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BLUE HAVEN HOTEL



Monday to Saturday 2pm - 5pm



Kids are back at school, so mums treat yourselves to a relaxing afternoon tea - because you're worth it.

f

Fishmarket RESTAURANT @ BLUE HAVEN

NEW MENU AVAILABLE

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3 / 4 PEARSE STREET, KINSALE T: 021-4772209 W: www.bluehavencollection.com



Craft Workshops for Kids with Mrs Mon STARTING THIS OCTOBER

Two Age Groups: 6-8 and 9-12

CONTACT:

In the shop at:	41 Main Street, Kinsale
Phone:	087 900 53 95
Email:	now.monica@gmail.com





TAE KWON-DO

Beginner Classes in Kinsale starting now

With Mark Buckley VI Degree and Finbarr Stewart II Degree

CLASSES IN KINSALE Temperance Hall

- Tuesdays 6.30-7.30pm Beginners 7.30-8.30pm Advanced
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IMAC

Phone 086 822 0107 / 087 258 8360 for more info





www.taekwondo.ie

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Email: info@kinsaleadvertiser.com

021 4774026 www.kinsale.ie

Kinsale Chamber of Tourism & Business would like to thank the following paid up Members for 2013 who have contributed to the overall Marketing & Promotion of the town, well done all.

Actons Hotel & Leisure Centre Allied Irish Bank Arl Design Armada Bar Atlantic Charters Bank of Ireland **Ballinacurra House Ballinadee Pony Trekking Barretts Butchers Belfry Kinsale Blindgate House Boland Craftshop Bolands Town House Castle Quay Holiday Homes** Stephen Joyce - Holiday A/c Charles Fort OPW **Crackpots Restaurant Curtins Electrical** Danabel 888 DAOL Design & Print Ltd **Kinsale Dental Practice** Desmond House **Eilte Dry Cleaners** Write On **Finishing Services**

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Kinsale, Co. Cork

Fourwinds B & B Fuzion Garrettstown Caravan Park George Daly & Co Solrs **Giles Norman Photography Glebe Country House Fishy Fishy Restaurant** Grey Hound Bar Hattitude Haven Shellfish Hegarty & Horgan Solrs Heritage Walks Historical Stroll in Old Kinsale Hoby's Restaurant Inglenook Innishannon House Hotel **Cronins Gift Shop** Jim Edwards Bar & Restaurant Kennedy's Optician Kinsale & District Credit Union **Kinsale Advertiser** Kinsale Art Gallery **Kinsale Arts Festival** Kinsale Boat Hire Kinsale Executive Travel

Kinsale Crystal Kinsale Ghost Tours Kinsale Golf Club **Kinsale Harbour Cruises** Kinsale Holiday Village Kinsale Outdoor **Education Centre Kinsale Pottery Kinsale Yacht Club** Landfall House Louise McKeown - Artist Man Friday Restaurant Mary Enright Goldsmith Maurice Murphy's Hardware Max's Restaurant Medical Centre Moloney Pharmacy **Neilus Buckley Photography** Newborough Self Catering Old Head Golf Links **O'Shea Solicitors Oysterhaven Holiday** & Activity Centre **Perryville House**

Pisces **PJ** Fitzgerald Quay Food Company Rockview B & B Saile **Scilly House Rentals** Sean G Cusack Insurance The Harbour Bar The Old Presbytery The Surgery The White House The White Lady Hotel **Tierneys Guesthouse Toddies Restaurant Trident Hotel** Vista Wine Bar Whale of a Time Wild Goose Studio Woodlands House **Private Label Wines Kinsale Sports Store** Mrs Mon **Kinsale Deep Sea Angling Blue Haven Hotel** Pier Leisure Amusement Arcade Old Bank House

We are still accepting subscriptions for 2013 and welcome all new members aboard. Remember it's your town and working together makes everything work!

