

**FREE**

Vol. 22

Issue 11/11

Friday 18th - Thursday 24th March 2011

# KINSALE ADVERTISER

INCLUDING THE WEEKLY **WHAT'S ON** GUIDE TO KINSALE & DISTRICT

Tel: 021 477 4313 :: Email: [info@kinsaleadvertiser.com](mailto:info@kinsaleadvertiser.com) :: Fax: 021 477 4339

facebook



## Saturdays

11.30pm 'til late

with DJ Anthony Collins

NEW OUTDOOR SEATING AREA  
PLUS NEW BBQ MENU

*Kinsale's Biggest & Best*

## Sundays

11.30pm 'til late

with DJ Mark Sanquest

NEW OUTDOOR SEATING AREA  
PLUS NEW BBQ MENU

### Bonanza Bucket

only €15

(5 Bottles of Beer)



\*\*\*NEW\*\*\*

### Prosecco Boat

Ask For Details!!!



### FREE Shuttle Bus

From Town Every 5mins  
Sat & Sun 12am - 1.15am

## ~ Spring Party Specials ~

The White Lady is the ideal party venue for all special occasions, offering a range of options for all parties big & small! Contact Anthony, Roman or Peter.

**Book Your Party Now & Enjoy Free Finger Food!**

## ~ Gigs! Gigs! Gigs! ~

Coming This Summer ...The Wolfe Tones

...Crystal Swing ...Big Generator ...J-90 ...and more!



Introducing:

## Boutique Weddings at The White Lady

Contact Anthony, Roman or Peter for more information  
about our tailor made packages to suit your day,  
catering for groups of 10-70.

Telephone: 021 477 2737

[www.whiteladyhotelkinsale.ie](http://www.whiteladyhotelkinsale.ie)

Kinsale's Only...

# STEAK ON A ROCK

Now Being Served at

## Carlton Hotel & C Spa Kinsale

CARLTON  
HOTEL & C SPA  
KINSALE  
\*\*\*\*\*



**ONLY €25.00**  
PER PERSON INCLUDING  
GLASS OF WINE  
OR PINT OF BEER

**"Your Steak Cooked The Way You Like It"**  
**T: (021) 4706000**

**BAR FOOD  
SERVED  
TUES TO SUN  
FROM 12.30pm  
inc. Daily  
Specials  
for €10 with a  
glass of wine or  
Folkhouse Lager**

# The Folk House

Guardwell. T: 021 4772382  
[www.folkhousevenue.com](http://www.folkhousevenue.com)

**CHECK OUT  
THE GREEN  
ROOM**  
A Relaxing  
Environment Also  
Available for  
Private Bookings

**Now On Draught**



**Galway Hooker IPA**

**FRI 18th**

**THE TEASE**

4 Piece Old School Rock Covers

**SAT 19th**

**THE HOUND DOGS**

4 Piece Old School Rock n'Roll & Contemporary Covers

**SUN 20th**

**THE BIG ORDEAL**

3 Piece Covers Band

+ CHASE THE ACE, 6.30pm-9.30pm, JACKPOT NOW €450!

**THURS 24th**

**SOUL SESSION ORCHESTRA**

5 Piece Funk, Soul, Groove & Jazz

**FRI 25th**

**KARMA PARKING**

6 Piece Original Reggae, Ska & Rock

**ALL SPORTS SHOWN ON 2 BIG SCREENS!!!**

## ***Bacchus Nightclub***

*Guardwell Kinsale*

**FRI 18th Mar  
with DJ Garian**

LIVE MIXING OF OLD & NEW

Doors 11:30pm

**FREE ENTRY b4 12:00am**

**SAT 19th Mar  
with DJ Sean**

90S CLUB CLASSICS & CHART

Doors 11:30pm

**FREE ENTRY b4 12:00am**

**THURS 24th Mar  
with DJ Mark**

ALL THE OLD & NEW CLASSICS

Doors 11:30pm

**FREE ENTRY ALL NIGHT**

**NOW  
OPEN**

# AGA TURKISH BARBER

**THE GLEN, KINSALE**  
(Next To Hamlets, formerly SWS Office)



**Gents Hair Cuts  
Hot Towel Shave  
Steam Shave**

**Wedding Preparations**

**Gift Vouchers Available**

Crystal Nails

FOX

Australian  
Gold

FIX  
EG  
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E

...also available for the ladies:

Eyelashes, Gel Nails, 3 Week Manicure, Hollywood Toes,

*Ergoline*

Sun Bed

Call For Details: 087 669 0081



KINSALE'S  
Good Food Circle

**JIM EDWARDS**  
BAR & RESTAURANT

**Available All Day from 12pm**

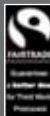
- ~ Bar & Restaurant Menus
- ~ Lite Bite Menu
- ~ Special Value Dinner Menu  
2 Course: €20 - 3 Course: €25
- ~ Lunch Menu & Daily Specials
- ~ Sunday Lunch (4 Course) €23.90

\*Gift Vouchers Available\*

\*Excellent Ensuite Accommodation\*

**Tel: 021 477 2541**

[www.jimedwardskinsale.com](http://www.jimedwardskinsale.com)



For all your optical requirements, with professional care & attention!

**KENNEDY'S**  
OPTICIANS

Keeping  
Kinsale  
focused

Pearse St., Kinsale

**Tel: 021 4773595**



See Better, See Brilliance

**Maui Jim  
2011 Collection  
Now In Stock**

**FULL EYE EXAMINATIONS INCLUDING:**

- ✓ Glaucoma Screening
- ✓ Diabetic Screening if Necessary
- ✓ Age Related Macular Degeneration Screening

Sunglasses • Low Vision Aids • Prescription Sunglasses •  
Domiciliary/ Home visits • Medical Cards/PRSI welcome  
Contact Lenses • Coloured Contact Lenses • Safety Spectacles

**Open: 9.30am-5.30pm Tuesday to Saturday**  
**Medical Card & PRSI customers very welcome!!!**

happy st. patrick's weekend, from all at

# VIZZA

## PIZZERIA

PIER RD KINSALE

### Feeling Hungry?

To get piping hot, delicious,  
freshly made pizza delivered  
to your door just ring in your order.  
We make fresh & deliver!

