Tel: 021 477 4313 :: Email: info@kinsaleadvertiser.iol.ie :: Fax: 021 477 4339



Phone/Fax: (021) 477 7898



- · Kinsale Gift Card Accepted
- · Gift Vouchers Available
- · Deposits Accepted
- Open 7 Days





64A Main Street, Kinsale Phone/Fax: (021) 477 7032

ECCO - RICOSTA - START RITE - LELLI KELLY - ROBEEZ - DUBARRY

KINSALE Kinsale Town Council "DRAGONS" SECRET DEN"

Kinsale Town Council & Chamber of Tourism invite you to present your most enterprising idea for Kinsale to a panel including RTE DRAGONS' DEN's Bobby Kerr and Channel 4's SECRET MILLIONAIRE Marcelle Spellar and WIN a cash investment of €1000

Thursday 17th February 7.30pm, Trident Hotel, Kinsale

Spend an evening in conversation with Bobby & Marcelle. Bobby is the founder of Insomnia and more; Marcelle is a resident of Kinsale who set up her holiday business from her apartment here 15 years ago, and recently appeared in a moving episode of Channel 4's Secret Millionaire.

We invite all local businesses, community organisations, and residents to come along and find out how it's done!

> Be part of an enterprising future for the town and let's see what IS possible for 2011.

Entries must be on the official entry form, available from admin@kinsale.ie, or Finishing Services, 71 Main St., Kinsale. Closing date for entries Monday 14th February.

Proposals can be of a commercial or community nature, and you must be prepared to initiate it yourself. You will be offered coaching by an Enterprise Ireland mentor.

Tickets on the door €5 (to include refreshments)













January & February Detox Reviver Special

Includes All of The Following Detox Hydrotherapy Bath Detox Marine Body Wrap Elemis Skin Brightening Facial Warming Hot Oil Scalp Massage

ONLY €69.00 MONDAY - THURSDAY PER PERSON

ONLY €89.00 FRIDAY - SUNDAY PER PERSON

> Available Monday to Sunday Valid til the end of February 2011

Contact the C Spa 021 4706625

CARITON HOTEL & C SPA KINSALE

Carlton Hotel & C Spa Kinsale

T: (021) 4706000 W: www.carlton.ie/spa E: cspa.kinsale@carlton.ie



Great News For Kids!!!

When 2 Adults enjoy two courses each in Jan/Feb (Starter + Main or Main + Dessert)

...Then 2 Children enjoy their Kids Meals Free!!!



Saturdays

11.30pm 'til lafe PLUS BBQ 11.30pm 'til late PLUS BBQ

IDEAL PARTY VENUE FOR SPECIAL OCCASIONS

WHITE LADY SHUTTLE BUS Free From Town Every 5mins Sat & Sur 12am - 1 15am

Holy Communion at Hattitude
The Glen. Kinsale. Tel: 021 477 4821 or 1850 575757

~ Handmade Alice Bands ~ adorned with pearls, Swarovski Crystals

~ Handmade Bows, Butterflies, Flowers ~ created using Pearls, Crystals etc.

~ Wide range of Combs, Clips, Pins ~ in Diamante, Crystal, Pearls etc.

~ Exclusive to Hattitude ...Handmade Swarovski Crystal Bracelet Made To Order with a choice of Charms for that special day

Prices from €5 *Hattitude ...a secret you won't be able to keep!*

Dan Dempsey's Garage

...have pleasure in announcing that on Saturday 8th January 2011 we delivered our **20th Perodua Car**. The lucky new owner was a Mrs O'Shea in Carrigaline

"You may never have heard of the Perodua Myvi but this Malaysian Supermini is one of the great unsung heroes of the small-car scene ...this hatchback is based on the Daihatsu Sirion, and nestling beneath its bonnet is a 1.3ltr petrol engine from the Toyota Yaris"

- www.timesonline.co.uk, 6th Sept 2009



Sales by dealers up country have exceeded all expectations and the name Perodua is here to stay. This car is the best value & lowest priced in Ireland. It is popular because of its economy and because of the excellence of its Japanese engineering

Scrappage price is €7,999 or €9,500 straight buy. Air Conditioning, ABS & Remote Locking are standard. There are No Extras and No Delivery Charges!

"It may not be a well known badge but the Myvi is an excellent small car.