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- Southside Industrial Estate, Togher

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2 Courses: €20 3 Courses: €25 All Day Breakfast Every Saturday until 6.30pm 4 Course Sunday Lunch €22.95

Fri 20th Sept 9.30pm Áll Welcome

Carrigaline Hypnotherapy & CBT Centre

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Stop Smoking in One Session Weight Loss - Gastric Band Hypnosis using HypnoBand System

SUSAN MCELLIGOTT



Clinical Hypnotherapist, CBT, Reiki, successfully treats anxiety, depression, phobias, OCD, IBS, confidence, relationship/ marital conflict issues, in fact any emotional issue.

Please take a look at my website for further information www.carrigalinehypnotherapy.com or call Susan on 021 4373057 or 086 8776935

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Tel: 087 783 9626 www.kinsalebeautysalon.com Gift Vouchers available • Salon open Monday to Saturday

Back/Neck/Shoulder **Massage** (30mins) Only €20 Multi-Vit Full Body Massage (60mins) Only €40 Swedish Massage (60mins) Only €40 **Deep Tissue Massage** (60mins) Only €40 Sports Massage (60mins) Only €40 Golfer's Massage (60mins) Only €50 • 30% More Energy • De-Stress & Relax Benefits of massage include • Lowers Blood Pressure • Improves Concentration



Only €5 per session THERMO ACUPRESSURE MASSAGE BED Only €20 per

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TRAINER

40min session

Autumn Special Offer on Massages

Our 90 minute Massage *Now Only* \in 45 (usually \in 65)

Only on Monday, Tuesday and Wednesday.

- With EVERY Facial booked get a FREE Eyelash Tint & Eyebrow Tint & Shape
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Book early to avoid disappointment!!

5





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Rachel O'Brien, formerly of Toni+Guy, Kaizen, Origin and Kinsale, with Stylist Michelle Connolly

For appointments contact: Rachel on 021 477 7337



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Yoga in Kinsale with Marsha

28 Lower O'Connell Street, Kinsale

Starting in September Courses run for 10 weeks

YOGA FOR MUMS (After School Run) Tues 24 Sept 10.00am Duration: 1½hrs Cost: €100

RELAX AND DE-STRESS Lunch-time Session (with Yoga Nidra) Tues 24 Sept 1.00pm Duration: ¾hr Cost: €50

> YOGA FOR ALL Tues 24 Sept 7.00pm Duration: 1½hrs Cost: €100

GENTLE YOGA (Over 50s) Thur 26 Sept 10.00am Duration: 1½hrs Cost: €100

> YOGA FOR ALL Thur 26 Sept 8.00pm Duration: 1½hrs Cost: €100

YOGA (Weekend Wake Up/Wind Down) Sat 28 Sept 10.00am Duration: 1½hrs Cost: €100

Our yoga room is carpeted, warm & comfortable. All mats, blankets, etc supplied.

Email us at kinsaleyoga@yahoo.ie Website (coming): www.yogainkinsale.com WE'RE ON FACEBOOK: www.facebook.com/yogainkinsale

For info and booking, it's best to text to 087 250 7637 The Spaniard Scilly, KINSALE

Tel: 477 2436 | www.thespaniard.ie

~ *Live Music* ~ <u>Friday 13th September</u> **Jug A Punch**, 10.00pm

Saturday 14th September For Folk Sake, 10.00pm

Sunday 15th September Trilogy, 6.00pm-8.00pm

Monday 16th September Trad Session, 9.30pm

Wednesday 18th September Easy Folk with Joe, 9.30pm

Grapevine Promotions presents Rónán O' Snodaigh (Kíla) Fri 27th Sept Doors 8pm Tickets €15 incl. booking fee from tickets.ie

& the bar on 021 4772436

BAR FOOD SERVED All Day Every Day

RESTAURANT Open Nightly from 6pm **Private Parties Catered For** Call 021 4772436 for details.