### Take Away Offers

(Available Sunday to Thursday)

Order Any 4 Pizzas  
...get 1x 9" Pizza **FREE**

Order Any 5 or more Pizzas  
...get 2x 9" Pizzas **FREE**  
**PLUS 5% DISCOUNT**

**FREE DELIVERY WITHIN KINSALE**  
**OUTSIDE KINSALE: FREE DELIVERY**  
**FOR ORDERS OVER €20**  
**(SMALL CHARGE OTHERWISE)**

### CHECK OUT OUR

\*\*\* **LOYALTY CARD** \*\*\*

### OUR GUARANTEE:

If not delivered within 45 Minutes from  
phone order, 10% reduction applies

# 087 697 5255

Open 7 Days A Week



# Vista

## on the Marina

Contemporary Café, Wine Bar & Bistro



## New Spring Menu



### NEW IMPROVED PRICING ON ALL MENUS

(Sample ONLY)

Breakfast: Scone & Coffee €4.90

Lunch: Soup & Sandwich from €4.95

Evening Main Dishes: Catch of the Day: €19.95

Evening Tapas: Asian Beef Salad €8.95

Cold Tapas: Shredded Duck Pancake €6.50


Upstairs @

# Vista

with our balcony commanding stunning  
marine views. The perfect setting for Private  
Groups, Parties, Intimate Weddings etc.

Contact Colette 470 6866





# THE CHIROPRACTIC CLINIC

QUAYSIDE HOUSE, THE PARK, PIER ROAD

**LEON TAYLOR** D.C.  
B.S.C. EXERCISE PHYSIOLOGY  
**CHIROPRACTOR**

**CHANGE OF HOURS**

**TUESDAY & THURSDAY, 12PM - 4PM**  
**MOB: 087 958 2362**

## daisychain flowers

Pearse St., Kinsale Tel: 021 477 4643

***Get Yourself Gardening  
for St. Patrick's Weekend!***

Wonderful selection of beautiful plants and shrubs including Magnolia, Viburnum Tinus, Skimmea, Acacia and Peonie trees & bushes. Herbs including rosemary, sage, thyme & lavender. Check us out on Facebook for new stock and updates, we're under Daisy Chain Kinsale!

Also on Twitter, tweet, tweet...



**We are having a special  
Mother's Day Event**



via our Facebook page over the next 3 weeks. Log on to Facebook, make a friend request of Daisy Chain Kinsale and receive an invite to our event with it's special offers for Mother's Day.

[www.daisychain-kinsale.com](http://www.daisychain-kinsale.com)

*All things bright and beautiful at Daisychain Kinsale!*

## MARCH MADNESS

UP TO

**25% OFF**  
**ALMOST EVERYTHING!!!**



**The Blind-Maker**

Southside Ind. Estate (Near EZ Living),  
Pouladuff Road, Togher, Cork

Also at Flor Griffin  
Bandon & Ballincollig

**021 4320111**  
[www.theblindmaker.ie](http://www.theblindmaker.ie)

**Free Home Consultation, Measuring & Fitting - OPEN 6 DAYS**



# Lexus Cork

PART OF THE KEARYS MOTOR GROUP

Kinsale Rd. Roundabout, Cork.

T: 021 492 9850



**Lexus RX 450**  
from €59,500  
€156 Road Tax



**Lexus IS 200d**  
from €35,680  
€156 Road Tax



## Lexus MODELS

2010	Lexus RX450H Exec	€156 Tax	€55,900
2010	Lexus IS220D Sport	20km	€32,900
2010	Lexus IS220D S Design	35km	€29,900
2009	Lexus IS220D Exec	16km	€29,900
2009	Lexus IS220D S Design	37km	€26,900
2008	Lexus GS300 Exec	31km	€26,900
2008	Lexus GS300 Exec	45km	€29,900
2008	Lexus IS220D Exec	87km	€22,900
2007	Lexus GS300 Exec	130km	€19,900
2007	Lexus IS220D Exec	86km	€17,900
2006	Lexus IS220D Sport	65km	€16,000

## OTHER MODELS

2010	Ford S Max 2.0 TDI 140BHP	€27,490
2009	Opel Corsa 1.2 Sxi "Bodykit"	11km €10,900
2008	Audi A6 2.0 T/D Avant Auto as-new	94km €29,900
2008	Volkswagen Eos (Convertible)	84km €15,900
2008	Mercedes-Benz A150	33km €14,900
2008	Mitsubishi L 200 Single Cab	only 42km €10,900
2008	Citroen Picasso as-new	55km €13,900
2008	Hyundai Coupe 1.6	27km €12,900
2008	Hyundai i30 (High Spec)	23km €11,400
2008	Citroen C4 Coupe "loeb"	49km €10,450
2007	BMW 730d "Full Spec"	65km €36,900
2007	Toyota Landcruiser LWB Pass	81km €28,900
2007	Audi A6 2.0 TDI Auto	113km €19,900
2007	Landrover Discovery Comm inc VAT	100km €16,900
2006	Mercedes-Benz CLS 350 Auto	133km €20,900

At Least 12 Months Warranty

**Test drive the all new CT 200h, from €29,450**

View all cars on [www.lexuscork.ie](http://www.lexuscork.ie)

# THE **ARMADA BAR**

& Guesthouse. Pearse Street, Kinsale Tel: 477 2255

**Friday 18th March**

*Live Music with Celtic Spirit*

**Saturday 19th March**

*Live Music with Whiskey & Lace*

**Sunday 20th March**

*Live Music with Sean Tracey*

*~ Kitchen Open Fridays to Mondays ~*

Your Local Bar... Darts, Pool & Rings



**CATCH**  
of THE DAY

**Dutch Style  
Fish & Chips**

...fresh off the boat!

**Wednesdays  
Saturdays &**

**NOW on Fridays!!!**

**12pm to 7pm at the Bridge**

Now Also Serving Teas & Coffees. Tel: 087 988 2839

## **Daltons Bar**

Market St, Kinsale. Tel: 021 477 7957

***Every Monday  
Traditional  
Irish Music  
& Sing Along***

## ***The Market Garden***

### **GENERAL GROCERY**

Specialising in Fresh Fruit & Vegetables,  
Dried Fruit, Nuts, Spices and Herbs...  
Fruit Baskets Prepared Potatoes  
& Vegetables.