It's easy to drive, exceptionally inexpensive to buy and run and very well built"

-www.parkers.co.uk

For More Information Call

Karl 086 064 4685

or Ciaran 086 821 7777



Weekly Advertiser & Guide to WHAT'S ON IN KINSALE & DISTRICT









Showroom Opening Hours Mon-Thurs 9.30am-5.30pm Fri & Sat 9.30am-4.30pm Other Times Available by Appointment

LASSIC

Tel:021 437 5900 Fax:021 437 5901

Noblessa German Kitchens

Email:classickitchensjk@eircom.net Unit 2 Innovation Park, Carrigaline Industrial Estate

Free Full Consultations • Free Measuring Service Free 3D Kitchen Designs • Free Quotations Free Dishwasher with every Kitchen over €5000 Selection of appliances available • Removal of old kitchen We also Specialise in Wardrobes including Sliderobes









To educate children using the world of computers

Komputer Kids is a new and exciting after-school computer class for primary school children.

Classes Provide:

Life long computer skills, increased motivation to learn and a real sense of achievement and self confidence. Our class aim is to develop basic computer skills such as keyboard, mouse, Internet (Supervised) and hands on use of different Computer Technologies i.e. (Laptops, Notebooks, Digital Camera, Printers etc) . Tasks range from creating a simple birthday card, to an online project, or animation etc. We use educational packages to teach children, in an imaginative and stimulating environment.

Start Date: Jan 31st & Feb 2nd 2011 Class Days: Monday or Wednesday

Times: 3:30 to 4:30 or

4:45 to 5:45 on both days

Location: Dunderrow, Kinsale Age Group: 4 to 12 years Cost: €9 per session (7 week course €63)

For Further infomation contact:

Gemma Long MSc. Dip T&D 085 1546220



Anne-Marie BSc. Dip Comp Science 087 9673143



Breakfast Served from 8am - 12noon Food Served Daily from 12noon - 10pm Set Menu (4 Courses) for only ≤ 25

Special Valentine's Menu

Saturday 29th January

Mike O'Riordan, 10.30pm

Sunday 30th January Mike O'Riordan, 9pm



Web: www.whitehouse-kinsale.ie





The Glen, Kinsale, Tel: 021 477 7772

Open for Dinner

Friday & Saturday from 6pm

Still serving Kinsale's most popular Early Bird Menu, Only €24.50

for a delicious 4 course meal Now served all evening!

Also, try our delightful

A la Carte Menu

with fresh Fish specials nightly

Fancy a Fresh Homemade Dessert? Pop in & enjoy one with a coffee

5 Wheelchair Accessible Gift Vouchers Available

Pearse Street, Kinsale Tel: 477 2255

Tues 1st Wed 2nd Heineken Pints... Thurs 3rd Sun 6th Beamish Pints €3.00 Mon 7th Draft Cider Pints

Your Local Bar... the Home of Darts, Pool & Rings

Cardio Kickbox A fun wav to tone up & lose weight!!!

All fitness levels welco

Thursdavs

Temperance Hall Kinsale

7pm - 8pm

Only €5 per class

ıy 1 & Get 1 Half Price on almost everything!



Southside Ind. Estate (Near EZ Living), Pouladuff Road, Togher, Cork Also at Flor Griffin Bandon & Ballincollia

www.theblindmaker.ie Free Home Consultation, Measuring & Fitting





T:021 **477 2131** / 021 **477 7769**

Kinsale Pottery Spring 2011

WEEKLY CLASSES START NOW

Childrens Art

Tues 3.30pm-5pm, 10 Weeks €150 Siblings half price!

Potterv

Tues, Weds 6.45pm-9.45pm; Weds, Thurs 9.30am-12.30pm, 10 Weeks €250. Bring a friend for €200

JUST DROP IN!

3hr Pottery, Jewellery-Making or Glass Fusing Taster Sessions,

2-5pm Feb 27th, Mar 27th, May 1st €30 per person and get a €30 discount voucher when you come, redeemable against a full term-time course or weekend

For weekend courses, or to book, call Adrian Wistreich on 087 9696901 Full details at www.kinsaleceramics.com







