger Hire
Micheal Dwyer
086 172 1022

Michael Foran Phone:086 1798955
Painting Contractor
Professional Painting & Decorating
Floor Sanding & Varnishing

Leonard McCarthy
Ballinspittle, Kinsale
Headstones
New Headstones/Inscriptions
Cleaning & Granite Worktops
021 477 8211
087 2122 754
lenmccarthystone@gmail.com
- Brochure Available -

Deliveries & Collections
LOCAL & NATIONAL
Delivered by a competent driver anytime
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Declan Ryan Wood
Handcrafted Wooden Solutions
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declanryanwood@yahoo.com

HANDYMAN AVAILABLE
Carpenter • Interior Plastering • Painting
top quality work. C2 & VAT Registered
Call Diarmuid at 087 120 5025

CARPET & UPHOLSTERY CLEANING SERVICE
FLOOR TILES CLEANED & POLISHED
COMMERICAL & DOMESTIC
Denis O'Sullivan 437 7315 • 086 207 0086

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WASHING MACHINE SERVICES

FIXING OVENS, COOKERS, TUMBLE DRYERS, FRIDGES, DISHWASHERS, ETC...

CONTACT: JODY DRENNAN
OF ABC DOMESTIC APPLIANCE REPAIRS LTD.

M: 087 779 0804
T: 021 483 3032

NASH BROTHERS ELECTRICAL LTD.

Tel: 021 4771502 Mob:086 2268274 or 086 8055585

ALL BUDGETS CATERED FOR! SPECIAL OFFERS INCLUDE:

• No extra call out charge • Up to 40% off hourly rates • Free quotes

SERVICES INCLUDE FREE QUOTES FOR:

• Additional sockets & lights • Shower installations & repairs •
• Updating distribution fuse boards • Garden lights •
• Alarms • Security lighting • Repairs to heating systems (time clocks etc.) •
• New builds & extensions • Energy efficient lighting • Safety audits •
• Energy efficiency advice & audits available

Email: info@nashbroselectrical.com www.nashbroselectrical.com

GEAROID PRICE

GENERAL BUILDING & CARPENTRY SERVICES

Extensions - Renovations - Sunrooms
No job too small.

Ph: 086 825 9774
Free Quotations Fax: 021 477 1109

EcoCleaners for a safe and healthy environment at home

regular domestic service: weekly, 2-weekly or 4-weekly

holiday-let change-overs

021 – 4773555
www.ecocleaners.ie
mail.ecocleaners@gmail.com

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Ladies Sunglasses Found
Left in Kinsale Dry Cleaners
Contact: 021 4777345

Charcoal Grey Cat
Lost in Farrengalway Area
Please Contact 087 755 7507

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‘H*me From H*me’
Individually Heated Kennels • Large outdoor exercise area
Tel: 477 0919 - 086 392 3447 - 086 155 1541
Don’t forget to have your pet’s vaccinations up to date! …see your vet!

Belgooly Boarding Kennels & Cattery
Kennels open all year.
Spacious individual kennels.
Long country walks twice a day.
T: 021 477 0796 - 086 066 9015

All Dog Grooming
Ballinspittle Village
Open Tues - Sat
9.30am-5pm
T: 021 470 8860
M: 086 0655 748
www.alldoggrooming.ie

Because they’re worth it!!!

Posh Pets
Located in BANDON & KINSALE
For a professional dog grooming service
Contact Susan: 086 87 40 711
Or visit the website www.poshpets.ie

Belgooly Boarding Kennels & Cattery
Prop: Avril Copithorne
Personal Attention
Open All Year
Tel: 021 477 8002 or 085 729 7233

Saorview RTE Systems
Free to Air Systems
ALL FOR A ONE-OFF FEE!!!
Contact Jeremy Sheehan, Kinsale
T: 021 477 4955 M: 086 268 4993

Ask About Broadband!

Martin Holohan
Professional Painter & Decorator
Interiors & Exteriors
Belgooly, Kinsale, Co. Cork.
Call: 087 132 1792

FORT ARTHUR
BOARDING KENNELS
KINSALE
Prop: Avril Copithorne
Personal Attention
Open All Year

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Don’t forget to have your pet’s vaccinations up to date! …see your vet!

www.twitter.com/kinsalenews
www.facebook.com/KinsaleNews
**Little Rascals**
Crèche & Montessori School

Little Rascals is a *State of the Art* facility, in its superb setting at Compass Quay we offer:

- Baby-Room/Toddler-Room
- Montessori Classes (free ECCE scheme)
- After-School Club (school collection)

We offer a Montessori programme to meet all your child’s social, emotional and intellectual needs.