Open  
Mon - Sat  
9.00am  
to 5.00pm

THE GLEN, KINSALE. Tel: 477 4574



# UPCOMING COURSES @



## WEEKEND V.H.F. COURSE

April 9th & 10th (Sat & Sun).  
(2 days only, including exam)  
10am-4.30pm. Fee: €290

## DEFIBRILLATOR COURSE

The skill to save a life.  
All welcome, no experience necessary.  
To take place at the KOEC on the 15th April  
from 6pm-9pm. Fee €45 per person.

## FIRST AID COURSE

2 consecutive Saturdays  
9th & 16th April. €190.

## REFRESHER 1st AID COURSE

For anyone who has previously completed the  
**ISA EMERGENCY CARE COURSE**  
within the last 12 months. €45 per person.  
Saturday 21st May 10am-1pm.

## ESSENTIAL NAVIGATION COURSE

No Experience needed. Starting March 22nd.  
7 Tuesdays, 7.15pm to 9.30pm. Fee: €195

## MID TERM SAILING COURSES SAILING SKILLS & THRILLS

19th-22nd April (4 days) €220

## ADVANCED BOAT HANDLING

19th-22nd April (4 days) €220

## BEGINNERS KAYAKING

19th-22nd April (4 days) €175.

## BEGINNERS SAILING COURSE FOR ADULTS

2 consecutive Saturdays  
7th & 14th May.  
Fee €175. 10am to 4pm

*Kids Summer Camp*  
Brochures Now Available !!!

Contact the office on **021 4772896** or email: [koec@indigo.ie](mailto:koec@indigo.ie)  
**[www.kinsaleoutdoors.com](http://www.kinsaleoutdoors.com)**



ice-cream & shakes

Pearse Street Kinsale

# Now Open!

Everyday

10.30am to 5.00pm

## Take Away Coffee

### Teas, Hot Chocolates & Chai Latte

(All served with complimentary Bite Size Brownie!)

### Breakfast Waffles With Fresh Fruit & Maple Syrup

Delicious Selection of:

**Lemon Meringue Pie, Carrot Cake,  
Chocolate brownies, Raspberry & Apple Crumble**

**Yummy Ice cream! Fresh Fruit Shakes,  
Frappucino Shakes, Delicious Sundaes, Desserts,  
Milk Shakes & Hot Dogs**



**CLARE ATKINSON**  
LETTINGS & PROPERTY MANAGEMENT



ALL TYPES OF  
**RENTAL PROPERTIES**  
URGENTLY REQUIRED

So if you have a property to let  
Please contact Clare on...

**0861505991**

For a **Hassle Free, Friendly** and  
**Professional** Service

Also Contactable Through...

*Sundays*

Pearse Street



**Tel:** 021 4777360 ■ **Mob:** 086 1505 991 **Fax:** 021 4777365

**Website:** [www.clareatkinson.com](http://www.clareatkinson.com) ■ **Email:** [ca@clareatkinson.com](mailto:ca@clareatkinson.com)

# Bulman & Toddies Restaurant

SUMMERCOTE, KINSALE

Bord Fáilte Tourist Bar  
of the Year 2010

Lucinda O'Sullivan  
Great Places To Eat

Georgina Campbell  
Irish Guide 2010



Bridgestone  
100 Best Restaurants  
In Ireland 2001-10

Winner Of The  
Best Gastro Pub  
In Cork 2010

## ~ Lunch Served ~

Tuesdays to Saturdays  
12.30pm to 5pm.

## ~ Restaurant Open ~

6.30pm, Tuesdays to Saturdays  
*New Look... New Menu...  
Same Stunning Venue!*

Bookings now being taken.

After dinner, enjoy the music in the bar...

## ~ Music This Week ~

*Saturday 19th March*

**The Hussars, 10.15pm**  
*plus Free Shuttle Bus to Town at Closing Time*

*Sunday 20th March*

**Boozy Schmoozers, 6pm**  
*(Sonny, Alan & Mike)*

## ~ Free Shuttle Bus ~

To Kinsale Town Centre,  
Closing Time Every Saturday

**Tel: 021 477 2131**

**or: 021 477 7769**

**www.thebulman.ie**



Come and Join in this Festival of Fine Food & Fun  
The "Kinsale Gourmet Festival" is held in October of each year  
and is a celebration of all the fine things that Kinsale has to offer.



## 35th Bollinger Kinsale Gourmet Festival 7-9 October 2011

### FRIDAY 7th OCTOBER 2011

3pm Cook Off on the Streets of Kinsale  
6.30pm Opening of the 35th Bollinger Kinsale Gourmet Festival  
8pm Dine around at one of the GFC restaurants  
10.30pm "Bolly" Ball - with the Strauss Orchestra  
Event Ticket price €85 (includes a €40 dinner voucher)

### Saturday 8th October Mad Hatters Taste of Kinsale

11.30am Starting at Actons Hotel. Join Alice, the Mad Hatter, March Hare and the Fieldmouse for the Highlight of the Festival. An escorted tour of the 12 Members of Kinsale's Good Food Circle who will present spectacular dishes from their kitchens bearing testimony to the culinary skills of the chefs of Kinsale. The event kicks off with a sparkling reception in Acton's Hotel, sponsored by Christy's Wines & Spirits, where your guide will then escort you to each of the four tasting venues to sample fine cuisine, complimented by selected wines from our Festival wine sponsors, NASH's, GLEESONS, GILBEYS & KARWIGS. Non wine drinkers can sample beer compliments of Heineken Ireland or water from Tipperary Water. As an additional fun element everyone is requested to wear a "Mad Hat" in honour of our special guest - the Mad Hatter! A competition will be held.

Event Ticket price €90

### Sunday 9th October Fruits de Mer, 1pm

Take your seat for a superb afternoon of fun & frolics with MC Derek Davis. Enjoy a mouth watering four course lunch to include lobster, crab, prawns etc, accompanied by delicious wines sponsored by Torres Mas Rabell. Freshly roasted coffees compliments of BEWLEYS then dance the evening away with the Magnetics.

Event Ticket price €75

8pm Dine out at the GFC restaurant of your choice  
(not included in ticket price)

Participating Restaurants: Restaurant D'Antibes, The Blue Haven, The Captains Table @ Actons Hotel, Crackpots, Jim Edwards, Max's Wine Bar, Man Friday, Pier One @ The Trident Hotel, Toddies @ The Bulman, White Lady, Fishy Fishy, Jolas

**Call 021 4773571 [www.kinsaleadvertiser.com](http://www.kinsaleadvertiser.com)**

# Ena's Hair Salon

Ballinspittle, Co. Cork.