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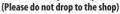
We would like to thank our customers for a great summer.

Please note our kitchen will be closing at 8pm from Monday 16th September.

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We will take away your unwanted USED CHILDREN'S CLOTHING (Clean and Dry) and also Ladies and Mens Clothes HOUSEHOLD TEXTILES, CURTAINS, TOWELS, BEDLINEN, BLANKETS & DUVETS. FOOTWEAR (Childrens, Ladies and Mens)

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FOR SYRIA

085 2186966 SVP is a registered charity.

Email: info@kinsaleadvertiser.com

KINSALE DENTAL HEALTH CENTRE



Mouth Cancer Awareness Day

Free Screening Wednesday 18th September 9.30am - 12pm

Please call 021 477 2788 to make an appointment.

If you attend your dentist on a regular basis this screening is automatically carried out by your dentist. Visit us on: **www.kinsaledentist.com**









Mini Facial and Shape & Polish and Blow Dry Only €55

WE OPEN EVERY DAY! TUES - SAT 9AM - 9PM SUN - MON 12PM - 6PM

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KINSALE PEACE PROJECT



The Kinsale Peace Project are delighted to announce also that **Travel Writer Dervla Murphy** will be visiting us in Kinsale on **Friday September 20th**. We will be bringing the intrepid writer to visit **Kinsale Community School** where she will talk to students about her amazing adventures on her bicycle to some of the most dangerous places in the world.

Her latest book "A Month by the Sea" is not a Summer romantic read, but describes in vivid detail what life is like for ordinary families in Gaza, their hopes, dreams & realities. Dervla very rarely gives public talks, now in her 80s and recovering from a major operation, it will be a great chance to come & meet a truly fascinating author.

Later that Friday evening she will be giving a talk at **The Friary Centre, Kinsale at 8pm**. (By kind permission from Carmelite Prior Fr Frank McAleese.) Admission free, all are welcome. Her books will be on sale.



No Cover Charge - Donation Basis Refreshments Available

www.kinsaleabc.ie

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and lots more bargains

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Tandoori &t Balti Restaurant

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A Classical Eastern Touch Multi-award winning best Indian & Pakistani Cuisine

You can enjoy our super, authentic home cooked & guaranteed mouth watering Indian & Punjab dishes from Goa to Khyber Regions - All prepared and cooked to the highest quality - with FREE boiled or pilau rice with every main course dish.

We have spent several years researching the traditional cuisine of Eastern communities who have been persuaded to part with their jealously guarded family recipes, resulting in a huge variety of very mild to hot dishes.

Why not try something very mild for your first taste of curry. We are sure you will be delighted.

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Spectacularly located on Kinsale's waterfront

Why don't you call round for a bite to eat or have a drink and enjoy the view of Kinsale Harbour

Award-winning Pier One Restaurant

With something for everyone, our à La Carte menu will always keep you coming back for more!

Wharf Tavern

NEW Extensive Bar / Snack menu available from noon daily

Very popular Carvery served daily is a lunchtime favourite.

Live Music Saturday 14th September The Long Note



FREE WiFi available to customers in the Wharf Tavern





World's End, Kinsale, Co. Cork tel +353 (0)21 4779300 info@tridenthotel.com www.tridenthotel.com

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KINSALE

KINSALE COMMUNITY SCHOOL Nght Casses EVERYBODY WELCOME

Commencing Monday 30th September 2013

Classes will break for midterm (Oct 28th and Oct 30th). Fees are to be paid on enrolment night or posted to Kinsale Community School, attention Night Classes.

