

**FREE**

Vol. 22 Issue 02/11

Friday 14th - Thursday 20th January 2011

# KINSALE ADVERTISER

INCLUDING THE WEEKLY **WHAT'S ON** GUIDE TO KINSALE & DISTRICT

Tel: 021 477 4313 :: Email: [info@kinsaleadvertiser.iol.ie](mailto:info@kinsaleadvertiser.iol.ie) :: Fax: 021 477 4339

## Lock in **25%** return (before tax) on investments **TODAY**

plus the potential for an extra 10% bonus

\*What's more, we're offering an extra 0.25% allocation to customers who invest before February 6th 2011 (so their total allocation will be 100.25%). Make sure you get in early as this leading product could sell out before the closing date of February 25th 2011.

### Secure Growth Plus 3 Key details:

**Opening Date**  
15 December 2010

**Closing Date\***  
25 February 2011

**Investment Start Date**  
11 March 2011

**Investment Term**  
4 years and 6 months

**Minimum Investment**  
€20,000

**Maximum Investment**  
€1,000,000

**Fixed Return**  
25%

**Potential bonus** (provided  
by Société Générale S.A.)  
10% (if the EURO STOXX 50  
index grows by 25% or more)

**Capital Protection**  
The capital protection and  
fixed return that apply at  
maturity on Secure Growth  
Plus 3 are provided to Irish  
Life Assurance plc by Irish  
Life & Permanent plc (trading  
as permanent tsb).

**Taxes and the  
Government Levy**  
Government levy of 1%  
applies to all policies. Exit  
tax is now 30% as of January  
2011. See our product  
booklet for more details.



# 25%

For further info contact: **Padraig Fitzgerald**

**Tel: 021 477 2001**  
**or: 021477 2332**

Open during lunch Monday to Friday.

[www.pjfitzgeraldinsurance.com](http://www.pjfitzgeraldinsurance.com)

**pjfitzgerald**



EVERYMAN THEATRE COMPANY  
PRESENTS

OSCAR WILDE'S

# LADY WINDERMERE'S FAN

*Director* Michael Twomey

*Set Design* Jim Queally

WED 19 – SAT 29

JANUARY 2011

8PM



**Tickets €25 / €20**

Opening Night €15, Students €7 (Mon -Wed)

Telephone & internet bookings subject to a handling fee

**Bookings: 021 4501673 [www.everymanpalace.com](http://www.everymanpalace.com)**

**EVERYMAN  
PALACE**  
THEATRE



Main Street, Kinsale  
(Behind Fishy Fishy)  
021 4777132



Kinsale Road, Cork  
(In Front of Smyths Toys)  
021 4323363

# Japara Interiors

**MASSIVE CLEARANCE SALE  
NOW ON!!!**

**50% OFF** all Furniture, Lighting,  
Mirrors, Pictures & Accessories

**70% OFF** Selected Items

Solid Teak Bookcase ~~€530~~ **NOW €265**

Cream Hardwood TV Cabinet ~~€450~~ **NOW €225**

Solid Mahogany Bed ~~€650~~ **NOW €300**

French Cream Chest of Drawers ~~€595~~ **NOW €295**

Jane Churchill Chair ~~€235~~ **NOW €95**

Jane Churchill Cushions ~~€45~~ **NOW €20**

*...Mirrors from €50 ...Lamps from €40 ...Lighting from €50*

**ONE WEEK ONLY!!!**

Opening Hours for both shops

Monday-Saturday 10am-5.30pm & Sunday 2pm-5.30pm

# VIZZA

## PIZZERIA

PIER RD KINSALE

### Feeling Hungry?

To get piping hot, delicious, freshly made pizza delivered to your door just ring in your order. We make fresh & deliver!

### Take Away Offers

(Available Sunday to Thursday)

Order Any 4 Pizzas  
...get 1x 9" Pizza **FREE**

Order Any 5 or more Pizzas  
...get 2x 9" Pizzas **FREE**  
**PLUS 5% DISCOUNT**

**FREE DELIVERY WITHIN KINSALE**  
**OUTSIDE KINSALE: FREE DELIVERY**  
**FOR ORDERS OVER €20**  
**(SMALL CHARGE OTHERWISE)**

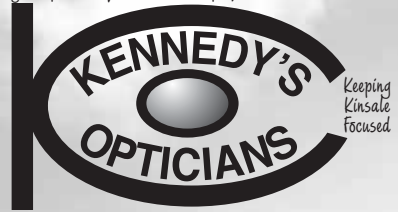
**CHECK OUT OUR**  
**\*\*\* LOYALTY CARD \*\*\***

### OUR GUARANTEE:

If not delivered within 45 Minutes from phone order, 10% reduction applies

**087 697 5255**  
Open 7 Days A Week

For all your optical requirements, with professional care & attention!