JANUARY SALE 2011

OFFERS VALID UNTIL SATURDAY 12th FEB

D.I.Y. / HOME DÉCOR Black And Decker Autoselect Jigsaw

4 X 3 Multi Purpose Ladder

Was

€49.05

€99.95

€i1.95

€12.09

€9.95

€9.99

Now

€39.95

€69.95

KITCHEN APPLIANCES	vvas	14044
Hotpoint 6kg 1200 Spin Washing Machine WML520p	€345.00	€315.00
Indesit Vented Tumble Dryer Idv65	€219.00	€189.00
Nordmende 800watt Microwave Silver	€59.95	€49.95
Symbol 12lt Dehumidifier	€i49 95	€139.95
HOME ENTERTAINMENT		
Aoc 19" Lcd TV	€149.95	€129.95
Ross Sd Satellite Kit	€99.95	€69.95
Maxim Dvd Player	€39.95	€29.95
HOUSEHOLD ELECTRIC	AL	
Euro Chef 4 In 1 Multi Blender	€29.99	€24.95
One Touch Power Grater	€19.95	€14.95
3 Section Electric Buffet Server	€59.95	€39.95
Coby 4 Slice Stainless Steel Toaster	€29.95	€24.95
Coby 1.7lt Stainless Steel Jug Kettle	€19.95	€17.95
Philips Cool Wall 2 Slice Toaster	€24.95	€19.95
Smart Living 1.7lt Electric Jug Kettle	€12.99	€9.99
HOUSEHOLD		
Afer Ironing Board	€27.05	€21.95
Addis 3 Tier Clothes Airer	€24.49	€21.95
70lt Black Dustbin With Lid.	€19.95	€17.95
Dosco Sweeping Brush With Dustpan	€7.99	€5.99
Kitchen Fire Blanket And Extinguisher Set	€i3.99	€16.99
Kidde Carbon Monoxide Alarm Digital	€49.95	€29.95
First Alert Smoke Alarm Twin Pack	€i5.95	€12.95
Metal Post Box Black / White	€i3.95	€14.95
Philips 60w/75w Energy Saving Bulbs	€3.99	€1.99
HOME IMPROVEMENTS		
Stanley Oisin Stove Matt Black	€499.00	€399.00
Access Loft Ladder 120 X 60.	€495.00 €129.00	€399.00 €109.00
Horizon Glueless Laminate Flooring	€125.00	
Makita Ga9020 9" Angle Grinder 220v/110v	€1.26/5q.yrd.	€3.93/sq.yra
Manua Casozo s Angle Childer 220V/110V	C100.00	C100.00

Dulux 10lt Brilliant White Matt / Soft Sheen	€34.95	€24.95
Dulux 10lt Supermatt White / Magnolia	€24.95	€21.95
Dulux 11lt Ceiling Paint Brilliant White	€29.95	€23.95
€4 Off All Dulux 2.5lt Matt And Soft Sheen Colours	€25.40	€21.40
Dulux 2.5lt Brilliant White Gloss	€21.95	€14.95
Dulux 2.5lt Brilliant White Undercoat	€21.95	€14.95
5 Piece Paint Brush Set	€5.95	€4.99
5 Piece Extendable Roller Set	€7.95	€5.99
BATHROOM		
Mira Elite 9kw Electric Pumped Shower	€269.95	€229.95
Triton T90si Pumped Electric Shower	€259.95	€229.95
Triton T80xr Electric Shower	€219.95	€169.95
Bathroom Scales	€10.95	€8.99

FARMING - ANIMAL HEALTH

Volac Biossom Easymix Milk Replacer 20kg		
Buy 10 Get 1 Free	€473.00	€430.00
7.5lt Albex 10% With Free Dosing Hook Worth €60.00	€i60.00	€140.00
Ectospec Pour On For Lice 500ml	€34.95	€28.95
Avalksan 25lt Buy 5 Get 1 Free	€245.00	€205.00
Deosan Teatfoam 20lt	€57.95	€49.95
GENERAL FARMING		
Hamble 38cc 16" Petrol Chainsaw	€139.00	€119.00
Gallagher B14 Battery Fencer C/w Battery	€i49.95	€134.95
3lt Fast Orange Hand Cleaner	€i5.95	€12.95
Super Lightpal Rechargeable Led Torch	€24.95	€19.95

방 50% REDUCTION ON CARPETS

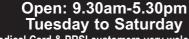
Mark 2 Nylon Rainsuit

Mens 12 Pack Of Thermal Socks

MONDAY - FRIDAY 8.30am - 5.30pm SATURDAY 8.30am - 4.30pm AMPLE FREE PARKING

Weekly Advertiser & Guide to WHAT'S ON IN KINSALE & DISTRICT





Medical Card & PRSI customers very welcome!!!

