

**FREE**

Vol. 24

Issue 38/13

Fri 27th Sept - Thurs 3rd Oct 2013



# KINSALE ADVERTISER

INCLUDING THE GUIDE TO **WHAT'S ON** IN KINSALE & DISTRICT

Tel: 021 477 4313 :: Web: [www.kinsaleadvertiser.com](http://www.kinsaleadvertiser.com) :: Email: [info@kinsaleadvertiser.com](mailto:info@kinsaleadvertiser.com)

VISIT A STORE NEAR YOU TO TRY ONE OF OUR AWARD WINNING PRODUCTS.



-  Winner of the Irish Quality Food Awards 2013 | **Kinsale Fish Pie**
-  Highly Commended - Irish Quality Food Awards 2013 | **Chicken Liver Pâté**
-  Great Taste Gold 2013 | **Chicken Liver Pâté** | 2 Stars
-  Great Taste Gold 2013 | **Carrot and Coriander Soup** | 1 Star
-  Great Taste Gold 2013 | **Fish Pie** | 1 Star
-  Great Taste Gold 2010 | **Seafood Chowder** | 2 Stars
-  Short Listed for Blas na hEireann 2013 | **Kinsale Fish Pie and Chicken Liver Pâté**
-  Blas na hEireann Gold 2010 | **Honey and Mustard Dressing**
-  Blas na hEireann Bronze 2010 | **Smoked Salmon Pâté**
-  Blas na hEireann AIB Diversification Award 2010
-  Shortlisted for the first ever 'Irish Quality Food Awards' 2013 | **Fish Pie and Seafood Chowder**
-  SFA National Small Business Award for Innovation in Food and Drink 2012
-  5 Star rating Irish Times - Rated No 1 Fish Pie in Ireland | **Fish Pie**
-  Overall National Winner of SHOP Awards 2009 | **Blue Haven Seafood Chowder**
-  Commended Best Grocery Product SHOP Awards 2009 | **Orange Marmalade**
-  Commended Best Bakery Product SHOP Awards 2009 | **Chocolate Chip Cookies**
-  Kinsale's Blue Haven Food Company wins International Award for their New Cookbook - Best Entertaining Cookbook\* category award in the prestigious Gourmand World Cookbook Awards 2010.

**fresh**

**Centra**

**TESCO**

DUNNES STORES

**SuperValu**

**SUPERQUINN**

**EUROSPAR**

[www.bluehavenfoodco.com](http://www.bluehavenfoodco.com)

Follow us...  





# Céilí Fit™

Irish Céilí & Set Dancing

- WANT TO
- Have Fun
  - Get Fit
  - Learn to Dance?

We have the answer for you!

*Learn Céilí & Set Dancing in a Fun Setting  
No Dancing Partner Needed  
Suit All Ages, Genders and Fitness Levels*

**MONDAY NIGHTS**  
(Except Bank Holidays)

**WHITE LADY HOTEL, KINSALE**  
8.30pm - 10.30pm

*Come and join the craic,  
meet new friends and lose weight*



Contact: **Fionan Cogan 087 818 5111**

Email: [ceilifit@gmail.com](mailto:ceilifit@gmail.com)

Website: [www.ceilifit.ie](http://www.ceilifit.ie)



# Kinsale GAA

# OPEN NIGHT

*Come along and have  
your say in the future  
success of the Club!*

**Trident Hotel**  
**Friday 4th October**  
**7pm**

**FILM NIGHT**  
by  
Transition Town Kinsale

**THE CRISIS OF CIVILIZATION**

This documentary has a thread of optimism running through it and is remarkably pleasant to watch considering its subject matter. The film offers a stunning wake up call proving that 'another world' is not merely possible but on its way.  
Well worth seeing !!

**The Friary**  
**8pm Friday 27th September**

TRANSITION TOWN  
KINSALE

# Jim Edwards

BAR & RESTAURANT



*Food Available  
All Day  
from 12pm*

- ~ Bar & Restaurant Menus Available
- ~ Lite Bite Menu
- ~ Special Value Menu  
2 Courses: €20  
3 Courses: €25
- ~ Lunch Menu & Daily Specials
- ~ Sunday Lunch  
€23.90 (4 Course)



**Tel: 021 477 2541**  
[www.jimwardskinsale.com](http://www.jimwardskinsale.com)

\*Gift Vouchers Available\*

\*Excellent Ensuite Accommodation\*



# **giles norman gallery**

25th anniversary weekend  
to celebrate 25 years in business  
we are offering

**25% off**

everything for this weekend only  
10am-6pm each day



## **25th anniversary**



[www.twitter.com/kinsalenews](http://www.twitter.com/kinsalenews)



[www.facebook.com/KinsaleNews](http://www.facebook.com/KinsaleNews)



# The Spaniard

SCILLY, KINSALE

Tel: 477 2436 | [www.thespaniard.ie](http://www.thespaniard.ie)

~ *Live Music* ~

**Friday 27th September**

**Jug A Punch, 10.00pm**

**Saturday 28th September**

**For Folk Sake, 10.00pm**

**Sunday 29th September**

**Trilogy, 6.00pm-8.00pm**

**Wednesday 2nd October**

**Easy Folk  
with Joe, 9.30pm**

Grapevine Promotions presents

**Rónán O' Snodaigh (Kíla)**

**Fri 27th Sept Doors 8pm**

Tickets €15 incl. booking fee from [tickets.ie](http://tickets.ie)  
& the bar on 021 4772436

**BAR FOOD SERVED**

All Day Every Day

**RESTAURANT**

Open Nightly from 6pm

Private Parties Catered For

Call 021 4772436 for details.

# The Huntsman

Bar & Restaurant, Belgooly



Tel: 021 477 0666

[www.thehuntsmanbelgooly.com](http://www.thehuntsmanbelgooly.com)



*Delicious Home Cooked Food*

*Served Daily 12.30pm-8.30pm, 7 Days A Week  
Set Menu Friday & Saturday, 6.30pm - 9.00pm*

*2 Courses: €20 3 Courses: €25*

*All Day Breakfast Every Saturday until 6.30pm*

*4 Course Sunday Lunch €22.95*

## TRAD NIGHT

**Fri 11th Oct 9.30pm All Welcome**

*Trad on 2nd Friday of every month!*

## Carrigaline Hypnotherapy & CBT Centre

Serving Kinsale, Carrigaline, Ballygarvan  
& surrounding areas.