Pearse St., Kinsale Tel: 021 4773595

*Happy New Year To All Our  
Customers & Friends*

### FULL EYE EXAMINATIONS INCLUDING:

- ✓ Glaucoma Screening
- ✓ Diabetic Screening if Necessary
- ✓ Age Related Macular Degeneration Screening

Sunglasses • Low Vision Aids • Safety Spectacles  
Prescription Sunglasses • Domiciliary/ Home visits  
Medical Cards/PRSI welcome • Contact Lenses  
Coloured Contact Lenses

**Open: 9.30am-5.30pm Tuesday to Saturday**  
**Medical Card & PRSI customers very welcome!!!**

## Pregnancy Yoga...



...support your pregnancy with exercises for strength and suppleness, along with deep breathing, relaxation and meditation.

**Starts Thursday 20th January**  
**7.15pm – 8.30pm**  
**7 week course, €70,**  
**Kinsale Yoga Centre**

**Libby: 087 9906 187**

[www.kinsaleyogacentre.com](http://www.kinsaleyogacentre.com)  
[kinsaleyogacentre@gmail.com](mailto:kinsaleyogacentre@gmail.com)

# Jane

*Boutique & Accessories*  
Shearwater, Pier Road. T:021 477 4910  
OPEN: TUES TO SAT 10.30am - 5.30pm | SUN & BANK HOLIDAYS 2pm - 5.30pm

**SALE NOW ON!**  
UP TO **50% OFF!**

ALL AUTUMN / WINTER STOCK REDUCED  
INCLUDING ACCESSORIES,  
FASHION BAGS & JEWELLERY

**MANY ITEMS REDUCED TO**  
**...€19 ...€29 ...€39 ...€49**

*New Stock Arriving*  
*at the end of the month*

GIFT  
VOUCHERS  
AVAILABLE

**Fantastic Selection Of:**

Coats, Occasion & Party Wear, Day Dresses, Funky Tops & Tunics.  
Plus Colourful Jewellery, Scarves & Fashion Bags

# The White Lady

Hotel, Bar & Restaurant

T: 021 477 2737 www.whiteladyhotelkinsale.ie

## Great News For Kids!!!

When 2 Adults enjoy two courses each in Jan/Feb  
(Starter+Main or Main + Dessert)

...Then 2 Children enjoy their Kids Meals Free!!!



**Saturdays**

11.30pm 'til late  
PLUS BBQ

**Sundays**

11.30pm 'til late  
PLUS BBQ

**BUS**

**WHITE LADY  
SHUTTLE BUS**  
Free From Town  
Every 5mins  
Sat & Sun  
12am - 1.15am

**IDEAL PARTY VENUE FOR  
SPECIAL OCCASIONS**

21st, 40th Birthdays, Office Parties, etc. ...come and talk to us!

Happy New Year to everyone from all at

## MURPHY'S GROCERS

PEARSE STREET, KINSALE



Now Stocking a full range of  
**IRISH & INTERNATIONAL  
Daily Newspapers**

also stocking:

Coal - BRIQUETTES - FIRE LOGS ETC.

# SALE

## Buy 1 & Get 1 @ Half Price

**...on almost everything!**



**The Blind-Maker**

Southside Ind. Estate (Near EZ Living),  
Pouladuff Road, Togher, Cork

Also at Flor Griffin  
Bandon & Ballincollig

CALL NOW **021 4320111**

www.theblindmaker.ie

**Free Home Consultation, Measuring & Fitting**

## OPEN 6 DAYS



# KINSALE COLLEGE OF FURTHER EDUCATION



Tel: 021 477 2275

Email: [kinsalefurthered@eircom.net](mailto:kinsalefurthered@eircom.net)

