

FREE

Vol. 22 Issue 23/11

Friday 10th - Thursday 16th June 2011

KINSALE ADVERTISER

INCLUDING THE WEEKLY **WHAT'S ON** GUIDE TO KINSALE & DISTRICT

Tel: 021 477 4313 :: Email: info@kinsaleadvertiser.com :: Fax: 021 477 4339

FOOT LOOSE KINSALE

20/21 Main Street • Kinsale
Phone/Fax: (021) 477 7898

Ladies & Gents
Footwear



**SUMMER
SALES
NOW ON!**



- Kinsale Gift Card Accepted
- Gift Vouchers Available
- Deposits Accepted
- Open 7 Days

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Footwear

Footprints

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C-SPA & LEISURE CENTRE SUMMER MEMBERSHIP SPECIAL OFFER

CARLTON
HOTEL & C SPA
KINSALE



**3 Months Summer Membership for the
Carlton Kinsale C Spa Leisure Centre.**

Adults Only €150 - Child €50

(1st June - 31st Aug)



Call (021) 470 6625

email: cspa.kinsale@carlton.ie

www.carlton.ie/kinsale

CARLTON
HOTEL & C SPA
KINSALE



Guest House • Gift Shop • Garden Tea Room

Gift Shop

Open Monday- Saturday, 10am-6pm

Perryville Garden Tea Room

Open Monday- Saturday, 10am-5pm

Light lunch served from 12 noon- 3pm

Tea and delicious home baking served all day

Email: sales@perryville.iol.ie

Tel: 021-4772731

www.perryvillehouse.com

...fresh organic vegetables ...cheeses ...soups ...pâtés ...cakes ...salads ...plants ...flowers & much more

Kinsale Farmers' Market

Every Wednesday

Between Cronins' Commercial Hall
& Tourist Office 9.30am to 2pm

**...NEW DAY!
...NEW VENUE!**

HANNON KITCHENS

KINSALE

§

*Kitchen & Bedroom Furniture
Supplied & Fitted*

Free Design & Quotation

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**...ON ROMAN,
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UNTIL 30TH JUNE OR WHILE STOCKS LAST.**

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Visit our Showrooms @:
- Southside Industrial Estate
(near EZ Living), Togher.
- Flor Griffin, Bandon.
- Flor Griffin, Ballincollig

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www.theblindmaker.ie



Free Home Consultation, Measuring & Fitting - OPEN 6 DAYS

VOLUNTEERS WANTED...

To be part of the Arts Week Experience!!!

If you are seeking a varied volunteer experience rich with opportunities for learning from and working alongside top-class industry professionals, while also having a bit of fun, then look no further! Drop a line to Odette, our volunteer coordinator at volunteers@kinsaleartsweek.com or come to our volunteer recruitment drive at the Box Office (Upstairs in Londis) **on Tuesday 14 June** between 10am & 2pm to sign up.

Hundreds of FREE Family Events,
and the legendary
Charles Fort Concerts

BOX OFFICE NOW OPEN:

Tuesday to Saturday 10am - 6pm
Upstairs in Londis, Pearse St. Tel: 021 470 0877

Book Online at www.kinsaleartsweek.com

09-17 | **KINSALE ARTS WEEK**
July 2011 | Expect the extraordinary



www.kinsaleartsweek.com





The White House

FULLY LICENCED GUESTHOUSE & BAR

Breakfast Served
from 8am - 12noon

Food Served Daily
from 12noon - 10pm

~ Summer Set Menu ~
3 Courses €25

inc Tea/Coffee

2 Courses €20

inc Tea/Coffee



~ *Live Music* ~

Saturday 11th June

Liam & Ger @ 10.30pm

Sunday 12th June

Mike O'Riordan @ 9.00pm

Monday 13th June

Liam & Ger @ 9.00pm

Wednesday 15th June

3 Piece Traditional @ 9.00pm



Saturday 18th June

John Bates & Grainne Long

back by popular demand!

Your hosts The Frauley Family & Staff

Tel: 021-4772125

www.whitehouse-kinsale.ie



Faillte
Approved



Kinsale Deep Sea Angling & Scenic Tours

38ft Aquastar, Operating All Year!

- Full & 1/2 Day Trips
- Shark Fishing
- Stag Parties etc.
- Scenic Tours Include The Old Head etc.
- Whale/Dolphin Tours



Contact Butch:

M: 086 103 6905

T: 021 477 8054

www.anglingkinsale.com

email: info@anglingkinsale.com

CHECK OUT OUR
NEW WEBSITE!!!

Fasttrack Broadband

Providing High speed
broadband in your area!