021-4778776

## Spring Special Offers

**Full Head Meche**  
with Cut from €70

**1/2 Head Meche**  
with Cut from €50

**Full Head 'Colour Herbe' Meche**  
with Cut from €75

**1/2 Head 'Colour Herbe' Meche**  
with Cut from €55

**Permanent Hair Colour**  
with Cut from €42

**Permanent 'Colour Herbe' Hair Colour**  
with Cut from €50

**Semi Permanent Hair Colour**  
with Cut from €40

**OPENING HOURS:**

Tuesday - Thursday 9am - 6pm

Saturday 9am - 5pm

Late Opening Friday 9am - 7pm

SPECIALISING IN



**COLOUR HERBE**  
Permanent Hair Colour





# Aperitif

WINE & TAPAS BAR

## Now Serving

Fantastic Selection of Mediterranean & North African  
Inspired Tapas to enjoy and experience.

Serving everything from Prawns À La Plancha,  
Monkfish Spiedini, tender Pork belly, Salt & Pepper  
Calamari & More...



## Private Parties

The Back Lounge @ Aperitif is now open  
and ready for private parties & birthday parties.

To book Aperitif for your party  
call us on 021-4772209  
or email [info@aperitifkinsale.com](mailto:info@aperitifkinsale.com)

Come to Aperitif for a great night  
and a stunning atmosphere.

**Open Friday, Saturday  
& Sunday from 5pm**

Main Street, Kinsale

Tel: (021) 477 3592  
[www.aperitifkinsale.com](http://www.aperitifkinsale.com)

## **REBEL BOOT CAMP**

**FITNESS • FUN • FRESH AIR**

### **GET READY FOR THE NEW YOU!**

An outdoor, military style fitness program  
designed to get men and women  
of all fitness levels into shape fast.

### **NEW EVENING COURSE**

Starting in Kinsale 22nd March  
Tuesday & Thursday @ 6.40pm  
Course runs for 10 weeks and costs €200.  
Diet Plan Included.

for further information or to book your place  
**LOG ONTO**

**[WWW.REBELBOOTCAMP.IE](http://WWW.REBELBOOTCAMP.IE)**  
**OR CALL MARK:**

**086 880 9542**  
**EMAIL [INFO@REBELBOOTCAMP.IE](mailto:INFO@REBELBOOTCAMP.IE)**



## **ProActive Lifestyle Management**

*Expert instruction in exercise and lifestyle  
management for private and corporate clients*

ProActive Lifestyle Management is a dedicated personal training  
studio in Kinsale Town Centre that aims to provide its clients with  
expert advice & guidance on how to lead a healthy, fulfilling lifestyle.

Specialising in:

- One on one/two personal fitness training
  - Exercise for complete beginners
    - Weight loss
    - Muscle gain
  - Pre/post natal exercise
  - And much more!

Very competitive rates that reflect today's economic climate!  
For more information call

**Mark: 086 8809542**  
**Email [info@rebelbootcamp.ie](mailto:info@rebelbootcamp.ie)**

Located at 68 Lower O Connell St, Kinsale, Cork



# THE OLD BANK TOWN HOUSE

CAFÉ - ACCOMMODATION - FOOD STORE



## Gourmet Café

### **New Spring/Summer Menu available**

The Old Bank Town House and Food Store is the perfect place for a delicious breakfast or lunch, in a comfortable atmosphere with great service. We offer a superb menu to sit in and enjoy, a wonderful surrounding with some tasty food from gourmet sandwiches, soups, salads, pastries, smoothies and more! We also have a takeaway menu available offering a great variety. Call ahead with your order and we will have it ready for you to collect. Sandwiches/wraps/soups/coffee and more.

### **We also have Loyalty Cards**

Don't forget to get your loyalty card and get it stamped so you can get your 10th coffee Free!



## Gourmet Food Store

A wide range of fresh products produced daily in-house by our chefs. A selection of great food products can be purchased here including our new range of products such as the new tomato or vegetable soup, Caesar dressing (for your classic Caesar salad), Bravas sauce (a great accompaniment to potato dishes), Rustic salsa (great for salads or seafood dishes), Rocket pesto (a great alternative for pasta), Hot sauce (a spicy addition to any dish), Hampers ranging from €40, chocolates, tea, cakes, healthy products and more!



## We Even Do Celebration Cakes

Have a party coming up and need a cake for the event?

We can do this for you!

Have a picture you want to put on it?

We can also do this for you!

Call us on 021-4706090 for more details or call into us!



*Pop in today to purchase our new products or log online to get some products [www.bluehavenstore.com](http://www.bluehavenstore.com) or just sit back and relax in The Gourmet Café with some great coffee, delicious food or to enjoy something sweet and tasty!!*

**Open daily from 9.30am to 5.30pm**

**[www.oldbankhousekinsale.com](http://www.oldbankhousekinsale.com)**



# studio *Blue*

NIGHTCLUB

Clubbing With Style

**:: OPEN FRIDAY & SATURDAY ::**

Kinsale's newest hotspot, Studio Blue Nightclub is a combination of style, elegance and fun over two levels with three bars including cocktail bar, the best DJs, an upstairs heated roof garden and a Bollinger Lounge which can be reserved for private parties. The ultimate place to party in style!

**:: BOOK A TABLE ::**

Pre-book a table for you & your friends in the Bollinger Lounge.