*Stop Smoking in One Session  
Weight Loss - Gastric Band  
Hypnosis using HypnoBand System*

**SUSAN McELLIGOTT**



Clinical Hypnotherapist, CBT,  
Reiki, successfully treats anxiety,  
depression, phobias, OCD,  
IBS, confidence, relationship/  
marital conflict issues, in fact any  
emotional issue.

Please take a look at my website  
for further information

[www.carrigalinehypnotherapy.com](http://www.carrigalinehypnotherapy.com)

or call Susan on 021 4373057 or 086 8776935

*To us Iris is more than just a name...*

*Come to*

**KENNEDY'S**  **OPTICIANS**  
Pearse St., Kinsale *Keeping Kinsale Focused* Tel: 021 4773595

**AGE-RELATED MACULAR  
DEGENERATION AWARENESS WEEK  
FREE SCREENING**

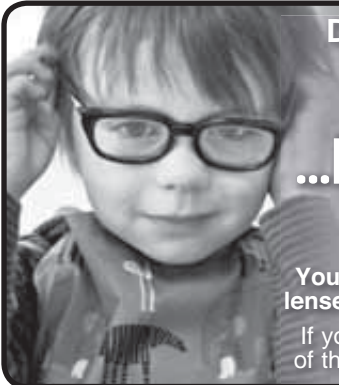
30th September - 6th October

**20%  
OFF**

**CHILDREN'S EYE EXAMINATION**

Extended until end of September

**GREAT BUDGET FRAMES FROM €20**



Does your child have problems with:

**...DYSLEXIA?**

**...READING DIFFICULTIES?**

**...VISUAL STRESS?**

Your child may benefit from specialised colour filtered lenses which we can prescribe & dispense at Kennedy's

If you need any further information or wish to discuss any of the above please do not hesitate to contact us or call in.

Sunglasses • Low Vision Aids • Prescription Sunglasses • Domiciliary/Home Visits  
Medical Cards/PRSI Welcome • Contact Lenses • Coloured Contact Lenses • Safety Spectacles

**FULL EYE EXAMINATIONS INCLUDING:**

✓ Glaucoma Screening ✓ Diabetic Screening if Necessary ✓ Age Related Macular Degeneration Screening

OPENING HOURS: TUES TO THURS: 9.30am-5.30pm, FRI: 8.30am-5.30pm, SAT: 9.30am-3.00pm



[www.twitter.com/kinsalenews](http://www.twitter.com/kinsalenews)



[www.facebook.com/KinsaleNews](http://www.facebook.com/KinsaleNews)





# The 37<sup>th</sup> Kinsale Gourmet Festival

## CLONA DAIRIES

# SURF 'N' TURF 'COOK OFF'

Actons Hotel Friday 11th October, 3pm

**FREE EVENT**

*featuring* Paul Flynn & Martin Shanahan

With demonstrations from Thermomix - Come along and watch Craft Butchers & Fishmongers in action as they 'surf up' their inspirations.



FRIDAY NIGHT 11th OCTOBER

**A Taste of West Cork Dining Experience** **SOLD OUT**  
& **Black Tie Ball** (SPONSORED BY LAURENT PERRIER)

SATURDAY 12th OCTOBER

**Mad Hatters Taste of Kinsale** (SPONSORED BY THERMOMIX) **SOLD OUT**

SUNDAY 13th OCTOBER

**Fruits de Mer Luncheon** **SOLD OUT**

Check out our new website [www.kinsalerestaurants.com](http://www.kinsalerestaurants.com)  
Tel: +353 21 4773571 [www.facebook.com/Good.Food.Circle](http://www.facebook.com/Good.Food.Circle)



# The 37<sup>th</sup> Kinsale Gourmet Festival Business Competition for Best Window Display



*Dress your windows now for  
the Gourmet Festival.*

*Friday 11th - Sunday 13th October*

**1st Prize: 2 tickets for the Mad Hatters Taste of Kinsale**

**2nd Prize: €100 GFC voucher.**

**Winners will be notified on Thursday 10th October.**

Kinsale Good Food Circle  
are pleased to announce the  
launch of their new website:  
[www.kinsalerestaurants.com](http://www.kinsalerestaurants.com)

Log on and take a tour and  
be in with a chance to win a  
pair of tickets to the  
Mad Hatters Taste of Kinsale.



*Looking for a present?*  
**Give a Good Food Circle Gift Voucher.**

Can be used in 11 restaurants and available  
for purchase from Actons Hotel, Finishing Services,  
Trident Hotel, White House.



[www.twitter.com/kinsalenews](http://www.twitter.com/kinsalenews)

7

[www.facebook.com/KinsaleNews](http://www.facebook.com/KinsaleNews)



# K-CORD

KINSALE COMMUNITY  
RESPONSE TO DEMENTIA

Thank you for volunteering

## Volunteer Training

Tuesday 8th, 15th & 22nd October

7.00pm—10.00pm

At The Friary Centre, Kinsale

To register and for further information  
contact Liz at 4709700



★★★ COMEDY WITH ★★★

# Brendan Grace

*Live*  
at The Blue Haven



Thursday  
10th Oct  
8.00pm

Tickets €30 from the Blue Haven, 021 4772209 or at [www.bluehavenstore.com](http://www.bluehavenstore.com)

[www.bluehavencollection.com](http://www.bluehavencollection.com)

3/4 Pearse Street Kinsale Co Cork

## Apéritif

Thursday 3rd October

# Spanish Night

@ APERITIF CAFÉ, WINE & TAPAS BAR FROM 7PM

Spanish Wine Tasting sponsored by Curious Wines

Sangria Tasting

Delicious Tapas/Paella and more

Factor Menu available for only €10 per person

Spanish Theme

Free Admission

All Welcome!  
*Lo Visto Es Un Consentido*



[www.aperitifkinsale.com](http://www.aperitifkinsale.com) | 021-4772209 | Main Street, Kinsale





Feidhmeannacht na Seirbhíse Sláinte  
Health Service Executive



# stresscontrol

Face your fears; be more active; watch what you drink

If you want to learn better ways to handle common problems such as anxiety, depression, low self-confidence, poor sleep and panic attacks, and you want to improve your coping skills, then come along to...