- Bandon
- Ballinadee
- Ballinspittle
- Old Head
- Dunderrow
- Kinsale
- Belgooly
- Riverstick
- Ballygarvan

No Phone line needed - No line rental
Local Company with a local support team
Packages starting from €23.50 per month



Contact Tristan on:

087 1211809

Ballinadee, Bandon, Co. Cork

email: info@fasttrackbroadband.ie

web: www.fasttrackbroadband.ie

Daltons Bar

Market St, Kinsale. Tel: 021 477 7957

**Traditional Irish
Music & Ballads**

Every Monday,
Tuesday & Wednesday

Anika & Sandra

Massage, Beauty & Nail

(located in Kinsale, above House of Hair, in Guardwell)

Tel: 087 783 9626

Treatments offered by highly Qualified therapists at reasonable prices.

~Massage with Anika~

- Back, Neck & Shoulder Massage (30min): €20
- Multivitamin Full Body Massage (60min): €40
- Swedish Massage (60min): €40
- Deep Tissue Massage (60min): €40
- Sport Massage (60min): €40
- Golfer's Massage (60min): €40

~ All our massages are suitable for Ladies, Gents & Teenagers ~

~ Nails with Emilia ~

- Spa Pedicure: €35
- Wellness Pedicure: €45
(this treatment includes a luxurious pedicure, feet exfoliation, mask, and leg massage)
- Spa Pedicure & Manicure: €45
- *New* 2 Week Nail Varnish: €20
includes FREE manicure
- Gel Nails (with nail art): €45
- Japanese Manicure: €20
(natural nail care and strengthening with beeswax, and gives shine for the nails)
- Men's Pedicure: €30-€35

~ Beauty with Sandra ~

- Multi-Vitamin Facial (90min) €50
(with free eyebrow wax/tweeze, hand-massage, eyelash/eyebrow tint)
- Microdermabrasion Facial €50
(with free eyebrow wax/tweeze, hand massage, eyelash tint)
- Beauty Facial (60min) €45
(with eyebrow wax/tweeze, hand massage, eyelash tint)
- Eyelash & Eyebrow Tint with Eyebrow Shape €18
- Spray Tan, Full Body €25

Beauty Pamper Package (2hrs): €80

(Full body massage & 60 min anti-age facial)

Gift Vouchers Available – the ideal present

**Coming
Friday
17th
June**

The
**White
Lady**
niteclub

Sponsored by
Tipperary

**CLUB
ENERGIZE**

Under
18
Disco
9.30pm-11.30pm



**plus BBQ
Fully Supervised
Every 2nd Friday
Mineral Bar Only
Adm €10**

**White Lady Nightclub
& Live Music Venue**
Tel: 021 477 2737



CREATIVE WRITING CAMPS

- 4th & 5th Class -
Students

All Set In A Fun, Creative Environment

Date: 18th to 22nd July 2011

Place: Kinsale

Time: 10am To 1pm

- 6th Class Students -

(Entering 1st Year In September 2011)

With Preparation Leading Towards
Secondary School, All Set In A Fun,
Creative Environment

Date: 11th to 15th July

Place: Kinsale

Time: 10am To 1pm

**Phone ConnectED
To Book Your Spot**

021 4774421



The White Lady

Nightclub • Music Venue • Restaurant

::Saturdays::

The Place To Be Seen!!!
11.30pm with DJ Anthony Collins

::Sundays::

Staff Night Out!!!
11.30pm with DJ Mark Sanquest

:: NEW BBQ MENU & NEW OUTDOOR SEATING AREA ::

:: FREE SHUTTLE BUS ::

Every Weekend From Town Every 5mins, Sat & Sun 12am - 1.15am

:: GREAT GIGS THIS SUMMER ::

June 15th

Wednesday trad music with Diograis

June 18th

2FM Electric Disco with Jenny Greene

Tickets on sale now! Only €10

July 2nd

Cork's own J90

July 6th

Leon Buckley

July 17th

The Rubber Bandits

Kinsale Arts Week closing party.

July 23rd

Diograis

August 19th The Wolfe Tones

featuring Celtic Knights – tickets on sale now!

August 20th Leon Buckley



:: NEW - The Powder Room

The Powder Room is a new exclusive VIP room at the White Lady Hotel. Catering for private parties for all the ladies, the powder room is a perfect place to meet, chat, have a glass of champagne, enjoy finger food/tapas or raise the roof!!! Our packages now include new great extras from our highly qualified and professional hair and beauty team. Our team will work their magic on the special girl or the entire party to look gorgeous for that big night out!!!



2 Course Meal € 19.95 3 Course Meal € 24.95

:: Unbelievable Deals on Outside Catering ::

Available for your summer events, parties, celebrations... We can deliver!!!

T: 021 477 2737

www.whiteladyhotelkinsale.com

facebook



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Cafe & Market Pier Rd.,
Kinsale

NEW
**Evening
Menu**
Now Available

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no booking necessary
Thursdays
to Sundays inclusive
Last orders 9pm

Don't forget we also serve wine
by the glass & by the bottle.

Heineken beer
available on draught
as well as bottles of
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www.theseaviewcafe.com



hurleys

Ballinspittle

Bar & Restaurant

***Food Served
Daily***
12.30pm - 9pm

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info@aafireprotection.ie

www.aafireprotection.ie

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Exclusive Bentley Continental Flying Spur

Bentley Weddings

Treat yourself on your special day with the most exclusive wedding car in Ireland.
A variety of packages available to meet your individual requirements.