All parties of 20 or more booked receive a  
**Complimentary Bottle of Prosecco.**

To Book call 021-4772209 or email [info@bluehavenkinsale.com](mailto:info@bluehavenkinsale.com)

**Studio Blue Night Club, Market Quay, Kinsale.**

For more call us on 021 4772209 or email [info@bluehavenkinsale.com](mailto:info@bluehavenkinsale.com)

See our **facebook** page for promotions and great events

## Jo's CAFÉ

55 Main Street, Kinsale

**Open 7 Days A Week**

Mondays-Fridays 8am-5pm

Saturdays, Sundays  
 & Bank Holidays 10am-5pm

**Every Friday Is  
 CUPCAKE  
 FRIDAY! :)**

## *Paddy's Weekend @* **an Seanachai & Front Lounge**



**- Friday March 18th -**

*From 10pm, the amazing...*

**Loose Change**

*Plus in The Front Lounge*

**Sweet Nectar**

**- Saturday 19th March -**

Mike Riordan from 7.30pm-9.30pm  
 followed by The Insiders, 10pm

**Don't miss this great music line up this  
 weekend @ Seanachai & Front Lounge**

*The Perfect place for great music and a good atmosphere.  
 Market Street, Kinsale. 021 4709736 - 021 4772209*



# TRIDENT

HOTEL / KINSALE



*...Perched on the Water's Edge*

## New Value Evening Menu for March Only €25.00

Steamed Oysterhaven Mussels with Chilli & Ginger  
In house Smoked Chicken with Lemon & Lime Dressing  
Tartar of Kinsale Seafood with Greek Yogurt  
Tomato & Seafood Chowder

§

Pan-fried Sirloin of Prime Irish Beef  
with Pepper & Brandy Sauce  
Baked Fillet of Monkfish  
with Tomato & Caper Butter Sauce  
Supreme of Chicken  
with Smoked Bacon Lardon & Chive  
Penne Pasta  
with Rocket & Parmesan Shavings

§

Butterscotch & Honeycomb Cheesecake on a Banana Scented Anglaise  
Steamed Chocolate Pudding with a Chocolate & Bailey Ice Cream  
Coconut & Lemon Meringue Pie with a Mango Salsa  
Raspberry & Mango Parfait with Red Berry Compôte

### Mother's Day

- Sunday April 3rd -  
We will be open for lunch  
with two sittings:  
1.00pm & 2.30pm  
Don't Delay, Book Today

*happy  
st. patricks  
weekend!!!*

## Communions & Confirmations

The Trident is now taking bookings for First Communion and Confirmation Lunch & Dinner.  
Celebrate this special time with our value menus from only €25.  
We also offer a children's menu. A Communion/Confirmation child eats FOR FREE!!  
To make a booking please telephone 021 4779300 or email: [info@tridenthotel.com](mailto:info@tridenthotel.com)

[www.tridenthotel.com](http://www.tridenthotel.com)



# Anika & Sandra

Massage, Beauty & Nail

(located in Kinsale, above House of Hair, in Guardwell)

**087 783 9626**

Treatments offered by highly Qualified therapists at reasonable prices.

Back, neck, shoulder massage (30min) . . . **Only €20**

Full body massage (60min) . . . . . **Only €40**

with Multivitamins and Hot Oil  
(Swedish, Sport, Deep Tissue, Slimming)

Massages suitable for Ladies, Gents & Teenagers

## Special Offer:

Beauty Pamper Package €80

Full Body Massage (60min) + Facial (60min)

Multi-Vitamin Facial (90min) . . . . . **Only €50**

with Eyebrow Wax/Tweeze, Hand Massage & Eyelash/Eyebrow Tint

Microdermabrasion Facial . . . . . **Only €50**

with Eyebrow Wax/Tweeze, Hand Massage & Eyelash Tint

Beauty Facial (60min) . . . . . **Only €45**

with Eyebrow Wax/Tweeze, Hand Massage & Eyelash Tint

Eyelash and Eyebrow Tint

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# The Spaniard

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Every Saturday  
**For Folk Sake**

Every Wednesday  
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Grapevine Promotions present

**Fri 18th March: WIGGLE**

+ Lady Grew & Selektia Jahmaica. Doors 8pm.

Tickets €8/€10 available from Bar or call 021 4772436

Sunday 27th March

**Sam Delahaye, 6pm**

On her 2011 tour of Ireland

**Fri 15th April: Liam O'Maonlai**

plus support. Doors 8pm

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...support your pregnancy with exercises for strength and suppleness, along with deep breathing, relaxation and meditation.

**Starts Thursday 24th March**

**7.15pm – 8.30pm**

**8 week course, €80,**

**@ The Kinsale Yoga Centre**

**Libby: 087 9906 187**

**www.kinsaleyogacentre.com**

kinsaleyogacentre@gmail.com

Libby is qualified to teach under the Sivananda Yoga organization and has received specialist training in Yoga for Pregnancy. She has been teaching in Kinsale for the last eight years, and co-runs the Kinsale Yoga Centre.





# - Spring 2011 - The Kinsale Equestrian Centre

## - Upcoming Events -

**New Adult Beginner Class:** beginning Saturday March 19th.

**Adult Stable Management Course:** 3 night course - Monday 4th, 11th & 18th April

Riders and Non-riders welcome. Everything from grooming and tail bandaging through to loading a horse in a horsebox and everything in between will be covered.

**Easter Camp:** will be held on Tuesday 26th, Wednesday 27th & Thursday 28th April

**Summer Camps;** Senior Camp (age 12+) Mon 4th - Fri 8th July;

Inter Camp (age 9-11) Mon 11th - Fri 15th July; Junior Camp (age 5-9) Mon 18th - Fri 22nd July

## - Horse Riding Lessons

Whether you are an experienced rider or a beginner, we have horses and ponies to suit all ages and abilities.

- Adult Beginner lessons - **ENROLLING NOW!**
- Children Beginner lessons every week. Age 4+. All beginners are kept on the lead-rein until they are competent with the rising trot.
- Adult Novice/Intermediate lessons are held on Tuesday, Thursday and Saturdays.
- And Children/Young Adult lessons for all levels are held throughout the week.

## - Trekking

Kinsale Equestrian Centre offers horse and pony trekking around 50 acres of grassland, overlooking the Bandon river, and around the Kinsale area. Treks are run daily.

## - Children's Birthday Parties

Book your birthday party with us and take part in pony games, vaulting races, grooming competitions and much more.....

## - Livery

Full livery is offered in a safe and secure environment. Grass turnout.

## - Gymkhana (Showjumping Competition)

Monthly Gymkhanas are held. With the emphasis on fun as much as competition.

## - Hacking Out

Novice/Intermediate level and above. See Kinsale and surrounding areas from horseback.



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Sunday 20th March

Music with **Mike O'Riordan**, 9pm

~ **Live Six Nations Rugby** ~

Saturday: Scotland v Italy, 2:30pm  
Ireland v England, 5.00pm  
France v Wales, 7:45pm



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# Spring Fair Day

**Saturday 19th March 2011**

Come & enjoy a day out at Bandon Co-op Kinsale! Massive bargains on the day! Plus something for everyone, young & not so young!