- A spacious Car Park
- Large secure Gardens with playgrounds
- Large bright colourful rooms

Opening Hours
8am-6pm, Full Daycare
8am-1pm, Part-time
9am-12:30pm, Sessional Care

We also offer hours to suit your needs on an hourly rate!

Fiona: 021 477 7687 - 087 224 8816
fionaodonovan08@gmail.com

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**Stickyfingers Preschool**
(near Ballinspittle)

ECCE places available. 1-5 years old
Tel: 087 213 6562

**Busy Bees Montessori School**
Annmount, The Rock, Kinsale

New Times from September 2012

Montessori Session now running from 9:15 to 12:15 Monday to Friday.
Limited places available for September 2013, enrol your child now to avoid disappointment.

For more information contact Eileen on:
021-4709689 or 086-3786525
or busybeesmontessori@gmail.com.

**DOWNLOAD A DIGITAL COPY OF THE ADVERTISER**
www.kinsaleadvertiser.com
PDF uploaded every Thursday (3mb approx).
Back issues also available.
SITUATIONS VACANT

Apprentice Barber Wanted
Call Paul 087 680 9578

Part/Full Time drivers wanted
D & D1 Licence
4 CPC Certs
Please apply to Box No: 14/12
c/o Kinsale Advertiser, Emmet Place, Kinsale

Full Time Nanny Required
For two children aged 5 and 2
(in school and crèche in the mornings).
Full driving licence essential.
Contact 086 3302832

Café Staff Wanted
Must be able to make good coffee,
light lunch menu prep, have own
transport and be 100% reliable.
Weekend work.
Please apply to Box No: 15/12
c/o Kinsale Advertiser, Emmet Place, Kinsale

Lemon Leaf Café
Experienced Wait Staff Required
(Part-Time)
Contact Barry at The Lemon Leaf Café
Tel: 021 4709792
Email: info@lemonleafcafe.ie

CLASSES/GRINDS

Maths Grinds
023 8849523
Kilbrittain Area, 17 years experience.
Second and Third level, Includes Project Maths.

Creative Writing Workshops for Teenagers
Saturday mornings
Starting 15th September
One-to-one classes also available
Contact Niamh 087 759 7107

Junior Cert & Leaving Cert Maths & Science Grinds
087 782 8911

Qualified Primary School Teacher
Available to give one-to-one help with homework or grinds in any subject.
Call 087 1343165
FULLY FURNISHED COTTAGES TO RENT
opposite Garretstown Beach

4 bedrooms/3 bathrooms
central heating and open fireplace
All kitchen appliances provided
Satellite TV
Rent is €600.00 per month
Utilities extra

Please ring Alison on:
087 6793506
for more details, or email to info@kinsalecoastalcottages.ie

PROPERTY

HAIR, HEALTH & BEAUTY

ANN’S HAIR CREATIONS
Ladies & Gents Hair Salon The Glen, Kinsale. T: 021 477 2030

SPECIALS:
- Full Head Mèche inc cut/blowdry
  Only €65 every Thursday/Friday
- Short Hair Blow Dry only €15
- Also specialising in Herbal Colour & Balayage Technique

T: 021 477 2030
Tues to Sat: 9.15am-6pm

FLAT TO SHARE
Town Centre: 087 245 8737

TO RENT:
LANZAROTE
Beautiful one bedroom apartment with sea views in Matagorda, Lanzarote. Small quiet complex with heated swimming pool. Close to all local amenities. 5 minutes walk to the beach. 10 minutes from airport. Satellite TV including: RTE 1, Network 2, BBC’s and ITV.
087-2355 258
or 087-986 3302

TO LET:
LONG OR SHORT TERM
DOUBLE ROOM EN SUITE AND SINGLE ROOM WITH SHARED BATHROOM, COMMUNAL KITCHEN/DINING AREA & LAUNDRY.
PRICE RANGING FROM €75 - €120 PER ROOM PER WEEK THIS INCLUDES ALL CHARGES AND BROADBAND.
OFFICE HOURS 021 477 4940
AFTER HOURS 087 267 1904

ENSUITE ROOM TO LET
Kinsale Town Centre
Tel: 087 226 2101

TO LET: 2 BEDROOM
APARTMENT (KINSALE TOWN CENTRE) 087 9058097

TO LET:
ST JOHN’S HILL, KINSALE

Charming renovated Georgian house with lovely sea views + access to gardens at The Bowling Green + walking Compass Hill.
€450 p/month. Tel: 087 6258227