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The Bentley is the chauffeur driven car of choice for Ireland's corporate sector,
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Available for corporate or wedding day hire for hotels who wish to offer their guests the ultimate VIP service.
Special Rates and packages available to personalise this exclusive service for your guests.

Bentley Private

For events, special occasions and private hire, the Bentley is available twenty four hours a day,
7 days a week to be at your service.

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For the ultimate accessory for product launches and promotions choose Bentley.
The car can be personalised for your individual products or launch requirements.

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**Tel 021-4772209
or 086-7916731**

Pearse Street, Kinsale, Co. Cork

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www.munsterbentleyhire.com

e-mail info@munsterbentleyhire.com

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THE
BLUE HAVEN
COLLECTION



for that special day... Bentley

bookstór

USED BOOK DAY

Saturday 18th June, 11am-5pm

- **Buy and sell your used books** - we pay you €1.50 per book in store credit.
- **Free Children's Book Exchange** - bring in your unwanted children's books from now until June 18th. Come along on the day and choose at least the same number to take home in exchange.
- **Collection of used books for charities** - we're donating any books we don't buy to local projects.
- **Picture Book Challenge** - we invite you to submit an image that captures a perfect reading moment. It could be a photo, drawing, collage, doodle; it could be sublime, funny, ridiculous, anything. We'll exhibit all entries in the shop and announce the winners on the day. Our three favourites will each receive a €25 Bookstór voucher, as well as cake and glory! **ENTRIES IN BY JUNE 15th.**
- **Tasty cakes** - made by the Bookstór Baker for your delectation!

1 Newman's Mall, Kinsale, Co. Cork

021 4774966 info@bookstor.ie

www.bookstor.ie



THE BLUE HAVEN COLLECTION

Bike Hire Available

from The Blue Haven & Hamlets Café Bar

Experience the wonderful Kinsale by bicycle & visit all the amazing attractions!



We have fantastic traditional bikes for all the family based at The Blue Haven Hotel and Hamlets Café Bar. With so many beautiful places to see and explore cycling is one of the best ways to get around this beautiful area. Advice on good cycling routes and the best of places to see are always available at Blue Haven Reception.



Rental rates for traditional cycles **are just
€10 per day** including safety gear

Enquiries to info@bluehavenkinsale.com
or telephone 021 4772209

www.bluehaventransport.com

A fresh approach to casual dining



THE
BLUE HAVEN

@ The Blue Haven Hotel

café



With particular emphasis on our coffee menu, scrumptious breakfasts & mouth-watering lunches

:: OUR CAFÉ ::

Going for a coffee is synonymous with catching up with friends & family, doing business with a colleague, a moment to yourself or perhaps simply finding a familiar place in a new town.

:: OUR COFFEE ::

The quality of your coffee is important to us, so our coffee menu offers distinctive choices and is designed especially to thrill your palate. We believe in serving the best coffee possible. You will find our coffee is carefully selected, hand roasted in Kinsale, with 85% Arabica blend and 15% Robusta, blended especially for the Blue Haven Café and Blue Haven Bar and Restaurant.

:: NEW MENU ::

Fresh pastries and desserts, homemade sandwiches, salads, all homemade by our talented chefs. Our fresh food products include the freshest ingredients grown from our own gardens here in Kinsale

Our New Delicious Menu Includes;

Gourmet Breakfast Sandwich, Gourmet Sausage Sandwich, The Full Irish, Blue Haven Award-winning Seafood Chowder, Homemade Potato Fish Cakes, Coronation Chicken Terrine, Honey Baked Ham Sandwich, Goats Cheese Bruschetta, The Blue Haven Café Salad and more!!!

:: OUR BELIEF ::

Our philosophy in the Blue Haven Cafe is that "It's all about you" and our intent is to give you an experience to treasure and remember, with the hope you will return time and again.

We look forward to seeing you at The Blue Haven Café...

www.bluehavencollection.com



**€2 OFF
ALL CUTS
WITH THIS
VOUCHER**

**NOT VALID IN
CONJUNCTION WITH
ANY OTHER OFFER**



Opening Hours:
Monday-Thursday 10am-6pm
Friday 10am-7pm
Saturday 9am-6pm

Paul the Barber
TRADITIONAL & TRENDY

10 Market Place, Kinsale (Next To Credit Union)

Paul 087 1223 449

Monday Special

Kids €8.00

Students €10.00

Adults €10.00

OAP €8.00

VIZZA

PIZZERIA ~ PIER RD., KINSALE

Feeling Hungry?

To get piping hot, delicious, freshly made pizza delivered to your door just ring in your order.

We make fresh & deliver!