Free giveaways

Face painting

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Refreshments

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MONDAY - FRIDAY 8.30am - 5.30pm SATURDAY 8.30am - 4.30pm. AMPLE FREE PARKING



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28 June - Ex Cork

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29 June - Ex Cork

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28 June - Ex Cork

## **Lanzarote Lomo Blanca**

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27 June - Ex Cork

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- Case studies of people who have cured their own illness
- The changes we need to make in our diet and lifestyle to balance mind, body and spirit thereby promoting self healing
- The effects that meditation and prayer have on our health

All participants will leave with a greater insight into illness, its causes and cures will have direction on how to enhance their own health and well being through personal responsibility. Spiritual healing will be given at the end of the programme with instruction on meditation made simple

**Thursday 24th March**  
**Actons Hotel, Kinsale**  
**Starts 7.30pm**

Limited spaces, booking essential at

**087 2247035**

Catherine Lowry is a registered nurse and spiritual healer and has spent many years working in Oncology and studying the impact of our diet and lifestyle on our health and the environment.

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**THE COURSE IS FREE.  
YOU ARE WELCOME TO ATTEND ANY  
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**Dates: Friday 25th, Saturday 26th  
& Sunday 27th March, 2011**

**Venue: Ballinspittle Community Centre**

**Time: 8.00pm...Curtains Up**

**Tickets are on sale in Centra Ballinspittle and are €10  
Complementary glass of wine included**

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Learn how our present money system works,  
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**All Welcome / Free Admission**

**Friday 18th March**

**Friary Centre, Kinsale, 8pm**

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or

**Mary Broderick**  
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## Daly Engineering

**Gates - Railings  
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## HORSERIDING

Beach Riding, Countryside Trekking, etc.  
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Good Rates**

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HOME HEATING SERVICED & REPAIRED

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Full carbon monoxide & combustion  
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Fully Insured & Approved



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## SERVICES AVAILABLE

### SANDRA ROBERTS FCAAIT ACCOUNTANTS, TAX ADVISERS & BOOKKEEPERS

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Year End Accounts & Tax Returns  
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### KMC LAWN TURF SUPPLIERS

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When You Can Have It Instantly!*

**PHONE: 087 624 6080**



### Furniture Restoration

Re-finishing, French polishing, waxing, painting,  
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086 084 9405 (Formerly of The Trading House,  
Kinsale) or visit [www.kinsaleantiques.com](http://www.kinsaleantiques.com)

~ Vacuums ~ Sockets ~ Light Switches ~ Electric Showers ~  
**Electrical & Domestic Appliance Services**

**021 488 5243 ~ 087 2610300**

Dave Hurley, Rigsdale, Ballinhassig.

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*Kinsale Co. Cork*



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Fascia and soffit,  
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richard@richardraineyarchitects.com



### dg PropertyCare.com

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- |                     |                |                |
|---------------------|----------------|----------------|
| ✓ Window Cleaning   | ✓ Painting     | ✓ Moss Removal |
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Call David 086 3922770 Serving West Cork & City

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FOR ALL YOUR CARPENTRY REQUIREMENTS

Roofing - Roof Repairs  
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Home Improvements  
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\*\*\* Complete Job \*\*\*

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for a safe and healthy  
environment at home

regular domestic service:  
weekly, 2-weekly  
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mail.ecocleaners@gmail.com



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Offering Guided Tours - walking weather permitted

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Under VEC Ruling, Fetac 5 Qualified, Tour Guide - Long Family Association  
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Scrap Cars Collected & Disposed of  
**FREE OF CHARGE**

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Natural West Cork building stone  
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**Kinsale Advertiser  
Deadline  
Monday @ 5pm**

We regret we cannot accept any adverts received after this deadline.

**Please note:**

**ALL ADVERTS MUST BE PAID FOR IN ADVANCE.**

E: [info@kinsaleadvertiser.iol.ie](mailto:info@kinsaleadvertiser.iol.ie) P: 021 477 4313 F: 021 477 4339

## PETS

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**Folding Aluminum Dog Ramp**  
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### *Belgooly Boarding Kennels & Cattery*

Kennels open all year.  
Spacious individual kennels.  
Long country walks twice a day.  
Wash & groom service.

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**New Premises Now Open**  
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**Open**

**Tues - Sat 9.30am-5pm**

**Tel: 021 470 8860**

**Mob: 086 0655 748**  
**www.alldoggrooming.ie**

### **FORT ARTHUR BOARDING KENNELS KINSALE**

Individual Kennels - Exercised Twice Daily  
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Individually Heated Kennels • Large outdoor exercise area

**Tel: 477 0919 - 086 392 3447 - 086 155 1541**

Don't forget to have your pet's vaccinations up to date! ...see your vet!

Whilst every care and attention is given to all advertisements published, we cannot take responsibility for the content or validity of these advertisements.

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## CHILD CARE



### *Little Rascals Montessori School*

Fiona: 021 477 7687 - 087 224 8816

- Open Monday - Friday -

Montessori Classes:	Part Time Care:	Full Day Care:
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### **FREE ECCE PRESCHOOL YEAR**

3 hour sessions

**BOOK NOW - NO ADDITIONAL COSTS**

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Available for 0-5 year olds. Small friendly environment.  
Fully Insured. Halfway between Kinsale and Dunderrow

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Qualified FETAC Level 5&6 Childcare

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**0 TO 5 YEARS**

**We Are Expanding!!! More Space Available Now**  
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**Contact Janice O'Connell**

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Ages 8mts-4yrs,  
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Fun Child Developmental Classes Through Musical Play,  
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**CLASSES HELD @ ACTONS HOTEL**  
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**\*\*\* PHONE FOR FREE TRIAL CLASS \*\*\***



## PROPERTY

### **Wanted To Rent Long Term:**

Detached house or bungalow, 3 bed min.  
Professional local couple. No pets. No children.  
Non Smokers. 1st Class references available.  
Max €900. Please call 021 470 8857

### **ENSUITE BEDROOMS TO LET**

Kinsale Town Centre  
Tel: 087 226 2101  
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**Also: Town Centre Apartment To Let**

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3 Bedroom House in  
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fully furnished,  
recently renovated.  
Suit professionals.  
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### THE **BLUE HAVEN** COLLECTION

is now hiring for following positions:

**Chef for a busy Café**

**Chefs all levels**

**Experienced Waiting & Bar Staff**

Please drop in your CV to Reception in the Blue Haven  
Hotel, Kinsale, or email to [info@bluehavenkinsale.com](mailto:info@bluehavenkinsale.com)

**House To Let: Kilmacsimon Quay, €595 pcm**

3-bed Riverside Location, stunning views,  
contemporary interior, 10 mins from Kinsale,  
Bandon and beaches. Fully furnished, private parking.  
Available immediately.