## Stress Control Classes

Session 1: Information about stress

Session 2: Control your body: relaxation, exercise

Session 3: Control your thoughts: learn to think your way out of stress

Session 4: Control your actions: boost self-confidence

Session 5: Control panic

Session 6: Control sleep problems; control your future

**WHERE?** Kinsale Community School

**WHEN?** Wednesdays (2nd Oct - 13th Nov 2013) (6 sessions)

**TIME?** 7.00pm - 8.30pm

**COST?** Donation to Kinsale Community School

For more information: e-mail [Riana.Vermaak@hse.ie](mailto:Riana.Vermaak@hse.ie), or ask your GP.

To ensure you receive all accompanying handouts, you need to book your place by sending e-mail to [Riana.Vermaak@hse.ie](mailto:Riana.Vermaak@hse.ie), or ask your GP to register you.

**Places are limited, so book early**



The only full service Salon in Kinsale  
**Kinsale Massage, Beauty,  
Hair & Nail Salon** *By Anika  
& Sandra*

Pearse Street Kinsale (above Eurospar)

Tel: 087 783 9626 [www.kinsalebeautysalon.com](http://www.kinsalebeautysalon.com)

*Gift Vouchers available • Salon open Monday to Saturday*

**Back/Neck/Shoulder  
Massage** (30mins)

Only €20

**Multi-Vit Full Body  
Massage** (60mins)

Only €40

**Swedish Massage** (60mins)

Only €40

**Deep Tissue Massage** (60mins)

Only €40

**Sports Massage** (60mins)

Only €40

**Golfer's Massage** (60mins)

Only €50

Benefits of massage include • 30% More Energy • De-Stress & Relax  
• Lowers Blood Pressure • Improves Concentration



**INTENSIFIT  
TRAINER**

Only €5 per session

**THERMO  
ACUPRESSURE  
MASSAGE BED**

Only €20 per  
40min session

- With **EVERY** Facial booked get a **FREE** Eyelash Tint & Eyebrow Tint & Shape
- 60 minute Massage & 60 minute Facial **only €80**

Book early to avoid disappointment!!

**Autumn Special Offer  
on Massages**

**Our 90 minute Massage  
Now Only €45** (usually €65)

Only on Monday, Tuesday and Wednesday.



# PAW TOWN CALENDAR OF EVENTS KINSALE CALENDAR OF EVENTS 2013

## Kinsale Positive Ageing Town 27th September - 5th October

AgeAction  
For all older people

<b>Fri 27 Sept</b>	11am	<b>COOKERY DEMO, HEALTHY HEART TALK</b> at Haven Bay Care Centre.
<b>Fri 27 Sept</b>	7pm	<b>TRIBUTE TO ANGELA PERKINS</b> A retrospective of her work on display in Salvi's Cafe.
<b>Sat 28 Sept</b>	10.30am	<b>GETTING TO KNOW YOUR LOCAL LIBRARY</b> Chat with Eileen.
<b>Sat 28 Sept</b>	2pm	<b>KARA OUTING TO CHARLES FORT &amp; TRINITY WELL</b> Contact Hannah Minihane 4777616.
<b>Sun 29 Sept</b>	2.30-5.30pm	<b>OLIVER LYNCH MEMORIAL TEA DANCE</b> at Actons Hotel. Tickets €5.
<b>Mon 30 Sept</b>	11am	<b>PAMPER MORNING</b> at Haven Bay Care Centre.
<b>Mon 30 Sept</b>	3pm	<b>TALK ON THE LUSITANIA BY DERMOT RYAN</b> at The Lord Kingsale.
<b>Tues 1 Oct</b>	10am	<b>INTERGENERATIONAL MASS</b> in the Carmelite Friary.
<b>Tues 1 Oct</b>	2.15pm	<b>KARA MEETING AND DANCE AFTERNOON</b> at The Friary.
<b>Tues 1 Oct</b>	2.30pm	<b>AFTERNOON AT THE MOVIES: MY FAIR LADY</b> Hosted by the students of Kinsale Community School.
<b>Wed 2 Oct</b>	10.15am	<b>KINSALE HEALTHY OPTIONS WALKERS</b> Meet at the Trident.
<b>Wed 2 Oct</b>	11am-12.30pm	<b>K-CORD CAFÉ - ALL WELCOME</b>
<b>Wed 2 Oct</b>	11am-2pm	<b>ST. VINCENT DE PAUL CLOTHING COLLECTION</b> at The Friary.
<b>Wed 2 Oct</b>	7pm	<b>STANDARD LIFE PENSIONS SEMINAR</b> In the Blue Haven. Wine and canapés served.
<b>Thurs 3 Oct</b>		<b>KARA OUTING HOSTED BY KINSALE LIONS CLUB</b>
<b>Thurs 3 Oct</b>	11.15am	<b>K-CORD VISION EVENT</b> in the Boathouse Gallery.
<b>Thurs 3 Oct</b>	2.30pm	<b>MULTICULTURAL AFTERNOON</b> at Cramer's Court Nursing Home.
<b>Fri 4 Oct</b>	10.30am	<b>DERMOT RYAN'S HERITAGE TOWN WALKS</b> Leaving the Tourist Office, finishing at the White House for refreshments.
<b>Fri 4 Oct</b>	7pm	<b>GHOST TOUR</b> departs from Tap Tavern. €8 euro. Organised by KARA.
<b>Fri 4 Oct</b>	8.15pm	<b>POETRY READING / MEMOIRS EVENING</b> at Kinsale Bookshop.
<b>Sat 5 Oct</b>	2.30 - 4.30pm	<b>PRIMARY SCHOOL ART COMPETITION</b> Exhibition and Prize Giving at the Mill Building. Sponsored by Haven Bay Care Centre.

**For further information on the events please contact  
Deirdre Mullins, Kinsale Positive Ageing Committee on 087 7991041**

Proudly Supported by



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[www.facebook.com/KinsaleNews](http://www.facebook.com/KinsaleNews)





Best of luck to  
**Orla Finn and the  
Cork Seniors v Monaghan**  
in the All Ireland Final  
on Sunday.

Best of luck also to the  
**Cork Hurlers from Kinsale GAA.**



**Kinsale GAA**

*Come on the Rebels!*

**THE SHACK**



ON MAIN STREET, KINSALE

Tel: 021 4774480

Homemade Burgers, Juicy Steaks, Fresh Fish,  
Authentic Pasta & Tasty Vegetarian Dishes!