Medical Cards/PRSI welcome • Contact Lenses Coloured Contact Lenses



with Special guest Páistí

(Martin Furey - George Furey - Joe Doyle) Tickets €15 from The Spaniard 021 4772436

Bar Food Served Daily Restaurant Open 6pm Fri, Sat & Sun Value Menu & à La Carte Menu Available

T: 477 2436 www.thespaniard.ie



Mannon Kitchens

KINSALE

:: Second Nature Kitchens ::

:: Bella Nova Kitchens ::

:: Slide Robes ::

:: Office Furniture ::

Showroom Ballygarvan:

021 488 8807

Kevin Hannon: 087 290 1633

www.hannon.ie

NORDMENDE







Actons Hotel Health & Fitness Club

T: 021 477 2345 www.actonshotelkinsale.com E: leisure@actonshotelkinsale.com

LAST WEEK OF THIS FANTASTIC OFFER!!!

MEMBERSHIP FROM ONLY €99.00

New Members = 2mths membership (normal rate for 3 months is €250.00)

Current Members = 3mths membership

- $\sqrt{}$ Available as vouchers from reception desk.
- $\sqrt{}$ Excellent gift for New Year resolutions!
- √ Available to new and current members (extra month free to current members)
- √ 12 months to activate voucher. Expire 31st Jan 2012
- $\sqrt{}$ No limit to the number of vouchers you can buy
- $\sqrt{}$ Subject to terms and conditions

Call in or ring 021 4772345 leisure@actonshotelkinsale.com

offer ends 31st Jan 2011







Massage & Beauty Treatment Special Offers Also Available For more info call in or contact 021-4772345



COOKERY DEMOS JAN-MARCH 2011

@ THE BLUE HAVEN HOTEL, KINSALE



Learn to cook delicious food, have fun, meet people and experience something new with The Team of Chefs at The Blue Haven Hotel Cookery Demonstrations from January to March 2011-Book soon to reserve your place!

TUESDAY FEB 1st - 7pm 30 Minute Dishes

(Getting Excellent Meals in Under 30 Minutes)

TUESDAY FEB 8th - 7pm Cooking With Fish

(Exciting Fish Dishes For All The Family)

TUESDAY FEB 15th - 7pm Fantastic Packed Lunches

(For School, Work Or Picnics.)

TUESDAY MARCH 1st - 7pm Italian Cooking (Fantastic, Rustic, Italian-Made Easy)

TUESDAY MARCH 8th - 7pm Feeding your Kids with their Health in Mind

(Blue Haven Chefs team up with children's healthy eating expert Lucy Hyland from Food for Living www.foodforliving.ie to show how food can assist with your child's growth and development)

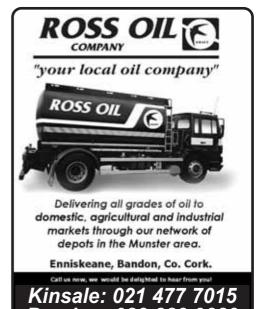
TUESDAY MARCH 22nd - 7pm Cooking with Pastries (Tarts, Pies, Desserts & More)

TUESDAY MARCH 29th - 7pm Spanish Cooking

(Paellas, Tapas, Sharing Dishes & More)

All classes are €25.00 per class or get all 4 nights for €90 Contact 021-4772209 - info@bluehavenkinsale.com - www.bluehavencollection.com

VOTÁIL NO.1 Paul HAYES T: 086 8589 019 E:paulforthedail@gmail.com See us on Facebook: Put Paul in The Dail GENERAL ELECTION CANDIDATE CORK SOUTH WEST Supported by: Kinsale Cllr. Noel Harrington



noelharringtonkinsale@hotmail.com

Bandon: 023 883 9383



THE BLUE HAVEN





Events with a Difference...

- COOKERY DEMONSTRATIONS -

Learn to cook delicious food and have fun. Cookery demonstrations include Cooking with Fish, Italian Cooking, Feeding your kids with there health in mind with Lucy Hyland, Spanish Cooking and more. €25 per class or 4 for €90. Call 021 4772209 or email info@bluehavenkinsale.com

- VALENTINE'S WEEKEND -...LOVE BLUE HAVEN

Why not treat that special person to a delicious meal in a great atmosphere with a meal @ The Blue Haven Restaurant, Superb Menu available for €30 per person. Music all weekend with The Aristocrats, Sonny & Friends and Clem & Bernard

...LOVE APERITIF WINE & TAPAS BAR

Enjoy delicious Tapas from our new menu which serves a fantastic selection of Mediterranean and north African tapas in a stunning atmosphere. Open all weekend and music on Saturday 12th with Neasa, described as one of the world's finest voices.