Tel: 023 8829500 (Quote ref: Barry)

**Professional couple looking to  
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Contact 086 3300 807**

### **TO LET**

#### **LONG OR SHORT TERM**

DOUBLE ROOM EN SUITE  
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SHARED BATHROOM,  
COMMUNAL KITCHEN/DINING  
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PRICE RANGING FROM  
€75 - €120 PER ROOM PER  
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### **TO RENT: LANZAROTE**

Beautiful one bedroom apartment  
with sea views in Matagorda,  
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with heated swimming pool.  
Close to all local amenities.  
5 minutes walk to the beach.  
10 minutes from airport.

Satellite TV including:  
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Call Billy or Saran Crosbie  
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### **Wanted Experienced Cook**

**Part Time, Includes Saturdays**

**Good English Required**

Contact Ursula on: **021 4700707**  
or drop your CV into: Cucina, 9 Market St., Kinsale

### **NAIL TECHNICIAN REQUIRED**

Experience with Eyelashes  
(false/extensions) an advantage.

Contact Eileen's Beauty Salon,  
27 Pearse Street, Kinsale. Tel. 477 4212

### **TO LET: SPACIOUS 2 BED APARTMENT**

Fully furnished - Unique features  
Town center location.

Entrance out onto a patio and secluded garden  
Please Call **086 6062934**

### **Bar Person Required**

For Busy Pub - Experience Essential

**Also Required: Wash Up Person**

Call **087 9494481**



## Office Administrator Required

Candidate should possess excellent secretarial skills with a strong knowledge of Word/Excel and have bookkeeping experience.

Fluent English, both written and spoken, a requirement for the position.

Please forward CVs to  
**Finishing Services**  
71 Main Street, Kinsale

## Access Counselling Limited

**Are you or a loved one affected by:**

- ...Alcohol or Drug Addiction
- ...Excessive Gambling Compulsion
- ...Inappropriate or Excessive Internet Use

**Help is available**

Offices in Kinsale, Carrigaline, Cobh and Cork City Centre

**Phone now in confidence for  
Free Consultation 087 268 6668**

## FINTAN LYNCH HAIRDRESSING

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**Michelle's**  
*Hair Creations*  
LADIES & GENTS

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## Wendy Waterfall COCHASA

**Holistic Massage  
Reflexology, Reiki  
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SPRING OFFER:  
**€20 FOR FIRST MASSAGE**  
Call 087 648 4165

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*Ladies & Gents Hair Salon The Glen, Kinsale*

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**Tues to Sat: 9.15am-6pm**

**FREE CAR PARK  
BEHIND SALON**

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Monthly Special Offers  
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Tel: 087 2709410  
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## NOTICES

### **Kinsale Carmelite Lourdes Pilgrimage Reunion Supper**

Saturday March 26th - Trident Hotel, 8pm

Adm €20. Music & Craic with M.Ahern & Guests

Still Some Tickets Left - Everyone & Past Pilgrims Welcome

### Top Irish musicians join forces for a special **FUNDRAISING CONCERT IN AID OF KINSALE COMMUNITY HOSPITAL**

Friday 1st April, 8pm in St. Multose Church.

Soprano, Carol-Ann McKenna,

violinist Mary McCague and harpist,

Aisling Ennis will perform a programme of  
all-time favourite songs and instrumentals.

Email your meaningful melodies to

info@marymccague.com or text 087 6390299

Tickets can be reserved using the contact  
details above also and are priced at €15/10.

## **DON & BARRY'S HISTORIC STROLL, KINSALE**

*Our Tour is Back!! Daily from St. Patrick's Day*

**11.15am Daily**

**from outside the Tourist Office**

*'Kinsale's single best attraction' - Rick Steves*

*'Highly entertaining ...Child friendly ...Captivating*

*...All at once Old Kinsale came vividly to life' - The Irish Times*

**NEW** Preview our tour on [www.HistoricStrollKinsale.com](http://www.HistoricStrollKinsale.com)

## **KINSALE ACTIVE RETIREMENT ASSOCIATION**

**Tues 22nd Mar, Temperance Hall 2.30pm**

A Visit From A Representative Of The Marie Keating  
Foundation Explaining All Facets Of Cancer.

March Is Mens' Cancer Awareness Month.



### **Nearly New Sale**

Temperance Hall

Saturday 26th March

in aid of Haven Foundation

*Sincere thanks for your support to date*

*An evening of Reading  
and Finger Food*



*All are invited*

**Gabriel Ezutah launches  
his 1st Novel:**

**'Trail of Immortality,  
Looking through the  
Veil of Eternity.'**

*An intriguing story of love,  
dreams, reincarnation  
and many more inspiring topics  
of interest to everyone.*

**Thursday March 24th 2011  
The Library, Acton's Hotel, 6pm**



We are delighted to announce that

## **Fergus Finlay**

CEO of Barnardos and member of  
the Special Olympics Ireland, has  
accepted the Kinsale Peace  
Project's invitation to come to the

**Kinsale Peace Project  
Friday 1st April 2011  
Friary Centre, 8pm**

All are welcome to which promises  
to be a very informative evening.

## **Car Boot Sale**

To benefit

St. Vincent de Paul Society in Kinsale

**Saturday 16th April,**

**St. Multose Hall, 11am-2pm**

Sponsored by Kinsale Union of Parishes

Contact: 021-470-6990

[carbootsalekinsale@gmail.com](mailto:carbootsalekinsale@gmail.com)

## **Class of '86**

### **Convent of Mercy Reunion**

**June 11th, The Spaniard 7pm**



For details contact

Helen O'Brien: 087 9218052

Peter Keohane: 086 3776788

*What's On... What's On... What's On... What's On...*

### **FRI 18th MAR**

#### **AN SEANACHAI:**

Live Music with Loose Change.