MONDAY NIGHTS

Certificate in Essential	
Navigation & Seamanship	€130
Conversational Spanish	€80
Cookery Class for Men	€90
Irish for Parents Josephine McCaughey	€80
English Language Class	€80

Ceramics	€90
Guitar Lessons Patrick O'Connor, 7pm - 8.30pm	€90
Bridge Ann Fitzsimons	€70
Introduction to Felt Making	€80
Furniture Upcycling Workshop	€65

WEDNESDAY NIGHTS

Spanish for Mercedes Garcia	Beginners	€80
Woodcarvin Brendan Power	g for Beginne	ers €90
Agricultural for Leaving Bridget Lehane	Science Certificate	€400 per year Payable in instalments

Practical French for your French	n
Holiday.	€80
Painting with Acrylics David Kavanagh B.A. Fine Art. M.A. Visual Communication	€90
Cookery Michael Buckley	€90

ENROLMENT: Thursday 19th September, 6.45pm-7.30pm

For further details on Night Classes contact Linda Dreelan: 087 849 1935 Tel: 021 4773174 info@kinsalecommunityschool.ie www.kinsalecommunityschool.ie





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Wedding Fayre Sun 22nd Sept

Actons of Kinsale

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FREE measuring and quote from our staff

Carpet 12ft x 13ft

5ltr Dulux emulsion 750ml Dulux Satin paint

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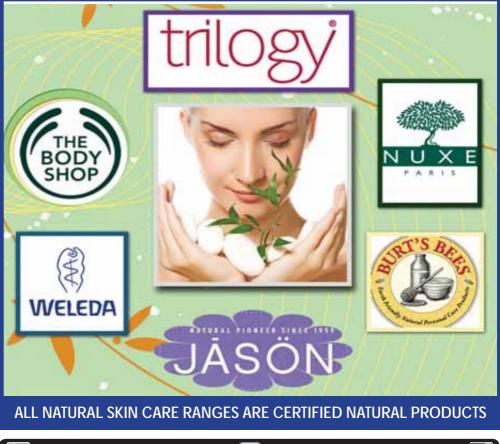
www.bandoncoop.ie

Bandon (023) 882 9000 • Enniskeane (023) 884 7866 • Kinsale (021) 477 4080 Opening Hours: Monday - Friday 8.30am - 5.30pm, Saturday 8.30am - 4.30pm.

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MENU Served in the Bar TUESDAY - SUNDAY Sample Menu

Homemade Scampi with Homemade Tartar Sauce & Salad €11.50

Harp Battered Fish & Chips with Homemade Tartar Sauce

€10.50

Toddies Homemade Lobster Risotto €15.50

Thai Green Curry with Jasmine Rice €12.50

> Slow Roasted Pork Belly with Asian Vinaigrette €14.50

Scallops, Calamari, BBQ Ribs & much more...

Please note this is a sample menu and changes every evening.





Manicure with Cuticle Care	€15		
File & Polish	€10		
OPI Gel Colour	€25		
OPI Gel Colour Soak Off	€5		
SPA Manicure €25 (incl. Scrub, Parrafin & Massage)			
Mini Facial & Manicure Only	7 €40		
30 minute Back, Neck & Shoulder Massage	€20		



For Bookings Call: 021 477 4703 or Mob: 087 741 8877



Bar Food Served Daily from 12.30pm Restaurant Open Tues - Sun from 6pm

Sunday Nights CLUB ON THE ROCKS

in the Restaurant With Billy Crosbie at 8pm Book your table to avoid disappointment. Bar food menu served in the Restaurant.

Saturday 14th September 10.00pm King K Sunday 15th September 6.15pm Clem & Ben

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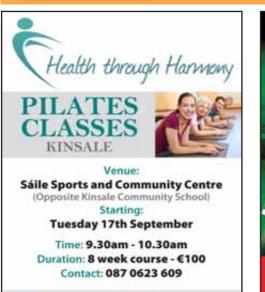


New Extensive Bar Menu Now Available 10am - 10pm Daily

Outdoor Garden Area Now Open

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KYSS Certified Volunteer Programme

Would you like to give some of your time and skills to a youth support service in Kinsale?