Take Away Offers

(Available Sunday to Thursday)

Order Any 4 Pizzas ...get 1x 9" Pizza **FREE**

Order Any 5 or more Pizzas ...get 2x 9" Pizzas **FREE**
PLUS 5% DISCOUNT

FREE DELIVERY WITHIN KINSALE

**OUTSIDE KINSALE: FREE DELIVERY
FOR ORDERS OVER €20 (SMALL CHARGE OTHERWISE)**

CHECK OUT OUR *** LOYALTY CARD ***

OUR GUARANTEE:

If not delivered within 45 Minutes from phone order, 10% reduction applies

087 697 5255 Open 7 Days



The Quay Food Co.

MARKET QUAY 021 4774000

No TEAS!!!



...don't worry!

Lillys Tea Shop are holding
a tasting this Saturday 11th June
11am-2pm @ Quay Food Co.
See you there!

The Folk House

Guardwell. T: 021 4772382
www.folkhousevenue.com



Coming Soon... Wed 22nd June

Wicker Bones

Original Folk & Trad 4 Piece

HOBGOBLIN: Real Cask Ale

Tapping from Friday 10th June

Kitchen Re-Opening Wed 15th June

Wednesday to Sunday, 12.30pm-9pm

New Menu - Seafood Bar & Grill

Parties/Birthday Club - Kids Menu

Set Menu for Private Dining (up to 30)

Check Out The Green Room

Also Available for Private Bookings

- LIVE MUSIC -

- FRI 10th JUNE -

FANTASY JAM BAND

4 Piece Oldschool, Rock Covers
& Contemporaries

- SAT 11th JUNE -

BEN & THE MIGHTY MEN

4 Piece Rock Covers Band

- SUN 12th JUNE -

THE BIG ORDEAL

- WED 15th JUNE @ 9pm -

LOUISE McMAHON

New EP 'Delicate Dancer' playing with her
Full Band - Bass, Acoustic Guitar,
Electric Guitar, Piano & Drums,

- THURS 16th JUNE -

STEPPIN' GROOVE

5 Piece Soul, Blues & Jazz

- FRI 17th JUNE -

SHE'S ELECTRIC

Bacchus Nightclub

Guardwell Kinsale

**FRI 10th June
with DJ Garian**

90S CLUB CLASSICS & CHART

Doors 11:30pm

FREE ENTRY b4 12:00am

**SAT 11th June
with DJ Sean**

ALL THE OLD & NEW CLASSICS

Doors 11:30pm

FREE ENTRY b4 12:00am

**THURS 16th June
with DJ Mark**

ALL THE OLD & NEW CLASSICS

Doors 11:30pm

FREE ENTRY ALL NIGHT

TRIDENT HOTEL KINSALE

Perched on the Water's Edge



Are you planning a special
Function or Event in Kinsale?

We'd be delighted
to help you plan your...

Christening
Birthday Dinner
Fundraiser
Family Get-together

Enjoy truly delicious food...
in a spectacular location!

For your exclusive waterside venue
See the Trident Hotel!

Music in the Wharf Tavern

Tim O'Mahony

Saturday 11th June
@ 9.30pm

Telephone: 021 477 9300
or email: info@tridenthotel.com
www.tridenthotel.com



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The Market Garden

GENERAL GROCERY

Specialising in Fresh Fruit & Vegetables,
Dried Fruit, Nuts, Spices and Herbs...
Fruit Baskets Prepared Potatoes
& Vegetables.



Open
Mon - Sat
9.00am
to 5.00pm

THE GLEN, KINSALE. Tel: 477 4574

Spectacular harbour views from bar, restaurant, patio & beer garden.

The Speckled Door

Old Head, Kinsale
T: 021 477 8243

Food Served:
Monday to Saturday 12.30pm - 8.30pm
Sunday 12.30pm - 5.30pm

Seafood & Steaks
Also Kid's Menu & Selection of Sandwiches

10 minutes drive from Kinsale.
Ample Parking. Wheelchair Facilities.

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**SUMMER
SALE
NOW
ON!**

**GREAT REDUCTIONS ON:
FURNITURE
FABRICS
LIGHTING &
HOME ACCESSORIES**

**~ OPENING HOURS ~
TUES-SAT 10.30am - 5.30pm
SUNDAY 2.00pm-5.30pm**

Bulman & Toddies Restaurant SUMMERCOVE, KINSALE

Fáilte Ireland Tourist Bar of the Year 2010

Lucinda O'Sullivan
Great Places To Eat

Bridgestone
100 Best Restaurants
In Ireland 2001-11



Georgina Campbell
Irish Guide 2011

Best Gastro Pub
In Cork 2010/11
Irish Restaurant
Association

~ Lunch Served ~

12.30pm to 5pm, Monday to Sunday

~ Restaurant Open ~

6pm to 9.30pm, Tuesdays to Saturday

~ Feel Good Friday ~

Friday 10th June, 6pm-9pm

Live Music at 6.30pm with
Eli O'Keeffe & Band
PLUS New Bulman Bites Menu
served in the bar 7pm-9pm,
€8.50 a plate.