# OPEN EVENING

## 19th JANUARY 2011

### 7pm to 9pm

**Outdoor Education Instructors Training**

**Theatre / Drama**

**Art**

**Permaculture/Sustainability**

**Multi Media / Video / TV & Film Production**

**Childcare-Leading to both CACHE  
and FETAC Award – Level 5 and Level 6**

**Computer Skills / Office Administration - Level 5**

**Adv Cert in Business Management - Level 6**

**Tourism & Travel**

**Culinary Art / Hotel and Catering**

**Fashion Design**

**Care for the Elderly **

**All courses lead to FETAC Awards.  
Applications now being taken for 2011/2012**

**[www.kinsalefurthered.ie](http://www.kinsalefurthered.ie)**

# The Old Brewery

## RESTAURANT

The Glen, Kinsale. Tel: 021 477 7772

*The Old Brewery Restaurant enjoys a central position in Kinsale, next door to The White House. Relax and enjoy a delicious meal in our boutique style Dining Room.*

*We are presently open on Friday & Saturday evenings from 6pm til close (Booking Advisable).*

*Sample our new  
"Double Diner" Dinner Special!*

### **Double Dining Special**

Dinner for 2 plus a Bottle of Wine, €59

#### STARTERS

- Brian's Home Made Soup of the Evening
- Chilled Melon Wedge with Raspberry Coulis
- Golden Garlic Mushrooms

#### MAIN COURSES

- Poached Irish Salmon with a Tomato & Basil Sauce, served with fresh Potatoes & Vegetables.
- Fresh Pasta with choice of Vegetarian Sauces.
- Traditional Roast Beef with Horseradish Sauce on a mirror of Red Wine Jus, served with fresh Potatoes & Vegetables.
- Country Stuffed Chicken wrapped in a Bacon and Parmesan Cheese Crust on a cushion of lightly herbed champ, served with fresh Potatoes & Vegetables

#### DESSERTS

- Home Made Bread and Butter Pudding with Bailey's Custard
- Chef's Special Home Made Cheesecake – Irresistible  
*(Ask for today's flavours)*

- Home Made Apple and Berry Crumble with Crème Anglaise

#### CHOICE OF WINES

- Les Roucas Sauvignon Blanc (France)
- Valdermo Cabernet Sauvignon (Chile)

Also available, 4 course Early Bird only €24.50pp and also our delicious À La Carte menu, with Fresh Fish Specials

 Wheelchair Accessible    Gift Vouchers Available

# THE ARMADA

BAR & GUESTHOUSE

Pearse Street, Kinsale Tel: 477 2255

*Your Local Bar...  
the Home of Darts, Pool & Rings*

Saturday 15th

# Live Music

*5 Week Beginners*

# Salsa Course

*New Year, New You,  
New Dance*

*Join me for a beginners course!*

**Wednesday 19th Jan**  
**The Temperance Hall**  
**Time: 8.30pm**

PRICE €60 (5 Weeks)

To book contact Kathleen  
UKA qualified

**@ 086 2547319**

*Come and join the fun!*



# Actons Hotel Health & Fitness Club

T: 021 477 2345 [www.actonshotelkinsale.com](http://www.actonshotelkinsale.com) E: [leisure@actonshotelkinsale.com](mailto:leisure@actonshotelkinsale.com)

Start your New Year's Resolution the  
healthy way with Membership from  
**ONLY €99.00**

**New Members = 2mths membership**  
(normal rate for 3 months is €250.00)

**Current Members = 3mths membership**

- ✓ Available as vouchers from reception desk.
- ✓ Excellent gift for New Year resolutions!
- ✓ Available to new and current members  
(extra month free to current members)
- ✓ 12 months to activate voucher.  
Expire 31st Jan 2012
- ✓ No limit to the number of vouchers you can buy
- ✓ Subject to terms and conditions

Call in or ring 021 4772345  
[leisure@actonshotelkinsale.com](mailto:leisure@actonshotelkinsale.com)

offer ends  
31st Jan 2011



# HAMISH HAWKIN

TEL: 021 470 6956

15 MAIN STREET, KINSALE

& Co

*Hamish Hawkin & Co. wishes all our customers a Happy New Year!*

Come & see us  
on Facebook



**CONGRATULATIONS TO PADDY LOUGHEED**  
WINNER OF THE €75 CHRISTMAS DRAW

KINSALE  
GIFT CARD  
ACCEPTED  
HERE

**SALE STILL ON - UP TO 50% OFF MANY ITEMS**

**KEEP AN EYE OUT FOR NEW SEASON STOCK**

JANUARY OPENING HOURS: SUN - FRI 12PM - 5PM; SAT 10AM-6PM

PLEASE NOTE: WE WILL BE CLOSED FOR REFINISHMENT  
FROM 24TH-28TH JAN. SORRY FOR ANY INCONVENIENCE

orla <sup>THINK</sup> Kiely

HUNTER

Kaloo

Joules

bombay  
duck

petunia pickle bottom

## HANDS ON science

[www.handsonscience.ie](http://www.handsonscience.ie)

**Calling all Mad Scientists**  
**New Experiments for a New Year!**

**Where:** St Multose Hall, commencing Fri 21st January

**When:** Friday Afternoons, 6-8yrs 2.50pm-3.50pm  
8-11yrs 4pm-5pm

**What:** Investigate a different science topic every week and make models, such as a periscope, traffic lights and fossils, investigate shadows, mirrors, hot air balloons and pneumatics, learn how to make sherbet, goo and snow! And much much more!