**NEW AUTUMN OPENING TIMES**

Open on  
Wednesday, Thursday,  
Friday, Saturday  
& Sunday.

**THE  
SILENT BANJO**

Main Street, Kinsale

**Friday 27th Sept**

*10.30pm til close*

**KING K**

**Saturday 28th Sept**

*10.30pm til close*

**3 PIECE SUITE**



### CHECK OUT OUR... WORLD BEERS MENU

Unrivalled selection inc: Fuller's Honey Dew Lager, O'Hara's IPA, Old Speckled Hen, Hobgoblin Ale, London's Pride Ale.  
NEW ON TAP: Proper Job IPA, Tribute, O'Hara's Red Ale, Stowford Press Westons Cider, Metal Man Cask Ale, 8° Howling Gale, Abbot Ale, Carrig Irish Craft Lager

Music Venue  
Guardwell, Kinsale  
T: 021 4772382  
[www.folkhousevenue.com](http://www.folkhousevenue.com)



**FRI 27th SEPT**  
10.30pm

**AFTERHOURS**  
*3 Piece Folk Rock Covers*

**SAT 28th SEPT**  
10.00pm

**HOUNDOGS**  
*4 Piece Old School Rock n Roll & Covers*

**SUN 29th SEPT**  
9.00pm

**KING K**  
*5 Piece Folk/Rock/Contemporary Covers*

**THUR 3rd OCT**  
9.30pm

**BLUEJAYS**  
*5 Piece 70s Funk meets Blues and Jazz*

**FRI 4th OCT**  
10.30pm

**KARMA PARKING**  
*3 Piece Originals/Reggae/Rock/Ska*

**SAT 5th OCT**  
10.00pm

**PRISM**  
*4 Piece Rock & Contemporary Covers*

**ALL PARTIES CATERED FOR**  
IN THE GREEN ROOM

**ALL SPORTS SHOWN**  
ON 2 BIG SCREENS

# Bacchus Nightclub

**FRI 27th SEPT - DJ SEAN**

All the Old & New Classics. Doors 11:30pm - Free b4 12:00am

**SAT 28th SEPT - DJ GARIAN**

90s Club Classics & Chart. Doors 11:30pm - Free b4 12:00am

**THURS 3rd OCT - DJ MARK**

All the Old & New Classics. Doors 11:30pm - Free b4 12:30am

## SOUTH & WEST CORK DEBT RESOLUTION SERVICE



We offer a specialist debt resolution service for Individuals and Businesses who are having difficulties with bank and other debt arising from:

- The Loss or Closure of a Business
- Failed/Bad Investments Rental Properties
- Personal Guarantees
- Leases, Machinery and Farm Loans etc.
- Loss of Income

**WE WILL NEGOTIATE DEBT RE-STRUCTURE,  
SETTLEMENT OR DEBT WRITE-OFF ON YOUR BEHALF.**  
With our proven track record we can help you.

Confidentiality Assured. Day, Evening and Weekend Appointments Available.  
PLEASE PHONE **086 601 5042** 9am - 8pm Monday - Friday

## The White House

FULLY LICENCED GUESTHOUSE & BAR



**Guest Accommodation**  
4 Star AA Guesthouse



**Food Served 8am to 10pm**  
~ Special Value Menu ~  
*Also Available*



### LIVE MUSIC

Fri 27th Sept	10.30pm	Puc Ar Buile
Sat 28th Sept	10.30pm	Don & Sean
Thur 3rd Oct	9.00pm	Shane & Friends

**BT & SETANTA SPORT  
LIVE PREMIERSHIP SOCCER**

### LIVE RUGBY

Fri 27th Sept, 7.35pm: Leinster v Cardiff  
Sat 28th Sept, 6.45pm: Munster v Newport

### ALL-IRELAND HURLING FINAL

Sat 28th Sept, 5pm: Clare v Cork

Your hosts The Frawley Family & Staff  
T: 4772125 [www.whitehouse-kinsale.ie](http://www.whitehouse-kinsale.ie)

## Joy's Massage of Kinsale

7 Pearse Street, Kinsale (Next To AIB Bank)

**Have a Relaxing Autumn...**

Thai Massage ~ Reflexology Deep Tissue  
Massage ~ Facial Firming ~ Hot Stone  
Massage ~ Sports Injuries ~ Head  
Massage ~ General Well Being  
Hot Stone Massage a Speciality

**T: 021 470 0985**  
**M: 086 368 3968**

\*Also: Church Yard Lane, Well Road, Douglas, Cork.  
T: 021 493 6732 / M: 086 041 6338

# CARROLL CYCLES

Dillons Cross, Cork

021 4508923

## Cork's Biggest Trek and Giant Dealer

**TREK**

**GIANT**

**Save over 50%**  
when you buy a bike with  
the Cycle to Work Scheme.



[www.carrollcycles.com](http://www.carrollcycles.com)

**Delivery  
to Kinsale  
Daily**



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[www.facebook.com/KinsaleNews](http://www.facebook.com/KinsaleNews)





K-CoRD - Kinsale Community Response to Dementia is an exciting and innovative community-based project established to deliver a comprehensive and person-centred response to dementia. To further develop this project K-CoRD wishes to appoint a

## **Community Support Worker**

Full-Time (39 hrs per week)

### **The person should ideally have:**

- Third level qualification preferably in community development / health /social work/nursing. (Please note that candidates with exceptional, relevant work experience may also be considered in lieu of third level qualifications).
- A minimum of 2 years work experience after award of third level qualification preferably in community and/or healthcare.
- Proven experience in implementation of plans, programmes and projects in community and/or healthcare.
- Ability to work on your own initiative.
- Good communication skills with qualities that persons with dementia value; empathy, warmth and care.
- Knowledge and understanding of Dementia.
- Report writing and IT skills.
- Experience of working with voluntary and healthcare sector, multi-disciplinary teams, etc.
- Car owner with full-clean driving licence.

**Job Description and Application Form available from K-CoRD at  
021 4709700 Mobile: 083 4199751 E-Mail: [info@kcord.ie](mailto:info@kcord.ie)**

Informal enquiries to Deirdre at 086 7872257 or Caríosa at 087 6595410.  
Closing date for receipt of Application Form is 5p.m. Friday 11th October.