#### **ARMADA BAR:**

Live Music with Celtic Spirit.

#### **BACCHUS NIGHTCLUB:**

with DJ Garian, 11.30pm.

#### **BLUE HAVEN BAR:**

Live Music with Two Time Polka, 10pm.

#### **DON & BARRY'S TOURS:**

11.15am, Tourist Office.

#### **FOLKHOUSE:**

Live Music with Tease.

#### **HAMLETS CAFE BAR:**

Live DJ.

#### **SPANIARD BAR, SCILLY:**

Wiggle, 8pm.

#### **STUDIO BLUE NIGHTCLUB:**

Doors 11pm.

#### **TEMPERANCE HALL:**

Drum Circle, 7.00pm.

#### **THE FRONT LOUNGE:**

Sweet Nectar.

#### **TRANSITION TOWN KINSALE:**

The Future of Money - Open Forum, Friary Centre, 8pm.

### **SAT 19th MAR**

#### **AN SEANACHAI:**

Mike O'Riordan, 7.30pm  
The Insiders, 10pm.

#### **ARMADA BAR:**

Live Music With Whiskey & Lace.

#### **BACCHUS NIGHTCLUB:**

with DJ Sean, 11.30pm.

#### **BANDON CO-OP,**

#### **FARM LANE KINSALE:**

Spring Fair Day Including Live Entertainment.

All Welcome.

#### **BLUE HAVEN BAR:**

The Aristocrats, 10pm.

#### **BULMAN, SUMMERCOVE:**

The Hussars, 10.15pm.

#### **DON & BARRY'S TOURS:**

11.15am, Tourist Office.

#### **FOLKHOUSE:**

Live Music with The Hound Dogs.

#### **HAMLETS:**

Live DJ.

#### **SPANIARD BAR, SCILLY:**

For Folk Sake, 9.30pm.

#### **STUDIO BLUE NIGHTCLUB:**

Doors 11pm.

#### **WHITE LADY NIGHTCLUB:**

Doors 11.30pm Plus BBQ.

### **SUN 20th MAR**

#### **ACTIVE RETIRED**

#### **ASSOCIATION:**

Trip To Mallow.

Bus Leaves 9.30am.

#### **ARMADA BAR:**

Live Music with Sean Tracey.

#### **BLUE HAVEN BAR:**

Live Music with Sonny & Friends.

#### **BULMAN:**

Live Music with The Boozy Schmoozers, 6pm.

#### **DON & BARRY'S TOURS:**

11.15am, Tourist Office.

#### **FOLKHOUSE:**

Live Music with The Big Ordeal.

#### **WHITE HOUSE:**

Live Music with Mike O'Riordan, 9pm.

#### **WHITE LADY NIGHTCLUB:**

Doors 11.30pm

Plus BBQ.

### **MON 21st MAR**

#### **BLUE HAVEN:**

Simply Christianity, 8pm.

#### **BLUE HAVEN BAR:**

Live Music with Arundo.

#### **DALTON'S BAR:**

Trad Irish Music & Sing Along.

#### **DON & BARRY'S TOURS:**

11.15am, Tourist Office.

#### **KINSALE ADVERTISER:**

Deadline For

Next Issue, 5.00pm.

### **TUES 22nd MAR**

#### **ACTIVE RETIRED**

#### **ASSOCIATION:**

Visit From Marie Keating Foundation.

2.30pm, Temperance Hall.

#### **BLUE HAVEN:**

Cookery Demonstration:

Cooking with Pastries, 7pm.

#### **BLUE HAVEN BAR:**

Live Music with Sonny & Friends.

#### **DON & BARRY'S TOURS:**

11.15am, Tourist Office.

#### **TEMPERANCE HALL:**

Set Dancing, 8.30pm.

Every Tuesday.

All Welcome.

### **WED 23rd MAR**

#### **BLUE HAVEN BAR:**

Live Music with Darren & Friends.

#### **DON & BARRY'S TOURS:**

11.15am, Tourist Office.

#### **KINSALE FARMERS MARKET:**

Every Wednesday

Next To Cronins'

Commercial Hall, 9.30am.

#### **SPANIARD BAR:**

Live Trad Session.

### **THURS 24th MAR**

#### **ACTONS HOTEL:**

Diet & Lifestyle

Demonstration, 7.30pm.

#### **BACCHUS NIGHTCLUB:**

with DJ Mark, 11.30pm.

#### **BLUE HAVEN:**

The Thursday Band.

#### **BOOK LAUNCH:**

by Gabriel Ezutah.

Actons Hotel, 6pm.

#### **DON & BARRY'S TOURS:**

11.15am, Tourist Office.

#### **FOLKHOUSE:**

Live Music with

The Soul Session Orchestra.

daffodil day  
\*

### **FRI 25th MAR**

#### **AN SEANACHAI:**

Cadillac Cats.

#### **BACCHUS NIGHTCLUB:**

with DJ Garian, 11.30pm.

#### **BLUE HAVEN:**

Hank Wedel &

Sweet Nectar, 10pm.

### **DE COURCEY DRAMA**

#### **GROUP PRESENT:**

Uncle Jasper +

Last Panto In Curranahoo.

Ballinspittle Community

Centre, 8pm. Tickets from

Centra. Runs Until

Sunday 27th March.

#### **DON & BARRY'S TOURS:**

11.15am, Tourist Office.

#### **FOLKHOUSE:**

Live Music with

Karma Parking.

#### **HAMLETS:**

Live DJ.

#### **SPANIARD BAR:**

Live Music with

Martin & Friends.

#### **STUDIO BLUE**

**NIGHTCLUB:** Doors 11pm.

## ***Daffodil Day***

Friday 25th March  
Helpers needed for  
Coffee Morning in the  
Temperance Hall.

**PLEASE SUPPORT!**

Call 087 632 9417

## **EARTH HOUR POWERDOWN**

**Date: 26.3.11**

**Time: 20.30 to 21.30**



**John Giles**  
FOUNDATION

**Walk of Dreams**  
**Sunday 27th March**  
**Cork City, 3pm**

[www.johngilesfoundation.com](http://www.johngilesfoundation.com)

[www.starcastles.ie](http://www.starcastles.ie)



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