Kinsale Youth Support Services Ltd. would like to invite you to become a registered volunteer with its local youth service. This volunteer programme is aimed at matching existing skills with the needs of the KYSS youth support service.

Working with young people and their families requires a wide range of skills, qualifications and personal life experiences. None of us have all the requirements but between us we can improve the local support network for OUR young people.

If you would like to find out more about the KYSS volunteer programme please contact Tom **085-8725789 / 021 4774772 / tom@kyss.ie**





Therapeutic & Crisis Support for Individuals & Couples existential psychotherapy & ecopsychology www.matthewhenson.ie 087 358 0709

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ROSE FRAWLEY'S COFFEE MORNING WITH NEW & NEARLY NEW SALE

IN AID OF Ray of Sunshine Kenyan Children's Charity

THE TEMPERANCE HALL Sat 28th Sept 10am - 4pm www.rayofsunshine.ie

Positive Ageing Week Fundraising Table Quiz 7.30pm Thursday 19th September @ Lord Kingsale €10 per person / €40 per table

Positive Ageing Week runs from 27th Sept to Sat 5th Oct

Featuring: The Oliver Lynch Memorial Tea Dance Founder member of Positive Ageing Committee Acton's Hotel Sun 29th Sept 2.30pm to 5.30pm

Entertainment by The Owenabue Traditional Group Light Refreshments Served Tickets €5 Available from Fintan Lynch Hairdresser, Customise, Salvi's and Kinsale Tourist Office

For More Information Contact Deirdre Mullins 087 7991041

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Friday 13th September 10.30pm til close OLD NO. 7

Saturday 14th September 10.30pm til close THE LOST GECKO

Sunday 15th September 8.00pm to 10.00pm THE GEESE IN THE BOG

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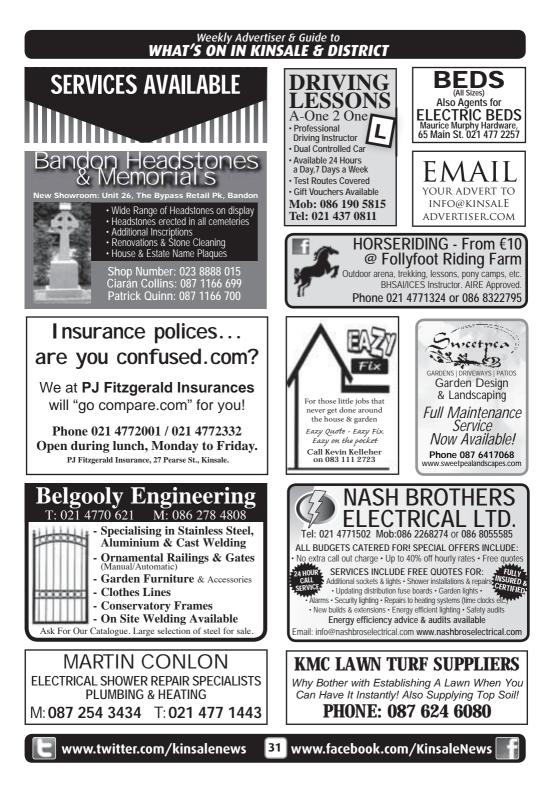
Saturday 14th September Man Utd v Crystal Palace 12.45pm Sunderland v Arsenal 3.00pm Everton v Chelsea 5.30pm

Sunday 15th September Southampton v West Ham 4.00pm

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PROPERTY

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Email: info@kinsaleadvertiser.com

PROPERTY

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at St. Multose Hall Every Thursday 10.30am - 12.30pm

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Kinsale & Dock Rowing Club CHURCH GATE COLLECTION This Sunday 15th Sept All support appreciated.