- LAUGHTER IS THE BEST MEDICINE! -

- The hilarious Jason Byrne performs on Thursday 24th Feb at 8.30pm. Tickets on sale at The Blue Haven or online www.bluehavenstore.com

- FREE MEETING ROOMS -

For local business and local community groups available (Subject to availability). Enquire on 021 4772209

Bookings now being taken for

CONFIRMATION & COMMUNIONS

Menus from €23.95, and Children's menus @ €12.50 per child. book now to avoid disappointment on 021 4772209.

THE FRONT LOUNGE, MAIN STREET, KINSALE

An old world sports bar with blazing fire, cosy corners and comfy couches, perfect to sit back enjoy a drink and watch a game by the fire, on the two big screens. Open 7 days.



021 477 2209 www.bluehavenkinsale.com



Feeling Hungry?

To get piping hot, delicious, freshly made pizza delivered to your door just ring in your order. We make fresh & deliver!

Take Away Offers

(Available Sunday to Thursday)

Order Any 4 Pizzas ...get 1x 9" Pizza FREE

Order Any 5 or more Pizzas ...get 2x 9" Pizzas FREE PLUS 5% DISCOUNT

FREE DELIVERY WITHIN KINSALE **OUTSIDE KINSALE: FREE DELIVERY** FOR ORDERS OVER €20 (SMALL CHARGE OTHERWISE)

CHECK OUT OUR *** LOYALTY CARD ***

OUR GUARANTEE:

If not delivered within 45 Minutes from phone order, 10% reduction applies

087 697 5255 Open 7 Days A Week



Fileens **beauty** | salon

27 Pearse Street, Kinsale (next to the Post Office)

Tel: 021 477 4212



ALL WAXING!

St. Tropez Full Body Tan Was €30. Now €25

Evelash + Brow Tint and Eyebrow Trim/Wax

Was €26. Now €20

Sun Bed 48 mins.

Was €38, Now €30

Sun Bed 81 mins.

Was €65, Now €55



THE FRETS

FUNK

Lively 2 Piece Playing Trad to Jazz

5 Piece All Funk & Soul Covers

BAR FOOD

TUES TO SUN FROM 12.30pm inc. Daily Specials for €10 with a glass of wine or Folkhouse Lager

Available for **Private Bookings**

ALL SPORTS SHOWN ON 2 BIG SCREENS

3 Piece Covers Band PLUS * CHASE THE ACE, JACKPOT €1,000!!! MUST BE WON THIS WEEK!!!, 6.30pm-9.30pm.

THURS 3rd DHOUSE BLUES BAND

E BIG ORDEAL

4 Piece Soul, Blues & Contemporary

FRI 4th THE CLASS Bacchus Nightclub

FRI 28th Jan with DJ Garian LIVE MIXING OF OLD & NEW Doors 11:30pm

FRI 28th

SAT 29th

SUN 30th

FREE ENTRY b4 12:00am

SAT 29th Jan

Doors 11:30pm

FREE ENTRY b4 12:00am

THURS 3rd Feb

ALL THE OLD & NEW CLASSICS Doors 11:30pm

FREE ENTRY





KINSALE COMMUNITY PLAYSCHOOL ARE

(Due to amalgamation of St. John's and St. Joseph's National Schools, which is a great achievement for the town)

We are seeking a new premises from end of February 2011 Do you have an empty premises to rent?

If so contact: Mary: 087 763 7266 or Mags: 086 844 2852



Lower O'Connell Street, (next to White Lady) Kinsale, Co. Cork. Email: Sales@CSonline.ie

Also: 8 New Road, Bandon (023) 8844 954

COMPUTER & LAPTOP REPAIRS

Spyware & Virus Removal • Data Recovery & Back-up Component Replacement • Home & Business Networking Computer Upgrades • Home & Business On-Site Services

Computers • Laptops • Printers • Accessories • Ink toners

SAVE YOUR PRECIOUS MEMORIES! Video to DVD • Tapes to CD • Camera Disk to CD/DVD

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Murphy's Grocers

Pearse Street, Kinsale



Now Stocking a full range of Irish & International Daily Newspapers

also Homemade Jams - Cakes - Breads plus Freshly Sliced Meats







New Courses Starting Soon

--- V.H.F COURSES -

Morning, Evening & Weekend Courses available Starting 2nd February, 9th, 16th & 23rd, 4 Wednesday mornings 9:30am-1pm Evening V.H.F. Course