**Please forward Application Form to Deirdre Cullen, K-CoRD, Apt 24, Haven Bay Village, Kinsale, Co. Cork or by e-mail to [info@kcord.ie](mailto:info@kcord.ie) clearly marked K-CoRD Community Support Worker.**

No CVs accepted.

This project is supported by the HSE and Atlantic Philanthropies through the GENIO trust.



# Standard Life presents “Retirement Planning - The New You”

Standard Life is supporting **Positive Ageing Week 2013** with Age Action by hosting a Retirement Planning evening in Kinsale. We'll talk about the full circle of retirement from the change in lifestyle to the financial side of retirement.

## **Date**

2 October 2013

## **Venue**

The Blue Haven Hotel,  
3-4 Pearse Street,  
Kinsale, Co Cork



## **Contact**

Please RSVP to Deirdre Mullins of the Kinsale Positive Ageing Committee on [deirdremullinskinsale@gmail.com](mailto:deirdremullinskinsale@gmail.com) before 1 October 2013. Hurry, places are limited!

## **Time**

**6.30pm – 7pm**

Registration

**7pm – 8pm**

Paddy Stapleton  
“Retirement Planning –  
The New You”

**8pm – 8.30pm**

Jim Connolly  
“Jargon Free Guide to Pensions”

**Standard Life**



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[www.facebook.com/KinsaleNews](http://www.facebook.com/KinsaleNews)





**NEW** **CLIMBING combined with ARCHERY CLUB**  
**Starting Saturday 5th October**  
**6 Weeks on consecutive Saturdays 10am-1pm**  
**Fee €120 for 6 weeks**  
**Tell your family and friends!**

**All equipment and tuition included! Call 021 4772 896 to book!**  
**[www.kinsaleoutdoors.com](http://www.kinsaleoutdoors.com)**

**Kinsale Academy  
of Hairdressing  
and Barber Shop**  
23 Main St, Kinsale  
**NOW OPEN**

**BARBERING & HAIRDRESSING COURSES**  
No prior skills or knowledge required.  
All equipment is provided.

Dry Cuts from €8 - Wet Shaves - O.A.P. €8  
Hair Colouring - Ear Piercing etc.



To book classes please contact  
Greg The Barber or phone 087 962 11 58  
Email: [kinsale.academy@gmail.com](mailto:kinsale.academy@gmail.com)

**Bulman Bar  
& Toddies Restaurant**  
SUMMERCOVE, KINSALE

**Bar Food Served Daily**  
from 12.30pm  
**Restaurant Open Tues - Sun**  
from 6pm

**Sunday Nights**  
**CLUB ON THE ROCKS**  
in the Restaurant  
With **BILLY CROSSIE** at 8pm  
Book your table to avoid disappointment.  
Bar food menu served in the Restaurant.

**Saturday 28th September 10.00pm**  
**THE JOOKS**  
**Sunday 29th September 6.00pm**  
**LIVE MUSIC**

**T: 021 477 2131 [www.thebulman.ie](http://www.thebulman.ie)**



# Joanna Daly

D.C., MChiro, NMT, BSc (Hons), UCA, MMCAI, LRCC, ANMPT, MBPSS.

## Kinsale Chiropractic & Associates

**OPENING ON SHORT QUAY 1st OCTOBER**

(Opposite Jim Edwards Pub, next to Victoria Murphy Auctioneers)

Low-force, gentle adjustments of the spine, neck and joints suitable for all ages and all physical abilities.

### EFFECTIVE IN THE TREATMENT OF:

- Back Aches & Pain
- Neck Pain
- Shoulder Pain & Restricted Movement
- Rib, Thorax & Upper Back Pain
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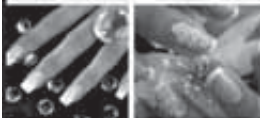
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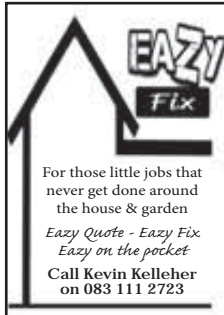
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### Garden & Grounds Maintenance

PATIOS  
&  
PLANTING

Tel: 087 246 7890

www.kinsalelandscapes.com



## CARPET & UPHOLSTERY CLEANING SERVICE

...  
FLOOR TILES

CLEANED & POLISHED

...  
COMMERCIAL & DOMESTIC

Denis O'Sullivan 437 7315 • 086 207 0086

## MARTIN CONLON

ELECTRICAL SHOWER REPAIR SPECIALISTS  
PLUMBING & HEATING

M: 087 254 3434 T: 021 477 1443

## DAN DEMPSEY'S GARAGE

Scrap Cars Collected & Disposed of  
**FREE OF CHARGE**

021 477 2124 Tool Hire - Workshop - Hostel

021 477 4111 Fax Only

021 477 2683 Late Contact

086 821 7777 24hr Crash & Recovery

## Martin Holohan Professional Painter & Decorator

INTERIORS & EXTERIORS

Belgooly, Kinsale, Co. Cork.

Call: 087 132 1792

## OIL BURNERS

Home Heating Serviced & repaired

- Carbon Monoxide Testing -

Full carbon monoxide & combustion monitoring using latest digital analyser

John McCarthy (Kinsale): 087 2377667

Fully Insured & Approved



www.twitter.com/kinsalenews

33

www.facebook.com/KinsaleNews



## Horse Riding in Kinsale @



1 mile from town centre.

**Lessons - Trekking - Livery**

**Call Zoë on 086 362 4403**

[www.kinsale-equestrian.ie](http://www.kinsale-equestrian.ie)

## CHILDCARE

**CHILDMINDER AVAILABLE**

Full Time / Part Time Mon - Fri  
Experienced, References Available

Phone: 087 205 8754

## PETS

### 'Home From Home'

Individually Heated Kennels • Large outdoor exercise area

Tel: 477 0919 - 086 392 3447 - 086 155 1541

Don't forget to have your pet's vaccinations up to date! ...see your vet!

## MARMALADE PARK MONTESSORI

**HIGH SCOPE & ALL DAY CARE CRECHE  
0 TO 5 YEARS**

**MORE SPACE AVAILABLE NOW  
FOR PART TIME & FULL DAY**

CONTACT JANICE O'CONNELL

**086 277 0943**

## FORT ARTHUR BOARDING KENNELS



KINSALE Prop: Avril Copithorne

Personal Attention

Open All Year

REASONABLE  
RATES

Tel: 021 477 8002 or 085 729 7233

## MOTHER GOOSE MONTESSORI & CHILDCARE KINSALE

For all of your childcare needs  
Excellent rates & family discounts

Contact Zoe Patel: 085 781 9031

## ANIMAL SOLUTIONS

The Holistic Way to train  
your dog or any animal.