~ Live Music ~

Saturday 11th June, 10.15pm

Street Talk

Sunday 29th June, 6.15pm

Boozy Schmoozers
(Sonny, Alan & Mike)

Tel: 021 477 2131

or: 021 477 7769

www.thebulman.ie



Crack Pots



3 Cork Street, Kinsale

T: 021 477 2847

W: www.crackpots.ie

Open 7 Nights
from 6pm

-§-

Serving Lunch

Fridays, Saturdays
& Sundays

-§-

Great New Menu

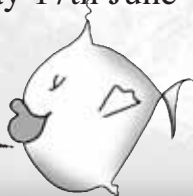
Specialising in Seafood
& Local Produce

-§-

Sushi Night

...is back, Friday 17th June

It's Not
Just Raw Fish
You Know!



**ALL FOR A
ONE-OFF FEE!!!**

Contact Jeremy Sheehan, Kinsale

M: 086 268 4993

T: 021 477 4955



J.H. Insulations

Prop: Joe Hallissey
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*Grants Available Under The
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Angel's Secrets

Short Quay, Kinsale

Health & Beauty Care

Facials:

Mona Lisa Facial90min, €55

Deep pore cleansing + FREE hand treatment
+ FREE eyebrow wax/tweeze + Free lip wax

The Mezolift Facial90min, €65

Anti wrinkle treatment with Dermalrollers
+ FREE hand treatment + FREE eyebrow wax/tweeze + lip wax

The Lifting Facial60min, €50

Pampering facial with a FREE hand treatment + eyebrow wax/tweeze
+ FREE lip wax

Massages:

Back & Shoulder Massage30min, €25

Full Body Massage60min, €45

Full Body Massage + Full Body Scrub80min, €50
or Reflexologie

Full Body Hot Stone Massage90min, €60

Full Body Hot Stone Massage60min, €50

Packages:

Aloha Pampering Package3.5hrs, €99

Full Body Scrub + Body Wrap + Full Body Massage
+ Mona Lisa Facial + Hand treatment + Eyebrow Wax/Tweeze

Organic Vanilla Package2hrs, €60

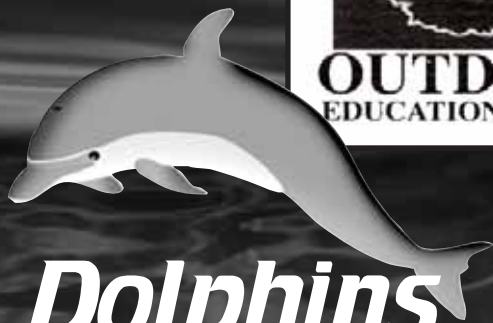
Vanilla Ritual with Scrub + Wrap + Massage

Vine Secret Package2hrs, €60

Anti aging, firming red grape wrap + scrub + massage

T:021 477 4703 M:087 741 8877

Due to popular demand we are delighted to announce the introduction of 2 new exciting clubs! All activities are tailored to age of group. Club runs for 4 weeks beginning June 18th.



Dolphins

**6 - 10 yrs
10am to 1pm**



Sharks

**11 - 14 yrs
1.30pm to 4.30pm**

***...Canoeing, Sit-on-Tops, Archery,
Orienteering, Zip-Line, Beach Combing,
Abseil, Face Painting & Treasure Chest***

COST : €75 PER CHILD, €140 FOR 2 KIDS, €200 FOR 3 KIDS

**CAN'T MAKE ALL 4 WEEKS DON'T WORRY DAILY RATE ONLY €19!!!
JUST CALL 021-4772896 OR EMAIL KOEC@INDIGO.IE TO BOOK YOUR PLACE
WWW.KINSALEOUTDOORS.COM**

**FAMILY TIME ALSO AVAILABLE ONLY €99
FOR TWO ADULTS AND UPTO 3 KIDS LAND OR WATER IT'S UP TO YOU !!**

For all your optical requirements, with professional care & attention!



KENNEDY'S OPTICIANS

Pearse St., Kinsale

Tel: 021 4773595

...Want a new look for Summer?

50% OFF

**Selected Spectacle Frames
For The Month of June!**



FULL EYE EXAMINATIONS INCLUDING:

- ✓ Glaucoma Screening
- ✓ Diabetic Screening if Necessary
- ✓ Age Related Macular Degeneration Screening

Sunglasses • Low Vision Aids • Prescription Sunglasses •
Domiciliary/ Home visits • Medical Cards/PRSI welcome
Contact Lenses • Coloured Contact Lenses • Safety Spectacles

Open: 9.30am-5.30pm Tuesday to Saturday
Medical Card & PRSI customers very welcome!!!

LEMON LEAF CAFÉ

courtyard & food store

*Patsy's famous Lemon
Meringue & Carrot Cake
....now at the Lemon Leaf!*

Breakfast Served

From 8.30am To 11.30am All Weekend...