Starting January 31st, Mondays & Thursdays for 5 evenings. 7:15pm-9:30pm Weekend V.H.F. Course

March 19th & 21st. 10am-4.30pm. (2 days only, including exam)

----- NATIONAL POWER BOAT COURSE -----

(2 consecutive Saturdays) 12th & 19th Feb. €290. Times: 10.00am-4.30pm

----- FIRST AID COURSE (STCW APPROVED) ------

(2 consecutive Saturdays) 12th & 19th Feb. €190. Times: 10.00am-4.30pm

----- YACHT MASTERS OFF SHORE -----

(upgrade from Coastal Skippers Course) Starts March 2nd 2011. (1 Wed evening over 6 weeks) 7.15pm- 9:30pm. €185

----- INSTRUCTORS COURSES -----

Pre Entry Course. February 5th & 6th 2011.

--- INSTRUCTORS DINGHY SAILING COURSE ---

February 21st. (Monday- Friday)

----- ESSENTIAL NAVIGATION COURSE ------

No Experience needed.

Starting March 22nd. 7 Tuesday nights. 7.15pm to 9.30pm. Fee: €195.00

New!!! Scouts, Irish Girl Guides, Lady Birds, Beavers Scouts, Sea Scouts.

If you wish to take part in any activities to complete badges please contact the Kinsale Outdoor Education Centre for details.

Please contact the office on (021) 4772896 or email: koec@indigo.ie

www.kinsaleoutdoors.com





J.H. Insulations Riverstick, Co. Cork

Grants Available Under The Home Energy Saving Scheme

- $\sqrt{\text{External Wall Insulation}}$
- √ Cavity Wall Insulation
- √ Attic Insulation
- √ Dry Lining
- √ Draught Proofing
- √ High Efficiency Boilers & Heating Control Upgrades

SEAI Contractor I.D. No: 10139 seal IAB No: 00334/260

M: 086 256 6703 T: 021 496 2655

e: jhinsulation@gmail.com www.jhinsulations.com

Temperance Hall



Weekly Activities Guide



MONDAY			
10.00am-11.00am	TOTAL BODY TONING	BRIAN HADDEN	086 374 6356
6.00pm-8.00pm	WEIGHT LOSS CHALLENGE	RONI KERMODE	086 831 6681
8.15pm-9.15pm	DANCE	LUCY FRENCH	087 952 1463
6.00pm-8.00pm	PILATES	HAYLEY JONES	087 098 1946
8.00pm-9.00pm	BOWLING	VENETIA STREDWICK	021 477 2364
TUESDAY			
2.30pm-4.30pm	KINSALE ACTIVE RETIRED	OLIVER LYNCH	087 286 3325
5.15pm-7.15pm	DANCE	MELANIE	087 245 8769
7.15pm-8.15pm	CIRCUIT FITNESS	ALEX GOGGIN	087 652 9534
8.30pm-10.30pm	SET DANCING	MARY TISDALL	021 477 3064
6.30pm-8.30pm	TAE KWON DO	FINBARR STEWART	086 262 6469
WEDNESDAY			
7.30pm-9.30pm	POSTURE HABILITATION	SIOBHAN O'DONOVAN	086 240 3708
6.30pm-8.30pm	WEIGHT LOSS CHALLENGE	KIERAN NOLAN	087 251 6671
8.30pm-9.30pm	BEGINNERS SALSA	KATHLEEN FARRELLY	086 254 7319
THURSDAY			
7.00pm-8.00pm	CARDIO KICK BOXING	JEMMA HURLEY	086 345 5033
6.00pm-10.00pm	TAE KWON DO	LIAM CORKERY	087 979 1904
FRIDAY			
10.00am-11.00am	TOTAL BODY TONING	BRIAN HADDEN	086 374 6356
11.00am-12.00pm	POSTURE HABILITATION	SIOBHAN O'DONOVAN	086 240 3708
2.45pm-6.45pm	DANCE	SARAH CALLANAN	087 250 0214
7.00pm-9.00pm	DRUMMING	JONATHAN BARLOW	086 102 8983
6.30pm-9.00pm	TAE KWON DO	MARK BUCKLEY	086 822 0107

If you would like to book the hall for any Activities or Community Events contact Sue on 087 238 5262



A New You!

Pilates offers a unique method of improving your core strength, muscle tone, body shape, flexibility and weight loss.
With a range of dynamic exercises you can feel like a new you!