[www.corkdogtrainingclasses.com](http://www.corkdogtrainingclasses.com)

Tel: 086 399 1599

CHILDMINDER AVAILBLE  
Driving Licence & Garda Vetted.

References Available.

Tel: 087 976 3012

## All Dog Grooming

T: 021 470 8860

M: 086 0655 748

[www.alldoggrooming.ie](http://www.alldoggrooming.ie)

## SITUATIONS VACANT

**NURSE REQUIRED**

3 nights per week

Ardslay Nursing Home, Farran.

Contact: 021 733 1163

## Belgooly Boarding Kennels & Cattery



Kennels open all year.

Spacious individual kennels.

Long country walks twice a day.

T: 021 477 0796 - 086 066 9015



## SHOP ASSISTANT REQUIRED

Part-time, flexible hours. May suit student.  
Please apply to Box No. 26/13,  
c/o Kinsale Advertiser, Emmet Place, Kinsale.



Applications are now being sought for  
an employee under the Community  
Employment Scheme for the position of:

**Childcare Assistant**  
at **KINSALE COMMUNITY PLAYSCHOOL**  
Saile, Cappagh, Kinsale

**CLOSING DATE FRI 11TH OCT**

Please forward your CV to Nuala  
McCarthy at the above address or email to:  
KinsaleCommunityPlayschool@gmail.com

For further information contact Nuala:

**087 7637266**

Kinsale Community Playschool is an equal opportunity employer.

## PROPERTY

### TO LET: 1 Bed Modern Apartment

Close to town centre. Off road parking.  
Would suit single professional. Non smoker.  
€450 per month. Contact Box No: 27/13,  
c/o Kinsale Advertiser, Emmet Place, Kinsale.

### ROOM TO LET IN LARGE HOUSE

Ballinspittle area. €350 p/m.  
Tel: 087 655 3178 after 6pm.

### TO RENT: LANZAROTE

Beautiful one bedroom apartment with sea views in Matagorda,  
Lanzarote. Small quiet complex with heated swimming pool. Close  
to all local amenities. 5 minutes walk to the beach. 10 minutes from  
airport. Satellite TV including: RTE 1, Network 2, BBCs and ITV

087-2355 258 or 087-986 3302

### 2 BEDROOM FLAT TO RENT DUNDERROW AREA

For further details:  
**021 477 4064 087 134 9584**



### Part-time Receptionist Required

Minimum 1-2 years' experience  
in a hotel reception.

Fluent English is a must.

Please send CVs to [hr@bluehavenkinsale.com](mailto:hr@bluehavenkinsale.com)

### DRIVERS REQUIRED

Full Time / Part Time, D1 Licence Essential,  
Fluent in English.

Apply to Box No. 22/13  
c/o Kinsale Advertiser, Emmet Place, Kinsale.



## STORAGE

Secure storage units  
available in Kinsale.  
Unit sizes: 200 Sq feet  
Contact: 087 2429008

### 3 BEDROOM HOUSE

3 miles from Kinsale. 3 double bedrooms, 1 bathroom, large kitchen/  
dining area, large separate living room & all modern conveniences.

Available immediately for €750 p/m.  
Contact: 087 9649034



## STUDENT SEEKS ACCOMMODATION

Rent reasonable, close to town centre

Phone: 087 7616 355

## HEALTH, HAIR & BEAUTY

### MARION KING PHYSICAL THERAPIST

ITEC, IAPT QUALIFIED • Deep Tissue Massage  
• Physical Therapy  
**087 7744676** • Reflexology



### Ann's Hair Creations

LADIES & GENTS HAIRDRESSING  
The Glen, Kinsale **021 4772030**



#### Illuminating Essential Oil Treatment

2 APPLICATION PACK ONLY €4.50

*For Home Use or we can  
apply it for you in the Salon.*

Open Tuesday to Saturday 9am to 5.30pm  
Early/Late by appointment

### Alto Holistics 087 9127271

44 Main Street, Kinsale (Near Fishy Fishy) ITEC Qualified Sarah Tubridy

Massage (Swedish, Sports, Deep Tissue), Indian Head Massage, Reflexology, Jardin Secret Ritual Facial, Reiki, Aromatherapy

## Amazonas

HAIR SALON LADIES, GENTS & CHILDREN  
MARKET PLACE, KINSALE 085 753 91 03

Hairdressing,  
Sunbed, Tanning Lotions  
Pedicure, Manicure, Gel Nails,  
Acrylic Nails, 2 Weeks Manicure  
Beauty, Facial, Waxing, Make-up

Tues-Sat  
9am-9pm  
Sun - Mon  
12-6pm  
OPEN  
EVERY DAY

## BEL AMI HAIR STUDIO

Pearse Street, Kinsale

Rachel O'Brien

formerly of Toni+Guy, Kaizen, Origin & Kinsale.

with Stylist Michelle Connolly

For appointments contact:  
**021 477 7337**

## FINTAN LYNCH

COLOUR HERB HAIRDRESSING L'OREAL

61 MAIN STREET, KINSALE

Tel: **021 477 3900**

Open Tues-Fri 9am-5pm | Sat 9am-3.30pm

Now Also Open on Mondays

*Watch out for our new ads!*

## Michelle's Hair Creations

LADIES & GENTS

Open  
Tuesday to Saturday  
9.30am - 5.30pm

T: **021 477 3133**

14 Pearse Street, Kinsale, Co. Cork



## GRINDS/CLASSES

### Maths Grinds 023 8849523

Kilbrittain Area, 18 years experience.  
Second and Third level, Includes Project Maths.

**PRIMARY SCHOOL GRINDS**  
Wednesdays & Thursdays - Belgooly Area  
**12 Years Learning Support / Resource Experience.**  
**Early Intervention of Reading, Writing**  
**& Comprehension is beneficial.**  
Anne-Marie 085 705 4004

## NOTICES

### Miraculous Prayer

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it. Then in his merciful eyes it will become your favour, not mine, Amen.  
Say this prayer for 3 days, promise publication and the favour will be granted, no matter how impossible. Never known to fail. D.N.