NOTICES

CLASSES IN KINSALE Art: Oil Painting & Watercolour Needlework: Crochet & Knitting Experienced Instructor Eileen: 087 713 5061



Sunday 15th Sept Noon - 4pm Ballincurrig

Ballinspittle

(Middle road to beach, 2nd house on right coming from village)

Ph: 087 7520 538

Maths Grinds 023 8849523

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Need help with job searching, CV preparation and interview skills? If so we can help at the Kinsale Job Seeker Resource Centre, Red Cross Building, near St. Multose Church. Contact: 021 477 3083 www.wcdp.ie TOP SOIL, SHALE & HORSE MANURE FOR SALE

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check out our website & join us www.bringthemhome.ie

COFFEE DAY In aid of Marymount Hospice THURS 19TH SEPT 11AM - 8PM ANNE MCCARTHY'S, OLD HEAD Everybody welcome

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in, or very near Kinsale Town

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KINSALE LEGAL ADVICE CENTRE If you are seeking Legal advice on any matter why not consult our advice centre? To book an appointment for the next free Legal advice clinic call 021 4776760 or visit us at www.albertwolfeandcosolicitors.ie

ANGELA PERKINS MEMORIAL EXHIBITION Salvi's Café, Pearse Street, Kinsale September 27th to October 11th Opening by Tony Cierans, Mayor of Kinsale.

If you own any paintings of Angela's and wish to show them please contact Kate French 087 2190645

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Welcome to all visitors for the Kinsale Sharks Advertising Awards

FRI 13th SEPT **BACCHUS NIGHTCLUB:** DJ Garian, 11.30pm. BLUE HAVEN: Crazy Chester, 10pm. DERMOT RYAN'S HERITAGE WALKS: 10.30am from the Tourist Office. 3pm by appointment. DON & BARRY'S HISTORIC STROLL: The Tourist Office 9 15am & 11 15am FOLKHOUSE: John Connelly Band, 10.30pm. HAMLETS: R'n'B Night. KINSALE HARBOUR CRUISE: Cruises at 12pm, 2pm, KINSALE MUSEUM: Open 10.30am -1.30pm. POSITIVE AGEING WEEK LAUNCH: 3pm at Haven Bay Care Centre QUEST KIDS BIBLE: St. Multose Hall, 2.30pm - 3.45pm. RACE NIGHT: The Mill Wheel Pub. 9pm. In aid of Cancer Research and Kinsale Hospital. SILENT BANJO: Old No. 7, 10,30pm. SPANIARD BAR: Jug A Punch, 10pm. WHITE HOUSE: Puc Ar Buile, 10.30pm. SAT 14th SEPT ARMADA BAR: Live Music. BACCHUS NIGHTCLUB: DJ Sean, 11,30pm. BLUE HAVEN: Aristocrats, 10pm. BULMAN BAR: King K, 10.00pm. COLLEGE OF FURTHER **EDUCATION:** Registration Day, 2pm-5pm.

CORK NATIONAL ANTIQUE AND ART FAIR: Silver Springs Hotel, Cork, 11am - 6pm. DERMOT RYAN'S HERITAGE WALKS: 10.30am from the Tourist Office. 3pm by appointment. DON & BARRY'S HISTORIC STROLL: The Tourist Office 9.15am & 11.15am. FOLKHOUSE: Indigo, 10pm. HAMI FTS: 80s Party with Papa Zitas. KINSALE HARBOUR CRUISE: Cruises at 2pm, 3pm, 4pm. KINSALE MUSEUM: Open 10.30am -1.30pm. OSCAR MADISONS: The Thin Line, 10.30pm. SILENT BANJO: The Lost Gecko, 10.30pm. SPANIARD BAR: For Folk Sake, 10pm. TEMPO CAFÉ: Young musicians at Temperance Hall, 9pm - 11pm. TRANSITION TOWN KINSALE: Edible Garden Meitheal.

Whet at Convent, 10am. WHARF TAVERN AT THE TRIDENT HOTEL: The Long Note, 9.30pm. WHITE HOUSE: Don & Sean, 10.30pm.