...From 11.30am

Our Delicious Sandwiches To Takeaway Off
The Shelf *For Those On The Run...*

Monday - Friday, Take Our Picnic Specials
To The Park On Your Lunch Break

***Get your 2nd coffee (Refill)
at a reduced rate!!!***

County Cork School of Music

Piano classes will resume
in September at
Kinsale Community School

New Piano students
can register at
www.ccsm.ie



Haven Bay

Podiatry Clinic

By Appointment Tel. 021 477 9578

No 26 Haven Bay Apt, Ballinacubby, Kinsale

SPECIALIST FOOTCARE / CHIROPODY CENTRE

Laura Hagger Chiropodist/ Podiatrist
D.Pod.M, M.Ch.S.I, S.R.Ch.

- Routine Footcare • Specialist Diabetic Footcare
- Nail Surgery • Orthoses and Insoles
- Sports Injuries • Children's Foothealth
- Verruca Treatment • Acupuncture
- House calls now available

✓ Health
Board
Approved

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COMPANY

"your local oil company"



Delivering all grades of oil to
domestic, agricultural and industrial
markets through our network of
depots in the Munster area.

Enniskeane, Bandon, Co. Cork.

Call us now, we would be delighted to hear from you!

**Kinsale: 021 477 7015
Bandon: 023 883 9383**



- Summer 2011 - The Kinsale Equestrian Centre

Upcoming Events...

- Summer Camps 2011 -

Senior Camp (age 12+) Mon 4th - Fri 8th July;
Inter Camp (age 9-11) Mon 11th - Fri 15th July
Junior Camp (age 5- 9) Mon 18th - Fri 22nd July

- Trekking -

Kinsale Equestrian Centre offers horse and pony trekking around 50 acres of grassland, overlooking the Bandon river, and around the Kinsale area.

- Horse Riding Lessons

Whether you are an experienced rider or a beginner, we have horses and ponies to suit all ages and abilities.

- Adult Beginner lessons - **ENROLLING NOW!**
- Children Beginner lessons every week. Age 4+. All beginners are kept on the lead-rein until they are competent with the rising trot.
- Adult Novice/Intermediate lessons are held on Tuesday, Thursday and Saturdays.
- And Children/Young Adult lessons for all levels are held throughout the week.

- Children's Birthday Parties

Book your birthday party with us and take part in pony games, vaulting races, grooming competitions and much more.....

- Livery

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using intuition, colour, symbols & cards.

Call Catherine 087 2247035

Not Feeling 100%?

New Holographic Patches Available For:

- ✓ Better Sleep
- ✓ Less Pain/ Discomfort
- ✓ More Energy/Sports Performance
- ✓ Relief from Allergies

Call 087-933-1808 or also available
in the Health Foods Shop in Kinsale

FINTAN LYNCH
HAIRDRESSING

61 MAIN STREET, KINSALE

Tel: 477 3900

Open Tues-Fri 9am-5.30pm | Sat 9am-4pm


COLOUR HERBE
Parapharmacie à base de plantes

*Booking
Advisable!*

L'OREAL
PARIS

NOTICES

KINSALE ACTIVE RETIREMENT ASSOCIATION

Tuesday 14th June
KINSALE HARBOUR CRUISE
LEAVES 1.50pm SHARP

B&Bs, Guest Houses, Cafés, Shops, Bars, etc.

The 2011 full colour Kinsale Map,
(formerly published by the Bolands of Clonakilty)
is now published by the Kinsale Advertiser.
This very useful Map is now available for
collection at the Kinsale Advertiser office
or alternatively contact our office and
we can arrange delivery to your premises.

E: info@kinsaleadvertiser.com



WANTING MORE FROM LIFE?

Sleep problems? Discomfort or Pain?
Low Energy?

Wanting improved stamina & strength?
Sports minded? - Wanting increased
endurance and stability?

Informational & experiential evening,
introducing new technologies & science

Wednesday June 15th
Carmelite Friary, 7.30pm
Call: 087-661-5633 for information

Irish Girl Guides Appeal

Help us mark a century of Guiding in Ireland!! To celebrate
100 years of Girl Guides in Ireland, Kinsale Ladybirds, Brownies
and Guides are sponsoring a bench with plaque in the Saile
Community Gardens. If Guiding has been a part of your family's
life either in Kinsale or elsewhere or you would just like to help
us mark the centenary maybe you would consider helping us meet
the cost by making a donation, large or small to the project.

YOUR couple of euro will make a difference.

Donation boxes will be available at Michelles Hair Salon
and Kinsale Credit Union, from June 1st to 16th,
or any IGG Leader will be happy to take your donation.

Thank You!