**How Much:** €110 for 10 weeks, class size limited, reserve your place early to avoid disappointment.

**Contact:** Siobhan Devlin 087 9506527 or fill in the on line booking form on [www.handsonscience.ie](http://www.handsonscience.ie)

Hands on Science is also available for birthday/communion parties and school workshops!

**Have Fun While You Learn!**

## Bulman

*& Toddies Restaurant*  
SUMMERCOVE, KINSALE

Saturday 15th January

**The SGs** from 10.15pm

Sunday 16th January

**Live Music** from 6.15pm

**Bar Food Served Daily**

Mon - Fri, 12.30pm-5pm / Sat & Sun, 12.30pm - 4pm

**Winter Special**

Homemade Soup + Freshly Made Sandwich, only €9

**Restaurant Open**

Tuesdays to Saturdays, 6pm- 10pm

**Toddies Early Bird Menu**

Served 6pm-7.15pm



T:021 477 2131 / 021 477 7769



[www.thebulman.com](http://www.thebulman.com)

**HIT AFTER HIT AFTER HIT! RELIVE THE MUSIC OF YOUR YOUTH!**

**KINSALE COMMUNITY SCHOOL  
PROUDLY PRESENTS**

# HONEY HONEY

A MUSICAL BASED ON THE GREATEST  
POP EXTRAVAGANZA OF THE 70S/80S



# ABBA

**Tues February 1st to Sat 5th at 8pm  
Matinee Sat at 3pm**

**All tickets €10 - Only on sale at our special desk in the  
Blue Haven Hotel daily from Thursday Jan 20th 10am  
-3pm until sold out! Remember Grease in 2008 sold out in  
two days! No credit card or telephone bookings.**

**THANK YOU FOR THE MUSIC - DOES YOUR MOTHER KNOW - CHIQUITITA**

**DANCING QUEEN - MAMMA MIA - WINNER TAKES IT ALL - VOULEZ VOUS**

**THIS SHOW IS GOOD FOR YOUR HEALTH!!**

# **Bacchus Nightclub**

*Guardwell Kinsale*

**FRIDAY 14th Jan with DJ Garian, 11:30pm**  
**LIVE MIXING OF OLD & NEW :: FREE ENTRY b4 12:00am**

**SATURDAY 15th Jan with DJ Sean, 11:30pm**  
**90S CLUB CLASSICS & CHART :: FREE ENTRY b4 12:00am**

**THURSDAY 20th Jan with DJ Mark, 11:30pm**  
**ALL THE OLD & NEW CLASSICS :: FREE ENTRY ALL NIGHT**

## **Computer Services** & Internet Cafe

Lower O'Connell Street, (next to White Lady)  
Kinsale, Co. Cork. Email: Sales@Csonline.ie

Also: 8 New Road, Bandon (023) 8844 954

### COMPUTER & LAPTOP REPAIRS

Spyware & Virus Removal • Data Recovery & Back-up  
Component Replacement • Home & Business Networking  
Computer Upgrades • Home & Business On-Site Services

### COMPUTER SALES

Computers • Laptops • Printers • Accessories • Ink toners

### SAVE YOUR PRECIOUS MEMORIES!

Video to DVD • Tapes to CD • Camera Disk to CD/DVD

**021 477 2042 087 807 3006**

**www.csonline.ie**



## Hannon Kitchens

KINSALE



Italy's  
Best Selling  
Kitchen

- :: Second Nature Kitchens ::
- :: Bella Nova Kitchens ::
- :: Slide Robes :: Office Furniture ::
- :: Normende :: Neff ::

**www.hannon.ie**

Showroom Ballygarvan:

**021 488 8807**

Kevin Hannon:

**087 290 1633**

NORDMENDE  
HOME ECONOMICS



Guardwell, Kinsale  
Tel: 021 4772382

# The Folk House



**FRI 14th THE FANTASY JAM BAND**  
4 Piece Covers Band

**SAT 15th THE COLLAGE**  
6 Piece Soul, Blues & Contemporary Covers

**SUN 16th THE BIG ORDEAL**  
3 Piece Covers Band  
**\* PLUS \* CHASE THE ACE, 6.30pm-9.30pm.  
THIS WEEK'S JACKPOT €900!!!**

**THURS 20th ROADHOUSE BLUES BAND**  
4 Piece Soul, Blues & Contemporary  
**\* PLUS \* SPECIAL GUEST APPEARANCES  
FROM THE CREW OF 'O EMPEROR'**

**FRI 21st CRAZY CHESTER**



**ALL SPORTS SHOWN  
ON 2 BIG SCREENS**



**CHECK OUT THE GREEN ROOM**

**A Relaxing Environment Also Available for Private Bookings**

**BAR FOOD SERVED DAILY FROM 12.30pm  
Daily Lunch Specials for €10  
including a glass of wine or Folkhouse Lager**

# Denis Crowley & Co

Chartered Accountants



Our aim is to provide reliable and professional assistance and advice, at an affordable cost and assure you of my personal attention.

- \* Book-keeping for sole traders and companies
- \* Accounts for small/medium businesses and farmers
- \* Payroll
- \* VAT
- \* Tax compliance and tax planning
- \* Audit
- \* Company Secretarial
- \* Business Start-ups
- \* Revenue Audit advice and assistance

Call for a free consultation with no obligation  
on **021 477 1534** or **087 929 4958**  
or email **denis@dcrowley.ie**  
Unit 6 Riverside Grove, Riverstick, Co Cork



## KINSALE SCHOOL OF ENGLISH

English lessons, small groups.  
Classes include everyday English,  
working English and Irish culture.

Course starts on  
Thursday 20th January @ 7pm.  
8 lessons (€90)

Meet other students  
& aupairs in Kinsale.

Preparation for Cambridge Exams  
starting soon.

**Enquiries: 086 8270667 (after 3pm)**  
**Email: ghwill@eircom.net**

## ROSS OIL

COMPANY



*"your local oil company"*



Delivering all grades of oil to  
domestic, agricultural and industrial  
markets through our network of  
depots in the Munster area.

**Enniskeane, Bandon, Co. Cork.**

Call us now, we would be delighted to hear from you!

**Kinsale: 021 477 7015**  
**Bandon: 023 883 9383**

# **FANTASTIC SALE NOW ON**

at

# **Nouvelle**

**LADIESWEAR & ACCESSORIES**

44 Main St., Kinsale Tel: 021 4777364

# **50% OFF**

**Everything Reduced to Clear  
Stock from €20**

**Dresses from €30**

**1/2 Price Easy Comfort Coats  
Jewellery & Scarves €10**

Open Mon-Sat 10am-6pm  
Sunday 2pm-5.30pm

**New Stock Arriving Next Week**

# NEW WAYS TO SAVE EVERY DAY

Smith's of Kinsale  
**SuperValu**  
Real Food, Real People

SuperValu Quality Irish Basted Pork Loin Chops 550g, SuperValu Quality Irish Round Steak Mince 550g, SuperValu Quality Irish Unsmoked Back Bacon 615g, SuperValu Quality Irish Whole Chicken 1.4kg, SuperValu Quality Irish Chicken Roulettes 600g, SuperValu Salmon En Crouste 2's 300g, SuperValu Salmon Fishcakes 4's 340g

**Save €5**  
Mix & Match Meats

Mix & match  
Any 3 for  
**€10**  
€5 Each

**Half Price**  
Or Better

From **€6**

Sol Bottle 12 x 330ml

**Buy This**

Irish Pride Wholewheat Soda 500g + Irish Pride Healthy Grain Pan 800g = **Only €2**

**Only €10**

Miller, Bulmers, Bud Light, Budweiser, Carlsberg, Coors Light, Heineken  
6 x 330ml Bottle

**Half Price**

Danone Actimel 12pk Range 1.2kg  
Was ~~€4.99~~ Now **€2.49**

Carroll's Parchment Crumbed Ham 10's 260g Now **€2.94**

Goodfella's Thin Pizza  
Was ~~€3.29~~ Now **€1.64**

**Any Pack €8**

**€5 Breakfast Deal\***

SuperValu Selected Jam Range 454g **€1 Each**

SuperValu Corn Flakes 500g/ Rice Crunchies 440g **€1 Each**

SuperValu Cranberry Juice/Light Cranberry Juice/Cranberry & Raspberry Juice/ Cranberry & Blackcurrant Juice 1ltr **€1 Each**