ENGLISH TARIFF

Secure Winter Indoor Dry Storage Available
Ideal for Dragons & Squibs
Anything on trailer up to 30ft.
Prices include power wash.
Price on app - Excellent rates available - Limited spaces
1.5km from Kinsale
Call today to book your winter storage.
Phone 087 - 7913337
Between office hours: 9.30am-5.30pm, Monday-Friday

ENSUITE ROOM TO LET
Kinsale Town Centre
Tel: 087 226 2101

To Let:
2 Bedroom Apartment (Kinsale Town Centre) 087 9058097

BIG, BRIGHT, BEAUTIFUL DOUBLE BEDROOM FLAT
TO LET: ST JOHN’S HILL, KINSALE

Charming renovated Georgian house with lovely sea views + access to gardens at The Bowling Green + walking Compass Hill.
€450 p/month. Tel: 087 6258227

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T: 021 477 2030
Tues to Sat: 9.15am-6pm
Kinsale Gymnastics
Fridays @ St. Multose Hall
- 4-5pm (4-6yrs)
- 5-6pm (7-10yrs)
- 6-7pm (10yrs+)
(Times flexible to suit siblings)
Starting Friday 21st Sept for 10 weeks.
To Book contact Sinead: 086 8360275

Cllr. Noel Harrington
would like to thank all the people who contributed to the Tit Bonhomme Tragedy Fund, as well as The Trinity Well Coffee morning.
noolharrington57@gmail.com

Anne McCarthy, Old Head Invites you to her 10th Annual Coffee Day in aid of Marymount Hospice
Thursday 20th September, 11am-8pm.
Great Raffle Prizes. Everyone Welcome

Kinsale Bridge Club
is now running an additional morning’s bridge session in the Trident Hotel Kinsale each Friday morning from 10:30am - 1pm, commencing 14th September.
For further details contact 086 2640643 or email: kinsalebridgeclub@hotmail.com

FAMILY FUN DAY - POSTPONED
Sáile's Family Fun Day will not take place this Sunday 16th September, it will however be rescheduled for Spring next year.
For further information 021 477 3929
www.sailesporsandleisure.ie

Michelle’s Hair Creations
LADIES & GENTS
Open
Tuesday to Saturday
9.30am - 5.30pm
T: 021 477 3133
14 Pearse Street, Kinsale, Co. Cork

Ena’s Hair Salon
Ballinspittle, Co. Cork.
021-4778776

FINTAN LYNCH
HAIRDRESSING
61 MAIN STREET, KINSALE
Tel: 021 477 3900
Open Tues-Fri 9am-5.30pm | Sat 9am-4pm
OPEN LATE THURSDAYS UNTIL 8pm
NOW ALSO OPEN ON MONDAYS
Booking Advisable!

NOTICES
Kinsale Active Retirement Association
Tuesday 18th September
Talk by Tony Lane, Kinsale Social Welfare Office
Temperance Hall, 2.30pm
**NOTICES**

**Don & Barry's Historic Stroll, Kinsale**

From the Tourist Office @ 11.15am Daily
+ Our Early Bird @ 9.15am, Mon-Sat

“Excellent ...Kinsale's single best attraction” - Rick Steves

www.HistoricStrollKinsale.com Tel: 087 2500731
Adults €6 / Children €1
-CELEBRATING OUR 20TH SEASON-

**Kayak & Canoe River Run**

Saturday 22nd September
Kilmacsimon Quay to Kinsale, 7 miles.
Registration @ 9am.
(entrants must be at least 16yrs or have level 2 cert).
€25 entry. Free BBQ
plus Raffle Fundraiser for the 102nd Kilbrittain Scouts
Contact: 086 532 2084

**Poker Players Wanted**

A local Texas hold‘em game every Tuesday Night
If interested please call Derek 086 2268274

**Set Dancing Class**

Monday nights, Temperance Hall from 8.30pm
No experience required.
Enquiries to Fionan Cogan:
087 818 5111 or ceilifit@gmail.com

**Antenatal Classes in Kinsale**

A series of 5 classes to help you prepare for labour & birth.