DON & BARRY'S HISTORIC STROLL, KINSALE

from outside the Tourist Office
11.15am Daily + Early Bird 9.15am (Mon-Sat)

'Kinsale's single best attraction' - Rick Steves

'Highly entertaining ...Child friendly ...Captivating
...All at once Old Kinsale came vividly to life' - The Irish Times

NEW Preview our tour on www.HistoricStrollKinsale.com
Phone: 021 4772873

102nd Kilbrittain Scout Troop Fund raising Challenge

*Calling all experienced and enthusiastic kayakers
and canoers!! Get your kayak in the river!!*

**Kayak from Innishannon to
World's End (Kinsale harbour)**
Saturday 11th June 2011

ENTRY FEE: €25 per person
BBQ party in Kinsale at the finish

Entrants must be 16 years or older and hold a Level II kayaking
certificate or equivalent, This is a distance of about 9 miles, so not
a trip for the faint hearted. We intend to start around 1pm-1.30pm
on an ebbing tide to help you along! Watch out for the posters



Altrusa Club of Kinsale & District

Marymount Hospice

A collection will take place for Marymount Hospice on
Friday 10th June at the following locations:

Bank of Ireland
Collins Pharmacy
SuperValu

Your support for the wonderful care at Marymount
Hospice would be gratefully appreciated.

HARBOUR CRUISE

Departure Beyond Actons Hotel on board 'Spirit of Kinsale'

Fri 10th @ 2pm & 3pm
Sat 11th @ 12pm, 2pm, 3pm & 4pm
Sun 12th @ 12pm, 1, 2, 3, 4 & 5pm
Monday to Thursday @ 2pm & 3pm

Cruises are subject to weather and tide.

086 250 5456 - 021 477 8946
www.kinsaleharbourcruises.com

What's On... What's On... What's On... What's On...

FRI 10th JUNE

AN SEANACHAI:

Sweet Nector.

ARMADA BAR:

The Ferryman.

BACCHUS NIGHTCLUB:

with DJ Garian, 11.30pm.

BLUE HAVEN:

Crazy Chester, 10pm.

BULMAN, SUMMERCOTE:

Feel Good Friday. Music by
Eli O'Keffee & Band, 6.30pm

DON & BARRY'S TOURS:

9.15am and 11.15am,

Tourist Office.

FOLKHOUSE:

Fantasy Jam Band.

HAMLETS: Live DJ.

HARBOUR CRUISE:

From The Pier 2pm & 3pm.

SPANIARD BAR, SCILLY:

Martin & Friends, 9pm.

STUDIO BLUE NIGHTCLUB:

Doors 11pm.

STUDIO BLUE NIGHTCLUB:

Doors 11pm.

WHARF TAVERN

@ TRIDENT HOTEL:

Tom O'Mahony, 9.30pm.

WHITE HOUSE:

Liam & Ger, 10.30pm.

WHITE LADY NIGHTCLUB:

Doors 11.30pm Plus BBQ.

SUN 12th JUNE

ACTIONS HOTEL: Summer

Songs of Praise, 7.30pm.

AN SEANACHAI:

Trad Routes.

ARMADA BAR:

Leon Buckley.

BLUE HAVEN BAR:

Sonny & Friends, 9pm.

BULMAN: The Boozy

Schmoozers, 6.15pm.

DON & BARRY'S TOURS:

11.15am, Tourist Office.

FOLKHOUSE: Big Ordeal.

FRONT LOUNGE: Clem

Buckley & Katie Ann, 9pm.

HAMLETS: Sonny & Friends.

HARBOUR CRUISE: From The

Pier @ 12pm, 1pm, 2pm,

3pm, 4pm & 5pm.

SPANIARD BAR: Monty Goes

To Carlow!, 7pm.

WHITE HOUSE:

Mike O'Riordan, 9.00pm.

WHITE LADY NIGHTCLUB:

Doors 11.30pm. Plus BBQ.

MON 13th JUNE

AN SEANACHAI:

Barry Tierney.

BLUE HAVEN: Arundo, 9pm.

DALTONS BAR: Traditional

Irish Music & Ballads.

DON & BARRY'S TOURS:

9.15am and 11.15am,

Tourist Office.

HARBOUR CRUISE:

From The Pier, 2pm & 3pm.

SPANIARD BAR:

Michael & Jimmy, 9.30pm.

WHITE HOUSE:

Liam & Ger, 9.00pm.

TUES 14th JUNE

ACTIVE RETIRED

ASSOCIATION:

Trip on Kinsale Harbour

Cuirse Boat, Leaves 1.50pm.

AN SEANACHAI: Trad Routes.

ARMADA BAR:

Whiskey & Lace.

BLUE HAVEN BAR:

Sonny & Friends, 10pm

DALTONS BAR: Traditional

Irish Music & Ballads.

DON & BARRY'S TOURS:

9.15am and 11.15am,

Tourist Office.

HARBOUR CRUISE: From The

Pier @ 2pm & 3pm.

KINSALE ARTS WEEK:

Volunteer Recruitment

Drive, 10am-2pm @ Box

Office (upstairs at Londis).

WED 15th JUNE

AN SEANACHAI:

Mike O'Riordan.

BLUE HAVEN BAR:

Music with Arundo, 10pm.

CARMELITE FRIARY:

Wanting More From Life?

Information Night, 7.30pm.