SuperValu Original/ French Style Coffee 227g **€2 Each**



**Save 5% on your next shop with Real Rewards**

All Offers valid from Monday 10th January until Saturday 15th January 2011. \*Offer based on purchase of one product from each group

# Magic Vacations Top 10 Travel Deals!



- 1 **OZ MEGA SALE:**  
Perth ex-Cork with Qantas from €856 including taxes - Free Stopovers
- 2 **OZ MEGA SALE:**  
Sydney ex-Cork with Qantas from €981 including taxes - Free Stopovers
- 3 **ETIHAD AIRWAYS INDIA/MIDDLE EAST:**  
2 for 1 Business Class Sale from €1515 per person
- 4 **14 NIGHT ITALIAN MEDITERRANEAN FLY/CRUISE**  
ex-Cork 07 May from €1699pp including \$200 onboard credit
- 5 **12 NIGHT SCANDINAVIA & RUSSIA FLY CRUISE**  
ex-Dublin 15 June from €1699pp Full Board
- 6 **VIVA LAS VEGAS!** 4 night breaks in February from €599  
based on 4 sharing including flights and 3\* hotel!
- 7 **WINTER SKI DEALS:** Austria and France 22 Jan  
ex-Dublin from €299pp and Italy 23 Jan from €499pp
- 8 **SUMMER SUNSHINE:**  
06 May Crete ex-Cork from €399 per person sharing for 7 nights
- 9 **SUMMER SUNSHINE:**  
22 June Egypt All Inclusive ex-Cork from €749 per person sharing for 7 nights
- 10 **LANZAROTE - PRINCESA YAIZA SUITE HOTEL RESORT**  
FREE UPGRADE - Valid for all arrivals up to 09 April  
All offers subject to availability. Early booking recommended.

**Remember the Snow, Ice,  
flight disruptions in December?**

**Without a travel agent...  
you are on your own!!!**

**Magic Vacations, Emmet Place, Kinsale**  
(next to Moloney's Chemist)

**Tel: 021-4700568 email [experts@magicvacations.ie](mailto:experts@magicvacations.ie)  
[www.magicvacations.ie](http://www.magicvacations.ie)**

studio **Blue**  
NIGHTCLUB

## The Bollinger Lounge

@ Studio Blue Night Club

The Perfect Venue for all Parties!  
Superb for Birthdays, Hen Parties and more! Can hold up to 100 people and has Private Roof Top Smoking Area.

### For the Month of January & February;

All parties of 20 or more receive a  
**COMPLIMENTARY BOTTLE  
OF PROSECCO!**

To Book call 021-4772209  
or email [info@bluehavenkinsale.com](mailto:info@bluehavenkinsale.com)



## JANUARY & FEBRUARY SPECIAL PROMOTION

@ Studio Blue Night Club

On entry to Studio Blue Night Club  
**RECEIVE A COMPLIMENTARY  
BOTTLE OF BEER  
WITH YOUR TICKET**

*Clubbing with Style!*

## COLOUR ANALYSIS STYLE WARDROBE SORT

With *Jennie White*

20 Years Experience

London-Dublin-Cork

086 170 3635

023 8841388

[www.jenniwhitestyleandcolour.com](http://www.jenniwhitestyleandcolour.com)

**CorkGasCentre.ie**  
FORGE HILL

- ▶ Gas Boiler Service & Repair
- ▶ Gas Cooker Service & Repair
- ▶ Gas Fires Service & Repair
- ▶ Carbon Monoxide Testing & Safety checks
- ▶ Boiler upgrades  
SEAI & Flogas grants available up to €750.

# 021 4963749

Showrooms: Unit 7a, Forge Hill Bus. Pk.,  
Forge Hill, Airport Road, Cork, Ireland.

Opening hours: Mon-Fri 9am to 5.30pm • Sat: 10am to 4.30pm • Closed Sundays

## The Market Garden

### GENERAL GROCERY

Specialising in Fresh Fruit & Vegetables,  
Dried Fruit, Nuts, Spices and Herbs...  
Fruit Baskets Prepared Potatoes  
& Vegetables.