Clare Boyle
Registered Midwife & Lactation Consultant

FOR MORE INFORMATION
RING: 087 419 8764
www.breastfeedingconsultant.ie
www.facebook.com/breastfeedingclass

**Baby Massage Classes**

For Parents
Starting soon in Kinsale.
Anne-Marie Levis (CIMI) 087 967 3143
VHI, Aviva and Quinn Approved

**Polytunnel & Allotment**

Large polytunnel and allotment to let, reasonable rent, 6 miles from Kinsale. Would suit organic horticulture or herb production. 087 1915266

**MusicMakers**

First Steps in Music

INSTRUMENTAL CLASSES

Beginners to diploma level. Adults & Children. Junior pupils have free admission to Musicmakers choir and orchestra. Concerts, duet workshops and optional exams.
- Piano • Electric Guitar • Violin • Flute • Bodhrán • Ukulele
- Tin Whistle • Recorder • Descant & Treble • Keyboard • Voice
- Training & Singing • Folk Guitar • Music Theory & Appreciation
- Drum Kit • Junior & Leaving Cert Grinds • Banjo

T: 087 951 3589  E: info@musicmakers.ie
www.musicmakers.ie

**Harbour Cruise**

Departure Beyond Actons Hotel on board ‘Spirit of Kinsale’

Fri 14th Sept: 2pm & 3pm
Sat 15th Sept: 2, 3 & 4pm
Sun 16th Sept: 2, 3 & 4pm
Monday to Thursday: 4pm

Complimentary Tea/Coffee Served
Cruises are subject to weather and tide.

T: 086 250 5456
www.kinsaleharbourcruises.com
FRI 14th SEPT
APERITIF WINE BAR:
Spanish Night
with Live DJ.
BACCHUS NIGHTCLUB:
with DJ Garan, 11.30pm.
BLUE HAVEN:
Crazy Chester, 10pm.
CRACKPOTS RESTAURANT:
Crosbie’s Piano Bar
with Guest Susan Crosbie
DON & BARRY’S TOURS:
From The Tourist Office,
9.15am & 11.15am.
FOLKHOUSE:
Live Music with Parallel.
HAMLETS CAFÉ BAR:
Jamestown.
BLUE HAVEN:
Music with Jamestown.
ARMADA BAR:
SAT 15th SEPT
Shane & Friends, 9.30pm.
WHITE HOUSE:
Drum Circle, 7.30pm.
TEMPERANCE HALL:
3.15pm-4.30pm.
Callnan School of Dance,
TEMPERANCE HALL:
Kids Bible Quest, 2.45pm.
ST. MULTOSE SCHOOL HALL:
Martin & Friends, 9pm.
SPANIARD BAR:
Adult Training, 7.30pm.
Lemon Leaf Café,
MOTHER & BABY GROUP:
From The Pier @ 4pm.
TIM PROGRAMME:
Free Introductory Lecture
‘The Neurobiology of Excellence’ by Ron Briggs,
from 7pm.
SAT 15th SEPT
ARMADA BAR:
Live Music by Amarilla.
BACCHUS NIGHTCLUB:
with DJ Sean, 11.30pm.
BLUE HAVEN:
Billy Crosbie & Friends, 10pm.
BULMAN, SUMMERCOVE:
Karma Parking, 10.15pm.
DON & BARRY’S TOURS:
From The Tourist Office,
9.15am & 11.15am.
Upcoming Events @
The Blue Haven

SPANISH NIGHT  Fri 14th Sept
Aperitif Wine & Seafood Bar @ 8pm
Live DJ, Paellas, Tapas, Spanish Wine Specials

80s MUSIC PARTY  Fri 21st Sept @ Hamlets Café Bar

COOKERY DEMONSTRATIONS
Coming soon, October until December, so book your place!
Coeliac Cooking, Vegetarian & lots more...

COYOTE PARTY
Sat 6th Oct @ Hamlets, 9pm. Coyote Dancers with
Live DJ plus Special Guest MC, Former Miss World...
...Rosanna Davison!!!

KINSALE FASHION SHOW
Wed Oct 10th @ The Blue Haven, 7.30pm
In aid of Kinsale Youth Support Services. The local boutiques of Kinsale
will give you a fantastic night. (Footloose, Cooleez Childrens’ Wear,
Hattitude, Jane’s Boutique, Stone Mad, Bolands, Mrs Mon.).
Tickets €15 and available from The Blue Haven Hotel, Cooleez,
Jane’s Boutique & Hattitude.

COMEDY WITH BARRY MURPHY & WILLIE WHITE  Thur Oct 18th,
Tickets on Sale for €25. www.bluehavenstore.com

COMEDY WITH BRENDAN GRACE
Thurs 1st & Fri 2nd Nov.
Tickets €30, on Sale at The Blue Haven or www.bluehavenstore.com
(Limited tickets left)

Fantastic Events for you to Enjoy. We look forward to seeing you.