New Classes beginning Monday in the Temperance Hall 6.00pm-7.00pm & 7.00pm-8.00pm, Starting 7th February

6 week courses for €50

To reserve your place please contact Hayley: 087 098 1946

(Level 2 Pilates Instructor)



Kinsale Nationwide
Deep Sea Angling
Scenic Tours

- Full & 1/2 Day Trips
- · Shark Fishing
- Stag Parties etc.
- Scenic Tours Include The Old Head etc.
 Whale/Dolphin Tours

Contact Butch: M: 086 103 6905 T: 021 477 8054

www.anglingkinsale.com

Cork Gas Centre.ie

- ▶ Gas Boiler Service & Repair
- Gas Cooker Service & Repair
- Gas Fires Service & Repair
- Carbon Monoxide Testing & Safety checks
- Boiler upgrades
 SEAI & Flogas grants available
 up to €750.

021 4963749

Showrooms: Unit 7a, Forge Hill Bus. Pk., Forge Hill, Airport Road, Cork, Ireland.

Opening hours: Mon-Fri 9am to 5.30pm • Sat: 10am to 4.30pm • Closed Sundays



For All Older People

AGE ACTION'S CARE & REPAIR PROGRAMME

Free Handyman Service for Older People in Kinsale

Are you 65+ years of age and living in the Kinsale area? Do you have a small repair job that you would like to have done for you?

Age Action's Care & Repair service uses a pool of trustworthy volunteer handypersons to carry out minor repairs and odd jobs for older people who find it difficult to do these jobs themselves. Some of the jobs that our volunteers can do include changing light bulbs, tacking down carpets, minor painting and decorating, hanging curtains, minor gardening, minor carpentry and installing smoke alarms. The service is free; you only pay for the materials used. For your bigger jobs that are beyond the scope of our volunteers, we maintain a register of reliable and honest

volunteers, we maintain a register of reliable and honest tradespersons whose contact details we can provide for you. We can also arrange regular social visits to older people. All volunteers are Garda vetted and carry official Age Action identification cards. You can arrange to have a job done for you by phoning the

Age Action Care & Repair number, which is 1890 369 369

Anika & Sandra Massage & Beauty (located in Kinsale, above House of Hair, in Guardwell)

087 783 9626
Treatments offered by highly Qualified therapists at reasonable prices.

Back, neck, shoulder massage (30min) . . Only € 20 Multi-Vitamin Facial (90min) Only € 50 with Multivitamins and Hot Oil (Swedish, Sport, Deep Tissue, Slimming) Massages suitable for Ladies, Gents & Teenagers

Special Offer:

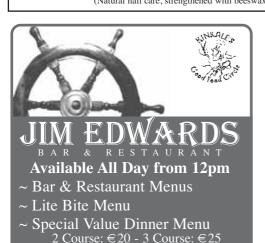
If you have 5 massages within 8 weeks you receive a luxurious spa pedicure for FREE

Microdermabrasion FacialOnly € 50 with Eyebrow Wax/Tweeze, Hand Massage & Eyelash Tint Beauty Facial (60min) Only € 45 with Eyebrow Wax/Tweeze, Hand Massage & Eyelash Tint Eyelash and Eyebrow Tint with Eyebrow ShapeOnly € 18 Spray tan - full body:Only €25

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for sale · Items wanted · Situations vacan Gardening · Services available · Building · Childcare

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NOTICES

Coffee Morning

plus Cake Sale & Nearly New Clothing.

Friday 4th February, 10am

Temperance Hall,

In aid of Cancer Research

Anyone wishing to donate Cakes, Nearly New Clothing, Raffle Prizes etc. can drop them to the Temperance Hall on Thursday 3rd February after 6pm

KINSALE ACTIVE RETIREMENT ASSOCIATION

Tuesday 1st Feb, Temperance Hall 2.30pm

A Talk On Crime Prevention And Security
In The Home For The Elderly

Get Ready For Valentines! Saturday 12th Feb,

Temperance Hall, 10.30am-2pm Sale of romantic books, cakes, gifts, coffee/tea, passion fruit juices. Prizes for romantic couples! Please donate cakes, books etc.

All proceeds to Kinsale Environment Watch/Chase Enquiries 087 929 8305

Dog Found - Dunderrow

Boxer mix, brown with brown collar. Approx 1yr old. Call 086 0707391

LOST

Pink Lego MP3 player in Kinsale town during Christmas. Please ring 086 826 5580

Ten Artists

The Temperance Hall Kinsale

Year Anniversary Show!