Open  
Mon - Sat  
9.00am  
to 5.00pm



THE GLEN, KINSALE. Tel: 477 4574

# Ena's Hair Salon

Ballinspittle, Co. Cork. 021-4778776

## \*NEW\* 12 Week Blow Dry Functional Keratin Hair Taming System

**Improves Hair Quality:** Condition looks and feels better with every treatment.

**Lasts Up To 3 months:** with optimal shampooing will last up to three months.

**Remains Frizz Free:** hair will remain frizz free after exposure to moisture.

**Blow-Dry Versatility:** Blow-dry hair into a new style then simply shampoo to return to original smooth hair.

Price Starts from €160 - €200.

Take Home Shampoo & Conditioner Included.

**HSE  
APPROVED ✓**

## Colour Herbe Permanent Hair Colour

**No Ammonia** Colour Herb contains no ammonia. It represents the sensitive structure of the hair and skin, instead by using extracts of the herbs Rosemary, Cinchona and Walnut Husk, it gently deposits colour whilst achieving healthy natural results.

**The Herbe Range** features herbal hair colour gels, shampoos and conditioners.

Pure biodegradable ingredients include rosemary, bran, malo, coconut and walnut husk. Cleansers contain none of the harsh petro chemical agents that may be found in many other product ranges! Now you too can discover the herbe secret and make the natural choice for beautiful hair...

**Soft - No Ammonia. Not Tested On Animals ...Just Great Colour**



NO MORE  
FRIZZY HAIR!

**OPEN:**

Tuesday -  
Thursday  
9am - 6pm

Saturday  
9am - 5pm

Late Opening  
Friday  
9am - 7pm

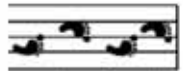
**COLOUR HERBE**  
Permanent Hair Colour

## Enrolment for Kinsale Jan 2011 Classes



## MUSIC MAKERS

First Steps in Music



[www.musicmakers.ie](http://www.musicmakers.ie)

**Baby Sensory** (3 months - pre-walking, with carer)  
Mirror dances, infant instruments, sensory light balls, baby drums, cuddle and tickle songs, active lap songs...

**Toddler Music** (Walking - 3 1/2 years, with carer)  
Speech and language songs (weeks 1-5), Animal and Spring songs (weeks 6-10), with the usual boomwhackers, drums, dancing, percussion instruments, bells and bubbles...



**Toddler Art** (18 months+ with carer)  
Fun with paint and exploring with dough. Lots of making, doing, sticking and creating while learning about textures and colours.

**Twinkles** (4 - 7 years)  
Instrumental playing, stage work, action songs, development of musicianship and confidence. Mini orchestra & mini musicals.

### Instrumental Classes

- Keyboard/Piano Guitar
- Violin Recorder
- JCE/Leaving Cert. Music Flute
- Drums
- Tin Whistle
- Guitar
- Music Flute
- Bodhran
- Recorder
- Electric Guitar

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1 Bedroom Apartment To Let  
Ringcurran Rise, Summercove  
086 821 9866

## NOTICES

### MISSING / LOST CAT

Fluffy Grey & White Cat Missing from Haven  
Hill, Summercove, since December 30th.  
Please check outside sheds/garages etc.  
**Phone 087 6290548. Reward Offered.**

Body Toning Classes in Kinsale & Riverstick For Men & Women

## Just Pump!

Burn calories and work up a sweat in a  
fun workout using light barbells and dumbbells  
and lots of repetitions to uplifting music

- ✓ Total Body Workout works main muscle groups
- ✓ Tone Legs, Chest, Back, Shoulders,  
Bums & Tums
- ✓ Sports Men/Women - Improve Strength & Endurance

New 6 week course starting, only €45 • Limited Places

**Call Brian: 086 374 6356**



Drop-ins  
also  
available

### Wanted: House Exchange

Trading from 3 bed up to 4 bed.

Kinsale Area only.

Please call 087 7585488 (7pm-9pm)

### Apartment for Rent

1 bedroom apartment, fully furnished.

Shearwater, Kinsale.

Contact Michael 087 274 6016

### House To Let: Kilmaccsimon Quay

€695 pcm - 3-bed riverside location, stunning views,  
contemporary interior, 10 mins from Kinsale, Bandon  
and beaches. Fully furnished, private parking.

Available end Jan. Tel:023 8829500 (Quote ref: Barry)

### KINSALE ACTIVE RETIREMENT ASSOCIATION

**Tuesday 18th Jan, Temperance Hall 2.30pm**

## 2011 Programme Info Day

All over 50 retired or working part time are very welcome.

### COUNTY COUNCIL 2011 CANDIDATE

Paul

## HAYES

## VOTÁIL NO.1

Left: Paul pictured with  
Kinsale Cllr Noel Harrington  
noelharringtonkinsale@hotmail.com



*What's On... What's On... What's On... What's On...*

**FRI 14th JAN**

**AN SEANACHAI:**

Live Music with Crazy Chester.