DALTONS BAR: Traditional

Irish Music & Ballads.

DON & BARRY'S TOURS:

9.15am and 11.15am,

Tourist Office.

FOLKHOUSE:

Louise McMahon.

HAMLETS: Darren & Friends.

HARBOUR CRUISE: From The

Pier @ 2pm & 3pm.

KINSALE FARMERS MARKET:

Next To Cronins'

Commercial Hall, 9.30am.

SPANIARD BAR: Trad Session

with Jimmy Crowley,

David Nagle & Guests.

WHITE HOUSE:

3 Piece Traditional, 9pm.

WHITE LADY BAR:

Trad with Diograis.

THURS 16th JUNE

AN SEANACHAI:

Trad Routes 9.30pm.

BACCHUS NIGHTCLUB:

with DJ Mark, 11.30pm.

BLUE HAVEN:

Arundo, 10pm.

DON & BARRY'S TOURS:

9.15am and 11.15am,

Tourist Office.

FOLKHOUSE:

Steppin' Groove.

HAMLETS CAFE BAR:

The Thursday Band, 9.30pm.

HARBOUR CRUISE:

From The Pier 2pm & 3pm.

FRI 17th JUNE

AN SEANACHAI:

Crazy Chester.

ARMADA BAR:

Amirilla.

BACCHUS NIGHTCLUB:

with DJ Garian, 11.30pm.

BLUE HAVEN:

Talisman, 10pm.

BULMAN, SUMMERCOTE:

Feel Good Friday.

DON & BARRY'S TOURS:

9.15am and 11.15am,

Tourist Office.

FOLKHOUSE:

She's Electric.

HAMLETS: Live DJ.

HARBOUR CRUISE:

From The Pier 2pm & 3pm.

SPANIARD BAR, SCILLY:

Martin & Friends, 9pm.

STUDIO BLUE NIGHTCLUB:

Doors 11pm.

WHITE LADY NIGHTCLUB:

Underage Disco.

Doors 9.30pm.

SAT 11th JUNE

AN SEANACHAI:

Mike O'Riordan, 7.30pm,

plus Sons of Steve

McQueen, 10pm.

ARMADA BAR:

Frank O'Connor.

BACCHUS NIGHTCLUB:

with DJ Sean, 11pm.

BLUE HAVEN: John Bates

& Grainne Long, 10pm.

BULMAN, SUMMERCOTE:

Street Talk, 10.15pm.

DON & BARRY'S TOURS:

9.15am and 11.15am,

Tourist Office.

FOLKHOUSE:

Ben & The Mighty Men.

FRIARY CENTRE:

Transition Town Kinsey:

Agrohomeopathy

Workshop, 1pm-4pm.

HAMLETS: Live DJ.

HARBOUR CRUISE:

From The Pier @

12pm, 2pm, 3pm & 4pm.

KINSALE & DISTRICT

DAY CARE CENTRE:

Opening of New Centre,

All Welcome, 4.30pm-6pm.

QUAY FOOD CO: Lillys Tea

Shop Tasting, 11am-2pm.

SPANIARD BAR, SCILLY:

For Folk Sake, 9.30pm.


(Beside Kinsale Community Hospital)
**WELCOMES EVERYONE TO
COME AND VIEW
THE NEW CENTRE ON
SATURDAY JUNE 11TH
FROM 4.30PM-6PM**

NEW ECONOMIC LIFE ASSURANCE COVER FOR WOMEN...



IT DOES WHAT IT SAYS ON THE TIN!

**Here are some of people who took
out life assurance cover recently...**

Sharon; age 25 next birthday, non smoker
looking for €250,000 life assurance cover for 25yrs
Premium €11.63 per month

Mary; age 30 next birthday
looking for €250,000 term assurance cover for 25yrs to protect her dependents
Premium €14.79 per month, fixed for 25yrs

Lisa; age 35 next birthday
looking for €250,000 life assurance cover for 25yrs
Premium €18.44 per month [a male would cost €21.67 per month]

Isabelle; age 40 next birthday
Life cover of €250,000 for 25yrs
Premium €24.18 per month [a male would cost €31.61 per month]

Lily; age 45 next birthday
€37.45 monthly [a male would cost €48.76 per month]

Sharon; age 50 next birthday,
€60.58 monthly [a male would cost €82.78 per month]

Betty; age 55 next birthday
€104.36 per month [a male would cost €141.30 per month]

Mary; age 60 next birthday
€251.00 per month
[a male would cost €346.67 per month for €250,000 term assurance cover for 25yrs]

Source: "Best Advice" - May 2011.

Premiums shown are per month and are not an offer of contract and are for illustration purposes only,
all applicants are non smokers, normal medical underwriting requirements apply.
These are not their real names but have been changed for privacy purposes

**For further information on this new economic cost effective life assurance
cover for you & your family Contact Padraig Fitzgerald for an appointment.**



**Tel: 021 477 2001
or: 021 477 2332**

www.pjfitzgeraldinsurance.com



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