Sat 29th & Sun 30th January 11am-6pm

Featuring a re-union of artists from our 2010 shows!

Come along to view a large selection of art work and enjoy a glass of wine & live music with the artists!

> Many thanks to everyone who supported us during 2010

> > for more info contact 0879477901

What's On... What's On... What's On... What's On...

FRI 28th JAN

ACTONS HOTEL:

GAA Dinner Dance. 7pm (dinner 7,30pm) music with Cheers.

AN SEANACHAI:

Live Music with Crazy Chester.

BACCHUS NIGHTCLUB:

Doors 11,30pm, with DJ Garian.

BLUE HAVEN:

Live Music with The Aristocrats.

FOLKHOUSE: Live Music with

The Frets.

HAMLETS CAFE BAR:

Live Music with Celtic Knights.

KINSALE BOOKSHOP:

8pm, Poetry Reading with Philip McDonagh. SPANIARD BAR, SCILLY: Live Music with Martin & Friends, 9.30pm.

STUDIO BLUE NIGHTCLUB: Doors 11pm.

TEMPERANCE HALL: Drum Circle with Djemba,

SAT 29th JAN

AN SEANACHAI:

Starts 7.00pm.

Live Music with The Cadillac Cats.

ART EXHIBITION:

11am-6pm, Ten Artistis Exhibit, Temperance Hall, **BACCHUS NIGHTCLUB:**

Doors 11,30pm,

with DJ Sean.

BLUE HAVEN: John Bates & Grainne Long.

BULMAN, SUMMERCOVE: Music with Berries Blue,

from 10.15pm. **FOLKHOUSE:**

Live Music with iFunk. HAMLETS CAFE BAR:

Live Music DJ Mark. SPANIARD BAR, SCILLY:

Live Music with For Folk Sake, 9.30pm.

STUDIO BLUE NIGHTCLUB:

Doors 11pm.

WHITE HOUSE:

Live Music with Mike O'Riordan, 10,30pm.

WHITE LADY NIGHTCLUB: Doors 11.30pm Plus BBQ.

SUN 30th JAN

ART EXHIBITION:

11am-6pm, Ten Artistis Exhibit, Temperance Hall.

BLUE HAVEN:

Live Music with Sonny & Friends.

BULMAN, SUMMERCOVE:

Music by SMA, 6pm (Sonny, Mike & Alan), FOLKHOUSE: 6,30pm Chase The Ace followed by Live Music with The Big Ordeal.

WHITE HOUSE:

Live Music with Mike O'Riordan, 9pm. WHITE LADY NIGHTCLUB: Doors 11.30pm Plus BBQ.

MON 31st JAN

BLUE HAVEN:

Clem & Bernard. **DALTON'S BAR:** Dalton's

New Year's Eve Party. KINSALE ADVERTISER:

Deadline For Next Week's Issue, 5pm. KINSALE COMMUNITY

SCHOOL: New Night Classes

Enrolment, 7pm-8pm.

TUES 1st FEB

ACTIVE RETIRED ASSOCIATION:

Crime Prevention And Security In The Home. Temperance Hall.

BLUE HAVEN:

Sonny & Friends. **BLUE HAVEN HOTEL:**

Cookery School, 7pm. 30 Minute Dishes.

KINSALE COMMUNITY SCHOOL PRESENTS:

An ABBA Musical 'Honey Honey!' Starts 8pm.

TEMPERANCE HALL:

Every Tuesday Set Dancing, 8.30pm. All Welcome.

WED 2nd FEB

BLUE HAVEN:

Live Music with Darren & Friends.

KINSALE COMMUNITY SCHOOL PRESENTS:

An ABBA Musical 'Honey Honey!', 8pm.

THURS 3rd FEB BACCHUS NIGHTCLUB:

Doors 11.30pm. with DJ Mark.

BLUE HAVEN:

Live Music with The Thursday Band. FOLKHOUSE:

Live Music with The Roadhouse Blues Band.

KINSALE COMMUNITY SCHOOL PRESENTS:

An ABBA Musical 'Honey Honey!' Starts 8pm. Runs until Saturday 5th.

2 Issues **P**Left t Valentin Weekend

Advertiser Deadline: Mondays, 5pm

We regret we cannot accept any adverts received after this deadline.

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Thank You

to everyone involved in the recent Whist Drive in Aid of Saile. €360 was raised.

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