**BACCHUS NIGHTCLUB:**

Doors 11.30pm, with DJ Garian.

**BLUE HAVEN:**

Live Music with Hank Wedel & Friends.

**HAMLETS CAFE BAR:**

Live Music with The Big Ordeal.

**FOLKHOUSE:**

Live Music with The Fantasy Jam Band.

**STUDIO BLUE**

**NIGHTCLUB:**

Doors 11pm.

**TEMPERANCE HALL:**

Drum Circle with Djemba, Starts 7.00pm.

**WHIST DRIVE:**

St Multose Hall, 8pm. In Aid of Saile.

**SAT 15th JAN**

**AN SEANACHAI:**

The Love Junkies.

**ARMADA BAR:**

Live Music.

**BACCHUS NIGHTCLUB:**

Doors 11.30pm, with DJ Sean.

**BLUE HAVEN:**

Live Music with Crazy Chester.

**BULMAN,**

**SUMMERCOVE:**

Live Music with The SGs, 10.15pm.

**FOLKHOUSE:**

Live Music with The Collage.

**HAMLETS CAFE BAR:**

Live Music DJ Mark.

**STUDIO BLUE**

**NIGHTCLUB:**

Doors 11pm.

**WHITE LADY**

**NIGHTCLUB:**

Doors 11.30pm Plus BBQ.

**SUN 16th JAN**

**BLUE HAVEN:**

Live Music with Sonny & Friends.

**BULMAN,**

**SUMMERCOVE:**

Live Music, 6.15pm.

**FOLKHOUSE:** 6.30pm

Chase The Ace followed by Live Music with The Big Ordeal.

**WHITE LADY**

**NIGHTCLUB:**

Doors 11.30pm Plus BBQ.

**MON 17th JAN**

**BLUE HAVEN:**

Clem & Bernard.

**KINSALE ADVERTISER:**

Deadline For Next Week's Issue, 5pm.

**TUES 18th JAN**

**ACTIVE RETIRED**

**ASSOCIATION:**

2011 Programme Information Day, Temperance Hall.

**BLUE HAVEN:**

Live Music with Sonny & Friends.

**TEMPERANCE HALL:**

Every Tuesday Set Dancing, 8.30pm. All Welcome.

**WED 19th JAN**

**BLUE HAVEN:**

Live Music with Darren & Friends.

**EVERYMAN, CORK:**

Lady Windermere's Fan, 8pm, Runs Until Saturday 29th Jan.

**OPEN EVENING:**

Kinsale College of Further Education. 7pm - 9pm.

**THURS 20th JAN**

**BACCHUS NIGHTCLUB:**

Doors 11.30pm, with DJ Mark.

**BLUE HAVEN:**

Live Music with The Thursday Band.

**FOLKHOUSE:**

Live Music with The Roadhouse Blues Band.

# Whist Drive

Friday Jan 14th In Aid of Saile  
St Multose Hall, 8pm

# Kinsale GAA Dinner Dance @ Actons Hotel

Friday 28th January 2011 at 7pm

§

Dinner will served at 7.30pm sharp  
Music by Cheers. Tickets €35

or €30 if purchased before  
Sunday 23rd Jan.

§

Tickets available from Club Officers,  
Laurence at Maurice Murphy's  
& Sean at SuperValu

## LOST WATCH

Thursday 30th/Friday 31st December.  
Gold watch with small face, great sentimental value  
(gift from daughter). Reward offered.  
Please call 021 4773012 or 087 2028373

*Smith's of Kinsale*  
**SuperValu**  
Real Food, Real People

## Proudly Supporting Irish jobs, Irish farming and Irish food

SuperValu works with **14,000** people employed with our Irish suppliers and producer partners, as well as over **250,000** people in the Irish farming and food Industry.



All our SuperValu Quality meat is **100%** Irish; that includes our beef, lamb, pork, bacon and poultry, all of which are born, bred and reared on Irish farms.

We employ over **15,000** people in our **191** locally owned stores across the country.



We buy over **€1 billion** in fresh Irish food every year. We source Irish whenever available and in season - in fact **70%** of our fruit & vegetables are Irish.

**75%** of everything on our shelves is either sourced or produced in Ireland, which is a contribution of over **€2.8 billion** to the Irish economy every year.



**Along with getting great value, you are helping to support Irish jobs.  
Thank you.**