**Livery Available**  
**Horses/Ponies**  
**087 632 3483**

### Reunion of The Convent of Mercy Kinsale Leaving Cert Class of 1983

Guess What! It's 30 years since we finished school! If you were part of the above class between 1978 and 1983, a casual get together is planned for the 16th November at Actons Hotel (Bar).

If you are interested in attending please contact:  
Celine Hurley, Deborah Coleman  
and Martina McCarthy

[kinsaleclassof83@gmail.com](mailto:kinsaleclassof83@gmail.com)

### FUNDRAISER FOR CRUMLIN CHILDREN'S HOSPITAL

TUESDAY 8TH OCT 10AM - 5PM

PERRYVILLE  
VINTAGE TEA ROOMS  
KINSALE

Breakfast, Morning Coffee, Lunch, Afternoon Tea,  
Raffle on the Day. Entire proceeds to CCH.



### PHYSIOATHOME

Physiotherapy Service in the  
comfort of your own home  
& regular Pilates Classes

**087 6728232**

Karen Mason MISCP MAACP



Two Irish kids abducted to Zambia  
taken by their Zambian Mother.

Two Irish Dads devastated  
and very worried about their  
well-being and safety. Ethan's  
Dad, Richard Quarry, and Troy's  
Dad, Patrick Beary, need your help  
to bring them home to Ireland.

CHECK OUT OUR WEBSITE & JOIN US  
[www.bringthemhome.ie](http://www.bringthemhome.ie)

### ROSE FRAWLEY'S COFFEE MORNING

WITH NEW & NEARLY NEW SALE

IN AID OF

*Ray of Sunshine*

*Kenyan Children's Charity*

THE TEMPERANCE HALL  
Sat 28th Sept 10am - 4pm

[www.rayofsunshine.ie](http://www.rayofsunshine.ie)

**Good luck to Orla Finn and  
Cork Ladies v Monaghan**  
in the All Ireland Final - 29th Sept.  
**Support the Rebelettes!**

### CAR WANTED

Student looking for economic and reliable car  
that is seriously cheap or, even better, free!

Call or text 085 786 1566  
Email: [mrtymaamrtah@gmail.com](mailto:mrtymaamrtah@gmail.com)



## NOTICES



### DERMOT RYAN'S Kinsale Heritage Town Walks

TOP GUIDE IN IRELAND  
2012 AND 2013

TRIPADVISOR INDEPENDENT  
NUMBER ONE ATTRACTION



TOURIST OFFICE  
DAILY AT 10.30am,  
or 3.00pm BY APPOINTMENT

Call 021 4772729 or 086 8267656  
[www.kinsaleheritage.com](http://www.kinsaleheritage.com)

## Kinsale Foróige Youth Club

Ages 12 to 18

Starts Monday 30th September  
7.30pm - 9pm ST. MULTOSE HALL

Adults are needed to help with the club. Just 1 and a  
half hours per week to help the youth of Kinsale.

Please contact Jackie McCarthy  
087 136 3630

### Miraculous Prayer

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it. Then in his merciful eyes it will become your favour, not mine, Amen. Say this prayer for 3 days, promise publication and the favour will be granted, no matter how impossible. Never known to fail. M.R.

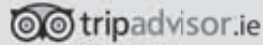
## DON & BARRY'S HISTORIC STROLL KINSALE

FROM THE TOURIST OFFICE @ 11.15am: 7 days  
Plus 9.15am Tour: Mon - Sat (until October)

Ranked #1 of 23 activities in Kinsale

●●●●● 206 Reviews

🏆 Certificate of Excellence 2013



*"Excellent ... Kinsale's single  
best attraction"* Rick Steves

[www.HistoricStrollKinsale.com](http://www.HistoricStrollKinsale.com)

Tel: 087 2500 731

Adults €6 / Children €1

-CELEBRATING OUR 21ST SEASON-

## HARBOUR CRUISE

Departure Beyond Actons Hotel on board 'Spirit of Kinsale'



Cruises on  
Saturday and Sunday:  
2pm

Please see sandwich board at Tourist  
Office & Pier Rd. for updated times.

Complimentary Tea/Coffee Served  
Cruises are subject to weather and tide.

T: 086 250 5456  
[www.kinsaleharbourcruises.com](http://www.kinsaleharbourcruises.com)

## KINSALE LEGAL ADVICE CENTRE

If you are seeking Legal advice on any matter  
why not consult our advice centre?

To book an appointment for the next free Legal advice  
clinic call 021 4776760 or visit us at  
[www.albertwolfeandcosolicitors.ie](http://www.albertwolfeandcosolicitors.ie)

Congratulations to  
Kinsale Community School Students  
on winning 1st Prize at the European  
Young Scientist Competition 2013

# KINSALE ADVERTISER

WHAT'S ON IN KINSALE FRI 27th SEPT - THURS 3rd OCT 2013

## FRI 27th SEPT

**ANGELA PERKIN'S MEMORIAL EXHIBITION:**

Opening in Salvi's, 7pm.