SUN 15th SEPT BLUE HAVEN:

Sonnie & Friends, 9.30pm. BULMAN BAR: Clem & Ben, 6.15pm. Club on the Rocks with Billy Crosbie, 8pm. CORK NATIONAL ANTIQUE AND ART FAIR: Silver Springs Hotel, Cork,

11am - 6pm. DERMOT RYAN'S HERITAGE WALKS: 10.30am from the Tourist Office. 3pm by appointment. DON & BARRY'S HISTORIC STROLL: The Tourist Office, 11.15am. FOLKHOUSE: King K, 9pm. HAMLETS: Niall McCabe Band.

KINSALE HARBOUR CRUISE: Cruises at 2pm, 3pm, 4pm.

SILENT BANJO: The Geese in the Bog, 8pm. SPANIARD BAR: Trilogy, 6pm - 8pm. YARD SALE: Ballincurrig, 12pm-4pm.

MON 16th SEPT

BLUE HAVEN: Arundo & Irish Dancers, 9.30pm. DALTONS BAR: Trad. DERMOT RYAN'S HERITAGE WALKS: 10.30am from the Tourist Office. 3pm by appointment. DON & BARRY'S HISTORIC STROLL: The Tourist Office 9.15am & 11.15am. KINSALE HARBOUR CRUISE: Cruises at 12pm, 2pm.

SPANIARD BAR: Trad. TUES 17th SEPT

ARMADA BAR: The Merry Stems. BLUE HAVEN: Sonnie & Friends, 9.30pm. DALTONS BAR: Trad. DERMOT RYAN'S HERITAGE WALKS: 10.30am from the Tourist Office. 3pm by appointment. DON & BARRY'S HISTORIC STROLL: The Tourist Office 9.15am & 11.15am. KINSALE HARBOUR CRUISE: Cruises at 12pm. 2pm.

WED 18th SEPT

ARMADA BAR: The Merry Stems. BLUE HAVEN: Niall McCabe Band, 9.30pm. DERMOT RYAN'S HERITAGE WALKS: 10.30am from the Tourist Office. 3pm by appointment. DON & BARRY'S HISTORIC STROLL: The Tourist Office 9.15am & 11.15am. FOLKHOUSE: Jacked Up Mikes, 9.30pm. HAMLETS: Music with Old No. 7. KINSALE HARBOUR CRUISE: Cruises at 12pm, 2pm. KINSALE MUSEUM: Open Weds to Sat 10.30am -1.30pm. MOUTH CANCER AWARENESS DAY: Kinsale Dental Health Centre, 9.30am - 12pm.

SPANIARD BAR: Easy Folk with Joe, 9.30pm. WHITE HOUSE: Leon Buckley, 9.15pm.

THURS 19th SEPT

BACCHUS NIGHTCLUB: with DJ Mark, 11.30pm. BLUE HAVEN: Arundo & Irish Dancers, 9.30pm. COFFEE DAY: Anne McCarthy's, Old Head, 11am-8pm. DALTONS BAR: Trad. DERMOT RYAN'S HERITAGE WALKS: 10.30am from the Tourist Office. 3pm by appointment. **DON & BARRY'S** HISTORIC STROLL: The Tourist Office 9.15am & 11.15am. FOLKHOUSE: BB Queen, 9.30pm. FUN FOOTBALL RETURNS: Saile Community Pitches. 5-6pm. Ages 9-14. HAMLETS: King K. **KINSALE COMMUNITY** SCHOOL Night Class Enrolment, 6.45pm-7.30pm KINSALE HARBOUR CRUISE: Cruises at 12pm, 2pm. **KINSALE PARENT &** TODDLER GROUP: St. Multose Hall. 10.30am - 12.30pm. POSITIVE AGEING WEEK: Table Quiz at The Lord Kingsale, 7.30pm. WHITE HOUSE: Shane & Friends, 9pm.



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