**BACCHUS NIGHTCLUB:**  
DJ Sean, 11.30pm.

**BLUE HAVEN:**  
Crazy Chester, 10pm.

**DERMOT RYAN'S HERITAGE WALKS:**  
10.30am from the Tourist Office. 3pm by appointment.

**CRACKPOTS:**  
Piano Night with Billy Crosbie.

**DON & BARRY'S HISTORIC STROLL:**  
The Tourist Office  
9.15am & 11.15am.

**FOLKHOUSE:**  
Afterhours, 10.30pm.

**GILES NORMAN GALLERY:**  
Anniversary Weekend  
celebrating 25 years.

**HAMLETS:** DJ.  
**KINSALE MUSEUM:**  
Open 10.30am -1.30pm.

**POSITIVE AGEING WEEK:**  
27th Sept - 5th Oct.  
See ad on page 11.

**SILENT BANJO:**  
King K, 10.30pm.

**SPANIARD BAR:** Ronan O'Snodaiagh (Kila), 8pm.  
Jug A Punch, 10pm.

**FILM NIGHT WITH TRANSITION TOWN KINSALE:**  
The Crisis of Civilisation,  
The Friary, 8pm.

**WHITE HOUSE:**  
Puc Ar Buile, 10.30pm.

## SAT 28th SEPT

**ARMADA BAR:** Live Music.

**BACCHUS NIGHTCLUB:**  
DJ Garian, 11.30pm.

**BLUE HAVEN:**  
Blue Fusion, 10pm.

**BULMAN BAR:**  
The Jooks, 10.00pm.

**DERMOT RYAN'S HERITAGE WALKS:**  
10.30am from the Tourist Office. 3pm by appointment.

**DON & BARRY'S HISTORIC STROLL:**  
The Tourist Office  
9.15am & 11.15am.

**FOLKHOUSE:**  
Houndogs, 10pm.  
**GILES NORMAN GALLERY:**  
Anniversary Weekend  
celebrating 25 years.

**HAMLETS:**  
DJ.  
**KINSALE HARBOUR CRUISE:**  
Cruise at 2pm.

**KINSALE MUSEUM:**  
Open 10.30am -1.30pm.

**ROSE FRAWLEY'S COFFEE MORNING:**  
With new and nearly new  
sale, Temperance Hall,  
10am - 4pm.

**SILENT BANJO:**  
3 Piece Suite, 10.30pm.

**SPANIARD BAR:**  
For Folk Sake, 10pm.

**WHARF TAVERN AT THE TRIDENT HOTEL:**  
Tim O'Riordan, 9.30pm.

**WHITE HOUSE:**  
Don & Sean, 10.30pm.

## SUN 29th SEPT

**BLUE HAVEN:**  
Sonnie & Friends, 9.30pm.

**BULMAN BAR:**  
Live Music, 6.00pm.  
Club on the Rocks with  
Billy Crosbie, 8pm.

**DERMOT RYAN'S HERITAGE WALKS:**  
10.30am from the Tourist Office. 3pm by appointment.

**DON & BARRY'S HISTORIC STROLL:**  
The Tourist Office, 11.15am.

**FOLKHOUSE:**  
King K, 9pm.

**GILES NORMAN GALLERY:**  
Anniversary Weekend  
celebrating 25 years.

**HAMLETS:**  
Niall McCabe Band.

**KINSALE HARBOUR CRUISE:**  
Cruise at 2pm.

**SPANIARD BAR:**  
Trilogy, 6pm - 8pm.

## MON 30th SEPT

**BLUE HAVEN:**  
Arundo & Irish Dancers,  
9.30pm.

**CÉILÍ FIT:**  
Irish Céilí and Set Dancing.  
White Lady Hotel,  
8.30pm - 10.30pm.

**DALTONS BAR:**  
Traditional Music.  
**DERMOT RYAN'S HERITAGE WALKS:**  
10.30am from the Tourist Office. 3pm by appointment.

**DON & BARRY'S HISTORIC STROLL:**  
The Tourist Office  
9.15am & 11.15am.

**KINSALE FORÓIGE YOUTH CLUB:**  
Starts today 7.30pm - 9pm.  
St. Multose Hall.

## TUES 1st OCT

**ARMADA BAR:**  
The Merry Stems.

**BLUE HAVEN:**  
Sonnie & Friends, 9.30pm.

**DALTONS BAR:**  
Traditional Music.  
**DERMOT RYAN'S HERITAGE WALKS:**  
10.30am from the Tourist Office. 3pm by appointment.

**DON & BARRY'S HISTORIC STROLL:**  
The Tourist Office, 11.15am.

**KENNEDY'S OPTICIANS:**  
Age-Related Macular  
Degeneration Week,  
until 6th Oct.  
Free screening.

**WED 2nd OCT**

**ARMADA BAR:**  
The Merry Stems.

**BLUE HAVEN:**  
Niall McCabe Band,  
9.30pm.

**DERMOT RYAN'S HERITAGE WALKS:**  
10.30am from the Tourist Office. 3pm by appointment.

**DON & BARRY'S HISTORIC STROLL:**

The Tourist Office, 11.15am.

**HSE STRESS CONTROL:**  
(6 weeks) 7-8.30pm,  
Kinsale Community School.

**KINSALE HARBOUR CRUISE:**  
Cruises at 12pm, 2pm.

**KINSALE MUSEUM:**  
Open Weds to Sat  
10.30am -1.30pm.

**SPANIARD BAR:**  
Easy Folk with Joe, 9.30pm.

**STANDARD LIFE PRESENTS "RETIREMENT PLANNING - THE NEW YOU":**  
Blue Haven, Registration  
at 6.30pm.

**SVP COLLECTION FOR SYRIA:**  
Friary Car Park,  
12pm - 3pm.

## THURS 3rd OCT

**APERITIF:**  
Spanish Night from 7pm.

**ARMADA BAR:**  
The Merry Stems.  
**BACCHUS NIGHTCLUB:**  
with DJ Mark, 11.30pm.

**BLUE HAVEN:**  
Arundo & Irish Dancers,  
9.30pm.

**DALTONS BAR:**  
Trad.

**DERMOT RYAN'S HERITAGE WALKS:**  
10.30am from the Tourist Office. 3pm by appointment.

**DON & BARRY'S HISTORIC STROLL:**  
The Tourist Office,  
11.15am.

**FOLKHOUSE:**  
Bluejays, 9.30pm.

**HAMLETS:**  
King K.  
**KINSALE PARENT & TODDLER GROUP:**  
St. Multose Hall,  
10.30am - 12.30pm.

**WHITE HOUSE:**  
Shane & Friends, 9pm.

For upcoming events from Friday 4th October please check [www.kinsleadvertiser.com/whats-on](http://www.kinsleadvertiser.com/whats-on)



[www.twitter.com/kinsalenews](http://www.twitter.com/kinsalenews)

39

[www.facebook.com/KinsaleNews](http://www.facebook.com/KinsaleNews)



# TRIDENT

HOTEL / KINSALE



★★★★★

**Spectacularly located  
on Kinsale's waterfront**

*Why don't you call round for a  
bite to eat or have a drink and  
enjoy the view of Kinsale Harbour*

### **Award-winning Pier One Restaurant**

With something for everyone,  
our à La Carte menu will always  
keep you coming back for more!

### **Wharf Tavern**

NEW Extensive Bar / Snack menu  
available from noon daily

Very popular Carvery served daily  
is a lunchtime favourite.

Live Music Saturday 28th September  
Tim O'Riordan



FREE WIFI available to  
customers in the Wharf Tavern



World's End, Kinsale, Co. Cork tel +353 (0)21 4779300  
info@tridenthotel.com www.tridenthotel.com

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**www.kinsaleadvertiser.com**



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